

**and Health in Fruit Juices**

Juice acts directly on the vessels of the blood, and entering the intestines, causes the bowels to move regularly. Fruit juice softens and beautifies the complexion, stimulates the action of the skin glands, and thus assists in purifying the blood.

It soothes the stomach and bowels, and strengthens the digestion. Fruit juice is about 90 per cent. water and 10 per cent. solid. The solids are made up of nine-tenths sweet, and one-tenth bitter material. It is this small quantity of bitter material that acts medicinally.

"Fruit-a-tive"—These wonderful solids that are found in many popular fruit juices, stimulate the digestive organs, soothe the stomach and bowels, and strengthen the digestion. Fruit juice is about 90 per cent. water and 10 per cent. solid. The solids are made up of nine-tenths sweet, and one-tenth bitter material. It is this small quantity of bitter material that acts medicinally.

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**SUNDAY SCHOOL LESSON**

NOVEMBER 24.  
FOURTH QUARTER.  
WORLD'S TEMPERANCE SUNDAY.  
Rom. 14: 12-23. Memorize vs. 19, 20, 21.  
GOLDEN TEXT.

Judge this rather, that no man put a stumbling block, or an occasion to fall, in his brother's way.—Romans 14:13.

**EXPLANATION.**

Vs. 12-13 So then—(Set preceding verses for significance of this conclusion). Account—The Book of Life will be opened, and everyone will be judged thereby. Judge—We are not judges, but rather to be judged. Stumbling-block—Let each one be anxious lest he cause another to sin.

Vs. 14-15. Usclean—The food in itself does not affect the character or inner life. Eat—eateth—By conscientious conviction. Because he does what he believes to be wrong, and so goes against his sense of right. Grieveth—Hurt in any way, especially in his feelings as to what is right. Charitably—Considerately and wisely. Destroy not—By our indifference, or carelessness, or trifling manner.

Vs. 16-18. Good—is to believe, or view or liberty. Evil—In the estimation of others. Meat—This is not vital to the Kingdom of God. Righteousness—This rather is essential, including duties towards God and man. Serveth—These are the vital things, and should be maintained at all hazards. To solicit them for earthly and material blessings, would be to exchange gold for brass. Acceptable—Pleasing. Approved—Commended.

Vs. 19-21. Let us—Paul puts himself on a level with others. Follow—With earnest purpose seeking the true object. Make—Produce he does what he believes to be right. Build up—charitable and life as an architect constructs an edifice. Work—To further the interests of God's Kingdom for mere meat for the perishing body would be foolish. As in the case of Euan, who sold his birthright for a mess of pottage. Pure—Relatively so, in themselves. Evil—If one's conscience so decides. Good—Honorable and right. Eat—We are at liberty to eat, and also not to eat; and the argument is to do that which is least injurious, and most beneficial to others. Brother—And therefore having a claim on us as to his moral welfare.

Vs. 22-23. Faith—That is, positive conviction as to moral duty—Enjoy it as one may rightly do. Happy—There is a side of duty which fronts towards others, and we do well to take heed to it, else we may soon be condemning self by our own heart and conscience. Doubteth—That is, lacks positive conviction. Sin—Injurious to one's own conscience, and to his neighbor.

**HAD A STAB-LIKE PAIN THROUGH THE HEART. MILBURN'S HEART AND NERVE PILLS CURED HER AND SAVED HER LIFE.**

There is no one, we imagine, who has not at some time or other, experienced a stab-like pain through the heart, yet in the excitement and excess of present-day living, the heart and nerves being so intimately bound up with one another, so inseparably connected, that one means disease and disorder of the other.

When you find your heart the least bit out of rhythm, your nerves unsteady, don't wait until you are prostrated on a bed of sickness. Take Milburn's Heart and Nerve Pills. They'll put you in such condition you'll never know you have a heart, make your blood clear and active, your nerves strong, your blood rich and pure, and your whole being thrill with a new life.

Mrs. John C. Yensen, Little Rock, Ark., writes: "I was troubled with a stab-like pain through my heart. I tried many remedies but they seemed to do me more harm than good. I was advised by a friend to try Milburn's Heart and Nerve Pills, and after using two boxes I was completely cured. I cannot praise them enough for the world of good they did me for I believe they saved my life."

Price 50 cents per box or 3 boxes for \$1.25, at all dealers or mailed direct on receipt of price by The E. Milburn Co., Limited, Toronto, Ont.

When the "kiddies" want "something good"—

when mother wishes "a bite between meals"—when father feels a bit hungry at bedtime—how they all go for the pail of

**Mooney's Perfection Cream Sodas.**

**THE GUARDIAN COVERS THE FIELD**

The Guardian covers the City and Province within which it is published more fully and completely than any other newspaper printed in Canada.

With a daily circulation of its morning and rural edition now about 8,000 and growing from day to day, it has broken all records for a daily publication in a small community.

Charlottetown has a population of 12,000 and Prince Edward Island has 115,000. The Guardian's daily circulation is therefore 1 to 13 of population in the city in which it is published, and 1 to 14 of the population of the Province. This is the management believe unequalled by any daily newspaper published in Canada.

Take one or two comparisons with other leading newspapers in other cities and Provinces.

St. John has a population of 40,000 and the Province of New Brunswick 320,000. St. John has five newspapers and among these The Telegraph and The Sun are perhaps the foremost. Each claims a circulation of about 8,000 or say 1 to 5 of the population of that city and 1 to 40 of the population of the Province.

Or again: Toronto has a population of some 250,000 and the Province of Ontario some 2,250,000. The Toronto Globe is a great Canadian newspaper, known all over the world as one of the foremost journals. The Globe's published daily circulation is slightly under 30,000. That is 1 to 8 of the population of Toronto and 1 to 74 of the population of Ontario.

The point is that The Guardian covers the field of its circulation three and a half times as well, it compares with population of the city, and over three times as well, taking the population of the Province, as the best New Brunswick and Ontario newspapers, and these are admittedly among the best in Canada.

These facts are printed in no spirit of boasting, but for the satisfaction of Guardian readers and advertising patrons alike. They have a right to know how completely their favorite Journal is covered by the reading public among whom it circulates and how completely it covers the field as an advertising medium in this City and Province.

**The Sleeves of a Shirt**

Any **3333** Shirt looks better on you than any ordinary shirt.

One reason is the careful tailoring of **3333** Shirt Sleeves. There is room enough under the arms so the sleeve won't bind—yet there's no ugly bunch at the shoulder point.

Shaped to standard patterns that suit every build of man—cut to varied lengths so YOU can surely be fitted perfectly.

Made for ease, for fit, for service in every style and fabric men like.

You get bigger money's worth when you buy **3333** Demand the Brand (On red tags below the neckband)

BERLIN

**Liberal Conservative Convention for Kings County**

A general meeting of the Kings County Liberal Conservative Association will be held in the Town Hall in Georgetown on Wednesday December 18th 1907, commencing at 1 o'clock p.m., for the purpose of organization and Nominating of Candidates for the next Federal election.

The chairman of each Poll is requested immediately to call a meeting in his Polling Division for the purpose of selecting ten delegates to attend that said meeting.

A full attendance is requested.

A. C. MACDONALD, President.  
J. A. DEWAR, Secretary.

Montauk, Nov 6th 1907.  
1-21-61.

**F. C. WESLEY CO. DESIGNERS ENGRAVERS LECTROTYPERS.**  
St. John, NB

**THE CUP**  
that cheers but not inebriates.  
The famous **Dominion Blend Tea** (REGISTERED)  
Get this brand from your grocer.

**USE ONLY THE BEST**

**GILLETTE'S PERFUMED LYE**

Is the STANDARD article  
READY FOR USE IN ANY QUANTITY.

For making soap, softening water, removing old paint, disinfecting sinks, closets, drains and for many other purposes. A can equals 20 pounds SAL SODA.

**SOLD EVERYWHERE.**

**E. W. GILLETTE COMPANY LIMITED**  
TORONTO, ONT.

**Skin Protection**

For skin comfort, skin health, skin beauty and for protection against hard water, strong sun and wind use

**"Baby's Own" Soap.**

It is the best for every toilet purpose for babies, women and men.

Its daily use keeps the skin smooth and the complexion beautifully clear and fresh.

Albert Sells Ltd. Mfrs. - Montreal.  
Beware of imitations and substitutes.

**NEW BAGS 30,000**

New grain bags, all sizes.

CARVELL BROS.

**COAL!**

We would advise customers to order their coal and have it delivered before the season gets too late as the strike now on at the Spring Hill Mine may cause a scarcity and be the means of advancing the prices.

**C. Lyons & Co**

Reliable Watches, Clocks, Jewelry, and Silverware at exceptionally low Prices at

**C. W. Pattersons,**  
Cor. Gt. Geo. and Grafton Sts. dttstststf.

**Listen -**

When you require anything in groceries you may know we have the best stock procurable

**MEAT**

Ours can always be depended upon for being tender, juicy, and fine flavored. Try it once and you will want it always.

**R. B. Squarebriggs**  
Cor. Prince and Sydney Sts.  
114-115-116-117-118-119-120-121-122-123-124-125-126-127-128-129-130-131-132-133-134-135-136-137-138-139-140-141-142-143-144-145-146-147-148-149-150-151-152-153-154-155-156-157-158-159-160-161-162-163-164-165-166-167-168-169-170-171-172-173-174-175-176-177-178-179-180-181-182-183-184-185-186-187-188-189-190-191-192-193-194-195-196-197-198-199-200-201-202-203-204-205-206-207-208-209-210-211-212-213-214-215-216-217-218-219-220-221-222-223-224-225-226-227-228-229-230-231-232-233-234-235-236-237-238-239-240-241-242-243-244-245-246-247-248-249-250-251-252-253-254-255-256-257-258-259-260-261-262-263-264-265-266-267-268-269-270-271-272-273-274-275-276-277-278-279-280-281-282-283-284-285-286-287-288-289-290-291-292-293-294-295-296-297-298-299-300-301-302-303-304-305-306-307-308-309-310-311-312-313-314-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-330-331-332-333-334-335-336-337-338-339-340-341-342-343-344-345-346-347-348-349-350-351-352-353-354-355-356-357-358-359-360-361-362-363-364-365-366-367-368-369-370-371-372-373-374-375-376-377-378-379-380-381-382-383-384-385-386-387-388-389-390-391-392-393-394-395-396-397-398-399-400-401-402-403-404-405-406-407-408-409-410-411-412-413-414-415-416-417-418-419-420-421-422-423-424-425-426-427-428-429-430-431-432-433-434-435-436-437-438-439-440-441-442-443-444-445-446-447-448-449-450-451-452-453-454-455-456-457-458-459-460-461-462-463-464-465-466-467-468-469-470-471-472-473-474-475-476-477-478-479-480-481-482-483-484-485-486-487-488-489-490-491-492-493-494-495-496-497-498-499-500-501-502-503-504-505-506-507-508-509-510-511-512-513-514-515-516-517-518-519-520-521-522-523-524-525-526-527-528-529-530-531-532-533-534-535-536-537-538-539-540-541-542-543-544-545-546-547-548-549-550-551-552-553-554-555-556-557-558-559-560-561-562-563-564-565-566-567-568-569-570-571-572-573-574-575-576-577-578-579-580-581-582-583-584-585-586-587-588-589-590-591-592-593-594-595-596-597-598-599-600-601-602-603-604-605-606-607-608-609-610-611-612-613-614-615-616-617-618-619-620-621-622-623-624-625-626-627-628-629-630-631-632-633-634-635-636-637-638-639-640-641-642-643-644-645-646-647-648-649-650-651-652-653-654-655-656-657-658-659-660-661-662-663-664-665-666-667-668-669-670-671-672-673-674-675-676-677-678-679-680-681-682-683-684-685-686-687-688-689-690-691-692-693-694-695-696-697-698-699-700-701-702-703-704-705-706-707-708-709-710-711-712-713-714-715-716-717-718-719-720-721-722-723-724-725-726-727-728-729-730-731-732-733-734-735-736-737-738-739-740-741-742-743-744-745-746-747-748-749-750-751-752-753-754-755-756-757-758-759-760-761-762-763-764-765-766-767-768-769-770-771-772-773-774-775-776-777-778-779-780-781-782-783-784-785-786-787-788-789-790-791-792-793-794-795-796-797-798-799-800-801-802-803-804-805-806-807-808-809-810-811-812-813-814-815-816-817-818-819-820-821-822-823-824-825-826-827-828-829-830-831-832-833-834-835-836-837-838-839-840-841-842-843-844-845-846-847-848-849-850-851-852-853-854-855-856-857-858-859-860-861-862-863-864-865-866-867-868-869-870-871-872-873-874-875-876-877-878-879-880-881-882-883-884-885-886-887-888-889-890-891-892-893-894-895-896-897-898-899-900-901-902-903-904-905-906-907-908-909-910-911-912-913-914-915-916-917-918-919-920-921-922-923-924-925-926-927-928-929-930-931-932-933-934-935-936-937-938-939-940-941-942-943-944-945-946-947-948-949-950-951-952-953-954-955-956-957-958-959-960-961-962-963-964-965-966-967-968-969-970-971-972-973-974-975-976-977-978-979-980-981-982-983-984-985-986-987-988-989-990-991-992-993-994-995-996-997-998-999-1000

**Reliable Watches, Clocks, Jewelry, and Silverware at exceptionally low Prices at**

**C. W. Pattersons,**  
Cor. Gt. Geo. and Grafton Sts. dttststf.

**THE BEST**

spoons and forks we sell are plated on the finest nickel silver.

The silver is accurately weighed upon the goods and is guaranteed by the manufacturers to be 20 per cent heavier than the usual standard. They also authorize us to return the price paid or replace the goods, should anyone of them not prove exactly as represented.

**E. W. Taylor**  
SOUTH Side Queen Squ

**We sell Sugar**

Brown Sugar ..... 3 1/2 cts per lb.  
Best Crystal Sugar ..... 4 cts per pound  
Best Granulated Sugar 5 cts per pound

Glass Preserve Jars

Pint jars ..... 5 cts each  
Quart jars ..... 6 cts each  
1/2 gal. jars ..... 7 cts each

PHONE 264.

**John Connolly & Co**  
101 dtstst Dec 3rd 1907

**MOONEY'S PHASES.**

New Moon 5 d. 6 h. 30 m. p. m.  
First Quarter 12 d. 1 h. 14 m. p. m.  
Full Moon 19 d. 8 h. 4 m. p. m.  
Last Quarter 26 d. 0 h. 21 m. a. m.

Day of Week	Sun	Mon	Tue	Wed	Thu	Fri	Sat	High Water
1	Fr	5:58	5:09	4:41	6:25	7:52	9:22	11:40
2	Sa	7:04	6:36	6:10	7:31	8:53	10:14	12:32
3	Su	8:09	7:52	7:34	8:38	9:44	10:54	1:01
4	Mo	9:14	9:06	8:52	9:32	10:32	11:32	1:08
5	Tu	10:19	10:14	10:02	10:22	11:12	12:12	1:15
6	W	11:24	11:20	11:10	11:02	11:52	12:52	1:22
7	Th	12:29	12:26	12:18	12:02	12:52	1:52	1:29
8	Fr	1:34	1:32	1:26	1:12	1:52	2:52	1:36
9	Sa	2:39	2:38	2:34	2:12	2:52	3:52	1:43
10	Su	3:44	3:44	3:42	3:12	3:52	4:52	1:50
11	Mo	4:49	4:49	4:48	3:42	4:22	5:22	1:57
12	Tu	5:54	5:54	5:54	4:42	5:22	6:22	2:04
13	W	7:00	7:00	7:00	5:42	6:22	7:22	2:11
14	Th	8:05	8:05	8:05	6:42	7:22	8:22	2:18
15	Fr	9:10	9:10	9:10	7:42	8:22	9:22	2:25
16	Sa	10:15	10:15	10:15	8:42	9:22	10:22	2:32
17	Su	11:20	11:20	11:20	9:42	10:22	11:22	2:39
18	Mo	12:25	12:25	12:25	10:42	11:22	12:22	2:46
19	Tu	1:30	1:30	1:30	11:42	12:22	1:22	2:53
20	W	2:35	2:35	2:35	12:42	1:22	2:22	3:00
21	Th	3:40	3:40	3:40	1:42	2:22	3:22	3:07
22	Fr	4:45	4:45	4:45	2:42	3:22	4:22	3:14
23	Sa	5:50	5:50	5:50	3:42	4:22	5:22	3:21
24	Su	6:55	6:55	6:55	4:42	5:22	6:22	3:28
25	Mo	8:00	8:00	8:00	5:42	6:22	7:22	3:35
26	Tu	9:05	9:05	9:05	6:42	7:22	8:22	3:42
27	W	10:10	10:10	10:10	7:42	8:22	9:22	3:49
28	Th	11:15	11:15	11:15	8:42	9:22	10:22	3:56
29	Fr	12:20	12:20	12:20	9:42	10:22	11:22	4:03
30	Sa	1:25	1:25	1:25	10:42	11:22	12:22	4:10

**Closing Out**

300 pairs of women's, misses' and children's shoes and slippers a factory prices and less.

\$2.75 shoes for ..... \$1.95  
\$2.25 shoes for ..... \$1.75  
\$1.50 shoes for ..... \$1.45  
\$1.65 shoes for ..... \$1.20  
1 pair for ..... .90  
\$1.25 shoes for ..... .90  
\$1.85 slippers for ..... \$1.25  
\$1.65 slippers for ..... \$1.25  
\$.60 slippers for ..... \$1.25  
\$1.45 slippers for ..... \$1.05  
\$1.10 slippers for ..... .85  
.85 slippers for ..... .70

Sale for cash only.

**Horses Clipped**

—AT  
**Nicholson's Stable**  
202 Kent St.  
11-9d1m

**Another Step in Advance**

I am pleased to inform my patrons that I have added to my already up-to-date equipment two dozen folding chairs, which are very neat and comfortable. They are at their disposal FREE should occasion require.

**G. D. WRIGHT**

**Another Step in Advance**

I am pleased to inform my patrons that I have added to my already up-to-date equipment two dozen folding chairs, which are very neat and comfortable. They are at their disposal FREE should occasion require.

**G. D. WRIGHT**

**CALENDAR FOR NOVEMBER 1907.**

MOON'S PHASES.

New Moon 5 d. 6 h. 30 m. p. m.  
First Quarter 12 d. 1 h. 14 m. p. m.  
Full Moon 19 d. 8 h. 4 m. p. m.  
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6	W	11:24	11:20	11:10	11:02	11:52	12:52	1:22
7	Th	12:29	12:26	12:18	12:02	12:52	1:52	1:29
8	Fr	1:34	1:32	1:26	1:12	1:52	2:52	1:36
9	Sa	2:39	2:38	2:34	2:12			