

There is a Difference

Don't make the mistake of thinking all talcum powders are alike. There is a difference—an important difference. See, Egyptian Lotus is purified and ground until it is perfectly fine and smooth, without a particle of grit or foreign substance.

It's the best antiseptic powder for toilet and nursery—best for baby and best for you. Daintily perfumed. Price 25c. An attractive oval tin.

E. A. Foster
Central Drugstore
Sunnyside

DEATHS.

HUGHES.—Ervie Burnadette Hughes youngest daughter of Joseph and Mrs. Hughes, aged 4 years. From Saturday's Evening Guardian.

MATHEWSON.—A. Hilltown, June 2nd, Mr. Donald Mathewson, aged 69 years, he leaves to mourn a wife and daughter Mary at home and three sons, John, Angus and Donald in United States.

Back Was Lame For Two Years

Stomach Troubles and Weakness of Kidneys Cured by Dr. Chase's Kidney-Liver Pills.

There is an enormous amount of suffering from liver and kidney derangements and stomach troubles that could easily be avoided by using Dr. Chase's Kidney-Liver Pills. If you could only realize the scores of everyday ills that arise from a sluggish condition of the kidneys, liver and bowels you would not be long in giving this medicine a trial. Mrs. Edward Stewart, New Richmond West, Que., writes: "I want to tell you how thankful I am for using your Dr. Chase's Kidney-Liver Pills for stomach troubles and backache caused by weak kidneys. I was unable to wash any clothes for over two years on account of my back being lame. I read the Almanac and began using these pills. Two boxes made a complete cure. I can do my own washing and other work now, and want to say to lady friends that they do not know how much I appreciate Dr. Chase's Kidney-Liver Pills." 25 cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

Don't Neglect Your Watch

It is a delicate piece of machinery and must be cleaned and oiled occasionally. I have every facility for turning out the very best work. All work fully guaranteed and personally attended to by

F. S. MITCHELL
Warrant watch and clock repairs
No. 168 Queen Street.
Phone 397-R.

Buntain, Bell & Co., for best coal, lowest prices. 9-23Mt

SPORTING NEWS

TENNIS

The Tennis Courts on Saturday afternoon on the occasion of the first mixed doubles tournament of the Charlottetown Tennis Club, presented a bright and pretty appearance as the young people flitted from court to court during the progress of the game. The weather was ideal and an afternoon of pleasant sport was much enjoyed by all.

Following are the scores made in the first round—
Miss Stanley and Mr. Barlow beat Miss Hegau and Mr. Fairweather 6-3.
Miss F. Norton and Mr. Hegau beat Miss F. Newberry and Mr. Paton 6-3.
Miss Longworth and Mr. Stewart beat Miss Crookill and Mr. Crookill 6-5.
Miss G. Norton and Mr. Fitzgerald beat Miss Cox and Mr. Blackmore 6-5.
Miss Aitken and Mr. H. Simpson beat Miss J. Longworth and Mr. H. Stanley 6-3.
Miss Bartlett and Mr. C. McDonald beat Miss K. Norton and Mr. G. Bremner 6-2.
Miss G. Taylor and Mr. C. Simpson beat Mrs. Barlow and Mr. Auld 6-3.

SECOND ROUND.

Miss Stanley and Mr. Barlow beat Miss F. Newberry and Mr. Paton 6-0.
Miss M. Longworth and Mr. C. McDonald beat Miss Bartlett and Mr. H. Simpson 6-3.
Miss G. Norton and Mr. C. Simpson beat Miss G. Taylor and Mr. Fitzgerald 6-0.
Miss Aitken and Mr. R. Stewart 6-1.

3RD. ROUND.

Miss Stanley and Mr. C. Simpson beat Miss Aitken and Mr. McDonald 6-1.
Miss M. Longworth and Mr. P. Barlow beat Miss G. Norton and Mr. R. Stewart 6-1.
The game ended Miss Longworth and Mr. Barlow 6-3, Miss Stanley and Mr. Simpson 6-0.

RIFLE SHOOTING.

No doubt on account of the counter-attraction of golf, lawn-tennis, there was not such a large attendance at Saturday afternoon's practice shoot, at Kensington Range, for members of the Civilian Rifle Club, as might have been expected, in view of the fact of the occasion being a spoon competition. Not a dozen members competed. On the whole the weather conditions were fair, a fresh wind blowing from the left and not so unsteadily as to cause much difficulty to the marksmen. At the 200 yards the light was dull, rain seeming to threaten. Afterwards it improved. The spoon for "A" class shots was won by Mr. Judson, who had the good score of 94 points, while in B class Mr. S. Grey carried off the spoon, with the creditable total of 93 pts. Following are details of the scores:—

	200	500	600
J. H. Judson	32	32	30
S. Grey	31	33	29
R. V. Longworth	29	31	29
C. W. Patterson	31	28	29
G. M. Moore	34	27	27
Col. D. Stewart	27	31	28
Major M. A. Allen	30	27	28
G. R. Beer	30	27	27
E. G. Love	30	28	26

A. H. McKinnon, of the Fourth Regiment, was also at practice, and he put on the creditable score of 93 pts., making at the individual ranges, 29, 33 and 31 pts., respectively.

CRICKET

At Victoria Park on Saturday afternoon a scratch game of cricket was played between two club teams of the Phoenix C. C., one being captained by Major Weeks and the other by Prof. Thompson. The latter's side went first to the wickets and made only 20 runs for their total, 15 of which was contributed between the skipper and W. E. Hyndman. The bowling of young Chandler, who has improved considerably within the past fortnight, was a noticeable feature of this innings. Major Weeks' team had no difficulty in topping their opponents' score, Professor Watkins alone making more than the whole of the other side. He batted exceedingly well, and contributed 31 runs to his side's total, which was 42 runs.

TODAY'S FIXTURE.

An interesting fixture has been arranged for this afternoon. The Phoenix C. C. will be opposed by a team representing the Abegweit's Athletic Association; and as two strong sides have been selected, a good game should result. The Phoenix Club will be without the services of two of their most reliable players, Messrs. W. H. Carvell and A. E. Tomlins, the former of whom is unfortunately laid up with a bad ankle, while the latter will not be able to be present through pressure of business. Nevertheless the home club will be fairly well represented. Play will commence promptly at 1.30 p.m. The contesting teams will be as follows:—
Phoenix C.C.—Prof. Watkins (Capt.), F. A. D'Ornellas, Prof. Thompson, G. Fitzgerald, R. Chandler, Ray McDonald, J. Sterns, C. G. Tomlins, W. Tidmarsh, G. Nicholson and E. Hearts.
Abegweit's C. C.—G. F. Hutchison (Capt.), J. J. Gass, O. McEachern, F. McDonald, E. Rice, F. R. Hearts,

DANGER IN ATHLETICS

Wide Difference in Healthy Exercise and Machine Work Says Physician

Athletic recklessness is a growing health menace, says a widely known physician. The enthusiasts for physical education have hitherto failed to emphasize the important distinction between those strenuous performances which tax the body to its utmost (comprehended in the term "athletics") and that exercise of the bodily functions more appropriately included under the designation "physical education."

Europeans have a happy expression for the employment of their bodily activities in the word, "sport," which implies the combination of a healthy spirit of pleasure and satisfaction with which we call exercise. "Athletics" have long been under the dominance of so-called "trainers," frequently men of keen judgment and technical skill, but usually persons without any systematic acquaintance with physiological truths. Their sole concern is to turn out a winning team or a victorious athletic giant.

Universally athletics and the conduct of intercollegiate contests should receive a more serious consideration from those who assume responsibility for these features of college life. This is a most timely moment in which to inaugurate a campaign against athletic recklessness. If college athletics of to-day are a menace to health, they cannot escape the attack of those who are alert for every evidence of human extravagance and waste.

The best intellectual feature of rival contests—the encouragement for each man to put forth the best that is in him and to exercise his own ingenuity in the development and maintenance of an efficient, superior body—is suppressed by the advent of that guardian saint—the trainer. It can be freely admitted that the cultivation of physical intelligence furnishes a valuable asset to man in developing co-ordination and promoting health and happiness.

But when the results of vigorous sports or exhausting struggles are, inevitably, something more than a "pardonable pride in an expanding chest and swelling biceps" should furnish the guiding motive. The obvious abuses of athletics must be thraged out.

RAN BASES IN CORSETS

Clymer Turned Tables Nicely on Practical Jokers

Manager Bill Clymer of the Buffalo International League team has somewhat of a reputation as a "comedian on the coaching lines. Regardless of the fact that he is permitted to do things that others are not he is considerable of a favorite in Toronto, having formerly been a member of the Leaf team.

Shortly after he left the Toronto team some Toronto friends put up a joke on Clymer and through the umpire made a presentation to Bill along about the seventh innings, when the Leafs were leading by two runs. As Bill came to the plate the umpire handed him a large cardboard box, which was carefully wrapped up and looked very promising. Closer inspection disclosed a pair of corsets. Nothing daunted, Clymer calmly put them on, stepping up to the plate and hitting the first pitched ball over the left field fence for a home run, scoring two runners ahead of him and putting Buffalo in the lead.

Doctors to be Pitied

Despite the fact that some of them manage to get enormous fees, it is said that the doctors as a class get poorer and poorer, financially, every year.

What We Speak

The English language contains approximately 600,000 words, six-tenths of Teutonic origin, three-tenths Greek or Latin and one-tenth from other sources.



RUBE FOSTER

Connie Mack calls this ebony skinned pitcher the "Black Mathewson of baseball." He weighs 267 pounds and has the general outline of a barrel but he would be in one of the big leagues but for his color. He plays with the Philadelphia Royal Giants, a fast colored team whenever he gets a chance. Foster winters in Cuba, where he is popular. He is a great gambler, and next to base ball poker is his favorite fruit.

Prof. Barlow, Dr. H. D. Johnson, H. L. Bethune, W. A. Maudet, Major Weeks and C. G. Hughes,

BASEBALL

The opening game of the baseball schedule of the Athletic League of the churches will be played this evening at Victoria Park beginning at 7 p.m. His Worship Mayor Lyons has been invited by the committee to be present and open the series. He expects to be on hand. Five teams have so far entered. The Zion church and the Anglican teams will be the first to contest for the honors. Other teams will be the Methodist, St. James and a Union team. All of the affairs of the League will be managed by a committee of business men, assisted by a playing member from each team. The business men who form the committee are Messrs Geo. Moore, James McMillan, J. A. Webster, Keith Rogers, and T. Edgar McNutt.

Chocolates—take your pick—Neilson's, Moirs', Liggett's, three good kinds, the leaders in their line and each of unsurpassed purity, delightful, flavor and dainty deliciousness. Moirs' in bulk 50c a lb., 1 lb box 35c, 1 lb box 60c; Neilson's 60c and \$1.00 a box; Liggett's \$1.00 a box. The MacKinnon Drug Co., Corner Gt. George and Kent Sts. Mtl.

CENTRAL GUARDIAN

ROUGH OUTSIDE HARBOUR.—It was reported to be very rough outside the harbour yesterday forenoon. In fact several gasoline boats, including a big craft belonging to Messrs Bruce Stewart & Co., which were mostly making for Governors Island, on getting in past the block house and experiencing the state of the rough seas then running, deemed it prudent to postpone their trips to some other occasion and make back for the harbor and safety. In the afternoon it is understood, the weather moderated.

ALWAYS CONSULT THE PHONE DIRECTORY.

Our "Business Directory" is a most valuable and convenient reference work. It is frequently not known to any member of the staff and who have no account in the advertising department, write "Please insert the following and charge." This apparently implying that they think the items will be inserted free. Only a few weeks ago a reader wrote asking that his advertisement of Farm for Sale be in-

Na-Dru-Co Laxatives
accomplish their purpose with maximum efficiency and minimum discomfort. Increasing doses are not needed.
25c. a box at your Druggist's.
National Drug and Chemical Co. of Canada, Limited.

SPECIAL LOCALS

One half cent per word each insertion in this column. Cash must accompany order. Minimum charge twenty-five cents.
Rates for locals in Charlottetown news column, two cents p.c. word, net, each insertion.

*The Guardian has all the HOME and other news and the SWEET satisfaction of being the HOME paper for Prince Edward Island.

*Subscribers and others are asked to remit by Money Order or by Registered Letter. The Guardian is not responsible for remittances forwarded otherwise than as above. METI

*The Guardian welcomes reliable news from persons throughout this Province. All such items should be mailed to "The Guardian News Dept.," Charlottetown, immediately after the events, etc., have transpired. METI.

NOTICE

The Pure bred Clyde Dale Stallion **SIK DONALD** (No 5679)
Until further notice will make the season of 1913 at his owners stable.
THOMAS McLELLAN, Owner, Eldon

news and thus not chargeable. The news of any past present or future business, which is still being conducted, is chargeable, if it is apparent that the object is to make the business more widely known and thus increase it. Verses accompanying death notices are also chargeable. Even items which are actual news and not chargeable but once in either Morning Daily or Evening Daily or both are chargeable for more than one insertion, as they are thus not news.

The above facts are given for the purpose of assisting persons who have items, etc., to mail to this office, so that delay and disappointment will be avoided.

There are 1 1/2 to 3 grains of Caffeine in every cup of Tea or Coffee.

It Hardly Seems Our Business To Apologize For Tea and Coffee

But simply to place the truth before people and let them act as they see fit.

That easily explains the cause of many a tea and coffee drinker's disturbance of heart, stomach, liver and nerves.

It's a good idea when the body begins to show disturbance, to quit tea and coffee and use

INSTANT POSTUM

This pure food-drink, sold by grocers everywhere, is warranted pure and absolutely free from the tea and coffee drug, caffeine. It feeds and nourishes where tea and coffee destroy the tissues.

Instant Postum is made of prime wheat and the juice of sugar-cane, roasted and blended to produce a rich snappy flavour.

A level teaspoonful of Instant Postum in an ordinary cup of hot water dissolves instantly, and makes it right for most persons.

A big cup requires more and some people who like strong things put in a heaping spoonful and temper it with a large supply of cream.

Experiment until you know the amount that pleases your palate and have it served that way in the future.

Postum comes in two forms.
Regular Postum (must be boiled).
Instant Postum doesn't require boiling, but is prepared instantly by striking a level teaspoonful in a cup of hot water.

"There's a Reason" for POSTUM

CANADIAN POSTUM CEREAL CO., LTD., WINDSOR, ONT.

Motor

- Gasoline
- Motor Oil
- Albany Grease
- Cell Connectors
- Dry Cells Columbia
- Electric Wire (primary and secondary)
- Ammeters
- Spark Coils, jump and make break spark
- Connecticut Plug Coils
- Perfex Spark Plugs
- Perfex Vibrators
- Rajah Spark Plugs
- Red Head Spark Plugs
- Water Hoses
- Water Intake Scoops
- Schebler Carburetors
- Stallion Wrenches
- Combination Flyers

Bruce Stewart & Co. Ltd

Supplies

- Bronze Shafting
- Steel Shafting
- Bronze Propellers
- Bronze Lag Screws
- Brass Pipe and Fittings
- Iron Pipe and Fittings
- Gasoline Copper Boat tanks
- Gasoline Storage Tanks
- Gasoline Pumps
- Copper Gasoline Pipe
- Priming Caps
- Packers for Gasoline engines
- Combination Stern Bearing
- Plain Stern Bearings
- Inside Packing Boxes
- Magnetoes, jump and make-break spark
- Screw Drivers
- Trouble Lamps.

Bruce Stewart & Co Ltd.

Have Your Suit Made-To-Order HERE

There is just one way to make sure of getting complete satisfaction in your clothes, and that way is to have them made to your order.

For fifteen years we have been making clothes for the men of P. E. Island, and the fact that our business has kept on increasing, is proof that our customers get satisfaction.

We keep only the best of materials.
We employ expert workmen. We aim to give you High Quality Style and a Perfect Fit at reasonable prices.

You Take No Chances When You Order Clothes Here

We guarantee to give you satisfaction and we do not ask you to wear a suit, made by us, if it is not perfectly satisfactory to YOU.

If you have had trouble getting clothes to suit you, try us for your suit. We can please you.

MacLellan Bros

Charlottetown's Best Tailors