

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure —The Woman's Realm

RECIPE FOR HAPPINESS
Take a day of work and fill it full with all the little things which try your mind and hard. And then a blessed lull. A peaceful fireside for your evening meal.

A stand has been invented to facilitate spot soldering with any iron, the iron being held above a flat surface to which wire solder is fed from a reel.

Rabbit skins with the hair removed for the manufacture of felt are being tanned in Germany and used for making hand bags, belts and other small leather articles.

A new case for two keys that resembles a pocket knife ejects one for use by turning a knob to the right and the other by turning the knob to the left.

TURBANS GOOD

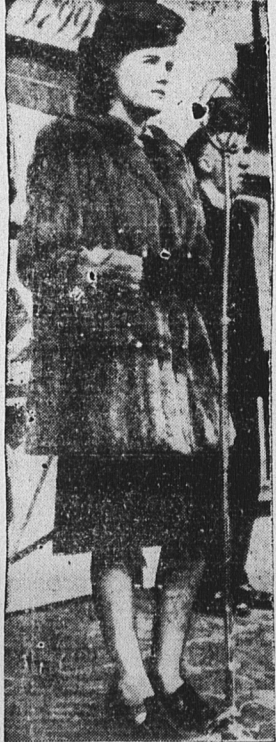
Turbans are seen in millinery displays as well as wide-brimmed hats and small sailors.

GREAT MEN'S HOBBIES

It is interesting to know how eminent men took recreation in their leisure time, and what pursuit they followed as a hobby. Gardening was popular with some. George Stevenson, the engineer, and the poets Cowper, Pope and Shenstone, indulged in this form of recreation. Some were fond of trees, each in his different way, for whereas Sir Walter Scott pruned trees, Mr. Gladstone cut them down. The great composer, Verdi, was fond of farming. Goldsmith, Addison, Charles Lamb, and the poets Southey and Wordsworth, loved walking, the two last-named exploring the Lake District or foot. Some were devoted to fishing, as were Dryden, Sir Francis Chantry and Sir Humphrey Davy. Rossini often cooked. Shelley delighted in sailing paper boats. Lord Nelson collected birds' eggs, and Mozart and Lord Palmerston played billiards.

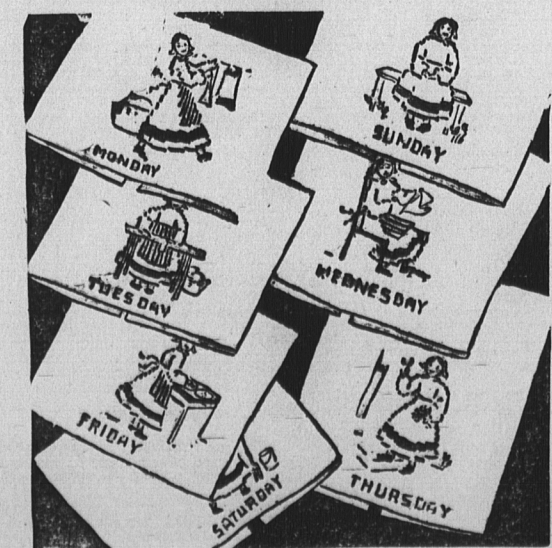
PILLOWS NEED AIRING

A day spent in the sunshine will



YOUNGEST MEMBER
Youngest member of the Church-ill family, Mary Churchill, is shown here making her first public speech at Westernham, Eng., at the opening of the War Weapons Week campaign.

DAYS-OF-THE-WEEK DESIGN



Design No. X535
Kitchnka is the ambitious cross stitch embroidered in cross stitch on kitchen towels. Hot iron transfer pattern No. X535 contains even motifs one for each day of the week, measuring about 6 by 8 inches each and complete instructions.
To order this pattern send 15 cents in coin or stamps to Needlework Bureau, Charlottetown, P.E.I.
To Charlottetown Guardian Needlework Department.
Design No. X535
NAME _____
STREET ADDRESS _____

do wonders for pillows and bolsters that have an odor of mustiness about them. Many times they are not dirty but just a bit in need of an airing.

BOARD RESISTS AIR

Long period tests have shown that the amount of air filtration through wood fibre board even in high winds is insignificant.

Silver fox farms are being started in vast arid tracts in Chile.

Fishermen cut off the heads of moonfish before bringing them to port, because their human-like faces make them hard to sell.

RED ACCESSORIES

Red will be conspicuous in accessories this spring particularly in bags and shoes.

NEW "PLUMBING" FOR FLOWER-POT

LITHACA, N. Y. — Weeks like those used for oil lamps can be used to water plants. The wick is placed in a dish of water with one end stuck through a hole in the bottom of the pot. There it "draws" water, just as a lamp draws oil. Furthermore, the rate the wick feeds into the bottom of the flower pot is regulated by the plant itself. As fast as roots absorb water, the wick replaces it, and the moisture rises critically to the top of the soil. This new watering method was developed by Dr. Kenneth Post of the Cornell University Agricultural Experiment Station. Some pottery firms are planning to make water pots to fit beneath the usual flower pots.

The wicks, instead of being the usual cotton fabric, are made of either fibre glass or asbestos—materials which do not rot in water or in damp earth. They are drawn far enough through the hole to its excess the bottom of the pot. The method was offered free and no patents were taken out.

CHANGE OUTLOOK BY NEW HABITS

Your skin is pale greyish yellow and your hair positively lifeless. You're tired of the weather and you can do very nicely thanks, without your job, even without most of your friends.

In other words, you are deeply sunk in midwinter doldrums. You need a winter vacation and you know it. You know just as decisively that you cannot have one.

What's to be done? After all, you can't slump around until spring feeling this way.

Breaking Routines

Well, in small ways if big ones aren't possible, you can manage a few breaks in your customary routine for daily living.

If you are in the habit of having dinner at home, it might be a good idea to eat in a restaurant every night for a week. If you are an habitual eater-out, then how about trying some home cooking—your own—just a change?

If you always wash and set your own hair, perhaps just once and have the job done in a beauty shop.

Try to walk at least part of the way to work every morning—or at least part of the way in downtown to do the daily marketing.

Better Spirits

If you feel stuffed and overweight from too much overeating during the holidays, drink only liquids (clear soup, fruit and vegetable juices and quart of water) for one entire day. Then eat more salads and vegetables than starchy foods and rich pastries the next two days.

If you have been spending a great deal of time alone, plan a party, invite people to come to see you, go to see them and, in general, be more sociable. If you have had practically no time alone for weeks, do exactly the reverse. Buy a couple of books, cancel all the engagements you possibly can and discover for yourself what a lift a little solitude can bring into your life.

Anything that is a definite change from what you have been doing will restore your spirits to normal and thus tend to improve your looks.

Dorothy Dix Says

WOMAN IS MOST CHARMING AFTER SHE PASSES 35 MARK

Charm and Tact Should Be Cultivated So That They Will Replace The Beauty That Fades With Advancing Years



A girl's club asks me at what time of her life is a woman most attractive. No definite answer can be given to that question, because it depends not only upon what qualities one admires most in a woman, but upon the individual woman. Some women are at their peak at 17, others at 70. To those who rate beauty as a woman's greatest charm, she is at her best in girlhood. Then it is that her shop window is set with her little stock of goods that are most calculated to catch the eye of the passer-by—youth, freshness, shining hair, a peaches-and-cream complexion, a lissom figure. But while beauty may, as the poet says, draw us by a single hair, it is a perishable commodity that does not stand the wear and tear of life. Age pales the roses on the fairest cheek. It silvers the hair and turns the most willowy form into the similitude of a feather bed or a stringbean, and of all sad words of tongue or pen, none are more tragic or pathetic than those who hear said so often about so many middle-aged women: "She used to be so pretty when she was a girl." Also, while young girls may be taken to the eyes, they are, as a general thing, poison to the ears, for few of them possess a conversational repertoire

time to get acquainted with life, who do not even know themselves. make heavy conversational going; but the woman who has read and thought and studied and traveled, who has known people and seen strange things happen to herself and others makes a fascinating companion.

Even the dullest woman who has known love and marriage, and work and struggle, who has borne children and wept over little coffins, has had her part in the drama of life, and has acquired a wisdom and a philosophy of life that makes her interesting.

So, after all, perhaps middle age, which women so dread, is their most attractive time of life.

DOROTHY DIX.

that goes beyond the "said" and "I said," and their giggling is as the crackling of thorns under a pot. Undoubtedly the great majority of men consider that a woman is most attractive in her girlhood, as is proven by the fact that the years between 18 and 25 are the ones in which she is most apt to catch a husband.

What Attracts Men

This vagary of masculine taste explains a number of things; why a man's brilliant middle-aged wife has faded little dumb dolls for wives; why so many husbands lose their tastes for their wives when the beauty and youth which they married them are gone; and, above all, why women are so hell-bent on retaining their looks at any cost in suffering and mortification.

If youth and beauty are what men find most alluring in a woman, they are going to try to stay that way as long as there is a diet or a beauty that lengthen and breathe of the land.

Me! Desirable

But cheer up, sisters. There is still help in Gilead for you, and you need not feel that your wand of enchantment is broken when you cease putting candles on your birthday cakes. A famous novelist, who is a profound student of human life, says that long ago he found out that women grow progressively more attractive after they are past 35, and that every year he finds his life grows more and more interesting and delightful to live with.

And I think that our own experience and observation bears this statement out, for it takes a woman that long to acquire the fine art of being a woman and to learn how to add to the charms she had as a girl, and to substitute for the lack of graces she had as a hobbler.

Acquiring Tact
All of us have seen the miracle that time can work in a woman. We have seen it turn big, homely, lumpy, awkward girls into stately, handsome, poised women of the world who charmed all with whom they came in contact. And we have seen women who were ugly in their youth turned beautiful in age just because their goodness and kindness shone in their faces like light through an alabaster vase.

It takes half a lifetime for a woman to acquire tact which is, perhaps, the virtue which makes all succumb. The young think only of themselves. They are heedless of our susceptibilities. They wound our vanities.

But the middle-aged woman has learned to walk warily among our prejudices and peculiarities without treading on our toes and to stroke our egos in the right way so that we purr under her hand.

She Knows Life
And surely no one can deny that the woman past 35 is more interesting than the one below it. Young girls who have not had

Your Individual HOROSCOPE

—By Frances Drake

For Friday, February 21st, 1941

MARCH 21 to APRIL 20 (Aries) — Day sponsors business and finances. Likely returns in wise investments and effort. Keep pressing every advantage for in this age of intensive competition you must give your best at all times.

APRIL 21 to MAY 20 (Taurus) — Opposing the friendly rays of Aries natives are the eccentric vibrations of your ruling planets. Be cautious in monetary endeavors. Don't waste time undertaking activities that do not end up with some definite good accomplished.

MAY 21 to JUNE 21 (Gemini) — Influences are working for your benefit. Team up with the help-mates and achieve some desire with added effort and ambition. Employ your intuitive, magnetic personality.

JUNE 22 to JULY 23 (Cancer) — So-so day. Your own outlook and its translation in action will be the determining factor as to the success you will gain. An accelerated pace plus polite persuasiveness should prove deciding.

JULY 24 to AUGUST 22 (Leo) — Benefic vibrations, especially for heart interests and financial matters. Pool your abilities for a concentrated drive to attain your goal. "Nothing ventured, nothing gained" is a thought to remember. You can't make a mistake without trying.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Similar rays to those for Leoites. Put your cards on the table and deal an honest, straightforward hand. Such a policy in the long run will reap just reward.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Today's vibration seem to have left you in the lurch, but you can make a good showing if you expend the proper effort. A

Rub-a-Dub Dora

WASHBOARD RUBBING FAIRLY 'ATE UP' HER CLOTHES 'TIL SHE DISCOVERED THIS PRICELESS SECRET



NO RUINOUS SCRUBBING OR BOILING YET CLOTHES COME UP TO 9 TO 11 SHADES WHITER

IT'S true! There's now a way to wash clothes far whiter—without back-breaking scrubbing or boiling! A way so SAFE that clothes last 2 to 3 times longer, from a standpoint of washday wear and tear. This new way is made possible by a new-type soap called High-Test OXYDOL, containing a revolutionary new ingredient not previously found in any bar or package soap. When you try High-Test Oxydol you'll find it does these amazing things—(1) Soaks out dirt in 10 minutes, without scrubbing or boiling. Just a good douse, rinse, and you're through! Even "extra-dirty" spots come clean with a few quick rubs. (2) Gets white clothes up to 9 to 11 shades whiter than many popular soaps—actual tintometer shades, as proved by our laboratory tests. (3) Cup for cup, gives up to 3 TIMES THE SUDS. (4) Yet SAFE for washable colors, hands! So do as thousands are doing—switch to the High-Test OXYDOL soaking way! Save clothes, save time, save money—and save yourself! Procter & Gamble. MADE IN CANADA

Lovely Rugs Crocheted From Old Silk Stockings



Dyed in Soft Blending Colors

Charming for a honey living room nook or for a bedroom—this colorful octagon rug you can make from old silk stockings at the cost of a little dye!

It's easy, too. You cut 2-inch bias strips from the stockings, sew them end to end, and crochet them together with single crochet. In no time you've finished a rug 30 inches in diameter.

You can use the stockings in their original colors or you can remove the dye with color remover and re-dye in blending colors—violet, purple, bright blue and ivory, or any combination you prefer.

Sew all your violet strips together and crochet a centre 7 1/4 inches in diameter, starting with a chain of 3 joined in a ring. Follow with 3 rows of ivory, 5 rows of bright blue and 12 rows of purple. Add 8 stitches in each row.

You'll be so proud of your handiwork—and how clever you'll feel, finding such a lovely use for your ripped stockings.

For detailed instructions for crocheting this rug, see our 32-page booklet. Tells also how to hook, weave, or braid rugs in interesting patterns. Includes tufted rugs, other beautiful and novel styles made with simple equipment from inexpensive materials.

Send 20¢ in coins for your copy of How To Make Your Own Rugs to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

Scientists estimate that sneeze germs travel at the rate of 100 miles per hour.

SKIN TROUBLE?

MISS DORIS WELLS SAYS:
"I suffered from skin blemishes... and having heard of Zam-Buk's great value for skin complaints, I applied it daily. In a short time these blemishes disappeared leaving my skin perfectly clear."

There is no need to endure the distress caused by disfiguring skin troubles when a few applications of quick-acting Zam-Buk will clear up these painful and embarrassing blemishes. Don't be a martyr to skin troubles when Zam-Buk's soothing herbal oils do for you what they have done for countless others... Get Zam-Buk from your druggist today.

ZAM-BUK OINTMENT

(Enough for 6 Servings)
One 1-1/2 cup butter, 3-4 cup granulated or 1 cup confectioners' sugar, 1 teaspoon vanilla or 2 tablespoons of sherry.
Cream butter. Add sugar gradually and cream until fluffy. Beat in flavoring, a little at a time.

A Morning Smile

APPETITE GONE

A Scot living in London called at a cat's-meat shop one morning, gave his address, and asked that a pennyworth be left there in the afternoon.

Some time later the vendor was surprised when the man rushed in and told him to cancel the order.

"What's the matter?" inquired the butcher. "Is your cat dead?"

"No, no, no," puffed the man. "he's caught a mouse."

Mrs. Dinocan—I wonder if you would be so kind as to weigh this package for me?

Butcher—Why, certainly! It weighs exactly three and a quarter pounds.

Mrs. Dinocan—Thank you; it contains the bones you sent me in that four-pound roast yesterday.

Educational authorities estimate that two of every one hundred adults in the United States are college graduates.

LINED-UP HOMES

Monotony in a neighborhood sometimes results from houses at a uniform distance from the street and at a uniform distance apart.

Variation in the setback of houses from the building line adds interest to the street and contributes to the general appearance of the neighborhood.

Needlecraft—

—For The Home

Jenkins have a definite place in every wardrobe. They add color and charm to plain dresses, blouses, skirts and blouses. Three different styles are included in this pattern, each one a smart and wearable version that you will want to have.

Style No. 2798 is designed for sizes 12, 14, 16, 36, 38 and 40. Size 16 requires 1 3/4 yards of 35-inch fabric for striped, jersey and cap; 1 1/4 yards for shoulder strap style; 1 1/4 yards for button front version.

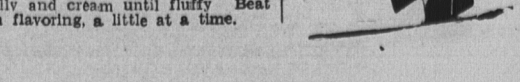
Send Twenty (20c) coin is preferred for pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2798 Size _____

Name _____
Street Address _____
City _____ Province _____

HARD SAUCE

(Enough for 6 Servings)
One 1-1/2 cup butter, 3-4 cup granulated or 1 cup confectioners' sugar, 1 teaspoon vanilla or 2 tablespoons of sherry.
Cream butter. Add sugar gradually and cream until fluffy. Beat in flavoring, a little at a time.



2798
SIZES 12-40
MAT INCL.

THE COOK'S CORNER

FRUIT SALAD TARTS

1 large can fruits for salads
3 tablespoons cornstarch
1-4 cup sugar
1-8 teaspoon salt
8 teaspoon nutmeg
8 baked tart shells
Whipped cream

Method: Drain the syrup from the fruit. Mix together the cornstarch, sugar, salt and nutmeg, and then stir in the fruit syrup gradually, blending well. Now heat the syrup mixture over low heat until it is clear and thickened, stirring almost constantly. Add the drained fruit and cool the mixture. Pour into the tart shells and serve with a garnish of sweetened and flavoured whipped cream, if desired.

SCOTCH CURRANT BUNS

One and a half breakfasts cups of flour; 4 ozs. butter. Rub the butter into the flour, mix to a smooth paste with cold water. Grease a cake tin, line with one layer and serve a slice for the "lid."

Half a pound flour; 2 ozs sugar; 1 lb. seedless raisins; 2 ozs orange peel; 1 lb. currants; 2 ozs almonds; 1-2 z ground ginger; 1-2 oz powdered cinnamon; 1-4 oz Jamaica pepper; 1-4 teaspoon black pepper; small teaspoon of baking soda; 1-4 teaspoon of cream of tartar; 2 breakfast cup of milk. Mix well with the hand place mixture in lined tin. Flatten on top, wet the edges all round.

Thirty million bacteria have been counted on the hands and arms of a normal individual during a single infection.

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**Helena Rubinstein
BEAUTY PREPARATIONS**

INCLUDING
APPLE BLOSSOM

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QUEEN STREET

"BUY WAR SAVING STAMPS WITH YOUR SAVING"