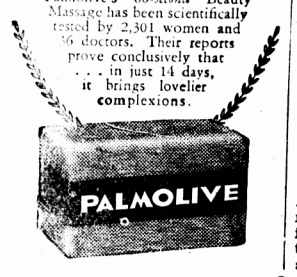
Woman's Realm / Social and Personal / Fashions / Literature

Your own home test may bring new beauty —in just 14 days!

WOMEN PROVE SKIN REGAINS ELASTICITY

How often a woman wishes . . . that her face looked as young as her shoulders. You see, shoulders stay smooth, soft, *elastic*—while faces have pores clogged with make-up, unable to breathe for hours at a time. And when pores can't breathe, skin becomes wrinkled and prematurely aged. But this needn't happen to *your* complexion. Palmolive offers a *proved* way to help keep it young and lovely.

You can look younger in 14 days! Each time you wash, (use a face cloth) massage warm, rich, vitalizing Palmolive lather thoroughly into your skin for . . . one full minute. Now, a quick rinse and pat dry. Palmolive's *60-second* Beauty Massage has been scientifically tested by 2,301 women and 36 doctors. Their reports prove conclusively that . . . in just 14 days, it brings lovelier complexions.



COOK'S CORNER

MOIST SPONGE CAKE

If your tube pan or square pan has an inclination to break the bottom of the cake pan in turning it out, cut a piece of waxed paper to fit the bottom of the pan and fit it in smoothly.

1 cup once-sifted cake flour
½ teaspoon salt
5 eggs separated
¾ cup once-sifted fruit sugar
2 tablespoons cold water
1 teaspoon cream of tartar
½ cup corn syrup
1 teaspoon vanilla
1 teaspoon lemon flavoring

Measure the cake flour and salt and sift them together 3 times. Combine the egg-yolks, fruit sugar and cold water and beat constantly for 5 minutes. Fold in the thrice sifted flour and salt.

Beat egg-whites until foamy, sprinkle in the cream of tartar and continue to beat until the whites are stiff but not dry. Gradually beat in the corn syrup and finally the vanilla and lemon flavorings.

Fold the meringue mixture into the batter thoroughly. Turn into a large ungreased tube pan. Bake in a rather slow oven, 325 degrees, about 1½ hours. Invert the cake over a cake cooler and allow it to hang until cold. Loosen around the sides with a knife and turn out.

Dorothy Dix Says—

PRIDE IS A NECESSITY

Man Takes Woman At Her Valuation; High-Valued Girl Most Sought

DEAR MISS DIX: Should I take the old adage that says "pride is a luxury which a woman in love cannot afford" at its full value? The reason I ask is this: I am engaged to a boy who is in the service and I promised that I would wait for him until he came back from the war, but another chap came along with whom I fell desperately in love and who told me that I was the only girl, so I promised to marry him.

But now this second boy and I have quarreled and he has broken off our affair and says that I had better go back to the first boy and that I will be happier with him. Now what shall I do? Shall I humble myself and go back to the first boy and ask him to take me back?

TROUBLED GIRL.

PRIDE NOT A LUXURY

ANSWER: I think that instead of pride being a luxury to a woman in love, it is a necessity if she wants to keep herself desirable to her man. For men take women at their own valuation and the higher a girl holds herself, the more they want her.

After a lover's tiff, a girl should let the man be the one to make it up. If she does the apologizing, he will think she is so much in love with him that he can treat her as he pleases, but if she waits for him to come back, he thinks she can take him or leave him. It piques his vanity and arouses his interest in her. He wants to find out if she is not as much in love with him as he thought she was and how it is she has been able to resist his fascination.

As for your individual case, you must be dumb indeed if you do not see that this man who so nobly gives you up to his rival is trying to shake you. He doesn't intend to marry you. He has repented the brief flare of fancy that made him propose to you and he is offering you a way to save your face. Take it.

DEAR DOROTHY DIX: I am a woman in the early fifties who knows all there is to know about philandering husbands. For many years I have worked like a coal heaver doing everything possible to make a success of my marriage but at last, I have come to realize what a sap I have been and that there is nothing that anyone can do to change a born wandered into a fireside companion.

Rather than hurt the feelings of a wonderful daughter I have refrained from divorcing this man whose only interest in life is skirt chasing, but I have ceased to let what he does or leaves undone even annoy me. I live a full, complete and happy life with my own work, my own pleasures, my own friends. Whether my alleged husband is out with a blond or abrunette is of no more importance to me than it would be if it were some other man who is spending his time and his money on a cutie.

So I pass on this tip to other middle-aged wives: Why break your hearts worrying over someone who isn't worth worrying over? Forget him.

CHEERIO

ANSWER: I commend this woman's letter to the many tear-sodden wives of philanderers who dampen this column with their tales of woe. Granted that every woman wants her husband to be faithful to her, granted that she started out by loving him. Well, there is no better cure for love sickness than sitting down calmly and dispassionately and analyzing the philandering husband and seeing whether what you've got is worth worrying about if you lose him.

DEAR MISS DIX: My son is about to marry a divorced woman who is in her thirties and has a child five years old, while he is only a boy of twenty-two. Worse still, the woman is not of good character and she is obviously marrying him because he is well off.

Now one of my friends wants to give them a reception at her home and insists upon my attending it, but I have refused, because if I go it will be publicly accepting her. Do you think I should go or not?

MRS. S.

ANSWER: Your friend shows little regard for your feelings in giving this reception, for it publicizes your humiliation at your son's folly in making such an unsuitable marriage, and gives a gaping crowd of curious people a chance to gossip about how you are taking it.

But in the end you will have to accept your son's marriage and patch up some sort of a family truce, so perhaps you had as well get the ordeal over by going to the party.

HOW CAN I !!

By Anne Ashley

Q. How can I remove burnt stains from aluminum?

A. These stains on aluminum or other unsoldered utensil of brass, tin, or iron, can be removed by placing it while empty over the gas flame or fire until red hot.

Q. How can I keep vegetables from losing their appetizing color when they are cooked?

A. By not cooking them too long. Spinach, asparagus, cabbage and cauliflower seldom need more than 10 minutes cooking; carrots, peas, turnips, and parsnips between 20 and 30 minutes.

Q. How can I bleach white goods?

A. By washing in the usual way and then soaking over night in one half gallon of clear water, to which is added two teaspoonfuls cream of tartar.

BETTER ENGLISH

By C. B. Williams

1. What is wrong with this sentence? "He opened the door and walked in the other room."
2. What is the correct pronunciation of "dilemma"?
3. Which one of these words is misspelled? Pimento, pickerel, picnicer.
4. What does the word "imminent" mean?
5. What is a word beginning with de that means "graceful and gay?"

ANSWERS

1. Say, "walked into the other room." 2. Pronounce di-lem-a, i as in did (not as in die,) accent second syllable. 3. Picnicker. 4. Threatening to occur immediately. "Discovery was imminent." 5. Debonair.

MODERN ETIQUETTE

By Roberta Lee

Q. For how long a time should a widow wear mourning?

A. She may wear all black for a few weeks. Then the black may be modified gradually with touches of white here and there. There is no set time that one should wear mourning, and some people do not use it at all.

Q. When a girl is invited to supper after the theater, what would be suitable for her to order?

A. A salad, a hot club sandwich, with coffee, and light pastry or fruit.

Q. Should the husband or the wife send out informal dinner invitations?

A. The wife should send the invitations for her husband and herself.

SCOTS ARE HEALTHIER

EDINBURGH, — (CP) — Food rationing is largely responsible for Edinburgh's improved bill of health in 1943, says Dr. W.G. Clark, medical health officer. Other factors are the comparative absence of abnormal weather and fewer epidemic diseases.

NO BUTTER NEEDED INSIDE OR OUTSIDE

MAGIC CHEESE BISCUITS

1¼ cups flour
⅔ cup milk
¼ tspn. salt
1 tbspn. shortening
6 tbspns. grated cheese
2 tspns. Magic Baking Powder

(When half-baked, place square of cheese on top of biscuits for extra flavor)

Sift dry ingredients together; cut in shortening. Mix in cheese lightly; add milk slowly. Roll out on floured board to ½-inch thick; cut with small biscuit cutter. Bake in hot oven (475°F.) 12 to 15 minutes. Makes 12.

MAGIC INSURES BAKING SUCCESS

MADE IN CANADA

HOUSEHOLD SCRAPBOOK

By Roberta Lee

The Dry Cleaner

When sending soiled garments to the dry cleaner, search for the bad spots that might escape his notice and outline them in white thread. The thread will attract the cleaner's attention and it is easily removed afterwards.

Steaming Clothes

To steam wrinkles from garments, hang them in the bathroom as nearly as possible to the hot-water faucet, turn on the water and let the room fill with steam.

Soup

When it is desired to keep soup for a second dinner, it should be brought to a boiling point and then set somewhere to cool.

BODY ODOR

End your fears this pleasant, easy way

Why endure strong-smelling soaps when a daily bath with fragrant, mildly medicated Cuticura Soap banishes grime and odor instantly, leaves you feeling completely refreshed and confident! Finish with fragrant, borated Cuticura Talcum to absorb perspiration and guard against offending. Buy today!

MORNING SMILE

Some visitors were inspecting a junior class in the school and things were going rather badly. When the teacher asked if any little girl could recite something, only one hand shot up. [redacted]

"That's good girl, Betty," teacher encouragingly. "Now step out in front of the class. What can you say for us?"

"'Nelson's farewell to His Mother,'" replied Betty brightly.

"Splendid! Begin."

"Ta-ta, mum!" said Betty dramatically, waving her hand in the air.

UNRELIABLE

A man burst into the office of a railway official and demanded that the driver of the 12.15 express should be forbidden to blow the whistle on Sunday mornings.

"Why, that's impossible! What leads you to make such an unreasonable request?"

"Well, our vicar preaches until he hears the train whistle—and that confounded express was forty minutes late last Sunday!"

ELLEN'S DIARY

By An Island Farmer's Wife

Hallowe'en passed over very quietly at Alderlea. Excepting for the visit of one wee fat elf and later a half dozen goblins, the like of which never were "on sea or land"—or in air!—up 'til last night, there was no sign of other callers. True the rain-barrel a very good friend of mine, was spirited away from its place by the porch-corner and was at the bottom of an incline by the garden-fence. Considering the size of the visiting goblins the force of gravity must have been of great assistance. But there were wicked, ill-behaved, mischievious gnomes abroad last night. Not polite, thoughtful manly ones like our callers. Only the meanest of fairy-folk would carry off gates from older folk's premises, to hide away out of sight or perhaps break in transit causing so much work and anxiety to old people. It's a curious thing, that one year after another even the smallest girl or boy abroad this Hallowe'en just past, grows and ages till finally one day, that now seems far and ever away in the future but which comes so quickly, they themselves are the old folk. I suppose not 'till they are adults or even grown old will they realize how really unkind they were in their thoughtless Hallowe'en mischief. But, as I said, at Alderlea only my rain-barrel was whisked a short way.

• • •

November came in this morning believing her reputation as one who brings "the melancholy days." She slipped into October's place, almost like a bride, in a glory of pastel shades. The sunrise was an artist's dream. Balmy like a summer-month returning to call. Every sign of frost, even the ice across the stream below the front meadow disappeared before the magic of the sun's warming rays.

• • •

Jock said: "We needn't have bothered taking frost-bitten turnips to the cellar yesterday" but then how is one to know these vagaries of the weather? Today all the woman-power was mustered in an effort to presently complete the work. James familiar with our several abilities placed each to the best advantage. Judy new to the work, went to the field with Jock to load carts. At Alderlea, there are two methods of loading turnips to the carts, which of these is the better—easier and at the same time as fast—is and has been a moot question for some years. One way is to stoop, pick-up the vegetable and throw it in the farm-cart, bringing into play every muscle — and some you never were conscious of having;—in the region of the back and limbs. The other is to use a fork—to me preferably a small pitch-fork in the work. Thus equipped, I nonchalantly spear the vegetables on a two "tick" and swing them to the cart. This calls for quickness of action and expertness in spearing. There have been times when I preferred following one method to leave it in favor of the other. Jock and Judy used the forks today and it was amazing the number of laden carts that were sent to the barn. James was at the receiving end of the work, remaining at the barn to dump the carts and with Jeanie kept the cellar-front clear for successive loads. I think, I was the most favored of all, for as in potato-time I was allowed the privilege of driving the horses to and from the field. Rather a compliment, perhaps in a way, when I consider how long it takes to earn James trust in this respect. To farm-girls and women it is actually a must to have the ability to drive a horse or horses expertly, perhaps more important on many farms than being able to handle a tractor.

• • •

James will contend its better to have this knowledge than to be able to solve an intricate problem in geometry but then I think one would depend on the other for on a farm, even driving horses, "at divers times and in sundry places" it needs the keenest of brains to get one out of unforseen misadventures.

• • •

Our dinner today was of necessity, hastily prepared. No time to be wasted on such trivial things as meals! The meat and vegetables were placed in a casrole to bubble away by themselves while the outdoor work continued. At midday, it made a delicious dinner, after soup warmed over from yesterday. It came from the oven browned and tempting and was eaten with an accompanying relish and today finely minced cabbage in the raw, seasoned, a bit of vinegar added and a shake of paprika to tempt the eye as well as the appetite went to help make a satisfying meal.

• • •

I took a minute off at dinner to read my Canadian story. Sure enough as I expected it, the heroine fell in our hero's arms—too easily I thought—when he "softened." However "the course of true love never did run smoth." Another also—ran has of all things, a priority on him. So events thicken!

• • •

It was toward evening, indeed after supper when we finally put our fruit-cakes in the oven, the one in the large cake-pan and the one "just to try it" in the coffee-can. "My godness!" Karolyn, Rob's wife said in amazement when I told her by 'phone. Jeanie, Jock's wife said skeptically, "will they be good?" Judy, my young helper said threatingly: "They'd better be!" I've come to that blessed estate where I do the best I can—with the least effort!—then fold my hands complacently and hope. Sometimes I eye the horse-shoe above the door. While the cakes were filling the old kitchen with the most tantalizing spicy odours Judy was busy with Dorothy Dix. James was her audience. It was truly Solomon-like the judgments they arrived at in love-lorn matters, invariably concurring with the writer of this helpful and interesting column.

• • •

There was a visitor, about Judy's age who came in this evening after the gentlest knock on the porch-door. He remained for a while chatting as Aunt Kitty Mahoney used to say: "As if butter wouldn't melt in his mouth" I heard James remark to Jeanie, when she called with some sugar she brought from the store, "Reckon we'll have to feed Pard some red-meat!" Oh dear!

• • •

All our company have gone now. The cakes very presentable as to appearance have been taken from their containers and for the present are on a rack in the pantry. James says: "We'll sample the smallest one at breakfast and when I have written the last word here, and the old clock has been duly wound and James and Judy have gone upstairs, I shall blow out the light in this old "sittin-room" lamp and for the shortest time I shall sit by the window to look out over the quiet of the surrounding lonely but beautiful countryside and I shall bathe my soul in the grandeur of the moon-light.

• • •

Doubtless, I shall need it all to sustain me tomorrow, for James, in a voice that actually purrs from being well-pleased with work done today, is calling: "Make haste Ellen, we must finish the turnips this week."

Until tomorrow — Diary—Good-night.

A JOB ONLY YOU CAN DO

Prices Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. May I exchange canning sugar coupons "F" for preserves coupons?

A. Yes, this is allowed. The exchange is made at your Local Ration Board.

Q. I have just learned that the previous tenants of the apartment I have been renting for the last six months paid five dollars a month less rent. I thought this could not be done.

A. Rents are frozen. Your landlord cannot increase your rent unless that increase has been approved by the Wartime Prices and Trade Board. If you know this has not been done, report it at once to the Rentals division of the Board.

Q. Do I have to surrender preserves coupons when buying frozen fruit?

A. No. Frosen fruit is not rationed.

Q. Can extra rations for farm help be applied for by mail?

A. Yes, but be sure to include the number on your ration book along with your application.

Q. When are butter coupons 84 and 85 valid?

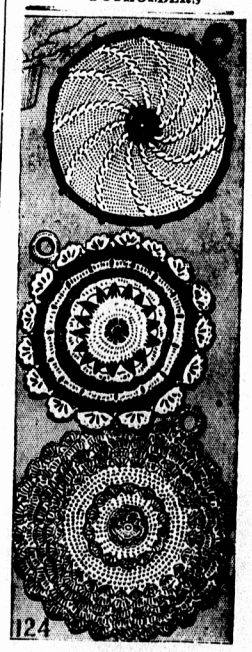
A. Butter coupons numbers 84 and 85 become valid November 9.

CHAPPED LIPS MENTHOLATUM

Get Healing Relief

Mentholatum brings quick relief or money back. Soothes, heals and promotes healing. Excellent also for head colds, chapping and bruises. Jars and tubes, 30c. BEC

THREE DIFFERENT POTHOLDERS



DESIGN NO. 1124

The good looking potholders are crocheted in the popcorn stitch, shell stitch and effective rose petal pattern. All interesting and easy to create. Pattern No. 1124 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No. 1124

Name

Street Address

City Province

ALONE AGAIN? THEN CHECK YOUR BREATH!

76% of all adults have *bad breath!* Play safe—use COLGATE'S TOOTH POWDER

Scientific tests prove conclusively that in seven out of ten cases COLGATE'S TOOTH POWDER instantly stops oral bad breath.

SAVES YOU MONEY! Compared to other leading brands, a large tin of Colgate's gives you up to *30 more brushings*, a giant tin up to *46 more brushings*—for not a penny more!

TIP TO SMOKERS! Colgate's Tooth Powder is one of the quickest easiest ways to guard against tobacco stain and tobacco breath! Get Colgate's today.

COLGATE'S TOOTH POWDER 25c 40c

CLEANS YOUR BREATH AS IT CLEANS YOUR TEETH

COLGATE'S NYLON TOOTH BRUSH Colgate Nylon Bristles Can't Get Soggy. SPECIAL VALUE 29¢

Living & Leisure

THE WOMAN'S REALM

Oh! that mine eyes might closed be
To what concerns me not to see;
That deafness might possess mine ear
To what concerns me not to hear;
That truth my tongue might always tie
From ever speaking foolishly.
—Thomas Elwood (1669.)

Hints on Etiquette

Do not say, "I was speaking to a certain party." "I was speaking to a certain person" is the correct phrasing.

The borbed stinger of the worker bee pulls off the flesh of its victim and results in the death of the bee.

WINTER COMFORT MAINTAINED BY HIGH HUMIDITY

"It's not the heat, it's the humidity" is a common summer saying. In the winter, however, the same sayin' is true but in a different way, according to heating authorities.

They say that by maintaining high humidity in the house householders will be more comfortable even though temperatures are lower. The important angle is that coal will be saved.

A pan of water underneath the radiator is a good substitute for the regular humidifing pans that fit on the back of the radiator.

The pan in the hot air furnace, if there is a pan, should be kept well filled with water at all times. If this isn't enough, cans of water placed just inside the register where they won't show but will do their work effectively, should do the trick.

When stitching leaves together for a nest, ants use their antennae spinning young as shuttles.

BOXES OF FOOD MOST WELCOME

What to send the boys in camp? From all reports, food seems to win the loudest vote of thanks. They get plenty to eat at mealtime, of course, but it's pretty nice to have something at the barracks to nibble on during those few spare minutes before bedtime. A surprise box from home filled with tasty tidbits boosts a soldier's morale—and makes him very popular, too.

If you're planning to send a box to someone in service, do not include anything too perishable. Something like cookies and crackers are best since they stay fresh and pack easily. They're high energy foods which are digested rapidly and for this reason rank about the best and healthiest between meal snacks.

Jelly and spreads to go with the crackers are always welcome, but be sure to pack them carefully.

All food gifts should be packed in a substantial box, and the name and address should be plainly printed in two places on the wrapping.

Fat for deep-fat frying can be used several times if not overheated and clarified and strained after each using.

Needlecraft

FOR THE HOME

BASIC FROCK

For the woman who needs a soft but simple frock, especially designed to give her smooth slender proportions, the surplus neckline and moulded midriff are superb details.

No. 3665 is cut in sizes 14, 16, 18, 20, 40, 42, 44, 46, 48 and 50. Size 36 requires 3¾ yards 35 or 39-inch fabric.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

Name

Street Address

City Province

Hints on Etiquette

It is good manners to apologize if you accidently shove a person or step on a foot. It is equally necessary to accept the apology graciously if you would be considered a well bred person.

The natural temperature in the limestone mine near Atkinson, Kan., that the government is now using for food storage, is from 50 to 55 degrees Fahrenheit; cooling equipment to be installed will lower this to just about freezing.

SUPERLATIVE CAKES...

Even in Wartime!

YOU can be sure of good results with SWANS DOWN, the flour made especially to help you make *better cakes*. Millions of women are using Swans Down today, to insure other precious cake ingredients. Millions are finding their wartime Swans Down cakes as good as any they ever made!

For Swans Down is uniquely *right* for cakes! Milled from selected soft Canadian wheat . . . sifted again and again through silk, until 27 times as fine as ordinary flour! Use Swans Down, and know the thrill of *always* making light, tender, velvet-crumbed cakes — the kind you dream of! Nine tested recipes on every package.

• If a cake is worth making, It's worth making with

SWANS DOWN CAKE FLOUR

3-44 Product of General Foods

THIS GRAND MEDICINE made especially to relieve 'PERIODIC'

FEMALE PAIN

With Its Nervous, Tired Restless Feelings—

Take heed if *you* like so many girls and women—on such days—suffer from cramps, headache, backache, feel nervous, "dragged out", a bit blue—all due to functional monthly disturbances!

Start *at once*—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms because this medicine has a soothing effect on ONE OF WOMAN'S MOST IMPORTANT ORGANS. Thousands upon thousands of women and girls—rich and poor have reported benefits.

Pinkham's Compound is made from effective roots and herbs (plus Vitamin B1). Here's a product that *helps nature* and *that's* the kind to buy! Just see if you're not delighted with results. Follow label directions.

Lydia E. Pinkham's VEGETABLE COMPOUND

For Bad Winter Coughs, Mix This Syrup at Home

Quick Relief. Big Saving. So Easy. No Cooking.

This well known recipe is used by many thousands of housewives, because they have found that it gives them an effective, dependable medicine for distressing winter coughs. It's so easy to mix—anyone can do it.

From any druggist, get 2½ ounces of Pinex, a special compound of proven ingredients, in concentrated form, well known for effect on throat membranes.

Then make a syrup by stirring two cups of granulated sugar and one cup of water a few moments, until dissolved. It's no trouble at all and takes but a moment. No cooking needed. (Or you can use corn syrup or liquid honey instead of sugar syrup.)

Put the Pinex into a 16 ounce bottle and add your syrup. This gives you 16 ounces of cough syrup, unusually quick-acting and dependable, and you get four times as much cough medicine for your money. It never spoils, and is very pleasant—children love it.

You'll be surprised by the way it takes hold of severe coughs, giving quick, satisfying relief. It loosens the phlegm, soothes the irritated membranes, and helps clear the air passages. Money refunded if it doesn't please in every way.