

Woman's Realm/Social and Personal/Fashions/Literature

Your children will eat without coaxing!

When you serve...

...makes foods tastier!

AYLMER CATSUP

YOUR FAMILY DESERVES AYLMER QUALITY

Cook's Corner

RAISIN COFFEE CAKE

Ingredients: For Coffee Cake — 1 cup seedless raisins, 2 cups sifted all-purpose flour, 1/2 cup sugar, 4 teaspoons baking powder, 1 teaspoon salt, 1/2 teaspoon cinnamon, 1/2 teaspoon nutmeg, 1/3 cup butter or margarine, 1 egg, 1 cup milk. For Topping — 1/2 cup wheat or bran flakes (1 one-ounce package), 1/2 teaspoon nutmeg, 1/4 cup honey, 3 tablespoons melted butter or margarine.

Method: For Coffee Cake — Rinse raisins under hot running water and allow to drain in a strainer or colander. Sift together flour, sugar, baking powder, salt, cinnamon, and nutmeg; cut in butter or margarine with a pastry blender (or work with your fingers) until no more fat particles show. Add 1/2 cup of the well-drained raisins. Beat egg until it is beginning to get pale and thick with a rotary beater or electric mixer; add milk and beat again to combine; add to dry mixture. Stir only until ingredients are moistened. Turn into a 6 x 10-inch or an 8-inch square baking dish. For Topping mix remaining 1/2 cup of raisins with the wheat or bran flakes, nutmeg, honey and melted butter or margarine. Spread evenly over top of batter. Bake in a moderate (350 F.) oven about 30 minutes. Allow to stand for about 5 minutes in pan on cake rack so it will cut without crumbling; then cut in squares on baking dish. Serve warm.

How Can I!!!

Q. How can I clean window shades?

A. By stretching them out on a flat surface, dusting them thoroughly, and then wiping them with a damp soapy cloth. After this clean with damp cloth without soap, and then dry very carefully and thoroughly.

Q. How can I make varnish dry faster?

A. Fill a shallow vessel with hot water and place the can of varnish in it while working. It will make the varnish flow much easier, and it will also dry in a shorter time.

Q. How can I keep the shells of eggs from cracking while boiling?

A. This will not happen if the eggs are dipped into cold water immediately before putting them in the boiling water.

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IT'S SMACKIN' GOOD ... IT'S GRO-PUP

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ELLEN'S DIARY

By An Island Farmer's Wife

In a city hospital, just past ten o'clock, lightening an anxious period for the families concerned, a babe was born to sustain this morning. "There's four of us now!" grand-daughter, heretofore the one and only in the house across the lane, returns favourably with her father and grand-father from town to report happily and as though she found her words too amusing to believe: "There's four of us now!" We had been acquainted with the fact earlier, and as on three former occasions came away from the phone with a strange emotion—came in the loneliness of the old kitchen to sit a long minute in the depths of James' old armchair.

If James had been present then, it is likely that after a glance in our direction, he would have grabbed his cap and hurried away to a barn. Tears, born either of happiness or grief or indeed even of the demanding ones that on occasion grand-daughter is careful to shed are peculiarly unsettling to him and puzzling, so that he is certain to escape at once to a refuge beyond sight and sound. "But what do you know?" we were able to laugh to him, when in time the car brought them home to the ward, "it's a boy!"

Not that we would not have welcomed another girl to Alderlea or that grand-daughter herself does not hold the highest position in our affections with the two grandsons at Rob's but that of late considering the then coming event we had a feeling that James favored the birth of a lad, who in time would inherit this old place of his forebears. It is a common and justifiable feeling, that a man's succeeding generations may perpetuate the name and traditions of calling and line. We fancy that should this well-fellow so lately ours show an early interest and liking for the ways of farm life James' cup of happiness would indeed be running over in anticipation of the years to come.

But yesterday morning, quoting "Whoever is—is best," we had both waved to Jeanie as the car bearing her outward to "the great-est battle of this morning fought," and one given to womankind, and she, the only one of the family, except her nurse, who has made the lad's acquaintance so far. But he is quite bonnie they say and when we came to the hospital to see only a minute this evening, Jeanie reported that "he's not nearly so fat" as grand-daughter was at birth, and plump, and a few pounds and three ounces, "quite heavy, don't you think?"—that's almost two pounds heavier than she was. "Yes," she said, "and eyes," we laughed, "out of regard for his grand-father." She nodded, obviously well pleased that a son had come to her arms. And now grand-daughter's secret, has been told, and with her we look eagerly forward to the home-coming. It is equally equally pleased with us over the "happy landings," chuck-

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Morning Smile

A lady was entertaining the small son of her married friend.

"Are you sure you can cut your meat, Marvin?" she inquired after watching him a moment.

"Oh, yes, Ma'am," he replied without looking up from his plate. "We often have it as tough as this at home."

Just as luncheon was about to be served at an outdoor picnic, an unexpected shower forced the picnickers to run for cover. One old lady grabbed her skirt and threw them over her head. A young man ran up to her and said, "Oh, my dear Madam, you are getting your legs all wet."

To which she replied, "Young man my legs are 60 years old but my hat is new."

The Stars Say--

By Genevieve Kemble

For Wednesday, August 24

IT is probable that the person's equation may prove a vital and efficient factor in pushing all hopes, wishes and desires into heightened channels for pleasure, profit and with varied phases of gratification and inner satisfaction. The purely personal factor in a future, charm, special talents and cultural skills, manifested in social, romantic and domestic circles, could crown excellent accomplishments. Business as well as private returns are in sight.

For the Birthday

Those whose birthday it is, are encouraged to expect their rich endowment of personality, charm, talents and aspirations centered on the attainment of their fondest hopes and wishes, even though such may be turned in the direction of business enterprise, increased possessions, enlarged capital or prestige, in personal, domestic or social contacts or activities. Charm, culture, backed up by practical skills,

DOROTHY DIX SAYS—

Matchmaking Mama

Independent Daughters Resent Being Goaded Into Marriage

DEAR MISS DIX: My mother makes my home life miserable by her matchmaking. I have just passed my 19th birthday and am making a fine salary, so I am not a financial burden. But she wants me to marry. I don't know why, and she doesn't take into consideration the fact that I am young, that I don't want to tie myself down yet while and that I have never met any man that I wanted to be married to. Is there any way I can make her understand this and stop pestering me?

MARCIA ANN

ANSWER: The most curious thing in all feminine psychology is the attitude women take toward their children's marriages. Nearly all mothers are crazy to get their daughters married off, and almost all mothers loath to have their sons marry.

Of course, in the olden days, when girls were a burden on their own family and when they had no way of supporting themselves except by following the meanest and most ill-paid occupations, it is easy to see why a mother was anxious to get her daughters married. But nowadays all that is changed. Girls are an asset in a family instead of a liability. The girls not only earn their own board and keep, but they fix up the house and buy mother pretty frocks. They not only contribute far more liberally to the family fund than their brothers, but give more while they are earning than they will be able to after they are married.

Nevertheless, most mothers are just as anxious to marry off their daughters as ever. They seem to think that it is some sort of

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Living & Leisure

THE WOMAN'S REALM

TWO ROLES

The roles are different. Once I had the patience of a doting dad. I think I did the best I could. To act as every father should. When squabbles rose, as rise they will.

From childish voices, loud and shrill.

I asked the cause and tried to be a fair, impartial referee.

But now the grandpa role I play, And different are the lines I say, And different every action, too. From what a dad must say and do. The conflict which their father riles.

I look upon with loving smiles. And when too heated grows the fray.

I get my hat and walk away.

As grandpa I have lost the poise And calm required for standing notice.

I find that much that childhood does I'm not so patient as I was.

When in or out they sit a row, I'm neither judge nor umpire now; I promptly get my coat and hat And say, "You parents settle that!"

—Edgar A. Guest.

TIPS ON FRESHENING AFTER A HARD DAY

Do you want to look your best for a big evening after a hard day? Dolly Reed suggests five grooming tricks, in McCall's for August, that will work wonders in an hour:

"1. Pin up your straying curls and spray with a quick-drying lotion that revives limp locks. Remove old make-up with cleansing cream. A second creaming leaves your skin extra clean.

"2. Relax your weary feet with a hot-cold spray massage. Alternating streams of hot and cold water restore circulation, ease tensions and make you fresh enough for a night of dancing.

Roses, phloxes and other herbaceous plants which are subject to mildew or rust should be kept dusted with sulphur or sprayed with Bordeaux mixture.

Needlecraft

FOR THE HOME

COOL CAP SLEEVES

You'll look so cool, and feel so cool, a shower of compliments will come your way whenever you wear this frock. With this easy to make pattern, it's a short cut to summertime charm.

No. 234 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44. Size 18 requires 4 1/2 yards 35-inch fabric, or 3 1/2 yards 39-inch.

Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want, include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 234

Name _____

Address _____

City _____ Province _____

talents, creative abilities in connection with home, financial, educational or cultural grooves should be gainfully employed. Pleasant and progressive relations in all directions prove exceptionally lucrative! A child born on this day, is excellently equipped with practical skills, enhanced by personal charms and cultural abilities to assure a prosperous, popular and gratifying career.

CLERICAL COUNTRY
In Tibet about one-fifth of the male population are monks.

That Body Of Yours

By James W. Barton, M. D.

RHEUMATIC FEVER KILLS MANY CHILDREN AND YOUNG ADULTS

It is during the final months of Summer and the early months of Autumn that infantile paralysis is usually at its worst. It is therefore wise for parents and teachers to look for the first sign of this dread disease which is tireless in a boy or girl who is usually strong and rarely overtired. Other symptoms—sore throat, common cold—may be present but are so much like ordinary ailments that infantile paralysis may not be suspected.

After all we read and hear about infantile paralysis and its crippling effects on a large number, it may come as a surprise to learn that a more deadly enemy of children is present at any time of the year. I refer to rheumatic fever, childhood's greatest enemy.

Rheumatic fever causes so many deaths from heart disease in children as well as middle aged men and women that organizations to fight this disease are being formed all over the world. One of the most extensive and ambitious programs for control of rheumatic fever is that of the Michigan State Medical Society. This Society has established 12 centers in Wayne County alone and other more remote areas of the state. Already 6 out of every 10 of the 1000 patients suspected of having rheumatic fever have been examined at these centers by practising physicians, and found to have the disease.

Some idea of the seriousness of the rheumatic fever problem is stated in the "Michigan State Medical Journal" by Dr. P. C. Angrove. "Rheumatic fever kills more than five times as many persons annually as infantile paralysis, whooping cough, diphtheria, scarlet fever, measles and meningitis all put together. For every case of infantile paralysis (polio) among children there are more than 100 cases of rheumatic fever.

Rheumatic fever is caused by the same organism causing throat infections, tonsillitis and St. Vitus dance. About three weeks after a tonsillitis or other infection the patient suffers with pain and tenderness in joints, high temperature, tenderness in one or more of the joints; often the heart is affected.

Because of the danger of rheumatic fever and heart disease, penicillin is now used in infections. Penicillin may prevent an attack of rheumatic fever with its crippling effects upon the heart. Some physicians prescribe sulfa drugs from June to October to prevent infection.

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence: "Mary is apt to be there."

2. What is the correct pronunciation of "plianissimo"?

3. Which one of these words is misspelled? Schedule, dishevel, dazle.

4. What does the word "infuse" mean?

5. What is a word beginning with comp that means "remorse"?

ANSWERS

1. Say, "It is likely to be there."
2. Pronounce pe-a-nee-si-mo, e as in me, unstressed, both as in it, o as in no, accent third syllable, 3. Dishevel, 4. To instill, as principles. "Let us infuse this sense of purity into our lives." 5. Compunction.

LIMITS VOCABULARY

Basic English simplifies the English language by employing only 800 words for all normal purposes.

A Country Garden

By Mrs. Gordon Macmillan

The blessed rain has come again to the garden just when it was needed badly to give fresh life and beauty to lawns and flowers.

In country gardens most water supplies are insufficient and difficult to use. Balty gasoline engines, small reserve tanks, water needed for animals and spraying and many other farm needs. The turning on of the water in city gardens is so easy compared to the effort in the country to water the garden, this is true where the water is not rationed, or prohibited for garden use. I began wrestling with a long hose last week and such a task! You try to water the window boxes and you spray the dining room curtains through the open window, then you drag it over the rock garden and loosen some rocks which fall on your choicest plants. You swing around the corner and pull up on a bed of Petunias, then it springs a leak and when you arrive at your destination a small trickle is there for the parched roses. Your feet are muddy (the only things in the garden) and your hands and clothes are wet and cold. Then in the night the showers begin and you and the garden are happy again.

This is the time of year to make up bouquets for your friends in hospital and sick rooms. It is necessary to have them in a dark cool place for several hours to last well when they reach their destination. Chrysanthemums have been moved from the field to their permanent places around the home; they are large bushy plants with many buds and will continue the garden season until heavy frost.

Some of the mums were planted in the Spring where they will bloom and if you have room this is the easiest method, but they need a large space to do their best and will take the place of an earlier blooming plant.

The floral exhibit at the exhibition was enjoyed by all and it is fun to meet gardening friends. Many lovely flowers were on display, beautifully grown Snapdragon, Zinnias and perennial Phlox; Sweet Peas nicely arranged and grand displays of noted the interest in flower growing. Have you ever thought about gardens that the owner has been obliged to sell or leave because she is called away?

An elderly lady told me about her lovely garden that she had at

Better English

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Begin with.... BREAD!

THE MAIN-STAY OF A BALANCED DIET

For a wholesome combination of good foods... Order

Eastern Bakeries' BUTTER-NUT BREAD

Household Scrapbook

By Roberta Lee

The beautiful climbers on trellises that they have been able to

winter by taking down and covering. The black currants and gooseberries they have picked from bushes he had grown and they are studying from books and bulletins from the Experimental Stations how to take care of the garden he had made. They have planted beds of annuals and are trying to make it more lovely. I had the pleasure of seeing the garden last week and what finer monument could any one have?

Brass Cleaner

A good cleanser for brass, copper and pewter is a mixture of salt with an equal quantity of flour and vinegar. Mix to a paste, apply and allow to remain on air hour, then rub off. Wash with water and polish.

Burning Fat

If the fat persists in catching fire when broiling steaks or chops in the oven, cover the bottom of the broiling pan with a little water. This will catch the fire from the meat and prevent burning.

Palms and Ferns

Two tablespoonsful of olive oil at the root of your palm or fern once a month will make a decided improvement in the plant.

EUROPE'S FIRST COLONY

The Republic of Santo Domingo in the West Indies is the oldest settlement of European origin in America.

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