


How the Bank can help the Farmer



THERE are scores of ways in which your Bank can help you—methods that will surprise you by their convenience and safety.

Take the sale of an animal. If it is a cash transaction, you can ask the purchaser to send you a marked cheque or your bank will attach a sight draft to the bill of lading.

If it is a time sale, your banker will handle and collect the note.

Our manager will be only too glad to outline to you the scores of ways in which he can serve.

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Established over 100 years

Total Assets in excess of \$700,000,000

HAMILTON'S THIN ZEPHYR BISCUITS

Light, Crisp and Flaky

FRESH FROM THE OVEN TO YOU



Thin Zephyrs with cheese! Give the family a treat to-night!

Counting Chickens Brother Usmar Caused Boys Death

MONTREAL, Feb. 5.—Charged with manslaughter as result of a fatal bath given at Huberdeau on January 18, Rene Francois de Vless-chowper known to religious life as Brother Usmar, was arraigned before Judge Monet this afternoon and admitted to \$5,000 bail.

The charge followed a unanimous verdict of the jury empaneled to investigate the death of the boy who was scalded to death while being bathed by the Reverend Brother. Evidence of previous cruel treatment was given at the inquest. Throughout the proceedings the accused sat with his face in his hand, kerchief sobbing continuously. He declared that the boy must have scalded himself while he left him alone in the bath for a short time.

Day Helps Kidneys

Back Hurts or Bladder Bothers, Also Take a Little Salts

Nothing so much rich food may hurt the kidneys. Kidney trouble in some cases is a well-known authority, the acids created excite the kidneys. Then they become overworked, get sluggish, clog up and cause all sorts of distress, particularly headache and misery in the back, kidney, rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleepless nights, bladder and urinary irritation. At the moment your back hurts or your head aches, or your eyes are acting right, or if you feel that you are not drinking enough of good water, and also get your food from the pharmacy, take a little of this salt in a glass of water before breakfast for a few days and your kidneys may then act fine. This salt is made from the acid grapes and lemon juice, combined with lithia, and has been used for years to flush clogged kidneys, to stimulate them to activity; to neutralize the acids in the blood so that they no longer irritate, thus often relieving bladder troubles.

Jad Salts can not injure anyone; it is a delightful effervescent water drink which millions of men and women take now and then help keep the kidneys and urinary organs clean, thus often curing nervous kidney disorders. By all means have your physician examine your kidneys at least twice a year.

ABSORBINE

WILL REDUCE Inflamed, Strained, Swollen Tissues, Ligaments or Muscles. Stop the lameness and pain from a Sprain, Side Burn or Bone Bruise. No blister, no hair cream, and horse can be used. \$2.50 a bottle at druggists or delivered. Describe your case and we will send you a bottle. Special instructions and interesting facts. BOOK 2 FREE.

W. Young, Inc., 141 Lyman Bldg., Montreal

Central Guardian

SHOP FROM Holman's Catalogue

TRYON BAPTIST PASTORATE—Sunday 8th services as follows: Westmoreland at 11 a.m., Tryon at 3 p.m. Albany at 7.30 p.m. J. B. Daggett, Pastor

TODAY THE BAYER PHOTO STUDIO have installed an Eastman Auto-Focus projection printer the latest thing in photography and in their show-window are samples of its work which are right up to the minute.

FUNERAL SATURDAY—The funeral of the late Mr. W. W. Stanley will take place Saturday 7th service commencing in the Methodist Church at two o'clock p.m. Interment Sherwood cemetery. Rev. Mr. Ryan will officiate.

TRANSFERRED.—Mr. E. L. Allan of the Bank of Nova Scotia, Pictou, N.S. has been transferred to the Charlottetown Branch where he enters on his duties yesterday. He is stopping at The Russ.

THE MARITIME ELECTRIC CO. LTD., has moved back to the former office in Masonic Temple, 69 Grafton Street, having had repairs completed. Messrs H. and S. Lowe were contractors and the painting was done by Mr. A. L. Howatt. The new arrangement of desks and counters is a decided improvement in convenience to the staff and to the public. 255-256 St. G.

WEDDING BELLS.—The marriage of Miss Margaret Currie, daughter of Mr. and Mrs. John Currie of New London to Mr. Russell Cann, son of Mr. John Cann of Long River, took place at the Marine New London on Wednesday evening the 28th of January. The bride was unattended and wore a navy blue travelling suit and grey hat. The ceremony was performed by the Rev. George Millar in the presence of a few immediate friends.

THE WATER SUPPLY.—The City Water Commissioners' warning to citizens that the practice adopted by many of allowing water faucets to run over night in an effort to prevent freezing of pipes, seems to have had the desired effect and a marked saving in water has been recorded. The crisis is now passing with the present thaw, but the practice's continued in succeeding cold spells, the situation may again become serious.

AN ISLANDER ON BOARD.—The big freighter K. I. Luckenbach, of the Luckenbach Steamship Company, arrived at San Francisco from New York on the 13th instant and left for Seattle and the Sound ports on the 16th, says the Oakland Maple Leaf. Four vessels sail through the Golden Gate without having on board a Nova Scotian or a P. E. Islander as a member of the crew, and the "K. I. L." is no exception. The first mate of this grand steamer is Ralph McKinnon, a native of "The Island" and an energetic well known in shipping circles on both coasts. Also on board is a young man named Charles McKinnon who is said to be a grand-nephew of the late "Red Rod" McKinnon of Goose River, and also a grand-nephew of his mother's side, of Alex. D. MacCormack ("Black Alex."), formerly of Cable Head, and now of Sacramento. When these seafaring men reach the Golden Gate City they are always assured of a friendly welcome from former residents of King's Country.

S. D. U. JUNIOR DEBATE.—On February 4, St. John's Literary and Debating Society held a successful debate on the subject, "Resolved that the British Empire is the Strongest Nation in the World." John McGugan, Emmet O'Hanley, Joseph Mooney, Hazelton Gillis, and Lorne Burgoon for the pro side maintained that the British Empire with her numerous possessions and coaling stations scattered all over the globe, and with her strong navy was in a position to defy any power in the world. They argued that the British Empire has more riches and more great men than any other nation and this is what goes to make a nation powerful. Louis Mallet, Ralph Hogan, Mark Dunphy, Louis Campbell and Patrick Dube for the con side held that the British Empire was too scattered to defend her self in case of sudden attack, that some of her colonies were more or less hostile, that the Empire would not have been strong enough to defend herself in the Great War, and had to call upon the U. S. for funds, and that the natural resources of the British Isles are nearly exhausted. After a decision by the critic, Richard Cassidy passed a few remarks on the debate and with a few words from the Rev. Moderator the meeting adjourned.

GRAHAM'S ROAD SCHOOL

Honor Roll of Graham's Road School for month of January:

Principal's Dept.

Grade X.—1, Hazel Wigmore; 2, Beatrice Campbell; 3, Sterling Williams.

Grade IX.—1, James Williams; 2, Evelyn Brown.

Grade VIII.—1, Robina Whitehead; 2, Melvina MacLean.

Grade VII.—1, Ada MacKinnon; 2, Hilda Murray; 3, Lorne Campbell.

Primary Dept.

Grade V.—1, Jennie MacKinnon; 2, Dorothy Brown; 3, Christine Wigmore.

Grade IV.—1, Elmer MacLeod; 2, Glen Wigmore; 3, Earle Murray.

Grade III.—1, George Wigmore; 2, Christine MacLean; 3, Elizabeth Whitehead.

Grade I.—1, Margaret MacLeod; 2, Elmer Wigmore.

Grade I (a).—1, George MacKinnon; 2, Lloyd Wigmore.

(b).—1, Caroline MacLean; 2, George Whitehead; 3, Albert Folland.

(c).—Edna Wigmore.

(d).—1, Hugh MacKinnon.

Sons of Temperance Quarterly Meeting

Grand Division Sons of Temperance of P. E. Island met in first quarterly session with the members of Refuge Division at Fredericton, P. E. I.

There was a large number of members and delegates present, of those who heard the call to this session, and said here am I, I will go.

There are still a number saying here am I, send some one else. We only hope and pray that the call for temperance workers for 1925 will meet with still greater response from the I will go's, and that before our next session there may be Divisions started in many more communities.

Would that we all had the interest and courage which Bro David Arbing, Sr., P.G.W.P., set forth in his address to the Session. The G. D. held in as guest of honor, although over the four score mark, sets a standard for those who are in their balmy days, and hope that we may one and all take a lesson from such veterans of temperance and seek to hasten the day when those men who are making stuff to defame and debauch and ruin the young manhood of our nation, shall have the scales removed from their eyes, and see the error of their ways in the real light.

The Session was presided over by Rev. R. H. Stavert, G.W.P., and following grand officers also being present: G. W. A. M. McLeod; G. W. Patron, Peter Sinclair; G. Secretary, Ira MacKay; P.G.W.P., Robert Howard; G. Treasurer, Walter Clark, Protom, Grand Chaplain, David Arbing; G. Conductor, John Howard; G. Sentinel, Russell Nicholson.

The morning session was taken up with the usual opening ceremonies and disposing of correspondence. The two p.m. meeting was taken up with the usual work. The following sessional committees were appointed:

Credentials—Archie Ramsay, Russell Nicholson, Ira MacKay, Finance—J. C. Brodie, D. M. McDonald, Geo. Warren.

State of the Order—D. W. MacKay, Walter Clark, John Howard, Rev. R. H. Stavert.

Public Meeting—Russell Nicholson, Lloyd Howard.

Reports were received from each committee and showed the order in good standing.

The initiation of new members was taken up and the following were admitted to the order: Sister Myrtle Cudliffe, Refuge; Sister Lillian Matheson, Union and Brother Lloyd Howard, Shamrock.

The report of the committee on the state of the Order was read as follows, and adopted unanimously as a whole:

G. W. P. and Worthy Representatives: We your committee on the state of the Order beg to report after having taken into consideration the reports of the several Grand Officers feel that while the membership of our Order has not increased to such an extent as we could have wished, yet faithful, energetic work has been done by our various subordinate Divisions. We have no reason to be discouraged, while some of our divisions report slight losses, we are glad to note that Refuge Division with its banner division of the province, also made good substantial gains and report proposition for consolidation.

II. We are glad to note that our finances are in a good healthy condition. This too should help us to keep up our courage and add to our zeal.

III. We are glad to note that the temperance sentiment through the different countries of the world is growing stronger, and the belief that prohibition is the best possible solution of the liquor question is steadily gaining ground. Reports from various countries in Central Europe and Asia confirm this belief. We notice that in the United States the prohibition law is being enforced with a strictness as never before. Should not this be an impetus to Canada to wake up and put her house in order. In Quebec, British Columbia, Alberta, Saskatchewan and Manitoba, where government control is in existence, conditions never were worse.

Reports have been circulated that in the bounds of our own Province and especially within our capital city intoxicating liquors are too easily copured.

We believe we are not wrong in saying that on all sides there is a noticeable slackness in law enforcement against the sale of intoxicating liquors, due we believe to a deadness of public sentiment.

IV. We are glad to note that several districts for organization work and we still feel the urgent need of an organizer to care for this work, not only as a division organizer for the Sons of Temperance, but to work among the younger people and arouse temperance sentiment in general.

V. We are pleased to see the large attendance present today and we would urge all to go back to their subordinate divisions and take up the work with renewed courage.

We are also pleased indeed to have with us today one of our veteran temperance workers, David Arbing, who for many years bore the burden in the heat or day, in times when temperance sentiment was not so strong as today.

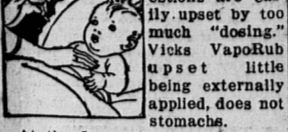
In summing up we would say we are not discouraged for we believe there are better days ahead. If we bear the cross we shall wear the crown.

Submitted in L. P. and F.—Committee: Walter Clark, J. E. Haslam, Peter Sinclair, Rev. R. H. Stavert.

REPORT OF G. W. P. Officers members and representatives: Since our having met together as a Grand Division in annual session we have said farewell to an

Mothers Treat Colds The New 'Direct' Way

No Longer Necessary to "Dose" Children With Internal Medicines to Break Colds



Children's digestions are easily upset by too much "dosing." Vicks VapoRub upset a little being externally applied, does not stomach.

At the first sign of croup, sore throat, or any other cold trouble, apply Vicks freely. There is nothing to swallow—you just "rub it on."

VICKS VAPORUB
Over 17 Million Jars Used Yearly

other year—the year 1924. And today at this time of our first quarterly session we are bearing well down toward the close of the first month of the new year, 1925. As the year passes from one year to another it is customary with most people who do any thinking whatever, to halt, as it were, for a little while and take stock of how everything is going. It is all too true that many—perhaps the vast majority of people do very little that we scarcely realize ourselves. Somehow or another large numbers simply drift along from day to day, from year to year thinking little or nothing of how they are being borne on from time to time eternally, or of what is in store for them when life's little day is forever over.

If there is any one time of the year more than another when people should do serious thinking it is at the beginning of the new year. When a day or even a week goes by it passes so quickly and so peacefully that we scarcely realize that any time has gone by—but when a whole year has rolled around and we begin writing a new set of figures it then comes home to us with more or less of a shock that we have one year less to live, one year less in which to strive to do something that will make life worth while,—yes and whether we like to realize it or not—one year nearer the great white throne where an account of how we have been spending all of these days will have to be given.

Now it is a quite fitting and almost no doubt profitable that not only as individuals but also as organizations we should make the beginning of the new year a time for serious thinking and for stock-taking. As a body of temperance workers it will no doubt be profitable for us to look over the work of temperance activity, note what is taking place and see whether or not we have been performing well our share of its tasks.

On making a survey of the work of temperance activity and in looking over the work of temperance activity, note what is taking place and see whether or not we have been performing well our share of its tasks.

During the month of December a request came in from Mount Stewart and another from West River asking that we look over the work of temperance activity, note what is taking place and see whether or not we have been performing well our share of its tasks.

Many people in England, Scotland and Ireland seem to be more ready than ever before to say farewell to the old customs and to have the sale of intoxicating liquors prohibited in order that life might be made easier for the coming generation.

In some of the central countries of Europe the people are anxious to get rid of the traffic in intoxicants. The same is true of some countries of Asia. In both of these great continents a better day is dawning.

In the United States the government is seeing to it that her officers shall enforce the law against all traffic in intoxicating liquors with a strictness as never before. The party in power has said: "We must have respect for law. We must have observance of law. We must have enforcement of law."

In Canada, though, things are not as they should be. Too many of our electors are apparently willing to sacrifice principle for the sake of gain. Some five of our provinces have stooped to the level of coming under the power of government control—which means practically no control. In order to successfully cope with this cursed evil we need a Dominion-wide prohibition law.

Just at present a call is being sent out for an all Canada conference to be held in Winnipeg March 5th and 6th, 1925, for the purpose of trying to secure such a law. This we feel is undoubtedly a move in the right direction. Splendid as have been and are our various provincial prohibitory laws yet the powers of all of these provincial laws are limited and because of our not having a Dominion wide prohibitory law it was and is impossible for these various provinces to make the condition as ideal as they could wish them to be. With a Dominion wide law which would deal not only with the sale of intoxicating liquors but also with the importation, exportation and manufacture, we could get a control of the traffic which we can

REMEMBER THIS IS OUR LAST WEEK FOR SELLING

AUCTION SALE TO-DAY AT 10 A.M. TO 12.30 2 P.M. TO 5.30

PRIVATE SALE All This Week We Close For Good Saturday

BEER & WEEKS

never do with things as they are now. We should see to it that at all possible that Prince Edward Island is represented at this all Canada conference.

And now regarding the standing of the Sons of Temperance in the several provinces. We find that they are still keeping up the good work in Ontario, Nova Scotia and New Brunswick, the old Order is continually making gains, as being done in our Sunday Schools much more work should be done by way of organizing Band of Hope.

In the securing of the young people in their early years lies the hope of the future. Had we an organizer in the field—as we should have—who would organize not only divisions but also Band of Hope Societies that we might yet usher in a new day for the old Order. What the several Grand Divisions in these Eastern Provinces should do is to try to secure an organizer at the earliest date possible and then appeal to every subordinate division to do all in the power to help in this great work. This would not only strengthen the cause in general but it would give a new incentive to the various divisions to work as they never did before.

May it be that among our other new year's resolutions we as members shall each resolve that as far as it lies in our power we shall be faithful to our grand old Order—so faithful that we shall at all times be ready to help in our subordinate divisions—and then also to reach out to help in a more general way this noble old cause—the cause of all mankind. May this be our earnest resolve and seeing that "We have come to another turn in the road."

That "another year is gone," "Then let us take a strong new grip and a grasp of our load and go on, go on."

For we follow a voice down the long road that travels hither and yon, and that voice calls out through the hastening years go on, go on, go on.

It that a better text book on this subject should be put into the hands of our teachers.

Then besides the teaching that shall at last have been reached, as being done in our Sunday Schools much more work should be done by way of organizing Band of Hope.

The following programme was carried out at the public meeting in a manner very creditable to the performers:

Opening Chorus—By choir. Remarks by Chairman—G. W. P. Instrumental music—Sister Loleta and Brother Lorne Weeks. Welcome—Brother Andrew Stevenson. Solo—Robert E. Howard, (encored). Reply to Welcome—John D. McDonald. Reading—M. J. MacLeod (encored). Address—Peter Sinclair. Instrumental music—Angus Gallant and Miss Irene Weeks (encored). Address—David Arbing. Solo—Ira MacKay (encored). Address—J. C. Brodie. Solo—Loleta Weeks (encored). Address—J. E. Haslam. Solo—F. W. E. Haslam (encored). Address—Rev. O. H. Peters. Instrumental music—Fred Bertram and Loleta Weeks. Address—Rev. R. H. Stavert, G. W. P. Chorus—Choir. National Anthem.

Thus the day closed to meet in April session with the members of Shamrock Division, Kensington.

All showed a keen appreciation and resolved that this day was one of profit and pleasure, and may we not make April Session a still greater success.

"Lucky" with her baking

You know her—the most envied woman in the community. Her bread is always light and fine, her pastry is delicious—she never has a failure.

It is not luck. She uses Quaker Flour. You, too, can be sure of success if you use Quaker Flour.

Quaker Flour

Always the Same—Always the Best

Deal with the dealer who sells Quaker Flour. If you do not know his name, write us and we will direct you.

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