

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern By Anabelle Worthington



A truly delightful crepe silk in violet-blue shade, features the new moulded silhouette with low-flared skirt fulness. The puffed sleeves add that touch of femininity so important in the mode. Style No. 3470 comes in sizes 14, 16, 18 years, 36, 38 and 40 inches bust. In the medium size 4 1/2 yards of 39-inch material with 1 1/2 yards of binding is all it takes to make it. In chiffon print, it's exceptionally dainty for afternoons and informal evenings. For summer wardrobe, it adapts itself beautifully to printed dimity, embroidered batiste, chiffon printed voile and pastel tub silks. Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Spring Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Name, Street Address, City, State

A Morning Smile

"What's the matter with your wife?" said one churchwarden to another. "She seems to be very much upset today." "That's true," replied the other. "She's had a severe shock."

Character Close-Ups

THE FLAT HEAD THAT IS LONG HORIZONTALLY SHOWS FONDNESS FOR SOCIETY



A Modern Hygienic Service



Women can't afford to do without

To millions of women, Kotex, the New and Improved Sanitary Napkin is a hygienic service which they would never think of doing without. For a few pennies, they obtain absolute security and wonderful freedom from worry, not found with old fashioned napkins. Doctors and nurses urge Kotex because it protects against serious consequences that may easily follow times of hygienic distress. No embarrassment when buying. Just say Kotex at any drug, dry goods or departmental store. Regular size 60c for box of a dozen. Super-size 75c. Directions in every package.

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Dorothy Dix Letter Box

Why the Best of Housekeepers and Mothers May Yet Lose Her Husband - What Makes the Eager Student Unpopular? - Feminie Cradle - Snatcher

Dear Miss Dix—I am a man 42 years old. Have been married twenty years. My wife and I have lived together in unusual harmony. Never a cross word between us. She has been an admirable housekeeper and a devoted mother. I have tried to be a good husband and have given her everything that any women in reason could wish. Everything serene on the outside and I suppose my wife is fond of me in her way, but she treats me as casually as a stranger. I long for loving and affectionate companionship. I want her to tell me sometimes that she loves me. I want her to put her arms about my neck, her lips to mine. We have our own rooms, and it is good-night dad, when we part, and good-morning dad, when we meet in the morning. Yet she would feel herself outraged if I sought elsewhere the love she fails to give me. Believe me, Miss Dix, it is these frig id wives who drive many a man from home.

Answer: Right you are, Mr. Husband, and I often wonder if the women who are walling and beating upon their breasts over their unfaithful husbands are not very often accessory to the crime, and have not brought their misfortunes down upon their own heads. Also I wonder if there wouldn't be fewer Lady Loves if there were more wives who were lovers.

Women seem to think that heart hunger is a purely feminine complaint, and that they are the only ones who ever starve for affection. It never seems to occur to them that a man is not satisfied just to take his wife's feeling for him for granted, and to argue that as long as she makes him comfortable at home and sews on his buttons and darns his socks that she is still in love with him.

Nor does it seem to dawn on them that if a man loves a woman he wants some response to his affection. He wants kisses that are not so cold and flabby and perfunctory that they are an insult instead of a caress. He wants to see her eyes light up with joy at his approach. He wants to know that she still has power to thrill her. He wants her arms about his neck. He wants her to cuddle into his arms. He wants, in a word, for her to keep up the love-making of their courting days.

Yet plenty of men never get this. Their wives appear to think that when they got married they were metamorphosed from sweethearts into cash registers, and that they lost all human sensibilities in the process. Plenty of women never see their husbands as a man again after they are married, and the chief element in the amazement that many a wife feels when she finds out that her husband is stepping out with other women is her surprise at discovering that he is human and still craves tenderness and love, and wants to be petted and made a fuss over.

She had been picturing him as a mere money-making machine. She had assumed that his only passion was for his business, that the only thing he could get a kick out of was a ten-point rise in the stock market, and that he had just as much outgrown and discarded romance as he had his wedding garments.

And she honestly believed that all this Robot wanted of a wife was somebody who would keep his oiled up and in good working condition. If you notice, when a woman speaks of being a "good wife" she always tells what she has done to make her husband physically comfortable. She tells you that she has been a good housekeeper, that she has been a thrifty manager, that he has always had a clean house and a good dinner to come home to.

She never mentions how she has treated him, whether she has been tender and affectionate to him, whether she has shown him appreciation and understanding, whether she has given him her lips or the back of her ear when he tried to kiss her. She doesn't think these demonstrations of affection count. She has said it with pies and mutton stews and she thinks he should be satisfied with that.

Yet if she would consider she would know that what a man marries for is love. He doesn't have to marry for a cook when there is a good restaurant on every corner. He doesn't have to marry for a comfortable place in which to live. There are thousands of clubs and bachelor apartments in which every need is catered to as no wife can do it. He doesn't have to marry for feminine society. There are too many women willing to play around with him.

No. When he forfeits his personal liberty, and assumes a woman's board bill and shopping ticket for life, it is because he wants love more than anything else in the world and is willing to sacrifice everything else for it. And this being the case, how is it possible for any wife to delude herself into thinking that just as soon as he is married he ceases to desire love and is satisfied with a little lukewarm affection?

Surely it is time for women to wake up to the fact that their husbands yearn to be loved just as much as they do, and that they want to be flattered and cajoled just as they do, and that when a woman ceases to be a lover she does so at her peril. For if men do not find affection at home they seek it elsewhere. It is the rigid wives who lose out.

DOROTHY DIX. Dear Dorothy Dix—I am a sophomore in college. I have a good scholastic record, am a good musician and fairly popular among my classmates. Yet at any social gathering I am a perfect frost with the girls. They simply can't see me. I don't dance and am too busy with my studies to learn. Do you think that is the trouble, or do you think that it is just my inability to mix with people?

Answer: It is just as important, Tom, for a boy to learn parlor tricks as it is Greek or Latin or higher mathematics. In fact, you will have a lot more use for them and for a good peppy line of talk than you will for the dead languages, and you will be called on oftener to figure out how to negotiate a crowded ballroom than you will how to work a problem in trigonometry.

So if I were you I would take a little time off from my studies and learn how to do the things that other young people are doing. Certainly you can't expect any girl to want you to cut in on her at a ball if you don't know how to dance. Nor can you expect one to sit out dances with you when her feet are aching to be two-stepping.

Nowadays it is part of a polite education to be accomplished in the things that other people do. You must know how to drive a car, how to swim, how to dance, how to play a good game of bridge and tennis and golf if you expect to be popular in society. People don't care to have those around who are misfits, no matter how many sterling virtues they have, or how learned they are. And especially women don't like men who don't know how to mix in with the crowd, but who call for some special treatment.

Your success in life will depend largely on your ability to adapt yourself

Minister, Run-Down in Health, Gains 7 lbs in 3 Weeks

Rev. W. H. Taylor writes: "After a 7 weeks' revival campaign I was entirely run-down and losing flesh rapidly. I decided to give Ironised Yeast a 3 weeks' trial. After 2 weeks I found my strength returning and the third feeling gone. In 3 weeks I had gained 7 lbs. and was myself again. Imagine just 3 weeks to change from a 'skinny' tired person to a strong, well-filled-out man or woman. Ugly hollows vanish. Broomstick limbs become round and chubby. Tired feeling disappears. Skin clears. Only when yeast is ironised is it more effective—for iron is needed to bring out the weight-building and strengthening values of Yeast. Pleasant-tasting tablets. Safe for everybody. Never cause gas or bloating, no harmful drugs. Go to any drugist today and get a full size treatment of Ironised Yeast. If after this generous trial you are not delighted, your money back instantly from manufacturer."

Milady Beautiful



TONING FLABBY SKIN

Sooner or later practically every woman discovers that her skin seems to be losing its firmness and has a flabby, lifeless appearance. But the woman who realizes quite early in life that her skin will not retain its firmness and youthful contour without some effort is fortunate. The one who has neglected her facial muscle until she is in her 40s has a much more serious problem in trying to remedy this condition than her sister who has begun preventive treatments in her 20s. It is only natural that there should be some shrinking of the subcutaneous flesh as the years mount up. Other frequent causes of this are illness or too drastic dieting. Anything which causes one to lose weight too quickly is pretty sure to result in sagging, flabby facial muscles and milady must take very definite steps to build them up again. First, of course, in any beauty program comes health. Purely local treatments have little effect unless the general health is at least in fair condition. Right mental attitude also has much to do with it. The most strenuous beauty treatments in the world will not make sagging muscles and drooping mouth take on an attractive appearance if one persists in dwelling on gloomy and discouraging thoughts. The mental attitude must be of the cheery kind which just naturally makes the facial muscles particularly those around the mouth pull upward instead of drooping. After looking to the general health and mental attitude the next step is special external treatments with creams, astringents, facial massage and patting. A daily facial treatment for the woman whose facial muscles are beginning to sag should include a very gentle massage along three lines: First, upward from under the angle of the jaw to the temples; second, from the corner of the mouth obliquely upward to a point above the ear below the hairline, and third, from the nostrils up around the outer corner of the eye to the forehead. After cleansing the face with cleansing cream, steam lightly with a warm towel and lightly apply a good tissue cream or skin food and then execute the massage along the lines suggested. After the treatment wipe off the excess cream and pat on an astringent or skin lotion and allow it to dry on the skin. Then finish the make-up, using a good powder and a touch of rouge if necessary. If the treatment is given at night the tissue cream may be massaged into the skin and left on overnight. Patting is very good for preventing sagging or improving the skin which is already in that condition. Face patters can be purchased and if one will saturate a piece of absorbent cotton in an astringent and then fasten this pad on the pater by means of a rubber band one has an excellent beauty aid. Pat the face rather briskly along the same lines outlined for a massage, as this treatment is very effective. It wakes up lax cells, stimulates the circulation and is one of the very best aids toward making flabby muscles firm. Tomorrow—Beauty Questions Answered

Household Hints

Chair Bottoms When cane seats are sagged, wash them with hot water and dry in a hot sun. This will tighten them. Frying Food Add a teaspoonful of vinegar to the lard that is used for frying, and it will prevent the food from absorbing too much fat. Mildew Dip the stained clothes in butter-milk and lay in the sun to remove mildew.

Etiquette

Q. If one sees a friend sitting several seats ahead of him when at a theater, how may he attract the attention of this friend? A. He should either go down the aisle and speak to him, or wait until later, but he should never whistle or call to him. Q. How are radishes eaten? A. They are taken with the fingers, the same as olives. Q. What is the most appropriate form of gift at a christening? A. Money.

Canada Increased By \$33,788,000 From U.S. In 1929

WASHINGTON, April 19—Canada was shown today by the Chamber of Commerce of the United States to have been the best market for United States products during 1929 for the second consecutive year and also the principal distributor of foreign products in the United States. An analysis based upon Department of Commerce statistics showed that Canada's purchases of United States products totalled nearly \$1,000,000,000 and were 18.1 per cent of the total exports. They were larger by \$33,788,888 than in 1928, when Canada for the first time became the major buyer from the United States. The United Kingdom was second as an export market, buying goods valued at \$867,960,000. Imports from Canada were valued at \$504,000,000, the largest post war total, and an increase of \$14,974,000 over 1928. Japan was second in exports to the United States.

WHOOPING COUGH No "cure"—but helps to reduce paroxysms of coughing. VICKS VAPORUB

to others, and to win their favor, so take my advice and begin cultivating the graces as well as the more serious things of life. DOROTHY DIX.

Dear Miss Dix—Suppose a girl of 30 is in love with a boy of 22 and wants to marry him. Would you call her a grade snatcher? AT SEA.

Answer: There is no such thing as a girl of 30. Any woman of 30 is a mature grown-up woman, and she is ages older than a boy of 22, and I think she does a foolish thing to marry him. In considering the disparity of age when the woman is the older the thing that matters is not how old the woman is, but how old the man is. If he has arrived at the years of maturity and his character is formed, eight or ten years difference is of slight moment.

If this young man were 30 and you were 38 you would not need hesitate to march to the altar with him, because he would be old enough to know his own mind and to consider every phase of the subject, and there would be small likelihood that he would ever change.

But when he is only 22 he is still a kid with his tastes unformed, and there would be great likelihood that he would change and regret his marriage after he was grown up. DOROTHY DIX.

WHO ARE YOU? The Romance of Your Name



The story of the origin of this name is that in the year 1596 Ralph Brooke, a York herald, who lived near the mouth of a stream in "Merrie Old England" took unto himself the appellation of "Brooksmouth," but later on decided to shorten it to the more dignified Brooke, and Brooke it was and has been for centuries, with occasional variations such as Brooks, Brook, adopted by different branches of the family. The coat of arms above is ascribed to Henry Brooke, of Boston, born in 1630. Henry Brooke was a soldierman of Woburn, Mass., about the same time. Gilbert Brooke came to Massachusetts in the ship Blessing and was a founder of the town of Scituate, 1688. Thomas Brooke was admitted as a freeman of Waterbury, a deputy to the General Court of Massachusetts, served as captain of militia and became one of the founders of Concord. An eminent descendant of Thomas was John Brooke, who was a Governor of Massachusetts. He married Susanna Atkinson. Robert Brooke of the Plymouth Colony married Elizabeth, the daughter of Governor Edward Winslow, of Massachusetts. The Brooke (Brook) family was seated in the mother country, England, in the County of Hampshire, where the Brook mansion was famous as the temporary abode of royalty. It was here that King Charles was once a guest, "the night of October -8, 1644, the King lay at Whitechurch at Mr. Brooke's house." The southern family of this name will be given in a later article.

For The Cook

MEATLESS MINCEMEAT One pound apples when peeled, cored and chopped, 1/2 pound beat cornstarch, 1 pound seeded raisins, 1/2 cup finely chopped beef suet, 1 cup brown sugar, 1 cup thinly sliced candied orange peel, juice 2 lemons, 1 level teaspoon mixed ground spice. Mix apples, raisins and peel first, then add suet and other ingredients. Mix well and place in air-tight jars.



From Mother of Six

"I am the mother of six healthy children. I am 39 years old and I do all my own housework including washing and sewing and I feel well and strong. I used to suffer a good deal as women do and nothing helped me much. I have been taking Lydia E. Pinkham's Vegetable Compound in tablet form and it is the best medicine I ever used. I will tell any woman more about it if she will write to me."—Mrs. J. H. Lehr, 666 Seymour Street, Vancouver, British Columbia.

Lydia E. Pinkham's Vegetable Compound

MR. J. GOSS

The following tributes to the memory of the late Johnnie Goss have been received by his parents, Mr. and Mrs. Andrew Goss, New Haven. Cards of sympathy from—The Messrs. Helen Dowling and Blanche Coriah, Charlotetown; Miss Irene MacKenzie, Waterbury, Mass.; Mr. and Mrs. Will Gillespie, Appen Road; Mr. and Mrs. Nell F. MacEachern, Boston, Mass.; Miss Clara Austin, Greenwich, Conn.; Miss Hilda MacNeill, Boston, Mass.; Mr. and Mrs. William Goss, West Somerville, Mass.; Miss Olga White, Lovell, Mass.; Mr. and Mrs. Mac MacDonald and family, Nine Mile Creek; Miss Flo MacDougall, Charlotetown. Letters of sympathy from—Mr. and Mrs. Louis MacPhee, Strassburg, Pa.; Mr. A. L. Gillis, Johnston, Mass.; Mr. Joe MacEachern, Johnstone's River; Mr. and Mrs. Robert Goss, Green Bay; Mr. and Mrs. Jas. Smith and family, Webster's Corner; Miss Grace MacDonald, Rice Point; Miss Katherine Campbell, Kingston. Floral Tributes:—Pillow, the family; spray, Mrs. Moore and family; spray, Mr. and Mrs. Colwell and Charlie; bouquet, Miss Maggie Corrigan; wreath, his chums, Reg Docherty, Fred Boston, Leonard, Aris and Richard MacPhee, Ivan Desreux, Louis and Les Berrigan and Vernon Moore.

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The Famous "Purple Stripe" Heavy Service Weight Stocking. Widely recognized as the best wearing hose in America.

Exceptionally heavy fabric of pure thread silk with specially reinforced heel foot and welt and regulation Square Heel. \$2.00 a pair.

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Medium service weight, "Art Moderne" heel, 10 popular colors, a really delightful stocking, durable and smart.

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