

Those who have used them will tell you why—

Garden Court Toilet Preparations

Fast becoming the favorite all over the country. Discriminating women choose these preparations because they have learned by experience that they represent what money can buy. You too can benefit by using "Garden Court" toilet preparations and we want an opportunity to show you this—May we suggest an early visit.

Garden Court Toilet Cream
Face Powder 75c.

A. FOSTER
Central Druggery.

How a Young Girl Suffered

Lydia E. Pinkham's Vegetable Compound—Told By Her Mother
Brooklyn, N. Y.—"I cannot praise Lydia E. Pinkham's Vegetable Compound enough for what it has done for my daughter. She was 15 years of age, very sickly and pale and she had to stay home from school most of the time. She suffered agonies from the doctor's care and got no better, always complaining about her back and side backache and gizziness and was aching so I didn't know what to do. I read the papers about your wonderful medicine so I made up my mind to try it. She has taken five bottles of Lydia E. Pinkham's Vegetable Compound and doesn't complain any more with her back and side aching. She has gained in weight and feels much better. I recommend Lydia E. Pinkham's Vegetable Compound to all mothers and daughters."—Mrs. M. Finore, 610 Marcy Ave., Brooklyn, N. Y.

For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass.

Notable Records In Fasting

(Toronto Globe.)

The human body, according to medical authorities, when entirely deprived of nutriment, is ordinarily capable of supporting life for little more than a week. Terence MacSwiney, Lord Mayor of Cork, has already passed twenty days without food, but he seems to have prolonged his life by an occasional drink of water. The value of even a little water was shown in the disaster at the Tynwedd mine, near Porth, in South Wales, in 1877, when four men and a boy who had been submerged for ten days without food were able to walk when released. The thorough saturation of their narrow space with aqueous vapor and the presence of drain water in the cutting were their chief preservatives. At the wreck of the Medusa frigate in 1876 fifteen people survived on a raft for thirteen days without food. Various people have tried, generally for exhibition purposes, how long they could fast from food with the aid of water or some medicinal preparation. A man named Jacques fasted in this way at Edinburgh for thirty days in 1888 and in London for forty-two days in 1890 and again for fifty days in 1891, and an Italian named Succell for forty days in 1890.

Dr. Tanner's experiment in New York in 1880 arose out of the claim of Mollie Fancher of Brooklyn that she had lived fourteen years without food. Dr. William A. Hammond offered her \$2,000 if she would refrain from food and allow herself to be watched for one month by a relay of doctors of the New York Neurological Society. Tanner, at that time a practicing physician in Minneapolis, offered to take up the challenge, and Dr. Hammond agreed, saying: "if he succeeds he will get \$1,000, and if he dies I will give him a decent burial." Dr. Tanner, who was fifty years of age, began his fast at noon on June 28, 1880, and finished on August 7, a total of forty days. He drank eighty ounces of water during the first two days in doses ranging from six to eight ounces each, after which in lieu of drinking he simply gargled his mouth about once an hour. He spent the time reclining on a cot or sitting in a chair. At bedtime he took a sponge bath and was rubbed down with coarse towels. During the fast his eyes became slightly dimmed, his thin, gray hair turned white, and he lost ten and a half pounds in weight. In 1888 John Zachar of Racine, Wis., went without food for fifty-three days, which is the longest fast known. His weight was reduced from one hundred and sixty pounds to ninety.

Just a minute, please!

Let's get right down to cases—Watch cases

OPEN up an Ingersoll Maple Leaf; you'll see a busy little time-keeping plant in operation, happily, smoothly, accurately functioning—every little movement with a meaning all its own.

Now look the Maple Leaf in the face—it's an honest face and a truthful face. And you can believe what you see there.

After all, the primary purpose of a watch is to keep time. The Ingersoll keeps time and does it under conditions that would send any other watch to the repairer's.

And its sturdiness, dependability, and cheapness aren't obtained at the cost of appearance. The Maple Leaf is really a good-looker.

\$3.25—at the nearest dealer's. And that will be quite near. Maple Leaf Radiolite—Tells time in the dark—75c extra or \$4.00.

Maple Leaf, \$3.25



Ingersoll Models from \$3.25 to \$14.50

POPULAR LITTLE BELGIAN PRINCESS MODEL FOR DOLL



Princess Marie Jose of Belgium was the model for this doll which has become very popular in her own country and France as well. The doll looks almost exactly as King Albert's only daughter did several years ago. She is now fourteen years old.

AT 80, HARDING'S AUNT OFFERS HER SERVICES AS POLITICAL WORKER



Mrs. Harriet Howley

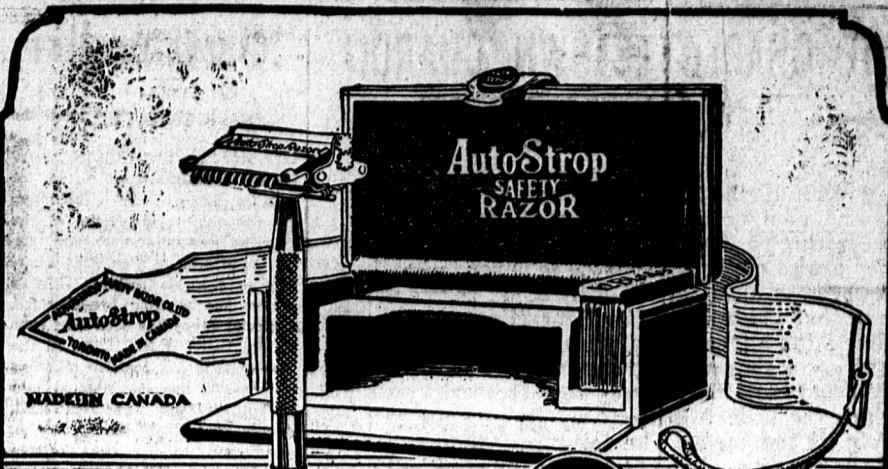
Although she is ninety years old, Mrs. Harriet Howley is anxious that the thirty-sixth state ratify the woman's suffrage amendment. She wants to vote for her nephew, Senator Warren G. Harding. Despite her age, Mrs. Howley is very active and has offered her services to the Republican National Committee. The photograph was taken as she sat at her desk in her Riverside Drive apartment, New York.

PREMIER, ONLY BULGARIAN TO SIGN TREATY, HAD BEEN IMPRISONED BY FERDINAND



Premier Stamboulsky

After being crippled and sub-



EXPERIENCE shows that only a sharp blade can give a perfect shave, also that a blade cannot remain sharp without stropping.

Couple these facts with the further fact that the AutoStrop Razor is the only safety razor that sharpens itself, and you will be in no doubt as to which safety razor to use.

Any dealer will demonstrate the AutoStrop Razor to you, guarantee satisfaction or refund of purchase price.

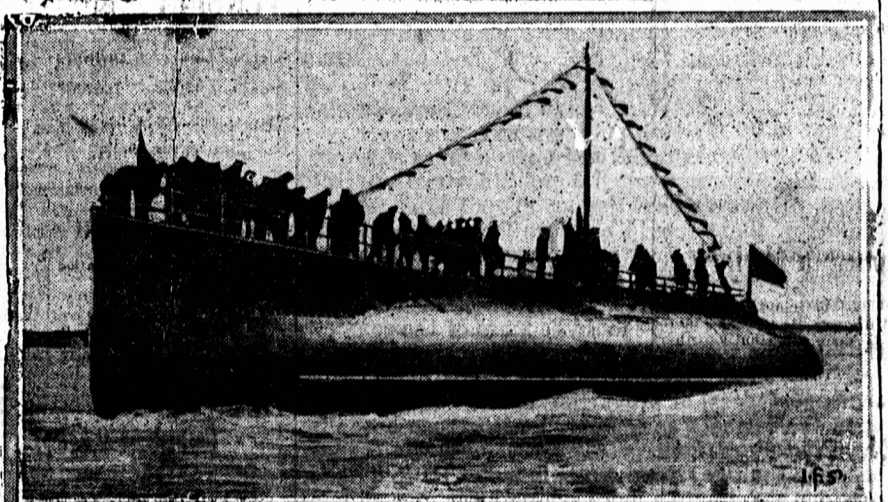
Only \$5.00—complete with strop and twelve blades in an attractive assortment of cases to suit any purpose.

AutoStrop Safety Razor Co., Limited
AutoStrop Building, Toronto, Canada

AutoStrop Razor

—sharpens itself

37 RESCUED AFTER 43 HOURS FROM THIS SUBMARINE'S SISTER SHIP



merged fifty-five miles out and south of the Delaware Capes for forty-three hours, the submarine S-5 was brought to the surface and thirty-seven men on board were rescued by naval vessels which

wireless messages sent out by the army transport General Goethals. An amateur wireless operator at Farmington, Conn., picked up the SOS from the General Goethals, which resulted in the rescue. It was a small buoy, a development of the world war, together with the vigilant eye of the lookout on the transport, that gave the imprisoned men a chance for life. This small buoy, with a bell and a buzzer device that can be operated when the boat is submerged, is part of the equipment of late type submarines. It was cast loose when the S-5 went down and the crew of a small boat from the General Goethals was able to communicate with the submarine. Here is a photograph of the rescued undersea boat, showing the crew above deck.

Hot? Drink FAM-LY-ADE

WITH FAM-LY-ADE you can make a cooling, tang-filled beverage at home—five true fruit flavors to choose from. FAM-LY-ADE comes in a tube which makes 32 sparkling glasses. Simple directions on each package.

35c a tube at all drug stores. Made in Canada.

CLASSIFIED ADVERTISEMENTS

Advertisements under this heading, 5c per word for each insertion. Where copies come to our care to be forwarded, 5c extra must be added to cover postage, etc. Contractual copy as above allowed as one word. Cash remittances to cover cost must accompany all advertisements. In no case can this rule be overlooked. Advertisements received without remittance cannot be acknowledged.

Agents Wanted

AGENTS, MEN AND WOMEN without experience are making weekly in spare time, daytime evenings, without interfering with regular work, selling Personal Greeting Christmas Cards and largest Canadian selection. No outfit. Write for particulars or for agency appointment, send one reference. Modern Art Company, 122 Richmond St. Toronto.

Female Help Wanted

WANTED—GIRL FOR GENERAL housework, Good wages. Apply 103 Richmond Street. 2700-9-8-61.

WANTED—SALES LADY FOR GENERAL store. Must have some experience and recommendation. Wright Bros, Victoria. 2816-8-20-17.

Wanted

WANTED—A SECOND HAND 12 H.P. Upright Steam boiler. Apply Currie & Murnaghan. 2659-9-8-31.

WANTED—TO RENT A HOUSE for 3 adults. Apply to Mrs. McInnis, J. J. McCormack, Sydney Street. Sept. 9-31.

Male Help Wanted

WANTED BY YOUNG MAN POSITION as book-keeper or salesman. Address "M" c/o Guardian Office. 266-9-8-31.

To Let

TO LET—TWO STORY WAREHOUSE, centrally situated. Phone 150. 2616-9-4-17.

in the singing of "The Star Spangled Banner" after the unveiling of the Lincoln statue opposite Westminster Abbey.

For Sale

SALE CHEAP—ONE NEW one man stump puller complete. Write P. A. Rooney, 2698-9-9-191.

SALE—TWO MILK COWS, by William Moore, Milton. 2701-9-9-31.

Miscellaneous

FOR HIRE—PHONE 689-11, 2029-6-27-17.

NORTH ADAMS TRAINING School for Nurses. Class opening September 20th. Apply Superintendent, North Adams Hospital, North Adams, Mass. 2624-9-8-61.

One Egg Cake

No chance of failure or waste of expensive materials. Only one answer to its richness—

Borden's ST. CHARLES MILK

RECIPE: 1/2 cup Borden's diluted with 1/2 cup cold water; 1/2 cup vegetable cooking oil; 1/2 cup sugar; 1 egg; 1/2 teaspoon salt; 1/4 teaspoon baking powder; 1 cup barley flour; 1/2 cup cornstarch; 1/2 teaspoon vanilla; 1/2 teaspoon lemon extract. Beat egg light and cream with sugar, salt and flavorings. Combine milk diluted, with cooking oil. Stir dry ingredients together and add alternately to first mixture with the milk. Beat thoroughly, turn into lined, medium-sized pan, sprinkle nut meats, chopped raisins or coconut on top. Bake in moderate oven.

AN OUTSIDER'S VIEW OF FUR SELLING ASSOCIATION

Benefits of the P. E. Island Silver Fox Fur Selling Association Recognized by Rancher in Neighboring Province.

The following letter from a prominent rancher in a neighbouring province has been received by the Organizer of The Silver Fox Fur Selling Association. It is well worth reading and contains so much meat that it should make our ranchers think and ponder. Read it once, and read it three times, and you will find something to make you think each time you read it.

The Silver Fox Fur Selling Association of Prince Edward Island Limited, Summerside, P. E. I.

Gentlemen:—I note by the papers that your campaign for subscriptions has been successful. I congratulate you most heartily upon the success of the strenuous efforts put forth by your organization department. Some ranchers still seem to be unconcerned, but I cannot understand their frame of mind. The small rancher should be very greatly interested in such a movement because small ranchers, taken singly, do not control the market. The large rancher must needs be interested because he has so much at stake. When anyone comes to a realization that the fox business is good, he will want a ranch, when he further appreciates the fact that the business is good solely by reason of the perfect business organization of your Association, he should want to be a member. It is not thinkable that any rancher would want to reap the benefits from a course he has not had a hand in creating. It is written "He who takes the benefits must share the burden."

"A" will willingly accept the benefits of your Association. All should come in and bear the slight burdens, which your able business officials will cause to be incurred. The benefits are numerous. The first and greatest one is standardization of grades and qualities. These two cannot be obtained by

any other possible methods. Yet both features are indispensable to the best business results. From grades and qualities of the most "near" perfect degree, there follows the best demand. The broadest organization offers the possibility of the broadest possible advertising. Advertising leads to demand. Demand creates and governs prices. Good prices aid the rancher in producing more and better furs, give him more contentment of mind, and in all ways tend to make the rancher a better citizen both for himself and the state. The conclusion is, grow good foxes and join the Association.

Yours truly,

A. B.

NO MEDICAL CARE FOR FOOD STRIKERS

CORK, Sept. 7.—This is the twenty-eighth day since the eleven hunger strikers in Cork jail refused food. Sean Hennessy, 19 years of age, of Ballingarry, Limerick, and Thomas Donovan, Emly, Limerick, are said to be suffering severely. Hennessy with blood poisoning of the leg and Donovan with an abscess of the mouth.

Since Thursday last, when the prisoners refused to permit the jail doctor to visit them, they have had no medical attention, being cared for by Nuns day and night. A fortnight ago the prisoners refused to take even water, asserting that the prison officials were putting stimulants into the water, and they thirsted as well as starved until the Nuns appeared and gave them water with their own hands.

Just think, every time the scrub bull gets another chance, bang goes another thirty or forty dollars.



The unusual photograph of Premier Lloyd George, was taken while British statesman was joining

TO OUR CUSTOMERS

This ad is for your information and we confidently believe, your benefit, so would you, as a personal favor read it carefully. It is well worth your while.

We have just received a full line of harness as follows: Light Harness, Pads and Breechings, Leather Reins, Leather Traces, Halters, besides we stock a full line of straps, chain-traces, snaps, hame fasteners, etc.

We are introducing at our Bay View Branch, a nice assortment of the famous, heat-proof, baking dishes, Pyrex. We would be pleased to demonstrate to our lady friends the real-to-goodness value of these choice dishes, popularly priced.

Say, do you not consider these specials as first class bargains. Beans, 10 cents per lb. 2 chests tea at 50c per lb. Magic Syrup, thicker than molasses \$1.50 per gallon. 100 packages Cream Tartar at 19c per package.

On Saturday between 1 p. m. and 5 p. m. we will make it worth your while to buy your sugar from us.

Yours for service

J. L. BLACQUIERE,