Woman's Realm / Social and Personal / Fashions / Literature

Help increase your Vitality!

FELLOWS' Syrup is a scientific compound of six valuable minerals—body and nerve tonics—which help to promote health and vitality.

But Fellows' also has a *double* tonic action. By stimulating the appetite and aiding digestion it helps your system to get more benefit from the food you eat.

Try it yourself . . . see how soon your energy and vitality pick up. Buy a bottle of Fellows' Compound Syrup of Hypophosphites from your druggist today. Accept no substitute—insist on the *genuine* Fellows'.

FELLOWS' SYRUP

The ORIGINAL Syrup of Hypophosphites—A Family Tonic Since 1864

FP3

Your Individual HOROSCOPE

By Frances Drake

For Monday, Nov. 11

MARCH 21 to APRIL 20 (Aries) —An interesting, if difficult at times, setup. Best aspect rays exist during the early morning, until 9 A.M., then between Noon and 6:25 P.M. Balance of day particularly advises against extremes and arrogance.

APRIL 21 to MAY 20 (Taurus)— May not bee favorable for financial gains as for making improvements and carrying on familiar work. Wholesome sports, health measures, study, general business and substantial interests are favored.

MAY 21 to JUNE 21 (Gemini)— Should prove a splendid period for personal advancement. Business and industrial matters should net excellent results. Avoid carelessness. All necessary issues highly favored.

JUNE 22 to JULY 23 (Cancer)— Not exactly stimulating but if you show initiative and stick-to-itiveness you can accomplish in solid and enduring issues. P M favorable period.

JULY 24 to AUGUST 22 (Leo)— An especially favorable day for your activities. Selling, manufacturing building, renovating; handling tools, machinery, vehicles; shipping and transportation among the first favored.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Practical and mechanical interests are in line for gains. Fine period for creative work and adding new and clever devices or methods for improvement. Artistic talents can help bring financial benefits.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Forget the money end of business today and strive after general advancement. Profits will be forthcoming later. Opportunity here for your sound ideas and cleverness at knowing how to do things.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Watch your step in all important work and transactions and thus avoid errors, perhaps losses. Much can be gained through strict and patient attention to duties. Be eager to co perate.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Mere friendly aspects for you born after December 6 than for you other Sagittarians but the early morning hours and afternoon are very favorable for all who rightly apply themselves.

DECEMBER 23 to JANUARY 21 (Capricorn) — Looks like you'll have to make your own opportunities and hustle to acquire the lead! It's a stimulating period for useful activities and needed commodities.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Arouse latent talents and sluggish ability so that you can reap the harvest you should all this week. Plans and an aggressive start should be made now while beneficent Moon-Saturn and Mercury-Sun vibrations emanate.

FEBRUARY 21 to MARCH 20 (Pisces) — Don't permit lack of foresight or insufficient knowledge to keep you from making the headway you normally should. Plan carefully; deal with those "in the know." Foundation work and preparations for new undertakings favored.

A CHILD BORN ON THIS DAY will be enterprising, artistic, with a strong, unyielding disposition. Fond of display, inclined to go to extremes and be extravagant. Will be popular, especially with the opposite sex. If rightly reared, can be successful in business and a good manager of its own affairs.

THE COOK'S CORNER

DEVIL'S FOOD CAKE

1-4 cup shortening
1 cup sugar
1 1-2 cups sifted cake flour
1 1-2 teaspoons baking powder
1-2 teaspoon salt
2 eggs
1-2 cup thick sour milk
1-2 cup boiling water
2 squares (2 oz.) unsweetened chocolate, melted
1 teaspoon soda
1 teaspoon vanilla

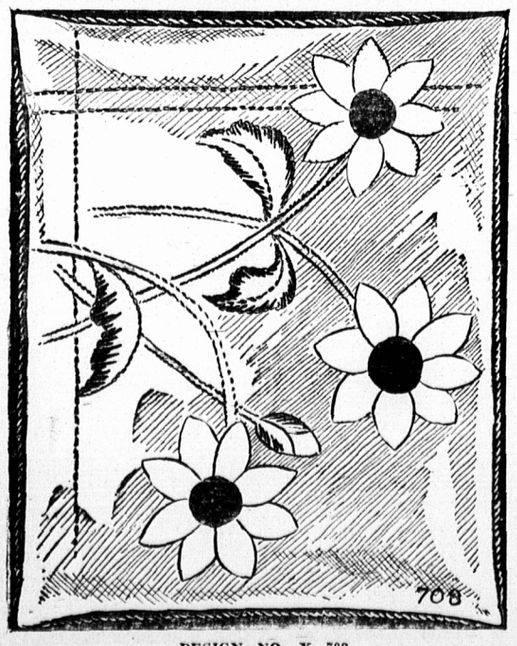
Method: Cream the shortening and gradually cream in the sugar. Beat the eggs thoroughly and then add to the creamed mixture and continue beating until the mixture is light and fluffy. Sift the flour, then measure it and sift again with the baking powder and salt, and sift this mixture twice more. Now add this to the creamed mixture alternately with the thick sour milk, a little of each at a time.

Melt the chocolate over hot water and then add the boiling water along with the soda, mix thoroughly and then stir until thick. Cool slightly and then add to the cake mixture with the vanilla. Pour into two layer cake pans or into a square loaf-cake pan and bake in a moderate oven (350 deg. F.). Allow 25 minutes for layers and about 35 to 45 minutes for cake baked in a square pan. When cool ice with either a chocolate butter frosting, a chocolate or other fudge frosting, a mocha butter frosting or with a caramel flavored frosting.

EDEN RETURNS TO LONDON

LONDON, Nov. 8 —(CP Cable)— War Secretary Anthony Eden returned to London today after a tour of the Middle East where he conferred with Gen. Sir Archibald Wavell, the British commander in chief, in Egypt. He visited the British and allied forces in the region and called at Gibraltar on his way back.

ATTRACTIVE WILD DAISY DESIGN



DESIGN NO. X 708

Stamped on linen or cotton crash this lovely wild daisy is made in a jiffy and is beautiful when framed or used as a cushion top. Hot iron transfer pattern No. X 708 contains motif measuring about 16 by 17 inches with complete instructions.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department
Design No. X 708

NAME -
STREET -
PROVINCE -

Dorothy Dix Says—

POSSESSIVENESS GREATEST VICE THAT WOMAN CAN HAVE

It Is The Cause Of More Dissension, More Broken Homes, More Spoiled Lives Than Any Other One Cause

The most common and the worst of all feminine vices is possessiveness. It heads the list of all the seven deadly sins that women can commit against themselves and their families. It wrecks more homes, ruins more lives, causes more strife than anything else in the world. It is an insidious as the dope habit and, like dope, it deadens its victims to every sense of justice and mercy and consideration for others. This is a terrible indictment of those who are our No. 1 criminals, but every word of it is true, and it doesn't mitigate the offenses of these malefactors to say that women are monopolists by nature and that hereditary forces drive them into grabbing and keeping for their sole behoof and benefit anything they can get their hands on, if they want it. And, anyway, there are our mothers and wives and sweethearts and have such sweet, innocent faces—so what the heck? But whatever the reason or the alibi, if you will look into the trouble that keeps humanity groaning and law courts busy, you will find that women's possessiveness is at the bottom of most of it. It explains even so simple yet mysterious a thing as why no two women, although they have the intelligence of college graduates and are noble characters, can keep house together in peace and harmony. Each feels that she has the exclusive right to run the establishment and have things done her way, and she brooks no rival in her kitchen. One of the bitterest family feuds I ever knew started over the way to wash a pitcher. The Chinese merely recognize a law of Nature when they make the ideograph for a fight represent two women living in the same house.

Base of In-Law Trouble

It is women's possessiveness that is solely responsible for the in-law squabbles that break so many hearts and keep the tear jugs in so many households filled and overflowing. Mother can't bear to give up any part of her precious darling boy. She wants to still the woman he loves best. She wants him to be dependent on her and to come to her for comfort and counsel.

It simply burns the young wife up to know that her husband loved his mother before he did her; that his mother had his first slobbery kisses, and that he and his mother have memories in which she has no part.

She feels she has an exclusive right to every particle of affection in his nature, every minute of his time, every cent he earns, and she considers herself done out of her rights if he shows his mother the slightest attention or sends her a card on Mother's Day. Hence the two women who love him most tear so many a man to pieces in their struggle over him.

First Aid to Divorce

It is women's possessiveness that is first aid to divorce. The reason millions of men take to drink and philandering is to try to escape from their wives' dominance. They are simply coming up for air and to get a breath of freedom. They have stood all the bossing they can endure and they are willing to risk anything to get away from their jailers for even a few hours.

The greatest surprise that many a man ever gets is when he discovers that the little pink-and-white thing he married considers that there was something in the marriage ceremony that made him her exclusive property, and took away from him every vestige of liberty.

She wants to be all in all to him, to separate him from his family and old friends and doom him to her unrelieved society. She insists on going with him wherever he goes, even on business trips. She bewails herself as a neglected wife if he stays down town to have dinner with the boys or goes off for a day's fishing.

She makes marriage a servitude that he loathes and his wife becomes in her husband's eye nothing but an oppressor. One of the most pitiful sights the eye ever beholds is the rejuvenated widowers who have lost possessive wives.

The Greatest Sinner

But the greatest sinner of them all is the possessive mother, and she is the one we meet most frequently. She is the woman who, to gratify her own selfish desire to monopolize her children, shuts the door of opportunity in their faces, denies them the gratification of natural human emotions and dooms them to barren and frustrated lives.

John is offered a fine job in some distant city. Mother weeps and begs him not to leave her, and tells him that it will kill her if he does. So John stays and spends his life grubbing at a job with no future to it.

Mary has a chance to marry a fine young man, who will give her love, a home and security, but Mother can't give up her darling daughter, and she preaches to Mary about her duty and sheds more tears, and Mary lets her sweetheart go and lives out a dreary life as an old maid.

Women's possessiveness! What crimes it causes them to commit! And they call it love!

DOROTHY DIX.

A Morning Smile

PLACED

She was notorious as the village gossip. There was little she did not see or hear, and she knew the inner history of every resident. One morning she met the local builder in the grocer's shop. The builder remarked to her: "I saw the nave in the new church this morning."

The gossip nodded her head gravely, and said: "No need to mention names—I know who you mean!"

Two tired "Tommies" were hiking the long, long trail back to camp. It was a lovely sunset, and presently paused to admire the view.

"Isn't it beautiful?" he exclaimed. "It makes me feel like the poet. Oh for the wings of a dove, you know."

The other wined his brow with a dusty hand and retorted:

"I'd rather have a breast of a chicken, Bill.

HARD ON BUNNIES

ADEAIDE, Australia —(CP) — Brer Rabbit has another foe in Victoria now. Archers have found a rabbit is a good target, and a succulent dish if he is hit. Some enthusiasts are suggesting hunting kangaroo with arrows, too.

Glass Pictures Easy—Make Stunning Gifts

A charming, appealing picture—as a gift or for yourself—is "Doe and Fawn." You can paint it easily in lovely colors on glass — in its full size, 9 by 12 inches.

You lay your glass over a paper pattern, following its lines with your brush — and by the same simple method you can paint other delightful subjects.

A thrill to see rich color effects emerge as you work. The doe and fawn pictured here are in soft browns dappled with white. The mountain is a rich purple with deeper purple shadows.

All these colors — indeed any color — you can get by mixing three inexpensive tubes of oil paints — red, yellow and blue. To darken a color, use black household enamel; to lighten one, white household enamel.

Our new set, "Four Designs to Paint on Glass — Second Series," includes "Cabin in the Pines," "Swans on a Lake," "Rose Bouquet," "Doe and Fawn" — each 9 by 12 inches. Has directions for mixing colors, tells colors for each picture.

Send 20c in coins for your copy of Four Designs To Paint On Glass —Second Series to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

Living & Leisure —The Woman's Realm

PREFERENCE

I'd rather have an old house
Than one all shiny new:
A house with wise old windows
Drenched with the sun and dew;
Old rooms where love and laughter
A sorrow, all have been:
A house with trees about it
That whisper as they lean

I'd like to have an old house
With threshold smoothly worn
By feet that knew its welcome
Before myself was born:
Whose garden is a poem
That line by line was made
By flower-loving owners
Who dreamed dreams in its shade.

I'd like to own an old house;
Or, if it turned out so,
To have an old house own me,
That should I stay or go
I'd feel it like a comrade,
Staunch as a friend who stands
Through fair or stormy weather
With open, ready hands.

—ELEANOR ALLETTA CHAFFEE

FASHION FLASHES

Leather browns are listed as first in significance for the Southern resort season in cottons and linens. These vary from the luggage browns through to the cordovan browns. Honeyed browns like molasses promise to be an important color in linens.

Grays register as grays used one or two in a costume and in gray overtoned blues and greens, chiefly for daytime and dinner dresses of soft feminine character. These soldier blues and drab greens are darker than pastels, yet quite light in value. Often they're used with dark contrasts.

Plucked otter is developed into a two-piece coat by Tico and Madame Adele, of London. Shirring beneath the shoulders breaks the line of otherwise leg-o'-mutton sleeves of the bolero, and the same shirring at the neckline gives fulness to the collar. The fairly straight skirt is on a brown grosgrain belt and vestee.

FIRE DAMPER

Frequently overlooked by home builders, a fireplace damper is almost as important as the fireplace itself. In addition to being a regulatory device, a fireplace damper prevents heat from escaping up the chimney when the fireplace is not in use. There is considerable variation in the types of dampers available.

LINOLEUM CLIPS

When linoleum is put down over old floors, brass clips at the edges around the baseboard and at doorways make a neat appearance and are serviceable as well.

GLASS BLOCKS PROVIDE EFFICENT LIGHT

One of the most revolutionary changes in the modern house is the use of walls and panels of insulux glass blocks, which were commercially produced for the first time only five years ago.

Today they are used in every style home; in every type of room to provide cool, well-diffused light, to obscure undesirable views, and to minimize cleaning, for glass blocks can be cleaned simply by wiping them with a damp cloth.

Because they may take the place of solid walls, glass blocks are making home interiors lighter, more cheerful than they have ever been. Because they also insulate against heat and cold, large areas of them may be used without taxing the present heating plant or creating cold, drafty interiors.

Most of us would be charitable if we could get hold of money that we didn't need for anything else.

HOUSEHOLD SUGGESTIONS

If you are afraid to stitch heavy cretonne on the sewing machine, rub the seams with yellow soap and then the needle will slide through the goods without breaking.

Discard electric bulbs as soon as they begin to darken. When this occurs the bulb has lost its efficiency and is not giving you full value for the current it is using.

A sweet to melt in your mouth. Open a tin of apricots and drain off the juice. Add enough orange juice to the syrup to make two cupfuls. Add one-quarter of a cup of rice and cook until the rice is soft. Sweeten to taste with sugar. Fold in one cup of cream, whipped stiff and flavored with almond, and serve cold.

"BREAK IN" EACH ITEM OF WARDROBE

Equally unattractive, but not to be confused with the "all-dressed-up-and-no place-to-go" look is the "oh-I'm-so-dressed-up" appearance.

The first achieved simply by over-dressing — wearing a flowing veil, several pieces of jewelry, a fur and fancy gloves or shoes at the same time.

The second is achieved by wearing too many brand-new things at one time. This is likely to happen to any woman, however good her taste may be.

It really is a mistake to wear new shoes, a new hat and new gloves and carry a new bag with your new fall dress. You'll feel so unlike yourself that you can't possibly be poised or self-confident.

The best system is to get the complete ensemble at least a week before you want to wear it. Then one day during the week, to wear the new shoes and the new hat with an old dress for a few hours. This way, you'll get accustomed to the way the hat feels on your head, and the shoes will be more comfortable when the great day arrives and you wear them with the dress.

You ought to put on the new dress at least once and sit around the living room for an hour. Clothes are more flattering to the figure after they have been worn a few times.

In other words, to avoid the "oh-I'm-so-dressed-up" look, gently break in almost every item of your fall ensemble before you wear them all together and put yourself on display.

THE Gift Wife

By RUPERT HUGHES

CHAPTER I

Through the clouds from their cigars mingled in the thickening air of the smoking compartment, the two Americans might have been cast-aways on desert islands in different oceans, for all the congress they held.

Their moods seemed as unlike as their persons; the one smiled broad-cheekedly even on the flat landscape—the only thing in Germany that is not fat; the other saw nothing, but seemed leanly intent on an inner panorama of remorse, revenge, unrequited hate or love, or some such acid emotion.

His very behavior toward his cigar showed that. A musician would have said that the plump fellow smoked in luxurious legato, the other in a staccato agitato. He puffed ferociously for a while; yet a little later, his hand must be seeking another match, and trembling as he ransacked his pockets. He scratched the match with impatience and its shaken illumination threw a little calcium on a face of dramn intensity, on such a gaunt and hunted intensity that the fat man felt not entirely easy of his company in the leather-padded cell.

Strange, how unlike Americans are at home, and how like abroad. These two differed in every detail of feature, costume, and behavior, yet the first glance either gave other told both that they were fellow-countrymen. And their presence on the Nord-Express bound for Ostend implied that their common destination was Home.

They seemed to be taking back experiences as different as their souls and bodies.

One was plump, in the most generous stretch of the epithet, and complacent with the pleasant thoughts of a traveler full of agreeable remembrances; yet glad to be returning to still more delightful memories. The other was slim to the verge of lankness, and some tragedy was apparently at ferment within him.

In America, at least in the less effete regions, they would probably have drifted into comment on the weather or some such unimpertinent topic. But being in Europe, where a general suspicion is the most contagious of all habits of mind, they mewed themselves up in themselves, and kept castle feudally, with moats full and portcullises down.

The rotund citizen, who had been the first to establish himself in the smoking compartment of the corridor car, observed the latter comer with surreption, while seeming to let his unfocused gaze follow his own smoke. Noting the taut features, and the eyebrows locked with two deep bars, he suspected the stranger of contemplating some crime or fleeing its consequence.

On impulse he picked up again the copy of the Hamburgische Tageblatt he had been laboring over till he had grown tired. His few works of conversation-book German had given him an adumbration of some desperate murder committed in Braunschweig. He had gleaned that the guilty wretch had escaped. This might be he.

As he went back over the column, even his scant vocabulary showed him that whoever else the stranger might be, this man was not that man. For the fugitive was everything that this man was not; the fugitive was described, among several details which were Sanskrit to the American, as fat, burly, and Austrian with a duel scar that had clipped the lobe off a left ear and made a furrow across the cheek to the nostril.

With a sigh almost of disappointment, the foiled Hawkshaw put the paper aside and resumed the study of his vis-a-vis. He took his invoice through opportune clouds of smoke in the first place his man had the forehead of intelligence ripened with study. His jaw was heavy planed and squared, yet his chin was weak. His lips were compressed till they were thin and pale, and his mouth was one in which weaknesses and strength were at war, as indeed they were throughout the man's catalogue of traits.

The stranger's costume was almost over-emphatic in the matter of modesty, in thorough contrast with his analyst's costume. The fat man wore a richly tinted ultra-cut coat, trousers baggy yet sharply creased, and revealing a glimpse of shameless purple between trouser-cuffs and yellow shoe-tops, a white-rimmed waistcoat of many colors was draped like a Union Jack about a rotundity emphasized by a patterned shirt and a flaming silk scarf with a twisted gold skewer in it.

The stranger was dressed as negligently as an almost mucky neatness would permit. Hat, coat, neckscarf, trousers, waistcoat, shoes, all were black, yet with no hint of mourning. He had the look of a professional person.

The most striking, the only really striking, trait of the man was the hand that held—or rather clutched—the cane. It was a notable hand, a hand of skill, of cunning, the hand of a craftsman perhaps—too muscular for a painter's; it might be a sculptor's, or a pianist's. Yet the fingernails were trimmed to the quick, not gnawed, but carefully trimmed.

And so after much puffing, much secret scrutiny, and much unworthy curiosity, the fat man had decided only that the lean man was an American, of education, and of middling prosperity.

And that was as far as he could go. The train had gone much farther, before a nervous shift of position disclosed on the waistcoat of his suspect a little gleaming jewel. The next glance revealed it a fraternity pin; was it—[illegible] it was!

The problem of his own fraternity, the

(Continued on page 8, Col 1)

Washer owners—do you want clothes up to 10 shades whiter?

- In tests against 16 well-known soaps Rinso washed clothes up to 10 shades whiter. No wonder the makers of 26 washers recommend the New Rinso. Not just 1 or 2—but 26!

LISTEN IN!—Edward G. Robinson in "Big Town" Every Wednesday evening. "BIG SISTER" Canada's favorite, daytime program. Every morning, Monday through Friday.

"OH BOY—LOOK WHAT I'VE GOT—BEMA MOLASSES!"

TASTES GOOD .. and IS GOOD!

- There's a delightful tang to the flavor of BEMA Molasses that instantly proclaims its purity. And it *is* a pure product too—the pure juice of the famous Barbados sugar cane—rich in energizing, body-building vitamins of particular value to growing children. It is also a valuable source of iron—an essential food element.

Grown-ups like BEMA Molasses, too. It makes an appetizing spread for bread . . . a supreme delight on pancakes . . . a happy ingredient for cakes, cookies, puddings and other desserts.

Use BEMA Molasses often—it's good for you

42

BEMA BRAND BARBADOS MOLASSES

"THE ORIGINAL PRODUCT—NOT A BLEND"

Needlecraft— —For The Home

Here is a new version of a style that is fast becoming an old favorite. This side button jumper frock is the ideal costume for the career or college girl who must stick close to her budget. She can change her color scheme by changing her blouse and always look neat and smart. Navy blue wool with a red and white striped shirt blouse is a gay and pleasing combination, and with the same blue jumper she can wear an all white, pastel yellow or blue blouse.

Style No. 3224 is designed for sizes 12, 14, 16, 18 and 20. Size 16 requires 2 1-2 yards 54-inch fabric for jumper; 2 yards 39-inch for blouse.

Send Twenty (20c) coin is preferred, for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

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