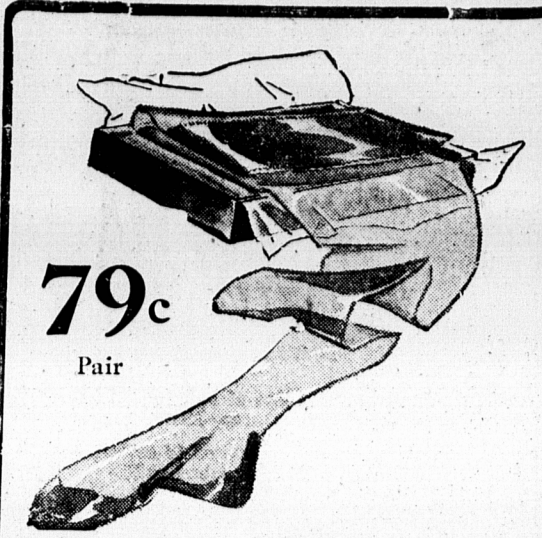


Woman's Realm :- Social and Personal :- Fashions :- Literature



79c
Pair

\$1.00 Crepe Chiffon STOCKINGS— 79c

First Quality, Full Fashioned Crepe Chiffon Hose, a full range of sizes, and shades. Martini French Toupe, Avenue Trolie, Ash Toupe and Cavier. Splendid bargain—\$1.00 value for pair — 79c

Full Fashioned Service Weight Silk STOCKINGS— 69c

500 prs of Full Fashioned (Sub-Standard) Service Weight Hose. Shades—Ash Toupe Caper, Shadalite, Ambrosia. Sizes 8 1/2 to 10 — 69c

Women's Silk Plated Wool hose 59c pr 2 prs for — 1.10

Gaiters—in all wool Jersey, Gunmetal Cinder and Walnut, pr — 79c

Women's Silk and Wool Hose size 8 1/2 to 9 1/2, pair — 29c

Kayser and Van Raalte \$1. GLOVES 89c

Latest novelty fabric gloves by these two famous makers... shown in the new high colours, regular dollar quality. Dollar Days, pair — 89c

CFCY—Today 12 o'clock Tune In

Moore & McLeod Limited

Comfortable Boudoir Knit Jacket

by *Mayfair*



Mayfair Needle-art

Design No. 123

Slip into this charming boudoir jacket and you are smartly and warmly attired for breakfast, informal chat with friends who "run in" unexpectedly, and of course, for just lazying around. Beautiful knit stitch and quick to make.

This pattern can be obtained in sizes 34, 38 and 42. Each pattern includes instructions for knitting, without abbreviations, a tissue pattern for blocking the jacket after it is knit, complete instructions for working and assembling the jacket, as well as a sample of the yarn from which the original garment was made.

Send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

To The Charlottetown Guardian Needlework Dept.

DESIGN NO. 123

Name

Street Address

City

THE COOK'S CORNER

COLD CREAM.

One ounce white wax, one ounce spermaceti, four and one-half ounces oil of sweet almonds, one and one-half ounce of stronger rosewater (with three drops of oil of geranium added to it).

Melt together the wax, spermaceti and almond oil, using double boiler. When oil and solids are incorporated remove from heat, pour in the rosewater and fluff an egg-beater. When the mass is creamy pour in jars. Do not beat beyond the first thick creamy state.

FRUIT CHARLOTTE.

Soak 1 tablespoon gelatine in 2 tablespoons cold water and dissolve in 1-4 cup scalding milk. Scald 3-4 cup milk and add 1 cup sugar, add to this gelatine mixture, and stir till cooled. Whip 1 pint cream and add to it gradually the thickening gelatine mixture. Fold in 1 dozen macaroons or almond biscuits crumbled, 1-2 cup blanched and shredded almonds, a few marshmallows cut fine, 1-2 cup candied cherries, a little candied pineapple, 1 teaspoon vanilla.

Pour into a wet mould and serve with whipped cream. Garnish with candied cherries and blanched almonds.

Today's Short Wave Radio Program

(All time in Eastern Standard)

FRIDAY, NOVEMBER 27

ROME

8 p.m.—New in English. Operatic Selections. Rome's Midnight Voice. Songs. Tenor Giovanni Barberini. 2RO. 31.1 m., 9.63 meg.

LONDON

6:30 p.m.—The BBO Empire Orchestra. GSP, 19.6 m., 15.31 meg.; GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.

MOSCOW

7 p.m.—Topical talk. Russian lesson. RAN, 31.2 m., 9.6 meg.

TORONTO

7:30 p.m.—"This Week in History." CRCK, 49.2 m., 6.09 meg.; CJBRO, 48.7 m., 6.15 meg.; CJRX, 25.8 m., 11.72 meg.

BERLIN

9:15 p.m.—American Evening. DJD, 25.4 m., 11.77 meg.

CARACAS

9:15 p.m.—Dance Music. YV2RC, 31.7 m., 5.8 meg.

LONDON

9:58 p.m.—"Do you Remember?" A Ballad Concert of the "Nineties." GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.

PARIS

10:40 p.m.—Theatrical Program. TPA-4, 25.6 m., 11.72 meg.

PITTSBURGH

12 midnight—DX Club. W8XK, 48.8 m., 6.14 meg.

THOUGHTS

Certain thoughts are prayers. There are moments when, whatever be the attitude of the body, the soul is on its knees. — Victor Hugo.

98 OUT OF 100 WOMEN REPORT BENEFIT



No More Backaches

"I used to have backache most all the time and other troubles. No pep. I was telling a friend how I felt and she told me about your Vegetable Compound. I have taken it for four months and feel much better." — Mrs. P. L. McIsaac, 1011 Barrington St., Halifax, N. S.

If your back aches periodically as Mrs. McIsaac's did, give this medicine a good trial. Take it regularly and you will be pleased with the results.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Used by women for over 60 years

Dorothy Dix

A Serene Home Promotes Health, Wealth and Happiness and Should be the Goal for Which All Families Strive — Overlook the Causes for Bickering

We all recognize that the greatest blessing that can possibly come to any of us is a happy home life. If we have that, we have not only a perpetual source of joy, but also we have a compensation for whatever ill fortune may befall us. If we lack that, we have nothing, even though Lady Luck may have emptied all of her gewgaws into our laps.



A palace is nothing but an abode of misery if it is filled with strife and quarrelling. Marriage is a torment if a man and woman fight like cat and dog. Children are poisoned in mind and body who grow up in an atmosphere that reeks with hate and gloom. Wealth and fame are but empty honors if there is none to share them with, no one to rejoice in our success.

It is not too much to say that everything that makes life worth living is wrapped up in family life. Our health depends upon it. Any doctor will tell you that a discordant home is really what ails a large percentage of the patients he is called upon to treat. One famous psychiatrist declares that he rarely has a case of nervous breakdown among middle-aged people if they grew up in a happy home. Our morals depend upon family life. The husband and wives who are happy at home are not the philanderers who are cheating on each other and having illicit relationships with other women and men. The children who have a happy family life do not run away from home to follow the paths that lead to destruction.

Our success in our undertakings depends upon our home life, for nothing cheers us on to do the very best that is in us as does having our own people believe in us and back us, and nothing takes the very heart out of us as does meeting discouragement and disparagement at home. The men who have lost courage and committed suicide during the depression have not been those who had happy homes.

All of this being true and all of us knowing it, how strange it is that so few people ever really honestly and intelligently try to make a happy home, and that happy homes are so rare that we point them out as objects of interest.

Yet the secret of making a happy home is simplicity itself. It is merely to treat your husband or wife and children with the forbearance and courtesy you would show a casual stranger on whom you wished to make a good impression. That we do not do this, that we save for our own the rudeness, the boorishness, the tempers and the selfishness that we would not dream of visiting on any one else, is one of life's great and unnecessary tragedies.

Husbands and wives when out in company are gay and cheerful and bright and chatty. They make a definite effort to be amusing and entertaining, but at home they are grouchy and grumpy and spend their evenings sitting up in a silence so thick you could cut it with a knife unless they enliven it by having a scrap. Let wife undertake to tell husband what has happened during the day and he merely grunts from behind his newspaper. Let him start to tell a story and she says: "Oh, for goodness sake, are you going to tell that thing over again?"

It is only in the exceptional home that husbands and wives make the slightest attempt to be interesting companions to each other and to make an evening at home a pleasant occasion instead of a dull ordeal.

It is only in the home circle that the vicious practice of telling home truths prevails, and we say to each other the things that we know they would rather die than hear. Mr. Jones would be incapable of telling Mrs. Smith that he thought she had the intellect of a hen, but he doesn't hesitate to tell his wife that he considers her a fool. Mrs. Brown would never spoil Mr. Green's dinner by criticizing his table manners, but she never lets a meal pass without telling her husband what she thinks of a man who gorges his soup and uses a fork as if it were an agricultural implement.

It is only our own family who tell us that our new hats are too young for us and we look silly in flapper clothes, or that we are getting too fat, or that we sing off key, or that people laugh at us and not with us when we try to tell funny stories, or that while others might make a success of something we aspire to do, we haven't the ability to do it. It is only our own families who give us the inferiority complexes that are responsible for half of our failures.

It is only our families who refuse to grant us any privacy and any individual liberty and who nag us until we are driven to leave home and go off among strangers to live in order to have any peace and freedom.

And the curious thing is that we commit these sins against the people we really love and deliberately deprive ourselves of a happy family life, knowing it to be the greatest blessing in the world.

DOROTHY DIX.

A Morning Smile

INJURED PRIDE

A hard-up sportsman bought a hunter and put off payments for a time. When, a week or two later, he met the man who sold him the horse, he tried to shuffle out of the bargain.

"I am not satisfied with that animal," he said.
"Why, what's the trouble?" asked the seller.
"Well, it won't hold its head up," said the sportsman.
"Oh, that's all right, sir, it's his pride. Just you wait till he's paid for."

MAKING IT CLEARER.

"Is Mr. Smith at home?" inquired the stranger.
"Which one, sir?" asked the maid.
"There are two brothers living here." For a moment the caller seemed at a loss for an adequate description; then he had an idea.
"The one who has a sister living in Liverpool," he explained.

SECRET OF HAPPINESS

The secret of happiness is not in doing what one likes, but in liking what one has to do.—James M. Barrie.

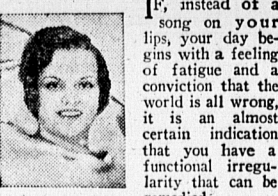
PUNISH FOOTBALL UNRULE

AMSTERDAM—During the football season so far the disciplinary committee of the Dutch football association has dealt with 347 cases of rule-breakers, an average of 58 a week.

BLOOD POISONING FATAL

EDINBURGH—Captain J. Douglas Howe, Heriotonian and Scotland rugby forward died from effects of blood poisoning, having complained of a sore arm after a game just before his death. He was to have been married in January.

WAKE UP SINGING!



If, instead of a song on your lips, your day begins with a feeling of fatigue and a conviction that the world is all wrong, it is an almost certain indication that you have a functional irregularity that can be remedied.

Poor appetite, indigestion, gassy, sour stomach, dizzy spells, from causes that can be relieved by a tonic have been overcome by Dr. Pierce's Golden Medical Discovery. Buy now of your neighborhood druggist.

CORONATION COLOURINGS

Materials are being made in coronation colourings. These are all the royal shades, purple, crimson, royal blue, and gold, and the most popular material is also royal, namely velvet. Velvet forms day dresses, suits and coats. Ribbed chiffon velvet, shot with metallic threads is the high-light of evening wear, and for the afternoon occasion a new material has been evolved—satin-tripled velvet. Printed silks are extremely patriotic, having red and blue flowers on a white ground or small white and scarlet spots on a royal blue background.

Head COLDS
Put Mentholatum in the nostrils to relieve irritation and promote clear breathing.
MENTHOLATUM
Gives COMFORT Daily

12-count 'em 12 big biscuits in every box



AND EVERY ONE I EAT TASTES LIKE MORE

WHAT a lot for so little! 12 nut-brown, crispy flavorful Shredded Wheat Biscuits, each of them bringing you a rich supply of body-replenishing and energy-building elements—just as Nature stores them in whole wheat. Ready to serve—with milk or cream or fruit. Get Shredded Wheat from your grocer's today!

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.
Niagara Falls - Canada

SHREDDED WHEAT MADE IN CANADA - OF CANADIAN WHEAT

The HOUSEWIFE and HER ACTIVITIES

FRIENDS.

May I be friends to all the trees, To birds and blossoms and the bees; To things that creep and things that hide Through all the teeming countryside: On term with all the stars of night With all the playful beams of light In love with leafy daisies and hills; And with the laughing mountain rills, With summer skies and winter snows With every kind of breeze that blows; The wide sea and the stretching plain, The tempest and the falling rain.

OUR ENEMIES.

Could we read the secret history of our enemies, we should find in each man's life sorrow and suffering enough to disarm all hostility.

DANGER IN YOUR HOME

Seven thousand people every year avoid accidental deaths on the roads only to meet the same fate in the fancied security of their homes.

One of the most dangerous spots in the house is the stairs. Elderly people provide the greatest number of victims and women outnumber men by three to two in stairs fatalities. If there is an elderly person in the home it is essential to see that stair-roads, carpet and handrail are in proper position.

Falls account for about 4,000 fatal accidents yearly, and here again elderly persons are in the majority. Standing on rickety chairs or dilapidated step-ladders leads to many accidents. The odds are that at least fifty people will be killed in this way in 1930.

Windows kill over 100 persons each year, which points the moral that housewives should treat their window-cleaning as a dangerous occupation. Broken sash cords call for immediate attention.

Fire and hot liquids cause more than 1,000 fatal accidents in the home annually, and a distressingly high proportion of them happen to children. About one-third of these accidents occur through clothes catching fire. Scalds, too, take a large toll. Tannic acid forms the best treatment for scalds and burns. A poultice of tea leaves which have been heated with hot water is an excellent emergency method of applying tannic acid.

Roughly 80 per cent of fatal scalds happen to children. Parents cannot be too strict in precautions against fire and scalds. A young child should never be left alone near hot liquids. A teapot may be left in the centre of the table apparently out of harm's way, but a toddler can easily drag at the tablecloth and upset the scalding liquid over himself.

Modern conveniences bring their own perils. Gas and electricity companies are always glad to advise householders on safety problems. When moving house, do not take the safety of the installations in the new home for granted.

AT BEDTIME

It is a mistake to think that exercises should only be practised in the morning. A few minutes exercise at bedtime is excellent for the sedentary worker and for the indifferent sleeper.

Here are some exercises specially recommended for the evening exercise cult.

Stretching (this can be practised in bed).
Raise the arms above the head with the thumbs clasped. Stretch upwards from the waist as hard as possible. Relax. Repeat. Place the arms out sideways and stretch outwards. Relax. Repeat. Place the hands behind the head and stretch from the waist downwards. First,

Feet must be kept together. Raise the arms out in front of the body at shoulder height; palms down. Swing out and behind you keeping arms at full stretch and at shoulder height.
Turn head in direction of swing. Return to front position and swing out and behind to the left. Repeat six times in each direction. Relax.
Lie flat on the back. Stretch the arms behind the head with the hands together. Raise the legs bending the knees slightly. Hold for a second, then let the legs sink slowly to the floor. Repeat three times, relaxing after each movement.
Sitting up with the knees far apart, toes pointing down; arms sideways at shoulder height; spine straight, but without tension. Swing the body round to the right as far as possible without turning the head. Back to position. Swing to the left. Repeat six times to the right; six to the left. Relax.

Be Particular PURITY FLOUR Best for all your Baking

Fashions' Latest For Chic Dressers

A new idea in a "turn about" home frock that affords two ways to wear it. See small view.
Dark ground plaid cotton in wine and white as pictured is very smart looking. The trim is white pique. You won't hesitate to answer any unexpected ring of the door bell in this frock.
This apron frock is also nice for the office in black cotton with the collar and sleeve cuffs edged with bright red or green piping.
For fudge parties after school, it's grand to save your school frock. It's easily slipped into. Gay plain cotton as yellow, peacock blue, Kelly green, etc., are effective.
This frock opens out almost flat and is easily ironed. It costs but a trifle to make it. The pattern is easily followed.
Style No. 1883 is designed for sizes 14, 16, 18 years, 36, 38 and 40-inches bust. Size 18 requires 3 1/8 yards of 39-inch material with 7-8 yard of 39-inch contrasting.
No. 1883 Size

Name

Street Address

City

State

WORLD'S BEST SNOOKER ..

NOTTINGHAM, ENGLAND-(C)
—With breaks of 116 and 104 made by Horace Lindrum in a snooker match with Joe Davis, the former is conceded to have broken the world record of 114 previously held jointly by Lindrum and Davis.

1883

Dr. Wood's
NORWAY PINE SYRUP
Mother Not to Blame
For the Children's Colds
Despite all the mothers can do the kiddies will run out of doors not properly wrapped up; hat too much clothing on; get overheated and cool too suddenly; get their feet wet; kick off the bed clothes, and do a dozen things the mother cannot prevent.
Half the battling in doctoring children's colds is to give them something they will like; something they will take without any fuss, and this the mother will find in Dr. Wood's Norway Pine Syrup. It acts promptly and effectively.