Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

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CHARLOTTETOWN Prince Edward Island

HEALTH LEAGUE OF CANADA

CHILD HEALTH IN BRITAIN

LONDON, Eng., Sept. 7— Infant and maternal mortality rates dropped to new low levels in the United Kingdom during 1942, Ernest Brown, minister of health, told a national conference on maternal and child welfare. The minister addressed a meeting arranged by the National Association of Child Welfare Centres on behalf of the National Council for Maternity and Child welfare.

The infant mortality rate of 49 per 1,000 live births was the lowest on record for Great Britain, Mr. Brown reported. The maternal death rate, which had risen in 1941, was down to the now low figure of 2.47 per 1,000 live births.

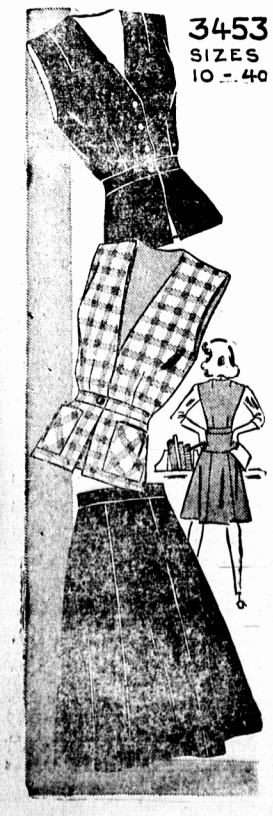
These records, Mr. Brown said, were the results of the combined efforts of central and local workers, official and voluntary, scientists, and of the mothers, who, against adverse circumstances, had struggled to maintain the health of their children in anxious times.

In the coming winter, the mothers would need all the help possible to maintain the fight against epidemic diseases and must take advantage of the provision by the Ministry of Food for protective foods.

Great strides had been made in getting children immunized against diphtheria. Last year's figure of 1,826 deaths was the lowest on record. The birth rate of 15.8 per 1,000 population was the highest since 1931, Mr. Brown told the conference.

Needlecraft

For The Home



3453
SIZES
10 - 40

JERKIN AND SKIRT
For Casual All-Round Wear

Fuel rationing is going to make it a lot cooler around the house this winter, and one of these jerkin-skirt outfits will really be a comfort when the mercury starts to fall. They're nicely tailored and one of the smartest styles for informal wear. Whether you are in the classroom, or out at a football game you will always feel at your ease and well dressed in this outfit.

Stye No. 3453 is designed for sizes 10 to 40. Size 16 requires, for the jerkin, 1 1-8 yds. 54-in. fabric; skirt, 1 3-8 yds. 54-in. fabric and for the jerkin and skirt of same fabric, 2 1-4 yds. 54-in.

Pattern is hand-cut to United States Standard Measurements and includes chart with step by step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name

Street Address

City Province

YOU WOMEN WHO SUFFER FROM
HOT FLASHES

If you suffer from hot flashes, dizzy spells, irregular periods, are weak, nervous—due to the "middle-age" period in a woman's life, take Lydia E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Pinkham's Compound is also a fine stomach tonic! *Worth trying!* Made in Canada.

Dorothy Dix Says—

WOMAN CAN ONLY GUESS WHY HER MATE ACTS STRANGE

This May Be Due To Business Worry; Wife Needs Sense Of Humor

The favorite complaint of husbands is that wives do not understand them. Of course they don't. No woman ever understands any man, least of all the bundle of contradictions to which she is united in the holy bonds of matrimony, and the longer she studies him the greater mystery he is to her. All that the cleverest woman can do is to guess about why her husband acts the way he does, and she generally guesses wrong.

No woman, for instance, ever understands her husband's general attitude towards marriage. Not being a moron, he knew that marriage curtails a man's liberty and commandeers his pocketbook. Why, then, did he go to the trouble and expense of setting up a home unless he expected to stay in it, or take upon himself the support of a wife unless he enjoyed her society so much that he considered it worth the price?

She can't understand why, when before marriage, her husband could spend hours upon hours talking to her without wearying, after the wedding he only grunts when she speaks to him, and is about as entertaining a fireside companion as a stuffed shirt. Nor can she understand when before marriage she had to practically sweep the man out of the house to get rid of him after marriage she has to use a lock and key to keep him in.

No woman understands why, when her husband knows perfectly well that she is pining for a few compliments from him, a little love-making, and an occasional kiss that doesn't feel as if it came out of the icebox, he won't give them to her. He will work himself to death to give her a fine house, a limousine and matched pearls, but wild horses couldn't drag out of him the fact that he is still romantically in love with her and thinks she is glamour girl No. 1.

No woman can understand that the reason her husband won't give her an allowance isn't because he is a tightwad who begrudges her the money but because he gets the same sort of kick out of being the source from which all blessings flow to her as we do out of giving candy to a child. Nor can she understand that whtn he complains to others about her extravagance, it is his way of calling attention to what a good provider he is, and how lucky she is to have a men who can dress her like Solomon in all his glory.

No. Wives don't understand their husbands. Maybe God never intended them to ,or else He would have given them a Divine dispensation that would have enabled them to know how to manage the men; when to shut their eyes and be as blind as a bat, and when to be sister Annie on the house tops, with their gaze riveted on the little cloud on the horizon no bigger than the new blood stenographer; when to be as credulous as a fool; when to let husbands know wives have their numbers and they had better watch their steps; when to jolly and when to lambast; when to forgive, and when to hustle to the divorce court.

How else, is a woman to realize it is no sign that her husband has ceased to love her because now and then he wants to have a little flirtation, just as he used to want to play hooky from school? And how else is she to know that he wants his wife to treat him as his mother used to do when he was naughty, spank him, forgive him, kiss him, and forget it?

Nor how can a mere ordinary woman, without any occult powers whatever, sense that a great big, grownup man can be just as jealous of a baby as he could be of any handsome hearbreaker, and that if she doesn't want her husband to take to roaming she had better spend more time holding his hand and telling him how wonderful and booful he is, instead of lavishing all her blandishments on a bald-headed infant?

And how can a wife, who is not a mind-reader, know that when her husband comes home and slams the door behind him, kicks the cat and spanks the children, it isn't because he is a grouch or a meanie, it is because he is worried to death over his business, sick with fear over what may happen to those he loves better than life itself?

And how is a woman to know that what she needs more than anything else in dealing with her husband is a sense of humor, and to be able to see just how funny are all his fussy little ways? A laugh hung on a hair trigger has saved more marriages than all the cardinal virtues. No. Wives don't understand their husbands. They never can. And perhaps that is lucky for both parties.

Pickard-Palmer Nuptials

Happiest congratulations are extended to Corporal Harold Pickard and bride who arrived by car Monday to spend their honeymoon.

The following particulars are from the Halifax Herald:

A pretty wedding was solemnized on the lawn at Palmer's Lodge Waverley, home of Mr. and Mrs. Roble Palmer, September 2, at 4 o'clock when Rev. Canon H. A. Harley, Windsor, united in marriage their eldest daughter, Thelma Thermy, to Corporal Harold, son of Mr. and Mrs. H.L. Pickard Charlottetown, P.E.I.

To the strains of the wedding march from Lohengrin played by Mrs. E. McC. Moir, Halifax, the bride appeared on the lawn on the arm of her father, took her place beneath an arch, looking very beautiful in a frock of heavy white satin, with high neck line, and long sleeves ending in points over the wrists. Her ornaments were a gold bracelet, gift of the groom, and a cameo broach. Her tulle veil was three-quarter length and fell from a coronet of orange blossoms. She carried a shower bouquet of American Beauty roses and fern.

The bride was attended by Miss Ruth Cotter, Halifax, as bridesmaid, who was gowned in floor length period frock of pink net over taffeta. She carried a bouquet of pastel roses.

The flower girl, Miss Betty Taylor, little daughter of Private and Mrs. Taylor, Waverley, was gowned in blue net over taffeta and carried a bouquet of harmonizing flowers.

Hugh Green, Dartmouth, acted as best man.

A reception followed. The sun porch was tastefully decorated in pink and white. Mrs. T. Parker Windsor, grandmother of the bride, presided over the tea table. The toast to the bride, proposed by E. McC. Moir, Halifax, was responded to by the groom.

Receiving with the bridal party were the parents of the bride and groom. The bride's mother wore black embroidered crepe with hat to match, and corsage of red roses. The groom's mother wore a poudre blue crepe suit with hat to match and a corsage of Killarney roses.

Mrs. Edgar Ritchie, Canning, catered. Those assisting in serving were Mrs. Max Sanford, Mrs. William Wallace, Miss Greta Bambrick, Miss Lois Blois, Miss Freda Blois, Miss June Palmer, Mrs. B.E. Langley, Miss Sylvia Moir and Miss R. Barkhouse.

The bride's travelling suit was of navy blue with white accessories. After a honeymoon spent in Prince Edward Island they will reside in Waverley.

The gift to the bridesmaid was a gold air force pin; to the flower girl a signet ring, and to the best man, a billfold.

Out-of-town guests included: Mr. and Mrs. H.L. Pickard and family, and Mrs. Josephine Pickard, Charlottetown; Mrs. Taylor, Pereau; Miss Edna Norris, Windsor; Mr. and Mrs. E. McC. Moir, Halifax; Mrs. Waldo Moir and daughter, Sylvia, Princes' Lodge; Mrs. B. E. Langley, Sydney; Mr. and Mrs William Wallace, Windsor, Mr. and Mrs. Clyde Parker and daughter, Ardis, Misses Charlotte and Helen Chambers and Mrs. T. Parker, Brooklyn, Hants County.

Wedding Bells

A very pretty wedding took place at the United Church, Millview, on Thursday, August 26, 1943, at 6.30 P. M., when Ora Mabel Jenkins, youngest daughter of Mr. and Mrs. M. E. Jenkins, Millview and Lloyd George, son of Mr. and Mrs. Wilfred Lawton, Pownal, were united in marriage by the Rev. D. K. Ross.

The bride, who was given away by her father, entered the church to the strains of the wedding march played by Mrs. Jack Birch, Montreal, sister of the groom and took her place beneath a beautiful arch trimmed with a profusion of flowers. Huge baskets of roses and snapdragon and gladioli adorned the altar and windows.

The bride wore a floor length gown of white embroidered sheer, fitted torso and long sleeves. Her finger tip veil was held in place with a gathered head dress and orange blossoms.

She carried a bouquet of pink carnations and baby's breath tied with white streamers knotted with bride's bouquet.

The bridesmaid was Miss Estelle Lea, cousin of the bride. She was gowned in a floor length dress of dusty pink crepe with shoulder length veil and carried a bouquet of varied gladioli.

Mr. Edison Drake was groomsman. The ushers were Messrs. Kelsey J. Burhoe, Joseph Smith and Jack Birch.

The bride's mother wore a dusty rose dress with a corsage of snapdragon and picture hat of white and white accessories.

The groom's mother wore a paisley dress with navy redingote and white hat and matching accessories of white.

During the signing of the register Mrs. Harold Carver sang "I'll Walk Beside You."

Following the wedding a buffet luncheon was served at the home of the bride to about seventy invited guests. Tea was poured by Mrs. Annie Thurber, Attleboro, Mass., and Mrs. K. J. Burhoe, Charlottetown.

Those who assisted in serving were: Mrs. Douglas Coffin, Mrs. Joseph Smith, Misses Jean MacRae, Queenie Mutch, Mary Grant, Anne Tweedy and Venie Smith.

After the luncheon was over, the Rev. D. K. Ross gave a short address and it was replied to by the groom.

The brides going away costume was a light navy coat and hat with matching accessories and red fox cape.

Before their marriage the bride was tendered a miscellaneous shower and received many beautiful gifts.

Good wishes are extended to them by their many friends.

Mr. and Mrs. Lawton will reside in Pownal, where the groom is a prosperous farmer.

Say Girls! Give a cranky boss a glass of Alka-Seltzer

Men soured up with acid indigestion or miserable with a throbbing headache are like different persons when Alka-Seltzer comes to the rescue. It acts swiftly in bringing relief to over-acid stomachs and aching heads. Use Alka-Seltzer to get the relief you want plus the alkalizer you may need. For free sample write Dept E-15 Miles Laboratories Ltd., 167 Dufferin Street, Toronto, Ont.

Living & Leisure

The Woman's Realm

UNABASHED

No voice to match the thrush or jay,
No brilliant plumage on its breast,
And yet the sparrow, ever gay,
Chirps louder than do all the rest.
—Harry Berel, in New York Times.

CARE OF PILLOWSLIPS

Buy pillow cases that are plenty large enough for the pillows. When pillows are so large they must be forced into the casing each time it causes an unnecessary strain on the casings and results in poor wear.

Linen thread is now almost invariably used for bowstrings because it has high tensile strength and small stretch.

HINTS ON ETIQUETTE

Time was when it was considered ill-mannered to approach a salad with a knife. It is now considered correct not only to cut the lettuce with a knife if it will not yield to a fork, but to use a spoon in order to eat every bit of the salad, dressing and all.

HEALTH PROTECTORS

More than a pint of milk, one serving of potatoes and two servings of vegetables, the green and yellow are best; one serving of a whole grain cereal, one serving of citrus fruit or tomatoes and one serving of other fruit and needed every day to provide the health protective elements.

AIDS RECOVERY

Because of the needlecraft skill of a group of Japanese former sailors, hundreds of patients in Australia's military hospitals to-day are well on their way to psychological as well as physical recovery. Many Japanese have found employment as hospital wardsmen and, using the knowledge of needlecraft which virtually every Indonesian seaman acquires in working with sails and tarpaulin aboard ship, have given the lead to the soldiers in handicraft with needle, thread and fabric —a form of occupational therapy which medical staffs have found to be of immeasurable benefit the convalescents.

DELICIOUS SANDWICH

For a fine sandwich made with whole wheat bread, blend 3 ounces cream cheese with a tablespoon horseradish and 6 stuffed olives or 2 or 3 chopped sweet pickles. To make another toothsome filling, remove the large seeds from half a cucumber, and chop, draining off any liquid. Blend with 3 ounces chive cream cheese and 1-4 teaspoon salt.

DANCE OF YEAR IS "ROMANTIC"

NEW YORK —Jitterbugging has taken a nose dive— maybe just temporarily —but right now it's old stuff.

So, if you are going to swing that gal, Private Jones, you'd better be romantic about it.

That's what the Dancing Masters of America believe, and to prove it they have selected The Furlough as the dance of the year.

This is a slow-moving, romantic fox-trot reminiscent of the whirls and twirls of the Merry Widow Waltz.

Since the highest peak of dance activity always comes in war-time say the dance masters, it is usually the slow, romantic type of dance that appeals. One of the reasons is that most people are expending their energies in the war effort. Another seems to be that girls are lonely.

Girls like mixed dances, too. So, The Jeep, a chugging, change-partners type of dance similar to the Jaul ones, also is popular this year.

HEALTH SALAD

For a wonderful health salad soften an envelope of plain unflavored gelatin in 1-4 cup cold water and dissolve in 1-2 cup cup hot water. Add one cup fruit juice and 2 tablespoons lemon juice. Mash 3 ounces cream cheese, add 3 tablespoons sugar and 1-4 teaspoon salt. Gradually blend in fruit juice and gelatin mixture. Cool and when mixture just begins to thicken or jell, fold in 1 1-2 cups diced fruits in season. Turn into one large or 6 individual molds that have first rinsed out in cold water, and chill. When firm, unmold onto salad greens and serve with mayonnaise or desired dressing.

HOW FALA GOT HIS NAME

President Roosevelt's black Scottie who was with his master at Quebec, was named Fala after Murray of Fala Hill, who was a robber baron in Scotland. Mr. Roosevelt claims the robber baron as an ancestor.

Fala could, if he wished claim to be the best-informed dog in the world. He has entrance to all parts of the White House and usually visits his master during the pre-rising private sessions that are held with advisers and secretaries every morning.

THE COOK'S CORNER

GLAMORIZE SPAGHETTI

Spaghetti has certainly come into its own these days. It can be really glamorous party fare if it is carefully prepared with tangy spices to lend it zest. A friend of ours, noted for her buffet suppers, served Spaghetti Creole in pre-ration days and it was a big hit.

Here it is. Slightly brown one cup chopped onions in 3 tablespoons butter or substitute melted in a 1 1-2 quart saucepan. Add a teaspoons, celery, salt, tsp. each sugar, allspice and ginger, 1-4 tsp. cloves, few grains cayenne and one cup beef consomme. Simmer for 19 minutes, stirring constantly. Add one cup mushroom caps, then simmer five minutes longer. Mix thoroughly with one package of spaghetti that has been cooked, pour into baking dish and bake at moderate heat for 27 minutes or until a golden brown. After removing from oven, garnish with parasley and serve at once.

Eke out a main course chicken, lobster or shrimp salad by serving in an egg ring. Soak teaspoon gelatine in 1-4 cup cold water and add to one cup boiling water and a mixture of 6 hard-boiled eggs put through the ricer, 1-2 grated onion (cooked first) 2 tablespoons mayonnaise and tablespoon vinegar, salt, pepper, paprika and a small bunch of parsley, chopped. Pour into a ring mold and chill. Serve with centre filled with salad.

Karin Ellis

(By Michael Jackson)
Author of Popular Stories in National Magazines

CHAPTER XXII

Emily was led to a corner table. "Will you have something now, Miss Ellis? A little cocktail, perhaps? Or would you rather wait for your friends?"

Emily did not want a drink, but she did not want to sit with nothing before her. "I think a Martini, dry," she said, and before the waiter could leave, she amended, "no, make it a Tom Collins instead." She could toy longer with a Tom Collins if they were delayed in arriving.

The room was beginning to fill and two Mexicans had begun to play guitar and violin in the far corner. Voices were raised about her and she was just reaching the fringe of annoyance when Frances and Mac arrived. Emily took in Mac at a glance and turned to Frances, whose eyes were saying, "Please, be kind."

"Emily," Frances said, "this is Clyde McGonigle."

"I'm pleased to meet you," Mac said. "And I'm going to call you Karin. Franny, here, has been telling me all about you. I wanted to meet her best friend". He smiled at Frances to show he was joking. "Franny, here, didn't tell me you were so pretty, though."

"I've been looking forward to seeing you, too," Emily told Mac. "But I didn't know about you until this afternoon."

Frances saw immediately that Emily was going to treat Mac considerately and smiled her thanks. Mac's kind, in 1927, was counted fair game. He was a little crude, and because he had money and an honest delight in spending it, he and his sort were rated humorous objects. He was a very short man, barrel chested, and he was closer to fifty than he was to forty. He wore an expensive blue suit, a diamond lodge insignia in his lapel and a heavy silk tie of flowered design. He was extremely red-faced and he had the bluest eyes Emily had ever seen. There was something rather touching in his anxiety to please.

"Can't get over it," Mac said, "you two little kids being executives. Franny, here, tells me you're an executive in make-up. I don't mind make-up if it don't show.

"That's the only successful make-up," Emily assured him. "The kind that doesn't show."

Mac pulled a fistful of bills out of his pocket and when the waiter came, gave him ten dollars for the musicians. "But you're our guests, mine and Billy's," Emily told him. "Now you put that away."

"It's my party till your husband gets here," Mac insisted. "After that, we'll figure it out."

By the time Billy arrived, shortly before seven, the party was completely Mac's. He was enjoying himself so thoroughly that Billy and Emily did not try to take it away from him. There was no chance for Emily to talk alone to Billy, as she urgently wanted, but before the conversation became general, she managed, in a mildly teasing voice, to ask him, "Well, dear, how did the Yanks do this afternoon? Ruth hit another one of those home runs?"

"Yanks are in Detroit this week, Karin", Bill said. "I don't know how they made out."

"Then you weren't at the ball park?"

"No. What gave you that idea?"

"Mere conjecture."

"No. What gave you that idea?" town all afternoon. West End Avenue. Going over an apartment building we've contracted."

Mac was interested. "Say, Karin, that sure is odd your liking baseball," he cut in. "Never would think a girl like you would like baseball. I'm sure Franny, here, don't. Dallas is baseball nuts. Only minor league, you know, but we got a pitcher, a kid southpaw named Mullins that's—"

Frances took Mac's arm. "Karin doesn't care about baseball."

"Sure she does—don't you, Karin?"

"In all truth, Mac, it bores me stiff."

(To Be Continued)

AGRICULTURE AIDS ALLIED AIRMEN

Canadian airfields both in their lay-out and finished workmanship have won high commendation as models in modern aviation from the airmen who have used them and from Allied Nations experts who have inspected them. The safety of the airmen depends to a great extent on the smooth running of the runways, and well - laid turf makes an ideal base. That is where the Dominion Department of Agriculture has shown the many-sided practicability of its staff. At the beginning of the Commonwealth Air Training Plan in Canada, the Forage Crops Division of the Dominion Experimental Farms, in conjunction with the Department of National Defence for Air, and the Department of Transport, formulated policies in connection with the establishment and maintenance of turf on building areas and airdromes at the air training schools throughout the Dominion. Since then the Forage Division has been actively employed in supervising the work in certain training commands.

This work entailed the inspection of the various sites, making recommendations as to the kinds of fertilizer and seed mixtures required, the best method of procedure in each case, and making regular visits to each of the stations to supervise the work. These services were carried out at many aerodromes and buildings, and at specialized depot. On several stations, where the turfing work was done by contract, a representative of the Division acted as an inspector, checking the quality of the work and advising as to the best methods of procedure.

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A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Pr Control will appear in The Guar ian as a regular feature each 'The questions are those which h reached the Wartime Prices Trade Board from housewives this region. The answers are p vided by the Board Readers. sons who have intelligent questi to ask on price control are invi to send them in writing to Women's Regional Advisory Co mittee of the Wartime Prices Trade Board.

Q. A year ago I rented a furnish apartment. A couple of months my landlord removed a ches field suite. Can I apply for a crease in my rent?

A. Yes. Regulations effect October 1, 1943, give tenants ca for a decrease in rentals if th has been a lessening of app tenances, furniture, furnishin equipment, fixtures, services facilities supplied or to be suppli for the fixed maximum rental Applications for decreases in our line rentals may be made und the new order not later than Sep ember 30. Applications for creases are made to the rentals praiser who will notify the landlo

Q. I am writing for a rati book for my new born baby. W you please send it to me?

A. Sorry we cannot send the baby's book. By presenting baby's birth certificate, baptism certificate or an affidavit on form provided at the office of yo local ration board, you will recei a ration book for the baby.

Home Service

Charm Friends by Tellin Fortunes

Reading Meaning In Every Ca

The oracle speaks! That's yo foretelling the three main even of your beau's life for the year and maybe weaving yourself in

Three fateful cards hold th secret of his future, if you tell the gipsy way. "Fortunes Nines"! Seven of diamonds? Luck He'll get money—where he lea expects it! Two of spades? Bad luc —a separation, maybe from yo but all's well, for the seven hearts promises success in love!

You easily learn such tricks a the meanings of the cards. Most hearts are happy cards, tellin of love; diamonds are the cards worldly affairs, clubs of busine Spades are gloomy! Prize card get is the ten of hearts—roman and wealth!

In tea leaves and in the "crysta you also can find fortune thrills!

Our 32-page booklet explains tea-leaf meanings, has the meanin of every card in the deck, and so thrilling gipsy card - readi methods. Also has a horoscope each month, fortunes in dice, "magic crystal."

Send 15c in coins for your c of Fun With Fortune-Telling the Charlottetown Guardian Service Address. Be sure to plainly your name, address and name of booklet.

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