

Bible Thoughts For Today

MARCH 23 TRUST IN THE LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.

MARCH 24 THE RIGHTEOUS shall inherit the land, and dwell therein forever. The law of his God is in his heart; none of his steps shall slide.

MARCH 25 PURE RELIGION and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.

MARCH 26 HE SHALL FEED HIS FLOCK LIKE A SHEPHERD: HE SHALL GATHER THE LAMBS WITH HIS ARM, AND CARRY THEM IN HIS BOSOM.—Isaiah 40:11.

MARCH 27 GIVE, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again.—Luke 6:38.

MARCH 28 I AM THE WAY THE TRUTH AND THE LIFE.—John 14:6.

MARCH 29 HAPPY IS HE THAT CONDEMNETH NOT HIMSELF IN THAT THING WHICH HE ALLOWETH.—Romans 14:22.

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HOMEWORK

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Sunday School Lesson

MARCH 23—LESSONS FROM SOLOMON'S REIGN

Scripture Lesson—1 Kings 3 to 11; 2 Chron. 1 (2 Chron. 1:7-12; 1 Kings 11:6-11 printed.)

Golden Text—The fear of Jehovah is the beginning of knowledge.—Prov. 1:7.

Devotional Reading.—Luke 18:9-14.

THE TEXT EXPLAINED

Light from the Commentaries

2 Chron. 1:7-12 7. In that night—The night following the great sacrifices. The author of Kings says that Jehovah appeared to Solomon in a dream, and this is at least implied here.

9. Thy promise unto David—That Solomon, his son, should succeed him and build a temple to Jehovah; and that his throne should be established forever (1 Chron. 22:9).

10. Give me wisdom—"First Kings says 'an understanding heart.' He desired intellectual and moral fitness for his position rather than wealth. The solemnity of the great religious ceremonies at Gibeon, together with a due appreciation of the responsibilities of his position, led Solomon to desire to be a discreet rather than a magnificent monarch.

11. Wisdom and knowledge is granted.—The incident illustrates the principle, "To him that hath shall be given." Solomon had wisdom enough to offer a wise prayer; increase of wisdom followed as the answer to the prayer.

1 Kings 11:6-11

7. For Chemosh—"Chemosh, though generally called the national god of the Moabites, is said (Judge. 11:24) to have been also the god of the Ammonites. He is first mentioned in Num. 21:29. The worship now introduced into Jerusalem by Solomon was put down by Josiah (2 Kings 23:13).

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LESSON THEMES

A great Opportunity. In all history no young prince came to his throne sooner, his son, should succeed him with fairer prospects and great opportunities than Solomon, the son of David. David, his royal father, had met with great success in building up the kingdom. The life of the nation had been unified and strengthened. Israel had a distinct place among the nations. Great wealth had been acquired. The fame of David was international, and the relations sustained to foreign people were favorable for further progress and prosperity. The climax of this era of prosperity was left for Solomon. A great fund had been accumulated and material prepared for the building of the temple. The construction of this sacred edifice would further unite the varied interests of the kingdom, and give to the life of Israel a unity and power greater than ever. This great opportunity stood Solomon at the opening of his reign. He evidently felt its impressive importance, and at the dedication of this marvelous structure the young king poured out his heart in a marvelous prayer. In this prayer Solomon asked for wisdom that he might establish the high ideals associated with this house of Almighty God.

A Glorious Failure. This fine beginning, with its inspiring pro-

Child Welfare And Public Health

Articles on Child Welfare, and Public Health will appear weekly in this column, furnished by the Local Red Cross Branch.

STUDY YOUR BABY

CANADIAN RED CROSS SOCIETY PUBLICATION

Babies cannot talk, but they have a sign language which the observant mother may learn and understand. By proper understanding of his crying and movements, a great many of baby's wants may be discovered and wisely cared for.

A normal, healthy child gains regularly in weight, has a warm, moist skin, breathes quietly, eats heartily, sleeps peacefully, has regularly one or two bowel movements daily, and cries only when he is hungry, uncomfortable, ill, or indulging in a fit of temper.

BREATHING: The healthy baby breathes easily and quietly through the nose. Sometimes a perfectly normal baby will breathe irregularly during the first weeks of life. This should excite no alarm unless associated with other signs of illness, such as hot skin and flushed face.

Baby should breathe through the nose with the mouth closed. Mouth breathing or habitual holding of the mouth open usually indicates enlarged tonsils or adenoids or some other obstruction to the breathing which needs the attention of a physician.

SKIN: The baby's skin should be healthy pink color and should feel warm, smooth and slightly moist to the touch. The muscles under the skin should feel firm. Flabby muscles usually indicate something wrong with the feeding.

CRYING: A well-baby does not cry very much, and since he has no other means of calling attention to his wants during the early months of his life, his cry should be heeded. But when he cries simply because he has learned from experience that this brings him whatever he wants, he has acquired one of the worst habits he can

speciate, came to naught and was ultimately followed by a failure as colossal as the opportunity for success was great. This failure did not take place at once. The evil influences to which the young king yielded worked slowly but surely to the fatal end. The latest evils already in the kingdom found him out. To these he gradually yielded and added others in his dealings with surrounding nations. He sought alliances with his idolatrous neighbors and poisoned, not only his own court, but also the home life of his people by the vile diplomacy of his harem. To win the favor of his pagan allies he adopted the idolatrous worship of his many wives. One shrine erected within sight of his own temple was appropriately known as "a mount of offence." The young king showed no self-control and yielded to the wickedness which runs with luxury. What was the cause of it all? The Scripture explains it in one phrase, "His heart was not perfect with the Lord his God, as was the heart of David, his father."

FOR STUDY AND DISCUSSION

Under what two kings did Israel reach the climax of its glory? Describe the preparations which David made for his successor. Did Solomon realize his great opportunities? Was his prayer for wisdom answered? What external causes led to Solomon's colossal failure? What was the deeper reason for his failure? Did he substitute external display and ceremony for downright reality? What real constructive values if any are found in Solomon's career?

DREADED MEAL TIME SAYS PETERBOROUGH MAN

"Everything I Ate Was Like Poison to Me and My Suffering Nearly Set Me Wild"—Says Lucas. Tanlac Changed This.

I was always in trouble with my stomach. My appetite was poor but eating was almost like taking poison anyway for my suffering nearly set me wild. I was so nervous I heard the clock strike every hour some nights and I got up mornings weak and worn out.

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Before I took Tanlac a year ago I have made one which takes all the strength and patience of the mother to break. Crying should cease when the cause is removed. A certain amount of crying develops the child's lungs and is good for him. When children cry for everything they want, it is the result of faulty training. If the baby is cross and fretful and cries a great deal of the time, it does not mean necessarily that he is ill, but there is something wrong with him. Learn what he is trying to tell you by crying.

HUNGER CRY: A low, whimpering cry sometimes accompanied by sucking the finger or the lips. If the meal is not forthcoming, it may change to a lusty scream. Babies are as likely to cry from indigestion caused from overfeeding as from hunger.

PRETFUL CRY: The baby is sleepy and uncomfortable. He may be too warm or tired of being laid in the one position. A tepid sponge bath and gentle rub or a change of clothing and taking him out will prove very restful and comforting. If the crying continues,

consult the doctor; the child may be ill.

CRY OF COLIC OR PAIN. A lusty cry sometimes rising to a shriek, with tears in the eyes. In colic the knees are drawn up and the fists are clenched. A tight fist is usually an indication of pain. If the crying increases with the moving of an arm or leg or when placing the child in a certain position, he may have a broken bone or other damages calling for the attention of a doctor.

SICK CRY. The very sick baby does not cry hard. There is a low moaning or wail, with sometimes a turning of the head from side to side.

An effective way of stopping up a hole where mice enter the kitchen or closet is to fill the aperture with a large cork dipped first in water, then in cayenne pepper.

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