

Woman's Realm - Social and Personal - Fashions - Literature

Lenten Meditation

From The Times, London

IN THE DARKNESS MEN ARE PLANNING

Man, the ancient narrative declares, was made in the image of God, and his kinship with the divine is shown by the fact that he also has a power of creation.

Lower animals, like birds and bees, have an instinct which enables them to construct, but man only invents, expressing his personality by making what is new. This like other powers, is apt to be appreciated at its true value only when the power of using it has been withdrawn, such knowledge, such sense of loss, have betokened the world in these dark days, when mental and material resources of every kind have been diverted from the work of creation to that of destruction.

Had it been possible to devote the same proportion of wealth and energy to creative work, to the cause of religion, art, education, scientific research, social reform, the degree of progress hitherto needing centuries might have been accomplished within the last three and a half years.

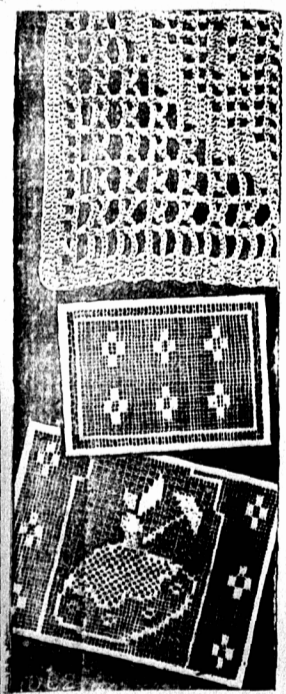
Yet the creative instinct is not dead. Indeed, nothing gives more strength to endure through the hateful period of destruction than the belief that it is the prelude to an unprecedented era of creation. Already in the darkness men are planning busily for the days when light will return and some at least will be able to transmit their vision into fact. Then the joy of creating will be widespread. It is shared by all whose toil has enabled them to complete some new thing, whether it be to name two contrasting instances, the organizer of some vast business or the humble worker whose frugality and industry have succeeded in making a home for those he loves. True happiness comes to each when he looks on the thing that he has made and sees that it is good.

Meanwhile there is a form of creative work which neither war nor any other interruption need delay—the making of the soul. "It," as Bergson wrote, "in every province the triumph of life is expressed by creation, ought we not to think that the ultimate reason of human life is a creation which, in distinction from that of the artists or the man of science, is the pursuit of an end and by all men alike? I mean the creation of self by self." To make the soul is to develop that part of man which relates him to the infinite. No other pursuit is comparable with it in interest and importance, for the result will endure when time itself is ended, and no other brings such happiness. To concentrate upon it is not to become a self-centred egotist; on the contrary, in proportion as the individual improves his own spiritual life he becomes better able to serve his neighbour and the community of which he forms a part. And the task itself is the pursuit of self; it does require intense personal struggle and self-discipline, yet at every stage this human effort will find itself reinforced from without by the divine power. The happiness of him who sets himself to make his soul comes not least from the consciousness that when so ended he is, in St. Paul's bold phrase, a fellow labourer with God.

JOHNSON'S ANODYNE LINIMENT

The Old Reliable Since 1810 for relieving RHEUMATIC AND SCIATIC PAINS GOUT • LUMBAGO • SPRAINS

COLONIAL GIRL VANITY SET



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This attractive vanity set is crocheted in the colonial girl design, easy to create the three pieces. Pattern No. 1062 contains complete instructions.

To order pattern: Write, or send above picture with your name and address with 1 cent in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department, Charlottetown, Guardian.

Design No. 1062

NAME _____

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Living & Leisure The Woman's Realm

This poor old world—so full of greed, strife, envy, malice, blindness—Needs, more than ever, Christ; His creed Could flood the earth with loving kindness.

KING OF "ICEBERGS"

Europe's tallest king, six-foot six-inch Christian X of Denmark, has never held himself aloof from his countrymen. They have grown accustomed to meeting him strolling in the parks or riding his horse through the streets of Copenhagen, alone and unguarded. So certain were the authorities that he required no protection that burgars once took advantage of it, broke into the royal villa, and made off with some of the royal silver. Since the Nazi invasion he has, coldly and contemptuously continued his way of life, standing at the centre of the "nation of icebergs" frigidly rejecting the invader.

SEED GOES LONG WAY

One ounce of tomato seed will produce two thousand plants. Three ounces enough good plants for an acre planted four by four or five by five feet apart. The tomato is a tender plant, and the governing factors in its culture are that plants should be eight to ten weeks old before being set out in the open field anywhere in Canada until the danger of late frosts is past, according to the climatic conditions of the region.

SKIRT INTEREST IN SUITS FOR SPRING

NEW YORK—In style news, it's the suit with skirt interest which has come to the fore. You will find suits with skirts that button down the side. You will find suits with skirts topped by contrasting yokes, or washed in shades in contrasting colors. These have buttons, belttop or fitted jackets. When removed the skirt and shirt look like a ne-piece costume, and you know how nice that is.

Classic, those flannels are so prevalent that even the pocket and skirt departments of the stores have fine values in gray which look for all the world like flannels.

Monroe tweeds, with silver buttons, come out this year with criss-cross pockets.

SPIC AND PIECES FOR SPIC AND SPAN CANADIAN HOMES

Here are some "Spic and Pieces" to help Canadian housewives keep their house spic and span during busy wartime days.

Clothespins should be washed from time to time to prevent soiled spots on laundered clothes from dusty pins. They should be soaked overnight in a pair of gray water, then rinsed well, and laid on a clean towel to dry.

Rust may be removed from the kitchen stove with a strong solution of washing soda and water. This should be followed up, when dry, with a good polishing.

A Morning Smile

Amateur Performer: "I can pick up a cent with my toes."

Bright Spectator: "That's nothing. My dog can do that with his nose."

For an hour the two men in the railway carriage, strangers to each other, had sat face to face. Then suddenly one burst out: "I always knew my hearing wasn't good, but I never thought this would happen."

"What's wrong?" asked the other. "I must have gone stone-deaf. Here you've been speaking to me for an hour, and I can't hear a word."

"Speaking be hanged! I'm only chewing gum."

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Control Board from housewives in the region. The answers are provided by the Board. Readers are invited to send questions in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. Are the amounts of sugar allowed for jam and jelly making adequate?

A. The amounts are satisfactory for jam and jelly making, but the Dominion Department of Agriculture experimental kitchens.

Q. It is true that I should can more fruit and make less jam and jelly?

A. Yes, The Department of Agriculture recommends canning fruit in preference to making jam or jelly because: 1. More fruit can be put up with less sugar and at less cost. 2. Canned fruit retains more of the vitamin value of the fresh fruit.

Q. What do I do with the application forms in Ration Book 2 of other members of the family?

A. Attach to our own application card the application.

BAPTISMS MADE EASY

Because gasoline restrictions make it difficult for parents to take babies to cities for christening, the Methodist Church in England has originated "mobile fonts" which are taken to small villages.

USE FOR BRUSH

An ordinary radiator brush makes an ideal cleaner for coil bed springs.

Home Service

You Always Find Cheer in These Favorite Poems

"CHILDREN CAN'T BE KEPT IN STORAGE"

"Children and youth cannot be kept in storage," says the United States National Resources Planning Board in its 1942 report. "They will not stop growing older, merely because adults are preoccupied with the immediate aspects of national defence. For any view that looks to the post-war period, children and young people are the most significant because they are in process of becoming adults and because within limits that process can be guided."



Break, break, break,
On thy cold gray stones, O sea!
And I would that my tongue could utter
The thoughts that arise in me."

Beautiful words written by Alfred, Lord Tennyson. Favorite poems—alive with the simple yet great emotions—for these we can be really thankful. You are never at a loss for cheering, inspiring companionship when you can turn to them.

Reading the stirring "To Althea, From Prison" by Richard Lovelace: "Stone walls do not a prison make, Nor iron bars a cage; Minds innocent and quiet take that for a hermitage."

Do you remember "Annabel Lee" by Edgar Allan Poe? Who could read this tender love poem dry-eyed? Favorite lines: "I was a child and she was a child, In this kingdom by the sea, But we loved with a love that was more than love. I and my Annabel Lee."

Read these, other loved poems complete in our 32-page booklet. Has favorites by Burns, Longfellow, Ella Wheeler Wilcox and many more poets.

Write in coin for your copy of World's Best-Loved Poems to the Charlottetown Guardian Home Service. Be sure to write plainly your name, address, and the name of booklet.

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Dorothy Dix Says—

NEW OPPORTUNITIES FOR OLDER WOMEN MADE JOBLESS BY WAR

Railroad Executive Finds Many Better At Monotonous Tasks Than Younger Sisters

Women's refusal to tell their age and the grim determination with which so many of them remain a perpetual thirty-nine for years and years, has always been attributed to feminine vanity. It has, however, a more potent reason than that. It is the knowledge that age shuts the door of opportunity in their faces.

For having birthdays is the most unforgivable sin that women can commit. After one has had a certain number of them she is not only practically cut off from the attentions of men and the likelihood of getting a husband, but she has also lost her chance of getting a good job. Hence when a woman blows out the fifty-fifth or sixtieth candle on her cake, in all her heart she extinguishes the hope with it.

AGE GREATEST DREAD

These facts are a matter of common knowledge. Any little flapper in her teens, who is no more capable of making a good wife than she is of running a flying fortress, can marry in circles around any intelligent, competent, middle-aged woman. When plain-faced forty and sweet sixteen apply for the same situation in a big business office, it doesn't take a prophet to tell which one will get it. And, such being the case, it is no wonder that women hang on to every fragment of their youth with both hands, and dread the coming of age more than they dread death itself. The Recording Angel must drop a pitying tear that blots out the life when women fib about how old they are.

These old familiar truisms are taking on a deeper and more tragic significance now, when so many women are being thrown out of the jobs they have held for years because they can't support themselves because of their age.

They are women who are strong and healthy and who have for more endurance than they had as girls. They have had the invaluable training and discipline that comes from working for others for years. They are done with the frivolities of youth, and the loveliness that the stepping stone of a hand into a girl's business life is a hand into a thousand niches in any show what they could do. But employers turn them down cold, for no other reason than because they are oldish. They are victims of the fifty and sixty age lull, as applied to women.

FRATERNITY HOUSE MOTHER DENIED JOB

One of these women, who is finding her age an insuperable bar to employment, writes: "I am sixty years of age and in perfect physical condition. For many years I have been a secretary and a typewriter operator. I had many years of experience in the business world which I consider a great asset."

But now the Greek Letter fraternity houses are to be closed for a duration. Through no fault of my own my job is gone. I must find emmentable service in many lines of work. And I am willing to do anything.

"What are we women to do whose only defect is our age? I speak not only for myself, but for the thousands of other women in my position who have been thrown out of work. On our campus alone there are educated women and dormitory directors, all of them cultured, they would not have held their positions, for if they had not been efficient young girls."

Would that I could answer this question by having the power to disappear in men's minds the superstition that a woman's qualification depends there are many jobs for which elderly women are better suited than middle-aged and older women. For this brown one that he had found satisfactory than girls in filling any sort of position in which the work was monotonous, such as sorting and filing papers, etc. He said that women were eager to hold their places and not having boys and outside interests to think about, they put their mind on their work. He said that enough pretty young girls to go around will drive employers to give the to them again the door of hope and usefulness. If it does, there will be one good thing we have salvaged out of the war anyway.

THE COOK'S CORNER

This hash is a favorite dish with a family. For this brown one pound of ground meat with a little chopped onion and seasoning. When well browned add one-quarter cup of flour and stir until well mixed. Add one cup of water and when the mixture begins to boil add two cups of milk. Serve over noodles, mashed potatoes, biscuits or in a pie crust. When the mixture is reheated for the second night if your family is small, it may last two meals, add green pepper, mushrooms or leftover vegetables and serve over a different base, such as macaroni, spaghetti or dried lima beans.

KERRINGS WITH VEGETABLE SALAD

Six medium-sized cooked beets, diced; 1 large peeled apple, diced; 3 boiled potatoes, peeled and diced; 6 green onions, chopped; 3 hard-cooked eggs, sliced; 1 jar (medium-size) pickled herring; 2 sliced dull pickles, lettuce, mayonnaise, lemon juice, seasoning. Season vegetables well and mix them together with the hard-cooked eggs, pickles and herring. Add 2 tablespoons lemon juice to the mayonnaise, and toss the mayonnaise lightly into the vegetable mixture. Serve cold on crisp lettuce or watercress. This is a delicious salad for a main course, preceded by soup.

BEST FOR BABIES! CUTICURA SOAP, TALCUM, OINTMENT

Mother's Use world-known medicinal Cuticura for soothing and clearing up baby's skin and scalp irritations.

Needlecraft For The Home

LOVELY LINES In a Youthful Style

Young, suave slim—that's the way this little dress will make you look. Just the style for the spring pastels, for the perennial favorite, navy; and good for a print if you substitute plating for the fringe. The really wonderful lines of this frock are very easy to construct—all the difficult part has been done for you by the designer, and even an amateur may tackle this dress—and win.

Style No. 2081 is designed for sizes 10, 12, 14, 16, 18 and 20. Size 10 requires only 3 yards 39-inch fabric with 1 1/2 yards of fringe.

Pattern for this style is hand-cut to the United States Standard measurements and includes charts with step-by-step instructions. Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

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HEMORRHOIDS 2 Special Remedies

by the Makers of Mecca Ointment

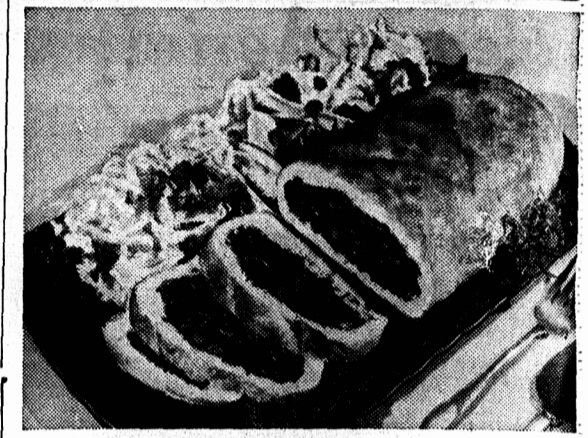
Mecca File Remedy No. 1 is for Protruding Hemorrhoids, and is sold in Tubes, with paper for internal application. Price 75c. Mecca File Remedy No. 2 is for External Hemorrhoids. Sold in Jar, and is for external use. Price 50c. Order by number from your Druggist.

2081 SIZES 10 TO 20

WEEKLY WARTIME NUTRITION HINTS

Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday

By Martha Logan



Economical Baked Meat Roll

A new and tasty way of making a main dish out of meat and vegetable left-overs.

Now that we all must make our meats go further and yet serve properly balanced meals in accordance with Canada's Nutrition Program—new, interesting ways of using left-over meat and vegetables are much in demand.

Try this baked meat roll next time you have one or two cups of meat left over. Make biscuit dough: 2 cups sifted flour, 4 tsp. baking powder, 1/2 tsp. salt, 4 tbsp. Jewel Shortening, 1/2 cup milk. Sift flour with baking powder and salt. Cut in Jewel finely.

Add milk gradually. Put the meat through the grinder and combine with any left-over vegetables or some

CONSERVE FUEL

When you are baking pies, plan to economize by using your hot oven for main meal dishes like the meat roll described above.

Economical planning of dietetically correct wartime meals is easy if you have Martha Logan's famous meat cookbook: "Meat Complete." For this 54-page illustrated book, send 10¢ to Swift Canadian Co., Limited, Dept. MH11, Toronto.

SWIFT CANADIAN CO., LIMITED . . . a Dominion-wide organization devoted to the conservation and efficient distribution of Canada's food resources.

heated for the second night if your family is small, it may last two meals, add green pepper, mushrooms or leftover vegetables and serve over a different base, such as macaroni, spaghetti or dried lima beans.

Six medium-sized cooked beets, diced; 1 large peeled apple, diced; 3 boiled potatoes, peeled and diced; 6 green onions, chopped; 3 hard-cooked eggs, sliced; 1 jar (medium-size) pickled herring; 2 sliced dull pickles, lettuce, mayonnaise, lemon juice, seasoning. Season vegetables well and mix them together with the hard-cooked eggs, pickles and herring. Add 2 tablespoons lemon juice to the mayonnaise, and toss the mayonnaise lightly into the vegetable mixture. Serve cold on crisp lettuce or watercress. This is a delicious salad for a main course, preceded by soup.

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