

BABIES SORES



Every mother should realize that the skin of her baby is so tender that the secretions of the body often lead to rashes, eruptions, etc., all of which may be removed by Zam-Buk. Scores of restless, crying babies, upon examination, are found to be suffering from some form of skin irritation or "heat." Don't let the little one suffer when Zam-Buk will cure!

Mrs. L. Hood, of 45 Alexander Avenue, Winnipeg, says: "I have proved the value of Zam-Buk when applied to children's sores. Some nasty sores broke out around my baby's mouth, and despite all the preparations used, they refused to heal. I took him to St. Boniface hospital and he remained there for two weeks. At the end of that time he was no better, and we again took him home. I was then advised to try Zam-Buk and obtained a supply. The effect of the first few applications was very gratifying, and I continued with the use of the balm. A little perseverance resulted in a complete cure."

Mrs. E. Cooke, of Yorkton, Sask., says: "My little baby girl had a bad running sore all over her little chin. A few applications of Zam-Buk healed the sore in a few perfect manner that no ointment could have done."

Scores of similar cases could be quoted. Zam-Buk is absolutely pure—contains no mineral salts, no mineral coloring matter, no astringent poisons. It is the ideal balm for babies.

Zam-Buk cures eczema, rashes, ringworm, chapped hands, acute and chronic, cuts, burns, ulcers, discharging sores, and all skin injuries and diseases. 30c. box, all drug stores, or Zam-Buk Co., Toronto, for price list. Don't take the risk of using harmful imitations!



HOTEL FOR SALE

THE CURLESS HOTEL at Grand Falls, N. B., containing fifty rooms, spacious dining room and excellent sample rooms in connection, will be sold for a bargain on a cash basis. This is a first class hotel, modern and up to date in every way, with a well established reputation with the A. I. travelling public. It is one of the best hotel propositions in the province for a live hotel man. For particulars communicate with J. M. KEEFE, Solicitor for the Curless Estate, Grand Falls, N. B., Box 94. 1905-4-16M230.

BOSTON HOTEL ADS

HOTEL OXFORD
Copley Square, Boston, Mass.
Near Public Library, Trinity Church, City Hall, Science Church, New Opera House, and but minutes to the shopping and business section.
Electric cars pass the Oxford to R. and M. St. Station, all S. R. Lines and every part of the city and suburbs.
Single rooms \$1 and up, with bath \$2.
Double rooms \$2 and up, with bath \$3.
PHILIP P. PRETTO, Proprietor



Hotel Martinique
Broadway at 32d St., NEW YORK.
600 Rooms 400 Baths
Splendid room, with adjoining bath, \$2.00.
With private bath, from \$3.50.
Special weekly rates.
Restaurant Prices Moderate.
The most convenient location to theatres, department stores and all transit lines; baggage transferred to and from Pennsylvania Station free.
Chas. S. Taylor, Pres. Genl. Maiter Gilson, Vice-President. Walter Chandler, Secy. Genl. Mgr.

SECRET OF LONG LIFE

From Japan comes the secret of long life. It is in the form of twelve commandments, as follows:

1. Arise and retire early.
2. Sleep six to seven hours daily in a room perfectly dark with open windows.
3. Spend as much time as possible in the open air.
4. Eat meat only once a day.
5. Drink moderately tea and coffee, and do not smoke or drink.
6. Take a warm bath every morning.
7. Give up silk garments for woollen ones.
8. Rest one day a week and in that day do not even read or write.
9. Avoid warm places, especially those heated artificially.
10. Re-establish your exhausted organs with identical animal's organs.
11. Avoid getting excited and do not fatigue your intellect.
12. And the twelfth commandment is the most interesting one: If you are a bachelor get married without delay; if you are a widower, contract a second marriage immediately.

WOMEN WHO RULE

Father Minds the Baby While Mother Works

The district of Willesden is a perfect paradise for a certain type of husband. There is no need for him to go out to work; his wife will see to that. All he needs to do is stay at home and mind the baby. He has a job for life, and practically nothing to do.

It is no uncommon thing for a husband to mind the baby while his wife goes to work. This arrangement is due to the peculiar industrial conditions of Willesden, where there are many laundries and factories, and female labor is much in demand. Although it is cheaper than male labor would be at the same class of work, the wages are good considering that only five days a week are worked in the laundries, the women not being required on Mondays. As much as from \$5 to \$6 a week can be earned, \$5 being a common wage, even for girls.

Consequently the women rule the industrial world of Willesden. The positions of man and wife are reversed. There is no need for the man to go to work. Not only would he be unsuitable for the job, but the labor and the wages would not suit him.

The Weakness of Constipation

Can quickly be overcome by **CARTER'S LITTLE LIVER PILLS**.
Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. Small Pill, Small Dose, Small Price.
Genuine *Brewer's Food* Signature

Reliable watches,
Accurate clocks,
Artistic Jewelry,
Up to date silverware,
&c. &c. at
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Easter Cards and Booklets

A Large Assortment to choose from. Also Holy Week Books Just Received At
W. J. Brown's
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Victoria Row

If You Want a "Roomer"

Advertise for one. There are hundreds of men and women who will pay good rent for a comfortable room with good surroundings. Put an adv. in the "classified" columns of The Guardian—You reach a multitude.
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RED ROSE TEA "is good tea" Try a package

IMPROVING THE ROADS

Autos and Farmers Responsible For General Zeal

The most conspicuous thing about the sessions of the Ontario Good Roads' Association was the business-like way in which the delegates discussed practical ways and means for road improvement. A few years ago it would have been necessary to have shown reasons why roads should be so improved, and what economic benefits would have been conferred upon the farmers by that improvement. All that is now admitted. The public interest is keenly fixed upon the practical side of financing and constructing improvements. The automobile is in large measure responsible for this awakening of general zeal, because to the natural desire it has added the energetic backing and influence of powerful urban associations and interests.

TYPHOID VACCINE

British Army Pathologist Tells Results of Studies

Col. Sir Wm. Leishman, F.R.S., K.H.P., professor of pathology at the Royal Army Medical College, London, England, who is generally recognized as one of the greatest men in the medical profession in Great Britain, told a meeting of the Association of Officers of the Medical Services of Canada at Ottawa many of the results of his experiments with typhoid vaccine, of which he has made a special study. He claimed that the success of the vaccine has been demonstrated in a remarkable way, especially in tropical countries where typhoid or enteric fever is more rampant than elsewhere.

AROUND THE WORLD IN SEVEN DAYS

Airmen Think it a Possibility of the Not Far Distant Future With Powerful Hydroplane

There is no mistake about it—the world is growing smaller. Magellan, its first circumnavigator, took no fewer than three years over the task. In 1907 Lieutenant-Colonel H. Burnley-Campbell, a veteran of sixty-four, raced round it in a little over forty days. This is the record, so far; but it will probably be broken in the not far distant future.

The waterplane, of course, is destined to accomplish this seeming impossibility. It can be done, airmen have no doubt. It is merely a matter of building machines big enough, with sufficiently powerful engines and adequate storage capacity.

First will come the flight across the Atlantic—roughly speaking, two thousand miles from land to land. Then will follow preparations for the greater journey—the crowning aerial achievement of all—the flight round the globe.

This is not so difficult as it sounds. Possibly the flight across the Atlantic from, say, St. John's, Newfoundland, to Valencia, on the southwest coast of Ireland will be a more trying ordeal to airmen than any single stage in the round-the-world flight. And for this reason. The North Atlantic is proverbially a rough and stormy ocean, even in summer.

The aeronaut who essays to fly round the world, on the other hand, can choose his own route; and this means that he can fly, for the most part, over tropical seas, and in air of an equable temperature.

Everybody Has Two Brains

Centres of Nervous Energy

normous Amount of Blood Consumed in Supplying Nerve Force to Mind and Body.

Everybody has two brains, one to think with and the other to control the workings of the heart, lungs, stomach and other vital organs. This mechanical brain is situated low down at the back of the head and is the great centre of the nervous system which, through its ramifications of branches, reaches every part of the human body.

Any lack of nervous energy is soon apparent in disorders of the bodily organs. Weakness of the nerves which control the digestive fluids means indigestion and similarly other derangements arise.

Dr. Chase's Nerve Food has fully established its reputation as a means of restoring vitality to the nervous system and thoroughly curing such ailments as sleeplessness, irritability, nervous headache and indigestion, partial paralysis and locomotor ataxia.

Mrs. Wm. Hay, Spv Hill, Sask., writes: "I am glad of an opportunity of recommending Dr. Chase's Nerve Food, for it restored my nervous system when I was badly run down. So greatly did this treatment benefit me that I have recommended it to friends and know that they obtained good results from the use of the Nerve Food many times. In my opinion there is nothing like it for building up the run-down system."

It is said that one-fifth of the blood in the human body is consumed by the brain in the manufacture of nervous energy. Because Dr. Chase's Nerve Food supplies the ingredients from which rich, red blood is formed, it is the greatest of nerve restoratives.

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto.

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A BAKING SUCCESS WHICH YOU CAN DUPLICATE IN YOUR HOME WITH BEAVER FLOUR

BEAVER FLOUR
T. H. TAYLOR CO.

All this talk about Western wheat flours being "pastry" flours, is just plain talk. Anyone who knows anything about wheat, knows that Western wheat flour cannot and does not, make as good Pastry as "Beaver" Flour.

Western wheat has what the bakers call strength. It makes a big loaf of bread—but the bread is spongy and lacks flavor. Ontario wheat, blended with spring wheat, makes the ideal bread and pastry flour.

The bakers of Toronto and London—the experts at the agricultural colleges—and thousands of homes in Ontario, Quebec and the Maritime Provinces—have proved that "Beaver" Flour is superior to any Western wheat flour, and is equally good for Bread and Pastry. Try it.

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Boy's and gents will be highly pleased with the strongly made, splendidly tailored suits we are showing right.

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You can get good suits at \$3.50 to \$7.00.

Reuben Tuplin & Co
Kensington

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JUST OFF BROADWAY.

The right kind of a hotel in the right locality, in the heart of the theatre district and adjacent to the shopping centres. Possibility of fire proof. Excellent cuisine and an exceptional orchestra. A large addition just completed containing library, grill and billiard hall.

Handsomely Furnished Rooms, Private Bath, \$1.50 PER DAY UPWARD

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READY RUBBED SMOKING TOBACCO.

Strike your match on the tin, then puff away. You can smoke a pound of it and it won't burn your tongue. It is rubbed from our tough, waxy and silky fibered MASTER MASON plug into a cool, mellow, free burning cut tobacco with a rich and pleasing aroma.

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