

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

PATIENCE For darkness passes; storms shall not abide; A little patience and the fog is past.

HEALTH The first wealth is health. Sick-ness is poor-spirited, and cannot keep anyone; it must husband its resources to live.

VISIONS Don't get your visions mixed up with your dreams. And be especially careful that you don't indulge in the mental dope that lends one to mistake dreams for visions.

BOOK-ENDS Never, never surely were there so many book-ends on view as Christmas gifts! They haunt one continually in a round of shopping, and one expects thereafter, to be haunted again by them in one's sleep!

TRY THE New Tillyer Lense When next you need glasses, their worth has been proved. We fit up in latest style of frames or mountings.

The Cost Of An Eye Service Any person who considers the cost of an eye service from the proper angle never complains of the price.

G. F. Hutcheson OPTOMETRIST

McLEOD & BENTLEY J. A. BENTLEY W. E. BENTLEY, K. C. Barrister and Attorney-at-Law MONEY TO LOAN

BELL & MATHIESON W. E. Bell D. L. Mathieson, LL.B. Barristers & Solicitors Money to Loan

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J. A. MacDonald, K.C. BARRISTER, SOLICITOR, etc. Money to Loan and Collections given the very best attention.

H. F. MacPHEE, B.A. NOTARY, etc. BARRISTER, SOLICITOR Money to Loan and Collections given the very best attention.

THE COOK'S CORNER

Peanut Butter and Rice Timbale 1/2 cup raw rice 1 1/2 tablespoons butter 1 1/2 tablespoons flour 1 cup milk 1/2 teaspoon salt

Hawaiian Rice Pudding (Deked with orange sauce). 1/2 cup rice 2 cups milk 1/2 teaspoon salt 2 1/2 tablespoons sugar

Orange Sauce 1/2 cup water 1/2 teaspoon flour 1/2 cup of sugar 1/2 teaspoon salt 1/2 cup orange juice 1 tablespoon lemon juice

ELASTIC LACE Here is a new material of English production. It should be of special interest to the woman who is trying to adjust her figure to present-day fashions.

WHISPERING ROCK by JOHN LEBAR "Well, why don't you wait until I go in—because I want to pay off that note myself!"

WHISPERING ROCK (continued) "Well, now, I don't know as I'd be in any hurry, Mrs. Warren—your note ain't due for a week, is it?"

WHISPERING ROCK (continued) "No, thank you," smiled Ruth. "I'm sure it will be safe for me to pay the money to Mr. Witherspoon."

WHISPERING ROCK (continued) "Which shall I do?" asked Ruth. "Shall I put the check in the ranch account?"

For a Bad Cough, Mix This Better Remedy at Home Quicker, Lasting Relief. Big Saving! No Coughing! Here's an old home remedy you mother knew, but, for real results, it is still the best thing ever known for severe coughs.

Dorothy Dix's Letter Box

Here is Pitiful Answer to Parents Who See No Reason Why They Shouldn't Quarrel Before Children—Don't Court Trouble by Going to Live With Acrid Mother-in-Law

Dear Miss Dix—I am a 16-year-old boy. Our family consists of four members, my parents, my young brother and myself. My parents have been married nearly eighteen years and have been quarreling ever since I can remember.

Last night after I had gone to bed and fallen asleep I was suddenly awakened by an outburst of swearing. My mother had become violent. I can't for the life of me see how a woman could have used such vile language to her own husband, heaping upon him insult after insult.

Miss Dix, as an obedient son, what can I do to relieve this terrible situation? Mother says there is only one way out—divorce. But when people have been married for eighteen years it seems a horrible thing to end all in the divorce courts.

It would take a Dante to picture such an inferno of a home as that and yet it is the torture chamber in which a man and woman who consider themselves civilized, and who think they love their children, force these children to live.

Disgruntled husbands and wives seem to think that their quarrels are personal affairs, that they have a right to say whatever they please to each other and to stage as many harrowing scenes as they like before their children.

Ruth filled out the second check in her new book for a considerable part of the money she had put in the bank thirty minutes before. It was a feeling that she had to treat it to a daily spat than they have to give it a daily dose of poison.

After looking at her incredulous face for a moment, Mr. Martin sighed. "My dear young lady, you have acted most unwisely and with no discernible judgment. To begin with, you have not one iota of right to be on the property."

IN MEMORIAM ALBA V. SHAW The passing so early an age of Miss Alba V. Shaw, eldest daughter of James E. and Mrs. Shaw, Watertown, Mass., is deeply regretted by a large circle of friends in this Province.

Daughter To Pay For Her Revenge (C.P. of Guardian's Special Wire) CHEAGAGO, Jan. 5—Because she allegedly put her own father "on the spot" for a robbery, 18-year-old Helen Bakutis must serve a term of from one to 20 years, unless a higher court intervenes.

Does Not Harm THE HEART Still another new and lovely house frock! And it's designed on sports lines, so becoming and liked. The details as collar, cuffs and pocket are especially smart.

STATEMENT UNDER OATH

Woman Tells Before Notary How Fruit-a-tives Brought Relief From Constipation

Mrs. Williamson, 7420 Bloomfield Ave., Montreal, doesn't want others to continue suffering as she used to do. That is why she tells of how she became completely free from constipation.

Mrs. Williamson's sworn statement proves that Fruit-a-tives can do, but, then, Fruit-a-tives are really different. They are the famous remedy that has brought lasting relief to thousands of men and women from constipation and its kindred ills like indigestion, etc.

Dear Miss Dix—A friend of mine is engaged to marry a fine girl, one of the best ever. As the man makes only \$22 per week and is the sole support of his mother it is planned that they should all live together when they are married.

Answer Solomons. No one with less wisdom than he could possibly solve the problem, because there are so many angles to the subject. It involves the question of whether youth or age should be served; whether the rule of the good to the greatest number should apply, what right we have to take our own happiness before that of others, and whether it is the duty of a child to sacrifice itself to its parents.

On the other hand, if the young man sends his mother to the poorhouse his conscience will torture him. People will look down on him as him to do a dastardly deed. Remember, the good old Adamantine excuse, "The woman Thou gavest me, SHE did it," still goes.

A Morning Smile Charge Dropped Police Officer—Do you remember the number of the car which knocked you down? Jones—Yes, by a strange coincidence I noticed that the numbers formed the year of the birth of my wife.

HOW TO RELIEVE YOUR COLD ALMOST AT ONCE Follow Simple Directions Here For Quick Relief When you have a cold, remember the simple treatment pictured here . . . prescribed by doctors as the quick safe way.

1. Take 2 Aspirin tablets. 2. Drink full glass of water. Repeat treatment in 2 hours.

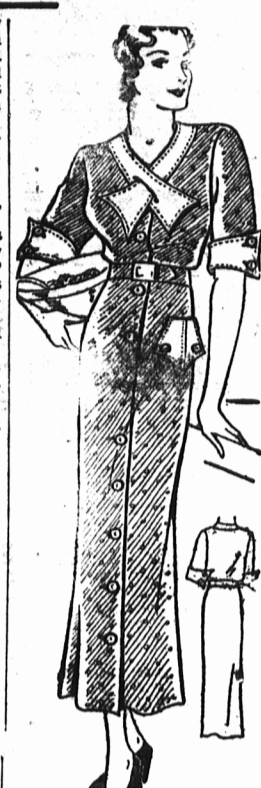
3. If throat is sore, crush and stir 3 Aspirin tablets in a cup of glass of water and gargle. This eases the soreness in your throat almost instantly.

FASHIONABLE PEOPLE SMART FROCKS FOR

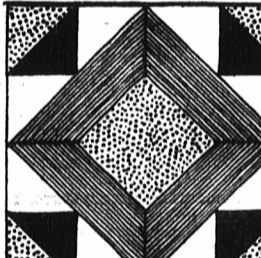
Illustrated Dressmaking Lessons Furnished With Each Pattern

Still another new and lovely house frock! And it's designed on sports lines, so becoming and liked. The details as collar, cuffs and pocket are especially smart.

No. 986. Size Name Street Address City State



Grandmother's Quilt Patterns Cut out pieces and sew together as indicated on small block. Either print or plain material may be used.



Allow for all seams when cutting pattern. Block finishes 12 inches square. 36 pieced blocks. 12 plain blocks. 6 inch border around quilt. Material required 1-3 yards material for plain blocks.

When ordering give Number 35-1. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs—every pattern different.

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Does Not Harm THE HEART Results are amazing. Ache and distress go immediately. Because of Aspirin's quick-disintegrating property, Aspirin "takes hold"—almost instantly. Your cold is relieved "quick as you caught it!"