

Waltham Watch

Three different ways you can wear the Waltham Convertible Bracelet Watch

OBERVE the little eye where the bracelet fastens on the watch illustrated above. This is a patented feature of the Waltham Convertible Bracelet Watch. It enables the watch to be worn on chain or brooch as well as upon the wrist, as the disappearing eye folds back out of sight when not in use.

Ask Your Jeweler to show you the Waltham Convertible Bracelet Watch.

Write for a copy of our booklet "Concerning a Timepiece"

WALTHAM WATCH COMPANY
MONTREAL

Now Remember!

When I ask for cocoa I want the best — and everyone knows that the best is

COWAN'S COCOA

"Perfection Brand"

It is a well-known fact that in every home where quality is appreciated, this delicious cocoa may be found. It is pure and wholesome and manufactured from the best cocoa beans procurable.

See that the boy brings it.



No Spooning Allowed

If you have been unfavorably impressed with the flavor of Roman Meal Porridge, sure enough you must have stirred it! Be fair to yourself and to Roman Meal! Don't stir it except while mixing meal and water. Remember "no spooning allowed."

Force of habit made you stir the porridge without knowing you did so, perhaps. Just get another package; make the porridge according to the directions. Surely it is no trouble NOT to stir Roman Meal porridge after mixing the meal and water.



Dr. Jackson's Roman Meal

Dr. Jackson's Roman Meal prevents indigestion. It positively relieves constipation or "money back."

Another important thing: Roman Meal is porous, because it is granulated, thus allowing the digestive juices to reach every particle and preventing indigestion. Stirring when cooking breaks up the granules, making a sticky mush instead of the delicious Roman Meal granular porridge.

Thousands of families all over America enjoy Roman Meal porridge every day—it is delicious. Doctors prescribe it for constipation and indigestion and all undertone conditions. You can bake with it; mix it with your white flour when baking, it helps white flour foods to digest and restores their lost balance. Ask your doctor about it.

Stirring Roman Meal porridge while cooking brings back the flaxseed taste and odor. Don't stir except while mixing meal and water.

Roman Meal Company, Toronto, Canada; North Tonawanda, New York; Tacoma, Washington.

IT WAS THE 98TH THAT DID IT

Mr. W. A. Williston, special correspondent at the front of the Canadian Press Association describing the part taken by the Canadian troops in the battle of Passchendaele say:

THE GALLANT ARTILLERY.

Too much cannot be said for our artillery. Lodged in the mud after hours of struggle, in which the light guns have been taken apart and re-assembled in order to get them into position, while the heavies have been tugged through hub-deep slime to the firing positions, the artillerymen have endured the seemingly impossible for days—nights and days of persistent engagement. Practically out in the open, with little or no shelter, constantly shelled and gassed by the enemy, our gunners have stood by their guns hour after hour, and, lying down to rest, have jumped to their guns in response to S.O.S. calls from our infantry for further hours of continuous labor.

The spirit of our artillery is the spirit of that battery at Lens, which working under a gas cloud, knowing the deadly danger of removing their masks, removed them because the infantry were calling and they could work their guns faster. For twenty-four hours gas has brooded over the salient, but our guns have only been silenced for a few minutes.

Coincident with the above the following extract from a letter dated Sept. 10, received in Charlottetown from a member of the 98th Siege Battery under Major Prowse will be of interest as it shows that the P. E. Island boys are the ones referred to:

"A few nights ago Fritz sent us over a dose of gas, which not only 'naught' us but everything around and in S.O.S. call came in so we had to keep our masks on and beat it to the guns and answer the call for help. But the boys couldn't work the guns as they should be worked, so they threw the masks away and answered the S.O.S. as it should be answered. I was in night and dark so you could not see what you were doing. Many of us got a dose of gas but not one man left for the hospital. A few men left for the hospital. A few nights later Fritz sent us over another dose. Ten men of a battery near us left for the hospital but not a man from ours and many of us got a dose of gas. I am not given much to this kind of talk but I can't help it this time for it goes to show you what kind of men are in this battery and what they are doing."

IS IT PEACE?

Men in serried millions marching To and from the battle zone. Where the sun and lust are parching, And the transports creak and groan; Eager lives for combat yearning, Broken lives from fight returning.

Boom of cannon, shriek of shell, Death from aircraft, rifle, mine, Ordered parody of hell, Working out some scheme divine Mad humanity's obsession, Armageddon's desolation.

Stricken earth and outraged Heaven, Holocausts of mortal pain, Shall men's lives in vain be given? Shall such deeds be wrought in vain? Aye! If just men fall or falter, Aye! If murderers cheat the halter.

When the blood-stained ruthless spoilers To the spoiled the spoils return, When heroic fighters, toilers, Thrones of frenzied tyrants burn, Then will martyred wife and daughter, Saved from death for worse than slaughter, Then will dead and war-worked men Whisper "Peace," but not till then.—Harold Bouton in the Empire Review

RUSH OF BRAINS TO THE HEAD.

"Well, old man, I hear that one of your poems has been accepted. Did you have an inspiration?"

"I don't know, really; but I am certain the editor had one."

YOUNG WOMEN MAY AVOID PAIN

Need Only Trust to Lydia E. Pinkham's Vegetable Compound, says Mrs. Kurtzweg.

Buffalo, N. Y. — "My daughter, whose picture is herewith, was much troubled with pains in her back and sides every month and they would sometimes be so bad that it would seem like acute inflammation of some organ. She read your advertisement in the newspapers and tried Lydia E. Pinkham's Vegetable Compound.

She praises it highly as she has been relieved of all these pains by its use. All mothers should know of this remedy, and all young girls who suffer should try it." — Mrs. MATILDA KURTZWEG, 529 High St., Buffalo, N. Y.

Young women who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should take Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by this root and herb remedy.

If you know of any young woman who is sick and needs help, advise her to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass. Only women will receive her letter, and it will be held in strictest confidence.

"A PINE FOREST IN EVERY HOME"

That is what the Peps treatment amounts to. It is no longer necessary to go to the Swiss Mountains to breathe the health-giving Pine air which doctors so highly recommend for throat, bronchitis and coughs. With the aid of science these Pine vapors have been condensed into tablet form so that the treatment can be taken at home.

All you do is to dissolve Peps in the mouth. The rich Pine vapors are then set free and breathed down all the minute air passages to the lungs, destroying all harmful germs and soothing and healing the inflamed membranes.

Peps are equalled for coughs, colds, bronchitis, asthma, sore throat, laryngitis, hoarseness, etc. All dealers. 50c box.

PEPS

IN MEMORIAM

ROBERT D. ELLIS.

On the evening of Oct. 30th., Mr. Robert D. Ellis quietly passed away at his home at Poplar Grove. The deceased was born at Blueford in 1847; he was the son of the late William Ellis, a ship builder of that place.

Mr. Ellis was very widely known as a contractor and builder, the large number of contracts which he has so satisfactorily concluded will ever be remembered as a memorial of his efficient work by his many business friends.

He was married in 1866 to Miss Matilda Rogers, daughter of the late Benjamin Rogers of Lot 16. He leaves to mourn a loving wife, three sons and four daughters, Louis L., a contractor and builder in Seattle, Washington; Howard M., lathing contractor in Cambridge, Mass.; David Rogers of Cambridge, Mass.; and E., wife of Mr. Permenis Moreshead of Malden, Mass.; Mildred Helen, wife of Mr. J. J. MacDonal of Boston, Mass.; Clara L., wife of Mr. Robert Hardy of Montrose P.E.I. and Irene, wife of Mr. Johnson Haywood of Elmsdale, P. E. I.

Three brothers also survive him, John Ellis of Northam, Penrose Ellis of Port Hill and Edward Ellis of Ellerslie.

Among the bereaved relatives who attended him in his last moments was a grandson, Gunner Roy W. Ellis, Port Ives, Halifax.

The funeral service was conducted by the Rev. Mr. Bamford of Port Hill at the English church in Ellerslie and the interment was in that cemetery. A large number of relatives and friends attended these services.

Messrs. William MacNeil, Livingston Williams, Thomas MacCall and Robert Distant officiating as pall bearers.

KAISER REFERS TO ENTENTE AS BRUTES

LONDON, Nov. 4.—A despatch to Renter's Limited from Athens contains the texts of telegrams secretly exchanged between Athens and Berlin prior to the overthrow of King Constantine. One of the most interesting was sent Nov. 23, 1916, by Queen Sophie, sister of Emperor William to the Emperor. It follows:

Sister Sophie's Letter

"By a miracle we are unhurt. The allies bombarded the palace for three hours, with the French fleet which opened fire without warning. We took refuge in the cellars.

"There was lively street fighting today, revolutionaries firing from houses on the army and people, who fought magnificently. It was a great victory against four great powers, whose troops fled before the Greeks and withdrew, escorted by Greek soldiers.

"There is great anxiety as to the demand the allies will make, but we are prepared for anything. Please tell us when the army of Macedonia will be sufficiently strong to take the field."

The Kaiser's Reply

Emperor William replied to his sister as follows: "I thank you cordially for your telegram, which has caused me deep emotion. I know the dangers through which you and Tino have passed. I admit your courage and at this difficult time."

"I also note with pleasure the magnificent attitude of the army and their loyalty to the royal house. May God deliver you from your horrible position.

"The Entente once more has shown its hand, and nothing remains for Tino to do but to take open action against these brutes. The intervention of Tino, with his forces co-operating against Sarraïl's western flank, would bring about a decision in Macedonia and the liberation of poor Greece. Tino knows that."

BRITAIN'S BIG CROPS

The final returns which have reached the Food Control Department of the acreage under corn and potatoes for 1917 harvest, show, instead of a total net increase of 347,000, the official estimate in a recent article, the actual increase is 388,000 acres over the area under cultivation in 1916. The figures for wheat, instead of being a thousand acres below, are six thousand above last year's total. Taking into account the originally anticipated increase, the total gross result of the special food production campaign for this year's harvest is 650,000 additional acres of corn and potatoes from farms alone in England and Wales, or an equivalent of five weeks extra breadstuffs for the whole population.

FREE FIGHT IN Y.M.C.A. SWIMMING POOL

MONTREAL, Nov. 4.—A free-for-all fight, in which practically every player on both teams took part, marked last night's water polo match between M. A. A. and McGill in the Toronto Y. M. C. A. tank. The melee came towards the close of the game, after much strenuous checking, and numerous heavy penalties. The players were in the shallow end and stood up to a fistie encounter, and one by one, all the other players drifted into a battle which the officials were for some time powerless to stop.

170,000 REGISTER UNDER SERVICE ACT. Up to Nov. 1st.

OTTAWA, Nov. 6.—One hundred and fifty-seven thousand men have registered under terms of the Military Service Act. They are divided in this wise: Exemption claims, 144,628; reported for service, 12,975; total registrations, 157,603.

The totals have been compiled from returns received by the Military Service Council from the various registrars throughout the Dominion. They cover the period since the proclamation was published calling out the first class of men, up to and including Nov. 1st. How the various districts compare is shown in the following table.

| Province | Claims for exemption | Reports for service |
|--------------------|----------------------|---------------------|
| London | 15,951 | 3,277 |
| Toronto | 28,073 | 2,672 |
| Kingston | 13,434 | 401 |
| Hull | 1,447 | 45 |
| Montreal | 10,491 | 564 |
| Quebec | 8,119 | 53 |
| Halifax | 8,119 | 1,059 |
| St. John (approx.) | 5,500 | 750 |
| Charlottetown | 2,339 | 208 |
| Kenora | 937 | 245 |
| Winnipeg | 12,583 | 1,488 |
| Vancouver | 6,016 | 1,961 |
| Regina | 19,050 | 1,245 |
| Calgary | 14,958 | 1,956 |
| Totals | 144,628 | 12,975 |

The returns from Quebec City since Nov. 1st have shown a surprising increase in total registrations. The percentage of Quebec City registrations in respect of available population has hitherto been low. Recent returns have increased Quebec's percentage so much that the city now stands well up in the list.

All men in Class 1 (barring those specially exempted by the Military Service Act), who have not registered by Nov. 10th shall be subject to the procedure, pains and penalties by law prescribed as against military deserters."

"Almost a miracle"

That is what Rabbi M. Shallit of Edenbridge, Sask., says regarding a cure by Zam-Buk, of which he gives the following particulars:

"A short time ago," said the Rabbi, "a man brought his little son to me and asked if I knew of anything that would cure the child of a terrible skin disease, with which he had suffered for three years. The child's forehead, eyes and ears were covered with sores. The sight was shocking, and the child had not been able to see for two years. As he was an only child, the father said he would give anything to have him cured, but as he had already been treated by many doctors, each of whom had given up the case as incurable, he had about despaired of ever finding a cure. Having great faith in Zam-Buk, I recommended it, and to cut a long story short, perseverance with Zam-Buk has now completely cured the child."

THE FATHER'S ACCOUNT

The following letter from the father of the boy expresses his gratitude: "The Zam-Buk Company, Toronto Dear Sir: I beg to testify that my boy suffered for three years with a severe skin disease, which doctors tried to cure, but in vain. The sores on his eyes were so terrible that for two years he was quite unable to see. Zam-Buk, however, has worked a complete and permanent cure. "The Zam-Buk treatment was recommended to me by Mr. M. Shallit, Rabbi of Edenbridge, for which I shall be grateful to him forever. With hearty thanks to you, I remain, Yours faithfully, (Signed) E. ROMANUK."

Zam-Buk is just as good for scaly sores, ringworm, salt rheum, running sores, old wounds, boils, sores, abscesses, pimples, blood-poisoning, piles, cuts, burns, and all skin injuries and diseases. All druggists and stores of Zam-Buk Co., Toronto. 50c box, 3 for \$1.25.

FREE Send this coupon, and 1c stamp (for return postage) to Zam-Buk Co., Toronto, and free trial box will be sent.

ZAM-BUK

PURELY HERBAL

The treat that its lovers learn to expect from a cup of "SEAL BRAND" COFFEE, is always realized to the full for "Seal Brand" holds its aroma and flavour to the last spoonful in the air-tight can.

In 1/2, 1 and 2 pound tins. Whole—ground—pulverized—also fine ground for Percolators. Never sold in bulk.

CHASE & SANBORN, MONTREAL.

BRISCOE
THE CAR WITH THE 3000 HALF MILLION DOLLAR MOTOR

Built for Comfort

EVEN a six-foot man can stretch right out in the front and rear seats. The tonneau is back long and wide, affording ample elbow room for stout people. The high seat backs come well above the shoulder blades. The deep, luxurious upholstery and the full elliptic springs relieve you of jars and jolts.

\$935 FULLY EQUIPPED

The Car that Took the Fatigue out of Motoring

THE BRISCOE offers everything demanded in a quality car at a price that appeals to the common sense of the thrifty and careful buyer. You can drive it for hours without effort or fatigue. The control is as simple as that of an electric, responding like a flash to the merest touch. You can shift the gears with your finger tips, and the slightest pressure operates the clutch and brake pedals. In congested traffic, where frequent stops are necessary, you can hold out the clutch with the car in gear without tiring your foot. The clutch engages so effectively that you can move the car forward or backward an eighth of an inch at a time if you wish. And the brakes are just as responsive—no need to throw your full weight on the brake pedal—just a gentle pressure and the brakes take hold.

The BRISCOE eliminates all the effort of driving, and doubles the pleasure of running your own car. It starts on the instant, accelerates with velvety smoothness and stays on the road at any speed.

The famous "Half Million Dollar Motor"—3 3/16-inch bore, 5 1/4-inch stroke—affords abundant power for any emergency, and reduces your expense for fuel, because it gets every ounce of force out of the gas. We have obtained 32 miles to the gallon with this motor. The BRISCOE is a quality car in the truest sense of the word. Every detail of its unseen parts receives the same careful consideration as its outward appearance.

And the regular equipment is unusually complete, including: Electric Lighting and Starting System, Speedometer, Gasoline Gauge, Ammeter, Trouble Light Socket, Automatic Switch and Key Lock, Horn, Tools and Repair Kit—and other important accessories usually classed as "Extras."

The price includes everything.

BRISCOE Touring Car or 4-passenger "Duplex Roadster," 105-inch wheel base, standard model with wooden wheels, f.o.b. Brockville, Ont., \$935.00. With Five Wire Wheels, \$100 additional.

Write for Benjamin Briscoe's own story of the "Half Million Dollar Motor," sent post paid upon request.

THE CANADIAN BRISCOE MOTOR CO., LIMITED, BROCKVILLE, ONT.

BRISCOE \$935 FULLY EQUIPPED

THE CAR WITH THE 3000 HALF MILLION DOLLAR MOTOR

General Distributing Agents for the Province of Prince Edward Island—Head Office Charlottetown.
W. K. ROGERS CO., LIMITED.
Charlottetown, P. E. I.