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MELLE C. GAUDREAU
Rochon P.Q., Jan. 14th, 1915.
"I suffered for many years from terrible indigestion and constipation. I became thin and miserable. I had frequent dizzy spells and became so run down that I never thought I would get well again.
A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve and he advised me to continue with 'Fruit-a-lives'. I continued this medicine and all my indigestion and constipation was relieved. I consider that I owe my life to 'Fruit-a-lives' and I want to say to those who suffer from indigestion, constipation or headaches, try 'Fruit-a-lives'. Give this lovely fruit medicine a fair chance and you will get well the same as I did."

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TUESDAY.

ENGAGEMENT ANNOUNCED.—Mr. George M. Moore announces the engagement of his daughter Helen Gertrude to Mr. Robbina E. Colwill. The marriage will take place early in June.

COMING TO ST. JOHN.—Rev. Neil McLaughlin, brother of Mr. John McLaughlin of this city who has accepted a call to Portland Methodist church, is expected to arrive in St. John from Bermuda on July 15.

HELPING THE BAND.—The receipt of \$30.00 from The Royal Edward Chapter of the Daughters of The Empire and \$15.35 proceeds of lecture by Rev. D. G. Fulton at Souris, towards the Band Instruments. Fund of the 105th Battalion is acknowledged with thanks.

PLUCKY SOLDIER LAD.—Mr. G. W. Crag of this city, who resigned his position in the Royal Bank, to enlist for overseas service in No. 5 Siege Battery and who was obliged to undergo a surgical operation to fit himself for the work of a gunner, is now out of hospital and it is pleasing to note that he is completely recovered.

EXCHEQUER COURT.—Judge Louis A. Audette will arrive in Charlottetown this week to preside at the meeting of the Exchequer Court on Thursday, when the case of The King Vs. Edward E. Crosby will be heard. This is a case to settle damages and value of lands expropriated at Carleton Place. Mr. A. E. Arsenault will appear for the Crown and Messrs McLean and McKinnon for Mr. Crosby.

TRENCH DIGGING.—The men of the 105th Battalion, under the command of Colonel Innes, have started an important feature of war training, viz., the digging of trenches. Yesterday a number of zig-zag trenches were dug back of the Kensington Range. This work will be continued and the men initiated into the full mysteries of trench-digging as done in the battle-grounds of France and Belgium.

Miss Blanche Stewart, Charlottetown, left Saturday morning for New Glasgow, N.S., to attend the marriage of her sister Miss Adele which took place yesterday. The groom is Mr. James Curran of Halifax, and now of New Glasgow. The many friends of the happy couple will wish them every happiness. The bridegroom is well known in Charlottetown where he was for some time in the employ of the Dominion and Phototypist. After a short honeymoon tour Mr. and Mrs. Curran will take up their residence in New Glasgow.

WILL PROBATED.—The estate of the late Mrs. Sophia Macphail of Charlottetown has been probated. The estate is valued at \$35,377.34 the real estate including houses in Charlottetown and land in King's County being valued at \$1,015. Deceased bequeathed to her niece Sarah S. Cook, of Somerville, Mass., \$500; to each of the children of Mrs. Cook, Eleanor and Dorothy, \$2,000 each, to be paid to them when they attain the age of 21 years; to Hazel Stewart, of Lynn, Mass., \$2,000; to James, Ethel and Ellen Stewart of Lynn, \$2,000 each to be paid to them when 21 years old; to Roland, Margaret and Edna Stewart of Lynn, also \$2,000 each; to deceased's nephew, George Stewart, \$1,000; to David and John McInnis, Charlottetown, \$500; to the P. E. I. Hospital, \$300; to Zion Church, \$1,500; \$1,000 therefor for the building fund and the remaining \$500 for missions; to Mrs. (Dr.) J. Murchison, Bonshaw, \$200.

USE "TIZ" IF FEET
ACHE, BURN, PUFF UP



"Sure! I use 'TIZ' every time for any foot trouble."

CAN'T BEAT "TIZ" FOR SORE, TIRED SWOLLEN, CALLOUSED FEET OR CORNS.

You can be happy-footed in a moment. Use "Tiz" and never suffer with tender, raw, burning, blistering, swollen, tired aching feet. "Tiz" and only "Tiz" takes the pain and soreness out of corns, callouses and bunions.
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Get a 25-cent box of "Tiz" at any drug store or department store. Get instant foot relief. Laugh at foot sufferers who complain. Because your feet are never, never going to bother or make you limp any more.

HALIFAX, N.S., May 23.—The House of Assembly of Nova Scotia was dissolved this afternoon and the writs for the general election were immediately issued. Nomination day will be on Tuesday, June 13th, and polling day will be on Tuesday, June 20th.

ROME, May 24.—An Austrian aeroplane and an Austrian gunboat have been destroyed in a battle, with an Italian gunboat, in the upper Adriatic. The crew of the Austrian craft were taken prisoners. A building on the outskirts of Porto Ferrajo was bombed by an Austrian submarine, which was driven off by the coast batteries, before much damage was done.
Porto Ferrajo is the capital of the island of Elba, and if the Austrian submarine started from the Austrian base at Pola, it must have almost completely circumnavigated Italy to reach its objective.
The Villa occupied by Napoleon during his exile to Elba, stands on a height overlooking Porto Ferrajo.

ISLANDERS ENLIST.—Mr. Earl R. Lane son of Mr. Isaac L. Lane of Penzance formerly of Charlottetown has enlisted with the 195 Overseas Infantry Battalion and is at present taking an officers course at Winnipeg. Mr. Russell C. Lane of Penzance formerly of Pownal P. E. I., has also enlisted with the same battalion.

LOBSTERS.—Are reported plentiful everywhere, though bait is scarce in some places. In the space of one week Joseph McInnis, a renowned fisherman and a shareholder in one of the foremost lobster packing concerns, put out his traps, and caught lobsters enough to fill twenty-five cases. Now don't say that's a fish story because it isn't.—Y

CASCAPEDIA ARRIVES.—The Cascapedia arrived in Summerside early yesterday morning bringing one of the largest cargoes in her history. She left at 4 o'clock for Charlottetown. The officers this year are the same as last year with the exception of the Purser, Mr. Payne, formerly of the Arranmore succeeding Mr. W. H. Davis who retired after over 40 years in the service. He is a now Superintending the export of munitions for the Imperial Munitions Commission, in Montreal.—C.

WORKS OF ART.—By the addition of two more beautiful pictures in the sanctuary of the Memorial Chapel of St. Peter's Cathedral the scheme of mural decorations for the chapel is now complete. These latest works of art are from the brush of Mr. Robert Harris, A.R.C.A., C.M.G. Montreal and compare favorably with the best that he has produced. One picture is a representation of St. James the Just, showing him in the attitude of prayer and the other is of St. Luke. The pictures are painted on canvas but are of the character of frescoes.

THE "PRINCE EDWARD."—The car ferry steamer did not reach Charlottetown yesterday until 2.10 p. m., being detained by fog, on account of which she was obliged to anchor in Carleton Place for nearly three hours. She reports a large strip of ice off Wood Islands. The steamer had only two passengers, but brought some eighteen carloads of freight, including about 4 cars of flour, 1 car of machinery, 2 cars wagons, 1 car wire, and a car of cement. The two boilers of the steamer which have been cleaned were filled last night and two others were emptied to undergo similar treatment.

NARROW ESCAPE.—In the gale of Friday last, while the fishermen of C. F. Morrissy's factory at the Black Marsh, were trying to save their boats, one of the boats capsized and the manager, Jerome Gaudet, was thrown into the water. Becoming entangled in some of the rigging, he would surely have been drowned but for the ready wit and cool courage of another fisherman, Jos. A. Richard, who came to the rescue and succeeded in getting the drowning man aboard his boat. This is only another example of the bravery so often displayed by our fishermen in saving lives during the fishing season. Named winners of medals, and yet he, who risks his life to save another, must be as true a hero as he, who braves the cannon's roar to destroy lives on the battlefield. Evidently there are brave men not yet on the firing line.—Y

A VETERAN RAILROADER.—A correspondent from Montreal writes: Our veteran railway man John A. Ferguson has retired from the service on superannuation after a most faithful service of forty-one years as Foreman on Section 28. During all these years he never had a serious accident and never was censured. Mr. Ferguson was born about sixty-five years ago at Marshfield and had a family of nine. Four daughters are married at Lowell, Mass. His eldest son Harry W. is conductor on the Great North Western and Chicago railway; J. Reginald is a merchant in the employ of the Boston and Maine railway; C. Raymond is Breakman on the B. and M. one son Albert H., died sixteen years ago, and his youngest son George A. is at home. Mr. Ferguson has well earned his retirement allowance and his many friends in this vicinity hope that he will live long to enjoy the same in his comfortable home on the bonny banks of the beautiful St. Peter's Bay.

CURIOS PROPHECY.—A curious but well authenticated story has come in a letter received last week by Professor Hinton from his mother who resides in Northampton, England. The incident occurred in a village near Banbury, Northamptonshire. A woman was washing dishes in her kitchen; her young baby was lying in its cot near by. The mother dropped a plate on the floor which was broken. To the mother's amazement the baby said "that's number one". A second plate similarly fell and was broken, when the child again exclaimed "that's number two". A third followed with the same exclamation from the baby who said "that's number three, I shall die tomorrow and the war will end June 16th". The child died on the following day as predicted and now June 16th is eagerly looked for.

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A good chew is a comfort -- make it a greater comfort still by chewing King George's Navy Plug.

Made from pure, rich tobacco, every ounce of which is carefully selected, then blended according to our process, giving it enough elasticity to keep it together instead of granulating in the mouth as most plug tobaccos do.

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A Real Flesh Builder
For Thin People

Thin men and women—that big hearty, filling dinner you ate last night. What became of all the fat-producing nourishment it contained? You haven't gained in weight one ounce. That food passed from your body like unburned coal through an open grate. The material was there, but your food doesn't work and stick, and the plain truth is you hardly get enough nourishment from your meals to pay for the cost of cooking. This is true of thin folks the world over. Your nutritive organs, your functions of assimilation, are probably sadly out of gear and need reconstruction.

Cut out the foolish foods and funny sawdust diets. Cut out everything but the meals you are eating and eat with every one of those a single Sargol tablet. In two weeks note the difference. Let the scales be the judge. Five to eight good solid pounds of healthy, "staythere" fat may be the net result. Sargol aims to change weak stagnant blood with millions of fresh new red blood corpuscles—to give the blood the carrying power to deliver every ounce of fat-making material in your food to every part of your body. Sargol, to mix with your food, to prepare it for the blood in an easily assimilated form. Thin people tell how they have gained all the way from 10 to 25 pounds a month while taking Sargol and say that the new flesh stays put, Sargol tablets are a careful combination of six of the best packages, are pleasant, harmless and inexpensive, and all other good druggists in this vicinity sell them subject to an absolute guarantee of weight in assimilative elements known to chemistry. They come 40 tablets to a very package.
If you find a druggist who is unable to supply you send \$1.00 to the National Laboratories, 74 St. Antoine St., Montreal and a complete ten days treatment will be sent you post paid.

(Special to the Guardian.)
PARIS, May 25.—An official communication reads: "On the left bank of the Meuse activity of enemy artillery increased during the day against our positions on Hill 304. On the right bank after a heavy bombardment the Germans delivered about five o'clock a series of offensive actions between Haudremont Wood and Thiaumont Farm. All these attacks were repulsed with heavy losses except at one point where the enemy troops occupied a section of our trenches."

In the region of Douaumont artillery action continues very violently on both sides. The fire of one of our long range guns caused a fire in the German supply depot at Peudicourt north east of St. Mihiel. Cannonading was intermittent on the rest of

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is as good today as when I bought it thirty years ago.

"The whole family has enjoyed years of restful, refreshing sleep on our OSTERMOOR MATTRESSES—and I have not spent one penny in fixing them up.
"They have never needed renovating, and have never matted nor become lumpy in all the 30 years we have been sleeping on them.
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"The OSTERMOOR MATTRESS is made of "a thousand sheets of down." It is built—not stuffed—in layers of finest selected, long fibre cotton felt, pressed into casing of the highest grade artistic ticking."

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In Canada as well as in the United States. And every OSTERMOOR is readily distinguished by the binding around the edges, bearing the name "OSTERMOOR" (as shown around this advertisement). You cannot be too particular in looking for this distinguishing mark.
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"Alaska on an article Means High Grade Every Particle"

For Sale by BEER & WEEKS

In an aerial fight one of our pilots brought down a fokker which fell within the enemy's lines to north of Vaux. In the region of Etain one of our squadrons gave battle to a group of German aeroplanes. Two machines were seriously hit and compelled to make a landing.
PARIS, May 25.—The battle around Verdun continues to rage with a violence unexampled even in this region. The Germans are striving with every resource in their power to capture Hill No. 304 and Dead Man Hill, on the left bank of the Meuse, and to win back the famous Fort Douaumont on the right bank, which was wrested from them by General Nivelle's brilliantly planned and executed offensive.

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