

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## Household Hints

By Roberta Lee

### Mending Gloves

When mending gloves, first put the finger into a thimble and then into the glove. This avoids pricking the fingers. Gloves of leather or skin should be mended with cotton thread, never with silk.

### Paint Brush

A used paint brush can be softened by boiling it in vinegar. If very hard, repeat the operation.

### Icy Streets

Many a slip on icy streets can be prevented if a two-inch strip of adhesive tape is attached lengthwise to the sole of each shoe.

## For The Cook

### FRUIT TAPIOCA PUDDING

One cup tapioca, four tart apples, one lemon, one cup sugar, and water enough to cook about a quart or less. Put in pudding dish in oven, and cook until done. Beat together one cup of sweet cream, one-half cup brown sugar, and stir into pudding. Serve hot or cold. This is very good.

## Albany And Vicinity

Messrs Harry and St. Clare Stewart of West Point have returned to their home, after spending a few weeks in Albany.

Misses Margaret and Anna Carmichael and Mr. Duncan Carmichael were recent visitors to Summerside.

Mrs. Ewen Cameron, Mrs. George Burns Miss Ruby Burns and Messrs Keith and Waldron Cameron, recently motored to Summerside.

Mrs. James MacQuarrie, Mr. Fred MacQuarrie and Master Arthur MacQuarrie Searle were recent visitors to Summerside.

Mr. and Mrs. A. E. Holland and Mr. Arthur Holland, Searle town, motored to Charlottetown on Sunday.

Mr. and Mrs. James Greenan, Newton, were visitors to Albany recently.

Mr. George Campbell and daughter



## Something specially nice

When you make a savoury dish—hot-pot—tasty curry, or meat patties—make it with Oxo. The rich Beef-juices of Oxo give charm and flavour—just that rightness which appeals to the palate. Oxo Gravies—delicious—made in a minute!



ter Miss Mable Campbell, Freetown, were visitors to Albany this week.

A very successful chicken supper was held in Albany Village school Tuesday evening, under the auspices of the Jubilee Womens Institute. There was a large attendance of people. The lucky guessers of cake which weighed six and a quarter pounds was Mr. Elmer Francis and Mr. Harold Affleck being the lucky gusser in the bean contest. A snug sum was realized.

Mr. and Mrs. Rex Dawson, North Tryon, were visitors to Albany Tuesday evening, while there they attended the chicken supper.

The school is progressing favourably under the skillful and careful management of Mr. Wilfred Keefer.

Mrs. Fred Hooper Mrs. Major Lowther and Miss Gladys Lawler attended the chicken supper in Albany Tuesday evening.

Misses Helen and Winnie Mac-Williams Augustine Cove are spending a few days in Albany.

A large number of people attended the sale at Searle town on Monday of Mr. Elmer Francis. Master Sheldon Cameron little son of Mr. and Mrs. W. P. Cameron is spending a couple of weeks pleasantly with relatives in Springton.

Misses Bessie and Edith Crossman Cape Traverse were visitors to Albany Tuesday.

Traveling alone to a vacation camp near Boulogne, France, an unidentified eight-year-old boy fell from the train and was killed.

## Dorothy Dix Letter Box

### Why Every Mother-in-Law is Determined to Make Her Son's Wife Over — Keeping an Engaged Girls Mind on Her Lessons — Bashful Young Man

Dear Dorothy Dix—My husband and I are the bread-winners of our family, the family consisting of his mother, my son and ourselves. Both of us work hard, and as my health is very delicate the burden of living sometimes seems almost too great to bear, but I am spurred on by my love for my husband and son, and all would be well except for my mother-in-law.

She does not take into consideration that I am a woman 30 years of age and tries to remodel me and complains continually because I do not rave and gush over her, and because I do not feel equal to going out to places of amusement in the evening when I come home exhausted from work, and also because she has the responsibility of taking care of my little boy and cannot go and come any minute she wants to. She may miss a bridge party now and then, but she never considers that I spend all of my days slaving at a desk, and that helping to support a person is just as much an expression of affection as calling them "darling."

I am doing my best, but I certainly don't feel that I should be called to account because my disposition is quiet. Why can't mother-in-laws take us as we are, anyway? A BEWILDERED DAUGHTER-IN-LAW.

Answer:

When you come right down to brass tacks, my dear, it is self-conceit that makes all of us think that our way is the best way, that our tastes are the standards to which others should conform, and that our criterions of conduct are the only ones beyond criticism.

That is why people try to make you give up your own religion and politics and espouse theirs. It is why people who have been reared on plain cooking think everybody who likes sophisticated dishes will bring dyspepsia upon themselves if they eat highly seasoned food. It is why people who like gayety and to run around want to drag the stay-at-homes away from their comfortable chairs and good books of an evening. It is why gushing people always call reserved people cold and reserved people think gushers are hypocrites.

This kind of conceit is one of the most pronounced characteristics of age. Practically all old people believe that they are fountains of wisdom and their point of view is infallible and that their opinions and the customs of their youth are sacrosanct. Father thinks John is going to the devil because he speeds around in an automobile, which father never did when he was a lad. Mother is sure that Mary is going to kill her baby with all these new fangled theories about sterilizing things and not rocking babies to sleep because she didn't raise her children that way.

So there you are, and if your mother-in-law was your mother and you had to live with her, she would treat you just the same way and because that is the way of an older woman with a younger one.

The older woman never can understand that the younger one is grown up and has her own individuality, her own likes and dislikes and little ways, and that her happiness depends upon her being able to enjoy them without being nagged about them, and without either mother or mother-in-law trying to cut her over by her own pattern.

That is why girls leave home and why whenever two women have to live in the same house there is sure to be friction. Because not to save her life could either mother or mother-in-law keep her finger out of daughter or daughter-in-law's pie.

As for mother-in-law complaining about what she has to do, that is just because she wants to be jollied a little and made a fuss over. Many women use that method of calling attention to themselves and what they do for their families. Every day you hear mothers mourning over how they are tied down by their children, and telling how long they have stood over the cookstove getting a meal and how many stockings they have to darn and how much dirt the boys bring in, etc.

You would think they considered themselves perfect martyrs, but they don't. They don't begrudge one lick of work they do for their families, or one sacrifice they make for them. They are just trying to get a little appreciation. They just want to be told what wonderful cooks and housekeepers they are, and that they are the best mothers ever, and that their husbands and children love them for it and are grateful to them.

It's pathetic, isn't it, this begging for a little praise, like a hungry dog for a bone. And it is a little cruel and selfish that the families of these women won't take the time and trouble to throw them a few kind words that would cost nothing and make them happy and contented. Suppose you try that to your mother-in-law and see if it won't silence her complaints.

But I agree with you, poor, bewildered daughter-in-law, that the millennium will have arrived when those about us quit trying to make use over and let us live our own lives in peace in our own way. DOROTHY DIX.

Dear Miss Dix—I am a young man of 23 engaged to a girl of 17. She has still a year of school to complete. We have planned not to get married for about two years. That will give the girl a chance to finish school and me the opportunity to get together a few dollars. However, the girl's mother is somewhat against the thing. She has no objection to me, but thinks we should wait until her daughter has finished school before being engaged, as she says the ring distracts the girl's mind from her work, but we do not believe that an engagement ring should be given back. We have all three decided to abide by your decision, so give it gobs of thought before you render the verdict. FLAPANDUS.

Answer: I don't see how the ring, or even the fact of your being engaged, particularly affects the situation. It is the fact of your being in love that counts, and is likely to take the girl's mind off of her school books, because romance is very likely to fill a young maiden's mind to the exclusion of every other topic.

However, love works in a mysterious way its wonders to perform, and let us hope that in this case it will prove an inspiration that will make her put more punch and energy into her school work, as it often incites a man to make greater effort to succeed in business so that he may lay his triumphs at his sweetheart's feet.

So in this case, inasmuch as Cupid has already got in his deadly work and you are already engaged, I see no reason why the ring should be returned and the engagement called off. It seems to me that this would upset the girl's mind and take it away from her studies far more than letting matters stand as they are.

But stick to your resolution not to get married for two years. No girl of 17 is fit mentally or physically to take upon herself the burdens and responsibilities of matrimony. DOROTHY DIX.

Dear Miss Dix—I like a certain young man, but I have never been introduced to him, but my parents know him well. When we are in a crowd he

## What the Fashionable Are Wearing

### Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



shade of fall crepe. The dark green suede belt is worn at slightly raised waistline. Inset pockets are placed at either side of front with piping of self-fabric.

Style No. 3030 can be had in sizes 16, 18 years, 36, 38, 40 and 42 inches bust.

Tweed in Spanish red with matching faille silk crepe collar and cuffs with matching suede belt is swagger for sports, street, travel, or classroom.

New army blue wool crepe with vivid red faille silk crepe collar and cuffs edged with the blue is youthfully smart.

Covert cloth in partridge brown with matching faille silk crepe collar and cuffs with huge brown bone buttons is sportive.

Red-danish canton crepe self-trimmed expresses smart simplicity in fabric and color.

Independence blue silk crepe with crepe satin collar and cuffs in aquamarine shades accented with blue covered buttons with satin rims, is decidedly unusual.

Printed sheer velvet, crepe marocain, crepe de chine, Rayon printed crepe, printed wool challis, and wool jersey appropriate.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 3030. Size .....

Name .....

Street Address .....

City .....

State .....

A sheer woolen that suggests tunic styling with its killed low placed flounce, buttons down centre front in coat effect.

It is in bottle green shade with buttons in deeper shade of same tone. The youthful collar and flaring cuffs are of faille silk crepe in egg-shell shade piped in the deeper green

encourage your natural wave with the aid of your comb and fingers. Steam the hair, and whilst it is still damp arrange your waves and pin them into place. After your shampoo, before the hair is quite dry, arrange your waves. The following tonic may be used as directed; it is not a dye and will not restore gray hair to its original color, however: One dram tincture of cantharides, ten drops tincture capsicum, one dram roseocin, and six drams castor oil and ten ounces bay rum. Shake well. Apply a little to the scalp and massage it for several minutes. LOIS LEEDS.

## Milady Beautiful

By Lois Leeds



### BEAUTY QUESTIONS ANSWERED

#### Eyes and Mouth Wrinkles

Dear Miss Leeds—I am 42 years old. I have a few wrinkles around my eyes and mouth. How can I get rid of these? (2) I have naturally wavy hair which is turning gray. How can I cure it without dyeing it?

MRS. AGNES.

Answer—At bedtime after cleansing the face thoroughly pat on a little muscle oil or tissue cream across the path of the wrinkles. Once a week have a thorough facial massage and use the weekly facial pack. Massage will stimulate the circulation and tone up the muscles. If your skin is inclined to be dry, use a little cold cream after washing and drying the face. Remove the excess cream and pat on a skin tonic. Make sure that you are not suffering from eye strain, as this will cause eye wrinkles more quickly than anything else.

(2) Once the hair has turned gray nothing but a dye or restorer will color it. The dye must be used at regular intervals, as the gray hair grows in from the scalp. The best thing to do is to build up your health by wise diet, plenty of fresh air, rest and sunshine. Massage your scalp and brush your hair for ten minutes every night and morning. This will stimulate the circulation and keep your scalp flexible. It is very often dry hair with a tight scalp that fades and turns gray prematurely. Use a stimulating hair tonic two or three times a week. Shampoo your hair with a mild liquid shampoo and dry it carefully. Do not use hot irons, but

just stands and watches me all the time. Why does he do this? I would like to be more friendly with him, but how can I?

ROSE.

Answer:

Probably he would like to know you better, but is shy and doesn't know how to get acquainted. Get your mother to give a little party and ask him.

DOROTHY DIX.

And the aim is always quality above all else.

# "SALADA" TEA

'Fresh from the gardens'

### Etiquette

By Roberta Lee

Q. At an afternoon affair does the hostess go to the door with each departing guest?

A. No; she receives their farewells among her other guests and goes to the door with only the last guest.

Q. When there is no maid in the home, who serves the soup, meat and vegetable courses and who the salad and dessert courses?

A. The father serves the soup, meat and vegetable courses, and the mother the salad and dessert courses.

Q. When two women are introduced should they shake hands?

A. Yes, ordinarily, if they are close together.

### A Morning Smile

ASK ME

She had done everything wrong. She had disregarded the signal lights, then stalled in the middle of the street, and before starting had taken out her powder puff and started to apply it to her face. An irate traffic cop rushed up:

"Say, lady, do you know anything at all about traffic rules?"

"Why, yes. What is it that you want to know?"

Denmark's new automobile plant will begin operation next spring, and will have a yearly production of 30,000 cars.

Nearly \$3,600,000 worth of soap and toilet preparations were imported into the United States in the first six months of this year.

Minard's Lintment for Chapped hands

### This sauce deserves its fame

by Mary Blake

I have given my recipe for white sauce to many women. They always tell me it's the best sauce they have ever tasted, so I don't feel that I am boasting unduly when I praise it to you. I claim no credit myself for its deliciousness. I know quite well that its smooth, rich creaminess is due largely to the milk used.

Unless the milk used in a white sauce is pure and sweet and rich in cream, you'll get an indifferent result. But if you have creamy whole milk of the highest quality, pure and sweet, you can count on a delicious sauce. And that is exactly what you have in Carnation Milk. It is simply the best of whole milk from selected herds, with nothing added and nothing taken out except part of the water.

Being evaporated to double richness, it makes the creamiest of sauces, without the extravagant use of butter. Being "homogenized"—which means that the double cream content is broken up into minute particles—it gives a wonderfully fine, smooth texture. And this same rich creaminess and velvety-smooth texture are found in every dish in which Carnation Milk is used.

Because of its uniformity, dependability, convenience and real economy, you will prefer it for all cooking. Won't you send for the Carnation Cook Book? It is free. Address Carnation Milk Products Co., Limited, Aylmer, Ont.

**Carnation Cream Sauce**  
(for vegetables or fish)  
1 1/2 tbs. butter, 1 1/2 tbs. flour, 1/4 tsp. salt, few grains pepper, 1/2 cup Carnation Milk, 1/2 cup water. Melt butter in top portion of double boiler; add flour and seasonings; mix thoroughly. Add Carnation diluted with water; stir constantly until smooth and thick; place over hot water and continue cooking 10 minutes, stirring occasionally.

**Carnation Cheese Sauce**  
(for vegetables or fish)  
Add 1/4 cup grated cheese to 1 cup Carnation Cream Sauce and stir until melted. Serve hot.

**Carnation Egg Sauce**  
Add 1 chopped hard cooked egg, 1 tbs. chopped parsley, and 1/4 tsp. celery salt to 1 cup Carnation Cream Sauce. Serve hot.

**Carnation Spinach**  
3 tbs. butter, 3 tbs. flour, 1/4 tsp. salt, 1/4 tsp. pepper, 1/2 cup Carnation Milk, 1 can spinach (No. 2), 1/2 cup spinach liquid, 1/4 cup grated cheese, 1/2 cup dried bread crumbs stirred in 3 tbs. melted butter. Melt the 3 tbs. butter, add flour and seasonings and mix thoroughly; add Carnation and liquid drained from can of spinach. Stir constantly until smooth and thick. Add grated cheese; when melted add spinach. Put mixture into casserole, cover with buttered bread crumbs; brown in oven 10 minutes. Serve 6.

### Smoother, Creamier Sauces

Even the best of bottled milk cannot equal Carnation Milk in cooking results. Velvety smoothness, rich creaminess, fragile texture, delicacy—these are some of the qualities which Carnation Milk gives to foods. Try it!

(See recipes above)

From Contented Cows

on the label means EVAPORATED MILK of highest quality

HE FELLOW WITH THE LONG HEAD AND SHORT CHIN WILL NEVER BE CAUGHT BLUFFING

YARDLEY'S Old English LAVENDER SOAP

191770

in the days when the iron clad hoofs of coach horses rang on cobbled streets Yardley's Old English Lavender Soap was cherished for its perfect purity and lovable fragrance.

Then, as now, lovely ladies used Yardley's to soften and refine hands and faces—and to add the sweetly clinging breath of lavender to etched skins.

191770

191770