

SO MANY PEOPLE ARE NERVOUS

"Fruit-a-lives" the Greatest of all Nerve Remedies

This Fruit Medicine Restores Health

The increase in the number of nervous cases is a measure, to the nation following the war. Sleeplessness, Headaches, Mental Depression, Irritability, Nervous Depression, d Heart Action, are the results of disturbed condition of the Nervous system.

The nerves and the blood are so intimately connected that a condition of one is bound to affect the condition of the other.

"Fruit-a-lives" stimulates the weak, tones and purifies the blood. "Fruit-a-lives" improves appetite and digestion and insures food being properly digested, thus enabling the blood to carry wholesome nutriment to bind up the body, and stimulate the nerves.

Men and women who take "Fruit-a-lives" for some form of nervousness because they cannot get on top of work or enjoy life say that "fruit medicine is simply marvellous in its action."

50c a box, 6 for \$2.40, trial size, 25c. Dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

A Merry Xmas to All The Bayer Studio

Advertisement for Waterman's Ideal Fountain Pen, \$2.50 and up, G. H. Taylor Jeweller and Engraver.

A thought for today BY HYNDMAN'S THINKER

Advertisement for Life Insurance, "Business men know!"

Advertisement for Hyndman & Co. Life Insurance, "The oldest insurance agency in P.E.I."

THE CHARLOTTETOWN GUARDIAN

Morning Daily (founded 1887) \$5.00 per year (delivered) in advance. \$3.00 per year (mailed) in advance in Canada and \$4.00 to U. S. A.

Monday, Dec. 26th being Christmas Day, and a public holiday, the Guardian will not be issued on Tuesday.

SATURDAY, DECEMBER 24, 1921

CHRISTMAS 1921.

The time draws near the birth of Christ; The moon is hid, the night is still; The Christmas bells from hill to hill Answer each other in the mist.

Tomorrow morning the Christmas bells will ring once more to usher in the great anniversary and the Christian world will sing again "Peace on earth and good will to men."

Notwithstanding a year of falling values and business difficulties the finances of the country have been wonderfully maintained. The revenue, exclusive of railways—the real consolidated fund revenue—instead of falling as at December 1 had actually increased.

Lady Rachael Cavendish was one of the house party at Braham Hall recently, when H. R. H. the Duke of York was entertained for a week's shooting with Mr. C. R. W. Adams, who is Lord Lieutenant of Cambridge.

Among the guests being welcomed to Charlottetown is Rev. George Trimble of Toronto who is the guest of Mr. and Mrs. Trowiss.

Bridge players will be interested in the latest book on Auction Bridge just arrived. It's a compact little red book with a complete story of the game as it is played today and every day at the important clubs in New York City.

Miss Rita Granville of Halifax, N. S., is among the visitors in the city for the Christmas season the guest of Mr. and Mrs. J. J. Hornby.

Miss Grace Messervy is home from Toronto for the holiday season.

Charlottetown is to have at least two new ministers in the near future. Rev. William G. Mulligan in St. James Church and Rev. Mr. Ryan in the Methodist Church, both having accepted calls this week.

Miss Irene Longworth has arrived home from McGill to visit her parents, Mr. and Mrs. C. H. B. Longworth.

Miss Janet Hegan's many friends are pleased that she is steadily regaining her health.

The Kindergarten closing on Thursday was a delightful affair, the little tots enjoying the exercises just as much as their pleased parents. Their teacher Miss Carvell left yesterday morning to spend Christmas at her home in St. John.

The news comes that Madams Sarojini Naidu, the Indian poetess, was among those injured in Bombay while endeavoring to pacify a disturbance at the time of the visit of the Prince of Wales.

Happenings Of The Week

THE BIRTH OF CHRIST.

And now the greatest event of the year, Foretold by prophets, priests and kings of old, Fraught with the love and graces of God untold, When earth resounds with merriment and cheer, For lo! the birth of Jesus is at hand, Jesus the Christ, the only Son of God, Who lowly with man takes up His abode, Thereby the glorious Hope of every land For ever the night the herald angels sing "Glory to God in the highest; on earth, Peace and goodwill to men, for lo! the birth of Christ, salvation to the world doth bring." Then let us humbly worship at the feet Of Him who gives mankind this mercy seat.

It is gratifying to find that notwithstanding the relative depression in trade during the past two years there is a distinct turn for the better. Although improvement will necessarily be slow, the fact that there is improvement is in itself encouraging.

Sir Henry Drayton, Finance Minister in a financial statement issued this week for the eight months ending December 1, comments as follows: Notwithstanding a year of falling values and business difficulties the finances of the country have been wonderfully maintained.

Lady Patricia Ramsay will spend Christmas with her father, the Duke of Connaught, on the Riviera.

Lady Mav Cambridge, daughter of the Earl and Countess of Athlone who will be one of the bridesmaids at Princess Mary's wedding to Viscount Lascelles, is a cousin of Her Royal Highness, whose junior she is by nine or ten years.

Mrs. M. Johnson who came home to visit her sister, who is still ill, is being cordially welcomed by numerous friends.

The engagement was announced this week of Miss Lottie, only daughter of Mr. R. B. and Mrs. Trowiss to Rev. George Elwood Trimble, of Toronto, the marriage to take place in the Methodist Church here on Wednesday, Dec. 28th at 12 o'clock noon.

Mr. Joseph Lantz has arrived home from McGill to spend his Xmas holidays with his parents.

Invitations were issued this week by a number of young ladies.

Daily Selections for Guardian Readers

From the collection of the late Mr. W. S. Louson

A WISH TO GUARDIAN READERS W. S. L.

What blessing can I wish you, Oh my friend, Save that the joyful calm of Christmas tide Should wrap your heart so close that never jar Of the world's grief or care can enter in. But only Love to keep you pitiful, And Faith and Hope to keep you strong and true. A Merry Christmas and a Glad New Year I wish you, and may God's exceeding love Entold you until His tender hand shall lead you Safely home to Love's own land.

Are you willing to remember the weakness and loneliness of people who are growing old; to stop asking how much your friends love you and ask yourself whether you love them enough, to bear in mind the things that other people have to bear on their hearts; to try to understand the people who live in the same house with you? Then you can keep Christmas.—Henry van Dyke.

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions expressed by its correspondents.

A Christmas Campaign

Sir—Santa Claus is now on his way from the frozen north and is within a few days' journey of Charlottetown. We now recall with what misgivings for his timely arrival we used to wait when crossing at the Capes was uncertain. But now no one will doubt that every appointment and expectation respecting this Christmas will be fulfilled. We observe that many preparations are being made by old and young to make this season one of fellowship and good cheer and that the Lieutenant-Governor has presented two holidays to the Province.

Christmas is especially welcomed by the school children and during the remaining school days they all will relax their studies to practice some songs or story emphasizing the reality of Christmas and justifying the existence of Santa Claus. The teachers will change their mood and forget the monotony of educational duties. Mothers will rest from the labor of preparing their children for school and turn their thoughts to stockings and gifts to diners and entertainments to the homes of their youth, and to those who have gone away.

These are the days when every greeting is spontaneous and every courtesy genuine. The decorations that hail the coming of Santa Claus and the numberless toys and gifts are all an outward and visible sign of an inward grace. That grace is of all others the most desirable and most worthy of emulation and finds expression in the joy of giving and the gratitude of receiving. That grace has impelled men to divert their thoughts from abstract theories and unite upon a common plane to bless the children. It has brought into being societies whose sole aim is child welfare.

During Christmas charitably disposed persons, more freely than at other seasons of the year, have fellowship with the poor besides bestowing upon them their charities. It is too customary to depend upon some relief organization to seek out and visit the poor during the rest of the year. No doubt they do this more conveniently to themselves than they would make the self-denial that true charity implies by a personal visit to the poor. Charity is thus weakened in its influence because the personal touch and fellowship of "a friend indeed" is absent, unseen and unfelt. The different societies and relief organizations will continue to help the poor when the season of fasting is over and the toys are discarded or broken. The first cases in need will perhaps be some who celebrated Christmas very well but not wisely. We may truly speak of the Children's Aid Society because it is so constituted that all classes and denominations meet there with a common aim and well defined object. Their object is to carry out the provisions of "The Children's Protective Act of P.E.I." and maintain an educational campaign on subjects relating to child welfare. During the late war many unusual circumstances created problems respecting families, that under the above Act the Children's Aid Society assisted to solve. We may expect that we shall always have improvident families among us and it is well that it is not easy to have them removed from among us, for they help to keep alive the true spirit of charity in those who are prosperous. So long as it is possible to minister moral influence and charity to improvident homes, it is unjust and uncharitable to invoke the law and make them wards of an institution. The expectation is that such homes may yet become self-sustaining. Sometimes there is no improvement and ingratitude and immorality mock the purposes

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Bank Co-operation with the Farmer. Responsible farmers, like other business men, sometimes find that they can make profitable use of temporary capital borrowed from a bank. The Bank of Nova Scotia has had a ripe experience and possesses a clear understanding of farmers' financial requirements. Its policy is co-operation with the farmer. The nearest manager will be glad to discuss your situation with you. The Bank of Nova Scotia. ESTABLISHED 1832. J. H. MALCOM, Manager. CHARLOTTETOWN. Branches also at Alberton, Alton, Amherst, Antigonish, Arisaig, Borden, Emerald, Kensington, Montague, O'Leary, St. Peter's, Souda, Summerside, Victoria.

Christmas 1921. The President, Directors and Officers of THE ROYAL BANK OF CANADA desire to offer to the Customers and Friends of the Bank their Best Wishes for a Happy Christmas and a Prosperous New Year.

Navy League School of Navigation. CHARLOTTETOWN, P. E. I. Chief Instructor, L. COMMANDER W. G. LEWIN, R.N.A. Late Instructor of Navigation, R. N. Barracks, Plymouth, England. Opens Jan. 3-22 for instruction. This School is fully equipped with all the most modern and up-to-date instruments and books. For further particulars apply to N. M. Gillespie, Secretary, Navy League Charlottetown, P. E. I.

Gifts That Are Sure to be Appreciated. Cigars, best brands, in boxes of 10, 25 and 50. Cigarettes and cigar holders, in cases. Cigarette boxes, just the thing to keep your home supply in. Ash trays, with match holder attached. Pipes and pipe cases. Tobacco pouches, and all brands of tobacco in 1/2 and 1 pound tins. We will put any of these articles aside for you. LAMBROS BROS. Phone 597. 139 Grafton St.

Solid as the Continent. The North American Life Assurance Co., Head Office, Toronto, Can. J. K. ROSS, Provincial Manager. Office Royal Bank Building, Charlottetown, P. E. I.

DODD'S KIDNEY PILLS. ALL KIDNEY DISEASES. RHEUMATISM, BRUISES, BRIGHT'S DISEASE, DIABETES, BACKACHE. 4087 THE PROPRIETOR.