

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure

— THE WOMAN'S REALM —

### NOVEMBER HUES ARE SOBER

November wears a dull, grey dress; Hues of the weathered leaf or cone. Are hers. She seems not to digress. Sober and drab she displays, alone.

Hues of the weathered leaf or cone. Yet, these days that precede the stress Of winter have beauty all their own. Charms that rival spring's loveliness.

Are hers. She seems not to digress. Attractions, flaunted by June, full-blown. Are excelled by her lusty, bold career; A challenge, to warmer days unknown.

Sober and drab, she displays, alone. An amplitude, a copiousness In shelf and bin and granary shown. Though lavish her bounty, I confess, November hues are sober.

—Dana Kneeland Akers.

### EVENING DRESSES

The beloved ballet type evening dress in an enchanting new version, also ankle length, is shown in white nylon tulle over white taffeta. Many-layered, the skirt is decorated on one side with drifts of pale-colored tulle divided by a cluster of pink roses.

Typical of many of Winter's regal satin evening dresses is a slim-in-front dress in rich aqua coloring. Instep length in front, it stands out in deep floor-sweeping folds in back. The bodice is draped in folds and in a rising line to an immense bow on one shoulder. Equally sophisticated is a pale "opaline pink" satin ball-dress, also designed to bare one shoulder but with skirt fullness brought to the front in exaggerated stand-out folds at the hips.

Very romantic all and yet differing emphatically in coloring are this season's wide-skirted ball-dresses in net, lace and chiffon, or taffeta. Frequently accompanied by stoles, the majority are strapless or thinly-straped over the shoulders. One very simple but lovely dress in champagne moire taffeta has a moulded midriff and heart-shaped strapless bodice jewelled and embroidered around the top. Similar in silhouette but brilliant in coloring is a flame dress of lace, net and chiffon, also strapless and shimmering with scattered sequins.

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**JAVEX**  
Is Canada's Most Used Bleaching, Cleaning and Washing Compound.

IN 3 HANDY SIZES AT YOUR GROCER'S

### ELLEN'S DIARY

By An Island Farmer's Wife

Though it is highly probable that we have grown to be partial about the matter, or perhaps we have come to know the truth of Aunt Kitty Mahoney's words: "You kinda get used to them, the longer you live with them — the same way, Ellen," she used to say, "that you come to get real fond of a four-footed creature", in any event it is always a nice experience to accompany James on any outing. Our grandchildren beg for the privilege, and we can look back too, to the years together that have flown, with pleasant memories of many an excursion, we have enjoyed with him. Often only along the fields and woodland of this farm, to admire with him the sheep or cattle on a far pasture, or maybe to see how that grain on the new-land was "doing".

Or it may have been, across the farms to an evening's "skate", or along this quiet country road, our steps lit by the sun or the moon and stars and for company the breath of a wandering, gentle wind — or a stiff breeze that was playing a melody in our honor high up in the tree-tops. Yes, these we shall remember, as well as those which have carried us further afield.

Among those, a familiar but always engaging trip was that which carried us as today to a spell of shopping in the city. It continues to be a pleasant adventure, our one regret being that the cares of his farming combine to detain him at home, and now we come to this outing all too infrequently together. Not that James is at all intrigued over feminine buyings, nor is he one to linger over his own. Indeed it is a boast of his — which it is our duty to believe, or at least not to question — that he "could buy a farm in less time than it takes a woman to make up her mind over a hat". Nor is he one, who once out of sight of the place is content to leave dull care behind. On the contrary his responsibilities dog his every step. Perhaps not at the very outset, but as the minutes continue to bound away from us, with little to show for their passing, then these become obvious.

They are, we think, most apparent when we come to a millinery salon, and seat ourselves before a mirror in that blissful feminine state which is a seventh heaven, and invariably accompanies the selection of a new hat. We have already forgotten that at the threshold James said: "Now get this over with as quickly as you can, Ellen—I've got to go," and then I should attend to... and they're away across town. And I've just got to find out about... and they close at sharp 5". It is usual for him to stand at a distance, not to be better able to catch our effect, but rather to be near the exit, should his patience ebb. And as in a dream we see different expressions play over his features, while we are most agreeably engaged.

Tolerance is there, written large, and a casual interest, though this Continued on page 9

### That Body Of Yours

By James W. Barton, M.D.

### CANCER OF FACE AND MOUTH

When cancer occurs in or on the body, the first thought of the physician is to get rid of every cancer cell in or out of sight, because it is only too well known that cancer cells can travel to all parts of the body and set up a new, or secondary, cancer.

On the other hand, where the cancer is on the face or about the mouth, the thought of how his face may look after the operation is naturally on the patient's mind. After the cancer is removed and healing has occurred more or less disfigurement remains. The patient then must decide whether to have a further operation to remove some, if not all, of the disfigurement.

In "The Journal of the American Dental Association," Louis T. Bayers, M. D., St. Louis, states that while surgery plays an important role in cancer it is simply one of several methods of caring for a cancer patient.

While radium or X-ray treatment is suitable in many cases of mouth and face cancer, surgery by the knife or electric knife (cautery) is considered best where the knife can reach all parts of the cancer.

Knife removal of cancer is desirable where possible because it is followed by immediate healing. Whereas cautery removal is not, whereas cautery is considered best where there is a great amount of cancerous tissue to be removed, as knife surgery, in such a case would mean great loss of blood. However, healing following the use of cautery is not immediate, and the scar tissue, which disfigurement requires plastic surgery later. Of course, there are cases where radium must be used and plastic surgery must follow.

Physicians in most cases of cancer of face and mouth, and most intelligent patients, will choose immediate removal of the cancer by the knife and leave the matter of repair of the scar for later consideration. It is now known that all cancer tissues must be removed, or death will surely follow.

### The Stars Say --

By Genevieve Kemble

For Wednesday, December 7

BLUNDERS, mistakes, stubborn and tempestuous states of mind and emotions, continuing to complicate matters and hold up the wheels of progress. All rules and regulations concerning production and promotion of major projects seem defeated by a vindictive and blind policy. Subdue temperament for results.

Those whose birthday it is, may feel disposed to carry over grudges, make foolish blunders, and rush into temperamental and infantile outbursts from which it may be difficult to extricate its affairs and maintain any show of a rational state of mind with seasoned management of important affairs. With tempers, feelings and emotions running riot, the climax to the current problem may be regrettable and menace future security. Try a little composure, peace of mind and sobriety of action.

A child born on this day may have uncontrollable instincts and emotions, with periodic seizures of gloom. Early supervision and due analysis of these traits may avert trouble.

### How Can I!!!

By Anne Ashley

Q. How can I mend kid gloves so that the repair will be substantial?

A. A tear in the kid glove can be mended satisfactorily if one will buttonhole around the edge of the tear before drawing together; then oversew the buttonhole.

Q. How can I make a good stuffing for prunes?

A. Cream and rye flour cheese make a fine combination blended together and used to stuff prunes or dates. A delicious addition to this mixture can be made with a few nuts ground fine.

Q. How should fur be cut?

A. Never use the scissors on fur. A very sharp knife, or an old razor blade, should be used to cut through the skin at the back.

### Morning Smile

HIS BOWL

A motorist whose car broke down one night on a lonely road found humble but hospitable accommodation in a small inn nearby. Next morning his breakfast consisted mainly of a large bowl of porridge. During the meal he was astonished to find himself rather popular with a small pig, which muzzled against his legs in a most affectionate and persistent manner. At last he re-

marked to his host: "Your pig seems to have taken a great liking to me. I didn't know a pig could be so affectionate."

"Oh, it's not you it likes, it's just that you're using his bowl!"

### DOROTHY DIX SAYS -

### "Universal Laws"

Reader Stresses Validity Of Traditional Morality

DEAR MISS DIX: Is there any way to impress upon young people the fact that moral laws are the regulations formed by generations of experience to enable society to function and permit us to get along with other people with as little friction as possible? That right is common sense, that wrong is stupid and stupidity is the greatest sin? Surround these laws with any brand of religion, say them in any language and they still hold good. They are as old as the universe and you can't get away with breaking them.

Marriage supplies the solution to all the most serious problems in the relationship between the sexes. It guarantees the man the right to the sole enjoyment of his wife's affections. It gives the woman a man to stand between her and the world, and a home in which to rear her family. No arrangement between men and women can take the place of marriage, and those who make a failure of it would fail in any other arrangement. What a pity the young will not accept these age-old truths.

H. G. H. ANSWER: It is indeed, for they would save themselves much of the suffering they are destined to go through while proving for themselves that the great fundamental facts of life do not change. They are like the immovable mountains. They are for all time.

### REFUSE TO BE BOUND

I get thousands of letters from boys and girls telling me that the old moralities are dead and that the younger generation refuse to be bound by them. And you cannot make them believe that all of these theories have been tried out a thousand times and have failed, and that through the wisdom learned by these failures we have built up the code of conduct that we have today. They do not understand that what we call morals is just the best taste of the best people through thousands of generations.

They think they have discovered sex because it is new to them, but Adam and Eve knew all there was to know about that and there hasn't been a new temptation devised since the serpent triangle in the Garden of Eden.

Nothing has ever been found to take the place of the old-fashioned code of conduct. The eternal verities will still stand.

DEAR DOROTHY DIX: You wrote about nagging wives. How about nagging husbands, who have nagging wives left at the post? I have the ill-luck to be married to a nagger whose arguing and fault-finding never ceases. He never says anything pleasant, just fights on and on until it has made a nervous wreck of me. If it wasn't for the youngster, I'd fly the coop, and sometimes I think I will do it anyway just to be rid of the perpetual knocking and be able to live in peace.

ANSWER: I agree with you that women haven't a monopoly on nagging. Some of the most sincere, consistent, perpetual-motion naggers I have ever known were men, and why their poor, harried wives didn't drop some rough-on-rats in their coffee, Heaven only knows.

But there is no use in the pot reproaching the kettle with its blackness. Nagging, whether it is done by a man or a woman, is the blackest of all the domestic vices. It wrecks more marriages, it disillusiones more husbands and wives, it kills more love than any other one thing.

And the worst of it is that most of the time it is just a habit and the naggers don't even know that they nag. They are unconscious fault-finders, and when they knock their husbands and wives they don't even mean what they say. They really think their Mar's get a little more all right and very superior people, but somehow they get a little more out of saying something that will hurt their husbands' and wives' pride and show how great and hard to please they are themselves.

But it is a costly diversion, because it kills every particle of affection in the heart of the naggee for the nagger.

DEAR MISS DIX: We are two girls 16 years old and engaged to be married. Are we too young? We will abide by your decision.

ANSWER: At least four years too young. If you marry now you will be worn out old women by the time you are 20. Don't throw away your youth. Don't miss out on a girl's playtime. It comes to her but once in life.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

### COLDS DO MATTER

There is no such thing as "Just a little cold" because the cold itself is a symptom of lowered vitality. To a symptom of colds, or to deal with them once they have started, keep warm and dry, get plenty of rest and take FATHER JOHN'S MEDICINE.

For nearly 90 years careful parents have been giving Father John's Medicine to their children, and have been taking it themselves. This is a wonderful proof of the value of this famous medicine.

FOR COUGHS AND COLDS



To a King's taste!  
**KING COLE COFFEE**  
VACUUM-PACKED

marked to his host: "Your pig seems to have taken a great liking to me. I didn't know a pig could be so affectionate."

"Oh, it's not you it likes, it's just that you're using his bowl!"

### A Country Garden

By Mrs. Gordon Macmillan

### FREEDOM OF SPIRIT

"You shall be free indeed when your days are not without a care, nor your nights without a want, nor your grief, but rather when these things girdle your life, and yet you rise above them naked and unbound."

The time to order your Christmas books for your gardening friends is now and you will have a few days to look them over before wrapping them up for gifts. There are many lovely garden books, or Shrubs, Perennials, Annuals, Climbers, Trees, Birds, Garden Design and to me the most interesting are about garden experiences and they are written in story form by many English writers. Beverly Nicholls of "Down the Garden Path" and many other interesting garden books. Also Marion Crau books describing her ruin of a home and the garden.

Richardson Wright, the editor of "House and Garden", has written many good books about gardens and gardeners, next to gardening all who love to work in the soil like to read about it, and a garden book is always acceptable.

Today I gathered spruce boughs for some exposed tulips and daffodil plantings, also to cover my English ivies that have grown into such lovely green plants as large as shrubs. I have wintered them successfully in different situations and now have planted all of them outside.

Small spruce trees were cut for the window boxes and veranda tubs and with branches of bright red hips from the sweet Briar rose shrub and the scarlet branches of Barberry make the boxes quite gay.

A beautiful pink tea rose given to me last summer is now in fragrant bloom. I remember many slips of house plants received through the years from garden friends, the fragrant rose geranium, this does especially well outdoors in the summer time growing into large shrub-like plants and nice in colorful bouquets of flowers.

The pink ivy geranium that is good for window boxes and in hanging baskets, with fresh green leaves and many blooms. This was given to me many years ago. A lady from New Brunswick always carried several slips of unusual house plants to me, the Sedums and Sempervivums. These grow in lovely green color and unusual form. I am sure I have given hundreds of these small plants to garden visitors as they are attractive and easily grown. Planted in little jars and decorated pots they make lovely Christmas gifts.

I have been asked several times lately about forget-me-not plants. I imagine they are thinking of the tulip and daffodil borders and are wishing for a carpet of blue to go with them.

Plants may be bought in the very early spring as soon as the snow goes and transplanted where needed. This must be done before they come into bloom, as they are biennial and bloom for only one season.

Seed should be sown the year before the plants are needed. May or June will give good sized plants by fall to be transplanted to permanent borders for lovely blue color for several weeks then the seed may be saved and sown immediately so that soon this biennial becomes established in the garden and with some assistance from the gardener the forget-me-not bloom is everywhere it is needed. I find it does not do well unless it has proper drainage and if you look for the seed in the flower catalogue you will find it under the name of Myosotis and there are several varieties. Royal Blue, a very deep color, is one of the best and it grows to a height of twelve inches. There is a dwarf strain of Royal Blue in height about six inches and it is suitable for formal edgings.

Early flowering Blue Bird blooms very early in the Spring. Through the years I have had several varieties and now have a deep blue strain of my own with some pink and white mixed in with the blue making a lovely picture in early Spring with apple blossoms and tulips.

St. Andrew's Day was a grand day for Scotchmen and this Scotch gardener because I was able to work in the garden all day, finishing the tulip planting and also bringing violets and pansies from the field to the sheltered corner of the south wall where I hope they will continue their blooming off and on all winter as I have a glass frame to cover them and I plan on opening the small cellar window on warm days. It is going to be an experiment and from my experience with violets blooming up through the snow and under the snow I expect to be successful.

Wallflower was also planted in the rock garden and it will be there for very early bloom. I am very fond of this fragrant yellow and orange biennial and it requires the same culture as violets. In the catalogue it is called Chieranthus and Golden Bedder is very fine.

It was a real joy to attend the annual meeting and banquet of the Rural Beautification Society. I

### Modern Etiquette

By Roberta Leo

Q. When a bride is writing a note of thanks for a gift to a close friend of hers, should her husband also sign the note?

A. It isn't necessary for her husband to sign it, but she should take care to mention his name in her letter, as "Charles and I both thank you for your thoughtfulness, etc."

Q. Should individual dishes be provided for the various vegetables when giving a dinner at home?

A. No; this is done only in restaurants.

Q. If a man is sitting down in some public place and a woman addresses a remark or question to him, is it necessary for him to rise?

A. Yes, he should rise, unless the woman is also seated.

### Better English

By D. C. Williams

1. What is wrong with this sentence? "I bought two pairs of stockings."

2. What is the correct pronunciation of "orient"?

3. Which one of these words is misspelled? Massachusetts, Montana, Minnesota, Mesopotamia.

4. What does the word "recoll" mean?

5. What is a word beginning with "ia" that means "confused, unintelligible language"?

### ANSWERS

1. Say, "I bought two pair." Pair is the plural form when preceded by a number; otherwise, pairs, as, "Many pairs of stockings." 2. Pronounce o-ri-ent, o as in no, i as in it, e as in meet, accent first syllable. 3. Massachusetts. 4. To return to the starting point. An old deed recolls upon the deer." 5. Jargon.

### Household Scrapbook

By Roberta Leo

Relieves Coughing  
A mixture of the juice of two lemons, one tablespoon of granulated sugar, and one teaspoon of water, will usually relieve that irritating cough. Take one teaspoonful every half hour.

### Frosting Windows

You can make a frosted window from ordinary glass by dissolving some epsom salts in cold water and painting this on the glass.

### Cook's Corner

### PEANUT BUTTER CANDY

Two cups white sugar, 1/4 cup sweet milk, 2 tablespoons syrup, 1 tablespoon vinegar. Boil till it forms a ball in cold water. Take off stove, let cool, then add 1/4 cup peanut butter, 1/2 teaspoon vanilla. Beat till creamy, then pour into a buttered pan and cut in squares.

### PEANUT BRITTLE

One cup white sugar, 1 1/2 cups unshelled nuts. Shell peanuts, remove skin, chop, or if wanted, leave whole. Then melt sugar in frying pan, but do not caramelize. Pour over nuts on a platter, then melt in squares before it hardens.

## Just THE RIGHT INGREDIENTS!



Enjoy  
**BUTTERNUT BREAD**

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### Needlecraft

— FOR THE HOME —

### SMART ENSEMBLE

Figure-fitting jacket that buttons to the waistline, combines with this year's favorite skirt laid in soft pleats. Use cummerbund for color contrast. Scalloped blouse is a separate pattern.

No. 2896 cut in sizes 10, 12, 14, 16, 18, 20. Size 16 skirt and jacket, 3 yards 54-inch; 1/2 yard 36-inch for cummerbund.

No. 3054 is cut in sizes 10, 12, 14, 16, 18, 20. Eize 16, 1 1/2 yards 39-inch. Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address Pattern Department The Charlotte-Town Guardian, Pattern No. 2896 and No. 3054

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Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

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