

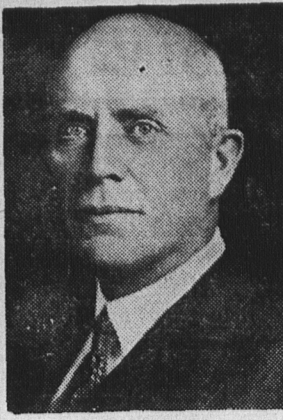
Presiding Officials At Imperial Life Annual Meeting



G. CECIL MOORE
Managing Director



J. F. WESTON
President



J. G. PARKER
General Manager and Actuary

Mr. J. F. Weston, President, was in charge and presented a record of the satisfactory progress made in 1939, in the face of abnormal conditions. Mr. G. Cecil Moore also addressed the meeting and Mr. J. G. Parker acted as secretary.

The WEEK at S. D. U.

Examination for the second semester took place on January 14 and lectures were resumed the following day.

The Rink Committee for the winter is as follows: George MacDonald, Allen Callaghan, George McKenna, Roman MacDonald, F. P. Aylward, Fred Hession, and Angus Gillis. Much credit is due to the Committee for the splendid sheet of ice in the college rink.

A number of hockey practices have been held for the senior and intramural teams. Players for the senior team will be selected and a schedule for the intramural league will be drawn up within the next few days.

Students who missed the mid-year examinations on account of sickness will write supplementary examinations next week.

At a meeting of the St. Dunstan's Unit of the L. P. C. S., held at the beginning of the week, it was announced that the 1941 Convention would be held at St. Dunstan's at the end of February.

A report of the Executive Meeting held in Halifax in November was given by Jack Trainor. The committee appointed to make necessary preparations for the convention comprises the following: Jack Trainor (chairman), Clarence Coady, E. J. Roche, E. M. Gorman, F. P. Aylward, and J. H. O'Hanley.

The students extend their sincere sympathy to James Murphy on the death of his stepmother.

THIRTEEN RULES FOR CURING PORK AT HOME

- 1. Best weight of animal, 200 pounds.
2. Pen animal for 24 hours. Withhold feed, give water.
3. Avoid exciting animal or bruising its flesh when killing.
4. In sticking, keep knife in centre line, under point of breastbone. Don't try to stick the heart.
5. Scald at 150 deg. F. Add a little lye or ashes for scaling water. Use a butchering thermometer.
6. Scrape with the hair (head and feet first). Bell scrapers are best.
7. Remove the belly and the breastbone from below, rip the belly with knife handle inside and blade outside, split the aitch bone, loosen the hunk take out entrails.
8. To remove head, cut at first backbone joint, then around ears and down to point of jaw, leaving hocks on carcass.
9. Split backbone down the center, preferably with saw.
10. Wash out left fat (upward) and face hams before carcass cools.
11. Cool carcass thoroughly, y then cut into pieces.
12. Cook after chilling and cutting - not while meat is warm. Use brine pump to get cure inside the pieces.
13. Protect cured pieces from mold, dust, insects, mice.

ELMWOOD SCHOOL CONCERT

The annual Christmas concert of Elmwood School was held on Thursday evening, December 13, at the school. The concert was directed by the school teacher, Miss Reta MacKay, assisted by the young people of the community. There was a large attendance of parents and visitors.

The school was very artistically decorated with spruce, lighted with tinsel and with red and green streamers. The Christmas tree which occupied one corner was very attractive and well laden with gifts. Mr. Maurice Cahill, capably acted as chairman of the following program was carried out:

- Remarks by the chairman.
Opening Chorus, "We Welcome You."
Recitation, "Why Not?": Hazel MacPhee.
Dialogue, "Jenny's Secret": Hazel MacPhee and Hazel MacPhee and Jean Docherty.
Recitation, "The Christmas Story": Dorothy and Belle Campbell (encore).
Dialogue, "Cor's Callers": Hazel MacPhee and Hazel MacPhee.
Reading, "Cause for Leaving": Marjorie Buchanan and Dialogue "Waiting for the Doctor": Marjorie Buchanan and Hazel MacPhee.
Duet, "The Dolls Lesson by Roma MacPhee."
Duet, "Marjorie Buchanan and Dialogue "Mouth organ selection by Wilfred Campbell (encore).
Dialogue, "Aunt Serena for a Christmas Present."
Recitation, "Brother Neil": Wilfred Campbell.
Mystery Man.
Dialogue, "A Christmas Disappointment."
Reading, "Whistle and be Happy": Blanche Docherty.
Closing Chorus, "Good Night People."
At the close of the program Santa Claus appeared in his usual jovial mood and distributed many gifts to the teacher and pupils. The evening was a very pleasant one and was brought to a close by singing "The National Anthem."

OLD-FASHIONED ROSES

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To Those Convalescing After Severe Illness

After many severe illnesses or serious operations the patient is very often left in an extremely weak, nervous, run-down condition. To all those convalescents who need some kind of a tonic to stimulate and build up the weakened system, we would recommend Milburn's Health and Nerve Pills to assist them back to health-happiness again. These pills help supply elements necessary to assist the convalescent in bringing back bodily strength and vigor. Price 50c a box, 70c all drug centers. Look for our registered trade mark "Red Heart" on the package. The T. Milburn Co., Limited, Toronto, Ont.

W. C. T. U. NOTES

LION AND VULTURES

Raiding, swooping and diving, the vultures appear; Harpies of death and horror, torture and hate and fear.

Out of a stricken Holland, a Belgium and a France, Over the English Channel the vulture flocks advance.

Striking with bloody talon, rending with savage beak, Sequestered in his inland home, the Lion's life they seek.

The vulture flocks are numberless, at the Lion they are hurled, Who fights not for himself alone, but for an ordered world.

Is any nation base enough to take the vultures' side? Will those who speak the English tongue, see Britain crucified?

Not so, the races of mankind who culture love and peace, These vultures foul will smite and slay, as the Lion will release.

—Phyllis A. Wiley, Sept. 6, 1940.

THE TOTAL ABSTINENCE CAMPAIGN

January, the month of new resolutions is also the month of pleading for Canadians to total abstinence for the duration of the War, for the sake of personal fitness, and efficiency, and to conserve labor and materials.

Loyal Canadians will sacrifice everything that stands in the way of a 100 per cent. war effort on the part of the individual, and the nation.

RENEW YOUR PLEDGE AS AN EXAMPLE TO ANOTHER PERSON.

Many people ask, "Why Sign the Pledge?" The following from the "Scottish Good Templar," gives excellent reasons:—

WHY SIGN THE PLEDGE?

- 1. Sign the Pledge: It is your protest against strong drink. It is time for every thoughtful person to enter a solemn protest against strong drink, which is every year inflicting as awful havoc among the human race. Who can be indifferent to the woes it brings on hearts and homes all over our land?
2. Sign the Pledge: It will benefit your health. Alcohol is not more necessary to health than any other chemical or medical agent. It excites the heart, hinders digestion, disturbs the liver and stiffened the brain. It gives an inevitable lessening of vital heat and animal power and mental force. Even in moderate quantities, it acts as an irritant and a poison.
3. Sign the Pledge: It will save your purse. Sit down and calculate how much you spend per day in drink, not only for yourself, but also for those whom you treat. It is time to stop a respectable sum in the course of a year, and to add to all the sums squandered wastefully in the company into which habits of drinking have led you. And when you are put together, you do not make a nice nest-egg against a rainy day, or for illness and old age?
4. Sign the Pledge: It will save you from temptation. You have no intention of becoming a drunkard; you scorn the thought. But there is a risk of your becoming one, so long as you tamper with the drink.
5. Sign the Pledge: It will be a definite starting point in your life. It is your effort after a better life. It is your way to some landmark or landmark to which to look back and from which to take.

6. Sign the Pledge: It will save you time. How many days in the week do drink? In the public-house, at bars, and in social drinking, which is time worse than wasted?
7. Sign the Pledge: It will be a sufficient answer to those who tempt you to drink. There is no answer that a man can give so good to drink. There is no answer that a man can give so good as this. There are some men who must have a reason to give others for doing as they do, and here is a clear, straightforward answer for refusing to drink: "I have signed the pledge."

WHEN LIBERTY BECOMES A CURSE

Liberty is a sacred thing when it is properly understood, but it is profoundly true, as Farrar once said, that "man's liberty ends, and it ought to end, when it becomes a curse to his neighbors." Liberty to act is liberty only in far as a man chooses to act rightly. Society, as we know it, would cease to exist if every man had unlimited liberty. Civilization can continue only as proper restraints are imposed upon the wrongdoer, and evil is kept within bounds. It is clear that the manufacturer is just as much a malefactor if he starves his workmen, as if he refuses to license his wrongdoing. The liquor traffic is one of the licensed evils, but the fact of it being licensed does not mean that it has ceased to be an evil. The country which is to prosper as it ought to do, must find means to get rid of such a traffic. Liberty ceases to be liberty when it becomes a curse to our neighbors. This is a truth which no nation can afford to ignore.

THE COMIC STRIP

Extortion Racket of Boys is Blamed on Thriller Tales. This heading appears in the Globe and Mail of November 18th, with an

1897-1940 THE IMPERIAL LIFE SERVES IN WAR YEARS AS IN PEACE

In war years even more than in peace years systematic saving by the Canadian people plays a vital part in our national economy. Probably the most important channel of systematic saving is that afforded by life insurance. The Imperial Life, in collecting and centralizing premium deposits from all parts of Canada, in investing the funds thus secured in the essential enterprises of the country and in War Loans, and in paying out to policyholders and beneficiaries a large yearly aggregate of benefits, is contributing to an important phase of Canada's war effort.

Benefit Payments in 1940 - \$7,800,000

Every working day in the year The Imperial Life paid out an average of more than twenty-six thousand dollars to policyholders and beneficiaries for matured endowments, annuity and income payments, dividends, death claims, etc. In the 43 years of its history such payments by the Company have amounted to more than one hundred and twenty-three million dollars.

Assets at Close of 1940 - \$96,100,000

The assets of The Imperial Life are invested in, and stimulate, every form of essential enterprise throughout Canada and play an important part in financing Canada's war effort.

Reserve for Policies and Annuities - \$75,400,000

This is over \$950,000 in excess of the requirements of the Dominion Government. In addition, The Imperial Life holds for further security to policyholders surplus funds and a contingency reserve amounting to \$7,076,000.

Premiums and Interest Received in 1940 - \$14,100,000

These two items are indicative of the steady growth and progress of The Imperial Life. Both are in excess of the corresponding items of the previous year.

Insurances in Force at Close of 1940 - \$302,700,000

These show a satisfactory increase over 1939. More than 74,000 people now refer to the Imperial Life as "My insurance company."

One in seven of the men of The Imperial Life organization are on active service or engaged in direct war-time activity. The women members of the staff are organized for knitting clothing and collecting comforts for men in Canada's war services. Imperial Life employees contribute monthly a substantial amount for War Savings Stamps and Certificates through a salary deduction plan.

A complete copy of the Annual Report for 1940 will be mailed upon request.

THE IMPERIAL LIFE ASSURANCE COMPANY OF CANADA

ESTABLISHED 1897 HEAD OFFICE, TORONTO, ONT.

Branches and offices conveniently located throughout Canada to serve you.

account of money being demanded on pain of death by three St. Thomas boys in age from 12 to 14. These extortion notes were sent from a club of boys who read a comic sheet extolling the exploits of "The Owl" ("You're Now 14th," said one note. "The Eagle squawks at 3 o'clock tonight. Leave \$25 on the verandah at ten minutes after," read another. Police have the matter in charge. "The Northern News," of Kirkland Lake, had a fine article in October on the trend of the comic strips toward crime and violence from being friendly and pleasure-loving, with characters like Pop-eye, Mutt and Jeff, and Joe Palooka, degeneration into a vicious instrument of education in the other strips and many others we quote:—"Punnies" in one issue alone, August, 1940, deals in comic fiction with six murders, and sixteen wounding. There is robbery thrown in.

"The good comic strip has played and is still playing a great role in educating children. Artists teaching lessons in the conduct of life, should receive our grateful praise, but parents would do well in 1941 to examine the type of cheap literature entering the home, and to explain to the boys and girls, the kind of fun that refreshes the mind, and does not besmirch it.

STANHOPE SCHOOL CONCERT. On Friday evening, December 20, the pupils of Stanhope School under the direction of their teacher, Phoebe Blondin, presented their annual Christmas program to a large audience of parents and visitors. Music was supplied by Mrs. Warren Marshall (organ) Mr. Joe Myers, (guitar), and Mr. Bernard Myers (organ). Mr. Ray Carr capably acted as chairman and the following program was carried out, which proved to be very interesting. Chorus, "We're The Merry Christmas Bells" opening speech, Gladys Ross.

Coal advertisement with text: We have in stock and delivering by cars regularly. Old Sydney Screened, Bras D'Or Screened, Sullivan Screened, Inverness Screened, Albion Round, Albion Nut, American Hard Nut, Wash Hard Nut, Walsh furnace. DOMINION COKE, Lowest Prices, Prompt Deliveries. W. D. GILLIS & CO. PHONE 176.

How Are Your Eyes? advertisement with text: If you are having symptoms of strain - headaches, sore eyes or dizziness - consult a specialist. At your service with years of experience and a thorough refracting service. Call in and discuss your difficulties. G. F. Hutcheson, F. G. HUTCHESON.

UNDER PRESSURE advertisement with text: UNDER PRESSURE By GEORGE AGNEW CHAMBERLAIN. George Agnew Chamberlain WNU Service.

mercy. The only thing that stumps me is how to get away to Toluca and from there to Mexico City. He paused. "Of course, if you should try any double-crossing in the way of holding us both for ransom you'd lose the hacienda in the end and perhaps your life." Dorado thought for a long time, his eyes half closed. "Blackadder read his mind. What feels these things? We're still believed in honor among thieves! He pictured first La Barranca, most desirable of all haciendas as far as he was concerned, and the two illustrious had revealed to be as lovely a girl as he had ever seen. At the moment he honestly believed he could be happy with either as long as he lived—but with both? Mere anticipation caused moisture to gather at the corners of his loose mouth. "In exchange for freedom and the hacienda," he announced finally, "you make offer of La Barranca."

3 Simple Steps SPEED UP SAFE COLD RELIEF advertisement with text: Get this safest Fast Relief. Avoid long hours of painful discomfort. Follow Directions in Pictures. 1. To quickly relieve headache, body aches, sore throat and fever, take 3 Aspirin tablets in 3 glasses of water and drink a full glass of water. Repeat treatment in 1 hour. 2. For any throat from cold, dissolve 3 Aspirin tablets in 3 glasses of water and gargle. Pain, rawness and swelling will be relieved, call your doctor. 3. Check temperature. If you have a fever and temperature does not go down - if throat is very sore - if you feel very tired, call your doctor. Quick-Acting "Aspirin" takes hold in minutes. Don't accept anything else. Take no chances with a cold. Follow the directions in the pictures above - the safe way millions use to relieve colds amazingly fast. It entirely avoids the dangers of taking strong drugs. So quickly does Aspirin act - both internally and as a gargle, you'll feel wonderful relief start often in a few minutes. Try this way - Doctors recommend Aspirin because even when taken frequently they know it does not harm the heart. WARNING! Aspirin is always marked with this Bayer Cross. "ASPIRIN" DOES NOT HARM THE HEART.

Imperial Life Shows Growing Business advertisement with text: A year of gratifying progress, summarizes the operations of the Imperial Life as disclosed in the report of the directors presented by J. F. Weston, President, at the annual meeting. New assurances and annuities issued and paid for during 1940 were \$22,700,000 while \$900,000 of assurances and retirement annuities were revived. Total assurances and retirement annuities in force now stand at \$302,730,000. Premiums sent in by policyholders and receipts from interest on investments totalled \$14,100,000. Payments for death claims and disbursements to living policyholders amounted to \$5,283,000. Average interest rate earned by the Imperial Life on all invested funds in 1940 was 4.25%, a satisfactory yield since more than 65% of the investments are in high grade bonds, mostly of government issue. Reserves for assurances and annuities are in excess of government requirements and amount to \$75,438,000. Policy proceeds and dividends left with the Company to accumulate or to provide income for policyholders and beneficiaries and annuities were \$8,565,000. Assets of the Imperial Life at the end of 1940 were \$96,177,000 having been increased during the year by \$4,382,000. A general contingency fund to provide against unforeseen emergencies of \$1,000,000 is maintained by the Company.

WEST ROYALTY SCHOOL CONCERT advertisement with text: The annual Christmas concert of West Royalty School was held in the school on Thursday night, Dec. 26. Mr. Silliman Frizzell who acted as chairman announced the following program was carried out: Chorus, "We Welcome You." Opening Speech, Lea Burke. Recitation, "A Beginner," Denzil McLaughlin. Solo, "The Christmas Story," Edna Chown. Recitation, "Why Not?": Hazel MacPhee. Solo, "Playmates," Marie Vissey. Recitation, "Christmas Questions," Ralph Frizzell. Step Dance, Thelma McLaughlin. Recitation, "Puss and the Ball," Jean Rhynes. Dialogue, "Cat Pie." Recitation, "When Pa Put on His Skates," Francis Gallant. Duet, "Wish Me Luck," Margaret Gates and Patricia Curley. Recitation, "Funny Arithmetic," Aurilda Trainor. Chorus, "Silent Night." Intermission and sale of candy. Chorus, "There Will Always Be an England." Recitation, "His Letter," Sidney Hurry. Step Dance, Aurilda Trainor. Dialogue, "The Train to Mauro." Recitation, "After Christmas," Arthur Chown. Solo, "Till The Lights of London Shine Again," Francis Curley. Recitation, "Such Impudence," Elroy McLaughlin. Monologue, "Jennie Entertains Sister's Beau," Thelma McLaughlin. Dialogue, "Uncle Hiram's Cold," Fawcett Exercise, Junior Pupils. Closing Speech, Lea Burke. Chorus, "Farewell Christmas." Following the program Santa Claus arrived to distribute the many gifts among the children and teachers. The singing of the National Anthem brought a very happy and enjoyable evening to a close.

AMHERST HOPES DIMMED advertisement with text: AMHERST, N.S., Jan. 16.—(CP)—Failure of the Amherst Sports Agreement to reach a satisfactory financial agreement has dimmed hopes of having an Amherst entry in senior hockey this winter. A four-day meeting comprising Amherst, Sackville, Mount Allison University and a Highlanders military team, had been proposed.

To Those Convalescing After Severe Illness advertisement with text: After many severe illnesses or serious operations the patient is very often left in an extremely weak, nervous, run-down condition. To all those convalescents who need some kind of a tonic to stimulate and build up the weakened system, we would recommend Milburn's Health and Nerve Pills to assist them back to health-happiness again. These pills help supply elements necessary to assist the convalescent in bringing back bodily strength and vigor. Price 50c a box, 70c all drug centers. Look for our registered trade mark "Red Heart" on the package. The T. Milburn Co., Limited, Toronto, Ont.

OLD-FASHIONED ROSES advertisement with text: During recent years there has been a reawakening of interest in the old-fashioned sweet-smelling roses, many of which are very hardy and have survived years of neglect. As a rule the old roses cannot compete in beauty of form with the modern hybrid teas, but in the profusion of bloom and the perfection of their perfume they far exceed the modern favorites. Many of them also possess a vigor of constitution which has enabled them to survive for years around deserted houses. The old-fashioned roses can be planted to advantage amongst perennials and in borders. Hedges of China or Persian yellow roses are sometimes seen and as well as looking effective keep trespassers at bay.

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