

Woman's Realm / Social and Personal / Fashions / Literature



Living & Leisure —The Woman's Realm

There is ever a song somewhere. My dear. Be the skies above or dark or fair. There is ever a song that our hearts may hear— There is ever a song somewhere. My dear— There is ever a song somewhere. —James White-mb Riley.

IT'S NICE TO TAKE!

● Scott's Emulsion, made of the finest cod liver oil... enriched with hypophosphites of calcium and sodium... is four times easier to digest than plain cod liver oil; has a pleasant taste; is easy to take and retain by children and adults. While there is nothing just as good for children, Scott's Emulsion is an excellent adult tonic and body-builder.

—A BETTER WAY TO TAKE COD LIVER OIL—
SCOTT'S EMULSION
Your ALL-YEAR-ROUND Tonic

A Morning Smile

PRECAUTIONS TAKEN
The hotel manager was passing down the passage one morning when he saw the Boots kneeling at one of the bedroom doors cleaning a pair of shoes.
"What are you doing?" he asked. "Take them down to the basement at once and clean them there."
"Impossible, sir," replied the Boots, "there's a Scots gentleman inside the room, and he's hanging in to the heels."

IT'S NO IDLE GOSSIP—
When a cake flour makes baking easier and surer, that's worth talking about.

SWANS DOWN THE SPECIAL FLOUR FOR BETTER BAKING
SWANS DOWN Cake Flour is made purposely to help you bake cakes the way your family likes them—softer, lighter, more temptingly lovely. Milled by the "Controlled Milling Process" from soft winter wheat grown for Swans Down in one particular section, Swans Down is 27 times as fine as ordinary flour. Extra quality and superlative fineness enable this special cake flour to react quicker and more efficiently to the leavening process, making it easier for anyone to bake higher, more delicate and appetizing cakes with Swans Down.

RECIPES FOR THE 9 MOST POPULAR CAKES ARE ON THE PACKAGE

THE INSURANCE POLICY FOR BETTER CAKES

SWANS DOWN CAKE FLOUR

LABELS ON JARS

To save the trouble of renewing labels which invariably come off when you wash the glass and stone jars in which you keep dry stores, you may use the glue-size of the glue size and then when dry with a clear nail varnish. The labels do not wash off and keep clean and fresh.

SAVING SILK STOCKINGS

Before starting to wear silk stockings, cut two small squares out of old stockings and place them in the palace at the back of the heels, just where they get the most wear. Sew these in using a herringbone stitch and you will find you never have to darn at the heel of your stockings.

The Imperial Ivory Works produced the best fans in China. Located in the palace at Pekin, it was founded in the 17th century, and did exquisite work on the ivory handled and sticks of fans.

Temporary bridges are built over bomb craters occasionally in London so that traffic will not be hampered.

COMPANY DESERT

Bake sponge cake in a shallow square pan. When ready to serve, cut into squares. Split, fill with vanilla ice cream, pour caramel sauce over the ice cream sandwich, and garnish with chopped nuts.

To clean a white raincoat cut up two ounces of good yellow soap and boil it in a little water till dissolved, then let it cool a little and stir in half an ounce of powdered magnesia. Wash the raincoat with this, using a nail brush for the soiled parts, rinse off the dirty soap and dry with a clean cloth.

GLUE JAZZED STAIN GIVES ENGLISH FINISH

To give an English finish to knotty pine panelling a glue-sized stain may be used to advantage. To prepare this, combine raw sienna with a small quantity of raw umber and a dab of Venetian red. Dilute the mixture with thin glue size. Apply this to the panelling and allow time to dry thoroughly. To soften and shade the colors of fret, wipe over with a soft cloth wrung from warm water.

After the finish is thoroughly dry, apply a thin coating of bleached shellac and rub down with a fine sandpaper until the surface is smooth. The final finish should be of flat lacquer or rubbing varnish.

CONCRETE SOAP

Concrete blended with soap and resin is being tested by the Michigan State Highway Department as a possible means of preventing pavement scaling caused by the application of chemicals to remove ice.

THE COOK'S CORNER

STEAMED FISH LOAF
1-2 cups flaked, cooked fish
1 teaspoon salt
1-4 teaspoon pepper
1 tablespoon minced onion
1 tablespoon chopped parsley
1 egg, beaten
1-4 cup bread crumbs
Milk
4 cups mashed potatoes
1-2 cup grated cheese
Method: Season the flaked fish with salt, pepper, onion and parsley. Add the beaten egg to the crumbs and combine this with the fish. Add enough milk to the mixture so that it will stick together. Line a well-greased mould with mashed potatoes and fill the centre with alternate layers of fish mixture and grated cheese. Cover with the remainder of the potatoes. Pack down firmly. Cover the mould closely and steam for 45 minutes. Serve this hot with parsley sauce.

Dorothy Dix Says

FAULT-FINDING IN-LAWS ARE GREATEST CAUSE OF DIVORCE

Mothers Should Be Extremely Careful In Discussing The Husbands And Wives Of Their Children

Dear Dorothy Dix—Most lawyers say that the girls' mothers cause the greater number of divorces. I believe that, if I had listened to her husband doesn't seem to know how to get along, or telling Bob that he is sick or decide the children are too much for a person of her age, or die or something and she will bundle them up and send them to their mother, where they belong, for they are her responsibility.

ANSWER—The chief diversion of many mothers seems to be "picking on" the men and women "their children marry. They are always talking to their mother, where they belong, for they are her responsibility.

Why mothers do this, they probably don't know themselves. It is just an instinctive jealousy that makes them unable to endure seeing their children love anybody better than they do them and that makes them desire to have their sons and daughters come back to mother for comfort, as they did when they were little tikes.

Do it Unconsciously
The mothers who are really doing all they can to alienate their children from their husbands and wives would tell them that they are trying to break up their homes and would bitterly deny the charge.

AGE AT MARRIAGE MAKES A DIFFERENCE
Dear Dorothy Dix—The fellows in our group would like to know what are chances of happiness in marriage in which the woman is four or five years older than the man? It seems to us that many girls who marry in their teens are so young that they are unfitted to be wives and do not have the understanding or knowledge of what will make a man happy as an older woman does.

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Dear Dorothy Dix—I am very friendly with a girl who has been married before and has two children but is now divorced because of a very unhappy marriage venture. I like her very much, but I don't love her yet. However, I feel that some day I may fall in love with her. My mother doesn't like the idea of my marrying her because of the children. Should I let this interfere? Should I let what people say about having a ready-made family set me down? If we get married the children are going to stay with their grandmother, who is very anxious to have them, but there still remains the fact that the woman has two children. Please advise me as to what I should do.

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South From Mayfair

By Pearl Bellairs

She walked Power up and down on the top of the hill for the better part of 20 minutes, talking in the most formal way. The puzzled and disappointed man followed her back to the car, last, utterly unable to understand her.

But Lorna's mind was clinched upon a purpose, her feelings a tangled knot of angry triumph. Every moment of that quiet walk in the night wind she was thinking of Hawksford sitting behind them in the car, waiting...

She spoke to Hawksford in a cool even tone as they came back to the car. "You may drop Mr. Power at the dance again, Hawksford, and then drive me home."

His face was an expressionless blank of shadow under the peak of his cap.

"Very well."
"What had he thought, what had he felt in that 20 minutes while he had waited? Wild shame? For her own mad behaviour seized Lorna and she could hardly speak to Power or the way back into town. She didn't wait for Allen, but drove back to the Shanes behind a stony silent Hawksford, the graven image of a man...

Lorna's evening ended in a storm of furious tears on the bed in her room. Never in her life had any man prompted her to such bad behaviour, to be such a fool as Hawksford had done in the month since she had known him!

Her father's chauffeur! A thief at that!

"Eight weeks says I don't believe like a lady!" Lorna told herself furiously.

CHAPTER VII
STRANGE DOCUMENT
"Lorna," General Marris, sitting at the writing table in the Shanes' sitting room, called to his daughter in a low voice as she came downstairs towards noon on the following day.

Their hostess had gone into town with Miss Marris for what New Zealanders call "morning tea"—tea and cakes at eleven in the morning.

Colonel Shane was half visible at the end of the lawn in the shrubberies conferring with the gardener. The sunlight and garden fragrance streamed into the house, and the colours of flowers glowed beyond every window.

Lorna stepped in to the sitting room. General Marris rose from the writing table with a grave face, and came and closed the door behind her. She asked nervously:

"Is something wrong?"
"I don't know—yes, I'm afraid so. It looks as though something may be very wrong indeed. Look at this!"

He had a sheet of paper in his hand, and he laid it on the writing table beside his portable typewriter.

It was a sheet of paper on which had been typed, roughly and hurriedly, a few sentences relating to gun emplacements, communications and strategic positions. It conveyed very little to her.

"But what is it?" Lorna asked.
"Someone has made notes on the fortifications of Picton, and on the remarks I made to Colonel Gloucester about the nature of the harbour. General Marris rose from the scheme for altering the defences would affect the system they already have there."

"Why? Why has someone—whoever it is who has used this typewriter—ince we were in Picton—why have we made notes of my remarks? The line of worry between Sir Weston's whitening eyebrows deepened. "Someone is collecting information, and there can be only one reason for that!"

"To pass it on?" Lorna's heart stood still.
"Exactly!"
"Who has used the typewriter?" she managed to ask.

"Myself and Allen."
She reminded him, with uneasy emphasis, "And Hawksford!"

Test its ECONOMY! SEE IF YOU DON'T GET MORE RICH FLAVOUR MORE SATISFYING GOODNESS FROM EVERY POUND



IMPROVED BLEND—VACUUM PACKED
Roasted in Canada by a Special Process
DRIP GRIND—for Drip Pot and Glass Coffee-Makers
REGULAR GRIND—for Percolator or Boiled Coffee

MAXWELL HOUSE COFFEE

"Yes, Hawksford. We three. Unless someone in one of the hotels may have used it."
"At Picton the whole staff was staying in the hotel and the typewriter was on the writing table in the lounge."
"But only Allen and Hawksford were with myself and Colonel Gloucester when we were going back in the car after the inspection. No, there was another officer with us, an R. A. F. man named Bertling."

"It seems as if only someone who used the typewriter habitually would have forgotten that they had left a thing like that in the lid." Lorna forced herself to say.

"Or someone who pushed it among those papers in a hurry, and hadn't the chance to recover it later."

Lorna was painfully silent, while her father folded the paper and slipped it into his notecase. His face a study of concern. There was one question in her mind. Could it have been military information that Hawksford was looking for when she caught him with Allen's notecase? Was he not a thief then, in the common way—but that worse, if more daring thing—a spy?

(To Be Continued)

for HAPPIER, HEALTHIER BABIES
—ask your doctor!
Doctors prescribe Carnation Milk for baby-feeding because Carnation is safe, uniform and very easy to digest. Supplies extra vitamin D. Carnation Milk is economical.
"from Contented Cows"

Needlecraft—For The Home

Here is a three piece ensemble that should be included in every smart girl's wardrobe. You'll wear the gored skirt with other blouses and jackets... the bolero is chic with plain dresses and the blouse is perfect with other suits and skirts. Choose sheer wool, perhaps a navy blue for an advanced note of Spring, for the skirt and jacket. Sheer cotton that always looks crisp and neat such as dotted Swiss makes the blouse to perfection. A grand dress to wear for shopping in town, classes or the office.

Style No. 3205 is designed for sizes 12, 14, 16, 18 and 20. Size 16 requires 2 yards of 35-inch fabric for skirt; 1-8 yards for bolero; 2 yards for blouse.

Send Twenty (20c) coin is preferred. For Pattern Write plainly your Name, Address and the style number. Be sure to state the size you wear. Be sure to include your Name, Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

SKIN BLOTCHES
CUTICURA
Pimples, simple rashes, and similar irritations due to external causes usually relieved and healed by pure, mildly medicated CUTICURA SOAP AND OINTMENT

Do You Suffer From Headaches?

It is hard to struggle along with a head that aches and pains all the time. A headache need not be an illness in itself, but it may be a warning symptom that there is intestinal sluggishness within.

To help overcome the cause of headache it is necessary to eliminate the waste matter from the system. Burdock Blood Bitters helps to remove the cause of headaches by regulating the digestive and biliary organs, neutralizing acidity, regulating the constipated bowels and toning up the sluggish liver, and when this has been accomplished the headaches should disappear.

Get B. B. B. at any drug counter. Price \$1.00 a bottle. The T. Millburn Co., Limited, Toronto, Ont.

Your Individual HOROSCOPE

By Frances Drake

For Thursday, February 13th
MARCH 20 (Aries)
—You've got something today if you go after it with vigor and determination! But you must safeguard your health. You connect with the p-l-c force, fire component, shipping interests. Be especially careful and alert.

APRIL 21 to MAY 20 (Taurus)
—You may not make show headway but steady achievement in any worth while activity and work is favored and possible. Don't strain. Avoid breakage or unnecessary loss through carelessness.

MAY 21 to JUNE 21 (Gemini)
—Keep safely on the practical side of all interests. It's a day for sound reasoning and common sense methods throughout. Nervous haste and quick hasty decisions are not wise.

JUNE 22 to JULY 23 (Cancer)
—Social affairs, amusements, health, handling chemicals, drugs, oils and tobacco are on your "be moderate and careful" list. Take the middle road for safety.

JULY 24 to AUGUST 23 (Leo)
—May not be so favorable for financial transactions and returns on investments or sales as for improvements generally and increasing efficiency and capacity. Avoid recklessness.

AUGUST 23 to SEPTEMBER 23 (Virgo)
—If you get the right kind of start early in the day you should be able to carry on plans and activities without much difficulty. Reduce red tape and confusion.

SEPTEMBER 24 to OCTOBER 23 (Libra)
—Go about your work and other activities with your own common sense methods. Your innate go-d judgment and clear vision will be your sage guides. Don't permit the slights or indifference of others to hurt you.

OCTOBER 24 to NOVEMBER 22 (Scorpio)
—It is important that you plan your schedule thoughtfully and carry through those plans quietly and without nervous strain. You can make headway in YOUR work. Diplomacy stressed at home in social affairs and with children.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)
—Similar tendencies exist today for you as for Scorpio folk. Don't force your opinions even though they may be right. Diplomatic genius persuasion. Give your health and personal appearance some attention.

DECEMBER 23 to JANUARY 21 (Capricorn)
—Don't bring January 6? Your natal planets are more friendly, BUT, all you folks should enjoy the spirit of the day, and no more fuss if it's a w-er. All right, show us your stamina and skill!

JANUARY 22 to FEBRUARY 20 (Aquarius)
—A real test day for

THE COOK'S CORNER

Method: Season the flaked fish with salt, pepper, onion and parsley. Add the beaten egg to the crumbs and combine this with the fish. Add enough milk to the mixture so that it will stick together. Line a well-greased mould with mashed potatoes and fill the centre with alternate layers of fish mixture and grated cheese. Cover with the remainder of the potatoes. Pack down firmly. Cover the mould closely and steam for 45 minutes. Serve this hot with parsley sauce.

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Softest Sabest
and THRIFTY too!
750 snow-white sheets of this highest quality, gentle tissue in every roll, closely rolled to fit neatly into your fixtures. Why accept ordinary tissues when you can have this unequalled value? Put Eddy's White Swan on your shopping list today!

Protect your family with this gentle sanitary tissue