

Woman's Realm Social and Personal Fashions Literature

Happenings of The Week

Queen Mary, who sometimes is called 'Miss' by British Lominies who don't recognize her when she hands them tea and sandwiches at the canteen, laid out her nicest smock Tuesday night and prepared to spend her seventy-fifth birthday...

Mrs. S. A. Fulton of Truro is at present in Montreal attending the graduation exercises at McGill University, at which her son Allan received his degree in Medicine.

Miss Edith Brown of Montreal, is visiting her cousin Mrs. Frank Wood and Mr. Wood. Mrs. Wood is convalescing nicely after her recent illness.

A round of jolly teas and parties are being given for Miss Davida Baker, one of June's happy brides-to-be. Last Saturday Miss Margaret Stiers had a delightful tea at her home Brighton Avenue for Miss Baker.

On Saturday evening Mrs. G. Elliott Full entertained in her honour gift being the Receipt Cabinet. It was a jolly event followed by a pleasant game of bridge and late supper.

Miss Berna Huestis had a very pretty tea for her on Wednesday. Miss Annie Watson on Thursday.

Last evening the Baptist Brownies, No. 9 group, had a party for Miss Baker and presented her with a gift in remembrance of the happy hours spent in Guide work.

Mr. Clyde Auld of Toronto, who is visiting his young family in Mal-people, the guest of Dr. and Mrs. Kier, paid a brief visit to the city Thursday.

Lieut. Carl McKenna and Mrs. McKenna spent the week-end with Lt. Col. C. L. McKay and Mrs. McKay, Kent Street.

Mrs. H. J. Hill and Mrs. E. G. Saunders were among those attending the Acadia closing at Wolfville this week.

Mrs. (Dr.) V. L. Goodwill who spent the winter at Kingston, Ont., has arrived to open her summer home.

Mrs. J. A. Lawson and Mrs. Louis Sadler motored over to Sackville for the graduation of their daughters Miss Margaret Lawson and Miss Ann Sadler from Mt. Allison Girls School.

Mrs. William Brehaut was in Wolfville, N. S. over the week-end for the graduation of her son Bill.

Elizabeth Lewis, young daughter of Mr. and Mrs. J. Arthur Lewis, had a jolly birthday party at her home Wednesday the occasion of her 8th birthday.

Prof. and Mrs. Kendall had as their guests this week Prof. Kendall's brother, Mr. R. W. Kendall of Amherst, N. S.

The official opening of the Golf team takes place this afternoon, the hostesses for the occasion being Mrs. A. Elliott Russell, Mrs. Harry E. Miller, Miss Helen Grant, Miss Laura Hoogson, Mrs. J. Arthur Lewis.

Mrs. Roy Harris of Sydney is visiting her sister Mrs. Richard Hurst and Mr. Hurst, Pleasant Street.

THE COOK'S CORNER

BANANA NUT CAKE

1-2 cup shortening
1-2 cup sugar
2 eggs
1 teaspoon soda
1-4 cup cream
1-3 4 cups sifted flour
1 teaspoon baking powder
1-2 teaspoon salt
1 cup mashed banana
1 cup chopped nuts
Method: Cream the shortening and gradually cream in the sugar. Beat the eggs slightly and add to the creamed mixture. Continue beating until the mixture is light and fluffy. Add the soda to the cream and mix into the creamed mixture.

Sift the flour, then measure and sift again with the baking powder and salt. Add the dry ingredients to the creamed mixture. Continue beating until the mixture is light and fluffy. Add the soda to the cream and mix into the creamed mixture.

EMERGENCY FROSTING
1 egg white
1-2 cup tart jelly (red currant is good)
Dash of salt
Place unbeaten egg white, salt and jelly in small bowl over hot water. Beat until jelly is dissolved and frosting holds up in peaks. This being done, mix a short time before it is to be used.

Wilson, Windsor; Mrs. George H. Turner, Fort Saskatchewan, Alta. and Maude Yould at home; a grandson, William Wilson and Mrs. Wilson, Berwick, and a grandson, William Wilson, J. Berwick.

Mrs. J. C. A. Gordon and her sister, Mrs. Ruth Sinclair, have returned home from a visit to Montreal.

The engagement of Miss Enid Lockhart, of Dr. and Mrs. A. A. Lockhart to L.A.C. Stuart Worthing of Toronto is being pleasantly discussed by her many friends.

The engagement announced this morning of Miss Ruth Gallant, popular lady druggist at Summerside to Dr. Ralph Noonan, also of Summerside will be of interest to friends in the Maritimes.

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Mrs. (Dr.) Donald Campbell was hostess at her home 111 North River Road on Wednesday afternoon at a smart tea in honor of her sister-in-law Mrs. Sinclair, wife of Lieut. Neil R. Sinclair, the popular young bride is visiting her parents, Mr. and Mrs. E. A. Foster and receiving happy congratulations.

CROCHETED PILLBOX HAT
Hat and flowers are popular accessories for that necessary touch of chic required by every well-dressed woman. Economical and easy to make. One bunch of flowers may be crocheted in about an hour. Pattern No. 1102 consists of list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Charlottetown, P.E.I. Design No. 1102

Dorothy Dix Says—

VITAL INTEREST IN LIFE WILL END UNHAPPINESS

No Woman Doing Her Bit For Her Country Suffers From Boredom Now
DEAR DOROTHY DIX—Why is my life so empty? Surely there is a reason for it. Could I, if the cause were found, eliminate it? Or are such things permanent? Are we scarred inwardly from outside forces, by things we apparently have no control over? I am ill. I am poor. I am pretty. I am intelligent. I am tired. Please help me.

ANSWER—Well, I'm tired, too, tired to the point of exhaustion of having young women write me that their lives are empty when the world is running over with interests and duties and responsibilities and opportunities; when there are lonely people starving for companionship, discouraged people needing to be bucked up, friendless people needing a little love, little children needing to be mothered.

You can't pick up a newspaper without reading a dozen calls for help from women. Women are wanted everywhere for war work, for defense work, for Red Cross work, for hospital work; yet idle women have the nerve to complain about their lives being empty. Believe me, no woman who is doing her bit for her country is suffering from an empty life now. Her life is too full of helpfulness and sympathy to leave any place in it for boredom and that I-don't-know-what-all-me feeling.

But lots of women have it and, strange to say, they seem to cherish it instead of taking drastic means to cure it. They enjoy sitting up at night and reading the price packages in life haven't been presented to them on a silver salver, and they get a kick out of bemoaning themselves because they aren't glamour girls, or millionaires, or married to Fairy Princes.

They never seem to realize that the luckiest of us would find ourselves in the red if we figured out all our liabilities without crediting any of our assets. For we get out of life just what we put into it, and if we never put into it any courage, interest, helpfulness, any love and care for those about us, our lives are bound to be empty.

You say you are ill. That's bad. But you have all science at your disposal to help you, and you need not feel that your case is hopeless. And, better than any drug known to materia medica, is the stimulant of having some vital interest and purpose in life. So go to work at something that will make you forget your aches and pains and feel that life is still worth living. And, even if you are doomed to invalidism, remember the many heroic women who have carried on from sick beds, that they made shrines to which people came to gather fresh courage and strength to meet their own problems.

You say you are young and pretty and intelligent and yet your life is empty. Be ashamed of it. Fill your bucket so full of good deeds there will be no place in it for repining.

AN EASILY CONSOLED WAR WIDOW
DEAR DOROTHY DIX—My dear husband has left me, having been called in the draft. He has been gone three months and I don't know where he is. My old boy tried to get out of town wants to start in where we left off before I married my husband. Since I may never see my husband again and I am not getting any younger, do you think it would be all right for me to go out with this man? Nobody in town would ever find out about it. What do you think? S. M. H.

ANSWER—Well, I think you are about the most easily consoled war widow I have ever encountered, and that your ability to love the man who is nearest when the other one is away, entitles you to take the medal among unfaithful wives.

Apparently you are not giving even a casual thought to your husband who is risking his life to defend you and the other women in your neck and who has met the women in the conquered countries in this war. You are not asking yourself how he will feel to know that you could not be true to him even for three months and that the minute his back was turned you would be ready to go out with another man? You are not thinking of the man who is nearest when the other one is away, entitles you to take the medal among unfaithful wives.

It's best to go slow
DEAR DOROTHY DIX—I am in love with a young army officer stationed at a near-by camp. He has asked me to marry him. I want to do it because I love him so, but one thing troubles me. I know nothing whatever about him except the little he has told me about his family. I read in your column the other night that girls should check up on boys who are strangers to them before they married them.

What I want to know is: how can I do this without hurting his feelings, or having him think I don't trust him? JANE DOE.

ANSWER—If the young man had a proper appreciation of the right thing to do under the circumstances he would take the initiative and go to your father and tell him all about himself—his family, his background, what means he has of supporting a wife, and give him the names of several reputable men in his community to whom he could write for verification that he has led a life of responsibility and that when a girl marries a man she puts her life into his hands, and that she has a right to know what sort of a bargain she is making and what risk she is taking.

In former times, when young men asked their daughters' hands in marriage, fathers used to demand to know of the suitors if they could support their daughters in the way in which they had been living; but nowadays, when girls mainly support themselves, parents seem to wash their hands of the matter and let their daughters' husbands and let them marry any Tom, Dick, or Harry who comes along, without even finding out what their real names are.

When a girl is infatuated with a boy, she thinks that love is enough and that it doesn't matter who he is, or where he came from, or what sort of a family he belongs to, or what his past record is, because she is so certain that even if he comes from a different class than she belongs to, that he has led a life of responsibility and that when a girl marries a man she puts her life into his hands, and that she has a right to know what sort of a bargain she is making and what risk she is taking.

The few words that the preacher or the Justice of the Peace murmur over him in the marriage ceremony are no magic incantation that changes the lad from what he is into what he should be. He is the same before and after taking. Nor can any mere wife change what centuries of breeding and twenty years of rearing have made him.

A Job Only You Can Do!

Price Control Questions And Answers

Questions and answers on Price Control will appear in The Guardian as a regular feature for Saturday. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by Board, Readers who have intelligent questions to ask on price control are invited to send them to Wartime Prices and Trade Board, Chappell Building, Charlottetown.

THE PRICE IN HUMAN LIVES

Tea and Coffee are now Rationed, and the Sugar Allowance Reduced
The time has come to face the fact that our consumption of tea, coffee and sugar is costing too much a price in ships and sailors' lives. Consumption has got to be slashed drastically. Every Canadian household every man, woman and child has a part to play in keeping the new regulations.

The Law Demands That We:

Cut Consumption of Tea by One Half
Cut Consumption of Coffee by One Quarter
Reduce our Consumption of Sugar to 1-2 Pound per Person per Week.

WHAT WE MUST DO

The consumption of tea and coffee varies widely in every household. It is practically impossible to impose the same limit for individuals, as in the case of sugar. But every housewife should know how much she buys for her household. So Donald Gordon tells her to set her own ration by cutting her weekly or fortnightly order of tea by half and her coffee by one quarter. Except in remote areas, no more than a fortnight's supply of tea or coffee must be kept in her store cupboard.

Combining patriotism, practical efficiency and comfort.

Guardsman who clean up their heating equipment and guard it against rust and corrosion this summer will be making an important contribution to the nation's war effort. With little effort and at very small cost they will help to prevent the need for elaborate equipment repairs or replacements and, at the same time, will assure themselves a more comfortable winter.

GUARD FURNACE AGAINST RUST

It's a real fuel economy to clean your furnace and keep it in repair. If you're careless with your heating plant, you're likely to waste several tons of coal in a single winter. Now more than ever it is important to conserve fuel in view of war-time transportation difficulties. The warning to "clean up now" is a timely one with annual clean-up campaigns under way across the country.

THE ORDER OF THE BATH

Fitting up a new bathroom or kitchen won't call for quite so much discussion these days. In the interests of national economy, about two-thirds of the normal production lines of baths, sinks and sanitary fixtures will no longer be made. Luxury items, coloured enameled, are "out" for the duration, as well as many varieties of size and shape in all plumbing equipment. It is estimated that this standardization order will save enough metal to make 250,000 tin canisters.

WATCH THE SCALES

To give short weight or measure is breaking the law. Certain cases have been investigated by the Board where merchants have increased their profits in this manner, while apparently maintaining the price ceiling. Consumers should be on their guard and watch the scales.

THAT ODD 1-2 CENT

The question has arisen as to whether or not a retailer is making a small dent in the price ceiling if he sells two 8c cans for 16c instead of 16c as was his practice in the basic period.

IF YOU CAN'T LIFT IT

The consumer who buys a ten pound bag of potatoes, a large chunk of ice, or a new garbage can, is not expected to carry it home. Goods even if they are not up to a dollar in value can be delivered if their bulk or weight make it impossible for them to be carried away.

A further clarification of the new deliveries order points out that when making a delivery of meat or fish, other goods may be included only if the total value of the purchases exceeds \$1.

Living & Leisure

The Woman's Realm

HE WILL ANSWER
I know not by what methods rare, But this I know—God answers prayer!
For He has promised in His Word Which tells us prayer is always heard
And will be answered soon or late, Always true and calmly waiting, I will know not if the blessing sought Will come in just the way I thought, But leave my prayers with Him alone, Whose Will is wiser than my own, Assured that He will grant my wish— Or send some answer far more best.

EMERGENCY DINNER

Home late from a meeting? Don't worry about dinner being late — here's one you can whip up in a jiff. Omelette, of soft-boiled eggs, chopped parsley, baked eggs and ham or toast, spinach broiled tomatoes, green salad, cold blueberries, but coffee, coffee, tea, or milk. To make the baked eggs, whip the whites until very stiff, toast and butter bread, add a slice of omelette, ham, neat egg whites over ham, dress with yolks in centre, season and bake until set. Locks as good as it tastes, too.

INK STAINS

If you inadvertently tip the ink bottle and spill ink over the surface of a table, do not despair. It will usually wash off without serious damage done. The finish on the table should seal the surface so that the stain remains on the surface. Wipe it off with a soft cloth dampened in a mild soda. Wipe dry with a clean dry cloth, using light strokes with the direction of the grain.

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ENCLOSE SNAPSHOTS IN LETTERS

Mail your films direct to Canada's largest photo finishing studio for developing and printing. Save dealers' profits. Volume business enables us to do quality work at lowest cost, and you will be better pleased with your pictures.

Films Developed and Printed 25c ANY SIZE ROLL

FREE Souvenir with each Order
A customer at South Dartmouth, Que., writes us if appropriate your excellent work and promptness. I have recommended your work to friends who now are your steady customers. I should be pleased with your pictures.

Needlecrafts For The Home

Backbone of the season's styles is the dress that pretends it's a suit, in lines and appearance; and combines perfection of tailoring with the easy wearability of a dress.

Style No. 3212 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30. Size 16 requires 3 5-8 yards of 39-40 inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown, P.E.I. To Charlottetown Guardian Needlecraft Department Style No. 3212 Size .....

MONTHLY PAIN
which makes you CRANKY, NERVOUS
If you suffer monthly cramps, back-aches, distress of irregularities, nervousness—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound Tablets (with added iron). Made especially for women, they also help build up red blood. Made in Canada.

Form for ordering Needlecraft patterns, including fields for Name, Street Address, City, Province, and City/Province.



Lovely Wedding Need Not Be Expensive

Plan in Advance. Although the war forbids extravagance, you can have a lovely wedding. It doesn't take money. The important thing is to know what's correct.

Such a beautiful wedding. They will say that of yours—if you plan it right—whether formal or informal. The formal bride looks lovely in her bridal gown and veil, but you may look lovely, too, marrying informally in suit and hat.

The groom's clothes are in key—cutaway and striped trousers for a formal afternoon wedding or business clothes for an informal one. On the bride's budget will be invitations, refreshments, music and expenses at the church. The groom's will include the license and the ring, the fee for the clergyman.

Our 32-page booklet explains all the etiquette of expenses, describes every detail of correct formal and informal wedding dress for bride, groom, attendants and guests. Tells etiquette for ceremony and reception.

To Those Convalescing After Severe Illness

After many severe illnesses or serious operations the patient is very often left in an extremely weak, nervous, run-down condition. To all those convalescents who need some kind of a tonic to stimulate and build up the weakened system, we would recommend Milburn's Health and Nerve Pills to assist them back to health—happiness again.

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