

Woman's Realm Social and Personal Fashions Literature

Living & Leisure —The Woman's Realm

Wh: let us fill our hearts up with the glory of the day, and banish every doubt and care and sorrow far away! For the world is full of roses, and the roses full of dew, and the dew is full of heavenly love that drips from me and you.

—James Whitcomb Riley.

RIGHT SIZE FURNACE VITAL

Why does a furnace that is too small for the house it's in consume more fuel than one of proper size?

Heating engineers say it is literally true that an inadequate furnace will burn more coal than a larger one that will do a better heating job. The inadequate furnace also is more liable to require repairs.

The small furnace must "work" harder trying to heat the home. As a result the firepot and grates burn out sooner and must be replaced.

When a furnace is kept too hot the castings tend to burn out and the metal slowly changes to iron oxide. After that it will not transmit heat as rapidly as one with "live" metal. That means shoveling in more and more coal and getting less heat.

Each square inch of heating surface gives off just so much heat. If there aren't enough square inches, not enough heat can be radiated to heat the home. The waste heat just goes up the chimney.

STORAGE SPACE VITAL NEED

Storage space is an absolute necessity in a house, no matter what its size. One of the limitations of many apartments is the relatively small amount of storage space available. Every family has numerous possessions which must be stored. Closets in bedrooms and a single closet for storage of linens is not enough, either in an apartment or in a house.

The average family must, in addition to the clothing and linens, store such things as trunks, luggage, odd toys, tennis rackets, golf clubs, odd pieces of furniture, seasonal accessories and decorations, winter clothes, utensils and tools not in use all the time, and hundreds of other small and large items.

In houses of traditional design storage space is usually provided either in a basement or an attic. In most modern houses, even those which are not of so-called "modern" design, both attic and basement have been eliminated. This is justifiable in the eyes of planners if adequate space for storage is provided in other parts of the house.

A sizable utility room which is also used as a laundry will provide some space for storage. Additional space can be made available in other parts of the house or in the garage. Being above ground, the garage space affords a certain amount of light and air and is probably better for storage than the basement. If the garage is attached to the house, it may also be more convenient than attic storage space.

CLEAR BARLEY WATER

Two ozs. barley water; 1 oz. sugar; and juice of a lemon if possible.

"MIDDLE-AGE" WOMEN

HEED THIS ADVICE!!

Thousands of women are helped thru "try-eyes" with Lydia E. Pinkham's Vegetable Compound known for over 30 years in relieving female troubles. Made in Canada.

PERSONALIZE YOUR LINENS

663

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Four one pint of boiling water over the barley. Cover with a clean cloth and leave to stand till cold. Add the squeeze and strained lemon juice together with a little sugar.

LINSEED TEA

Place in a pan 1 tablepoons whole linseed, pour on it 2 breakfastcups of water, and boil for 35 minutes. Strain, leave till cold, then sweeten with a little honey, if possible add a little lemon juice.

"COVER UP" EVENING GOWN BEST FOR STYLISH STOUT

Fashion and beauty experts agree that the overweight woman usually looks a great deal better in dinner dresses or in evening gowns that cover her shoulders and upper arms than in décolleté creations.

They stoutly maintain that backless evening gowns with narrow shoulder straps only make her seem even fatter than she is. They recommend dresses with sleeves, or at least wide, off-the-shoulder draping.

LINE SIMPLE

On the other hand, they like to see the large figure in gowns which are cut low enough in front to show off her well-rounded chest and neck. High neck-lines are for the thin girl whose neck is scrawny with deep hollows along the collar bone.

Another thing the overweight woman ought to remember when deciding on ensembles for evening is that the simpler her gown is, the more becoming it will be to her. She ought to depend on beautiful fabrics and good lines—never on trimmings, flamboyant colors or elaborate accessories.

BLACK IS KIND

Black is the large figure's best bet in formal gowns. Navy blue, medium gray, wine and soft, darkish green are other good choices. Conspicuous jewelry, real or costume, should be limited to no more than three pieces—say, a bracelet and a huge clip and a ring or earrings, a clip and a bracelet.

Certainly no woman who wants to appear slimmer than she is would think of loading herself down with earrings, a necklace, a clip, bracelets, a watch and a ring. Furthermore, while she may like to wear an accessory color, she certainly does not choose it for a complete dress or a suit or a coat. She doesn't wear horizontal stripes, either. And she certainly avoids fantastic headresses of feathers, jewels, veiling or even flowers.

"OOMPH" HARD TO DEFINE

Like many of her sisters, it seems Ann Sheridan, the movie actress, has put too high a value on oomph.

The girl with the curves and the press-agent-bestowed title of "oomph girl" demanded of her studio what she thought so much oomph was worth. The studio didn't think it was worth that much. So she was suspended, and took her oomph on a vacation—without pay.

Other girls than movie stars often find that they have overvalued oomph, thinking that if they have it they don't need anything else.

In time they learn—though often too late—that oomph is a fine thing for a girl to have, but it has to be supported by other less fleeting qualities. If a girl is to keep her charm for years.

Oomph may—and usually does—get a girl a husband. But oomph alone doesn't hold him.

TACT ESSENTIAL

In marriage or any other lasting human relationship, oomph or sex appeal or whatever you choose to



Dorothy Dix Says—

PROMISCUOUS KISSING DOES NOT BRING WEDDING RINGS Modern Girl Should Make Herself Desirable, Yet Elusive, If She Wants Some Man To Lead Her To The Altar

Dear Dorothy Dix—I am a bachelor of 32. Normal in my attraction to women and for women. I would trade the vaunted freedom of the state for the problems and great satisfactions of marriage, and there are several suitable vices who might like to know that, but not one of them knows enough about me to win my love. I am convinced that the modern girl knows very little about the way to a man's heart. If they did they would know that what appeals to men is the mind, the imagination, giving a man the opportunity to hunt and struggle and hope and dream instead of pursuing him. It is when the fight is great and the outcome uncertain that a man's interest is piqued. Girls of today laugh at the Victorian belief that the first kiss should come after months of courtship, yet they wonder why men are so indifferent. If they only knew the value to men of anticipation they would not wonder.

AL.

Answer—You've said it. Al. You offer the real explanation of why so many girls have plenty of dates, but never a wedding ring, and why there is a general fall-off in the matrimonial market. It isn't, as is generally asserted, because times are hard and living high, because when it does ever come the cost of Cupid run a budget? It is because many of the mad man the hunter and woman the pursued, and when women reversed men they took to cover and began playing safe.

Must Study Men You are also right in saying that the modern girl does not understand men. She thinks that the irresistible appeal to a man is flesh, so she strips down to the last fig leaf, forgetting the power of illusion on the masculine fancy.

She tries to make an imitation of herself by dishing herself out in men's clothes, ignoring the fact that what attracts a man to a woman is her being unlike him and not a poor stand-in for his little brother. And she opens her eyes, yet the thing that the lowest man in the world worships is purity in woman.

Not long ago a young girl said to me that she couldn't understand how her mother and the women of her generation ever got married when they were such prudes and so chaperoned and knew practically nothing about men.

Desirable and Elusive But there she was mistaken. Grandma may not have taken a course about sex in college, but she knew more about how to attract men than all the gamblers and oomph girls rolled together. For she knew that since the beginning of time it is the unattainable that has awakened the adventurous spirit in men and that the harder a thing is to get, the more they want it.

The same impulse that makes a man desire the peach that is high up on the tree instead of the overripe one that is ready to fall into his lap, goes for women, too.

Slender kisses are sweet and a man will risk his neck for one who turns the cheek to the lips that are free to every one. When maidens were locked up from importunate lovers, men married them to get them. Now, when a man can have all the feminine companionship he wishes free gratis for nothing the old maid crop increases year by year.

Other times, other manners, but men still want in women something that appeals to their minds and hearts, something that fires their imaginations and fills their dreams.

PARENTS' ADVICE BEST IN THIS CASE

Dear Miss Dix—I am nearly 20

THE COOK'S CORNER

SPANISH BUNS

1 1/2 cups sifted flour
3 teaspoons baking powder
1/2 teaspoon cinnamon
1 1/4 teaspoon cloves
1/2 cup butter, very soft
3/4 cup sugar
2 eggs, separated
1-2 cup currants or finely chopped raisins
2-3 cup milk

Mix and sift flour, baking powder and spices. Combine butter, sugar, and egg yolks and beat hard until blended. Add raisins. Ad milk and then flour and mix quickly, beating 1 minute or until smooth. Turn into greased muffin pans and bake in hot oven (400 deg. F.) 20 minutes or until done. Frost with Confectioner's icing. Approximate yield: 15 muffins.

FRUIT SANDWICH BREAD

1 cup white flour, baking powder, and salt together. Add the graham flour and sugar, and stir in coarsely chopped nut meats, and fruit. Mix the peel through the flour with the finger tips. Add the beaten egg to the milk and stir liquid into the dry ingredients. Beat the batter thoroughly. Pour mixture into a well-greased loaf pan. Bake in a moderate oven (325 deg. F.) for one hour. Makes 1 loaf. This bread should not be sliced until it has cooled thoroughly, or preferably until the day after it is baked.

BUTTERSCOTCH

Two cups brown sugar, 2 teaspoons vinegar, 1 cup water, 1/2 cup shortening, 1/2 cup butter, 1 cup water, 2 teaspoons vanilla.

Combine sugar, vinegar, water, shortening and butter. Stir only until sugar dissolves. Boil to thick stage, slightly over 3:00 degrees F. Pour into buttered pan very thin. Mark into squares when slightly cooled.

For Thursday, January 23rd

Deliberate action and efficient work will be strongly favored. Today invites ingenuity, new tries, expanding your powers for accomplishment. Be a g-getter, a doer!

APRIL 21 to MAY 20 (Taurus)—A rather exacting day, especially for paramour issues, conferences, legal and judicial work, scientific matters. Usual important routine more favored. Accomplishment possible.

MAY 21 to JUNE 21 (Gemini)—Opportunities. Many new advantages in progressive lines indicated and favored. Should be a good period for advancing personal and general business interests, for going after more and bigger business. Social duties also favored.

JUNE 22 to JULY 23 (Cancer)—Friendly influences for your true interests. You can strive to reach new heights in your own work, also branch out in other diversified activities. Keep pace with the times and keep improving as you go along.

JULY 24 to AUGUST 22 (Leo)—A very stimulating and generous setup for difficult propositions, activities of an extensive character, manufacturing, construction of roads, building, bridges, tunnels. Benefits for all sound progressive interests.

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OCTOBER 24 to NOVEMBER 22 (Scorpio)—Mining, agriculture, handling and transporting all needed commodities (whether for the household, factory, army, navy or government use) can be speeded up to everyone's advantage. All solid, personal affairs equally speeded up.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—The attention and application you personally give to your business affairs today will greatly determine their ultimate results. It's a time for genuine accomplishment.

DECEMBER 23 to JANUARY 20 (Capricorn)—Salespeople, clerks, students, teachers, draughtsmen, engineers, employers and employees in all useful lines of endeavors are especially favored. New tries, sound investments and improvements to increase business capacity approved.

JANUARY 21 to FEBRUARY 20 (Aquarius)—We think you can double your efforts to very good returns this beneficent star-day. Expand if necessary; make needed improvements; extend your activities to include those that will increase your income.

FEBRUARY 21 to MARCH 20 (Pisces)—You should proceed full steam ahead now with plans and work to be executed. Very friendly vibrations augur for achievement of unusual dimensions. Private affairs, romance and social interests also favored.

A CHILD BORN ON THIS DAY is an Capricorn—Aquarius with characteristics from both Signs. Gentility, kindness, sympathy and intelligence are outstanding good qualities. Lack of decision and of faith in its own fine ability can be its undoing. Teach it to recognize its G-d-given talents and let the world know them.

A Morning Smile

"I understand your wife came from a fine old family. 'Come' is hardly the word—she brought it with her."

THROWN AWAY

The small lad was pretty excited about his first trip on a sleeping car, where he carried his own traveling bag and was a man among men.

When his mother unpacked his bag at the end of the journey she was horrified to find in it several towels belonging to the railroad company.

He explained it thus: "They were perfectly good, mother, and they've been thrown in the waste basket in the washroom. I knew you could use them so I put them in my bag."

GEE, I FEEL PEPPY!

To gain healthy bodies, strong bones and teeth, children need the health-promoting elements so richly contained in Scott's Emulsion. While there is nothing just as good for children, Scott's Emulsion is an excellent adult tonic and bodybuilder.

A BETTER WAY TO TAKE COD LIVER OIL

SCOTT'S EMULSION

Your ALL-YEAR-ROUND Tonic
4 TIMES EASIER TO DIGEST THAN PLAIN COD LIVER OIL

JOHNSON'S ANODYNE LINIMENT

The Old Reliable Since 1810
FOR COLDS • SORE THROAT

Girl Who Tells Fortunes Is in Demand at Parties

Horoscopes intrigue everyone. "Read mine next!" Goodness now they crowd around when you read their fortunes in the stars (right out of a number). You're not invited, you're BEGGED to attend parties!

Mysteriously enough there seems to be some truth in the horoscopes. Jim was born between October 21 and November 20? Tell him he's Scorpio's child, can't forgive or forget. Whisper "Rivers attract you! Rose, violet are your colors—your lucky number, nine! And do use the wisdom and forcefulness which are yours!"

Or if it's Bill's turn and his birthday falls between January 21 and February 20—he's an Aquarius man, has a happy star.

"Born under Uranus," you sigh, "what can't you accomplish! You like people, mix well with them—a gift that takes you places these days. But don't take slights to heart. Nor should such a generous person as you ever be petty. Be guided by the number eight, wear a garnet or turquoise for luck!"

Get thrilled attention with card fortunes, too. Our 32-page booklet is full of gipsy lore on telling fortunes by cards, horoscopes, tea-leaves, dominoes, dice, the "crystal." Learn those magic methods of sevens, see fortunes in the fire!

Send 20c in coins for your copy of Fun With Fortune-Telling to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____

Street Address _____

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Special Offer

SALE 8¢ ON A 20¢ PURCHASE

Because we want to make such an attractive offer that you cannot afford to overlook this opportunity of discovering the excellence of Maple Leaf Soap Flakes and Toilet Soap.

There isn't anything better than Maple Leaf Pure Soap Flakes for washing fine linen, lingerie, silk stockings, woollens and the baby's wash.

Maple Leaf Flakes are as pure as soap can be. They are made expressly for fine garments. Yet even at regular retail prices they are so inexpensive that you can afford to use them for all your washing. Prove their quality at this special price and make a still greater saving.

LARGE SIZE MAPLE LEAF SOAP FLAKES REGULAR PRICE 18¢
2 Cakes MAPLE LEAF TOILET SOAP REGULAR PRICE 10¢
28¢

Maple Leaf Toilet Soap is also of the finest quality. It is soothing, lathers quickly, and softly freshens the skin while it cleanses (mildly scented).

Order from your dealer tomorrow

ALL FOR 10¢

A TIP FOR ECONOMY

SEE IF EVERY POUND OF MAXWELL HOUSE DOESN'T GIVE YOU MORE RICHNESS, MORE FLAVOUR, MORE BODY.



Your Individual HOROSCOPE

By Frances Drake

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Needlecraft—For The Home

3402

SIZES 12-44

This becoming button-front princess style is equally smart for a street dress and a house frock. Rounded shoulder yokes give it a new appeal. An apron that buttons on to keep you neat and tidy while at work is included. It can be whisked off at a moment's notice. Make this dress for yourself, to slip into in the morning and wear all day long. Then use the apron pattern to fashion an appealing gift of crisp cotton for a friend's birthday.

Style No. 3402 is designed for sizes 12, 14, 16, 36, 38, 40, 42 and 44. Size 36 requires 4 1/2 yards of 39-inch fabric for dress; 1 1/2 yards for apron, with 2 3/4 yards of ric-rac.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish. Style No. 3402 Size _____

Name _____

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Nine more ambulances, specially constructed, have been presented to the war office by the British Volunteer Ambulance Corps for service with the home army.

NEURITIS

Thousands have found faster relief from Neuritis, Neuralgia, Rheumatic Pains and Headaches with Buckley's Unannounced Capsules because they contain THREE ingredients. One relieves pain almost instantly—the other stimulates and refreshes—the third induces a beneficial relaxation of nerves. NOW RELIEF WITHOUT REACTION! 35c.

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