

# Woman's Realm/Social and Personal/Fashions/Literature

## Needlecraft FOR THE HOME



BLOUSE 2983 SIZES 10-40

SKIRT 2391 SIZES 24-44 WAIST

### SIMPLE ADDITION

Good teamwork in a blouse and skirt makes a timely costume! Take skirt No. 2391, cut in either a mid-calf or a shorter length... add blouse No. 2983 with the new low cut and collared neckline. (Two separate patterns.)

No. 2391 is cut in sizes 24, 26, 28, 30, 32 and 34. Size 28, 2 3/4 yards 39-inch; longer length, 2 3/4 yards 39-inch.

No. 2983 is cut in sizes 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38 and 40. Size 16, 2 3/4 yards 39-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern Nos. 2391 and 2983

Name

Address

City

Province

## Morning Smile

"I've come to mend the tap you wrote about," said the plumber to the woman who answered the door. "But we didn't send for you," said the woman.

"You're Mrs. Green?" "No, Mrs. Green left here three months ago—before we moved in." "Would you believe it, Bill? Fancy sending for us to do a job and then movin'!"

### JUST A MISTAKE

"A burglar broke into my house when I was still at the club," said Smith to his friend. "Did he get anything?" asked the friend.

"Yes, poor devil. He's in hospital. My wife thought it was me."



FOR TASTIEST TEA... THESE LITTLE TOP LEAVES

You'll find the exquisite flavor of finest Orange Pekoe in the new improved Tender Leaf Tea Balls—now at your grocers.

## Does a Bad Cough Cause You Worry?

When the chest is sore and your cough hangs on, you naturally become worried. One sufferer who was troubled over her condition, writes:

"My back pained. I coughed a lot. I was worried and wondered what was wrong with me. One of my friends advised me to use Nerviline. I am on my second bottle and so is my mother. Nerviline is doing me as much good as it is doing her. I have recommended Nerviline to five friends; they are receiving entire satisfaction, also."

Nerviline is penetrating and powerful. Rub it over your chest and throat; its effect is good. Sold in 85c bottles by all dealers.

## Cook's Corner

### ORANGE ICING

2 tablespoons butter  
1/4 teaspoon lemon extract  
3/4 teaspoon grated orange rind  
2 cups sifted icing sugar  
3 tablespoons orange juice  
Cream butter until fluffy; add lemon extract and orange rind. Add sifted icing sugar to creamed mixture, alternating with orange juice, and beat until smooth. Swirl onto cake.

### ORANGE AND WALNUT MOULD

3 large oranges  
3 tablespoons cornflour  
3 tablespoons sugar  
1/4 cup shelled walnuts  
Water  
Squeeze the juice from the oranges and add water to make 2 cups. Pour a little on to the cornflour and blend into a smooth cream. Add the sugar to the remainder and heat until boiling. Chop the walnuts; pour the liquid onto the cornflour, return to the pan and simmer for 5 minutes, stirring constantly. Add the nuts and pour into a moistened mould. Chill. Serves 4-5 people.

## That Body Of Yours

By James W. Barton, M. D.

### CHRONIC SINUS INFLAMMATION IN CHILDREN

As a youngster at school I saw other youngsters who always seemed to have a head cold with a running nose, and others whose cold had mucus present instead of just water. They were treated for "ordinary" colds, but some seemed to always have water or mucus running from the nose. Today we call this chronic rhinitis, an inflammation of the lining of the nose and of the lining of the sinuses adjoining the nose, therefore called chronic sinusitis.

Because chronic sinusitis can not only cause physical symptoms, but also can harm the personality of the child, Dr. Vernon de Boissiere, Montreal, in the "Canadian Medical Association Journal" feels that there is an urgent need for some method or combination of methods for the effectual relief of sufferers from sinusitis.

The first point to remember is that the linings of the nose and sinuses are one and the same, so that any inflammation of the lining of the nose continues or makes its way directly into the sinuses, just as water spilled on the floor in a hallway makes its way along this floor to adjoining rooms.

The various conditions which cause a tendency to develop sinusitis are: (1) Environment, diet, clothing. (2) Allergens (causing allergy). (3) Infection. (4) Infection added to the tendency to allergy. (5) Some deformity of the nose and sinuses.

Under No. 1, Causing infection in sinuses are diets too low in vitamins A, D and C; too soapy or too much clothing; poorly ventilated over- or under-heated houses; overcrowding in the home or in cars; buses; improper rest.

Allergens includes household dust, certain foods, boggy condition of the nose and sinuses as a result of yearly attacks of hay-fever.

Infection, and infection plus allergy, require careful investigation. Deformity—badly bent septum, poorly drainage from sinuses, adenoids, infected tonsils, enlargement of turbinate bones.

What about a method of treatment of these cases of chronic sinusitis?

Dr. de Boissiere states that he gets most satisfactory results by X-ray radiation, the use of penicillin and putting drops in the nose or using a spray of a solution which helps to dry up the lining of the nose and sinuses.

### THE COMMON COLD

Never neglect the common cold as it may often be the forerunner of other more dangerous conditions. Send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy of the Barton booklet entitled "The Common Cold."

## Get Quick Relief from CHRONIC BRONCHITIS

"Ever since birth, I was subject to attacks of Chronic Bronchitis," writes Mr. Roy Jarvis, 1026 Dovercourt Rd., Toronto. "I coughed violently and was a great deal. Then I learned about RAZ-MAH—and now I'm happy to say I've found relief!" You, too, can get quick relief from that dry, hacking or phlegmy bronchial cough. Take Templeton's RAZ-MAH—the remedy specially made to relieve Chronic Bronchitis, pneumonia and Hay Fever. Enjoy your work, enjoy your rest—start taking RAZ-MAH today. 60c. \$1.25—at druggists. R-36

### PARAFFIN SAVES SOCKS

Washington, D.C. — If your socks are in the habit of developing holes in the heels at a rapid rate, what you need is less darning cotton and more paraffin. In this case, a rub

## DOROTHY DIX SAYS—

### Bossy Husband

#### "Superior Male" Who Despises Women Shows Own Ego Needs Boost

DEAR MISS DIX: Of late my husband has been declaring more often and more forcibly that he is the master of the house; that women should be obedient and subordinate; and, that no matter what anyone says, women do not have equal rights with men. Recently he drove for three months with an expired driver's license just because I asked him to get mine at the same time he got his.

Along with the "masterful" speech goes a constant complaint and bossiness regarding my housework and the care of our child. Our marriage is hanging by a very thin thread, for his actions anger me to the point of desperation. What shall I do? Your advice will be appreciated.

MRS. B. E. H.

ANSWER: Probably there is no other man in the world who is at once so ridiculous and so contemptible as the one who builds up his own egotism by treating all women as imbeciles, good only to serve their lords and masters. Such men deride the opinions of all women. They profess to believe that all women are congenital idiots, and when you call their attention to the fact that there are famous women politicians and lawyers and doctors and writers and musicians and whatnot, they simply shrug their shoulders, as much as to say that anyone who doesn't know that all women are fools is a fool himself.

BUILD SELF-ESTEEM Apparently it never occurs to these women-baiters that they build up their self-esteem by belittling women. When, for instance, you meet a man whose fund of dinner party stories consists in his telling about the do-funny hat his wife bought, or the time she forgot the baby, or when she asked a foolish question, you don't have to be told that he is trying to build up his reputation as a wit at his wife's expense. He hasn't a funny bone in his body and wouldn't know a joke unless his wife pointed it out to him.

The men with big hearts and big brains don't have to make show-offs of themselves. They don't have to make doormats of their wives. And they are wise enough to know that in marriage we only get happiness when we give happiness.

What a woman should do who is married to one of these Superior Pests nobody knows; but, at any rate, she is entitled to a rising vote of sympathy.

DEAR DOROTHY DIX: I have been working since before I was married and, frankly, I am tired of it, especially as I have a little son who needs my attention. It is getting to a point where I can see no advantage to a girl being married, having a family, yet having to be a bread-winner, too.

My husband gripes because my work takes so much of my time; but when I ask him if he thinks I should quit my job he says no. What should I do?

B. A.

ANSWER: A woman who has a husband and a child, and has to be a bread-winner besides, is caught between the devil and the deep blue sea, and there is very little she can do except to go on with her job and hope for better luck. Certainly a girl who marries for a living in these days has to be of an optimistic turn of mind, for it is more than likely that instead of being able to sit down on the do-nothing stool after she gets married she will have to support a husband who was born with that tired feeling.

If you married for love, it is worth the price. If you married for a meal ticket, you lose out. Love is the only thing that pays dividends in marriage.

DEAR MISS DIX: I am a man of 26 and wish very much to get married, but I have never yet found any girl whom I really wanted for a wife. I do not believe that I can fall sentimentally in love. Should I (Continued on Page 3)

## Household Scrapbook

By Roberta Lee

### Satin

Satin material can be renovated by rubbing over the soiled parts with a cake composed of magnesia grain of the goods, and allow to remain for several hours, then rub off with a soft cloth.

### Fish Loaves

A novel and appetizing topping for fish loaves can be made with chopped sweet pickles. Sprinkle the pickles over the loaf after it has been placed in the baking pan.

### Dusting

Use a dampened chamolis, instead of a duster, on the furniture about once a month. You will notice a great difference.

## Modern Etiquette

By Roberta Lee

Q. What are a few acknowledgements of an introduction that are forbidden by social usage?

A. "Pleased to meet you," "Delighted to know you," "Charmed, I am sure," or any other such extravagant phrases. "How do you do" is the accepted form.

Q. Is it ever permissible to use unmatched paper and envelopes in correspondence?

A. The paper and envelope should always match, both as to size, quality and color.

Q. When the bride has no near relatives, whom should she ask to perform the duty of "giving her away"?

A. An old friend of the family is often asked to do this.

## Better English

D. C. Williams

1. What is wrong with this sentence? "It was none other than he."

2. What is the correct pronunciation of "sois"?  
3. Which one of these words is misspelled? Madamozelle, Madonna, maelstrom.

4. What does the word "coercive" mean?

5. What is a word beginning with lu that means "exciting laughter; ridiculous"?

### ANSWERS

1. Say, "It was no other than he." 2. Preferred pronunciation is oo as in book. 3. Mademoiselle. 4. Serving or intended to restrain by force. "They resorted to coercive measures." 5. Ludicrous.

## How Can I!!!

By Anne Ashley

Q. How can I keep meringue from shrinking?

A. To help prevent meringue on pies from shrinking while cooking, be sure that it covers the entire top of the pie and touches the rim of the crust. Bake the meringue for about 15 minutes in a slow oven. Too hot an oven will cause shrinkage.

Q. How can I clean plaster of Paris figures?

A. By using mild soapsuds and a shaving brush. Rinse well. Dipping them into a strong solution of alum water will give them the appearance of alabaster.

Q. How can I prevent rusting of window screens?

A. They will look like new and will not rust if given a coat of linseed oil.

## Ellen's Diary

By an Island Farmer's Wife

For one, at Alderlea this rose-hued morning, the bread rising to the top of the pan was a favorable token of the day ahead. Outdoors, the new-come families of yesterday still unbroken, lent much encouragement to our farmers. Added and necessary material obtained from Rob's trek to the city allowed Mr. D. to continue his carpentry with a good heart—and Jeanie her upboard; the pup and her lazy white cat admitted indoors brightened grand-daughter's pastimes, and so it was, each one to his or her own liking, we entered upon the affairs of our day. It was mild and sunny at morning, so pleasant that a whole army of robins, indeed beyond accurate counting, had taken possession of the nearest side of the front meadow by lane-side.

One wonders, now that a winter-like storm is in progress this evening, where those gay, fresh-coated creatures have gone. Are they cuddled down in the underbrush in the shelter of the milldam or where have they found sanctuary? Snow is heaping the windowledges white, and seeing it edge the panes we comment in the coziness of indoors: "This will be good for the land. The new-fallen will help to take away the old." "The wind is in a quarter for rain," Mr. D. who came a-visiting in the twilight remarks. "South, East", he adds. He is peeling an apple. He peels it with the care and precision he affords his work, paper-thin and memory-provoking. One recalls bygone Halloweens and idly wonders if, say Mr. C. from the house on the hill, also our guest, were to borrow it, and toss it over a shoulder, and make a wish, when it would come to rest what initial would it form? And James in his old arm-chair observes that "this storm has been brewing", remembering a certain circle which last night girdled the moon. The wind complains along the yards and about the house-eaves and mourns in the chimneys.

But today lent itself well to all our endeavors. Shelves appeared in the corner cupboard-to-be, and once we were all called into conference in a way we have over-matters at Alderlea, to determine if it should be made straight across the corner or should the joinings be rounded. If the latter fashion were adopted by the rest of the company, while we were interested in keeping grand-daughter from standing on her head along the lower steps, it was a happy forgoing and worked out to the benefit of the project. It was while the small one was enjoying her nap, that again Mr. D. was carried off to the orchard to complete the bird-raising, a sheltered enclosure to be elevated at the pleasure of our husbands. They finding a brief spell of leisure went at the wood-splitting, taking good care of the minutes, and visibly adding height and width to our heap of fire-wood in the yard. It was what James called "only play" after an insistent period of choring.

It is however a work which always appears to hasten the supper, a period of refreshment which at once takes them back to their choring. "No—I've just got to go home", grand-daughter declined our invitation to remain with us, and splashed off happily through the mud of the yard, "we're having soup—tomato soup." Tomatoes we too ate, of the tinned variety to add color and vitamins to our meal of sliced ham and eggs, favorite foods of James'. By way of toasting the wood-splitting, and as an end to the menu we had found a jar of strawberry preserve in the cellar, which when served lends itself well to a gracing of cream.

And wandering along the dim aisles of night, the wind continues to grieve, with now raindrops against the panes. And Mr. D. remarking, "It's a pity to have a stove without a fire in it" adds a fresh stick to it, and relates the tale of "the old Irishman" who was so he says, "near to death's door. And where would ye be after wantin' to be buried?" one of his kin asked. "Buried is it ye're asking me?" he replied. "Sure an bury me in the grave-yard, between my two wives

fit-all-heel\* fit to be tried—if you're proud of your legs!

Such an affectionate heel! How it hugs your ankle, helps hold your seams so sweet 'n' neat! Only Kayser makes this wonderful Fit-All-Heel... only Kayser nylons have it in Kayser's own "festive" springtime shades. At the nicest stores, \$1.65 and up.



Only Kayser makes the famous Fit-All-Heel... guaranteed not to twist.

you owe it to your audience

-wear **KAYSER**

HOSIERY • GLOVES • UNDERTHINGS

\*Patent Pending.

## The Stars Say--

By Genevieve Kemble

For Thursday, April 14

THIS day may be devoted to holding a situation in a groove of the stable and substantial in the midst of a complete turn-over in which the outcome is destined to be long-term and critical in its far-reaching and very active consequences. In this, ingenuity and innovation have real value, although it might be hazardous to be lavish in taking chances with assets, resources and tangible wealth, or funds. Extravagance, plunging,

—there's plenty av room there, and remember now, with a lanin' to Biddy!" "And which one was Biddy?" Mr. C. asks. "Oh wouldn't you know?" Mr. D. replies looking to James. But James laughing observes that "it's just going to be cold enough for any young stuff tonight in the buildings!"

Until tomorrow... Diary... Good-night...

over-indulgence in any direction could result disastrously. Put on the brakes and keep obligations and duty in mind.

### For the Birthday

Those whose birthday it is are urged to keep to conservative and justifiable expenditure of funds, energies, plans and all resources with obligation and sense of duty in mind, even when drawing on reserves for launching out on a spectacular program of long-range and enduring purpose. There may be little encouragement or tangible support from those in influential positions or even from expected social, professional or family co-operation or approbation. Go it alone with discretion and moderation, although the urge to take major chances be strong and seemingly urgent. Dramatic and dynamic issues are in the offing for organized and prudent activities.

A child born on this day will be disposed to plunge in its novel creative urges, original and skillful, with tendencies to gamble at almost any cost, with little aid from higher-ups or family.

## NOW! NEW! IMPROVED!

**VEL** 25% more weight More Cleaning Power More Suds...

New Improved VEL Does This for You

- 1 VEL cuts dishwashing time in half.
- 2 Cuts grease, banishes soap scum.
- 3 Gives you soft water washing.
- 4 Safer for woolens, stockings, lingerie.
- 5 Milder to hands

SAVE MONEY! Use only half as much VEL as soap...



HERE IS YOUR OPPORTUNITY TO BEAUTIFY YOUR HOME! SUN-TESTED READY TRIMMED WALLPAPERS

Ready to hang—perfect matching edges. Reasonable prices — You can keep within your budget, if you purchase from us! We'll be glad to help you select your patterns.

**THE ROGERS HARDWARE CO. LTD.**

Phone 105 — 1308

3 out of 4 women today do their home baking with **FLEISCHMANN'S YEAST!**

Fleischmann's gives finest results because it's always full-strength, always **FAST-ACTING!**

If you bake at home, use Fleischmann's for delicious quick batches of rolls, buns and dessert breads. Insist on **FLEISCHMANN'S!**

Choose either form **FRESH** or **DRY**

**FLEISCHMANN'S ROYAL FAST-RISING DRY YEAST**

NEW! Wash 10 Refrigerate