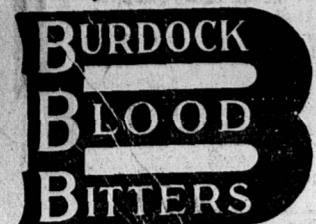


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and when I had half of it taken I felt a lot better, so I continued until I had taken two bottles, and now have no pains and no coated tongue, and feel that I am completely rid of my trouble."

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THE CHARLOTTETOWN GUARDIAN

Morning Daily (founded 1887) \$5.00 per year (in advance) delivered. \$4.50 per year (in advance) mailed in Canada and United States.

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THURSDAY, JANUARY 19, 1928

BID OR PROMISE.

THE Hon. P. J. Veniot, Postmaster General, recently made it known to citizens of Canada that, if he retained his office he would have the mails carried from Montreal to Vancouver in a day. It will be observed that, although Mr. Veniot is a New Brunswick, having been Premier of that Province, he has fallen into the central and western Canadian habit of looking upon Montreal as the eastern extremity of Canada.

There have been elsewhere, against British dependence and British connection, but only on the part of a comparatively few, and that for political purposes only. These were in no way representative of Old Quebec, whose loyalty to the British throne is one of its outstanding characteristics.

THE WEST AND UNITY.

THAT good friend of the Maritimes, President C. O. Smith, of the Calgary Board of Trade, who is also editor of the Calgary Herald, said this in his annual report to the Board:

"We have reached a stage in national development in Canada when no city or section can afford conditions affecting the immediate welfare of any section or city. Increased traffic and well-being in the Maritime Provinces reacts upon trade in Western Canada."

Commenting on this the Saint John Telegraph-Journal says: "Mr. Smith further declared that 'we are yearly becoming a more closely knit people.' He has visited the Maritimes, has studied the situation here, and never loses an opportunity to give expression to his sympathy and his appreciation of the seriousness of the problems we have to solve."

QUEBEC SPEAKS.

IN the speech from the Throne at the opening of the Quebec Legislature, the following passage occurs: "My Ministers believe that Canadian unity and the future of Canada will be best assured by respecting provincial autonomy and by all remaining loyal to the British North America Act in spirit as well as in the letter."

This is the spirit of Quebec, a note from the heart of Quebec to the malcontents who are chafing under the British connection. The British North American Act makes Quebec, as it does all the other provinces of Canada, absolutely autonomous without any interference with its government either from the British government or from any of its sister provinces. It is a self-governing province in a nation within the British Commonwealth of Nations, and its rights are assured to it by the British North America Act.

There have occasionally been outbursts in the province of Quebec, as there have been elsewhere, against British dependence and British connection, but only on the part of a comparatively few, and that for political purposes only. These were in no way representative of Old Quebec, whose loyalty to the British throne is one of its outstanding characteristics.

"IF I RAN THE MARGIN FINE."

"I desire to leave the position of heavy responsibility which I have held, before I can be suspected of suffering from the most insidious of all diseases, the disease which comes upon those who, without losing their health or their intellect, nevertheless get somewhat petrified in the old courses which they have pursued, whose authority grows because they have been long in the public service, but who cannot deal with the great problem which, in this changing world, are perpetually rising, with . . . freshness and elasticity . . . I am vain enough to hope, though no man can tell, that I have not reached that period, but I should be miserable if I ran the margin fine."—In "Opinions and Arguments" from speeches of the Earl of Balfour.

Many of the reviewers have quoted the above extract from Lord Balfour's speech when he resigned the leadership of his party some sixteen years ago, and have commented on his great service during the years of war and peace since it was delivered. Many men who may be urged to retire from public life and business may hesitate when they remember what Lord Balfour has accomplished.

The book contains all the important speeches made by Lord Balfour between 1910-1927. Here is an appropriate extract for these days from his speech on House of Lords Reform:

"Above all, we want in the Second Chamber a Chamber which, although not too powerful, is powerful enough to resist the temporary gust of the moment, and which represents more accurately perhaps than the House of Commons can ever represent, not the passing mood of the people, but the permanent wishes of the nation."

EDITORIAL NOTES

Good roads for sleighing, for auto-mobiling, for walking, what more do you want?

The capacity houses which greeted the local performers in their two entertainments in aid of the Prince Edward Island Hospital this week was at once a compliment to the talented performers and a credit to the city. Patronage of local institutions and talents, like buying at home, is one of the most effective ways of building up the city and province.

Notes by the Way

NOT ten per cent. of the people of Ontario," says The Mail and Empire, "have taken out liquor permits, and although this percentage probably does not include all who take an occasional drink, it is an indication that the vote which repudiated the O. T. A. meant not exactly that people wanted to drink, but that they wanted to be respected as free men and women." And that feeling is widely prevalent wherever the British flag floats today.

Mr. Justice Riddell, of the Supreme Court, of Ontario, recently gave an address in Philadelphia in which he made favorable mention of the native-born Canadian people as law-abiding and orderly citizens. He took account of the fact that we have in Canada a large and increasing number of people who were born in other countries and that this foreign-born element raises our crime record beyond what it should be.

"I shall give the official figures," he said, "from the report for the years to the 12-year period, 1914-1925 inclusive, the latest available, and invite comparison with any nation or people:

"Murder per million—Canadian born, 11.8; born in other British possessions, 29.1; born in the United States, 69.2; born in other foreign countries, 240.3.

"Manslaughter—Canadian born, 31.5; born in other British possessions, 43.2; born in the United States, 93.6; born in other foreign countries, 691.9.

"Murder, manslaughter, and attempts to murder—Canadian born, 52.4; born in other British possessions, 91.1; born in the United States, 224.8; born in other foreign countries, 691.9.

"So as to avoid any possible misapprehension, I should, perhaps, say that I am assured on the highest authority that Canadian-born, when they move south, are found to be in this favored land, not more, but rather less regardful of law than the native born American—now I have no reference to the Volstead Act."

Judge Riddell was addressing American citizens, and it is well that they should know the facts as above stated, but there is also in his statement food for serious thought amongst our own people and especially for those in Canadian public life who make our laws and govern this country. Think what a bearing these facts have upon the question of immigration, past, present and future. We have obviously been unwittingly or carelessly admitting to Canada in large numbers criminals of all grades including murderers, and manslaughter; while our own people have suffered from their offenses, Canadians have also paid the enormous cost of arresting, trying, convicting and maintaining them in the penitentiaries and prisons of the land.

Of the number convicted of murder, manslaughter and attempted murder in Canada, during the twelve year period dealt with by Judge Riddell, the foreign born convicts numbered proportionately seventeen times the proportion shown by the Canadian born. Shall we go in the face of such a record importing, or admitting more foreign criminals to Canada? Heaven forbid! But to put a stop to it the policy of the Immigration authorities at Ottawa must be radically changed. And of this we can see no present indication.

Postmaster General Veniot is bound to exploit the air-mail service to the extent of sending the letters and papers from Montreal to Vancouver in a day. Has he forgotten the Maritimes and the land of his birth? How long must Prince Edward Island rest content with one mail a day from the outside world, to be distributed here after it comes by a slow-going narrow-gauge train over a large section of this Province?

The revenue of the Post Office Department is buoyant, as we are glad to learn, but a Maritime head of that branch of the public service ought occasionally to take a glance eastward from his lofty perch at Ottawa. A Liberal notable of past days, who had been a Finance Minister in his time, once dubbed the Maritime Provinces the "shreds and patches of the Dominion." Mr. Veniot should avoid repeating that estimate.

The Land We Love

By Frank Yelgh. Q. What is Canada's present total trade? A. The grand total of Canadian trade for the twelve months ended August was \$2,331,000,000, as compared with \$2,314,000,000 for the year before. Import figures are up and exports down; the former being \$1,066,000,000, as compared with \$967,000,000 the year before, and exports \$1,264,000,000, as against \$1,337,000,000. Canada is therefore buying more than she is selling to other countries.

That Body of Hours



By James W. Barton, M.D. WHOLE WHEAT OR WHITE BREAD.

A controversy of considerable size is now being waged in England between those medical men who are advocating the use of whole wheat bread, and those who maintain that white bread is all right if other foods are eaten to make up for its lack of "roughage."

Now although diet is most important because your body is made up from the food you eat, nevertheless there is an important point that is not being put forward as it should.

The idea behind whole wheat bread is that it contains all the nourishment of the wheat, and also that the covering of the wheat kernels (that is the bran), so irritable the large intestine that it irritates movement therein and prevents constipation.

Now these are excellent points and the white bread champions would be the last to dispute them. However there are two classes of individuals who can well afford not to eat whole wheat bread.

First, those individuals who have had severe attacks of indigestion and are threatened with stomach or intestinal ulcer or chronic inflammation of lower intestine. Whole wheat bread can really be injurious in such cases.

Daily Selections FOR Guardian Readers

January 19, 1928. MY TESTIMONY—I said unto the Lord, Thou art my God; hear the voice of my supplication, O Lord.—Psalm 140:6.

PRAYER—Great are Thy tender mercies, O Lord. Quicken me accordingly to Thy judgments.

NEVER SAY DIE!

Never say die though joy goes by And sorrow comes to stay, Though rough and stony is the track You tread from day to day; The darkest hour precedes the dawn Cold Winter days are brief, And shine and shower each has its Like happiness and grief.

Never say die but make reply To all life's knock-out blows; The coward heart; that takes the count Thus doubles all its woes. But if you fight life's battle well, With courage, faith, and grit, You'll win the fight for truth and right, And score the winning hit.

Never say die, but rather, try To smile when others frown; To tramp along life's road with song Whether it's up or down. For it's better far to laugh than cry Better to stand than fall, Better to fail than, weak and frail, Never to fight at all! —Tit-Bits.

HOUSEHOLD SCRAP BOOK

By ROBERTA LEE

Removing Wall Paper An easy way to remove wall paper is to use one heaping teaspoonful of saltpeter to a gallon of hot water, and apply it to the paper with a brush. Keep the water hot and after a few applications the paper can be pulled from the wall very easily.

Chewing Gum on Garments Chewing gum can be removed from clothing by taking a piece of ice and holding it lightly over the gum for a few minutes. This hardens the gum and causes it to crumble. It can then be brushed off without injury to the cloth.

Boiling Eggs. When boiling eggs if each egg is pricked with a pin before placing in the water, they will not crack.

THE NEW EXPLORATION

Condensed from The Century Magazine (October, '27).

Fitzhugh Green.

COLUMBUS discovered America in the Nina, Pinta and Santa Maria, and it cost him \$2115. The New York Times and St. Louis Post-Dispatch paid Amundsen approximately \$200,000 for a north pole date line. The explorer of yesterday was a man with a good digestion, strong heart and a burning aspiration to "get somewhere." Today, the primary asset of an explorer is his organizing and administrative ability backed by an engaging personality.

The leader of a modern expedition sets about his work much as would the promoter of some new industry. Let us say he is an American and proposes to fly from New York to Berlin by way of the pole. He assumes he needs an airship, two rescue ships, one on each side of the Polar Sea, and plenty of food and equipment. He estimates the rough total cost at \$1,000,000.

He first wins support of the army or navy by referring to the publicity value of his project. Some capitalists, who also don't object to publicity, comes next. New lands may be named after him. The names of capitalists are already scattered over Arctic, South American and African maps.

Aeronautical and scientific bodies depend on publicity for their nourishment. The leader finds them at once responsive. Through them eminent scientific colleagues are secured. An expedition without first-rate scientists representing the major departments of research, can scarcely claim wide public attention. It lacks dramatic potentialities.

Now the leader makes his first announcement to the press. The lid is off. Bidding begins. In ten days he signs contracts with a newspaper syndicate, a magazine editor, a lecture bureau, a book publishing house and a film corporation. In short, the leader finds himself the administrator of a huge business enterprise. He must be a shrewd business man, a canny politician and an adroit manager.

In a sense there is nothing left to explore. Yet there is certainly a continuation of exploration. Byrd and Ellsworth are planning further arctic work, MacMillan went again to Labrador this year and Beebe worked in the Caribbean. Major Forbes-Leith plans to enter the fastnesses of eastern Persia after the wild Persian ass, Commander Dyott is just back from the River of Doubt, Nansen plans to send a huge dirigible from Germany across the pole and Roy Andrews is chafing at the bit while Chinese turmoil holds up his search for ancient man. James Clark is home from Tibet and Hurley, Mawson, Wilkins, Davis, Putnam and a score of others are assiduously preparing for excursions out beyond the fringes of civilization. Certainly the exploring business is not dead even if the explorer as a type seems to have passed out.

Seven eights of the earth's surface has never been gazed on by human eye! The statement loses color, however, when qualified to mean that surface under water. The bottom of the sea is the greatest field left for the explorer. For great depths, 5000 to 10,000 feet, Beebe will use a "self-contained diving suit." He will have himself lowered in a massive steel cylinder designed to withstand enormous pressure. It is being built by the Bethlehem Steel Corporation. Some hint of what he will find has already been brought up during his entertaining "Arcturus" cruise. He declares that creatures in those strata carry their own illumination. It is an electric-light world.

Then there is the upper layer of the atmosphere, about which man knows little. Sir Cobham points out that flight at an altitude around 50,000 feet will enable a plane to attain speed bordering on 1000 miles an hour. This means circumnavigating the globe in a day. Macready's work above 30,000 feet, lends some hope that these wild dreams may one day be realized. He has flown comfortably above Dayton, Ohio, in temperatures 80 degrees below zero, in an air so rare that but a few moments of it causes the aviator to lose consciousness.

The earth's interior is still a gorgeous riddle. An eminent engineer recently estimated that a hole in the

Modern Etiquette

By ROBERTA LEE

Q. Is it really necessary for a man to give his seat to a woman in a public conveyance? A. It is not necessary; merely optional.

Q. What is the proper way to acknowledge wedding gifts? A. Send a personal note to the donor; the printed card of thanks carries a note of discourtesy.

Q. Which knife is placed nearest the plate at dinner? A. The meat knife.

RED ROSE TEA "is good tea" The Orange Pekoe is extra good In clean, bright Aluminum

A GUESS THAT IS RIGHT FOUR TIMES IN FIVE When a child is afflicted with offensive breath, is subject to vomiting, indigestion, colicky pains, nausea, loss of flesh, grinding teeth during sleep and complaints of not feeling well without any cause, the experienced mother says "worms." Four times out of five she is right. When such a condition is noticed it is wise to give treatment on the supposition that worms are present. Children take Penick's Worm Syrup with the same relish they do candy. It's effective, safe and has no after-effects. 50c Bottle. E.A. FOSTER CENTRAL DRUGSTORE Sunnyside

Notice It is quite necessary that we receive payment of all outstanding accounts within the next two weeks, as our year ends on January 31st. We will appreciate it if you will give this your attention. We thank you. Patons Limited

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but a forerunner of intensive scouring of the globe from end to end for more coal, oil and other deposits that might be turned into fuel. Russia, England and France are already busy exploring remote swamp and desert areas. That the explorer has ceased to be a leathery-skinned zealot with oiled rifle back and brain, does not belie the fact that his soul goes marching on. The romantic explorer as a type has passed. His successor is outwardly much changed. Yet inwardly our shrewd, urbane leaders of spectacular flights and voyages have not changed; they are the bold, resourceful adventurers of old. Much of mankind's future lies in their hands. Only the very young and the very old speak the truth all the time.

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