

Woman's Realm -- Social and Personal -- Fashions -- Literature

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



Today's little sports dress delights in its waistcoat bodice effect. And note how slimming the plaited arrangement is at the center-front of the skirt.

Various fascinating materials are suitable for this jaunty model. The original chose white cotton mesh and accented its slim waistline with a red patent leather belt.

Style No. 3170 may be had in sizes 16, 18 years, 36, 38, 40 and 42 inches bust. Size 36 requires 3 3/4 yards 39-inch.

Pastel and white flat washable crepe silk, necktie silk, gingham, shantung, eyelet batiste, linen and printed batiste are exceedingly smart for this youthful model.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred.)

Price of pattern 15 cents.

Form for pattern order with fields for Name, Street Address, City, State, and Size.

That Good Old-Fashioned Berry Pudding

BY HANNAH WING

Surely you have not forgotten the delicious berry pudding that you used to eat when a child.

In the very old days this pudding was quite an undertaking, but we have simplified it as we have gone along, and it's now quite simple to achieve one.

By the first method you add one cup of fruit or berries to the batter. This is particularly nice if the pudding is to be baked in muffin tins. Use a temperature of 400 degrees.

To make a very nice pudding you will need flour, baking powder, milk, shortening, an egg, granulated sugar and salt.

- 1 1/2 cups flour
3 teaspoons baking powder
1 1/2 cup milk
1/4 cup shortening
1/2 cup sugar
1 1/2 teaspoon salt
1 1/2 cups berries
1 egg

HEADACHE?

Why suffer when relief is prompt and harmless:



Millions of people have learned to depend on Aspirin tablets to relieve a sudden headache. They know it eases the pain so quickly. And that it is so harmless.

ASPIRIN TRADE MARK REG. Made in Canada.

For The Cook

CHOCOLATE CAKE

- 1/2 lb. sweet chocolate,
3 tablespoons water,
1/4 cup fine sugar,
Vanilla,
4 eggs.

Lady fingers or sponge cake. Line the bottom and sides of mould with cake or split lady fingers. Melt the chocolate over hot water and add to it the water, sugar and the well beaten yolks of the eggs.

For quite an inexpensive chocolate filling, you can substitute for the one above this mixture: 2 squares bitter chocolate, 1 can condensed milk, 1 egg, 1/2 teaspoon vanilla, Cake and whipping cream or boiled custard.

Etiquette

By Roberta Lee

Q. When guests of the young folks linger, does it show good taste for parents to indicate that it is time for them to go?

A. No. Q. If a hostess has not received a reply to an invitation, what should she do?

A. She may write saying that she fears her first invitation has not been received.

Q. From which side of the chair should one take his seat at the table?

A. From the left side.



- 3 teaspoons baking powder
2 1/2 to 3 cups flour
1-4 teaspoon nutmeg
1-4 teaspoon cinnamon
1 teaspoon salt
Cream shortening and sugar. Add eggs and beat until smooth. Add milk and sifted dry ingredients. Pour in well-greased pan. Slice peaches and stick in the batter to cover surface.

Eggs and Tomatoes en Casserole

Make a rich tomato sauce by using two cups of tomatoes, a tablespoon of finely minced onion, salt, pepper and sugar to taste; thicken with a roux or two tablespoons of butter to three of flour. Pour the sauce into individual ramekins and break an egg into each little dish. Sprinkle the tops with cheese and bake in a medium oven until the eggs are set.

Vegetable Slicers Handy

Nothing is so slippery as a peeled tomato that needs slicing; it is almost impossible to get the pieces uniform when attempting the job by hand. But now one may find sharp, effective tomato slicers, built on much the same order as an egg slicer and operated so quickly and so surely that whether skinned or unskinned, a tomato just can not refuse to behave itself when in preparation for salad or garnishing.

The little saw-toothed cutters that turn plain cucumbers into fascinating pinwheels are also interesting to have in the knife drawer.

Painful Piles

Go Quick—No Cutting—No Salves

It takes only one bottle of Dr. J.S. Leonard's prescription—HEM-ROID—to end itching, bleeding, protruding piles. This internal remedy acts quickly even in old, stubborn cases.

How to Make Friends Dorothy Dix Says It Takes Skill and Work

It Takes Hard Work and a Friendly Disposition to Win Friends, and a Proper Avoidance of Too Great Intimacy and of Plain Speaking to Keep Them, Says Dorothy Dix

A correspondent asks: "How can I make and keep friends?" Well, making friends is like making a success in business. It isn't a bit of good luck that befalls you. It is the result of years of hard work, of effort and self-denial and prudence and tact and making our wares seem desirable to others.

So, if you want friends you have to be friendly. You have to show your heart to your fellow-creatures. You have to go after their friendship with as much enthusiasm and determination to win it as you would over a prospective customer with whom you were trying to put over a deal.

Then, if you would have friends, you must realize that friendship is a give-and-take proposition. A lot of men and women go through life without ever doing a single thing to bind the heart of any other human being to them.

Of course, they haven't. Why should they? They haven't earned any friendship. As we sow we reap, and those who have sowed the little seeds of kindness and sympathy for others reap harvests of friends who rejoice with them in their triumphs and weep with them in their sorrows.

To keep a friend avoid too great intimacy. No friendship in the world could stand what is called "back-door neighboring." People who pop in your house in season and out of season, who are continually under foot, who know the things they should not know and see the things they should not see and get on your nerves and make you hate them by invading your privacy.

Nor can friendship long survive too many confidences. Millions of friendships between women have been broken because they told each other, some night when they put up their hair in curl papers together, secrets about themselves and family scandals that they repented telling the next day and hated the other for knowing.

Another thing that kills friendship is that too many people regard it as a graft. They consider the sacred name of friendship a cloak to cover up their holding you up. Because it is harder for you to refuse them than it would be a stranger, they borrow money and never pay it back because you won't dun them for it.

They send people you never heard of to you with letters of introduction and ask you to get them jobs or entertain them. They expect you to take care of their children and their dogs and parrots when they go off on a pleasure jaunt and put a thousand strains upon your affection for them until, at last, they wear it out.

People lose their friends by plain speaking. "Because I am your friend I feel it my duty to tell you that your husband is running around with a flapper or that your wife is being gossiped about or that your child looks tubercular or that your new frock makes you look like a feather bed or that so-and-so said that you were a tiresome windbag and that you could clear out the club at any time by beginning one of your funny stories."

Who has not had a friend who was ever the bearer of unwelcome news and who has used friends as a defense from which to pour out the hot shot that rattled one's vanity and slew one's content with life?

And still another thing that kills friendship is bossiness. Especially among women. The average woman believes that she has a perfect right to run her friend's home and manage her husband and children, supervise her market basket and make her go to her own doctor and dentist and dressmaker.

A little boy once gave as a definition of friendship: A person who knows us and still likes us. He might have added: and who lets us alone and doesn't interfere in our private affairs and doesn't come to see us too often.

DOROTHY DIX.

Cheapest Insect Spray You Can Use Laboratory-Tested—Super-Strength

FLY-TOX

Made in Canada Takes Less To Kill—Surest, Quickest Death to Flies, Mosquitoes, Roaches, Bed Bugs, Ants, Moths MOST POPULAR THROUGHOUT THE WORLD

A Morning Smile

"Thanks, very much," said the vicar, as little Tommy handed up his offering for the harvest festival. "I must call round this afternoon and thank your mother for these eight beautiful apples."

GLENWOOD AND VICINITY

Mrs. Selma Cleuder of New York is spending the summer at the camping grounds of Mr. Webster Boulter, Glenwood.

Miss Marion McDonald, R. N., Boston, is the guest of her sister, Mrs. James Aul Glenwood.

Mrs. Angus Hickey has as her guests her daughter, Miss Lillian, and Mrs. Cas. McDonald and young son, her sons John G. and Garnet, and Mrs. Henry Hickey and family. Mr. John Watt and Miss Johnson of U. S. are also guests at the home of Mrs. Angus Hickey, Glenwood.

Mrs. Chas. McDonald and daughter, Miss Eileen, who have recently been guests at the home of Mr. and Mrs. Arthur McDonald, Glenwood, have returned to the United States.

Miss Gladys Stewart and the Misses Daisy and Edna Stewart, returned last week from Boston to their home in West Point.

Mrs. Flora Baldwin has returned to Emsdale after visiting friends and relatives in Glenwood and vicinity.

Mrs. Ellen Boulter, Boston, is a guest at the home of her son, Mr. B. Boulter, Milburn.

Mrs. Addie Selliker is visiting her father, Mr. Geo. Boulter, Milburn.

Mr. and Mrs. Chas. McIsaac and Mrs. Neil Boulter motored to Summerside last week.

Congratulations to Mr. and Mrs. Lorne Betts on the arrival of a baby girl.

Mrs. Geo. Ellis, Springfield West, spent last week at the home of her daughter, Mrs. Lorne Betts.

Miss Marie Cahill has returned for the second as teacher in Glenwood School. Miss Flora Boulter for the second year to West Point School and Mr. Ernest Bradley for the third year to Dunblaine School.

Miss Matilda McIsaac, Glenwood, is teaching in Hebron School.

Style Chats

WITH ALMA ARCHER

Folks are wondering if suits will be smart this fall. It's more to the point, what will constitute a suit this coming season? Bear in mind that contrast is and will continue to be the controlling factor, and that the "suit-frock" will also make its advent.

Contrast applies to both color and fabric, and it means separate units, or vital opposition of the upper and lower portion of the silhouette. A dress in one woolen with a jacket in another, or a 3/4 coat with a skirt in contrasting color and blouse in contrasting color fabric.

Jackets may be of brief bolero length, terminate at hip top, dip below hip, develop to 3/4, or even full length. Fur-lined hip-length jackets register too. The predominant type of fabric for suits is thick surfaced, looped, knotted or pebble weaves, with mixture tweed as an excellent opposition for topping a monotone tweed skirt. Suede cloth is in line for the more formal suits.

Mrs. Dan McKinnon, Hebron, has as her guests, Mr. and Mrs. Arthur Morrison.

Congratulations to Mr. and Mrs. Benne McIsaac, Glenwood, on the birth of a young son.

The Glenwood Women's Institute met at the home of Mr. Alfred McIsaac on Aug. 10.

Mr. Elbert has as his guest Mr. Ben Bryenton.

Master "Buddie" McDonald, Glenwood, has returned from visiting his aunt Mrs. Forsythe, Emsdale.

Mrs. Ida Ladner with her sons Wilbur and Carman paid a short visit to West Point on Tuesday.

They arrived from Gardiner, Me. on Monday, Aug. 10th, and are the guests of Mrs. Chester Easter, O'Leary, Mrs. Ladner's daughter, Miriam, with her husband, Mr. Harold C. Purdy and daughter Phyllis Gardner, Me., at the Queen Hotel, O'Leary.

Mr. Geo. Morrison and son Edmund, Gardiner, Me., are guests at the home of Mr. James Moreshead, Springfield Wcs.—O.

CHURCHILL IS SEEN AT TOURIST HEAVEN (By The Canadian Press) WINNIPEG, Man Aug. 13—Paradise for the sportsman and tourist lies in the Hudson Bay territory where fish and wild life abound, declared John Hooper, first non-fide United States tourist to visit Churchill. Accompanied by Prof. S. G. Pettigill, of Carnegie Museum expeditions, Mr. Hooper has just completed a trip to Manitoba's northern seaport. He is president of the Canadian Tourist association.

"We saw 27 white whale, from 12 to 18 feet long in Churchill harbor. These whales make a great soap factory stock, and when refined will make good machinery oil," Mr.

MENNONITES DRIVE TO NORTH ALBERTA (By The Canadian Press) EDMONTON, Alta., Aug. 13—Mexico to Alberta in three months is the dust-caked record of a ton-and-a-half truck which rumbled northward recently on its way to the Peace River country, 300 miles northwest. The truck, a modern wagon, carried 24 Mennonites, most of them from the prairies.

It was in April that the truck left Duranilo, Mexico, according to P. P. Klassen, the driver. For years the greater portion of the group has lived in communities of Manitoba and Saskatchewan, though three had spent a year in Mexico. One recalled shipping feed from Manitoba to Edmonton 38 years ago.

Growing Children need as much nourishment in Summer as in Winter

CHILDREN playing out-doors all day, use up energy at a tremendous rate. They need far more nourishment than hot weather foods usually contain. Give them plenty of Ovaltine Cold and between meals. They will love this smooth, delicious, refreshing drink. And its fresh eggs, creamy milk and malt extract will build up their strength and vitality, as no other food can do. Ovaltine Cold (or hot if you prefer) is an inexpensive way to make complete the nutritive value of every meal. Avoid so-called substitutes.

OVALTINE Served COLD Builds-up Brain, Nerve and Body. A. WANDER LIMITED, London, England, and Peterborough, Canada. Ovaltine is now made at Elmwood Park, Peterborough, Ontario, under the same ideal conditions that prevail at the famous King's Langley factory in England.



HOW TO PREPARE OVALTINE COLD Add 2 teaspoonsful of Ovaltine to a cup or glass of cold milk. Whisk into a smooth, creamy consistency with your egg beater, or use a shaker. Ovaltine is sold at all stores in 50c, 75c, \$1.25 and special \$4.50 family size tins; also served at soda fountains.