

THE CHARLOTTETOWN GUARDIAN

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OUR EXHIBITION

This is the month of our Provincial Exhibition. It takes place in the third week of the month, this year opening on Monday night, August 22nd and closing on Friday night, August 26th. Owing to depression in other parts of Canada many exhibitions and agricultural shows are being suspended. The Dominion Government and the Provincial Governments have greatly reduced, or entirely cut out subventions, and as it is impossible to make ends meet with the entrance charges alone the directors of exhibitions in various parts of the Dominion have considered it the part of wisdom to shut down for the present. This is following the lead of 1914-1915, when due to the war many exhibition directors temporarily decided to suspend operations. But neither during the war nor during the present year of change and financial worries have the directors of our Provincial Exhibition for a moment considered the advisability of suspending operations. The directors away back in early war years decided they were doing a patriotic and really sound economic service in carrying on, enabling agriculturists and the general public alike to share in the benefits undoubtedly conferred by exhibition and competition. On the present occasion had the directors of the Provincial Exhibition consulted their own pockets and their own conveniences they would have followed the example of similar directors elsewhere and shown the white feather, but that is not the stuff our directors are made of. They are possessed of determination and decision, and while their resources have been sadly crippled, they determined to keep open shop this year as usual. It is not a case either of cutting the suit according to the cloth or it would be a very poor show indeed, but standard size and quality, trusting for approval to the general spirit of our people at home and abroad. The determination and enterprise of the exhibition authorities are praiseworthy and, indeed, have already been commented upon and commended in newspapers elsewhere in Canada. It is now for the community at large to rally to the support of the Exhibition Association by making the necessary arrangements to have the usual number of entries of exhibits and to attend in numbers greater than usual even to show their appreciation of the efforts to keep the old flag flying, a flag flown uninterruptedly for over forty years.

SOVIET DUMPING

One of the obstacles to be overcome by the Imperial Economic Conference at Ottawa is the question of the treatment to be meted out to exports from Soviet Russia. At present England is providing a market for Russian produce, especially wheat and lumber. Both Canada and Australia desire to have Russia put on the black list and her produce prohibited from entry into any part of the Empire, including the Mother Country. There are difficulties, financially and otherwise, on the part of Great Britain in acceding to this demand and it might be as well to give the grounds on which prohibition or high tariff, against Russian produce are based. In a letter to the Mail and Empire, Mr. Nicholas Ignatieff, author of a book entitled "The Russian Emerges" who is entirely familiar with the conditions in his native land, supplies five reasons why action should be taken against Russia, because of her spiteful unfairness from a commercial and trading point of view. He argues that dumping by Russia in itself would not necessarily condemn Russia, as it is a common phenomenon in modern world trade but the five reasons he gives of Russian unfairness are as follows: 1.—Grain is collected from the peasants and from state and collective farms at fixed prices and exported by the Government with-

out any regard to cost or a fair return to the producer. 2.—Food is exported that is badly needed by the population of Russia, which in itself is not amenable for years. It is this collection and export of food that created a state of near-famine in parts of Russia last Spring, provoking such resentment and unrest that Stalin was forced to allow peasants to sell their produce in open markets. 3.—Food is exported without regard to cost in order to pay for the forced industrialization of Russia, which in itself is not aimed at assisting world trade, but at making Russia completely self-contained and all further trading with the capitalist world unnecessary. 4.—The State in Russia is the sole employer and dictator of currency and prices which enables the Government so to make wages and prices as to make competition on the part of countries with free prices and high standards of living quite impossible. 5.—The export trade of Soviet Russia is used as a weapon against the economic systems and constitutions of other countries. It should be understood quite clearly by the public at large that the economic life of Russia is commandeered for the double purpose of establishing a new Communist system within Russia and spreading it throughout the world. It is not regulated by any of the economic laws which govern normal trade relations among other countries.

BALDWIN'S PRAYER

Before the opening of the Imperial Economic Conference, the official delegates met for prayer in the beautiful "Room of Remembrance" in the House of Commons. At the request of Premier Bennett, the Rt. Hon. Stanley Baldwin offered the prayer, and did so in this beautiful, reverent, simple language: O God, Creator and Preserver of all mankind, Ruler of the world, Who has entrusted to the Governments of our Commonwealth the care of many peoples in distant lands, grant, we beseech Thee, that the members of our widespread Empire may ever be bound together in mutual love and unity under our sovereign lord the King. Give to those who have the responsibility of government wisdom, patience and courage, and grant that at this time the guidance of Thy Holy Spirit may be with them in their deliberations, so that all that is now said and done shall be for the good of our nations, for the welfare of mankind, and the spread of Thy Kingdom throughout the world.—Amen.

"IF ONLY"—?

After witnessing the impressive opening of the Imperial Conference, (says the Mail and Empire), the wife of a leading Toronto Liberal remarked to her husband: "If Mr. Bennett were only a Liberal would not we be proud of him?" That is the way a great many Liberals are thinking these days. They see in the Prime Minister a man of exceptional capacity and immense driving power, who is bending all his abilities and all his energies to the service of the state in a time of world distress. They see him tackling one big problem after another and dealing with it in a masterful manner. They recall the speed and firmness with which he stopped the dumping of foreign goods in this market. They remember the great success of his conversion loan, which he undertook in the face of much opposition in financial circles and which went far to strengthen the federal treasury. They now justify his plain talk at the Imperial Conference in 1930. They feel that what he said on that occasion was one of the influences which led the United Kingdom into the adoption of protection and Imperial preferences. The signing of a highly favorable international waterways treaty is impressed on their minds—as is also the retirement of Sir Henry Thornton and many of his officials on the Canadian National Railways. They are not blind to the fact that the present Prime Minister has enforced necessary drastic economies on the public-owned system. And now these Liberals see Mr. Bennett chosen chairman of the Conference which he was instrumental in getting together. They ad-

NOTES BY THE WAY

Some leading United States newspapers are devoting more space to the Ottawa Conference than to the Presidential election. Which may perhaps be taken as an indication that Uncle Sam has a good idea of the relative importance of events.

In recent months there have been rumors to the effect that Mussolini intended to retire. Dino Grandi was often mentioned as his successor. Whether these rumors had anything to do with the recent cabinet reorganization is problematical. Anyway, Mussolini has given five Ministers their walking tickets. He has himself taken over three of the portfolios. These include the Ministry of Foreign Affairs, long headed by Dino Grandi.

Those who know of Greenland only because of its "icy mountains" as contrasted with "India's coral strand" will be amazed to learn of the remarkable progress being made by that Northern dependency of Denmark. A special edition of the Danish Foreign Office Journal contains a great deal of illuminating information as to what has been done for and by the people of Greenland. The Eskimo has been regarded as a member of the backward races, but he is emerging rapidly from this state; in fact, is stepping forward eagerly in the great procession that marks the progress of humanity. It is news to learn that one of the two papers published in Greenland was established in 1860. Both are written and printed by native Greenlanders, and an interesting department of the news records events in "the great world without."

Success for this Conference would not and could not mean that the British Commonwealth had turned its back upon the world, that it had surrounded itself by a tariff wall, isolated itself from trade and intercourse with other peoples. Such a thing would be impossible. Success would mean, on the contrary, that the British Brotherhood had given an example of the possibility of co-operation, that it had shown how nations, with seeming diversity of interests and needs, could work hand and heart together for the common good of all. It would be the greatest proof in modern history of the folly of tariff wars.

The universe is built on the principle of nothing for nothing and of something for something. Sitting idly in the shade waiting for the charity of God, the man perishes of starvation. Limp and whining before the gates of good, trusting some magic sesame seed that will swing them back on their hinges, is ever a foolish and worthless dream. The keys of the world are in strenuous hands, hands calloused with toil, hands tense with determination, hands strong with the discipline of service, hands pierced with the nails of crucifixion and scarred with the flames of trial.—Rev. Julian C. Jones in Magic Wells.

At a time when most statistics of trade show a downward tendency, says the New York Times, reports from France are that her imports of tea have doubled since 1930. Since tea-drinking tourists have decreased in recent seasons, it looks as if the French themselves are developing a taste for the cup that cheers. The British have been known to double their consumption of tea, but over a period more like twenty than two years. Imports increased from 32,000,000 pounds in 1840 to more than 70,000,000 in 1860. At the earlier date the per capita consumption was little more than a pound a year. In 1919 it had been increased to nearly 81-2 lbs. The French rank low in the list of tea-drinking nations and so had only a small amount to double. No explanation of the increase is offered. Perhaps it is only a desire for change. The likeliest reason is that there have been so many conferences with the English recently that the French conferees themselves have acquired the 4 o'clock tea habit.

The Empire is at the crossroads. Which way point faith and hope? "That way we follow," said Premier Bennett in concluding the opening address at the Imperial Conference. The heart of Canada, we believe

mire the forthright manner in which he has put the case for Imperial preferences to this representative Empire conclave. That is why—for the time being—at any rate—these people have forgotten their political prejudices and are unanimous in praise of a brilliant Prime Minister. People are saying at Ottawa these days that if the Conference proves successful—as it will—Richard Bennett will go down in history as the William Pitt of the new world.



That Body of Yours

By James W. Bayton, M.D.

A HOLIDAY OR VACATION

Mental exhaustion, brain strain from overwork does not occur one in a thousand times when it is blamed for causing "nervous breakdown." The apparent mental incapacity, inability to continue to do mental work is nearly always the result, not of actual intellectual effort or mental work, but of anxiety or other depressing emotion. This is amply proven in the sudden recovery of persons complaining of "brain fog", who had limited their mental work to one hour a week, when the cause of their worry had been removed. The above statement comes from Dr. E. Farquar Buzzard. Instead of complete physical and mental rest in cases of mental fatigue or stalesness, he advises recreation according to the interests of the individual; the pursuit of art, science, or literature, participation in sport or games. These all demand mental activity and give their beneficial effects from the fact that the interest and action is changed for the time being. The player of a game, for instance, is refreshed by following his favorite ball because his centre of interest is altered; other recreations take place in his mind owing to problems entirely different from those used in his regular work.

I spoke before of a prominent financier who from mental effort and anxiety, reached a state of nervous exhaustion, so extreme that he gave the most foolish instructions regarding buying and selling securities. Instead of giving him complete rest, mental and physical, he was taken out of the city, and from morning till night was made to walk, to dig, to do hard gymnasium work so that he perspired freely, ate ravenously, and slept soundly. His program was just eat, work, sweat, bathe, and sleep. Once a day he was allowed one hour of golf. He was back to normal mentally and in splendid shape physically in a few months.

You are considering a holiday, a vacation. What is likely to give you the best results?

A complete change from your work or routine; doing one or more of the things you like to do—fish, read, travel—for your mental relaxation, and swim, play golf, walk, for physical recreation, should bring you back to your work, refreshed mentally, and strengthened physically.

Some cases of mental exhaustion need complete rest, mental and physical, but most would do well by change of scene and by physical exercise or work.

is behind the Prime Minister, says an exchange. He has struck a chord in whatever is British in our national being, has given expression to what has been in the minds of Canadians, irrespective of political allegiances. And we have a faith, too, that he voiced the hopes and the longings of the great mass of the peoples of the whole British Commonwealth.



DARK SOWING

What pain is like the pain of waiting? And what travail is like unto the long, sharp crucifixion Of undetermined and unmeasured anguish? This is a dark foe in a wilderness, An enemy in ambush, an archer's fiend Made without mercy or the shadow of it.

A man may gird his loins for a known battle And go with valiance and with unconcern Even to promised death. An honorable and expected sword Deals a clean wound. But the dread sickly thrust Of unseen weapons is a poisonous thing That hath no antidote.

Man who strikes man From cleft or covert is but a shade removed From slinking beasts that prowl the jungle ways. He knows not that the cruel pit he dugged Shall be his own deep hell, the laws of gods Beings resistless and invincible. Who sows shall also reap. —Barbara Young.

The Birds With The Puff

(Times Educational Supplement)

"The author has recently observed and photographed the bittern in its own haunts. He has been able to establish the function of the 'powder-down patches' which the bird possesses in common with all the herons and to solve an old riddle of ornithology.

"In the bittern they are a brilliant white and of a structure strikingly different in appearance from the down on the rest of the body," writes Lord William Percy in the Times Educational Supplement, referring to the "powder-down patches."

"They produce or form powder, and that is about all that can be safely said to be known about them.

"Someone long ago suggested that they were luminous for use as lamps at night to attract fish. Nobody seems to know on what grounds the theory was based. Any theory seemed better than none.

"If the inventor of the theory had been aware that patches exactly like those on the breast existed also near the juncture of the thigh with the body, he would have paused to think, for even if modestly permitted the bird to expose her breast patches, anatomy would defy her desire to expose those on her thighs.

"The particular bittern which lately admitted an onlooker to her private toilet had another use for her powder puffs. Invariably when coming to the nest to feed her young she would arrive with her head and neck coated with some sticky substance. Bitterns live largely on eels, and during the weeks when she could be kept under observation this individual fed her young almost exclusively on that diet. Indeed, on four occasions only did she bring a small fish.

"Owing to the nature of her hunting grounds the opportunity to see a bittern while killing an eel would be the merest chance, but there is little difficulty in watching a heron in the act. The eel is speared, lifted from the water, carried on to the bank, and there slaughtered with calculated thoroughness. The method, among many adopted, which appears to give the best results is that of picking the eel up across its body and shaking it violently.

"Assuming that a bittern adopts similar methods in killing an eel, there is no need to look farther for the source of the slime clinging to her head and neck after every hunting expedition. Feathers in such a condition are a source of the greatest danger to their owner, for unless their 'free' and waterproof state can be maintained ill-health is soon followed by death.

"Accordingly, as soon as the bittern has fed her young and attended to the repair of the nest by adding fresh reed stems, she settles down to the serious business of her toilet, an undertaking occupying on the average 75 minutes. It is here that her powder puffs come into play.

"Again and again she buries her head and neck beneath her plumage as she rubs them on the powder puffs, until she presents a somewhat ludicrous spectacle reminiscent of a careless short-sighted lady who has used her puff with equal generosity and impartiality over her face and dress alike. After a period to allow the powder to dry, spent in toying with her children or in a quiet nap, she can brush off both powder and slime by a vigorous combing with her feet.

"But she is not yet prepared for the next hunting expedition. The powder has not only done its work of removing the slime but has apparently also removed the natural waterproofing oil. Hence the necessity for the contrivances, as she passes every portion of her head and neck over her oil gland, the natural waterproofing which Nature provides.

"The human parallels are obvious, but a comparison of the respective efficiency of the equipments is worth some thought. The bittern is never in danger of finding herself without the article required at the critical moment, for she cannot leave any of them behind."

Those interested in the subject may like to know that in Country Life for June 11, 18 and 25 Lord William Percy has written the full results of his exhaustive observations.

Polygamy In Lincoln's Inn

(London Times) The Inns of Court, as befits their great age and greater dignity, take particular pains about the character of those whom they allow to reside inside their gates; and as the Courts of Chancery claim a traditional pre-eminence over the Courts of common law as homes of the most austere rectitude, where rhetoric is never heard or is heard in tight lipped silence, so is no Inn potentialities

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