Woman's Realm / Social and Personal / Fashions / Literature

Dorothy Dix Says—

YOUNG MEN AND GIRLS TOLD TO AVOID LONG ENGAGEMENT

It Is Regarded As One Of The Most Dangerous Experiences

In these war times, when so many of the boys who are going to the ront are asking girls to wait for them, the question of the long engage- ent becomes paramount to both men and women. Much, of course, is be said on both sides of the subject.

There is the sentimental angle that makes the girl feel she will be ound closer to the boy and more sure of him if she is fettered to him by n engagement ring; even if the engagement never ends in marriage she ill have had her little bit of romance to remember as long as she lives. nd for the boy it answers the eternal masculine demand for some woman ho belongs to him, who will be watching and waiting and praying for his return, and who will make all the hardships and dangers he has to undergo worthwhile because he will feel that he is fighting for HER.

And there is the realistic angle that makes them both know that at their time of life they are in a state of flux, when their emotions and their tastes are unstable, and that they are making vows they may not be able to keep. They know that the war will change them both and that when they meet again they may not even want each other. So the more prudent of them wonder just how wise it is to gamble on a future that is so uncertain.

Now, being a sentimentalist myself, I hate to disturb love's young dreams by warning the youths and maidens who are thinking of entering into a long engagement that it is one of the most dangerous and generally disastrous experiences which a human being can undertake. It calls for a patience a erseverance, a lack of imagination, a staidness and a general adhesiveness that few of us possess. Love loses its freshness if kept too long aiting. The wedding food should be eaten while it is still hot.. Otherise it is as flat and tasteless as any other meal that has been too long oking.

A long engagement is a hazardous venture, whether a couple are sepated or whether they live on the same street. If they are parted, it is lmost inevitable that they should grow away from each other and lose terest in each other, and that when they come together again they are isappointed and disillusioned. They have had different experiences, een in a different environment, known different people, and they meet s strangers who have nothing to say to each other and who bore each ther because they no longer have anything in common. They are not ven fair in their judgment of each other because each has built up, in eparation, an ideal Prince Charming or Glamour Girl who really never xisted.

On the other hand, if the engaged couple see each other continually, eek after week and year after year, they wear off the bloom of romance ecause romance is an airy-fairy thing made of dreams that will not enure being hacked about.

Also an engaged couple stand to each other in an anomalous position hat gets on the nerves of both. They are neither bond nor fee. They annot even define to themselves what are their duties and obligations to ach other, and so they face a condition that is peculiarly full of jealousis and misunderstandings and bickerings.

Furthermore, we naturally get tired of waiting for a thing too long, o matter how much we want it at first; so love and romance peter out. nd when the long-engaged couple finally do get married, it is only too ften just because they have become a habit to each other and because verybody expected it of them, rather than because they desire it themselves.

Many a man stumbles to the altar on cold feet because when he left ome to seek his fortune he asked some girl to wait for him and after, s the phrase goes, "she had given him the best years of her life" keepng her promise to him, he felt in honor bound to marry her, and knew hat all their friends and acquaintances would consider him a heel if he idn't. And many a woman marries a man she has been engaged to so ng that she has lost her taste for him just because he is her only salvaon from being an old maid, and the things in her hope chest are getng yellow with age. But there is no happiness in such marriages.

So I would say to all youngsters who are debating the long engagement roblem: Don't. Wait until you are ready to marry. Then choose our mate.

R.C.A.F. Chaplain Married In Toronto

JESSIE WALLS BRIDE OF FLT. LIEUT. THE REV. T. H. B. SOMERS

(Toronto Star, Aug. 22.)

In Hart House Chapel this afternoon Jessie Dolores Walls, Reg. N., daughter of Mr. and Mrs. Edward V. Walls, of Stouffville, was married to Flight Lieut. the Rev. T. H. Bussell Somers, M. A., S. T. M., R. C. A. F., son of Mr. T. H. Somers and the late Mrs. Somers. The marriage was solemnized by the Rev. C. Ritchie Bell, B. A., B. D., of Montreal, and immediately following the ceremony Holy Communion was celebrated by the Rev. K. MacLean Glazer, M. A., B. D., of Yale University, who administered the sacrament to the bridal party.

The bride, given in marriage by her father, wore a jacket dress of soft blue wool crepe with navy hat and accessories, and her flowers were Briar pink roses and bouvardia. She was attended by the groom's sister, Mrs. Frank R. Ashworth, of Halifax, in a turquoise blue wool ensemble with black hat and accessories, and corsage of Joanna Hill roses. Mr. Frank R. Ashworth was best man.

The couple will live at The Kirk House, Charlottetown, P.E.I., where the groom is minister of the historic Kirk of St. James, and chaplain in the R. C. A. F. He is a graduate of the University of Toronto, Knox College, and Union Theological Seminary, New York. The bride is a graduate of the Western Hospital.

Following their marriage the couple left on the Saguenay cruise and they will motor through Quebec to the Maritimes.

THE COOK'S CORNER

FRUIT PATTY CAKES

1 cup shortening of any type, clarified chicken or turkey fat is excellent. Put it on to melt slowly, then pour cold water into it after straining. Slice a raw potato into this, let boil a few minutes. Set aside to cool and the shortening is ready for cake or pastry. This of course does not mean suet, only the softer types of fat. To the shortening add 1 1-2 cups brown sugar, 3 eggs, 4 cups flour, 3 teaspoons baking powder, 3 tablespoons molasses, cloves, nutmeg, cinnamon and allspice, lemon extract or vanilla to taste, 1-2 cup milk. Bake in small muffin tins and frost with chocolate or boiled frosting. Use one-half recipe if less is required.

VEGETABLE SUPPER SALAD

1 package lemon-flavored gelatin, 2 cups boling water, 2 tablespoons vinegar, 1 teaspoon salt, 1 cup chopped celery, 1 cup shredded cabbage, 1-2 cup grated carrots, 1 green pepper, chopped. Dissolve prepared gelatin in boiling water. Add vinegar and salt. Place in refrigerator cabinet until mixture begins to thicken, then fold in celery, cabbage, carrot, and green pepper. Turn into mold and return to cabinet until ready to serve. Unmold on crisp lettuce.

Crude Vocabulary No Social Asset

Old Acquaintances Are Snobs?

Frozen by a couple who were once his friends, she'll weep on her pillow tonight—"Snobs!"

She'll never realize it was her vocabulary that repelled them, for she imagines that her "Where are you RESIDING?" and "I always RETIRE early" are ultra-refined.

But discriminating people don't use such pretentious words. They say, simply, "GO TO BED" and "LIVING." To them an affected speaker appears ill-poised, of poor background.

The oddest part of it is, people who "converse" rather than "talk" are the very ones who make crude errors like "borrowed off" for "borrowed from" and "leave go" for "let go."

While avoiding such obvious slang as "guy," they still give themselves away with "soup-and-fish" for "formal dress," and "gadget" for—almost everything.

Cultivated people are specific in their speech. The "gadget" is given its right name—and other adjectives are used besides "nice" and "awful"!

Yet anyone can learn to speak in a cultivated manner. Our 32-page booklet helps you enrich your vocabulary, lists frequent mistakes in English and pronunciation, with correct forms. Explains words often mis-used.

Send 20c in coins for your copy of "How to Improve Your Vocabulary" to The Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name

Street Address

City Province

Living & Leisure

The Woman's Realm

To make this earth, our hermitage,
A cheerful and a changeful page,
God's bright and intricate device
Of days and seasons doth suffice
—R. L. Stevenson.

REGULATE FUR COAT LINING ONLY

New York — With only their linings regulated, furs look as luxurious as ever in this war year. Everybody knows by now that furs are less expensive in August—15 percent from the regular price is the usual reduction. But this particular year may be the last you can get certain furs, so it might be well to consider your fur coat a long-term investment. Remember that furs from Russia are Persian lamb, ermine, marten, sables, caracul and Siberian squirrel.

This lining regulation means that the amount of fur in your coat isn't affected at all. And usually linings hang loose, so their width does not determine the sweep of the coat.

MATCHMATES

Matchmates—matching hat and bag, hat and gloves or hat and muff—will smarten up your last year's suit or wool frock for early fall, says a fashion tip from New York.

First directory of London had a royal origin. It was started by Charles I., who wanted a list of the citizens who could loan him money.

BIGGER RAIDS IN STORE

The nights are gradually becoming longer and the raids of the Royal Air Force on Germany also appear to be growing in severity. The bombing of Haburg over the week-end is evidence of that, as is the loss of twenty-nine British planes, higher than usual, but not considered disproparticnate in view of the large number of planes believed to have been engaged and the extent of the damage inflicted on one of the enemy's chief ports.

FINGERTIP FUN UNDER THE SUN

Wear Wicked Bronze this summer if you play a dangercus hand! The first lady of fashion does a new fingertip shade for your sun-struck hours. A sun-bronzed pink, it's the perfect fillip for your first golden tan.

Let your polish do your bronzing for you this year, for it's smart to tan no darker than a delicate golden tone. Or, if you decide to be a pale, pale lady no matter what the sun. Wicked Bronze is still your dish. It's wonderful with Khaki green, yellow, tiger-tawny browns and copper colors.

When you step out in beach clogs, you'll wear it on your toe. And its high time to get those feet of yours into outdoors condition. A few pedicures, with a finishing massage will soon have you "walking on air" not to mention the pampered-lady feeling you'll get with the right shade of polish on your toes.

Here's a suggestion for the first series in a summer foot campaign: Give the feet a mask treatment (using your regular hand mask). Cover feet and ank'es and leave the mask cn for at least 10 to 15 minutes. After the mask has a chance to do its stimulating work your softening cream will be just that much more effective. Massage it well in, working upward from the toes.

One of the best massage-exercises to relax the feet is the wringing exercise. Grasp ankle with left hand, foot with right, and twist hands in opposite direction. Then reverse.

If cuticles are difficult to get in shape, dipe pads of cotton in lubricant cuticle remover and let them remain on the nails for several minutes. Then remove and work away loosened cuticle with an orangewood stick.

Before washing a down quilt tack it across several times as if quilting. This will keep the down in position. While the quilt is drying shake it several times.

Good croquettes are insured by making them long enough ahead for them to set before being fried. Make them early in the morning if wanted for the evening meal or the afternoon before if you want them for luncheon.

To produce the bitter taste in orange marmalade, do not peel the orange, but slice it thin. Use the navel orange. If the bitter taste is objectionable, peel and remove all the white, then slice thin.

TOO MANY HOUSEWIVES KNOW LITTLE ABOUT FISH

"We fish don't swim in the ocean only to be eaten on Friday and what with submarine warfare it is increasingly difficult to stay out of trouble all week," the chairman of a codfish colony said in an underwater interview last week, explaining that numbers of his colleagues were not only willing but eager to win dietary recognition on another day besides Friday.

"Tuesday, for instance," the elderly doyen of the codfish colony said.. Comparing the value of fish with other foods, the chairman quoted the late Sir Wilfred Grenfell, famed medical missionary, whose autobiography points out that whales live on seafood and attain flamboyant proportions and unprecedented vitality.

Besides fresh fillets of cod, fish markets now have an extensive variety of other fillets and smoked fish of many kinds; the season for fresh Restigouche salmon is in full swing—though there are equally nourishing cheaper kinds of salmon and fresh frozen fillets that taste just as good as though caught just a few minutes before being introduced to the pan.

How to Buy

Demand absolute freshness — shown by firm flesh which springs back when you touch it. Eyes should be bright. Gills should be fresh in colour.

Keeping Fish

Wrap fish in waxed paper and place in the refrigerator.

Keep packaged frozen fish frozen until ready to cook and allow a little more time for cooking.

Careful Cooking

Fish is always tender. Cook it evenly at low to moderate temperature so it will dry out and get tough.

Ask your fishman—he knows the best way to cook different kinds of fish—whether to broil, bake, fry or boil them.

Suggestions

Flaking the left over fish to mix with mashed potato for fish cakes next day.

Cream sauce to serve on toast.

Making a salmon loaf from canned pink salmon which is inexpensive.

Dressing up the fish by pouring over it a little melted butter flavoured with lemon or Worchestershire sauce.

Accompaniments

For the main plate—Fish, mashed potato and acnther cooked vegetable.

For a crispy lift to the appetite —Cole slaw; a green salad, raw carrot sticks.

To fill the gaps—Bread and butter.

To end with that satisfied feeling —Something light and sweet, or cheese and crackers.

It is a wise gardiner who has some hay or straw on hand for that first early frost as the usefulness of many plants, such as swiss chard and lettuce, will continue if it is thrown over the plants on cold nights.

Light, sandy soils require a great deal of water while heavy clay soils need to be watered more sparingly for, if they become water-soaked and soggy, they are also apt to become sour.

C.I.D.* SOLVES ANOTHER BAFFLING MYSTERY

The case of the MISSING APPETITE

*CRISPNESS INVESTIGATION DEPARTMENT

Found victim at breakfast table looking like this. Told breakfast should be time for song, victim said same old breakfasts struck only sour notes with him. Solution obvious. Snap fetched Rice Krispies and cream.

POP

"Rice Krispies" is a registered trade mark of Kellogg Company of Canada Limited, for its brand of oven-popped rice. Get some today. When eating out, ask for the individual package with the inner, WAXTITE, sealed bag.

NOW WE MUST ALL BUY MORE WAR SAVINGS CERTIFICATES

MEASURE TEA CAREFULLY!

Make It This War-Time Way

1. Warm the Teapot.
2. Use 1 level teaspoonful per cup required.
3. Pour one cup *boiling* water (carefully measured) for each cup required.
4. Brew *full* 5 minutes. D1-42

FOR SATISFACTION UNDER THE RATION

MORSE'S SELECTED ORANGE PEKOE, by reason of its great strength, will give you the fullest measure of flavour and thick-liquoring quality from the smaller quantity of leaf tea you are allowed to use.

CROCHETED SAILOR HAT

DESIGN NO. 1135

As pert and pretty as any topper could be this smart crocheted sailor will sit atop your curls on a summer afternoon in a most becoming way. It is made entirely of single crochet. Pattern No. 1135 contains list of materials needed, illustration of stitches and complete instructions..

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian,
Needlework Department.

Design No. 1135

NAME -

STREET ADDRESS -

DO THE GIRLS SAY "NO"?

Then check your breath

76% OF ALL ADULTS HAVE BAD BREATH, THAT'S WHY IT PAYS TO USE COLGATE'S TOOTH POWDER

Bad breath is a romance-robber . . . a friends-loser . . . a success-stealer . . . for others always detect it before YOU do yourself. Take no chances! Use Colgate's—the tooth powder that cleans your breath as it cleans your teeth.

TIP TO SMOKERS!

Colgate's Tooth Powder is a grand way to guard against tobacco stain! It quickly helps remove dull, discolouring film . . . gets hard-to-clean teeth sparkling with all their natural whiteness and lustre.

SAVES YOU MONEY!

Just think, compared to other leading brands, a large tin of Colgate's will give you up to 50 *more brushings*, a giant tin up to 46 *more brushings*—for not a cent more!

COLGATE'S TOOTH POWDER

12½c, 25c, 40c

CLEANS YOUR BREATH AS IT CLEANS YOUR TEETH

A Morning Smile

NASTY RETORT

One man was buying some meat in the butcher shop when another entered in a great hurry and rudely interrupted.

"Give me some dog meat, quick," he said to the butcher. Then turning to the other customers, "I hops you don't mind my cutting in?"

"Not at all," said the other, acidly. "Not if you're that hungry."

For his gallantry a Scottish soldier was given a decoration. A week or so later a pal asked him:

"And what does the wife think of your medal, Sandy?"

"She doesna ken yet," was the reply. 'It's no' my turn to write."

VICTORIA W. I.

August meeting Victoria Women's Institute met in the hall opening with Creed. Roll call $1.15 reading and approval of minutes and unfinished business given attention. Material had been procured for quilts for T. B. League—continuing with others for Red Cross. Donation three dollars, received. Report of committees: Sick, Mrs. Olay, Mrs. Murchison, Correspondence given careful attention. Sewing class to be organized for another year. Other items of business attended to.

A most gratifying feature of the evening was the recent gift of eighty-five dollars from the Victoria Young Peoples Dramatic Club— proceeds of play, "Henpecked Henry," during its itinerary in addition to twenty-five dollars previously donated. The members of the Women's Institute gratefully appreciate this generous gift and herewith extend most sincerely, their thanks to all those who so willingly expended time and talent and energy in the production of the drama. With its attendant succes, result of which means so much in the work for Red Cross, and other phases of work where aid is so urgently needed.

Liquid left over from mustard pickles adds a piquant flavor to chopped meat or fish sandwich fillings.

Needlecraft For The Home

There's poise and charm in this front-buttoned dress of the shirt-waist type; condidate for cottons, rayons, rayon shantung.

Style No. 2564 is designed for sizes 16, 18, 20, 36, 38, 40 42 44 46 48 and 50. Size 36 requires 4 1-2 yards 39-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

The Charlottetown Guardian
Needlecraft Department.

Style No. 2564 Size .....

Name

Street Address

City Province

IN THE COOKIE JAR

Don't try to crowd the cookie jar with different-flavored cookies or you will spoil them all. A spicy cookie put in with a plain vanilla wafer will ruin the wafer in no time at all as it will quickly take up the flavor of the spiced cookie. Fill the cookie jar with one sort and use a tin from crackers temporarily for the other cookies.

Relieves Distress From Monthly FEMALE WEAKNESS

And Helps Build Up Red Blood!

Thousands upon thousands of women and girls who suffer from functional monthly disturbances—headache, backache, cramps, distress of "irregularities", nervous, tired, blue, weak feelings—have obtained most gratifying relief by taking Lydia E. Pinkham's Vegetable Compound Tablets (with added iron).

Pinkham's Tablets not only relieve such distress, they also help build up resistance against it. They help build up red blood! Made in Canada.

TILLIE THE TOILER — UNEXPECTED RE-ACTION