

# KIDNEY DISEASE WAS KILLING HIM

## Until He Used "Fruit-a-tives" The Great Kidney Remedy

HAGERVILLE, Ont., Aug. 26th, 1913.

"About two years ago, I found my health in a very bad state. My kidneys were not doing their work and I was all run down in condition. Having seen 'Fruit-a-tives' advertised, I decided to try them. Their action was mild, and the result all that could be expected. My kidneys resumed their normal action after I had taken upwards of a dozen boxes and I regained my old-time vitality. Today, I am as well as ever."

B. A. KELLY.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

# A STRONG PLEA FOR ISLAND MEN

France, October 8th.

Dear Wife,—Once more I write to you to let you know that I am quite well, and hope these few lines will find you the same. I have just come out of the trenches for a rest, and I can tell you it is hell on earth with the bullets and shells as thick as hail. We soon get used to it however and all we think about is doing our duty, and thank God to give us courage to face the battle. I feel sure that God will bring me out of it safe. It rains here nearly every day, and is very cold, and the mud is knee deep. I saw Jimmy yesterday coming out of the trenches, and also saw Andy Mahar. Tell Mrs. Mahar that he is in the best of health and looking fine. I didn't get your tobacco and am in bad need of it. I also need some socks and gloves. The women in France do nearly all the farm work, for the men have all gone to the war.

Tell all the loafers around town, to enlist and come over to help to fight this battle, for we need all the help we can get. We want men who are not afraid to fight, and if necessary to die for their country. I can tell you the Canadians are the fighting men here. I am not allowed to give you my address, so you will have to use my old address, but put France on it.

Give my love to all my friends. As this is all for this time, Good-bye and may God bless you, and be with you till we meet again. Write soon, from your loving husband.

# The Central Guardian

IT PAYS to buy in this Province.

PROVINCIAL LAND AND INCOME TAX.—Last day for discount—Tuesday, November 30th. 5027-m21

CHANGE IN BUSINESS.—This Fall accounts must be settled on or before Dec. 20.—Save expenses. R. E. McDonald, Piquette. 5004-11-27-M41pd.

SPRINGFIELD ENTERTAINMENT.—An entertainment will be given in aid of the Red Cross Fund in Springfield Temperance Hall on Monday, December 6th.—Admission 15 cents. Sale of home-made candy. 5039

MASONIC MEETING.—There will be a special meeting of Victoria Lodge A. F. and A. M. to-night; third degree followed by social hour. All Masons are invited.

ENTERTAINMENT AT SPRINGFIELD.—A splendid entertainment is being prepared for December 6th in Springfield Temperance Hall in aid of Red Cross. Sale of home-made candy. Admission 15 cents. 5030

FOX FUR SALE.—The attention of foxmen is directed to the announcement of Messrs. E. R. Brow and J. Walter Jones on page 3 of this issue.

ST. ANDREW'S DAY TO-MORROW.—Caledonia Club concert, bridge, whist and dance to-morrow night.

ACTING SUPERINTENDENT OF EDUCATION.—Professor Herbert Shaw, Provincial Engineer, has been appointed Acting Superintendent of Education for one year without additional salary to relieve Mr. R. H. Campbell, who has obtained a year's leave, without salary, in order to go to the front as Colonel commanding the Highland Regiment. Prof. Shaw is especially fitted for this appointment as in addition to having been a professor in the Prince of Wales College, he has the reputation of having been one of the best public school teachers in the province.

SCOTCH CONCERT.—The ever-popular Scotch celebration takes place to-morrow night when there will be the skirl of the pipes, band music by the Fourth Regiment, Highland dancing, vocal music, etc., besides refreshments, bridge, whist and dance—all for 50 cents.

RED CROSS.

The following was collected in New Glasgow for the Red Cross by Evelyn Stevenson: Evelyn Stevenson \$1.00; William Semple .25; Walter Crockett .25; Edward Semple .25; A Moffat 1.00; Mrs. Adam Brown .25; Martha Smith .25; Ruth Dickerson 1.00; R. Y. McCoubrey .50; Mrs J T MacLeod .50; Jas C Stevenson .25; Lloyd Stevenson .35; C A Stevenson 1.00; Mrs C Stevenson 1.00; Frank Stevenson 1.00; Mrs Melvin MacLeod .50; Mrs John Andrews .25; E Hill & Sons 1.00; Edgar Stevenson .25; Charles Simpson .50; Mr and Mrs H O Crow .50; Mrs A H Parkman .25; Albert Laird 1.00; Mrs Richard Stevenson 1.00; Ernest Laird .50; James Bulman .50; Brenton Dickleson .50; Mrs Percy Dickleson .50; Mrs Ben Houston .25; Mrs E MacKay .25; Mrs W B Bulman .50; W H Stevenson .50. Total \$17.60.

TWILIGHT THOUGHTS

Just as the twilight falls  
Out at the Dardanelles,  
Someone finds time to pause  
There amidst the shot and shells.

Time to write letters of hope,  
Filled with the bravest of chest,  
Daily with death to cope  
To keep us in safety here.

Soon may the days of peace  
O'er us her pinions spread;  
Soon may this warfare cease,  
And brave men homeward tread.

Surely we've paid the price,  
With many a lonely grave;  
Paid for it twice and thrice,  
With the noblest of the brave.

—Florence Bell.

last night, Mr. Rogers took his Platoons over to the Khaki Club, and it was swell.

I suppose the boys are busy shooting ducks around home. I'd just love to be with them, but I sooner be shooting at the Germans, which I hope to be soon.

Well Edna you were asking me in your letter, for a small picture of myself to put in your pocket, I am sorry to say I have none with me, but you can cut me out of those. I sent to mamma.

When you'll read this letter sister dear, I will be on the water. You pray for me, so I will have a nice trip. I am delighted to go as well as all our Battalion.

I will come back to you some day and tell you all I have seen, by bye dearie from your

Soldier Brother,  
ERNEST,  
55th Battalion.

TRAFALGAR DAY.

Collected by Mrs J England, Travelers Rest.

Robert Marchbank \$2.00; James England 2.00; H W Stewart 2.00; Miss Mary Yeo 2.00; Mrs James England 2.00; Mrs James Marchbank 1.00; Mrs Chester Tuplin 1.00; Mrs Robert Milligan 1.00; Mrs Grace E Hall 1.00; Mrs John Selliker 1.00; Mrs Gordon McQuarrie 1.00; Mrs Clark McQuarrie 1.00; Mrs Alfred Small 1.00; Mrs John Lefurage 1.00; Mrs Netis Stanlake 1.00; Miss Ellen McKay 1.00; James Marchbank 1.00; Harry Walker 1.00; David Walker 1.00; Percy Marchbank 1.00; Malcolm Kelly 1.00; John Pelligan 1.00; Peter Perry 1.00; John Sellicker 1.00; Hector McQuarrie 1.00; Weslie Wood 1.00; Hercule Arsenault 1.00; Harry England 1.00; Howard England 1.00; Ellsworth England 1.00; Mrs. David Read .50; Joseph Blanchard .25; Russell Champion .25. Total \$16.00.

Sent to Mr Pope \$21.00  
Hon Treasurer \$15.00  
Total \$36.00

ARLINGTON DISTRICT.

Collected by Mary McIntyre.

Mrs Cornelius McLellan 1.00; Mrs Thomas Adams .75; Murray McArthur .25; Mrs J Callaghan .50; Mrs A McArthur .50; Mrs Seaman Ford Chas Morrisson .50; Mrs Wm Ford .40; Mrs Geo Thompson .10; Mrs Chas Morrison \$1.00; Mrs Thos H Plestid .25; Mrs Patrick MacLellan .25; Mrs W H Phillips 1.00; Mrs Thos A Yeo .50; Miss Maggie MacLellan .25; Mrs P J Gillis .50. Mrs Freeman Pye.90. Total \$3.75.

CANADA'S TOBACCO FUND.

Organized by the Over-Seas Club.

The following is a list of the amounts remitted during the week ending November 13th. It will be seen that the total is \$4,031.11. This provides for approximately 16,000 packages of Tobacco and Cigarettes for the number of men at the front is 80,000, and that number is increasing every day. Contributions will be received at any Bank or Post Office and by a large number of newspapers throughout the Dominion.

Communications should be addressed to the Organizing Secretary, Mr. Francis R. Jones, at the Office of the Over-Seas Club, Windsor Hotel, Montreal.

Canadian Bank of Commerce, Toronto	\$858.20
Bank of Montreal	534.20
Union Bk. of Can., Montreal	503.57
Union Bk. of Can., Montreal	497.74
Bank of Hamilton, Toronto	460.45
Union Bk. of Can., Montreal	404.34
Bank of Montreal	304.46
Bank of Ottawa	170.45
Bank of Montreal	121.85
Dominion Bank, Toronto	95.00
Northern Tr. Bk., Toronto	48.35
Bank of Ottawa	16.75
Royal Bank, Sault Ste Marie	10.10
Union Bank of Can., Vancouver	8.50
Royal Bank, Atterville	4.50
Royal Bank, New Castle	4.00
Royal Bank, Mulgrave	3.50
Royal Bank, Lockhart, N.S.	3.25
Total	\$4,031.11

RICE POINT

Collected by Miss Florence Hill

Kate McFadyen 1.00; Alex MacEachern 1.00; Henry Taylor .50; Mrs Allen MacDonald 1.00; Donald McQuarrie 1.00; Charles MacEachern 1.00; Nell D McEachern 1.00; Wallace H McLean 1.00; Guildford C Lowther 1.00; Charles McDougall 1.00; Alex McLeod 1.00; Mary Cahill .25; John Cahill 1.00; Katie Livingstone 1.00; Dan MacKay 1.00; Mrs James Robertson .50; Angus MacDonald .50; Mrs George Dockendorff .25. Total \$16.00.

MT. HOPE DISTRICT.

Collected by Miss Florence Hill

Mrs. Alan Robertson \$2.00; Jacob Dockendorff Sr. 1.00; Wm McPhee .25; Mrs William McPhee .25; Dan A Matheson 1.00; John M MacLeod 1.00; George Arthur 1.00; Norman MacSwain 2.00; V H Dockendorff 1.00; J C MacLeod 1.00; Alex McLeod 1.00; Mary Cahill .25; John Cahill 1.00; Katie Livingstone 1.00; Dan MacKay 1.00; Mrs James Robertson .50; Angus MacDonald .50; Mrs George Dockendorff .25. Total \$16.00.

NORTH PINETTE SCHOOL DISTRICT.

Alex Ross, Gardiel \$1.00; additional collected by J Buchanan.

SOUTH LAKE SCHOOL DISTRICT.

Collected by Miss Katie Campbell.

Alex J Cameron \$1.00; R D Cameron 1.00; Stanley Cameron 1.00; James Cameron 1.00; Ivan McDonald 1.00; D D McDonald 1.00; Mrs Maynard Fraser 1.00; C C Dingwell 1.00; Mrs J R McDonald .50; D L McDonald .50; Charlie McDonald .50; Frank Baker .30; James McDonald .25; George McDonald .25; Willie Ford .25; Mrs D D McDonald .25; D W Fisher .25; Annie Townshend .25; Mrs Flora McDonald .25; George Gillis .50; Mrs Laughlin McDonald .25. Total \$12.30.

MIDDLETON SCHOOL.

Collected by M E McDonald, teacher.

George A McLean \$1.00; James McAnley 1.00; James McLean .50; Charles McLean 1.00; Mrs Catherine Munroe .50; Miss Jane McLeod .50; John McDonald .25; Kenneth McLean .25; Henry Brennick 1.00; Donald Stewart .25; John McBeth .50; Mrs John A McKinnon .25; Murdoch C Beaton 1.00; John McPherson .50; John L McKinnon .25; Ewen McKinnon 1.00. Total \$9.75.

ARLINGTON DISTRICT.

Collected by Mary McIntyre.

Mrs Cornelius McLellan 1.00; Mrs Thomas Adams .75; Murray McArthur .25; Mrs J Callaghan .50; Mrs A McArthur .50; Mrs Seaman Ford Chas Morrisson .50; Mrs Wm Ford .40; Mrs Geo Thompson .10; Mrs Chas Morrison \$1.00; Mrs Thos H Plestid .25; Mrs Patrick MacLellan .25; Mrs W H Phillips 1.00; Mrs Thos A Yeo .50; Miss Maggie MacLellan .25; Mrs P J Gillis .50. Mrs Freeman Pye.90. Total \$3.75.

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LETTER FROM THE TRENCHES.

The following letter has been received by Miss Evelyn Arsenault of Abram's Village from her cousin Private J. Arsenault, who is now fighting in Belgium.

Belgium,  
Nov. 1st, 1915.

My Dear Cousin:—In answer to your kind and welcome letter which I received some time ago, I am writing you a letter brought me much joy as it recalled to me the happy days where I used to roam the fields at home. I must admit that before I got through reading, I felt a lump coming up my throat, and my eyes watery. I did not think you could write such a touching letter, for I was certainly touched by it. Dear Cousin this will have to be a short letter, though there is a lot I could tell you. We are not fighting much along our front, but the Germans got one of our guns last night; nobody got hurt, only one horse killed. I don't think there will be much fighting this winter, as there is mud in abundance after a rain of two weeks. I tell you its up to our knees, but I suppose we will have to put up with it. Well I got your ring done. It took me a long time, as I could only work at it a little while at night. It is made from a fuse of a German shell that I bought and a small ring made by me. I am making another for Uncle John, it will take some time yet, but you have an awful large finger, I could not believe it. If it is the one you sent, the ring may be a trifle small. Well we go to church pretty often. Sometimes we are too busy though. We have a church in a barn, where

the priests of our brigade say mass every Sunday. Well about the girls, I have not time to think about them. I must wait till I get back home. I think that I will come to a close hoping these few lines will find you alright. I am well also, and am closing this letter with best wishes for you all.

I remain your cousin,  
J. ARSENAULT,  
1st Canadian Expeditionary Force, Divisional Artillery, Ammunition Column, Belgium.

P.S. I am glad somebody is praying for me; I am sure your prayers are answered. Hoping to see you soon.

ALL CHILDREN LOVE "SYRUP OF FIGS" FOR LIVER AND BOWELS

GIVE IT WHEN FEVERISH, CROSS, BILIOUS, FOR BAD BREATH OR SOUR STOMACH.

Look at the tongue, Mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need gentle, thorough cleansing at once.

When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again.

You needn't coax sick children to take this harmless "fruit laxative," they love its delicious taste, and it always makes them feel splendid.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. To be sure you get the genuine, ask to see that it is made by "California Fig Syrup Company." Refuse any other kind with contempt.

LADIES ATTENTION

Here is a chance to get a real dressy latest style

Patent Button Boot Cravenette Top for \$2.95

We bought these from a CANADIAN FACTORY at a special price, and you will get the benefit—while they last.

See our south window.

Morris & Smith



One Smashing Blow

Some folks go on for years wondering why they have headaches, nervousness, heart flutter, biliousness and various other ailments. But they never suspect a most common cause—tea or coffee drinking.

Tea and coffee contain caffeine, a powerful habit-forming drug. The little doses repeated daily irritate the nerves, unsteady the heart, hinder digestion and work havoc generally with many users.

The simple, easy way to smash tea or coffee troubles at one blow, is to use

# POSTUM

—the pure food-drink

There's "nothing missed" with the change; and thus ands have found it means a big step toward health and comfort.

Postum is made of wheat and a bit of wholesome molasses—has a rich snappy flavour, yet contains no drug or other harmful element.

Postum comes in two forms: The original Postum Cereal requires boiling; Instant Postum is soluble—a level teaspoonful in a cup of boiling water makes a delicious drink—instantly. Both kinds are equally delicious, and the cost per cup is about the same.

Ten days off tea and coffee and on Postum will show

"There's a Reason"

Made in Canada. —sold by Grocers everywhere

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

# HIS DESIRE IS TO SHOOT GERMANS

A young soldier on the eve of leaving Valcartier Camp, Ernest Gaudet writes to his parents, Mr. and Mrs. Gilbert Gaudet and little sister in Muddy Creek, P. E. I., as follows:

Valcartier Camp.

Dear Father and Mother:—

Just a few lines to say that we are leaving Valcartier tomorrow, for a long voyage to England. We do not know yet where we are going, but I think we are going to the same place where Eddie was before he took sick. I hope to see him when I get there. Well Mother dear you say you are always taking about me, I know you are but don't worry, for me I am alright, I feel very well, and healthy since I am a soldier boy. I have not caught a cold for the last three months.

Theo, and Frank and I went and received Holy Communion last Sunday; so twist we are as good as when we left home.

I was awfully glad to get those scraps of papers. I saw where Mr. Rogers thanked the Summerside ladies for the socks they sent him for us. I got two pairs and they were well appreciated, you may be sure, for we had a cold snap here last Saturday which lasted three days with little snow. We feel just like home and have a stove in our camp. Its a stove we made with a big dishpan, and it gives good heat.

Now mother once more do not worry for me, for I feel well content to leave. I long to get to those Germans, so I think I will ring off for I must pack my staff. I will write as soon as I get across.

Love to Papa and little Sister.

Tell Joe Jack I want him to send me some twist when I get into the trenches.

Pray for me bye-bye, dear father and mother.

Do not worry for me, mother some day I will return back home.

From your  
only little boy,  
ERNEST

Valcartier Camp, Oct. 30, 1915

A few lines in answer to your letter of a few days ago. Well Edna we were to leave today for England but we could not get all our stuff together, on time so we shall leave tomorrow for sure. We had all our equipment today. We had a great place to sleep

# A Whirlwind Clearance of All Our Music Books

If you are a student of piano, organ, violin, mandolin, guitar, banjo or voice, this music book sale is of utmost importance to you.

For here, today, you can select from our entire stock of music books—works of the masters—best instruction methods—choicest vocal collections—for any voice—just 1300 books at a cut price which will move them quickly.

This sale is for 10 days only—during that time every book marked below, must go. This is your chance, seize it.

## Prices Cut Down Low for 10 Days Only

10 Days Only

This sale is for ten days—not more—for every book will be sold out in that time.

There are not many books in the lot—just 1300—and in many cases only one or two copies of each work. Be among the early buyers and be sure of a good choice.



Sample Values

The Mammoth Folio of Instrumental Music, price 65c, now	49c
Hardings Collections of Jiggs and Reels, price 50c, now	37c
Harry Landers First Album, price 40c, now	30c
Harry Landers Third Album, price 40c, now	30c
Francis & Days 32nd Album of Popular Songs, price 40c, now	30c
Patriotic Songs and Melodies, price 60c, now	37c
Church and Home Sacred Songs V.H., price 60c, now	45c
Crown Dance Album, price 25c, now	21c
40c, now	30c
The Coronet Instrumental Folio, price 65c, now	49c
Feldman's Song Annual, price 50c, now	37c
Witmark Dance Folio, No. 8, price 50c, now	37c
Winners Canadian Violinist, price 50c, now	30c
Folio of Organ Music, Distor, price 50c, now	37c
Gems of Modern Composers, price 50c, now	37c

## This Is Your Opportunity

Our prices on music books have always been low. Today these low prices are cut deep—cut to the core. Each book is in good condition and any selection would make a good HOLIDAY GIFT for your music loving friends.

Select today while the stock is complete. Call at the store, phone your order or write us. Don't wait, do it now.

Every Book Must Go

There is no reserve to this sale—every book must go. And it will go—the reductions on our usual close prices will assure that. There is a book here for every musician, singer, teacher or student—for every music lover—just 1300 choice works and collections recognized as standard the country over.

Sample Values

"120 Scotch Songs" O. V., price 50c, now	37c
Fifty Gems of Scottish Songs, price 60c, now	45c
Globe Song Folio, price 60c, now	37c
The Empire Song Folio, price 65c, now	49c
World's Largest Song Folio, price 65c, now	49c
Kullack, Scenes from Childhood, price 60c, now	45c
Bachs two and three-part inventions, price 50c, now	37c
Gurlitts School of Velocity, opus 141, price 50c, now	37c
"Hungarian Dances" four hands, price 75c, now	56c
First Pieces in Easy Keys, price 50c, now	37c
A GOOD CHRISTMAS GIFT FOR CHILDREN.	
Posies from a Child's Garden of Verses, price \$1.25, now	94c
Wonder Songs for Children, price 50c, now	37c
Barnies Song Cycle, price 50c, now	37c
Songs for Children, price 50c, now	37c

# Miller Bros The Old, Reliable Music House