Woman's Realm / Social and Personal / Fashions / Literature

BREAK UP MENU MONOTONY

MAGIC'S MOLASSES BISCUITS

2 cups sifted flour
4 tspns. Magic Baking Powder
½ tspn. salt
2 tbspns. sugar
½ cup chopped nuts, any kind, or raisins
4 tbspns. shortening
¾ cup milk (about)
1 cup molasses
¼ cup water

Mix, sift first four ingredients. Cut in shortening until mixed. Slowly add milk to make soft dough. Roll ½-inch thick on lightly floured board; sprinkle with ¼ cup nuts. Roll as for jelly roll. Cut in 1-inch slices. Mix molasses and water and pour into well-greased layer cake pan. Sprinkle with remaining nuts. Place biscuits on top, cut side down. Bake in hot oven (425°F.) about 35 minutes. Turn out immediately. Makes 10.

MAGIC CUTS FOOD COSTS

MODERN ETIQUETTE

By Roberta Lee

Q. If a woman and her ten-year old son are registering at a hotel, would it be correct for her to sign "Mrs. W. J. Smith and son"?

A. No; she should write Mrs W. J. Smith, Chicago, Ill., on the first line, then James Smith, or Master James Smith, with a ditto mark under Chicago on the second line.

Q. Where should the butter knife be placed, on the butter plate or at the side of the plate with the other silver?

A. It should be placed alongside the other silver.

Q. Is it correct to address the inner envelope of a wedding invitation?

A. Yes; write, Mr. and Mrs. John Smith, but omit the address.

COOK'S CORNER

PORCUPINE BALLS

Three-fourths pound ground steak, ¼ pound ground pork, ½ cup uncooked rice, 2 tablespoons each of minced onion and celery, 1 tablespoon minced parsley, 3 tablespoons thick chili sauce, 1 teaspoon salt, ⅛ teaspoon pepper, 2½ cups canned and cooked tomatoes, 1 bay leaf. Wash rice in several cold waters then mix with the meat, onion, green pepper, parsley, chili sauce and seasoning. Shape into balls. Place in a casserole, add the tomatoes and bay leaf, cover, and cook in a moderate over of 350 degrees F., about 1¼ hours. Bake potatoes at the same time.

BETTER ENGLISH

By C. D. Williams

1. What is wrong with this sentence? "His vocation during spare hours is selling insurance."
2. What is the correct pronunciation of "scion"?
3. Which one of these words is misspelled? Sheperd, shekel, shellacked.
4. What does the word "infinite" (adjective) mean?
5. What is a word beginning with an that means "to disturb?"

ANSWERS

1. Avocation is one's subordinate occupation, while vocation is one's regular employment, occupation, profession. 2. Pronounce si-un, i as in sigh, u as in run, accent first syllable. 3. Shepherd. 4. Without limits of any kind. "Infinite is the help man can yield to man." Carlyle. 5. Annoy.

NEW KITCHEN LINOLEUM

When having new linoleum laid in the kitchen by all means have one of the modern linoleum baseboards which extends up in unbroken line from the floor covering, thus eliminating all corners and cracks where dust and dirt may gather.

A survey among some 10,000 American farmers who will have electricity soon after the war shows that after lights, refrigerators are in the greatest demand and vacuum cleaners next.

Parsley and celery leaves add interest and color to many dishes when the leaves are finely minced and used in small amounts.

Patent leather shoes and handbags will respond beautifully to a milk bath and it is very good for the leather. Dampen a cloth with milk and rub over the bag; dry with another clean cloth.

A JOB ONLY YOU CAN DO

Prince Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I find that I will not be using my remaining canning sugar coupons as the fruit season is about over. Are they of any value?

A. Canning sugar coupons which are not required should be destroyed. However they may be used to purchase sugar for canning or be exchanged for preserves coupons at your Local Ration Board until December 31st.

Q. I read recently that there would be a supply of vitamin fortified apple juice on the market this year. Will it be rationed?

A. No. Fruit juices are not rationed.

Q. I recently purchased a used car . . . when I took the proper forms in to obtain my gas book I was given one with most of the coupons removed. Are they allowed to remove these coupons?

A. This matter comes within the jurisdiction of the Oil Controller. coupons are removed from the book on the basis of the number of months remaining before the coupons expire . . . if there are only four months left then you would receive sufficient coupons for that length of time.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Knobs on Lids

When the knob comes off the lid of a pan or kettle, slip a screw through the hole, with the head on the inside of the lid, and screw a cork on the protruding end. This knob will not get hot and can be renewed easily when it has become soiled.

Scuffed Shoes

When shoes become scuffed and peeled, rub them with the white of an egg. It will paste the broken places down flat and take away the scuffed appearance entirely.

Fingernails

If the fingernails break easily, a good remedy is to massage them every night with olive oil.

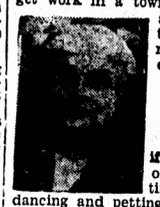
Dorothy Dix Says—

ADVICE TO PROBLEM CHILDREN

Playing Around With Sailors And Soldiers Dangerous Sport During War

DEAR MISS DIX: We are three girls who work together daily. Our ages are 17, 18 and 20. Our parents are very strict and, like all other girls, we want to have beaux and plenty of them. We are not allowed to bring our boy friends home with us, so we meet them somewhere else.

Do you think it would be a wise idea for us to leave home and get work in a town where there are service men? Then we will be away from our parents' strict discipline. Or do you think that we should stay at home and continue to meet our dates on the sly and just wait and see how everything works out?



THREE PROBLEM CHILDREN

"THE WAGES OF SIN IS DEATH"

ANSWER: I can tell you how it will work out if you leave home and go to a city for the purpose of picking up service men and having a high old time. You will have a wild orgy of drinking and dancing and petting parties for a month, or perhaps two or three, and then you will spend the balance of your life in hanging your head in shame and bitter remorse. Figure it out and see if you don't think that that is a pretty high price to pay for a little fun. "The wages of sin is death," says the Bible. And the price tag has never been changed.

If you were not so young and unsophisticated, you would no more dream of going to a city for the express purpose of playing around with sailors and soldiers than you would of walking into a den of hungry wolves. You would know that while at home, and acting as individuals, most of them are decent enough chaps, with a proper respect for girls. When they are starting off for the war from which they know they may not return and when they are out in masses for a last good time before being shipped overseas, they throw all scruples to the winds. It is eat, drink and be merry, for tomorrow we may die.

More than that, no man feels that he is bound to protect a girl who is frankly out on the prowl. If she has no inhibitions herself, he sees no reason to furnish them to her. If she is ready to go off with any strange man who will buy her drinks, he will pay for the drinks and she will pay the consequences. So don't deceive yourself into thinking that you can act like a woman of the street and be treated as an innocent little girl who doesn't know what she is doing.

You want to get away from home and your parents. Believe me, children, a home is a girl's castle of defense. No man treats a girl who has a home background the way he does one who is on the loose, and who has no one to protect her and no one to whom he has to answer for his conduct towards her.

Maybe you will be bored staying at home, but the war won't last forever and after it you will still be the kind of a girl that the right sort of a man wants to marry. You won't be in a brothel, as you will almost certainly be if you carry out your plan of going to a city to have a merry time with strange men.

DEAR MISS DIX: I am in love with a soldier and want to marry him before he goes overseas, which will be soon. But he insists on waiting until after the war. I don't want to receive the same disappointment I had four months ago when I was engaged to a marine. While I was patiently waiting for his return so that we could be married, he married another girl.

Am I right or wrong by hoping and praying that this boy will marry me before he is shipped overseas? Our ages are 21 and 18.

IN LOVE, BUT MISERABLE.

ANSWER: If you can change your affections from one man to another so easily, why be in such a hurry about getting married? Some lad may come along who will be a better bet than the one you now have in mind.

You say you are in love, but miserable. Believe me, you are not miserable as you will be if you force your current fiance to marry you against his will.

DEAR DOROTHY DIX: At the football games is it proper for the students of one school to rise and stand while the opposing school's theme song is being played.

M. E. V.

ANSWER: It is more than proper. It is obligatory. It is just a gesture of courtesy that one school owes to another.

MORNING SMILE

"Mummy, why do some people object to having children in their house?" asked little Elsie.

"I don't know," her mother answered sharply, "and I can't be bothered with such things now. Go and see what baby's crying about, tell Billy to stop aiming that catapult at the ornaments on the mantel piece, make Betty and Alex stop spitting over the bannisters, and tell Willie if he doesn't cease blowing that trumpet I'll take it away from him. Go on, hurry up! And don't let me have to repeat it as usual."

Driving along a narrow road, a five-ton truck suddenly came head on to an outsize tank. A head popped out of the top of the tank and shouted furiously: "What d'you think you're doing? You ought to be driving a ruddy pram!"

"And you ought to be darned well in it!" came the quick retort.

EVEN BEAUTY HAS TO TAKE STOCK

Do you ever stop and "take stock" of yourself? There are so many things that you can do to improve your appearance. Of course, if you are beautiful or have a perfect figure, this doesn't apply to you—and you won't be reading this anyhow! says Lois Leeds.

Every woman must have a certain amount of vanity, she must put a valuation on her personal charm. If you think that you possess possibilities of becoming a beauty, your goal will be easily reached.

But even the beauty should take stock of her charms. To keep beauty in shining perfection also requires work. It isn't easy to be really well groomed. It is so easy not to brush your hair, so easy not to cleanse your skin before going to bed! So easy to pin up the hem of a ripped dress, so easy not to bother about a new and more becoming hairdo! Well, if you follow the easy way you'll never improve.

So many women refuse to face the issue — and themselves — in the mirror. Do, at least, ask yourself these questions and follow up on the answers.

Do I know the colors best suited to my complexion?

Do I ever study the contour of my head before selecting a hat?

Do I know the make-up shades which are not only new but becoming to me?

Have I neglected myself because my man is overseas? Can I face him when he returns, looking as I do?

Do I make any effort to walk well? Do I attend to the little rips and tears? Or do I just pin up things?

Do I go through my cupboards and try to match up accessories and clothes? Do I intend to improve my apvearance or do I not? Well, what's the answer?

JUST PAT ON SLOAN'S LINIMENT for stiff, aching joints

HOW CAN I ??

By Anne Ashley

Q. How can I take care of feet that are hot and swollen?

A. Try bathing them in warm water, in which a few grains of permanganate of potash has been dissolved, just enough of the potash to make the water a bright pink. Then massage with rubbing alcohol, or mentholated spirit, and finally dust the feet with boric acid powder.

Q. How can I clean a suede jacket?

A. It can be washed in warm water with pure soap suds, in which one teaspon of household ammonia is added to each gallon of water. Rinse lightly and stretch to the desired size to dry.

Q. How can I make paste?

A. Take one-half cupful of lump starch and mix thoroughly into one quart of water, and boil slowly for a few minutes.

A NEW COVER

Once a year rip the soiled cover off the pot holder and re-cover with bright new cretonne. Take a look at your present pot holders and see if something drastic is not in order right now.

Do You Suffer 'PERIODIC' FEMALE PAIN

With Its Weak, Nervous "Dragged Out" Feelings?

If at such times—*you* like so many girls and women suffer from cramps, headache, backache, feel tired, restless, a bit moody—when due to functional periodic disturbances—

Start at once—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound not only helps to relieve monthly pain but also accompanying tired, weak, nervous feelings of this nature. This is because of its soothing effect on ONE OF WOMAN'S MOST IMPORTANT ORGANS. Pinkham's Compound helps nature and *that's* the kind of medicine to buy! Follow label directions.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

ELLEN'S DIARY

By An Island Farmer's Wife

This day got away to a rather poor start although the ending was almost like that of an interesting book, good and satisfying. In a way it was a poor beginning but then it was also a funny one. That is one thing I thank my best of fairies for, if such a lovely creature ever bothered herself with the likes of me. There are times when I feel I'm off their list altogether and then there are other days when I'm certain there are the best of fairy-folk about Alderlea. I'm grateful that, while some small girls at birth have been the recipients of this or that talent or blessing, my good fairy, seeing a small reddish bit of squalling humanity must have laughed outright in amazement—or disgust! And so passed that blessing on to me. I have a sense of humor, better I think now, than anything else to have on a trip down life's highway. Of course one must be careful in displaying this peculiar blessing. I must admit—mostly in James presence — once or barely twice, I've laughed at the wrong time. But one learns. I laughed silently this morning, my head pretty well buried in my pillow.

• • •

It was before daylight. Indeed there was no sign of dawn when James left me to begin his day. "Have another sleep" he said as for a moment he turned back the covers. This is, I would say next best to going to heaven, this privilege of remaining for a nap, once James is up and to work. I turned over and snuggled down luxuriously between the blankets. James had reached the table and was fumbling for a match kept in a tin container just in case. Last night before retiring I noticed two lone matches among a collection of buttons, nails, bobby and other pins a queer collection. "Confound the thing" James said almost upsetting the container in his eagerness to find a match.

• • •

It is cold in the country these mornings—"Now what's here?" he went on "a razor-blade, of all things!" That was from the time he had the scissors at the barn trimming up a mane or a tail." Why in thunderation don't you gather all the used blades and throw them over the bridge and not leave them carelessly around like this?" A like idea to my own, but as yet, I never got 'round to it. Then I was conscious of a light. I kept my eyes tightly closed. It is easier to court sleep thus: "Now where is my work-shirt?" I said: "I mended one Saturday and put it on a chair where you could find it." I like to convey the idea, to James, that I'm an industrious and capable wife. It pays to advertise. But James was still searching." You mended it? he said: "How was it you missed mending the collar?" Dear me, I almost opened my eyes. I had intended to turn that collar for Iknow James is most particular about his shirt-collar. Patches or even rents on the knees or seat of his trousers mean nothing to him so long as his shirt-collar is clean and whole. Then I knew he had found the shirt. Jamie could have. But James was still struggling, dancing from one foot to the other. A nether garment being pulled on. The searching began again and the monologue. "Now where are my overalls?" I knew too well where they were. Yes, that was it. Where he dropped them Saturday evening, damp from work about the farm in the rain So many things I fail to remember. I directed him to the other pair shining clean and mended. Small wonder Mr. Churchill took Mrs. Churchill with him on his trip to France "Now where 'ave you stowed my siren-suit, my de-ah?" I threw back the covers and prepared to follow James down the stairs I heard him tell Judy at breakfast, complacently: "Ellen laid back this morning."

• • •

I was bound to attend Kirk yesterday morning Indeed almost all the family went, through the rain and cold and over a miry-road. Jamie was christened in the old Church at Bracside, yesterday morning and I had to be there because, well Jamie is one of "mine." And there in all the warmth and quietness and sacredness of this old church of his people for generations, Jamie was christened. Karolyn and indeed all the members of the family were disappointed, his grandparents from the city, because of weather conditions, were unable to be present. His name? "James," always a popular family-name, and then "Ferguson" in memory of a maternal uncle, who sleeps under Italian skies and also in tribute to other uncles overseas. Jamie for a very shy laddie, behavied well during this and the succeeding service and then we came all in the dampness to dinner at Alderlea.

• • •

Judy said I was bitten by a "work-bug" this morning. I was obliged to help a little, in the way of providing food. Judy said, rolling her eyes despairingly at the supper-hour yesterday when we had company and the heel of the loaf was as she says: "coming up": "This is the last of the bread." So I mixed biscuits with a bit of sour-cream and then went on to make oatmeal cookies. These are never-failing and when cut in squares and maked are delicious oat-cake fare.

• • •

We graded potatoes all afternoon and then when I picked up a milk-pail to have that chore completed before dark, Judy begged to help. We were getting along beautifully, she at the Guernsey-heifer, I at the one next in line. When Judy said: "Are you done?" Bang! a hoof came in contact with her pail. Cows are tempermental creatures. I wondered as I finished milking Judy's cow if my voice was really musical or does it only sound so to the cows?

• • •

We set the bread together tonight, Judy and I. What the results will be, I hesitate to say. When she finished her part of the work, as she tells me "under your directions," I thought it would have made good ammunition, round and hard, very hard. In my imagination, like an old cannon-ball. Then we added liquid desperately for James is particular about his bread. We added a little, kneaded assiduously, until it was absorbed then repeated the performance, kneading until after a time if we had not the desired texture at least it is possible. There it is, the result of our combined efforts covered warmly against the cold of the night. James has comes in from helping sew and store sacks of potato-seed. His has been a long day at the ploughing and other work. He sits in his old arm-chair and watches the hands of the clock. The late news is coming — "The unsinkable Turpitz has been surprised and sunk in a fiord off Norway." In war-time a good ending for any day. And I think everything comes in its own time. But its bed-time again.

Until tomorrow — Diary—Good-night.

Canada's Favorite! RED ROSE ORANGE PEKOE TEA

Canada's largest selling fine QUALITY tea!

Living & Leisure

THE WOMAN'S REALM

PRAYER FOR TODAY

Remember men today, oh Lord,
Whose eyes are viewing foreign lands;
Whose hearts are veary of the sword;
Whose feet are seared by desert sands.

Guard well the lads who late have known
The mysteries beneath the sea;
Who at some hour have felt alone
Upon her cold immensity.

Watch over those whose silver wings
Have brushed the blue of Heaven's Dome,
Administer Thy comfortings
To women, Lord, who wait back home.

—By Madge Gordon Weaver.

WHY TEETH DECAY

One cause of tooth decay is said to be the action of germs which lodge upon less exposed parts of a tooth.

Check over the garden stakes and beanpoles this month. Scrub off the soil and discard any weak or broken ones. Store them under cover for the winter.

Step by step one goes a long way.

When a man's coat is threadbare, it is an easy thing to pick a hole in it.—Spurgeon.

PARIS USES WOOL, VELVET

PARIS—Alhough war is raging only two hundred miles from here, Paris, the world's capital of fashion, has begun her display of winter models for smart women. Some thousand women, apparently oblivious to the men fighting at the gates of Germany, pressed their ways to the salons of Maggy Rouff in the Champs Elysee this week.

Blonde and very slim mannequins displayed knee-short dresses with padded square shoulders and very wide, fanlike skirts. Most frocks and tailored suits were made of wool—the rarest fabric on the European continent. There was also much velvet, but hardly any silk.

The new dresses shown doubtless prove that Paris dressmakers are as skillful as before in creating women's fashions. The models were lovely. The main feature was an extremely slim waist, with the figure widening toward the shoulders and the hem of the skirt. Colors were soft; gray, beige, slate blue, brown and, of course, much black for afternoon and evening.

Most day dresses had yokes on the shoulders, with pleats or flounces over the breast. In many models, the width of the skirt was gathered in front where, while on the back it was on the bias. Scarves were tucked into the front opening of the street drsses and tailored suits. The latter were nearly all belted tightly at the waist.

Jatkets had very wide reveres with buttons going from the tight shoulder to the left hip. A favorite feature was a double belt — one at the waist and another around the hips, outlining a small yoke where the width of the skirt began. Both belts met at the waist in front.

Overcoats for day wear and the Redingote effect of directoire days, with many buttons beginning at the shoulders and slanting toward the middle of the waist in V-like fashion. Fur coats were of the swagger type with voluminous shoulders and sleeves.

FOR THESM ART LITTLE GIRL

DESIGN NO. 1187

A double breasted sweater is knitted in an interesting pattern for a little girl. It does not take very long to make. Pattern No. 1187 contains complete instructions for sizes 2, 4 and 6.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No. 1187

Name

Street Address

City Province

Needlecraft FOR THE HOME

BEAUTIFULLY SCULPTURED

A set of underwear that's cut to give you beautiful contours; to make in a fabric that you chose for long, faithful service.

No. 3811 is cut in sizes 34, 36, 38, 40, 42, 44, 46, 48 and 50. Size 36 requires ½ yard 35-inch fabric with ¾ yards contrasting for bandeau; 1 yard 35-inch fabric for panties.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

Name

Street Address

City Province

Relieve Nasal Irritation

Mentholatum quickly relieves sniffling and sneezing . . . clears the nose and keeps it clear. Jars and tubes, 30c.

A NEW NOSE FOR 30¢

MENTHOLATUM

3811 SIZES 34-50

"IT'S LIKE MAGIC— THE WAY SUNLIGHT BRIGHTENS CLOTHES THAT LOOKED HALF-WASHED!"

GET BRIGHTER WASHES —SAFELY!

IT'S wonderful to use Sunlight after you've been struggling to get extra-dirty spots really clean. What a difference! Just the touch of this amazing soap instantly leaves a film of soap where it comes in contact with the dirt . . . and as you wash, Sunlight whips up into the richest, deepest-cleansing lather you ever saw. Clothes come brighter *all over!* No one can say *your* clothes look "half-washed"! Sunlight's marvelous for dishes, too. And so easy on your hands.

A LEVER PRODUCT

FOR A COMPLETE WASHING JOB . . YOU CAN'T DO WITHOUT SUNLIGHT