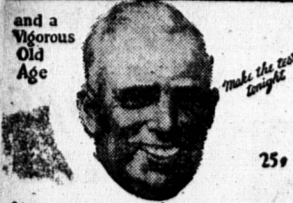


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THE CHARLOTTETOWN GUARDIAN

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TUESDAY, SEPTEMBER 7, 1926

N. B. EXHIBITION

The Saint John, N. B. Exhibition is the great Maritime attraction this week. The exhibition was formally opened on Saturday and the Big show begins this morning and continues until next Saturday.

IMPORTANT LEGISLATION

Those who heard ex-Premier King in the Strand Theatre last week will remember how he bewailed the fact that the "important legislation" of the past session had been lost because of the alleged "usurpation" of Mr. Meighen.

WISE LIBERALS

All the prospective Liberal candidates are not going to be defeated on September 14. Quite a number of them have guarded against defeat by following the well-known maxim "He who fights and runs away may live to fight another day."

EDITORIAL NOTES

When a cause needs whitewashing and apology it is time to call it a dead issue.

To quote from a Western authority, "all the candidates are doing their damndest, angels couldn't do no more."

If any of the candidates are left on September 14, it will not be their fault. And of some of them it will be written "he also ran."

Tomorrow will be nomination day throughout Canada with the exception of remote constituencies where an extra week was allowed and which completed the nominations last Tuesday.

The people of King's Country naturally prefer a Cabinet Minister to a cabinet smasher. This is why they are supporting the Hon. J. A. Macdonald, the first man who honours the country with a cabinet seat in any government.

The Liberal method of repeating over and over again the things they want the people to believe would work all right if the people did not think for themselves. But the people are thinking, and that is fatal to Liberalism.

It would be amusing, if it were not so "political," to hear some men talk so seriously and earnestly about the awful deluge of bootlegged liquor coming in to this province since the Meighen Government came into power.

When ex-Premier King delivers himself he reminds one very forcibly of the boy who, when asked how many brothers and sisters he had, said, "there's six of us altogether but I'm the only one that amounts to anything."

It is rich to find Mr. Mackenzie King comparing his renewal of acquaintance with his colleagues in parliament here with the "reuniting of soldiers who have been in battle together." Since when has Mr. Mackenzie King had experience of a battle? It certainly was not in the Great War.

Notes by the Way

Surely there is some fun in an election! And one of the funny things is that a big man, a King candidate who is also a Privy Councillor, should stand up in sixteen successive public meetings and ask Conservative members why they had voted against the King government!

One would think a mere baby in politics would have had more sense. Yet Mr. Sinclair boasts that he asked this question, and kept count of the silly performance up to sixteen times. As if it were a great event in his distinguished career that he had asked a silly question over and over again.

Somebody should tell him and make him sensible of the fact that voting against a government measure, is voting against the Government. And who that had any regard for his country and for a clean, decent and honest administration of public affairs would not vote to turn out the King combination every time he had a chance to vote?

The King combination had been shot to pieces by the people in the October election. Its head had been shot off, its limbs had been shot away and its body pierced with fatal wounds. It met Parliament in January, its head still off, while the several limbs were still scattered over Ontario, and the three Maritime Provinces. Mr. Sinclair himself a cut off limb, was lying prostrate.

Some repairs were made during the session. Dunning the political Boss of Saskatchewan, was brought in to replace one severed arm. He picked up the head and cemented it again to the body. Some Progressive props were found and the shattered thing, a scare-crow in appearance, was presented to an amazed Parliament.

Then came the revelations of the Customs Probe. The dirt came to light and the rotten reek of it filled all the land. Decent Liberals, leading Liberal journals, men and women throughout the land holding their noses, cried out to have the intolerable nuisance removed and the mess cleaned up!

Who would not vote against a government like that, so shattered, so mired in disgrace, so shot to pieces, so rejected of the people? Throughout the six months, session this was all the government the country had, till its former supporters, decent Progressives, sickening disgust, joining with Conservatives sent it to its doom.

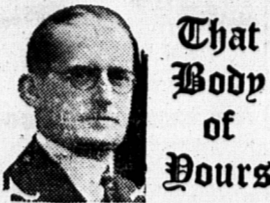
It was a pitiable, crippled, propped-up nameless thing, miscalled a government, a caricature of all that a government should be, weak and wobbling incapable of walking straight, against whom and against whose measures the Conservative members voted, and a grateful country will honor them at the polls on the 14th of September for the vote they gave!

It was a good enough Government for Mr. Sinclair, Mr. Jenkins, Mr. McLean and Mr. Johnson, and other Die-hards. But why is it that 40 Liberals who were candidates in the October elections are not in the field today? The list includes many prominent Liberals at least six of whom were Cabinet Ministers.

Some of these absentees, no doubt feel that they could not be elected. Many of them are retired now because they believe that the King Government brought shame and reproach upon the Liberal party and also brought disgrace and dishonor upon the country. And they are entitled to credit for their retirement.

Mr. King, for obvious reasons in his visit to Prince Edward Island, did not pause to address a meeting in Prince County. He had once represented that fine County in Parliament and had proved himself then the most useless and neglectful member ever had. He shrewdly avoided going where he was not wanted. Wherever he has been once elected "that tired feeling" comes over his electors. It was thus in North Waterloo and North York before he fled to Saskatchewan and got under the sheltering wing of Mr. Dunning.

Still there is fun in the election campaign. The evening organ tells that Mr. Sinclair has now asked his baby question for full twenty times! Surely "it is to laugh," as our Acadian compatriots would say. Keep it up, Mr. Sinclair and try to make it thirty. For already, as your favorite journal has it, "Everywhere there is a hopelessness and optimism in the Lib-



By James W. Baglan, M.D.

HIGH AND LOW BLOOD PRESSURE

An institution whose work is the periodic examination of thousands of individuals yearly for insurance companies, reports some interesting figures for all of us.

After examining nearly seven thousand policyholders in one year, they report that there was a higher percentage of cases of high blood pressure in overweight persons, than in individuals of normal weight of same age.

Further, that the findings with respect to low blood pressure indicated that overweight persons, meat eaters, had relatively fewer individuals with low blood pressure than did the normal group.

Now there are really just two points for us here. Overweight and high blood pressure are liabilities, and as the control of your weight is within your own power it is quite possible to say that you can control your blood pressure also. This doesn't mean drastic dietary changes, or excessive exercise, but just that you learn the amount of your overweight, and extent of your blood pressure above normal, and in a business like manner set about getting them to the normal point. The very fact that you are overweight is usually a sign of health, and that your tissues are able to build for you. And so cut down on your entire food intake ten, fifteen, or even twenty five per cent, particularly on liquids and starches.

Then covering yourself well with clothes take a few minutes exercise daily to induce perspiration. This with a daily walk will be all that is necessary. You will exchange fat for muscle, and your blood pressure will come down to normal.

With the low blood pressure individual there is not usually the same degree of health. Blood pressure must be increased, and so light exercise and fresh air must be taken to strengthen the tone of the heart muscle, in fact entire muscular system.

Thus when it comes to the matter of food with the low pressure you may eat hearty of most foods, and meats, eggs and cereals, will help to increase the blood pressure. I sometimes wonder which is the least desirable high or low blood pressure.

If you have high blood pressure you eat well, sleep well and feel well, but you are taking chances on heart, kidney, and blood vessel ailments. With low blood pressure you don't feel any too good, and although you may escape above conditions, you are more subject to colds and various other ailments, and these hang on for a long time. Your best plan is to go after normal weight and normal blood pressure. You can get them if you make the effort.

Daily Selections FOR Guardian Readers

September 6, 1926 GOD IS TRUE—"The Lord will not forsake His people for His great Name's sake." 1 Sam 12:22.

PRAYER—We glory in Thy promise, Lord, I am with Thee always, even unto the end of the world.

THE THINKER Back of the beating hammer by which the steel is wrought, Back of the workman's clamor, The seaker may find the thought, The thought that is ever master of iron and steam and steel, That rises above disaster And tramples it under heel.

The drudge may fret and thinker Or labor with lusty blows, But back of him stands the thinker, The clear-eyed man who knows; For into each plow or sower, Each piece and part and whole, Must go the brains of labor, Which gives the work a soul.

Back of the motor's humming, Back of the bells that tinkle, Back of the hammer's drumming, Back of the cranes that swing, There is the eye which scans them, Watching through stress and strain, There is the mind which plans them— Back of the brawn, the brain.

Might of the roaring boiler, Force of the engine's thrust, Strength of the sweating toiler, Greatly in these we trust, But back of them stands the schemer, Back of the job the dreamer, Who's making the dream come true. —American Machinist

I am, Sir, etc. BELIEVER IN MEIGHEN \$60,000 CHURCH FOR CAPITAL FLOCK.

FREDRICKTON, Sept. 3. — At a congregational meeting of St. Andrew's Presbyterian church, held last evening, it was decided to procure plans and specifications and to proceed with the erection of a church building as soon as possible.

Already general plans have been presented to the board of trustees for the purpose of securing information regarding the general design and outline of the proposed structure which will cost in the vicinity of \$60,000. The building for which detailed plans and specifications will be prepared will be of Gothic architecture and brick and stone

REX "King of Cigarettes" REX STRAIGHT CUT VIRGINIA 10 for 15¢ 25 for 35¢

DAILY LESSONS IN ENGLISH By W. L. Gordon

WORDS OFTEN MISUSED: Use "donate" when a gift is important; otherwise, "give." "He donated a large sum to the cause." "He gave two dollars to the church." OFTEN MISPRONOUNCED: only. Pronounce the e as in "no," not un-ly. OFTEN MISSPELLED: choc olate; no km. SYNONYMS: fascinating, charming, winning, bewitching, enchanting, entrancing. WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: SUBJUGATE; to conquer by force; subdue completely. "They were subjugated by fear of punishment."

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

MR. MEIGHEN IS A WONDER

Sir,—It is amusing, if nothing else, to read what the Liberal-Ex-Ministers try to make us believe Mr. Meighen's character.

Mr. McKenzie King says he is an "usurper." Mr. Lapointe says he is a "coward." Mr. Dunning says he is an "autocrat."

Mr. Cannon says he is a "thief." Mr. Cardin says he is a "Judas" a "Herod," etc. Well, Mr. Sinclair does not even say he is a "Mitchehl."

The smaller fry are even more outspoken, a Calgary Liberal calls him a "liar."

And the strange feature of it is that the Conservatives say that Mr. Meighen is the ablest and best man they have for leader and have great faith in his honesty as well as his ability. So they want to have him continued as Premier. More than that many Liberals have similar opinions of him and are now anxious that he should have a clear majority after the 14th inst. They did not give him quite enough support on the 29th day of October last which they now see was a serious mistake. That mistake will not be repeated this time. "And coming events cast their shadows before."

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structure. The building will be erected on a permanently mounted rail. Harness has been invented in Germany to be worn by linemen to enable them to be lowered from poles quickly when rendered unconscious by electric shocks. For pulling cotter pins pliers have been invented having jaws set at a right angle to their handles and equipped with a point to enter the heads of the pins.

We have just received an extremely nice new Compact to sell for ONE DOLLAR. It is on the small size, silver finish and in every way attractive. The White Drug Store J. G. JAMIESON Druggist

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