

Woman's Realm / Social and Personal / Fashions / Literature

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Its fine quality and delicious flavour have made Barbour's Peanut Butter everybody's favorite. Always ask for Barbour's.

A Barbour PRODUCT

Better English

D. C. Williams

1. What is wrong with this sentence? "He is still continuing his studies."
2. What is the correct pronunciation of "supple"?
3. Which one of these words is misspelled? Difference, deference, daftodil.
4. What does the word "ignominy" mean?
5. What is a word beginning with di that means "one who differs in opinion"?

Answers

1. Still is redundant as continue contains the idea of still.
2. Pronounce supl, u as in sup, and not soople. 3. Deference.
4. Public disgrace or dishonor. "Vice begins in mistake, and ends in ignominy" — Rambler.
5. Dissenter.

That Body Of Yours

By James W. Barton, M. D.

METHADON MAY REPLACE MORPHINE

Now that we are familiar with the life-saving properties of the sulfa drugs and penicillin, and latterly of streptomycin, it will be interesting to watch the pain-relieving effects of the drug methadon.

It is known that the great majority of patients consult their physician to get relief from pain. If the pain is not too severe, a simple drug is prescribed. But in severe pain more powerful drugs are used and in extreme cases the physician has to prescribe morphine. As morphine may cause addiction to the drug, physicians have been asking chemists to provide a substitute that will not cause addiction and serious after-effects.

In the "Journal of the American Medical Association," Dr. Elizabeth P. Troxil, University of Minnesota Medical School, gives a history of the various experiences with methadon in hundreds of cases in all parts of the United States. It is known that it is possible to replace morphine with methadon and other drugs. None of these cases suffered with "withdrawal" symptoms.

In a summary of the uses and effects of methadon in various types of pain — cancer, kidney and gall stones, headache due to brain tumor, and other severe pain — Dr. Troxil states: 1. Methadon has the same characteristics as morphine. 2. Using the drug by mouth is almost as effective as the hypodermic injection. 3. Ten milligrams of methadon is as effective in relieving pain as 15 mg. of morphine. 4. Sufficient or complete relief of pain occurred in 81 per cent (4 of every 5) of 400 patients. 5. There are fewer quieting and fewer exhilarating effects than with morphine. 6. Side effects (nausea, vomiting, headache, dizziness, itching) occurred in 13 per cent. 7. Tolerance (more drug needed as it continues to be used) may develop. 8. Addiction to the drug, as with morphine, has not been definitely established.

We will all await further information of a drug that may finally replace morphine in relieving pain.

SMALL BUT POWERFUL

A miniature gas turbine engine designed for use in road vehicles and believed to be the first in the world has been developed in England. The turbine measures 7 inches in diameter and 5 feet long and weighs 250 pounds. It is expected by its makers to be capable of driving a large automobile or bus. The unit can be fitted under the

Saunders-Ricker Nuptials



Signing the Register in Highfield Baptist Church, June 23rd. Miss Shirley Ricker, bridesmaid, (left), Mrs. Ewart Penny, matron of honor, (both sisters of the bride), Miss Patsy Hennessey, Montreal, flower girl, little niece of the groom, Dr. Lorne Bonnell, best man; Rev. A. R. Pike, Minister. Bride, Marion Frances Ricker. Bridegroom, Dr. Allison Leeman Saunders.

Modern Etiquette

By Roberta Lee

Q. Should luncheon or dinner guests refold their napkins when they have finished eating?
A. They should not fold their napkins when finishing a meal, unless they are paying a visit of several days, when they follow the example of their host and hostess.

Q. Which is the correct form, "Much obliged" or "Thanks," when thanking a person for a courtesy?
A. Neither of these forms is correct. The best phrase always is, "Thank you."

Q. If you take a bite of food that is too hot, what should you do?
A. Quickly take a swallow of water.

floorboards of a big body and could run on Diesel fuel, kerosene or "even old candle ends—in fact anything that one can turn with a continuous flame."

Cook's Corner

Crisp Oatmeal Cookies

(Temp. 400 degrees F), time 10 minutes.
1/2 Cup white sugar
1/2 Cup shortening
2 Tsp. vanilla
1 Egg, well beaten
1 1/4 Cups rolled oats
3/4 Cup sifted baking flour
2 Tsp. baking powder
1/2 Tsp. salt
1 Tsp. cinnamon
1 Tablespoon milk

Cream together sugar, shortening and vanilla. Add beaten egg, beat until fluffy. Add rolled oats, then sifted dry ingredients alternately with milk. Blend well. Shape into roll and wrap in waxed paper overnight.

YE OLD WINDMILL

Windmills are believed to have been introduced more than 1,000 years ago.

Ellen's Diary

By an Island Farmer's Wife

Cups of tea in a gathering about the round table in the kitchen tonight were evidently much appreciated by the family, in the coolness that prevailed, following this afternoon's rain. Almost stealthily it had come, out of a sunny morning. "But hot, Pat, who called wiping away moist beads of perspiration and 'never saw the lake as it, so early in the day!' Skies suddenly clouded and a hush of warning spread over the countryside. Swallows dipped low, and James saw a thunder cloud heading. There were distant rumbles when we said 'they're getting it heavy somewhere' and odd lightning flashes that made us close doors and windows and come as always to the 'stittin' room.' Though a bit lonely there now, to wonder about those who once forgathered with us when a Summer storm broke. Rob and Jamie were in town and Karolyn called up to inquire of James if 'this is going to be much?' she being alone with her younger sleeping fellow.

And then the rain came. In torrents that made us forget the far-away rolls of thunder and wonder if "those potato drills will be gutted—or the turnips." In a sheet it separated us from the house on the hill, washing in a streamlet along the lane that with other went then to join the millpond, changing it from a clear lovely place whereon a small white craft had ridden calmly at anchor to a muddy turbulent flow at the wastegates not yet lessened, reminds one now of the freshets that tumble there wildly in the Spring thaws.

Sandwiches Karolyn prepared for this evening's lunch of thin slices of buttered bread spread with a jelly and cheese mixture for those who fancied this filling or for those desiring a more spicy food, a potato, per relish—the red and the green, so attractive and piquant—that had been a token to James of late. Rob's have gone now, car lights cutting an intriguing bright swath of light in the fog that nearing twilight had stolen inland from

(Continued on Page 12)

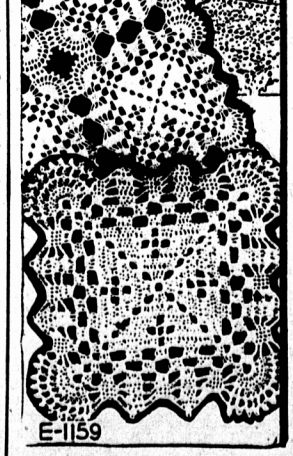
sterling worth, recognized by influential persons disposed to generous rewards and tokens of preference. Social position and personality have force in winning substantial expression from desired sources. Ingenuity and change also prosper.

A child born on this day should enhance its native originality and have much substantial worth to brilliant ideas. These, put to practical and constructive effort, mean security.

BABY'S RASHES

are often a sign of upset digestion. See how quickly this type of rash often disappears after the use of Baby's Own Tablets. Pleasant to take, easily crushed to a powder if desired, these little white tablets sweeten baby's stomach and clear out irritating material that also may be causing gas, feverishness and fretfulness. Get Baby's Own Tablets today. They have been the standby of mothers for over 50 years. Only 25¢.

ATTRACTIVE BEDSPREAD



Design No. E-1159
Lacy squares with a spider web edging are crocheted and joined to make an effective bedspread. Pattern No. E-1159 contains complete instructions. Needwork Book 16c.
To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian.
Design No. E-1159.

For the Birthday
Those whose birthday it is, have definite promise for success of their efforts to promote future security and establish a firm basic foundation for increased progress and solid possessions. This is due largely to personal ability, practical plans and objectives, sustained by



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BUTTER-NUT BREAD

DOROTHY DIX SAYS—

Happy With In-Laws

Family Lives In Peace By Refusing To Permit Aged Parents' Meddling

DEAR MISS DIX: For the life of me I cannot understand why any married couple has in-law trouble. If they do, it is their own fault. Both by mother-in-law and my father-in-law live in the same house, with my wife, two children and me, yet we have no difficulty in getting along amicably together.

The reason is that my wife will not permit her mother to butt into our private affairs. I use the same tactics in dealing with my mother. I make her keep hands off and no meddling with my mother, and my wife gets along beautifully with my mother, and they are friends instead of enemies. I write this letter to show that it is perfectly possible to live in peace with your in-laws if you use the right tactics.

A HAPPY HUSBAND

ANSWER: Um. Yes. No doubt. Your theory is unassailable, but making it work is another pair of sleeves, as the French say. It certainly would make for peace and harmony if when Mother went to live with her children she would keep her fingers out of their pies, but, human nature being what it is, she simply can't do it.

WON'T TAKE BACK SEAT
You see, Mother never gets over the idea that she has a perfect right to boss her children and their husbands and wives, and run their houses, and tell them how they should rear their youngsters. She doesn't think it is meddling when she interferes in all of their affairs, and she expects them to be grateful, instead of resentful, when she advises a back seat in her sons' or daughters' homes, instead of managing the whole show, is more wishful thinking.

No one will deny that at the bottom of mother-in-law trouble is Mother's interference in her children's private affairs, but any son or daughter who can keep Mother from butting in with her little two cents' worth would be something out of this world.

DEAR MISS DIX: We have one child, a daughter of 18, who is married and expecting a baby next month. I have just found out that her husband is having an affair with another woman and I do not know what to do about it, as I do not want to be a trouble-making mother-in-law.

Should I talk to my son-in-law about his conduct, or should I tell my daughter, or should I just let the situation drift along until she finds it out herself? My daughter is very devoted to her husband and I fear the shock of finding out that he is untrue to her might be injurious to her in her condition. Her husband is very high-tempered and insanely jealous of her.

What should I do?
MRS. G. C.
ANSWER: If it is possible, keep your daughter from finding out about her husband's dastardly conduct until after the baby is born. The poor child-wife and mother will have all of the trouble that she can stand up under right now without adding to it the grief beyond all other griefs for a woman who loves her husband and finds that he has betrayed her.

You say that your son-in-law is insanely jealous of his wife. Surely that is an ironic situation that would make even a fiend laugh. A man who could not be true to his wife even when she was going down into the shadow of the grave to bear his child, demanding that she should still love him and be faithful to him!

DEAR DOROTHY DIX: I have a niece of whom I am very fond and for whom I do many nice things. Always on her little boy's birthday I send a gift, but she never in any way acknowledges it. I never even know whether she receives the present or not. Am I wrong in feeling hurt over the matter?
R. M.

ANSWER: Evidently your niece is one of the self-centered, selfish people who takes a favor, but who never even bothers to make the small return of sending a postal card to acknowledge it. Not to write a "thank you" letter is the height of bad manners, and people who are guilty of such a breach of etiquette deserve to be ignored. For every favor we receive common decency requires a gesture of appreciation, even if it is nothing but writing a note.

Needlecraft

FOR THE HOME

The Spring version of the versatile shirtwaist dress, wearing the full skirt to give you a wonderful whirl, short cut sleeves to give you cool comfort. Pattern provides choice of the classic collar or square neckline.

No. 2503 is out in sizes 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40. Size 16 requires 4 1/2 yds. 35-in.

Send 20¢ for each PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2503.

Name _____
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BLACKHEADS

Don't squeeze blackheads or dissolve them. Get two ounces of peroxide powder from any drug store and apply gently with wet, hot cloth over the blackheads. They simply dissolve and disappear by this safe simple method.

FULL-SKIRTED SHIRTWAIST

That whisper almost broke my heart!

1. "I WAS BUSY typing when out of the corner of my eye I saw Jim and Dick looking at me kind of funny. Then I heard Dick whisper, 'What a pity Jane has "B.O."—she could be so popular!"

2. "THAT'S WHEN I began using Lifebuoy. Its rich lather gives me all-over, long-lasting protection against 'B.O.'"

3. "IT'S WONDERFUL what a daily Lifebuoy bath does for me. I never worry anymore. I know I'm always fresh and dainty."



ITS FRESH, CLEAN SCENT IS YOUR GUARANTEE OF PROTECTION

The clean scent of Lifebuoy's thick rich lather is your guarantee of protection. In a few seconds the Lifebuoy scent has disappeared and so has every trace of "B.O." (body odor). Lifebuoy is the only soap specially made to stop "B.O."

Tests prove you can build up protection against "B.O." by bathing with Lifebuoy every day. Try it for seven days. Your skin feels so clean, fresh and gently caressed! And, with Lifebuoy's longer-lasting protection, you're completely free of "B.O." worries.



USE IT DAILY FROM HEAD TO TOE—LIFEBUOY STOPS "B.O."