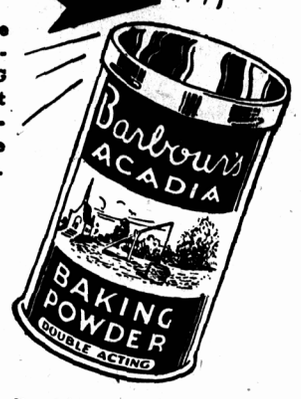
Woman's Realm / Social and Personal / Fashions / Literature

ACADIA'S RECONVERSION PROGRAM RAPIDLY ACHIEVED!

The instant wartime restrictions were lifted, ACADIA BAKING POWDER went right back into the protecting arms of the All-Metal container.

Protective... because it's All - Metal.

Popular... because it's easy-to-open.



Order Economical, Double-Acting Barbour's Acadia Baking Powder To-day!

How Can I.!!

By Anne Ashley

Q. How can I prevent clogged sink pipes?

A. If the sink is greasy, wash with hot soda water. Pour this solution, down drain pipe several times a week. It will prevent the pipe from becoming clogged.

Q. How can I make a lotion for a red nose?

A. Mix two grams each of precipitate of sulphur, cherry laurel water glycerine, precipitated chalk, and eau de cologne.

Q. How can I measure apples for cooking?

A. When cooking apples it is well to know that three medium sized apples weigh about one pound.

Modern Etiquette

By Roberta Lee

Q. Is it correct to eat the olive or the cherry from the cocktail glass before or after drinking?

A. After drinking, if one wishes it at all. It really is not necessary to eat it unless desired.

Q. If the father of the bride is not living, should the wedding invitations be issued in the name of her mother?

A. Yes, always.

Q. When being introduced, should a girl shake hands with a man?

A. This is the woman's privilege if she desires, but it is seldom done.

DO THIS FOR

BRONCHITIS

COUGHS · SORENESS · CONGESTION

Now get real relief from bronchitis miseries this double-action way—with the home-proved medication that

GOES TO WORK INSTANTLY TO BRING RELIEF

Penetrates deep into bronchial tubes with soothing medicinal vapors.

Stimulates chest and back surfaces like a warming, comforting poultice.

AND WORKS FOR HOURS—RIGHT WHERE MISERY IS!

To get the benefits of this combined PENETRATING-STIMULATING action, just rub throat, chest, and back with Vicks VapoRub at bedtime. VapoRub goes to work instantly—2 ways at once as shown above—to ease bronchitis coughing, loosen congestion, relieve muscular soreness, and speed restful, comforting sleep. Often by morning most of the misery is gone. Now don't take chances with untried remedies—get relief from bronchitis miseries tonight with double-action, time-tested Vicks VapoRub.

FOR ADDED RELIEF—Melt a spoonful of VapoRub in a bowl of boiling water. Inhale the steaming medicated vapors. Feel them soothe nagging bronchial irritation!

Fashion Horoscope

by Colette

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent question to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q. I need a pump, do I have to have a permit to buy one?

A. All farm machinery has been removed from the list of rationed commodities. Therefore, you may purchase a pump without any permit to do so.

Q. Are Christmas cards under a ceiling price?

A. Yes. No Christmas card must be sold at a price higher than 25 cents. Dealers may charge extra for printing the name and address of the customer on the "personal" type of greeting card.

Q. Are retailers allowed to sell seed potatoes at higher prices than the table potatoes?

A. If seed potatoes are correctly labelled with the Department of Agriculture label stating they are certified seed, these potatoes, when sold by the bag in original containers and not broken up, may be sold at a higher price than the ordinary table potatoes.

Cook's Corner

DARK FRUIT CAKE

This is not a rich cake—therefore you will observe that its baking temperature is higher than for most fruit cakes and the time in the oven is shorter. Naturally, you will not expect the keeping quality of this cake to equal that of a really rich mixture.

This is a nice family fruit cake however. Its flavor is good and the batter holds its fruit in even distribution.

3½ cups seedless raisins, washed and dried
1½ cups currants, washed and dried
2 cups slivered mixed candied peels and citron
¾ cup drained maraschino cherries, halved
1 cup almonds, blanched and coarsely slivered
2 cups once-sifted pastry flour or 1¾ cups once-sifted hard-wheat flour
1½ teaspoons baking powder
¼ teaspoon baking soda
½ teaspoon salt
½ teaspoon ground mace
1½ teaspoons ground cinnamon
6 tablespoons shortening
6 tablespoons butter
¾ cup liquid honey (mild flavored) 3 eggs, well beaten
¾ cup thick sweetened sieved applesauce.

Prepare the raisins, currants, peels, cherres and almonds.

Measure and sift together three times, the flour, baking powder, baking soda, salt, mace and cinnamon; add the fruits and nuts a little at a time, mixing after each addition until each bit of fruit is separated and coated with flour mixture.

Cream the shortening and butter together until light and fluffy; gradutlly blend in the honey. Add the well-beaten eggs, a little at a time, beating well after each addition.

Add the flour mixture to the creamed mixture alternately with the appleasuce, making three additions of flour mixture and tdo adding well after each addition

Turn batter into two 6-inch square cake pans that have been lined with three layers of heavy brown paper — the top layer buttered—or with three layers of cooking parchment.

Bake in a rather slow oven, 325 degrees, about 1½ hours.

SUE AND HER MOMMY

DESIGN NO. 1009

Odd pieces from the scrap box are used to make these happy mother and daughter dolls. Pattern No. 1009 contains complete instructions for making the bodies of the dolls and clothes.

To order Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needework Bureau Charottetown Guardian.
Design No. 1009

Name

Street Address

City Province

Dorothy Dix Says—

Marriage Worth Saving

Crowded Divorce Dockets Due to Unwise War Romances

The papers in a medium-size city that is noted for its conservatism, culture and general high standard of living, report that an average of 50 divorces, annulments and separations are being granted daily in its courts, and that there are 596 cases of the unhappily wed still filed on its dockets, with the procession of disgruntled husbands and wives growing larger and more clamorous all the time.

When our gloomy prophecies come true, we are always shocked, for somehow we hope, even against reason, that things are not going to be as bad as we feared they would be, that some miracle is going to happen that will save us from the consequences of our sins and follies. So, although our common sense warned us that the flood of war marriages that swept across the country was bound to leave in its wake a ghastly flotsam of broken hearts and wrecked lives and shattered homes, we are none the less appalled when we are brought face to face with the catastrophe.

FOREDOOMED FAILURES

The marriages that were founded on nothing but sex and drink, or the cold greed of women grabbing for a soldier's pay check and gambling on the chances of collecting his insurance, the marriage of immature boys and girls, incapable of any emotion deeper than a child's passing fancy; the quick-order marriage of perfect strangers, with only an hour's acquaintance, were all foredoomed failures. Hence it is no wonder that the courts are crowded with men and women seeking to break the marriage bonds that have begun to gall them and cut into their flesh.

But the disgruntled husbands and wives who think that they can wipe out the mistake of their unwise marriages with a decree absolute deceive themselves, because there is always the ghost of their past to haunt them. Perhaps it is a husband whose love never wavered, and who kept himself sane through all the horrors and sufferings and dangers of battle by dreaming of the Little Woman and the welcoming arms she would hold out to him.

Perhaps there is a wife whose devotion was strong enough to stand years of separation, and loneliness, and penny-pinching, and hard work, and fears and anxieties that gnawed at her heart night and day. Perhaps there are helpless little children who need a father's love and guidance and support.

A divorce may give a husband or wife the freedom he or she desires, but it doesn't wipe the slate clean. It doesn't undo the past, or guarantee the future It doesn't ease the anguish of the man who thought he was coming back to a happy home and finds it in ruins. It doesn't compensate a wife for the loss of the husband she loved, or little children for the lack of a father.

And so I would urge all husbands and wives to think a long time before they join the rush to the divorce courts. Don't act on the impulse of the moment. Give yourself a chance to make a new adjustment. Maybe your wife isn't any longer the glamour girl she was when you left her. Remember how faithfully she stood at her post and fought a little harder than you did. Perhaps your husband isn't the lighthearted lad you danced and played about with. Clothe him with your love so that you will not even see his faults.

The greatest casualty of war is the wreck of marriages and the breaking up of homes that it brings about. Save yours from it by steering clear of the divorce court The remedy for a marriage that has lost its allure is not divorce. It is love and patience.

Living & Leisure

THE WOMAN'S REALM

FROST IN THE AIR

There is frost in the air tonight,
The stern-faced moon frowns on
the clouds, and sends them
scurrying from out the sky.
Deep in their gardens flowers
tremble, helplessly pleading
their beauty's fraility.
Leaves shiver on the trees, feeling
the chill of death, feeling the
breath of death.
But cold comes on relentlessly,
until it challenges the very
sea.
There is death in the air tonight.
This silent, frost-held night seems
a forerunner of that last eternal cold
When earth has moved from out
the orbit of the vital sun, and
slowly cooled....
When chilling death has crept
around the earth, and up and
up to mountain peaks
Where that last living thing, the
Pharmigan, waits and surveys
the icy waste
In monumental loneliness.

Helen Chase.—(Montreal Star)

One of the newer-type postwar electric washing machines now on the market features, a tumbler motion which literally beats dirt out of laundry against the sides of the tub.

The ant is the only creature except man, to keep slaves, cattle, and go in for agriculture.

Enough current to ring a doorbell can be generated by electric fish.

A brass vase or other piece of brass bric-a-brac that tarnishes easily, may be cleaned and polished, then given a coat of denatured alcohol (poison), let dry, then coated with water-white transparent metal lacquer. This will prevent tarnishing and when the lacquer dulls it may be taken off easily with denatured alcohol and a fresh coat applied.

Editors of daily newspapers on this continent receive about 50,000,000 letters from readers every year, or more than 100 every minute of the day and night.

EASY ON THE KNEES

An old magazine is a splendid rest for the tired knees when scrubbing floors at housecleaning. You will be surprised how much this little mat saves your knees when pushed along as you clean.

A machine has been patented that will make tinted cigarettes for ladies so that wrappers will match their evening gowns in the postwar period.

If all the pennies paid each day for daily newspapers in Canada were placed in a straight line edge to edge, they would reach 54 miles.

Many a breath owes its fragrance to its owner's habit of using dental floss between teeth that crowd together. Dislodging food, which so quickly becomes decomposed, is a good practice for still another reason. Gums are sometimes irritated by these lodgers. But since yanking with a piece of floss also can wreak havoc with gums, you should for safety's sake ask your dentist on your next visit to show you how to use it. Now, that we're on this subject of mouths, maybe this is a good time to mention another practice that will assure you a sweet breath. That's the simple business of uncoating a tongue.

TEA FOR TWO

A good cup of tea is a simple thing to make and yet we get so many poor ones. Part of the reason is because people do not know how to boil water. I mean that. Sometimes they think that when a kettle begins to steam, the water is boiling. Water is not boiling until the bubbles break on the surface and water begins to steam some time before this. To have a good cup of tea the water must be actually boiling and it must be freshly boiling because if it has boiled for even a minute or so the tea will not be as good. Watch carefully for just the right moment, then do not let the water get off the boil while you are making the tea. In other words bring the teapot to the kettle not the kettle to the teapot. The teapot should be heated by having some hot water poured in it and let stand long enough to heat the pot thoroughly Then after the tea is made it should stand for five minutes to steep. Plenty of good tea is spoiled by being served in a silver teapot which has a stale taste. After you have washed and dried your silver teapot, let it stand for a short time and then dry it again as water which remains in the spout will have dripped down. Then open up the lid and let the pot stand open for several hours so that every trace of moisture evaporates. Use your best teapot often and you will have less trouble keeping it sweet.

FORMALS FOR MILADY:
The long evening dress is back on the scene after a wartime absence and this sequin-studded pink and grey number by Alfandri, Canada's foremost designer, was a feature of Montreal's spring opening this week.

Ellen's Diary

By an Island Farmer's Wife

It was no trouble at all to answer any of James' queries, about the weather, when I peered from the window this morning—he being a little reluctant to put his feet to the floor. I must explain that this condition of affairs is extremely rare at Alderlea, the two characters, usually occupying the opposite roles. But our later retiring, because of our company, encouraged a feeling of indifference to the cares, that come with the dawn. It is still a strange and extremely pleasant experience, for me to come to the new window in the room above the kitchen—where a year ago was blank wall—and there to read the ripple of the breeze on the pond waters. There was no sign of any today, unless possibly it sighed very closely above the small open space, for near the banks, the ice held it darkly. As James expected, the ground was frozen, and I answered in the affirmative, when he asked if "there is frost on the waste-gate and mill-rooves." It was as I told him, "a brooding morning," which at once brought to mind, one similar I had looked out upon, some years ago. For this was an anniversary for Rob and Karolyn, marking a return of the date, which led them to take up residence at the farm "in the road." Not directly there, of course, but to spend a week or two with us at Alderlea and then leaving us well in time to spend the Christmas season, under their "own vine and fig tree", there. The many newlyweds, we have entertained—James and I.

* * *

It was chilly that day, and by night, in the early dusk of it, Winter came, in big feathery flakes that drifted down quietly to lie across the frozen meadows, folding a tired countryside in a warm white embrace. This morning's darkness and scattering of flakes reminded me of the bleakness of that day....A bleakness that I knew did not stop with the out-of-doors, but was reflected by more than one of the inmates at this house at Alderlea. It comes all at once, when you realize that someone you have taken care of and whose welfare has been your concern, since a smaller fellow even than Jamie, is going out from his place beneath the old rooftree, never to return to it again. The dreariness is only a shadow, really, that rests for a moment, with a heavy hand, and then moves on. It must be this way, so that no one may suspect the loneliness that is bound to come. Later, you may say to the new daughter-in-law, or perhaps you only think it "I did my part—as best I knew—It's your responsibility now." You say gracefully, with a smile. It would never do to let any one think for a moment that you regretted the arrival of this day, that is almost certain to come to mothers of sons and daughters and which you hoped for, in considera-

(Continued on Page 3)

air-wick* keeps the nursery fresh too!

Use air-wick to keep baby's room smelling clean and fresh all the time. Simply uncap the bottle, pull up the wick and presto! ... unpleasant odors vanish. No fuss... no bother. Nothing to light, burn or spray. air-wick kills all unwanted household odors...makes indoor air country-fresh for only a cent or so a day. Get air-wick today at your drug, grocery, variety, hardware, chain or department store.

89c a bottle.

16-oz. Economy Re-fill, $1.75

* There is only one air-wick. Remember air-wick is the only household product of its kind that contains "activated"...

chlorophyll

Household Scrapbook

By Roberta Lee

Shiny Collars

To take away stains from coat collars and to remove the shiny appearance that betrays the age of man's suit rub with a spoonful of ammonia in which enough salt has been added to make a soft paste.

Refreshments

Every housewife should keep root beer, a stock of lemons, or gingerale on hand If unexperted guests call, she will not have to send out for more expensive refreshments.

Dust the Windows

If the windows are dusted just as often as the furniture in the room, they will not require so much washing.

Better English

D. C. Williams

1. What is wrong with this sentence? "We had an awful nice trip."
2. What is the correct pronunciation of "credulous"?
3. Which one of these words is misspelled? Mistletoe, potatoe, tiptoe.
4. What does the word "decadence" mean?
5. What is a word beginning with inh that means "belonging by nature"?

ANSWERS

1. Say, "We had a very pleasant trip." 2. Pronounce kred-u-lus, e as in red, u as in vendure, accent first syllable. 3 Potato. 4. A falling away; decay. "The old castle where the family lived in their decadence."—Scott. 5. Inherent.

90 years' use proves its value for COLDS

That Smile is Worth Keeping!

MOTHER — would you risk the loss of the happy, healthy vigour which is childhood's heritage in sports and play? Fortify the little bodies — build up resistance to colds, grippe and other infections by using Father John's Medicine regularly. Its value as a body-builder and as a treatment for colds has been proved during the past 90 years. Rich in vitamins and free from alcohol and harmful drugs.

Father John's Medicine

Needlecrafts FOR THE HOME

LOVELY NIGHTGOWN

For that someone who rates a rather special Christmas gift, why not make this lovely nightgown, cut with all the charm of a frock, featuring brief cap sleeves and a snugged in midriff, and yet simplicity itself to sew?

No. 3897 is cut in sizes 10, 12, 14, 16, 18 20 and 40. Size 16 requires 3⅞ yards 39-inch, 2 yards edging.

Send 20 cents for Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department The Charlottetown Guardian.
Pattern No. 3897

Name

Street Address

City Province

CORNS Lifted Out, No Pain!

No pads or plasters to fuss with—just a few drops of a painless remedy PUTNAM'S CORN EXTRACTOR—only a few applications and relief comes quickly. Tackle your sore corn today. For rapid results, for greater comfort, use the old reliable Corn remover. PUTNAM'S CORN EXTRACTOR, 25c at all dealers in medicine.

Putnam's Corn Extractor