



Enter the POSTER-JUDGING Competition which is now being conducted in Canada for the benefit of the Veterans' Associations. Besides enjoying the game and helping a good cause, you have a chance of winning by your skill one of the 2,003 prizes—Perhaps one of the first three, any of which is a real fortune, will go to you. Their value is approximately as follows:

- 1st Prize, \$55,555.00
2nd " 13,888.00
3rd " 4,555.00

There are in all 2,003 prizes, totalling £30,000 (about \$138,888.00), all of which has been donated by BOVRIL Limited.

To Enter Send a Donation of \$1.20 and you will be presented with a Ticket-folder, on which sixteen of the most celebrated BOVRIL posters are reproduced in full colors.

Which are the 12 best, in order of merit, is what you must decide. The folder shows just what you must do. It is a fascinating trial of taste and judgment—a real game which can be played over and over again, and in which children, grown-ups and visitors all can join.

And just think of the possible reward? You can make as many trials as you like—every donor of \$1.20 is presented with one ticket-folder, thus \$12.00 secures 10 folders—though only one prize will be given to one person. Address donations to any of the following organizations or their branches which are actively interested and ask your help:

- Veterans' Association of Great Britain 2725 Park Ave. Montreal
Great War Veterans' Association Citizen Building, Ottawa
Army and Navy Veterans in Canada 121 Bishop St. Montreal
Imperial Veterans in Canada 700 Main Street, Winnipeg

The Secretary, G. W. V. A. Association 57 Grafton Street
Army and Navy Veterans 1 Dundas Esplanade

Any Pain or Swelling will feel better after being rubbed with



Absorbine Jr. THE ANTISEPTIC LINIMENT

Varicose Veins are stubborn to reduce. Yet 'ABSORBINE JR.' has been used with wonderful success in allaying the pain, taking out the soreness and inflammation, and reducing the swollen, congested veins.

For Rheumatism and Gouty Swellings—for Stiff Neck, Tonsillitis and Neuralgia—for Strained or torn ligaments—for Lameness and Soreness from overwork or accident—a brisk rubbing with a few drops of 'ABSORBINE JR.' makes the pain a lot easier. Try it every few hours and see how fast you get relief.

When an accident happens—a cut, burn, bruise, dislocation—apply 'ABSORBINE JR.' to heal the injury and prevent infection.

'ABSORBINE JR.' is a vegetable germicide—absolutely safe to use—pleasant odor—contains no grease and does not stain.

\$1.25 a bottle—at most druggists or sent postpaid by W. F. YOUNG, Inc., Lyman Building, Montreal.

Real Christmas Present

A History of Prince Edward Island

By Judge Warburton

A splendid gift to relatives and friends both at home and abroad.

The price is moderate. Book may be obtained at all the bookstores and Mr. Hugh McInnis, here and at Mrs. McLellan, Summerside.

E. R. Brow

146 Richmond Street Charlottetown

Fire, Life, Accident, Sickness and Plate Glass Insurance at Lowest rate. Agent at Summerside, Lloyd Lewis, Good Strong Stock Companies.

Recollections of a Private Secretary

(Continued from Page One.)

LOVED SEEING THINGS GROW

Sir John Carling loved to see things grow. That implies patience. He could plan a thing, or plant a thing, and wait without a murmur for ten or twenty years to see it come into full being or fruition. Many an afternoon Sir John took me out to what is now the Central Experimental Farm to watch the stumps being blown up by dynamite. It was generally so arranged that from twenty to fifty were held back so that he could see them go skyward. It was a rough place when work on it began in the spring of 1886. It is now one of the most beautiful gardens in the world.

In Parliament Sir John seldom took any part in the debates. He was not a good speaker; yet outside of the House he loved to make speeches. He was fond of statistics, and yet strange to say, had no gift whatever for the handling of figures. While Minister of Agriculture, he laid the foundation of what is now the Dominion Bureau of Statistics. He had no trouble whatever in getting his estimates through Parliament, because of his bounding popularity among all the members. He never said a harsh thing in his life, and therefore had no enemies.

He was a partisan. Men of outspoken catholicity find no places in party Cabinets. But he would not soon do a favor for an opponent as for a Conservative. As I look back there was little of what could be called rancid partisanship in departmental administration at Ottawa. What I saw was every minister anxious to do something that would be creditable to himself as the head of a department of Government. On the whole, I formed a very bad impression of the game of politics; but that impression grew very largely out of an experience in elections, rather than out of anything I saw behind the scenes of official life.

BREWER BUT ABSTAINER

Although he would have been a distinguished figure in any drawing room, and was by every tincture a courtier, Sir John cared nothing for society. He liked to give an occasional dinner party, and enjoyed a not-too-frequent dinner at other people's tables; but that was because he was naturally sociable. To the dinner itself he was indifferent. For one thing, he did not drink wines or spirits; and, although he had all his life been in the brewing business, he never drank beer. It did not agree with him. His notion of an enjoyable evening was to have a few congenial friends at his home or to chat with some man who had done things in a big way.

He was a great reader; but the most eclectic I ever knew. For magazines or books he had no taste whatever. His Bible was the London Times, and few men I have met were as complete masters of British politics. He had about six or eight of the leading Canadian dailies on his library table every evening, and read them with regularity. He read but one book in his life, and that was "John Halifax, Gentleman." He often spoke of it, and when I asked him why he did not take up other gems of literature, he said very frankly: "I understand 'John Halifax' is one of the greatest books in the English language, and I would not care to lose the impression it made on my mind."

He liked checkers, but not cards. Scores of times we battled over the board until past midnight, and he invariably finished by saying: "The game of checkers is like the game of life. Everybody is trying to win, and everybody else is trying to checkmate him." There is something in his philosophy, we must all admit. He found it so, both in politics and business. He was a large property owner; but losses by fire and through competition kept him from ever being a very rich man. If I were to sum up his

House for a moment believe there was anything crooked in anything Honest John Carling had to do with? That ended the matter. What Blake had tried to magnify into a scandal was never heard of again. I recount this incident because it fairly reveals old Sir John in a characteristic light. He did not attempt to quibble or debate the point as to whether or not his Minister of Agriculture had received a big figure for his farm, but showed his human side in that frank "But I hope he did." That was one reason why Sir John Macdonald commanded such devotion and loyalty from those who were associated with him.

Sir John Carling was knighted in 1893 and at the same time gave up his portfolio and retired to the Senate. He had for the second time in his life suffered defeat, though by a narrow majority, this time at the hands of Mr. C. S. Hymn, who afterwards became Minister of Public Works in the Government of Sir Wilfrid Laurier, succeeding Hon. James Sutherland. I am confident from what he told me that he would have preferred to remain in office and forego the title; but he knew all about party exigencies and was a good soldier. Although he came every session to Ottawa, I saw but little afterwards of my gentle and lovable old chief. He lived to be 84, although his declining days saw him considerably disabled by a fall he had in his bath. He has sat, with but a single break, in the Legislature of Ontario or the House of Commons for thirty-six years.

He spent a long and useful life in rather a small, though important, circle. He was not a traveller, and therefore had seen nothing of the big world about which he read. He was nevertheless, a well-informed man of an intensely practical type who attacked his problems methodically and brought to bear on them a sound judgment. He had his oddities; but he also had his sweet and rare virtues. He was the first Minister I served and it is a delight now, as events and men are given true value in perspective to pay to his memory the homage of a warm place in my heart. Politics would be cleaner and freer from rancor if we had more public men like the late Sir John Carling. He was my political Saint John. (Copyright by Montreal Star News Bureau)

IMPORTANT RESOLUTIONS

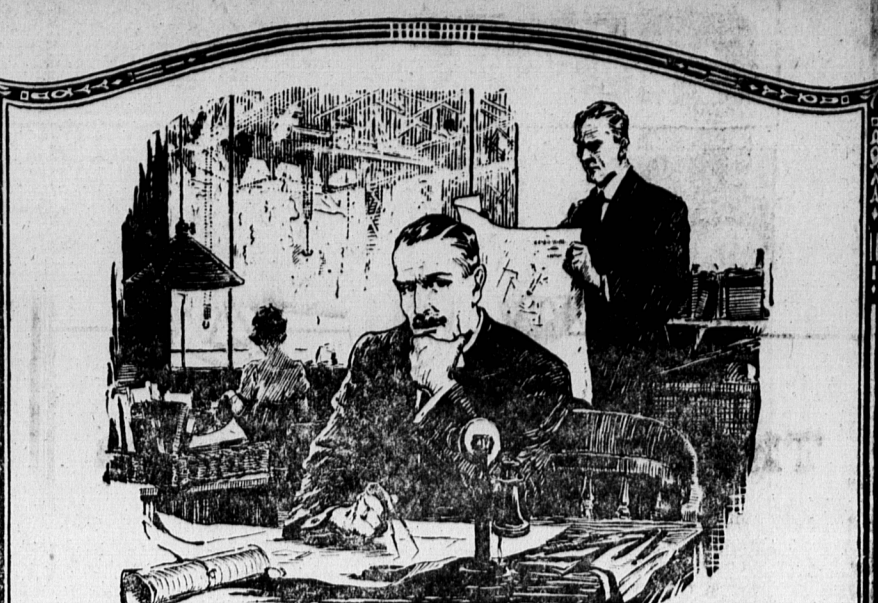
Rev. Alex. W. Robertson, Kensington, sends the following resolutions, passed on the 4th of Sept., this year, by the Westminster Presbytery (which embraces over fifty Presbyterian congregations in British Columbia, situated in the cities of Vancouver, New Westminster, North and South Vancouver, Prince Rupert, Chilliwack, and other centres) at a meeting largely attended:

Whereas, the amount of liquor being sold in the 68 liquor stores in British Columbia, is constantly increasing, the amount sold from Oct. 1, 1922, to April 1, 1923, being an increase of over twenty per cent. above the amount sold for the corresponding six months in the preceding year;

Whereas, on the authority of the Department of Customs at Ottawa, the British Columbia Government Liquor Control Board from January 1, 1923, to June 25, 1923, did not import one-half the liquor brought into British Columbia, the figures given in the Senate at Ottawa on June 27 being: British Columbia Liquor Control Board, 129,831 gallons, and 124,066 gallons by the private export houses;

Whereas, it was stated in the Senate on the authority of Attorney-General Manson, that these export houses "sell largely to a string of small illicit dealers";

Whereas, in Prince Rupert, on August 24, 1923, at the British Columbia Municipalities Convention, it was moved by Reeve Louder, of North Vancouver, seconded by Reeve Chambers, of Penticon, and unanimously agreed "That this convention places itself on record as strongly protesting against the present disgraceful situation throughout the province in regard to the formation of clubs, and the sale of liquor therein; that the present situation is worse than in the days



Offset the Wear and Tear of Business

MODERN business is essentially a matter of the survival of the fittest. Only the man who is able to think clearly and quickly under all conditions can hope to succeed.

Now, just as physical effort destroys bodily tissue, so mental effort destroys brain tissue. If your mind is to continue working efficiently, these tissues must be replaced as fast as they are used up. To this end, your brain requires nourishment just as does your body.

Stimulants and drugs are of no use. Their effect is only temporary, and the reaction after their use is dangerous. What you need is natural, wholesome nutriment. Delicious "Ovaltine" will give it to you.

"Ovaltine" contains all the tonic and tissue-building properties of ripe barley malt, creamy milk and fresh eggs in a highly concentrated form. The system assimilates "Ovaltine" quickly and without digestive effort. A single cup, for instance, embodies twelve times as much nourishment as an equal quantity of beef extract, yet it is easier to digest than a glass of milk.

Make "Ovaltine" your daily beverage. Drink it at every meal, and it will keep you clear-headed and quick thinking all day long. A cup before retiring ensures sound undisturbed slumber throughout the night.



OVALTINE TONIC FOOD BEVERAGE

Builds up Brain, Nerves, and Body

At All Druggists—50c., 85c., \$1.50

A. WANDER, LIMITED, LONDON, ENG. Canadian Office, 455 King St. W., Toronto

BRITISH—and used throughout the Empire

WHIRLPOOLS OF BEER

(Continued from Page Four)

A Plea from Canadian Women.

The Women's Christian Temperance Union of Quebec has 2420 members, who are fighting the law. Its president is Mrs. Lejla Gagey (Geggie), who lives in Beauport, near Quebec City, on the land granted to her ancestors by the king of France in 1634. In her old manor house on the Beauport road, Miss Frances E. Willard, founder of the W. C. T. U., was often a guest.

"The majority of our women hate and detest the Quebec liquor law, but we have no vote," said Mrs. Geggie to me. "The unrestricted use of beer has increased drinking and drunkenness in Quebec, as it would in the United States. I hesitate to say it, but it is the truth that since our government went into the liquor and beer business, and has tried to lift it into respectability, drinking has become much more general in good society. Drinking is becoming fashionable in many of our best homes, and many of our women who never drank before are taking up the habit."

"Beer has debauched our politics and our government, as it would yours. The brewers are in the saddle here. One of the worst features of their reign is the way they force their beer upon us through advertising. Go where you may in Quebec, you cannot escape the suggestion that beer is the one best thing in the world to lift you up, to build you up, to give health, strength, youthful vigor; that beer is a tonic, that it will cure all ailments and worries. From this ever-

present advertising the children of Quebec are learning, as one of their first lessons, that alcohol is good for them; that if they will drink it they will grow up to be strong and lusty and forceful men and women. You are free from that in the United States now, but if you go back to beer again your newspapers and magazines will be filled with that kind of beer advertising; it will lead you out at you from every billboard and wall, fence and barn, as it does here.

"My message to the women of the United States is: Be thankful every day of your lives for the Eighteenth Amendment to your Constitution, for the Volstead Act, for prohibition and for the power to uphold it by your votes. Never permit the brewers of your country to legalize the sale of light beer, for that would be only the first step to strong beer, as it has been here, and you would go back to all the evils of the old saloon days. I would admonish you, in the words of St. Paul, to 'hold fast that which is good.'"

Not all who seem to fall have failed indeed. Not all who fall have therefore worked in vain; For all our acts to many issues lead. And out of earnest purpose, pure and plain, Enforced by honest toll of hand or brain, The Lord will fashion in His own good time Such ends as to His wisdom fittest chime With His vast love's eternal harmonies

"I'm as sick as a dog"



is a common expression that makes up in force what it lacks in elegance. When or where or why it originated excites no interest in the victim. Head aches—eyes water—throat smart—sneeze—cough—sore all over.

Johnson's ANODYNE Liniment

taken internally soon works a wonderful change. For more than 100 years the internal use of this doctor's prescription has quickly mastered Grippy Colds, Bronchial Colds, Sore Throat, Chills, Cramps, etc., while for external use on Cuts, Burns, Bruises, Sprains, Strains, etc., it has no superior. For more than a century it has been praised and respected by the general public and the medical profession as well. Sold and commended by good dealers everywhere. 25 and 50c.

FAIRY SOAP An Every-Day Friend

JUST as Fairy Soap is the whitest and purest soap for toilet and bath, so also it is the safest for laundering fine fabrics and for particular cleansing uses about the home.

Fairy Soap is the white oval cake of floating purity. It is one of the best and most inexpensive toilet and bath soaps on the market.

Have you a little fairy in your home?

Mother and Her Baby Are Relieved of Eczema

Mrs. Peter A. Palmer, Salt Burn, Sask., writes: "Dr. Chase's Ointment has completely relieved me of eczema and piles. I also used this Ointment for my baby, who broke out in eczema. A few applications were all that was necessary in her case. Dr. Chase's Ointment has been worth a hundred dollars to me—before using it I had spent a great deal more than that in unsuccessful treatment from doctors. We have also used Dr. Chase's other medicines, the Nerve Food having restored my health after suffering from severe nerve trouble when a girl."

DR. CHASE'S OINTMENT 50 Cents a box, all dealers, or Edmondson, Bates & Co., Ltd., Toronto