

Woman's Realm Social and Personal Fashions Literature

Happenings Of The Week

The King and Queen, giving sittings at Windsor Castle, have had state portraits painted by the well-known artist, Mr. Gerald Kelly. The throne room of the castle, and the grand reception room, adjoining, have been temporarily turned into studios because of the suitability of the lighting. The portraits, when completed, will be added to the large collection of former Kings and Queens in the castle galleries. The artist, who has followed conventional styles, has given the Royal figures pillars and steps for background—the classical and renaissance style of things that before the war could be seen in European picture galleries. These "properties" were specially constructed from the designs of Sir Edwin Lutyens, President of the Royal Academy—thus two Academicians are co-operating in producing the Royal portraits. Mr. Gerald Kelly, who is celebrating the 20th anniversary of his election to the Academy this year, has almost finished the King's picture. That of the Queen is well in hand. Neither will be seen by the public until after the war.

After a short but delightful visit to her daughter Mrs. Pratt, wife of Flight Lieut. Ken L. Pratt, Mrs. Brown left by plane Monday for Winnipeg, on her way home to Brandon, Man.

Miss Emma Nicholson left Tuesday morning on a holiday visit to her sister Miss E. Nicholson, R.N., in New York.

Mr. and Mrs. H. A. C. Scarth, who have been spending the winter in Montreal, are expected very shortly to spend the summer at their home here. Mrs. Scarth is presently visiting her sister Miss Gertrude Parker in Quebec.

The early departure of Mrs. Paul Murray to join her husband in Boston is very much regretted by her wide circle of friends. Mrs. Murray is at present with her sister Mrs. (Dr.) Charles Dougan.

Several members have already tried out the Golf links which are reported excellent for so early in the season, and now the official opening is being eagerly anticipated.

Rev. J. A. O'Sullivan was visiting in Hamilton, Ont., this week attending the wedding of his nephew Mr. Paul Joseph O'Sullivan which took place last Saturday in St. Patrick's Church, to Miss Helen Miller. The ceremony was performed by Bishop O'Sullivan assisted by Rev. T. J. Gallagher, Rev. E. A. Lawlor, Rev. Clifford O. Day and Rev. J. Mattice.

Mrs. Fred Bourke left by plane last Saturday to spend the week-end in Moncton the guest of her son Crilly who is attached to the T. C. A. there.

Mr. and Mrs. Gordon Starratt and little daughter, Mary Gordon, spent the week-end in Amherst with Mrs. Donald MacLean.

Mrs. J. D. Stewart of Ottawa is spending a few days this week with her daughter Mrs. George G. W. Goodwin in Montreal.

Princess Alice, wife of the Governor-General is now a life member of the Alexander Society of the University of King's College, Halifax. The Society extended an invitation at the annual meeting and a letter of acceptance was received Saturday from the lady-in-waiting.

Mr. R. H. Pethick of the Royal Bank, New Glasgow, N.S., and his wife, Mrs. Pethick, spent the week-end in Charlottetown visiting their respective mothers.

Cpl. V. M. Owen, C.W.A.C., spent the week-end visiting her mother Mrs. W. Owen, Pownall Street.

The Duchess of Montrose may have her daughter, Lady Jean Gra-

DAILY MENUS Sugar-Saving (FOR SATURDAY, MAY 16)

- BREAKFAST: Grapefruit Juice, Cracked Wheat Cereal, Whole Wheat Toast, Jam, Beverage of Choice Milk for Children. LUNCH: Poached Egg on Spinach, Carrots, Shrimp, Vitamin B White Bread, Applesauce, Milk for Children. DINNER: Short Ribs Crown of Beef, Potato Stuffing, Asparagus, Scalloped Tomatoes, Whole Wheat Bread, Fruit Jelly, Beverage of Choice Milk for Children.

APPLESAUCE CAKE: 2 cups flour, 1 teaspoon soda, 1-4 teaspoon salt, 1-4 teaspoon cloves, 1-2 teaspoon nutmeg, 1 teaspoon cinnamon, 1 cup raisins, 1-2 cup shortening, 3-4 cup sugar, 1 egg, well-beaten. 1 cup canned applesauce, 1-4 cup of the flour, soda, salt, cloves, nutmeg, and cinnamon together. Milk remaining 1-4 cup flour with the raisins. Cream Add well-beaten egg and cream together until light and fluffy. Add sifted dry ingredients alternately with the creamed mixture with the flour and raisins and beat just until well-blended. Pour into a square moderate oven 350 F. about 1 hour, or until it springs back lightly from touch in centre and shrinks slightly from the sides of pan. Here is a sugar saver that can be used as a cake substitute.

LEMON CREAM SCONES: 2 cups sifted cake flour, 1-2 teaspoon salt, 1-2 teaspoon sugar, 2 tablespoons sugar, 4 tablespoons shortening, 1 teaspoon grated lemon rind, 2 eggs, 1-2 cup light cream, 1-2 tablespoons sugar, 1-2 teaspoon grated lemon rind, 1-2 teaspoon baking powder, salt, and the two teaspoons sugar, lemon rind, Reserve 1-2 egg white for glaze. Beat remaining eggs well and add cream; add flour mixture, stirring carefully until all lumps are dispersed. Stir until mixture is a soft dough. Turn out on lightly floured board and knead for 30 seconds. Roll 1-2" thick and cut in triangles. Place on baking sheet. Brush tops lightly with egg white, slightly beaten, sprinkle with mixture of sugar and grated lemon rind. Bake in hot oven (450 F.) for 12 minutes. Yield: 12 medium-sized or 18 teazled scones.

A Morning Smile

"How are you getting on in your new place, Norah?" "I think I'm going to like it. Yesterday I overheard the mistress say I performed my duties in a very perfumery manner. That's the first praise I've had from her!"

THANKFUL: The priest called on an elderly Irish woman: "And how are you today, Bridget?" asked he. "I'm bad enough, father," she replied. "I've the pain in me arms and the pain in me legs. And I've only two teeth in the whole of me head; but that's to be goodness, they're opposite."

Dorothy Dix Says—

NINE GIRLS FORMED A CLUB TO CORRECT THEIR DEFECTS

Now Three Of Them Are Married, Two Engaged And Two Others "Going Steady"

DEAR MISS DIX—We are average American girls of average intelligence, education and appearance, but realizing we were no ball of fire we formed a club about four years ago and deliberately set out to make ourselves as attractive as possible. First we studied ourselves carefully as to clothes, posture, make-up, hair styles, and so forth. We did exercises to improve posture, dieted to help our figures, studied books on make-up and hair styles. We criticized each other and, for the most part, managed not to be catny.

After we had improved our general appearance as much as possible, we took dancing lessons in sports and bridge. We joined the local Y. C. A. and learned how to swim to play good games of tennis, badminton and bridge. We made it a point to be well up on current events, politics, sports, drama and the movies. We got the best sellers and other good books from the public library, and in this way made ourselves able to carry on a fairly intelligent conversation on every subject.

Now, although we are not pretty, we are attractive and can hold our own at a dance, at the beach, at a tennis court. We can skate, bowl, shoot and attend hockey, baseball or football games without palling a bone. The result of our club has been that of our original nine members three are married, two are engaged, two others are going "steady," and we have all been popular and had plenty of dates. We believe that any girl who wants to be popular has to work for it, take stock of herself, find out what it is she lacks and correct her faults. It means labor, and plenty of it, but it is worth it. NINE HAPPY GIRLS.

ANSWER—I commend this letter to the many girls who write, asking me why they never have a date. The girls who formed this club for self-improvement answer the question. They had the courage to face their defects and correct them and to make themselves attractive, despite the fact that Old Mother Nature had not turned them out bathing beauties.

PLAIN GIRLS GET DISCOURAGED

The great majority of girls who realize that they are just ordinary-looking and that there is nothing about them to catch the eye of the average boy simply throw up their hands and quit. They think that if they can't dress like a millionairess there is no use in their trying to better with their clothes, or even to be neat and tidy. They don't know that the less money they have to spend, the more important it is for them to buy wisely and well and get things that last, instead of the hats and dresses that emphasize their worst points, and that it is an absolute necessity for a plain girl to be immaculately clean. A man may not know a French creation from a basement bargain, but he always notices whether a girl's collar is trash and if her skirt is pressed.

Nor do girls realize that when a woman lacks attractions in one way she must substitute by making herself doubly attractive in other ways. And this goes double for the homey girl. Possibly a ravine beauty may get away with being a nitwit, or a poor dancer, or being a self and self-centered, though I doubt it. For awhile men rave over a pretty face, they get mighty tired of looking at it if there is nothing of intelligence of heart or soul behind it. No matter how gorgeous a girl is, no man wants to take her stepping if she walks all over his feet when she dances, or if she shows no appreciation of his efforts to entertain her, or if she sits up and yawns through an exciting football game, or if she trumps his ace.

As these girls found out, any girl can make herself popular if she will develop a sideline of charms that more than compensate for her lack of naturally wavy hair or a Grecian profile. Try it, girls.

SEVEN BOY-AND-GIRL QUESTIONS

DEAR DOROTHY DIX—We are a group of girls and beg you to answer these questions: (1) How can a girl tell if a boy really loves her and when he is just giving her a line? (2) Does a boy think a girl fat if she lets him kiss her on the first date? (3) Should a girl be the first to start a correspondence when a boy leaves her town? (4) If a girl is sure that a boy likes her or not, should she show her love for him? (5) What do boys think of girls who slip out and date against their parents' will? (6) How old should a girl be before she considers marriage? (7) If a good girl friend is in love with a boy and he doesn't love her, should a girl date him at his request? HEALING GROUP.

ANSWER—(1) There is no absolute way in which a girl can tell when a boy really loves her. She has to judge by his general honesty and veracity and by the way he treats her. If he is sincere and truthful about other matters, she can generally trust his love-making.

(2) When a girl lets a boy kiss her on their first date, he thinks she is very easy and loses interest in her. The kiss that is hard to get is the one he values.

(3) The boy should start the correspondence. If he doesn't think enough of a girl to drop her a line, she is wasting her time on him.

(4) Reticence is always a girl's best bet. Men want to be the pursuers, not the pursued in the love game.

(5) Boys have no respect for girls who slip out and keep stolen dates, and do not feel that they have to be on their best behavior with them.

(6) I do not think a girl should marry before she is 20. If she does, she misses all the playtime of life and she always regrets it.

(7) Don't steal your friend's date, but if the lad is not in love with your friend there is no reason why you should not slip out with him.

IT'S WISER TO WAIT

DEAR MISS DIX—I am in love with a boy who is in the army and we are planning to marry when he gets his next furlough. My sister is opposed to this and wants us to wait until the war is over. What do you suggest? UNDECIDED.

ANSWER—Take your sister's advice. The war will make many changes in you both. Wait until it is over and see whether you still love each other and want each other before you marry.

THEY WANT SNAPSHOTS FROM HOME



Send your next film direct to Canada's largest photo finishing studio for developing and printing. Save dealer's profit. Quality work and prompt service is assured you.

FILMS DEVELOPED AND PRINTED 25c ANY SIZE ROLL. FREE Souvenir with each Order. A new customer at Wolfe Island, Ontario writes: "I was so satisfied with results I will tell my friends about the good work Star Snapshot Service does." You will like our work, too. 3 Mounted Enlargements 25c-42c in Best Mounts. STAR SNAPSHOT SERVICE, Box 125, Post Office A, Toronto. Name Name and Address Plainly on Order.

THE COOK'S CORNER

SOUP CREAM DRESSING: 1 teaspoon salt, 1 teaspoon sugar, 1-8 teaspoon cayenne pepper, 1 tablespoon lemon juice, 2 table-spoons vinegar, 1 cup sour cream. Method: Dissolve salt sugar and pepper in lemon juice and vinegar. When perfectly smooth add cream, stir well, and set where very cold until needed. A good salad dress-ing.

A GOOD RECIPE FOR SWEET ROLLS

Three-fourths cup milk, 2 table-spoons butter, 1-4 cup sugar, 1-2 teaspoon salt, 1 compressed yeast cake, 2 table-spoons lukewarm water, 3-4 cups sifted flour. Spread for dough: 2 table-spoons melted butter, 3-4 cup brown sugar, 1-2 cup chopped nuts. Four scalded milk over butter, sugar and salt placed in a large mixing bowl. Mix yeast with lukewarm water and add to lukewarm milk mixture. Do not over-heat the yeast. Sift in half the flour, beat vigorously for 3 min-utes. Then beat in the remaining flour to form a stiff dough. Knead on a floured board about 10 min-utes, or until dough does not stick to unfloured board and is smooth and elastic.

Roll dough into a ball and place in a greased bowl, cover and set in a moderately warm place until doubled in bulk. This takes about 2 hours. Place dough on a slightly floured board, roll out until 1-4 inch thick and 12 inches wide. Brush with melted butter, sprinkle with sugar and nut meats. Roll up as for jelly roll, cut into 1-inch slices and place cut side down to a well-greased baking dish. Cover with a clean cloth and let rise until double in bulk. Bake in a moderate oven (350 de-grees F.) for about 25 minutes, or until rolls are nicely browned.

Sparkling Vocabulary Adds to Your Personality



Bill can almost see Sally as her friendly voice comes over the telephone. Her sparkling vocabulary gives added charm to her talk. How he chuckles when she tells him about the Joneses' new French poodle, "just like a clump of neatly trimmed shrubbery rushing out to greet you."

And how his mouth waters as she speaks of those "crisp, golden muffins" she's planning for Sunday breakfast. Can YOU make com-panee things vivid and amus-ing?

Because she keeps her eyes open, picks up fresh colorful words and phrases from newspapers and maga-zines, Dorothy never resorts to worn-out comebacks like "You're telling me!" (How's YOUR re-parte?)

And she's correct. You don't catch her saying "between you and I" for "between you and me," "hadn't ought" for "ought not," (What's YOUR score on errors in English?)

Chatting with old friends, meet-ing new ones, or talking to the boss, you need a good vocabulary—and our 32-page booklet tells you how to build it. Lists errors you're likely to make and gives correct forms. Explains meanings of words often misused, tells what slang isn't acceptable.

Send 20c in coins for your copy of "How to Improve Your Vocabulary" to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Living & Leisure The Woman's Realm

They might not need me—they they might. I'll let my heart be just in sight. A smile so small as mine might be. Precisely their possession. —Emily Dickinson. Silver jewelry has returned to style. Silver belts are being worn with sweaters. All-over lace dresses are smart in short or long lengths. "Defence blue" hosiery stockings are being shown in New York. One-piece dresses that look like jacket dresses are being shown. Shirtdress dresses are in favor for both day and evening wear. Crepe and sheer combinations are cropping up for summer frocks.

A Job Only You Can Do!

Price Control Questions And Answers. Questions and answers on Price Control will appear in The Guardian as a regular feature for Saturday. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to Women's Regional Advisory Com-mittee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

"MUFTI" MEANS "FREE"

We imagine that our slang is partly home-made, partly American. We forget that many slang words come from the East. "Mufti" is Hindustani for "freedom," and "mufti" means "free." It is easily enough to see the reason why civilian clothing came to be known as "mufti" by men condemned to the old-fashioned stiff and starched military uniform.

TO CLEAN FLOWER VASES

Flower vases often become stained and soiled. To clean the tall, slender difficult ones, fill about half full with warm soapy water and scour with a long-handled bottle brush.

Since music is an expression of what has been assimilated by the mind of the child, a method worthy of the name should always keep in view the training of the child, the training of his mind and his powers of concentration.

Have the baby protected against diphtheria (toxoided) by the sixth month. The younger the baby the more serious is the threat of contagious diseases.

VELVETEEN

Velveteen and corduroy are loom-ing in importance to replace wool. Reflector buttons to be strapped to the ankles have been invented for the protection of persons walk-ing in the dark.

TO CURE "HICCUPS"

The case of a man who hiccupped himself to death was reported recently. The hiccupps lasted 26 days and nights; he could neither sleep nor eat, and finally died of exhaustion. The average case of hiccupps lasts only from a few min-utes to a few hours, but it can be a tantalizing complaint, resisting many kinds of treatment.

Hiccups are apparently due to a spasm of the diaphragm, the broad thin muscle that separates the ab-dominal cavity from the chest cavity, says Science Digest.

Scaring the patient is about the most useless of the many "remedies" for hiccupps. The average case of hiccupps is cured by holding one's breath, counting numbers, pressing the upper lip, electric shocks to the skin, and so forth. The following is a reliable method of treatment that has been used successfully in several cases. It is based on the fact that carbon dioxide gas—the gas that is used in soda water and that we exhale from our lungs—can stimulate the respiratory nerve centre.

The only apparatus needed is an ordinary paper bag. The bag is firmly placed over the nose and mouth of the patient, who is asked to breathe into and out of it. As the oxygen in the bag is used up,

Needlecrafts For The Home

A sure-fire hit is the bolero suit, so kind to all figures, and sharing the season's fashion honors with tailored suits. If you're making it in his new way, how about a bright, print blouse? Style No. 2869 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 24 requires 2 7-8 yards 39-inch fabric for bolero and skirt and 1 1-8 yards 39-inch fabric for blouse. To order pattern: Write or send picture with your name and ad-dress with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian. To Charlottetown Guardian Needlecraft Department, Style No. 2869 Size \_\_\_\_\_ Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

MAYBE TIRED OF SEA WAR

LONDON (OP)—An old grey seal has taken over the Thames River and that's more than the Germans can do. The big fellow swam up the river from the sea and suns himself daily on the mudflats. That England can pay a civilian, the Order of Merit. For the young man was Henry James, who, looking at us with a fresh eye, wrote to his friend in Boston, Miss Grace Norton, his view of England and the English in his 1877 "The American in Paris." "She has not resolutely played her part—even a wrong one. She has been weak and helpless and

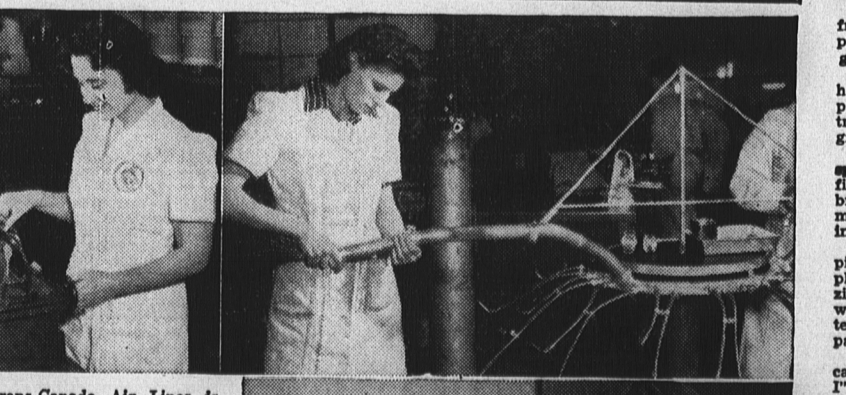
the exhaled carbon dioxide (CO2) accumulates, so that in a few minutes there is enough to produce a cumulative effect. In one case in which the patient begins to hiccup again, in one case in which this method was used, the patient while coughing from influenza, had been hiccupping continuously for 42 hours. After seven hours of treatment with this method, the hiccupping again began; the hiccupping was again effective, this time permanently.

COLORFUL MOTIFS FOR TOWELS



Dainty little Dutch girls scurry through their daily chores on colorful kitchen towels. It contains seven figures which may be used to decorate pot holders, wall pictures, etc. Hot iron transfer No. 786 contains seven motifs measuring 3 by 5 1/2 inches each with complete instructions. To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian. To Charlottetown Guardian Needlework Department, Design No. 786. NAME \_\_\_\_\_ STREET ADDRESS \_\_\_\_\_ PROVINCE \_\_\_\_\_

Girls Replacing Men In Machine Shop Play Big Part In T.C.A. Wartime Maintenance



Trans-Canada Air Lines is unique among commercial transport operators on this Continent with respect to the employment of women. They are replacing men who have joined the Armed Forces. No other operator carries as great a proportion of women on its payroll as does the T.C.A. Girls are now employed in the instrument, engine, accessories and propeller shops and say they prefer this mechanical work to clerical occupations. In addition, they are making a very direct contribution to the war effort since Trans-Canada Air Lines overhauls a great deal of R.C.A.F. equipment. The girls work a 48-hour week under the same conditions as the men. Their employment is only for the duration of the war. The pictures: Upper left—Miss Eva Grant is shown grinding a valve. Upper right—Miss Mary Goshlake assembles the ignition harness which carries the high voltage to spark T.C.A.'s powerful aircraft engines. Lower right—Miss Mary Baverstock is putting the finishing touches to a course-setting bomb sight, the instrument being a part of the equipment which women help to overhaul at T.C.A. shops for the R.C.A.F.