

Woman's Realm :- Social and Personal :- Fashions :- Literature



The HOUSEWIFE and HER ACTIVITIES

"The thing that goes the furthest toward making life worth while is that which costs the least and does the most. Is just a pleasant smile."

"DON'TS" FOR THE BABY Don't omit giving plain boiled water without sugar between feedings.

Don't take baby to a house where there are cats.

Don't allow any child who is sick to come near the baby.

Don't feed the baby from a cup or spoon used by another person without first washing it thoroughly.

Don't let any one kiss baby on the mouth.

Don't play with baby just after he has been crying.

Don't take baby out at night.

Don't let baby see his mother's face when he is crying.

Don't let baby get on baby or any other things.

Don't neglect diarrhoea; call the doctor.

Don't give baby candy, tea, coffee, cakes or scraps from the table.

Don't let baby see his mother's face when he is crying.

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Keep flowers out of drafts as much as possible. They are more susceptible to a chill than humans.

GOOD ADVICE When the recipe tells you to bake the pudding in a pan of water in the oven, do just that. It is most important in egg and milk puddings as it is the thing that keeps them from curdling.

A MODERN TOUCH The particular person freezes cubes of tea and coffee instead of plain water when she wishes to use them in iced tea or coffee. Then when they melt in the beverage they do not weaken it.

OUT OF DOORS If you are situated so that you can eat outdoors in the summer time by all means do so. These informal happy times, with the family will be long remembered and with careful planning they need not be difficult meals. Gay napkins and paper table covers solve the laundry problems and inexpensive chery china can complete a lovely picture. Save the involved meals for the rainy days and enjoy every bit of the summer weather.

BUILT-IN FURNITURE ADDS TO EFFICIENCY OF EVERY INTERIOR Speaking of built-in furniture around a house here are two pieces that are useful in saving steps and in providing extra shelf room.

A little desk may be built into the wall of a kitchen—to sit in front of when ordering groceries, or planning menus, or studying recipe books.

A small built-in cabinet may be installed not far from the table in the dining-room. This can house the silver and linen, and even the china that is needed for daily meals, thus saving steps back and forth from pantry and kitchen.

LONDON HOSTESSES USE RED, WHITE AND BLUE COLOR SCHEME Linen cloths in pale colors have been in fashion for some time, and now darker shades are becoming popular writes Constance Strydom in the London Morning Post.

For a particularly grand occasion the table might be covered with a white cloth so as to get just a delicate shimmer of gold. Crown-shaped vases, the pattern outlined with gold leaf, would look very striking holding massed flowers of every shade of red.

Generally speaking blue flowers do not light up well, so for arrangements which are to be at their best in the evening it is well to choose white or red flowers and introduce blue with either vase or cloth.

When white flowers are used for the purpose of creating a very definite note of whiteness, as when they are used in red, white and

EYES TIRED? Modern life imposes a great strain on your eyes. Irritated, reddened, itchy, tired, strained, they need relief. Cleanse and soothe your eyes with Murine. For it helps nature keep your eyes healthy and healthy eyes are beautiful eyes. Murine contains seven ingredients known for their value in the proper care of the eyes. Use Murine night and morning for real eye comfort.

Marriage Not Only Goal for Girls Dorothy Dix There's "Sugar" for Old Maids

Spinsterhood is no Longer Looked Upon Askance - Girls Who Fail to Find Husbands Now Have Many Other Interests in Life

The one obsessing fear of all girls is that they may be Old Maids. The first apprehension that they may not get husbands strikes them when they are 22 or 23 and they begin to wear an anxious and seeking look. At 30 it has become a haunting dread that keeps them awake at night, and by the time they get along toward 35 or 40 they are in a state of panic in which they will marry a poor w dowder with six children, a senile grandpa, a mamma's darling or a Weary Willie.



Now just why women should consider it such a catastrophe not to get married, and that it is some sort of a disgrace to be a Miss instead of a Mrs. is one of the mysteries of feminine psychology that no one can explain. It is just one of the things that are, and at which I marvel continually as I read the flood of letters that come to me from otherwise intelligent women who are "getting along", as the phrase goes, who have got into a blue funk over the prospect of being spinsters. They ask me how they get husbands and tell me that they are contemplating marrying men for whom they do not care, men who are not even congenial and who have nothing to offer them in the way of money or position.

It isn't that these women are romantic schoolgirls who think that when they marry they will get a Prince Charming who will bear them off to live in a bliss in an enchanted castle. It isn't even that they are so wildly, passionately in love that they are willing to endure everything to be with the adored ones.

They are adult and, at least, medium hard-boiled and have seen enough of other women's husbands to have few illusions left about the creatures. Nevertheless they are crying for one and won't be happy until they get him, and seldom then.

Of course, it is easy to see why women in the olden times should have been willing to get married to escape the obloquy of being called old maids. Then marriage was the only gainful occupation open to women except menial labor. Also it was the only way in which she could achieve an independent place in society. And so it was obvious that every woman who could would get herself a husband. Hence, for a woman to be single was evidence that she was lacking in charm and attractiveness and had been passed over.

But all of that is better water that has passed under the bridge. No woman has to marry now for a meal ticket. She can earn her own bread and butter and cakes and ale. No woman has to be an unwelcome dependent on her family. She can stand on her own feet. No woman has to marry for a home. She can establish her own. No old maid's life is dull and drab unless she makes it that way. No old maid is pitied. She is oftener envied.

In these days the old maid and the old bachelor stand upon the same platform, and it is no more a reflection upon the merits of one to be single than it is upon the other. Every one presumes that they preferred celibacy or that it was thrust upon them by circumstances, and lets it go at that. No women are more respected, more popular or sought after than intelligent, jolly spinsters who ask no favors of anybody and receive favors from everybody.

If women could only be made to see this and to take spinsterhood in their stride, as men take bachelorhood, as something that is part of their preordained fate and that has many compensations for what problematic love may have, it would do much to bring happiness to millions of their sex and to prevent many of the tragedies that come from a woman marrying just to be a-marrying.

It would save many a foolish young girl from jumping at the first chance she had. It would save much domestic wrangling between husbands and wives when the woman who has married a man she doesn't love just to get a husband takes out her disillusion in quarrelling with him. And it would save many a divorce when the woman who has thrown away her single blessedness for double wretchedness tries to get back to her former estate.

No one will deny that the happiest lot for women is marriage, provided they marry the men they love and who love them and provided they get husbands who are faithful and tender and kind and generous, but, lacking one of these paragons, much is to be said for the lot of the old maid and no girl need be afraid of being a girl bachelor.

DOROTHY DIX.

WHAT A BOY FOR HIS FOOD WHAT A FOOD FOR A BOY!

He enjoys the great big game of life. He's up and into everything with a zest and interest which spring from good health and high spirits. And he's got a real, rugged boy's appetite that must be satisfied. That's why, like his mother, he's all for Shredded Wheat. The healthy nourishment in the crisp, oven-crisp biscuits supplies the energy-fuel he needs and must have every day. Give your children, your whole family, the substance of whole wheat in its most perfect form—give them Shredded Wheat, the food that builds up strength and stamina.



12 big biscuits in every box THE CANADIAN SHREDDED WHEAT COMPANY, LTD. Niagara Falls, Canada

SHREDDED WHEAT MADE IN CANADA - OF CANADIAN WHEAT

Today's Short Wave Radio Program (All Time in Eastern Standard)

- FRIDAY, JUNE 25 PARIS 9:30 a. m. - "She's Yours," operetta in one act. TPA-2, 19.6 m., 15.24 meg. BOSTON 10:30 a. m. - Harvard Chapter of Phi Beta Kappa. WIXAL, 25.4 m., 11.79 meg. TOKYO 4:15 p. m. - (Saturday) - Popular Songs, sung by Miss Ichimaru. JZJ, 25.4 m., 11.80 meg. SANTIAGO, CHILE 5 p. m. - Dance Music. CB615, 24.3 m., 12.30 meg. ROME 6 p. m. - News in English; Concert; Rome's Midnight Voice. 2RO, 31.1 m., 9.63 meg. BERLIN 6 p. m. - "Justice in California," a radio play DJJ, 25.4 m., 11.77 meg. MOSCOW 7 p. m. - Civil Aviation in the USSR. RAN, 31.2 m., 9.6 meg. LONDON 10:25 p. m. - "Responsibilities of Empire," a talk by the Viscount Halifax. GSI, 19.6 m., 15.26 meg.; GSF, 19.8 m., 15.14 meg.; GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg. PITTSBURGH 11:30 p. m. - DX, Club W8XK, 48.8 m., 6.14 meg. VANCOUVER 12:00 midnight - Continental Varieties, directed by Jack Avison with Rahona Rambert, soprano. CJRO, 48.7 m., 6.15 meg.; CJRX, 25.5 m., 11.72 meg. TOKYO 12:15 a. m. (Saturday) - A Movie Story, by Shoko Takemoto. JZJ, 25.4 m., 11.80 meg. LYNDHURST, AUSTRALIA 4:40 a. m. (Saturday) - National Program VK3LR, 31.3 m., 9.58 meg.

FASHION GUIDES FOR THE HOME DRESSMAKER

You'll look fresh no matter how hot the day in a simple frock like this with new square neck. The front panel effect gives pleasing height to the figure.



White polka-dots on carnation red background lawn made this delightful dress. Wear the vogueish red and white cotton print to town, for the country or the beach! Wear everywhere! It's an opportunity to make it at a low price.

Black and white sparkling sheer cotton voile print is exciting new! It looks sophisticated—and is cool as a cucumber for town and for informal dining and dancing.

You'll be surprised at the easy making of this simple sports type dress. A 300-h-step sewing instruction chart is included.

Style No. 2783 is designed for sizes 14, 16, 18, 20 years (32, 34, 36, 38, 40, 42 and 44-inches bust. Size 36 requires 3 1/4 yards of 39-inch material with 5 1/4 yards of binding.

Price of pattern 15 cents in stamps or coin (preferred) wrap coin carefully address to Charlottetown Guardian giving—Style No. 2783 Size.

Name _____ Street Address _____ City _____ State _____

A Morning Smile

The minister's wife had an unwelcome visitor in a very talkative scandal-monger, so the minister went out for a stroll. Returning half an hour later, he called out: "That old cat gone, I suppose?" "Yes," said his wife, who still had her guest talking to her. "I sent it home in a basket, my dear, this morning."

What do you think of that for presence of mind and absence of cat?—Christian Life.

A true dog lover had presented a puppy to a friend who called up in a few days quite excited. "Oh," she wailed, "Skippy has chewed off one corner of our best Oriental rug. What shall I do?" "Never mind," answered the dog lover soothingly. "If it's a real Oriental the colors won't hurt him."

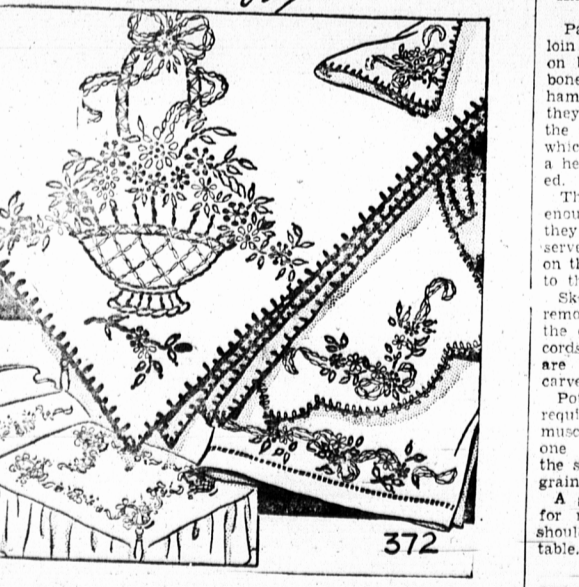
The newest linen bags come in lovely bright colors, with borders, handies and initials in white. The initials are fat corded ones in script that look as though they might have been squeezed out of a pastry tube by an expert cake decorator.

EYES ONLY FOR EACH OTHER



The wedding's only a few days off, and are they in love! Ethel du Pont and Franklin Roosevelt, Jr., find it difficult to restrain those affectionate, caressing glances even with the camera looking on.

FLOWER BASKET EMBROIDERY by Mayfair



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Mayfair Needle Art Baskets of flowers have always been the most popular of all needlework designs. These are artistic in every line and you will find them perfect to decorate your most treasured possessions. Another consideration is the pretty effect or effect and simple stitches used. Work this design in rich, dark shades on a living room runner and cushion, and in lighter shades on a luncheon set or on your bedroom linens. Attractive on a bedspread, vanity or dresser set, boudoir pillow, curtains or towels. The pattern includes four large basket motifs, four napkin motifs, two runner and two towel motifs, stitch and color charts and keys, and simple assembling details. For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department. Use this coupon. Print your name and address plainly To The Charlottetown Guardian Needlework Dept. DESIGN NO. 372 Name _____ Street Address _____ City _____ Province _____

"HANDLES" FOR THE CARVER.

Paper frills on the rib ends of loin pork roasts and standing ribs on beef and on the end of the bone of a leg of lamb or baked ham are a help to the carver for they serve as "handles" to steady the meat. But there are garnishes which are a hindrance rather than a help, and these should be avoided.

The platter should be large enough to hold the slices after they are cut, before they are served. Roasts should be placed on the platter with these "handles" to the left of the carver.

Skewers and strings should be removed in the kitchen, except in the case of rolled rib roast. The cords keep this roast in shape, and are cut, one at a time, as the carver comes to them.

Pot roasts from rump or chuck require care in carving for the muscle fibres do not all run in one direction. Insofar as possible, the slices should be cut across the grain.

A good sharp knife is essential for meat carving, but the knife should never be sharpened at the table.

Colors in Homes Combat Darkness Color may be used advantageously to combat dark days. Carefully selected tints tend to utilize and reflect every ray of sunshine that enters and give the impression of sunshine even though the weather outside may be gloomy and gray. Pale-yellow walls and woodwork, yellow-orange draperies, blue and green tones on painted furniture brightly enamelled containers for growing plants form a combination which promotes a cheerful atmosphere and gives the effect of an indoor garden where the sun is constantly shining. Porches may be converted into sunrooms successfully at small expense. Minard's Liniment removes stains.

THE COOK'S CORNER

STUFFED TOMATOES 6 medium sized tomatoes, blanched and peeled 1-2 cup shredded crabmeat 1-4 cup finely chopped pickle 1 teaspoon finely chopped pimiento 1 teaspoon finely grated onion 3 or 4 chopped olives 1-2 teaspoon salt 1 teaspoon lemon juice 1 mayonnaise Blanch and peel tomatoes and place in refrigerator to chill thoroughly. Scoop out centre and fill with the following mixture: Mix the crabmeat, pickle, pimiento, grated onion, chopped olives together and then add salt and lemon juice, blending thoroughly. Fold in enough mayonnaise to hold well together. Fill centre of tomatoes and sprinkle top of each with finely sieved, hard-cooked egg yolk. Chill and serve on crisp lettuce leaves and garnish with celery curls, radish roses and extra mayonnaise.

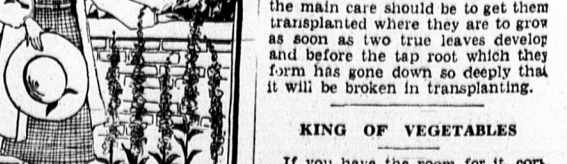
STUFFED PEPPERS WITH CORN 6 large green peppers 2 cups drained canned corn 2 cups bread crumbs 2 tablespoons chili sauce 1 teaspoon salt 1-8 teaspoon pepper 5 tablespoons melted butter Wash the green peppers, cut off the tops at the stem end; remove the seeds. Combine the corn with remaining ingredients and use as a stuffing for the peppers. Place upright in an uncovered casserole and bake in a hot oven of 400 degrees F. for one hour. Serves six.

PASSIONFRUIT FLUFF (An Australian Recipe) Dissolve 1-pint packet of strawberry jelly powder in 1-2 pint of hot water. Beat the yolk of 1 egg in a breakfast cup of milk, and add to the jelly when cold. Whip white of an egg until stiff, then with 3 dessertspoons of passionfruit juice stir hot vigorously into jelly and milk mixture, and chill. This may be served with a custard

WHAT IS HOME WITHOUT A GARDEN?

While the hollyhock is a perennial, gardeners usually prefer to grow it as a biennial and be sure of a solid and regular group or border as a certain number usually succumb each year. The life of the hollyhock is usually not more than three or four years at most. There are many beautiful colors and strains in both double and single. The Newport pink double is one of the favorites and one of the finest hollyhocks. New strains and colors are offered each year. The Allegheny or fringed annual hollyhocks offer a fine range of color. They sometimes bloom the first year if planted early. The seeds germinate readily and the main care should be to get them transplanted where they are to grow as soon as two true leaves develop and before the tap root which they form has gone down so deeply that it will be broken in transplanting.

There is no more stately or decorative perennial than the hollyhock and no more democratic plant as well as aristocratic. It graces a millionaire's estate with equal beauty. It even runs wild in the countryside and makes brilliant groups along the road sides. Many people depend upon self sown seeds of their old plants to maintain a supply. While there will be myriads of plants, it is much better to plant colors and plants are obtained by a fine planting pedigree. They should be planted this month. The larger plants they can make this year the larger and finer the spikes will be next year.



Hollyhocks Are One of the Best Tall Growing Flowers

Corns Relief in one minute all Pain Vanishes PUTNAM'S Corn Extractor