# Woman's Realm — Social and Personal — Fashions — Literature

SUCCESS ASSURED WHEN DIRECTIONS FOLLOWED

● Swans Down Cake Flour is made only from soft Canadian winter wheat. Choicest parts of this selected grain are specially milled and then sifted through silk to achieve a flour of finest texture and unvarying quality. Consequently, Swans Down cakes have extra touches of perfection — fine, even grain, smooth, silkier texture, added delicacy and lightness—so desirable in either home or contest baking.

27 TIMES AS FINE AS ORDINARY FLOUR

RECIPES FOR THE 9 MOST POPULAR CAKES ARE ON THE PACKAGE

147 Recipes—Hundreds of Baking Helps in "Kate Smith's Favorite Recipes"

● Today send for "Kate Smith's Favorite Recipes"—a beautiful 48-page book. Contains 147 recipes, 87 interesting illustrations. Explains the *how* and *why* of tender, crisp, golden brown cake as only Kate can do it. Use coupon below.

General Foods, Limited,
Cobourg, Ontario.

Please send me "Kate Smith's Favorite Recipes". I enclose 6c in postage stamps.

Name_____

Address_____

_____ S160


## Dorothy Dix's Letter Box

### WORKING DAUGHTERS SHOULD QUIT BEING FAMILY PURSES

### Girls Should Be Asked To Pay Only Their Share Toward Upkeep Of The Home; Today Letter-Box

Dear Miss Dix—Does the obligation which a daughter owes her parents never end? I am a successful secretary, 27 years old, and ever since I was 16 most of my salary has gone to the support of my family.

Although my father has worked continuously, my mother is such a poor manager that she could never make ends meet. I have two brothers, both older than myself and single, who only contribute to the household expenses after their personal desires have been realized. They are people who simply cannot come down to earth and who insist on living above their incomes, consequently I have had to sacrifice my own personal desires to satisfy theirs. Now my problem is this: I am engaged to a splendid man and we have planned our wedding and our home together and my heart and soul is in it. He is quite capable of supporting me and will not agree for me to work after we are married, but I am not willing to burden him with the support of my family and, of course, my family is violently opposed to my marrying. I don't know what to do because I love my family and do not want to desert them, but I also want my own life and my own happiness. And I must take it now or never. There is no use in waiting because my mother will never learn to manage and my brothers will never do without anything they want to pay the grocery bill. What shall I do?

A FAMILY GIRL.

Answer:

I say marry your man and quit being the family goat. Dont throw away your life's happiness in order to make them comfortable. It isn't a fair bargain.

Don't worry about the family starving when you cease to be the meal ticket. When you dump the household burden on your brothers' shoulders, they will have to bear it.

As long as you pay the household expenses they spend their money on their own pleasures, but if you leave them with the bag to hold they will have to do without a new car and fine clothes and taking girls out for good times.

And it will do them good. It will also do your mother good to have to live on a budget and count her pennies, for you can be very certain that when your brothers have to support the family they won't be the soft thing that you have been.

If your knees get a little wabbly at the thought of doing this, read Josephine Lawrence's book, 'But You are Young,' which tells the story of just such a family as yours, and offers the solution of the problem of what a girl should do when she suddenly realizes that she is being worked to death to support a lot of parasites who have just settled down to live off of her meager earnings—and are not even pleasant about it ,to say nothing of being grateful.

There is nothing stranger, more pathetic or more cruel and heartless than the way so many families treat their daughters. They seem to think that the girls, and especially the oldest girl, should be nothing but slaves to them and that they have a right to every cent they earn.

In many cases a middle-aged, able-bodied father knocks off work the minute Mary gets out of school and gets a job. He develops some mysterious ailment that only permits him to eat three square meals a day and smoke all the tobacco he wants and spend his days loafing.

Mother takes Mary's pay envelope and doles her out the minimum lunch money that will support life. And often she uses the balance of Mary's earnings to support a lazy, good-for-nothing son. And when Mary thinks about marrying everybody from the baby up howls to high heaven over her disloyalty in leaving them to support themselves.

The other day I was with a group of business girls, all fine, competent women in their 30s who held good situations in their respective lines of work. One of the girls had on a quite expensive dress and the others were teasing her about being extravagant.

"Well, why not?" she said. "Why not spend some of the money I make on myself before my family grafts it off me? Every time I try to save anything there always comes a wail from home for money.

"Mother has run behind with the grocery bill. Father has to have a new set of teeth. Buddy will lose his car unless I pay the instalment on it. Little Johnny has to have his adenoids out etc., etc."

"Don't they ever pay you back?" I asked. All the girls hooted in concert: "No. Never. That is why they borrow from us. They never intend to pay it back and they don't even have to be grateful. They save their faces by calling it a loan."

Pity, poor Martha!

**Environment Does Affect Children**

Dear Miss Dix—We have a nice, comfortable home in a wealthy town, but it is on the wrong side of the tracks. When we built the house we did so because the location was so beautiful and we were anxious to get into the country and didn't realize that this end of the town had a bad name.

We have three children who are of school age so we are wondering whether we should sell or rent this place and move to a more desirable location, and we have talked it over until we are blue in the face.

In the Winter my husband raves about its being too far from his work, as he hates to drive in the snow. In the Spring it is so pretty that he hates to sell. What do you think we should do? BOOTS.

Answer:

It is hard to give up a beautiful home that you love, and especially one that you built and where your heart has struck down roots in the ground with every flower and shrub you planted.

But, on the other hand, you have children whose welfare you have to think of first, and environment will play a very important part in not only molding their characters, but also their destinies.

You know the kind of people you want your children to grow up with and to be friends with. You know that your children will take on the manners, the speech, the accent and even the peculiarities of the children they associate with.

It is hard on parental vanity to face the fact that the children their children play with and go to school with have far more influence over them than they have. But it is true.

So if you don't want your cultured little Percy to say "dis" and "dat" and "dose" and use grammar that sets your teeth on edge because some hoodlum who is the school hero does I am afraid you will have to take him where the background will be better.

DOROTHY DIX.

Mr. John Sterling MacDonald and his bride the former Miss Doris Gertrude Heartz whose marriage took place in St. Paul's Anglican Church on May 27th.

## Helpful Hints For The Women Folk

**APPRECIATION**

I'm just a plain farm-woman,
With homely tasks to do;
Yet I enjoy the sunset—
The rose, all wet with dew.

The stars with wondrous beauty
Seem oft' to cleanse my soul;
To smile it is my duty,
And happiness my goal.

I find the hidden violets
Far from the world of strife;
So many lovely things I find
In this plain housewife's life.

—Christine Mackiel.

**Dainty Gardening**

There is a lotion on the market which milady puts on her hands before going into her garden and it protects her hands from the grit and dirt. If she does not like to wear gloves this is an excellent substitute.

**ADVICE GIVEN ON CHIMNEYS**

Curiously enough, the chimney, one of the most important and vulnerable parts of the house, is frequently improperly built. And the strange part about it is that despite all that has been learned and published about chimney construction it is through lack of this knowledge that most poor chimneys are constructed.

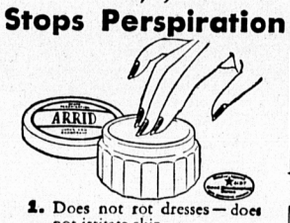
The rules are simple, and to build a good chimney costs little more than building a bad one. In the first place, it must start on a solid foundation. Unless it is part of an outside wall, it should stand entirely free from the structure. When chimneys are built in with the structure, particularly in frame construction, the variance in shrinkage and settlement between the wood and the masonry will cause plaster cracks, uneven floors, cracked hearts, and other disagreeable troubles. All wood should be kept at least two inches away from the masonry. And that, of course, means that no floor or ceiling beams may be buried in or rest on the masonry of a chimney.

Each fire, stove, or fireplace should have a completely separate flue right through to the top of the chimney. All flues should be lined with flue tile and only two flue tiles should be placed side by side without a masonry division. When they do run side by side the points of the flue tile should be staggered so as to prevent any possibility of leakage from one flue to another. There must be at least 4 inches of masonry around the outside of the flues. Flues must be large enough for the fires they serve.

**YOUR PAINT WORK**

When painting unfinished furniture, before applying the paint, be sure that the surfaces are well sanded, so that they will be perfectly smooth and even. Different types of paint require different methods of application—so study the directions on the can and follow them closely. It's important, too, that each coat be absolutely dry before the next is applied. Many of the new paints, however, dry very rapidly, so the job need not be long and tedious.


New *Under-arm* Cream Deodorant *safely* Stops Perspiration




1. Does not rot dresses—does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being harmless to fabrics.

15 MILLION jars of Arrid have been sold. Try a jar today!

ARRID

39¢ a jar — At all stores selling toilet goods (also in 15c and 59c jars)


## Southern Atlantic Legacy

By BY SYDNEY PARKMAN

"Well, well, well," that gentleman ejaculated softly. "He's certainly got a mighty good notion of keeping things to himself! Maybe I shouldn't have mentioned it at all Major. I guess he intended to keep it as a surprise for you."

"What kind of a surprise?" the Major demanded impatiently.

"Oh nothing — nothing!" Becker replied with a kind of maddening airiness. "Just forget it, Major. I guess I talk too much — and that's a vurry bad fault in a lawyer."

"But hang it, you can't leave it like that!" the Major exclaimed exasperatedly. "Surely I have a right to know if it concerns me! Besides, it's nonsense to suppose that this man was keeping anything as a surprise for he didn't even know I was coming here!"

"That's so" the other agreed thoughtfully. "And in that case . . ." He broke off and then resumed in a different tone: "But you'll have to excuse me, Major, from saying any more just now. I see now that I shouldn't have said so much. I've been guilty of a breach of legal etiquette in butting in on a matter that isn't in my hands."

"But," the Major insisted in a perturbed voice, "now that you've got as far as this, I wish you'd explain just what you know about my brother's circumstances, Mr. Becker. At least, it would give me some idea . . ."

"But his new friend was shaking his head regretfully.

"I guess it would be unethical for me to do that," he announced. "Maloney will probably fix up a lawyer for you—one of his own flock, no doubt—to do all the explaining he thinks is necessary."

"That's all very well!" the Major protested uneasily. "But frankly, I don't like the sound of this man, Maloney—priest or no priest! Nor would I trust any solicitor of his appointing." He hesitated for a moment and then added: "I suppose I couldn't persuade you to look after our interests in this matter, Mr. Becker?"

Becker shook his head again gently.

"I guess not," he said. "I shall be heading back for New Orleans at the end of the week—and anyway it

(Continued on page 10, Col 3)

## A Morning Smile

**LYNCHING SUGGESTED**

A sergeant had been drilling a bunch of new recruits on a very hot summer day. At last his patience was nearly exhausted, and wiping his brow, he remarked:

"I don't know what to do with you chaps."

Perspiring recruit (hopefully): "There's some trees over there, sergeant."

"I know," replied the sergeant, "but I haven't got a blinkin' rope."

**LAUGH THAT OFF!**

Willie: "Grandma, when are you going to start to play football?"

Grandma: "Why, darling, I can't play football."

Willie: "But daddy says he's going to buy a new car as soon as you kick off."


Give more thought to your Breakfast

Your Children need the precious WHEAT GERM that is found in Cubs

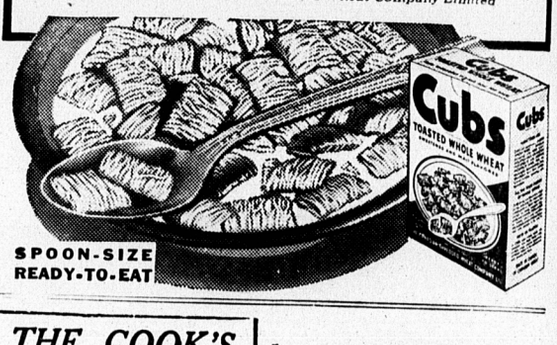
THE NEW WHOLE WHEAT CEREAL

● *An adequate supply of Vitamin B1 is essential to normal growth and development in children. Lack of this vital element retards development. The germ of whole wheat is one of the best known sources of Vitamin B1.*

● Cubs contain the whole wheat—the bran, the minerals, the precious wheat germ. Moreover they are a real energy food.

Fortunately they are tasty, too. To the nut-like flavor of the whole wheat, mellow malt adds its delicious goodness. The tempting, spoon-size bundles are toasted a golden brown. They come to you crispy-fresh as though just from the oven. Order a package of Cubs from your grocer today.

*A product of The Canadian Shredded Wheat Company Limited*




SPOON-SIZE READY-TO-EAT


## THE COOK'S CORNER

**RICE KRISPIES COOKIES**

3 tbsp. butter
20 marshmallows
1 box Rice Krispies

Melt the butter and marshmallows in a double boiler over a low fire. When melted mix in 1 box of Rice Krispies. Put in cookie pan and press down with spatula or hand. Cut in squares and serve. No baking required.

**BAKED HADDOCK**
(With Dressing)

2 packages quick-frozen fillet of haddock
Salt and pepper
Mushroom dressing

Place fillets (frozen or thawed) in buttered shallow baking dish. Sprinkle with salt and pepper and spread with dressing. Bake in moderate oven (375 F.) 35 to 45 minutes. Serves 4

For dressing, saute 1 cup chopped mushroom and 1 1-2 tablespoon chopped onion in 3 tablespoons butter 5 minutes. Add 1 teaspoon salt, 1-8 teaspoon pepper, 1 teaspoon chopped parsley, 1 tablespoon water, and 1 1-2 cups fine bread crumbs, and mix with pork.

A CANADIAN PRODUCT


## Women Match Men's Skill at Golf by Right Swing

**New Booklet A Guide To Game**

A woman golfer men admire and like to play with! Yes, golf is one sport in which women as well as men may excel. It's such good exercise, too.

And playing a good game of golf is simply a matter of learning properly. If you fail to drive as far and as accurately as you should, the chances are you do not understand the swing. You apply leverage to your club instead of really swinging.

To get the feel of a proper swing, take a handkerchief or string, tie a weight to one end and practise swinging this—starting with a small arc, which you gradually increase. Do you feel how freely you control the movement? This is the way to control your club.

Now, exert pressure on the string, anywhere between the two ends. You merely destroy the swing—proof that it's not leverage but swinging that puts maximum power behind the club head.

Other principles of golf you may learn as easily. In our new 32-page booklet. Ernest Jones, teacher of champions, tells how to hold a golf club; describes the proper stance; shows you how to swing at the ball with force and accuracy.

Send 20c in coins for your copy of Swing's The Thing In Golf to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)
(Copyright, 1940, King Features)

Look in the section your birthday comes in, and find what your outlook is, according to the stars.

**For Thursday, June 6th**

MARCH 21 to APRIL 20 (Aries)—Do not be a party to deception and beware of others trying to practice it on you. You who keep usefully busy and refrain from emotional outbursts can accomplish your objective if it is within reason and within your own capability.

APRIL 21 to MAY 20 (Taurus)—Venus' vibrations warn against selfish interests and advise care in all personal matters. Don't run wild with ideas and propositions. Be moderate and industrious but don't worry.

MAY 21 to JUNE 21 (Gemini)—Use that keen mind rightly and you'll be way up in front with the winners despite some unfriendly indications. The unfavorable rays counsel against oppressive, despotic tactics. Clever ideas, smart advertising, unusual twists deserve consideration.

JUNE 22 to JULY 23 (Cancer)—Familiar matters, the necessary routine and attention to important details are more favored than new, uncertain projects. Keep emotions under control, disposition and humor bright.

JULY 24 to AUGUST 22 (Leo)—Your planet, the Sun, and Venus are both in unpleasant aspects. Take a tip: Be especially mindful of your important duties, pay attention to your schedule and don't lose your temper or sense of humor.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Advice to Gemini obtains for you Virgoans today. Maintain poise and you can accomplish very well in all activities that especially require a bright mind and keen analytical ability.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Born before October 8? Be very careful in real estate and property interests. All Librans will do well to keep your minds cheerfully on your scheduled activities and don't try to force issues or long for quick monetary gains.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Industrial and other sound businesses, laborious tasks, domestic problems favored above social and artistic matters.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — While you born before December 7 are under less restricting vibrations than other Sagittarians, all of you are advised to adhere strictly to business. Right principles and high ideals first! You'll receive in the measure that you give.

DECEMBER 23 to JANUARY 21 (Capricorn) — Forge ahead with your scheduled program. Try to carry out previously made plans, but don't be averse to making necessary changes and improvements. We can always learn something new and should be receptive to suggestions.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Right direction and management very important! Another necessity: Coordination to your best faculties. Cut corners to get to the heart of subjects. Act with precision, directness.

FEBRUARY 21 to MARCH 20 (Pisces) — Difficult to get started today? But when you do get into harness and on the right road, you'll not encounter opposition you can't overcome or at least persuade with a measure of success. Think quickly, decisively, then ACT!

A CHILD BORN ON THIS DAY will possess Ingenuity and a variety of talents. May tend to skim on the surface of subjects rather than delve for a deep knowledge of them. Should be helped to concentrate and persist so that it can fully realize the success that can be his (or hers). A colorful, interesting somebody; likable but at times irritating.

## Spring Fashions

As American as a hot dog, as serviceable as your own two feet is this shirtwaist dress .... the all-day-long classic that you can't do without this Summer. Shoulder yoke and an action beak give you freedom of movement; a flared skirt allows plenty or room for long strides. Make it of striped seersucker or gleaming white sharkskin. Wear the collar either open or closed, and take your choice of long or short sleeves.

Style No. 3146 is designed for sizes 12, 14, 16, 36, 38, 40 and 42. Size 36 requires 3 3-4 yards of 39-inch material.

Send Fifteen (15c) coin is preferred, for pattern. Write plainly your Name, Address and style number Be sure to state the size you wish.

Style No. 3146 Size .....

Name

Street Address

City Province


"MIDDLE-AGE" WOMEN

HEED THIS ADVICE!!

Thousands of women gosmiling thru "trying times" with Lydia E. Pinkham's Vegetable Compound—famous for over 60 years in relieving female functional troubles. Try it!


## NEEDLEPOINT YOU CAN DO

**DESIGN NO. X 451**

Needlepoint is the very handiwork that will blend with modern or period furniture. Work this colorful rose design for pillow, chair seat or rug. Pattern No. X451 contains color scheme and complete detailed instructions.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department.

Design No. X 451

NAME _____

STREET _____

PROVINCE _____