

# Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

## What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



No. 3152—Here's a darling style for little girls who like to imitate the grown-ups. It just pretends a bolero through applied band trim. The circular skirt too, bands its hipline to achieve smart sophistication.

No. 3144—Paris has such an easy way of taking a piece of fabric and turning it into a stunning dress. Isn't this one irresistibly lovely. It has such a charming neckline, so softly pretty and youthfully becoming.

No. 3076—Fashion this model of brown and white printed crepe silk and you'll love it. It has splendid points so kind to the mature figure.

All patterns 15 cents each in stamps or coin (coin preferred).

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred).

### MOUNT STEWART AND VICINITY

Miss Beattie Merrick, Nova Scotia is at present spending some time visiting her sister, Mrs. Ernest Palfrey, Mount Stewart.

Miss Stella Birt, is now spending some time at the home of her mother, Mrs. Wilbur Birt, Pisquid.

Services were held in Mount Stewart United Church on Sunday at eleven A. M. Rev. M. K. Charman, Pastor.

Mr. R. B. Rattery and daughter Roberta, Charlottetown, were visitors to Savage Harbor, recently.

Mr. and Mrs. Ernest Palfrey and little daughter, Rhoda, spent the week end in Savage Harbor, the guests of Mrs. Frank Pigot.

The annual picnic of the Sunday School of Mount Stewart United Church and also of the Women's Missionary Society of place, was held at Savage Harbor, beach on Wednesday, afternoon, and a good time was enjoyed by all.

The people of this vicinity are mostly all, taking advantage of the good weather to get their hay gathered.—X

### POND FENCED FROM PETERS

LYNN, Mass., Aug. 1 (U. P.)—Peters are going to cost this city \$5,000. The money has been appropriated to erect a fence around Birch pond, a city water supply.

## Cheapest Insect Spray You Can Use

# FLY-TOX

Takes Less To Kill—Surest, Quickest Death to Flies, Mosquitoes, Roaches, Bed Bugs, Ants, Moths. Most popular throughout the world. Made in Canada by CANADA REK SPRAY CO. LIMITED, BRIGHTON, ONT.

## Etiquette

By Roberts Lee

Q. If a girl uses her personal card when sending a gift, is it proper for her to strike out the "Miss"?

A. Yes, if the recipient is an intimate friend.

Q. Is it good form to discuss travels at length with persons who haven't had the opportunity to make a similar trip?

A. Not unless they ask specific questions.

Q. Is it absolutely necessary to have the service plate match the dinner service?

A. No.

## For The Cook

### PEANUT BUTTER BISCUITS

Sift together two cups of pastry flour, four level teaspoons of baking powder, and half a teaspoon of salt; cut in three tablespoons of shortening and, using milk, mix to a dough that cleans the bowl. Turn on a board dredged with flour, turn the flour to coat the outside, then knead slightly and roll into a thin rectangular sheet. Spread the dough with peanut butter; roll like a jelly roll and cut in pieces an inch and a quarter long. Bake in a buttered pan about twenty minutes.

## A Morning Smile

One of the crew of a big liner chanced to pick up a first-cabin menu card, and, seeing at the top "Table d'ote," turned to his pal and inquired:

"What does this 'ere mean, Joe?" "Well," said Joe, "it's like this 'ere. Them swells in the saloon have some soup, a bit of fish, a bit of this a bit of that and a bit of summat else, and call it 'table d'ote.' We have 'table d'ote,' only we mixes it all together and calls it stew."

## Cheese Fondue

1 cup scalded milk  
1 cup soft bread-crumbs  
1-4 pound cheese, cut in pieces  
1 tablespoon butter  
1-2 teaspoon salt  
Yolks 3 eggs  
Whites 3 eggs.

Mix first five ingredients, add yolks of eggs well beaten and lemon-colored. Cut and fold in the stiffly-beaten whites of eggs. Pour into a buttered baking-dish and bake twenty minutes in a moderate oven (350 deg. F.)

## Popovers

Two cups flour, 1 teaspoon salt, 1-2 teaspoon soda, 1 teaspoon cream of tartar, sifted together. Beat separately the whites and yolks of two eggs. To 2 cups sweet milk add the yolks, then slowly sift in the flour so as to make a smooth batter. Just before putting into the pans, fold in lightly the beaten whites. Bake in a hot oven 30 minutes. Serve immediately.

## Succotash

One quart of green beans, boiled about two hours, with 2 slices of salt pork and a level teaspoon of sugar. Then add a generous pint of corn cut from the cob and boil one hour more.

### SPRINGFIELD PERSONALS

Miss Catherine MacCarthy of Charlottetown, is visiting friends in Springfield.

Mr. Gus MacDonald of Springfield was a visitor to Charlottetown Thursday.

Miss Dorothy Croken, Summersfield, spent last week very pleasantly visiting Dr. I. E. and Mrs. Croken, Charlottetown.

Miss Winnifred Sinclair Charlottetown, is spending a few days visiting friends and relatives in Summersfield and Graham's Road.

Miss Agnes Curran, Pleasant Grove, is visiting in Emerald, the guest of Mr. and Mrs. John MacEntee.

Miss Florence Lawless, Brookline, Mass spent a few days last week visiting Mr. and Mrs. James Lawless, Norboro.

Mr. Amos Curley, Brookvale is visiting his uncle Rev. Francis MacDonald, Summersfield.

Rev. Alexander and Mrs. Mac-

Considers Dangerous Weapons

## Dorothy Dix

The Power of Suggestion

### Rob a Child of His Faith in Himself and You Have Left Him Without a Weapon With Which to Fight the Battle of Life, for Only Through Our Confidence in Ourselves Can We Achieve

The power of suggestion is one of the greatest forces in the world, yet parents seldom seem to realize the effect it may have upon their children. They seem to think that the way to correct their children's faults is to rub them in deeper, so to speak, and implant in the children's mind the conviction that they have some ineradicable defect. They keep their children's shortcomings ever before them. They play upon their children's weaknesses as upon a harp with a thousand strings. They are lavish in their blame, but stingy of praise, and all of this is done with the general idea that it is good for a child's soul to keep it humble and from being unduly puffed up and thinking too well of itself.

But the real result is to crush the child's self-confidence and make it timid and fearful and distrustful of its own powers to achieve anything and to kill all initiative and ambition. For to a degree that we do not realize we all live up to our blue china. We become what the people about us expect us to be and it is appalling to think how many lives have been blighted, how much talent wasted, how many men and women who might have been great successes have been failures because their parents simply wished failure on them in their infancy.

In reality it would hardly be more cruel to take away a child's life than it is to take away his faith in himself. Rob him of that and you have left him without a weapon to fight the battle of life with, because he must believe in himself and in his own power to achieve things before he can sell himself to others, and while a man may never be able to do all that he thinks he can do, he can certainly do nothing unless he believes he can do it.

To the child his father and mother are the arbiters of the universe. They are incarnate wisdom. They are infallible in their judgments. So, if they tell the child that he is dull and stupid and incapable of doing what some other child does, he accepts it as a fixed fact and doesn't even make an effort to do anything.

This being true, it is a strange thing that parents do not realize that if they keep on telling Johnny he is slow-witted and backward in his studies he will end by believing them and thinking that it is not worth while to make any effort to learn. Or that if they keep remarking on how rough Tommy is and what bad manners he has, he will come to take pride in being tough. Or that if they are forever remarking on how bashful Arthur is, they will make him so self-conscious that it will be an agony for him to meet people.

And stranger still that they don't realize that they could inspire Johnny to study if they complimented him about being thorough in his school work and that they could turn little Tommy into a Chesterfield by remarking on what a little gentleman he is and that they could change Arthur from a hermit into a mixer by telling him the pleasant things people say about him.

And strangest of all is it that mothers of homely daughters do not realize that they increase their daughters' homeliness by continually deploring to them the fact that they are ugly ducklings instead of swans. For a woman's beauty consists largely in her thinking herself beautiful and in her carrying herself 40 per cent above her looks instead of 90 per cent under them.

But once let a girl become convinced that she is hopelessly unattractive and she doesn't bother even to make the most of such puerility as have and has vacuolated her. She says what's the use and pushes up the beauty shop and doesn't worry about whether her clothes are becoming or not and slogs along like a sick turtle.

A famous portrait painter said recently that every woman should go apart every day and say to herself over and over again: "I am beautiful. I am beloved." But before that her mother should say it to her in her cradle, and the more she has a snub nose and carry hair and pale blue eyes the more her mother should assure her that she is Dolores Costello and Billy Dove rolled into one and that no man will ever be able to resist her.

All of which is to say that parents should be believers, not knowers. They should feed the fires of their children's ambitions, not wet-blank them. Their slogan should be: "You can't do it. Don't try it. They should say: "Go to it. I am back of you. I am believing in you. What other people have done you can do. And more."

It is a wicked thing to kill a child's vanity, for through our vanity and our confidence in ourselves we achieve. True, the self-confident youngster who thinks he knows it all and can run the universe is a little hard on the general public, but he is the one who gets there.

DOROTHY DIX.

Kay and little daughter Miss Helen of Chipman N. B., are visiting in Summersfield, the guest of Mrs. MacKay's mother Mrs. Margaret Sinclair.

Dr. Frank Pedley and Mrs. Pedley (nee Miss Mary Haslam) and their two little daughters of Montreal are spending a pleasant vacation visiting friends and relatives on the Island. They are present in Springfield visiting relatives there.

Mrs. John W. Lawless and her three children, of St. John, N. B. are visiting friends and relatives on the Island. At present they are the guests of her parents, Mr. and Mrs. Alexander Deegan, Cape Traverse.—S.

### SUMMER TIME—FLY TIME!

No one is physically afraid of a fly because it can do no actual hurt of itself. It has however, many bad habits which make it a dangerous insect to the human race.

When a fly eats, it steps into the food and not only eats all it wishes but covers legs, body and wings. In this way it may collect a few typhoid germs from a yard-towel or tubercle bacilli from an open cuspidor.

It then next alights on some arti-



Barbour's peanut butter. A most healthful food, and less expensive than dairy butter.

Ask your Grocer

## SILHOUETTE HAS NEW LINE

A woman fashionably clad in autumn, 1931, will, upon looking into her mirror, behold a creature quite different from the one that confronted her a year ago. Her hat, instead of straining back from her face, will dip coquettishly over one eye. Cut away on the left side, it will reveal little curls. Quite possibly an ostrich plume will tickle her cheek. She will have, in general, a wide-shouldered, slim-hipped look; and if her shoulders are not broad and her hips are no longer slim, fashion will help her get that effect, nonetheless. More of decoration will be permissible in her shoes and accessories, says a fashion writer in the New York Times. In color and in line her frock may display a recklessness severely denied during the age of simplicity. In short, if she lacks the saving grace of restraint she will look like something out of a musical comedy.

But if she knows fashions and knows herself she may find autumn shopping more diverting than she has in many a moon. There is something in the about-face turn of fashion is exciting.

This return to Victorian dresses and Second Empire hats raises a whole crop of new problems just about the time when everybody was getting bored with the old ones. It cannot be entirely illogical or it would not have achieved such prominence in relatively so short a time. Like all major fashion changes, it developed after the way had been paved by some vague change in the world's state of mind—a process which has occurred often, but which no one has ever satisfactorily analyzed.

Insofar as this trend affects the business of day-to-day living and getting about, we doubt if there is any great cause for worry. Street clothes, tailored outfits and sports things will not go unduly romantic—and hence impracticable—on us. Sweeping skirts and feather boas will not invade the suburbs. It is in the more leisured and formal hours that fashions will recall earlier days of less hurried and more graceful living—fashions, sufficiently modified, however, to remind us that this is, after, 1931.

In preparing for the early Fall season, designers and retailers this year are making a decided effort to stress quality. One important step was taken in this direction at the recent fashion show of the Garment Retailers of America, where were displayed, in spite of continuing depression, an array of costly fabrics, precious furs and fine laces in costumes designed by leading houses.

Now for a few specific pointers about the Fall clothes already in the market—always remembering that the Paris openings are going on right now and will undoubtedly provide a few surprises. Sports clothes are marked by a much more daring use of color. A typical example is a jumper dress of the brightest possible green worn with a jersey blouse of the brightest possible red. Diagonal and checked monotone tweeds are increasing in importance. Pin stripes appear mostly as accents—in blouses, scarves, collar and cuffs, for example, accent a sports outfit of navy blue. These are a safe bet, as reports from Paris state that many couturiers reserved multi-colored silks and wools for their openings. The new hat more provides the ideal sports type in the little Tabot derbies of felt. The costume just away!

## Paris Styles

By MARY KNIGHT

United Press Staff Correspondent

PARIS, August 1.—(U. P.)—It was about last October that Mlle. Jacket, daughter of F. and Mme. Couturier, made her formal bow to fashionable Parisian society. She was a bit timid at first, but her almost immediate popularity has won her so many friends she has not found time to divide herself equally between them.

It was Worth, I believe, who made her first white silk jacket to be worn with a black skirt—an idea that has been universally launched. The time and the place to see any number of these, conceived in different ways, is at noon at the Ritz Hotel.

A sleeve that has something magic about it is of white georgette, coming from above the elbow and tight at the wrist, embroidered in the center with openwork and rick-rack braid. It is called "Domino," and between the sleeves is a plain white georgette frock! The skirt has three sections, the bottom one of which is full, so that it flares from the knees down. It is worn by Mme. Mouton with a small white hat trimmed with an algrette.

The short summer jacket has several color preferences, although it permits practically every known shade in the rainbow. In the order of their importance to the jacket, however, are bright iridescent green, red, royal blue and apricot yellow. These four colors inspire a host of unusual combinations for frocks and accessories.

## Style Chats

WITH ALMA ARCHER

Honestly, I think folks should simply purr their contentment these days over the sheer privilege of being allowed to exist in the midst of so many amusing new styles, fads and fancies.

Just imagine the swell time you can now have lapsing into the old Swedish custom of painting a couple of daffodils, or a bucket of tulips, on everything in sight in your kitchen.

And I'm not fooling when I tell you that you'll probably not be able to find the eggs for a week when the Frigidaire assume this new horticultural outlook on life, for it's a complete camouflage. They're absolutely knock-outs. (Yellows and blues, you know, if you're going Swedish.)

described is best completed by a navy derby with a red, white and blue feather ornament.

Coats go in for molded busts and cinched-in-waistlines. The interest is mainly above the waistline; some even button above the point. Unusual collar treatments are rampant. (The S. collar, the lei collar and the doughnut collar are three you will be hearing about.) Sleeves too, have gone individual, with the dolman sleeve most conspicuous. While there are many furless coats, the majority are spectacularly furred. Hudson seal is enjoying a comeback that lifts it to the front rank of fashion. Mink, beaver and the foxes blue, silver and red, are all excellent. Persian lamb continues as a well-liked trim. Suits, in both sports and formal versions, will be important.

Lightweight woollens dominate the daytime dress picture, with cation crepe the only silk accorded much prominence. Many of the woollen dresses are sufficiently formalized to wear for afternoon. Satin in black and dark brown will reappear in the afternoon mode.

The evening silhouette shows a tendency to straighten out, the "pencil" silhouette being sometimes achieved by a skirt with vertical pleated gores. The dull and ribbed velvets are the newest fabrics; satin, heavy sheers and some metal fabrics are favored. There is talk of silk mesh and diagonal monotone silks as promising newcomers. Beaded treatments are seen again.

Two types of evening wraps stand out—the very long and the very short. The full-length wrap of ermine still holds its place at the top of the mode.

## Sponge Shortcake

With a Dover beater, whip lightly three egg yolks; add three-fourths cup of sugar and a half cup of boiling water and beat very well. Sift 1 cup of flour with one teaspoon salt. Sift three times. Add the flour to the egg mixture, beat well and last of all, add a teaspoon of flavoring. Bake in layer pans in a slow oven. Use for a shortcake or fresh sliced peaches.

### PLAYED DRUMS 51 YEARS

LINDSAY, Ont., Aug. 1 (U. P.)—for fifty-one consecutive years, Alf Bates has beat the drum in the 45th Regiment and Citizens' bands in the orange parades in Lindsay. Alf claims he is the oldest continuing "pigeon" in Canada. He joined the band in 1879, and pounded his drum in the last Orangemen's parade last July 11.

### SUMMER TREATMENT

Mr. Newlywed—This steak tastes queer. Mrs. Newlywed—I can't understand it dear. I did burn it a little, but I rubbed vaseline on it; right away!

## Devilled Veal

1 pint cold roast veal.  
2 tablespoons butter.  
1 teaspoon chopped parsley.  
1 tablespoon chopped onion.  
2 tablespoons vinegar.  
1 tablespoon Worcestershire.  
Cayenne.

Melt the butter in the chafin dish, and when hot add the parsley, mustard, onion and vinegar. Cook three minutes, stirring well; add the Worcestershire sauce, salt, cayenne and the veal cut into pieces about an inch square. Cook until the meat is heated through. Lamb may be used in place of veal, if desired.

## Mocha Mousse

Use 2 cups cream, whipped, 1-3 cup powdered sugar, 1-2 cup very strong, freshly-made coffee and speck of salt. Blend ingredients and put in mold (or in refrigerator pans). Pack and let stand for 4 or 5 hours in cracked ice and salt, or 3 hours in automatic refrigerator. Serve with whipped cream.

## A word to the outdoor girl



HANDS calloused from golf... lips chapped by the wind... necks and noses sunburned and freckled... here's how to repair this damage.

Lay in a stock of "Vaseline" Petroleum Jelly. At home on the dressing table. At the club in your locker. And apply it freely. For example: If the hands are calloused or rough and chapped, or too dry, or sunburned, or the cuticle is inclined to form hangnails, massage them with a generous amount of "Vaseline" Jelly before retiring, and wear soft gloves to bed.

If lips are chapped, apply "Vaseline" Jelly every time you think of it. It is obtainable everywhere, in tubes and jars.

These are simple, easy things to do. Do try them. Your looks will benefit enormously. "Vaseline" Jelly is a product of the Chesebrough Manufacturing Company, Consolidated, 5521 Chabot Avenue, Montreal, Canada