Woman's Realm / Social and Personal / Fashions / Literature

THE COOK'S CORNER

GINGER CREAMS

Dissolve half an ounce of powdered gelatine in 1 gill of milk. Leave this to cool while you whip 1 gill of cream to a froth. Add milk and gelatine to the cream, with 2 ozs. of preserved ginger, cut into tiny pieces, together with a tablespoon of the ginger syrup. Add just enough sugar to taste, leave to cool, stir now and then. Pour into small wet moulds.

PINEAPPLE SHAPE

Simmer 2 ozs. tapioca in one pint of water until clear. While hot, stir in two tablespoons of golden syrup. Stir 1 oz powdered gelatin in 1-2 pint of pine juice until dissolved. Cut some pieces of pineapple small. Now add this to the clear tapioca. Keep stirring until almost cold. Now add the gelatine and pour the mixture into wet mould. When firm, turn out carefully and decorate with pine chunks round the base.

Tinned apricots can be used in the same way.

PINK CREAM

Boil 2 ozs ground rice in 1 pint of milk. Add 1 oz margarine; 2 tablespoons of golden syrup added as soon as the ground rice is cooked; a few drops of vanilla essence. Stir for quite twenty minutes after the rice begins to cook, until it is like a smooth custard. Colour a very delicate pink with cochineal. Pour into a glass dish and let the rice settle smoothly. Then place small dabs of either strawberry or raspberry jam at intervals and sprinkle green desiccated coconut between each dab, leaving the centre plain.

LOOK OUT FOR YOUR LIVER

It may be the cause of your troubles. Buck it up the *right* way, with Fruit-a-tives. Feel grand.

Your liver is the largest organ in your body and most important to your health. It pours out bile to digest food, gets rid of waste, stores energy, allows the proper nourishment to reach your blood. When your liver gets out of order food decomposes in your intestines. You become constipated, stomach and kidneys can't work properly. You feel "rotten"—headachy, backachy, dizzy, dragged out all the time.

Relieve yourself of these miseries, as thousands have—with Fruit-a-tives, for 35 years Canada's largest selling liver remedy. Fruit-a-tives stimulate your liver, bring prompt relief — make you feel like a new person. Get Fruit-a-tives at your druggist's today, 25c, 50c.

FRUIT-A-TIVES Liver Tablets

A Morning Smile

Parson (to able-bodied dusky bride): "Do you take dis here man to be your lawful, wedded husband, fo' better or wuss?"

Negro woman: "Ah'll jes' take him as he is, parson. Effen he gets any better, Ah knows de good Lawd gwine to take him, an' effen he gets any wuss, Ah'll tend to him *myself.*"

Alfalfa Ike—What happened to that tenderfoot who was out here last week?

Badger Pete—Oh, he was brushin' his teeth with some of that new fangled tooth paste and one of the boys thought he had hydrophoby and shot him.

FORT AUGUSTUS SCHOOL

Honor roll for April:

Grade X: 1. Lois Weatherbie; 2. Mary Kelly; 3. *Norma* Weatherbie.

Grade IX: 1. Frances Weatherbie; 2. Frances Hegarty.

Grade VII: 1. Ivan Dalton; 2. Cecil Kelly; 3. Harold Weatherbie.

Grade VI: 1. Joan Weatherbie; 2. James Hegarty; 3. Joseph McNally.

Grade V: 1. Angelina Coyle; 2. Leo Kelly; 3. Elizabeth McNally.

Grade IV: 1 Bernadette Hegarty; 2. Albert Duffy; 3. Chester Dalton.

Grade III: 1. Emmett Dalton; 2. George Hegarty.

Grade II: 1. Gertrude Duffy and Grace McNally (equal); 2. Daniel Kelly; 3. Charles Weatherbie.

Grade I: 1. Rita Dalton; 2. Helen Coyle; 3. Joseph Callahan.

Grade I (Jr.): 1. Melvin Dalton.

Perfect attendance: Lois Weatherbie, Mary Kelly, Joan Wetherbie, Aungelina Coyle, Elizabeth McNally, Wm. Leo Weatherbie, Chester Dalton, Bernadette Hegarty, Charles Weatherbie, Gertrude Duffy, Grace McNally, Helen Coyle, George Hegarty.

Percentage of attendance 87.

Leola Weatherbie, Teacher.

N. S.-N. B. BRIDGE

FREDERICTON, May 10 —(CP)—New Brunswick will join with Nova Scotia and the Dominion Government in construction of an inter-Provincial bridge over the Missiguash River between this Province and Nova Scotia, Works Minister Anderson said in the Legislature tonight. Each of the three the $75,000 cost.

Dorothy Dix's Letter Box

DOROTHY DIX SAYS—

CHEERFULNESS IS THE BEST QUALITY WOMAN CAN POSSESS

A Laugh and a Sense of Humor Will Carry You Farther Than Beauty, Brains or Glamour

If the Creator had seen fit to make Eve out of Adam's funnybone instead of his wishbone, he would have bestowed an inestimable blessing upon mankind. For what the world needs more than anything else is cheerful women and, alas and alack, they are almost as scarce as hens' teeth. Cheerfulness is a rare feminine virtue. It is not even one that women admire or desire to possess. They look askance at a woman who is gay and jolly and full of fun, and suspect her of being no better than she should be, or else she would be taking life more seriously. Their ideal is a woman who wears an air of gentle melancholy, who suffers from a secret sorrow and who is a real first-class worrier, who lives in dread of her faithful old Darby eloping with his blond secretary; who thinks the children have pneumonia every time they catch a cold and who never gets over any kind of a scrow. Whether grooming is a natural talent with women, or whether poets, artists and novelists fastened a melancholia complex on them by glorifying tears and painting Mona Lisas with sad, wistful smiles, nobody knows.

It just remains true that no role is so popular with them as that of the martyr and there is nothing they so much enjoy as a real good cry.

And the queer part of this obsession that they have for woe is that it has blinded them to the fact that a woman's real best bet is cheerfulness.

A laugh that is hung on a hair-trigger will carry a woman farther than beauty or brains or glamor or what have you. Any girl, no matter how homely, who is lively, good company and can keep men amused and entertained can snap her fingers in Miss America's face.

Nor need any wife who can make a joke instead of a tragedy out of a husband's little faults and foibles even worry about some siren taking him from her. She has the real conjure in her sense of humor.

The real vamps of history, like the real vamps of everyday life today, have not been great beauties, but women with a sense of humor who could turn dull, commonplace happenings into amusing stories.

There was Nell Gwyn, for instance, who sold oranges around the theatres and who captured Charles II by her gamin wit. Du Barry charmed Louis with her side-splitting imitations of court dignitaries. Lord Nelson loved Lady Hamilton, who began life as a nursemaid, because she entertained him.

Even in our day we have seen a man throw away the crown of England for a plain-looking, middle-aged woman whose reported fascination for him was her gift for wise-cracking.

Life is hard, you see, for men whether they are of high or lowly station, and when tired and worried nerveracked after their labors they turn to women for companionship.

Men want some one who is bright and cheerful and good-natured; some one who will lift them out of the gloom into which they have fallen and make them forget their troubles; some one who has a new tale to tell; who has a funny joke to repeat or just a budget of entertaining gossip that she has picked up during the day.

The "tired business man" is no myth. He is every woman's husband, and whether she loves him or keeps him depends more upon her abilities as an entertainer than it does upon her domestic virtues.

Above all things we need laughter in the home now when so often there doesn't seem much to laugh about in the world. That makes it all the more imperative that there should be a cheerful woman at the head of the house who will see the silver lining be in the cloud, and who can jest even with misfortune. A cheerful woman is like sunshine in a home. She gives it the warmth that keeps her husband alive and in which her children flourish.

All of us know women who are not young and good-looking nor clever and who are not even good housekeepers, but whom their husbands and children adore just because they are so funny and jolly and pep everybody up.

Their families come home eagerly at night because they know they are going to be strengthened and heartened and given fresh courage by Mom's gay philosophy that will teach them to make the best of things, and to laugh at their troubles instead of weeping over them.

Lucky those whose wives and mothers are cheerful women instead of whiners and complainers and weepers.

DOROTHY DIX.

GERANIUMS
18 for 15¢

Everyone interested in houseplants should plant a packet or two of our Geranium Seed. We offer a gorgeous collection containing Dazzling Scarlet, Flame Red, Frick Red, Crimson, Maroon, Vermillion, Scarlet, Salmon, Cerise, Orange-Red, Salmon-Pink, Bright Pink, Peach, Blush Rose, White, Blotched, Variegated, Margined. Easy to grow from seed and bloom 90 days after planting. Pkt. 15c, 2 for 25c, postpaid. Plant now. SPECIAL OFFER: 1 pkt. as above and 5 pkts. of other Choice Houseplant Seeds, all different and easily grown in house. Value $1.25, all for 60c, postpaid. Order direct from this advertisement.

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DOMINION SEED HOUSE, GEORGETOWN, ONT.

Save YOUR WOOLLENS AND FURS from MOTHS

Spray FLY-TOX

NEW LOW PRICES! 25¢-45¢-75¢

Commodore Norah

By ANGUS MacVICAR

There were a few murmurs of agreement from the older men, but almost at once Red-head returned to the attack.

"It's no' the girl we want to harm—it's that Menteith; him that *encouraged her to defy us.*"

Miss McGregor hastened on.

"Leave Menteith out of it. What I want to do at the present moment is to act as a kind of *intermediary between you,* Miss Grant, and you, her men. Surely, if we keep our heads, we can come to some sort of agreement here and now."

Her breath coming more quickly, Norah turned to the old lady.

"Miss McGregor — you have no right——"

David's aunt drew herself up to her full height.

"Do you wish me to leave you here—you and your little brother —*exposed to the violence of these men?* Do you realize what you are up against. You're not in a big city, where you could demand adequate police protection. Can't you understand, girl?"

Norah bit her lip. She remained silent.

"Now, then," continued Miss McGregor, without the slightest sign of strain, I want to hear the terms on which you men will be agreeable to call off the strike. Afterwards I shall listen to what Miss Grant has to say."

It was clear that she had gained a mastery over the men. In Invercon she was well known and respected, and somehow it did not occur even to the quick-tempered youngsters to question her authority in the dispute. All they could think of was that she disliked the Grants, and that, therefore, any ruling she gave would not be likely to favour Norah. Furthermore, rain carried on the bitter wind from the east, was beginning to fall, and it tended, both physically and morally, to damp the enthusiasm of the strikers.

She had introduced, too, an aspect of reasonableness into an affair which was becoming fantastic in its *implications,* and her words appealed both to the men and to Norah Grant, all of whom had come to the stage when they were willing to climb down so long as *they did not* appear to surrender altogether.

Red-head stepped forward. Sensibly enough, he described for Miss McGregor's benefit the demands of *the fishermen.* Then Norah put forward her personal point of view.

After fifteen minutes of discussion, David's aunt had found a solution for the problem. Norah agreed in principle to the wishes of her employees, and promised to work out new fishing time-tables by the end of the week. In the meantime the men agreed to call off the strike at once and to go out as usual to the fishing that night.

Soberly and quietly, much to the relief of the two policemen who had been hovering on the outskirts of the crowd, they left the vicinity of Norah's house and returned to their homes to snatch a bite of food and collect their fishing gear.

Norah and Miss McGregor faced each other on the lawn. The girl felt awkward and shy. The old lady's steady scrutiny was disconcerting.

"I—I must thank you, Miss McGregor," she said stiffly at last. "You came at a critical moment."

Archie rushed out from the front door. He grinned up at David's aunt.

"*Great stuff*"! he cried. "Just like a film! I don't think I could ever be as brave as you were."

"Oh, yes, you could, Archie," she replied with a rare smile. "It's a *question of experience,*" she added, glancing at Norah. "Experience and the knowledge that fisher folk if they wish to succeed, must be prepared to sink all personal differences."

Norah flushed, but did not utter the quick retort that leaped to her mind. Instead, she spoke quietly and in a friendly way.

"Won't you come in and have a cup of tea? I'm sure you must be tired. And it's got so cold, too."

For a long moment Miss McGregor struggled with herself. Not for many years had she accepted hospitality from a Grant. Her pride battled fiercely with the reasonable point of view which she herself had just expressed. But in the end reason triumphed. She was striving for David's happiness and success in business. To further that end she was prepared to sacrifice her own feelings and ignore the prejudice of a lifetime.

"Come on in, Miss McGregor," Archie added his eager invitation to that of his sister. "You'll be all alone tonight, seeing Mr. McGregor is away at the fishing."

She smiled graciously.

"Thank you," she said, her head high. "I should be delighted to accept a cup of tea."

Norah took her into the drawing-room, where a cosy fire was burning.

"Archie," she said, "will you entertain Miss McGregor until I have a word with Mr. Menteith?"

"Sure," returned the boy. He turned to the old lady. "I forgot all about him," he admitted. Then, as Norah went out, closing the door behind her, he added confidentially: "She's given him the boot. Did you know?"

Miss McGregor sat up straight, her eyes widening.

"Given him the — er — boot?" she repeated.

"Yes. Told him to scram. Returned his ring."

"I see," said Miss McGregor. She smiled very happily.

"ROCKETS, I THINK"

In the dining-room Norah found Hector sitting by the fire, white and nervous.

"The strikers have gone," she told him. "I think it would be better if you went away as well. You're in no danger now, but you'd be wise to leave Invercon as soon as possible."

He got up.

"What d'you mean?"

"David McGregor hasn't yet told the police about your attempt to destroy the Silver Spray. "For the sake of old times I'll try to persuade him not to prosecute. Naturally, however, I can't guarantee his continued silence."

He put out his hands.

"Norah—is there no hope for me?" She stepped back.

"I'm surprised at your attitude," she said quietly, "after—after what happened on Saturday night."

His mouth twisted. He was about to say something, but apparently thought better of it. He tried to meet Norah's steady gaze. Then all his spirit seemed to desert him. His shoulders drooped. He went slowly from the room.

"Gooy-bye," said Norah; but he did not answer. After that day he wasn't seen again in Invercon.

• • • • • •

Norah saw Miss Mathieson in the kitchen and ordered tea to be brought to the drawing-room. The housekeeper was flustered after the visit of the strikers.

"I wonder you're so calm, Miss Norah,' she said. "And having to entertain Miss McGregor now into the bargain."

"S'e es not so very terrible, Mary."

"I know—but it's *fifty years* if a day, since last a Grant entertained a McGregor to tea."

"Nothing like trying something new," returned Norah lightly, as she left the kitchen; but in her heart she was as disturbed as Miss McGregor, if for a somewhat different reason. What troubled her was the fear that Miss McGregor—David's aunt—might not approve of her; a strange fear for so proud and independent a person as Norah. She might think her shallow, vindictive, unreasonable. She might communicate her ideas to her nephew.

(To be Continued)

Helpful Hints For The Women Folk

SPRING

The tree beneath my window
Is blossoming again;
I heard a robin singing
Through shower of April rain;
The woods are white with blossoms,
The violet peeps anew;
And every tender leaflet is
Bathed with morning dew.

One advantage of a windbreak is to conserve moisture for the field it protects—so agriculturists explain, adding that soil, like Monday's wash, dried faster in a breeze.

PLAN SPRING CLEANING

The modern housewife plays down the old-fashioned bugaboo of spring housecleaning. She *systematizes her daily housework* so that her home is always attractively clean, yet she manages some leisure hours for herself each day.

Cleaning which is not classified under daily tasks, such as washing curtains, walls, rejuvenating furniture and rugs, is divided into easy units and spread over convenient time, not lumped in one crowded, hectic week. Then spring cleaning is really only a matter of putting away winter draperies, heavy rugs and unnecessary accessories and getting out fresh summer curtains, washable slipcovers and cool light floor coverings.

PLUMP GALS PREFERRED

HOLLYWOOD. Speaking of curves on actresses and women in general, a recent survey of male opinion has resulted in the discovery that the average man, whether he be actor, or salesman, likes them plump.

"So please pass the fudge."

A poll of business and professional men in Philadelphia recently indicated that the men preferred Hollywood actresses above the 110-pound mark. They and other men outside the Hollywood area agreed that many film actresses are too thin to be truly beautiful.

"Please, just one more slice of apple pie."

Representatives of foreign newspapers in Hollywood are constantly telling the studios that in their lands Hollywood actresses are considered too thin. The foreign newspapermen say that only in *movie colony* is emaciation considered attractive. South American audiences are especially critical of thin women. They like them well padded.

And Hollywood is beginning to *listen to their arguments.* Actresses who have been half-starved for years now eat heartily of foods they formerly shunned. Comic is beginning to replace calories as a subject of Hollywood conversation.

"Make mine a double order of French fried potatoes, please."

PEAS SUPREME

1 quart shelled peas, 1 large head lettuce, 12 young onions, 1 small bunch parsley, 3 tablespoons butter, salt to taste.

Method: Combine peas, coarsely shredded lettuce, cut onions, and parsley tied in a bunch. Place together tied in a bunch. Place together in top of double boiler. Add butter and salt and *steam* until tender. Allow about 2 hours unless peas are very tender.

BUTTONS ARE PROBLEM TO HURRIED DRESSER

In these days of hustle and bustle it is rather distressing to find that some of the newest frocks have intricate fastenings and that buttons are used as decorations instead of the popular and useful zip-fasteners. Buttons are *not only ornamental* but slowly unfasten from throat to knee. Long evening jackets unhook throughout their length and it is quite a leisurely business performing one's toilet.

KEEP REGULAR and KEEP WELL

Improved Vegetable Laxative relieves Constipation

To feel bright, healthy, active, you must be rid of the decaying wastes that clog your system and sap your energy. Dr. Morse's Indian Root Pills — the improved Vegetable Laxative — will work on your liver to get the Bile juice flowing freely, helping your digestion, aiding to gently remove the wastes, giving you that bright, cheery "up and going" feeling that comes with healthful regularity. With Dr. Morse's Indian Root Pills to help your liver you'll feel better all day — every day. Ask for this reliable family remedy by name — at your druggist's.

56 PILLS 25¢

DR. MORSE'S IMPROVED INDIAN ROOT PILLS

The Modern Vegetable Laxative

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

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Look in the section your birthday comes in, and find what your outlook is, according to the stars

For Monday, May 13th

MARCH 21 to APRIL 20 (Aries) —Aim at succeeding through cheerfulness and unselfishness. Some beneficent aspects during A. M., especially for matters pertaining to shipping, fishing, liquids, chemicals, drugs, and oil. Care advised in shopping, trading, making contracts.

APRIL 21 to MAY 20 (Taurus) —It will take fresh initiative and unction to get places today. With patience and your clever workmanship you can make headway, although immediate returns may not be forthcoming.

MAY 21 to JUNE 21 (Gemini)— —You must be aware of what is especially required of you, then proceed carefully to plan the best way to do it. Organize yourself and your resources so that they will function 100 per cent in the right direction. Face all problems calmly, fearlessly.

JUNE 22 to JULY 23 (Cancer)— If your mind is occupied with facts and a knowledge of your duties and capability, you'll tackle today, and every day, under fine control and without foreboding. Emotional upsets put you back and spoil confidence in the really fine YOU.

JULY 24 to AUGUST 22 (Leo) —Today is particularly generous to you in favoring activities and interests to which you Leoites are especially adapted. Be busy, confident and determined, but not overzealous or hasty.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Considerable patience and care will be necessary in all work that requires ingenuity and sustained effort. Don't strain or worry. You'll succeed best by taking things calmly.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Assuming added liabilities or launching new projects are not so favored as are familiar matters and finishing incompleted work. However, day is excellent for research, plans and making preparation for projects to be put into execution later.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — You born after November 9: Be especially economical in money matters. Tendency is toward unnecessary extravagance. All Scorpio folks: Keep the atmosphere of your mind clear and unruffled in order to think and act with precision and clarity.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Matters pertaining to real estate, mining, handling produce, making estimates and contracts require caution and keen judgment. Steady progress can be accomplished with care.

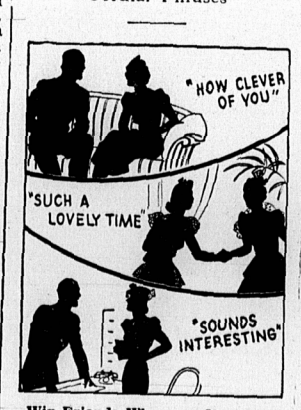
DECEMBER 23 to JANUARY 21 (Capricorn) — Important issues should be met with poise and be given reasonable reflection and consideration. Snap judgment and hastily made arrangements not likely to prove advantageous.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Generally favorable. Work on that which is worth while. Make every minute count to your advantage. Have confidence that you will do well. Mechanical matters favored.

FEBRUARY 21 to MARCH 20 (Pisces) — Not particularly propitious for quick monetary returns but an enterprising Piscean can always turn a day like today to good account by being determined and enthusiastic in effort. Private affairs, social interests first favored.

A CHILD BORN ON THIS DAY will be a strong, forceful character, intelligently generous and sympathetic nature. Not given to quick anger but when driven or goaded to it, will be a cyclone of rage. Preceptive to higher education, a character capable of great good. Should succeed in any worthy undertaking. Opportunities through the opposite sex and travel.

Do Words Desert You? Know Cordial Phrases



Win Friends Wherever You Are

On dates, parties, looking for a job, do you trust to luck to say the *right* thing—and then at the crucial moment find that words desert you?

Lay in a store of apt, gracious phrases and you'll never lack poise on any occasion.

Give that special man a glowing welcome when he calls. Say, "I'm so glad to see you!" or "My, you're looking splendid!" And keep him talking happily with your alert, appreciative comments, "How clever of you!" "Do you really think so?"

After a party, an enthusiastic "I had such a lovely time!" is likely to win another invitation from your hostess.

Over the telephone—no floundering "Well . . . uh—" Be ready with a polite, efficient "He isn't here just now. Would you care to leave a message?"

And how much easier to cinch that job if the right words come readily to your tongue: "The work sounds interesting. I'd like to do it."

You'll find a whole stock of such pleasing phrases in our 32-page booklet. Tells what to say on many business and social occasions; has lively word combinations, expressions to give your talk interest, color.

Send 20c in coins for your copy of Effective Phrases For All Occasions to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

'Peacock'-Symbol of Beauty by Mayfair

MAYFAIR DESIGN NO. 227

Vivid hues of the handsome peacock are transferred to linen by simple embroidery stitches. Used on a table or buffet runner this design will add color to any room. Equally attractive as a wall decoration, living-room pillow or under the glass top of a tray.

The pattern includes instructions for embroidering and finishing, details of stitches, coloor chart and stitch chart.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian
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Design No. 227

NAME

STREET

PROVINCE

JUST RIGHT FOR THEM!

- Healthy, playful children use up plenty of energy; outdoor workers do, too. They all need lots of BEMA *Extra Fancy Table Molasses* because it's such a nourishing, energizing food.

Use it as a spread for bread . . . on pancakes . . . for cakes, muffins, cookies, etc. It's good all ways.

Sold in bulk AT YOUR GROCER'S

BEMA BRAND BARBADOS MOLASSES

"THE ORIGINAL PRODUCT—*NOT A BLEND*"

ROYAL ROAD TO HEALTH

To say that cleanliness means health may not invariably be true but it is, generally, a statement of fact. With improved standards of communal sanitation and personal hygiene many of the plagues which once ravaged the people have disappeared.

The expectancy of life has been extended perhaps fifteen to twenty years as compared with the Middle Ages. Physique has vastly improved. Most of the armor made to fit average sized men in mediaeval times is now far too small for the average person of today. Better food, better standards of hygiene and better physical education have all played their part in this improvement in the body physical.

It is quite erroneous to think that these hygienic standards are entirely matters of communal engineering, of disinfectants or of obscure scientific specifics. The essential factor in this connection has been an improved standard of civic, domestic and personal cleanliness.

Cleanliness in its widest sense means the use of sunshine to flood rooms with nature's cheapest and best disinfectant, the employment of ample currents of fresh, clean air.

Not merely is housemaid's work desirable on aesthetic grounds but it is the most important safeguard against unhygienic conditions conducive to the spread of infectious disease.

Thus it is largely because of the people themselves, house-proud folk, who have cleansed their houses and who have thereby done more for the good health of the community than most people realise.

A clean house, clean linen, clean underclothing, clean everything in fact, provide a condition wherein the greatest enemies of man in the bacterial world and also their insect carriers find it hard to flourish.

Soap and water has done more than all the most powerful disinfectants put together to stem and to throw back the tides of epidemics, which decimated countries in earlier days. It was not so much the result of the work of the skilled sanitarian but rather the devotion of the conscientious housewife to the regular use of soap and water.

STORAGE OF CANNED FOODS

Home canned fruits, vegetables and preserves keep best in a cool, dry storeroom. Those put in glass containers should be kept in a dark place to prevent loss of color. Hot, steamy temperatures induce growth of mold on preserves that are not sealed airtight. Inspect the cans occasionally. Often if spoilage is detected immediately, the contents can be salvaged.

Spring Fashions

Here's a lift for your spirits and your wardrobe. A fresh, young two-piece frock has a definite place in your Spring and Summer collection. If it is *something* more on the dressy side you need, trim this frock with bows and ruffles. Then use the same pattern to make a more tailored version for every day wear. Dotted cotton is pretty and practical, and friend cotton is more fashionable than ever this season. Printed or Plain spun rayon also makes a charming dress that will take you everywhere you want to go in style.

Style No. 3289 is designed for sizes 12, 14, 16, 18 and 20 years. Size 16 requires 3 3-4 yards of 39-inch material for short sleeved dress, with 2 1-2 yards of ruffling and 1-4 yard of contrasting.

Send Fifteen (15c) coin is preferred, for pattern. Write plainly your Name, Address and style number Be sure to state the size you wish.

Style No. 3289 Size ... ...)..

Name

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HEMORRHOIDS

2 Special Remedies by the Makers of Mecca Ointment

Mecca Pile Remedy No. 1 is for Protruding Bleeding Piles, and is sold in Tube, with pipe, for internal application. Price 75c. Mecca Pile Remedy No. 2 is for External Itching Piles. Sold in Jar, and is for external use only. Price 50c. Order by number from your Druggist.