



"I don't care if you can't cook, darling - so long as you can open packages of Post's Grape-Nuts Flakes!"

other food essentials that sure will make your husband a husky guy!"

"And of course I was only kidding about not being able to cook. I can make scrumptious cookies, cakes and other good things from those tested recipes on the Post's Grape-Nuts Flakes packages."

"How about picking up some crisp, crunchy Post's Grape-Nuts Flakes on our way down to get the marriage license?"

"Oh, George - you're wonderful! I'll just open a package of malty-rich, honey-golden Post's Grape-Nuts Flakes, and quick-like breakfast will be ready!"

"Um-m-m - that one-and-only-out-of-this-world Post's Grape-Nuts Flakes flavor!"

"And good nourishment, too, don't forget."

"Yep, hon - they're jam-packed with carbohydrates, minerals and

W.C.T.U. NOTES
Sin is whatever thwarts or hinders LIFE
(That life that should be 'hid with Christ in God')

Open our hearts, dear God, and enter in;
Cleanse us by prayer, for KNOWN or SECRET sin!
-Florence Marshall Stellwagen.

PROHIBITION THE MASTER METHOD

"Let us examine the laws relating to intoxicating liquor. They are a strange medley of prohibitions and permissions. It will be found from experience that they succeed to the extent that they embody prohibitions and that they fail in so far as they contain permissions."

"If we define prohibition as a principle then, of course, there are differing degrees of the application of that principle. Unfortunately, in the minds of many people, prohibition has come to mean the social condition resultant from the application of the principle of prohibition, regardless of the fact that, from a practical point of view, as idealistic as a state of complete truthfulness or complete honesty."

SOME ASTONISHING FIGURES!
Saskatchewan per capita consumption of liquor in 1946 was the lowest in Canada. \$16.12. Heaviest drinkers were in British Columbia.

Education alone is not an adequate solution of the alcohol problem. As long as a government licenses a traffic in intoxicants, it permits the manufacture and sale of liquor education for temperance is being nullified by the government's tacitly teaching intemperance, for youth will say, "It must be all right to buy liquor since the government sells it and permits its sale by private persons."

A license law permits the sale of intoxicants under certain conditions, but prohibits this sale to all save license holders. Thus in the U. S. A. there are 143 millions of persons prohibited to sell liquor while 414,000 are license holders.

The W. C. T. U. would just extend this prohibition to include the 414,000 with the 143 millions!

In the seventy-five years of its history the W. C. T. U. has never retreated from this principle - total abstinence for the individual and prohibition for the state.

Alcoholics Anonymous have shown that the effective method of overcoming alcoholism is total abstinence. This is also the effective method of preventing alcoholism.

But Alcoholics Anonymous, valuable as it is, is no adequate solution of the alcohol problem. Of the alleged 900,000 alcoholics in U. S. A. there are 75,000 who have found release through A. A. but what about the other hundreds of thousands?

U. S. DRY LEADER CLAIMS LIQUOR UNIVERSAL ENEMY

The liquor traffic is the enemy of every country in the world - problems facing practically every nation are being aggravated by this common enemy, declared Mrs. D. Leigh Colvin, president of the United National W. C. T. U. of the United States, at a mass meeting in Trinity United Church in connection with the 33rd Convention of the Canadian Women's Temperance Union for which delegates from every province assembled.

Evidence that nations are recognizing liquor as a menace is given

Colgate SPECIAL Offer HAPPY GANG autographed PHOTOS
Now you can see what each member of the famous HAPPY GANG looks like as you listen to their cheerful HAPPY GANG program - the most popular radio show in Canada!



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Hear THE HAPPY GANG Mon. thru Fri., C.B.C.

WOMEN'S INSTITUTE MEETINGS

GLEN VALLEY W. I.

The annual meeting of the Glen Valley Women's Institute was held November 3rd. at the home of Mrs. Norman Macdonald.

The President presided, meeting opened by singing the Institute Ode, followed by repeating creed in unison. Six members answered roll call. There were three visitors present, eight members paid their fees.

Minutes of last annual meeting and regular meeting were read, approved and signed. A report of year's work was given by Secretary. Sick committee gave their reports. New sick committee: Mrs. Edson Mutch and Mrs. Harold Younger.

Auditors, Mrs. Harry Scott and Miss Eleanor Younker. Press Secretary, Mrs. Harry Scott.

Next meeting to be held at the home of Mrs. Edson Mutch, Lunch committee: Mrs. Roy Bruce, Mrs. Edson Mutch and Mrs. Harold Younger.

Collection amounted to \$1.32. Meeting adjourned and lunch was served by the hostess, assisted by the committee in charge.

SEA VIEW W. I.

The annual meeting of Sea View W. I. was held at the home of Mrs. Earle McKay on the evening of Nov. 2nd. The President, Mrs. Roy Adams, presided and the meeting opened in usual manner.

Roll call was answered by passing in of cup towels for Institute rooms, and paying of annual fees. One new member was welcomed. The president then gave report of the year's work followed by reports from sick and school committees.

The secretary-treasurer gave the financial report of the year's work amounting to \$429.46 and expending to use the Victory Bonds to help defray the expenses of painting the community hall. Names were passed for exchange of Christmas gifts. A very enjoyable contest was put on, winner being Mrs. J. E. McPherson. Meeting closed with National Anthem.

NORTH RIVER W. I.

The annual meeting of the North River W. I. met at the home of Mrs. John Warren. Meeting opened by the singing of the Institute Ode. Roll call was responded to by 15 members. 1 visitor was present.

Minutes of last regular and annual meetings and regular meeting were read and approved. The Sick Committee gave their report and new ones were appointed. For East Wiltshire, Mrs. Fulton Warren. Warren, Mrs. Miss Eleanor Younker. The annual report of the Secretary was read.

The following is the Treasurer's report: Balance on hand Dec. 1st, 1947, \$15.44. Amount raised during year, \$426.00.

By the stand taken by many countries on the liquor question. In France the people are recognizing that the liquor traffic is a hindrance to the public health and stability of their country, and they have limited the alcoholic content of some liquors and outlawed others. In England they have limited the hours of sale, effecting a reduction in consumption of liquor resulting in better conditions.

IN MEMORIAM

STELLA M. JAY

There passed peacefully away in the Provincial Sanatorium on Thursday, Oct. 21, 1948, Miss Stella Margaret Jay, R.N., in her 32nd year, following a long and painful illness.

The late Miss Jay was born at Covehead Road on April 19, 1917, the daughter of Mrs. Crawford Jay and the late Mr. Jay.

She received her early education in Prince Street School, Charlottetown, and later attended the Prince of Wales College. Early in life she chose as her profession nursing, and entered the Prince Edward Island Hospital for training in 1936, after her graduation in 1939 she took up special nursing and later joined the staff of that hospital, where she served faithfully. Owing to ill health, she came a patient in that institution, where with the best medical care and tender nursing she was able to return home and for a while seemed to regain her usual brightness, but in her weakened condition she developed pneumonia which proved too much for her, and upon advice of her doctor she entered the Provincial Sanatorium for treatment, but despite the best of medical skill and loving care, it was all to no avail, and her gentle spirit took its flight to that land where there is no more pain. During her very trying illness, which she bore with great Christian patience and courage, the faithful visits of kindred relatives and friends were a constant source of joy and comfort to her.

The large number of relatives and friends who came to pay their last respects, the many beautiful floral tributes, letters and cards of sympathy, testified to the high esteem in which the deceased was held.

She leaves to mourn the loss of a kind and loving daughter and sister, her sorrowing mother, four sisters and one brother, namely: Pearl, Mrs. Lyle Boswall, Marshfield; Ethel, Mrs. Wendell Vessey, York; Rena, Mrs. Andrew B. MacRae, Windsor; Ida, Mrs. Eric MacMillan, Union Road, and Hollis D. of Charlottetown. Her father predeceased her only one year ago, and a brother and sister in infancy.

The funeral service which was largely attended, was held on Oct. 23rd. from her late residence, 338 Euston St., Charlottetown. Service was conducted by the Rev. G. Carlyle Webster, who spoke words of comfort from the 14th chapter, 2nd verse John "In my father's house are many mansions, if it were not so I would have told you." Hymns sung were "Unto the Hills," and "Abide With Me", a solo "When I Get To The End of The Road" was very feelingly rendered by Mr. Wendell Phillips.

A large procession wended its way to York cemetery. The services at the grave were conducted by the Rev. G. Carlyle Webster, assisted by the Rev. J. H. MacCallum, where all that was mortal of one we loved was tenderly laid to rest.

The pallbearers were her four brothers-in-law, Lyle Boswall, Wendell Vessey, Andrew B. MacRae, and Eric MacMillan, and two nephews, Roy Boswall and Irving Boswall.

She suffered patiently and long. Her hope was bright, her faith was strong. But God at last had thought it best To take her home with him to rest.

The floral tributes were as follows: Mother Goss A-Jar Ethel, Wendell, Ida and Eric Crococcini Hollis and Marjorie Andrew, Rena and Ian Wreaths Elmer and Earle Mr. and Mrs. H. B. Willis

Pearle, Lyle and family Aunt Margaret and Uncle John Aunt Jerry and Uncle Lem, Marion and Roland. Uncle Mac Aunt Amelia, Roland and Evelyn Aunt Emma, Sheldon, Lona and Willard The Swan family

HIGH CHILEAN MOUNTAIN

Mt. Aconcagua in Chile is the highest mountain peak in the western hemisphere - 22,834 feet high.



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Mother, you know what comforting relief you get when you rub on warming Vicks VapoRub!

Now, it's a cold choke-up! Your youngster and makes breathing difficult... here's a special way to use VapoRub for quick relief, too!

It's VapoRub Steam! Put a good spoonful of Vicks VapoRub in a bowl of boiling water or vaporizer. Then... let your child breathe in the soothing VapoRub Steam. Medicines and vapors penetrate direct to cold-congested upper bronchial tubes, bring relief with every breath!

For continued relief! While child sleeps, rub throat, chest and back with Vicks VapoRub. It keeps working for hours to relieve distress. Try it!

VORACIOUS OSTRICH

CAPE TOWN, South Africa - (CP) - Noting a suspicious lump in the throat of one of its ostriches, a Ditenhage farmer operated on it with a sharpened table knife and a pair of scissors. One corn bob, two yards of baling wire and the lid of a styrum tin were removed from the six-inch incision.

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