

Let Us Reason Together

Poor Breakfast Foods

Versus

Malt Breakfast Food

Sensible healthy and happy men and women eat to live. Thousands of fallow, weak dyspeptic and nervous people some of whom we know make their lives miserable by merely living to eat.

Those who eat to live begin the morning meal with Malt Breakfast Food the most delicious most nourishing and most easily digested grain food that Food Science has given to the world.

Those who suffer from disordered digestion flatulency, waterbrash irritation of stomach and constipation are consumers of ordinary oatmeal and other grain foods containing indigestible starch and other ingredients that retard digestion.

Since the introduction of Malt Breakfast Food the morning meal in tens of thousands of families is looked to with expectancy and pleasure.

The use of Malt Breakfast Food at the morning meal insures a full measure of vitality for your daily work. All Grocers recommend Malt Breakfast Food.

They Are All Right

That is Jamieson's stock of Cigars
No cheap stuff handled for big profits.

The Medical Hall

Jamieson's Drug Store.

The Baby Should be Fat and rosy—but many little ones are thin, and puny, and fretful from impaired nutrition. Give them **PUTTNER'S EMULSION**, which contains just what is needed to supply nourishment and aid the vital forces. It is a mild and soothing food, better than any drugs. It soon builds up the little form, puts color into the cheeks and brightness into the eyes. And they like it, too!

Be sure you get **PUTTNER'S**, the original and best Emulsion.

Of all druggists and dealers.

GEO. CARRUTHERS, M.D.C.M.

L. R. C. P. London,
PHYSICIAN AND SURGEON
Office and Residence: Kent St. Opposite Mark Wright's Factory.
OFFICE HOURS: 8-10 a.m., 12 to 2 p.m., 7 to 8 p.m.
TELEPHONE COMMUNICATION. Deed St.

Ganned Goods and Jams

Selling Cheap in

Peas 9c per can or \$1.00 per doz.
Corn 9c per can or \$1.00 per doz.
Tomatoes 9c per can or \$1.00 per doz.
Canned Apples 20c per gallon tin.
Crosse & Blackwell's assorted Jams 18c each.
All new goods. Cash only.

Jenkins & Son,

Cor. Queen & Grafton Streets.

Canned Lobsters.

I am open to make contracts for the coming season's pack and can pay highest market prices for best quality goods.

DENNIS MURPHY,
Apl 26th June 1 Helix.

LEGAL CARDS.

MCLAN, A. A. O. C. Barrister, Solicitor Office, Brown's Block, Victoria Row, Charlottetown. Branch office in Wadman's building Grand. Money to loan.

SMALLWOOD, C. R. Barrister and Attorney-at-Law, Notary Public, etc. Office, Cameron Block, lately occupied by F. L. Hazard, Esq., South Side Queen Square. Money to loan.

Manufacturers.

MCINNIS Bros. Carriage Builders, Custom Work a specialty. Repairing of every description promptly attended to. A good variety of carriages, sleighs, etc., always on hand. Terms to all purchasers. McPhill's Old Stand, Kent Street, Charlottetown P. E. I.

THE GUARDIAN

An Independent Journal, untrammelled and fearless; aiming to be Just, Impartial, Reliable, Newsy, seeking at all times to further the best interests of the people, and recognized therefore as

The People's Paper.

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J. E. B. MCCREADY, Editor.
J. P. HOOD, Business Manager.

THE MORNING GUARDIAN.

SATURDAY, MAY 4, 1901.

VITAL STATISTICS.

THE GUARDIAN has many times urged upon the Legislature the importance and necessity of a system of registration of births, deaths and marriages in this Island similar to those existing in other Provinces and countries. As it is we are almost wholly dependent upon such records as are kept by individuals in their families for any specific knowledge of the facts of personal history. Of one hundred births but a few are chronicled and they in the perishable daily newspapers. Marriages are supposed to be recorded in some fashion, but are sometimes at least, secretly performed. As to deaths they may or may not be reported through the press, and there may be no other record.

For the purposes of legislation and good government authoritative vital statistics are necessary. When a few years ago the question of City sewerage was being discussed there were most contradictory statements as to the healthfulness or otherwise of the City. There was no record to appeal to for the settlement of such dispute or inquiry. We have no means of knowing, except by guess-work or common observation whether in the City or Province more persons die in one year than another, whether the public health is improving, or the reverse, how many die of one disease or another. In any other civilized country in the world this would be held to be unpardonable laxity and backwardness.

Rev. T. F. Fullerton in a letter to the Patriot of last evening has pointed out that the same almost criminal carelessness pertains to the burial of the dead. In all countries where vital statistics are kept no dead body is permitted to be buried without an official permit in which the cause of death is duly certified to by a qualified medical man. Here we have no such law or regulation. The friends or family of a deceased person may at any time remove the body to some burying place and inter it, with or without other witnesses, and with or without the formality of a religious service. It is clear that in the now much discussed case of supposed murder at Rose Valley the examination of the remains by a doctor before interment might have saved a vast amount of subsequent trouble. It would no doubt have led to the prompt discovery that violence had been used. It would have prevented the sad necessity of an exhumation. It is easy to imagine cases where the requirement of a burial permit would set at rest the strange suspicious which sometimes take shape on grounds that are wholly unwarrantable.

We again urge upon the Legislature at its present session the importance of dealing with this question. It is one which the Local Legislatures have full power to deal with and the other Provinces have taken it up. It is easy to find in their statute books the form of measure adapted to this Island. The system in vogue in Ontario, is for instance much more elaborate than that of New Brunswick, the latter being exceedingly simple. But all systems of vital statistics require the immediate report by householders of every birth, marriage or death taking place on their premises. Every minister is obliged to report the marriages he solemnises and every physician to report the births at which he is professionally in attendance, and the deaths of all patients who die while under his care, together with the cause of death.

CATARRH.

Called an American disease is cured by an American medicine originated and prepared in the most catarrhal of American countries. That medicine is Hood's Sarsaparilla. It cures radically and permanently in that it removes the cause cleansing the blood of serousness and all other impurities. It overcomes all the effects of catarrh too and builds up the whole system.

These reports are made to the Registrar of births, marriages and deaths, to whom a nominal fee is paid for making the registration. The Registrar furnishes the required blanks to ministers, doctors, undertakers, and to householders and heads of families as required.

A simple form of registration is usually adopted at the outset, which can be made more detailed and complex in future years as occasion may arise. The system is entirely self-supporting, the small registration fees paying the salaries of the Registrars. The office of Registrar of vital statistics for a City or County is usually held by some one who has an office or place of business easily accessible to the general public. He usually has other business from which he derives the principal part of his income. The Registrars usually report to the Provincial Secretary who makes an annual report on the vital statistics of the Province.

CATARRH SENSE

I. You are Troubled With Catarrh the Experience of Others May be Worth Something to you.

You have possibly seen Powders, Snuffs, and Tablets you have advertised to cure Catarrh, others advise you to load your stomach with some of their Blood Purifiers; now if you had a sore, or inflamed surface anywhere else on your body you would not think of blowing cocaine powders on it would you? And as for Tablets and Blood Purifier, you might as well think of taking them to cure Corns as Catarrh of the Head.

Some of these so-called Catarrh remedies contain dangerous narcotics, they relieve at the time, but give rise to a false security, the disease keeps on spreading deeper, until the hearing and lungs are affected. You take more and more of the stuff each time to relieve. Soon you will wake up to the reality of the statements and find you have neglected the proper treatment too long. Now there is a cure for catarrh, not one that gives only temporary relief, but permanent cures. It is called Japanese Catarrh Cure. This remedy is a pleasant healing antiseptic pomade, which is inserted up the nostrils, it melts at the temperature of the body, each breath carries a fresh supply to the irritated, inflamed, and ulcerated membrane, and it penetrates to the air cells themselves. It immediately kills the Catarrhal Germ, heals, soothes, allays all inflammation, and removes every sign of Catarrh. Japanese Catarrh Cure is not an experiment. It has been successfully used during eight years in Canada, and has cured thousands of very bad cases of Catarrh, and will cure thousands more. If you have Catarrh don't be persuaded with untried remedies; get a box of Japanese Catarrh Cure, and you will get the proofs of these statements, and benefit at the same time.

Mrs. H. Nick, of Springfield, Ont., writes a few common sense words regarding her experience in trying Japanese Catarrh Cure. She says:—"Enclosed find \$2.50 for six boxes of Japanese Catarrh Cure. A few days ago I received a sample box, and from the results obtained from this sample I am sure the remedy will cure me. I have great faith in a remedy like this for catarrh, and believe it to be the proper thing. We never blow powder on a sore of any kind, and I don't see why people advertise powders to cure catarrh. I have tried all the remedies on the market, they relieve a day or two, but I was worse when I stopped using them."

Japanese Catarrh Cure is sold by druggists every 50 cents complete. Trial size, and Book on Catarrh and Deafness, 10 cents by mail, prepaid, by The Griffiths and Macpherson Co., Limited, Toronto, Can.

Corset Commonsense



The SAFETY PATENT POCKET which belongs EXCLUSIVELY to the Parisian Corset of Quebec and is found only in their "Empire" and "Flora" Corsets, is the most sensible improvement that has yet been made in corset manufacture. It prevents the steel from injuring the fabric and gives the corset a pliancy that makes it conform to the figure like a glove. Please ask the salesman to show you "EMPIRE" and "FLORA" corsets. Best dry goods houses sell them.

THE PARISIAN CORSET CO., QUEBEC

Messrs. Gauvin, Gentzel & Co.

who for the last ten years have been carrying on a large photographic business in Halifax have taken over the business of Weslake Bros. of this city and are prepared by the addition of new accessories and equipments to do work equal in style and effect to that produced in their Halifax Studio. Specimens of their work will be displayed for the next few days in the show windows of F. Perkins & Co., Sunnyside.
May 4 31 wll

SATURDAY BARGAINS.

The big store's enormous buying power controls prices, brings down prices often below the level of real worth. An overwhelming display of prominent values for Saturday between

Hours of 8 a.m. to 8 p.m.

We cannot show the following Goods at any other time

at the following prices. We offer the following goods at the advertised prices at a time when our salespeople can attend to you and not interfere with our usual evening trade.

- 350 Untrimmed Sailor Hats 10c
- 385 Ladies' Collars (good ones) 3 for 25c
- 50 Girl's Caps worth up to 45c for 10c
- One lot of Children's Bonnets half price
- 350 Sprays Flowers up to 75c for 10c and 15c
- 50 men's working Shirts 25c
- 83 Boy's Jerseys 75c quality 50c
- 300 pairs Men's Fine Wool 1-2 Hose worth from 33c to 45c, 4 pairs for \$1.00
- We make no money on the bargain list but we want to part company with the goods and make room for more.
- Ladies' Cashmere Hose 14c
- 285 Children's Sailors and Outing Hats for 25c
- 100 yards ends Dress Goods worth up to 40c for 10c
- Men's Underwear 45c a suit
- Men's \$8.00 Tweed Suits for \$5.00 and 6.00
- Shorby's Suits \$8.00 quality for 6.00 and the 4.50 for 2.75 sizes 36 to 44.
- A few Silk Waists half price.
- Ladies' Crash Skirts, well worth \$1.75 for \$1.00.
- 13 Granite Cloth Skirts 2.25 for \$1.50
- One lot of Suiting Tweed worth 1.65 \$1.00
- Ladies' Under skirts only 17 worth up to \$3.00 for 1.00

A few leaders in Ladies' Coats and Suits.

None of the above goods offered after 8 p.m.

We need our help to attend to regular trade we close at 9.30 sharp.

Jas. Paton & Co.

THE BEST BOOT

For the money is what people are looking for. We have it in the MacPherson's Men's Box Calf and Dongola Boots in three last at \$3.00 all Goodyear welts.

Ladies' Box Calf and Dongola Boots, light and medium soles at \$2.00 and up.

And many other lines which we are selling very low

- Men's wearing laced boots at 95c.
- Boys " " " " 85c.
- Youth's " " " " 75c.
- Women's " " " " 90c.
- Misses' " " " " 75c.

For good value in boots always go to

J. H. Bell's.

The Popular and low priced Shoe Store.



Don't Think of Erecting

that building before you get my prices for work and material. It will save you money to deal with me as I supply everything and am fully equipped with a good wood working plant. Plans and Estimates furnished on application.

W. W. HARPER.

Fitzroy Street East.
Charlottetown P. O. Box, 218.

NO PERSON

likes to wait very long to have repairs attended to. Often great inconvenience and serious damage or loss is sustained by not having work attended to at the proper time. We not only do our work promptly but we do it properly. Our workmen are experienced and we guarantee satisfaction. For Bell Hanging, Casting Sheet Iron and Tin Plate work we are unequalled.

ROBT. B. SMALL

Great George Street, Millers Stand.

Easy Enough The Morris

to Buy the Very Best Piano.

Not only a medal winner at the Paris Exposition, but a rare combination of Virtue, High Quality, Low Price. There's no second grade in the Morris every one is built like a watch, perfect in the minutest detail.

Save for a slight difference in tone, color, you can not detect a thimbleful of variation among a hundred of them.

The Morris is a safe Piano to buy, it's built to last.

D. MACMILLAN,

A small store—Small expense, Small expense—small profit.

May 3 d w ll