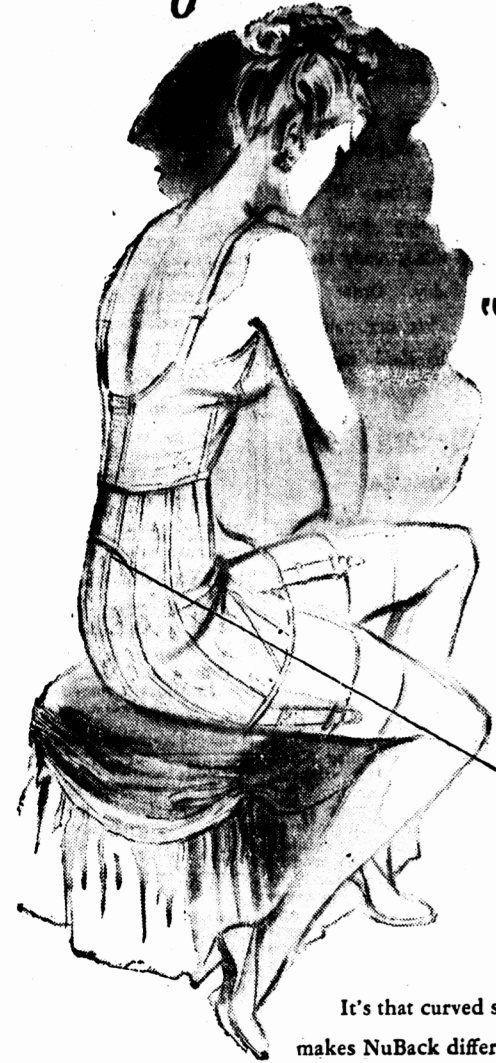


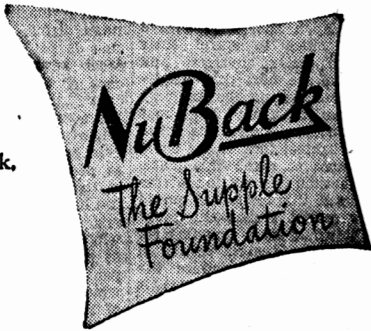
HOSPITAL BAZAAR SPORTING CLUB Opens Monday Evening, Oct. 13

Only NuBack has it!



THE "ACTION BACK" That Allows Freedom of Movement!

It's that curved slash in the back that makes NuBack different from any other foundation—a cut with an overlap of material that telescopes when you bend, stoop or twist! This means it won't ride up, and won't cut into you, in spite of the high front. It's firmly-boned and scientifically constructed to provide control with comfort. Insist on NuBack—be fitted with NuBack. Sold at Leading Stores Everywhere.



ANOTHER Dominion Corset Creation Also from this well-known house: GOTHIC Brassieres • GOTHIC Bandeaux • LEONG Foundations • AERA BACK Foundations by D. & A.

R. T. HOLMAN SUMMERSIDE

"WHERE OLD FRIENDS MEET"

SEE THEM AT MOORE & McLEOD limited

NOW ON SALE AT S. A. McDONALD'S

Upper Floor Main Store Section

SMALLMAN'S LIMITED SUMMERSIDE

WHERE PRICE IS MATCHED WITH QUALITY

The Central Guardian

This column is reserved for news of local interest, but advertising of a new nature may be inserted at five cents a word strictly payable in advance.

COOK'S for Photographs.
JIMMIE'S TAXI Phone 624.
MacPHERSON'S—Men's Clothing, CONFEDERATION LIFE INSURANCE.
SPECIALS on all Permanents this week. The Marie Elena. Phone 2191.
SEVERAL DISCONTINUED patterns Boxers Wallpaper on sale at half price. Hokmans Ltd.
NEW WILLIS PIANO.—Beautiful tone, rich in Mahogany, Tombs Music Store.
THE FASHIONETTE BEAUTY SHOPPE is open for business after the holidays.
KENWOOD OVERCOATS, order now for winter delivery, at Jack Cameron's.
CHURCH OF SCOTLAND.—Services at 12th St. West, Wednesday evening, October 9th, 8.00 P.M. Rev. Horace F. MacEwen.
SPECIALS FOR TWO WEEKS.—\$7.50 Oil and Creme Permanents for \$5.00. Mary's Beauty Parlor, Whelan Building. Phone 236.
THE PRESBYTERIAN CHURCH IN CANADA.—Services for Sunday, October 12th, as follows: Mt. Stewart 11 A. M. Harrington 3 P.M. Marshfield 7.30 P. M. Rev. Norman Young, Minister.
MARITIME CENTRAL AIRWAYS three times daily to Moncton. Air and rail connections to Montreal and Boston. Phone 2031 or 540.

COVEHEAD-STANHOPE United Church Services for Sunday, October 12th, at: West Covehead 11 A. M. Covehead Road 3 P. M. Stanhope 7.30 P. M. Rev. Thomas A. Wilson, Minister.
CAVENDISH UNITED PASTORAL CHARGE.—Stanley Bridge 11 A. M. North Rustico 7.30 P. M. "Come and let us give thanks." George Gough, Minister.
TRYON - BONSHAW BAPTIST PASTORATE.—Services for Sunday, October 12th are: Bonshaw 11 A. M. Observance of the Lord's Supper, Tryon 7.30 P. M. Thanksgiving services. Rev. C. A. Hoops, Minister.
NEW GLASGOW AND CAVENDISH.—Services on Lord's day will be as follows. (D. V.) New Glasgow, 11.00 A. M. Cavendish 3.00. Young People's Group meets at Hazel Grove Friday night. J. W. Hayter, Minister.
BRADALBANE Pastoral Charge. Services Sunday, October 12th. Pleasant Valley 11 A. M. Rally Ray Service, North Granville 3 P. M. Bradalbane 7.30 P. M. Thanksgiving Services, Rose Valley 7.30 P. M. conducted by the Y. P. U. W. B. McPhail, Minister.
THE PRESBYTERIAN CHURCH IN CANADA.—Brookfield Charge. Services next Lord's day as follows: Brookfield 11 A. M. S. S. 10 A. M. Hartsville 3 P. M. S. S. 2 P. M. Hunter River 7.30 P. M. Hartsville Young People's Society, Friday evening 8 P. M. Mr. Donald Nicholson.

THERE ARE OVER 500 WINNERS!

\$2000.00 IN PRIZES

CAN YOU FIND ALL THE MISTAKES IN THIS PICTURE?..

SO MUCH FUN
The whole family will enjoy hunting the mistakes in this Ogilvie picture. And take a look at the prizes! That's real money! Start sending your entries to us as many as you can before the contest closes.

HERE'S WHAT TO DO

- (1) Cut the picture out of this advertisement.
- (2) Ring each mistake you see in the picture.
- (3) On the back of an Ogilvie Oats box-top, or the large "OGILVIE" from a Vita-B bag, or the large "OGILVIE" from a 5 lbs. Oats bag (or reasonable facsimile of same), write the number of mistakes you find.
- (4) Print your name and address and your Dealer's name and address. He will win a handsome gift if you win a major prize.
- (5) Mail your entry (complete with picture) to Dept. A-14 Ogilvie Contest, P. O. Box 6116, Montreal.

LOOK AT ALL THESE PRIZES

1st Prize	-\$700.00
2nd Prize	-\$300.00
3rd Prize	-\$150.00
4th Prize	-\$100.00
5th Prize	-\$50.00

PLUS

200 Prizes of	-\$2.00 each
300 Prizes of	-\$1.00 each

Winners will be informed by mail. If you enclose a stamped, self-addressed envelope with your entry, a complete list of winners will be forwarded to you.

SO MANY OPPORTUNITIES TO WIN

Even if you send only one correct entry you have over 500 opportunities to win! Send as many entries as you can before this super contest closes November 30th, 1947. Enclose EITHER an Ogilvie Oats box-top, OR the large "OGILVIE" from a Vita-B package OR the large "OGILVIE" from a 5 lbs. Oats bag with each entry.

IMPORTANT
If your family hasn't already tasted Ogilvie Oats and Vita-B, now's the time to introduce them to this famous Ogilvie breakfast team and enter the contest too. Winning entries will be selected immediately after the closing date of the contest. The decision of the judges is final. All entries must be postmarked not later than Midnight, November 30th, 1947. This contest is open to residents in Canada only. Employees (and their families) of the Ogilvie Flour Mills Co., Ltd. and its advertising agency are not eligible.

VITA-B

The Stars Say -

By GENEVIEVE KEMBLE
For Saturday, October 11

A SUDDEN acceleration of the energies and forces may give rise to heightened enthusiasm, a dash of zeal or some spurt of interest born of fresh ideas, new techniques, or other stimulations, pushing and urging to ambitious heights. While this may cover much ground, at the same time there are such schemes and pitfalls yawning for half-baked programs or mistakes of excess or forced issues. With carefully formulated plans, moderation in aggressiveness, but direct action on truly constructive lines, perilous entanglements may be sidestepped. The mentality and consequent decisions might be clouded by emotional or unstable impulses or urges.

Those whose birthday it has been promise of a constructive and strenuous year, with important objectives well advanced to gratifying achievement, probably by its zeal and excellent "know how" of matters in hand. Nevertheless, there are strange ideas, plots, even "blackouts," instigated from designing and treacherous sources or unleashed personal emotions, undermining sound values or creating sinister involvements. This also metes the justice relation—both patterns of life. Sidestep the weird and illusive, for safety.

A child born on this day will be energetic, aggressive and constructive but may be tried away by impulses or lured into false positions by its emotions or mental immaturity.

AVONLEA W. I.

Avonlea Women's Institute met at the home of Mrs. Fenner Stewart on Sept. 17th. The meeting opened by singing the Ode and repeating the Creed in unison. The minutes of last meeting were read and approved and the roll call responded to by 14 members. Several visitors were also present.

Committees for next month are as follows: Rustico sick, Mrs. N. S. MacLure and Mrs. Robert Woolner. Rustico school, re-appointed, Mrs. Olaf Stevenson and Mrs. Ernest MacLure. Cavendish sick, re-appointed, Mrs. Fenner Stewart and Mrs. Milton Green. Cavendish school, re-appointed, Mrs. Allan Wyand and Mrs. Alfred Moore.

Correspondence was read and discussed. It was agreed we would collect for the Salvation Army. Moved and seconded that we contribute \$25.00 to help pay for pump in Cavendish school. Members decided to accept the offer of DeBiols Bros. and have a demonstration from one of the flour companies at the next meeting if possible. Mrs. N. S. MacLure and Miss Blanche Wyand were appointed delegates to the annual meeting of the P. E. I. Tuberculosis League.

We were glad to welcome to our meeting Dr. and Mrs. Schapiro of New Glasgow, who spoke to us on the need of a nursing home.

A dainty lunch was then served and the meeting closed by singing God Save The King.

Roll call for next meeting to be answered by donating a piece of clothing for a child between the ages of 2 and 8 years. Collection \$2.83.

AMPHIBIOUS FISH
The climbing perch from Asia is a fish that can walk on dry land and climb trees.

That Body of Yours

By James W. Barton M. D.

CORONARY THROMBOSIS IN CHILDREN AND YOUNG ADULTS

When we read of a man or woman of middle age having an attack of coronary sclerosis (heart stroke) or an attack of apoplexy (brain stroke) we may be surprised, as we think of these two diseases as being due to weakness or hardening of the blood vessels present in old or older individuals. It will come as a surprise then to learn that hardening of the blood vessels—arteriosclerosis—is being found in youths and even in children. The commonest age for this condition is between 50 to 70 years of age.

That hardening of the arteries was present in soldiers 18 to 40 years in the United States, England and Germany was discovered during World War II. In the great majority of these cases the first and fatal attack of coronary sclerosis (obstruction) gave no warning that hardening of the blood vessels—arteriosclerosis—is being found in youths and even in children. The commonest age for this condition is between 50 to 70 years of age.

While some research workers state that it is stress, strain, fear, anxiety that causes hardening of the arteries, and other research workers state that infection—teeth, tonsils, gums, gall bladder—damage the lining of the blood vessels, still others believe that excess fat in and on the body is the cause of arteriosclerosis in the young and middle aged.

Insurance companies have been pointing out for many years that excess fat puts a strain on the heart and blood vessels. Two United States research physicians report that of a series of 80 of their cases of coronary sclerosis in young individuals, 73 had some degree of overweight. A British research worker reports that in his series of 50 cases all were well built (well nourished) or overweight. Another U. S. research worker, on the contrary, reports that of a series of nine patients only 1 was greatly overweight.

The lesson from the above is the coronary sclerosis or thrombosis is not necessarily a disease of old or even middle age, but may be present in young adults from various causes including—as mentioned above—stress, strains, fears, infections (particularly of nose and throat) and overweight.

The temperatures of the Caribbean caverns of New Mexico never varies more than a degree, winter or summer.

DOROTHY DIX SAYS—

(Continued from Page 2)

DEAR DOROTHY DIX: I have a son of 17. About a year ago he fell in love with a girl older than he is. I have told him many times that he should go out with girls younger than he is and not to be stuck with just one girl, but he won't listen to me and wants to get married.

Do you think that I should put my foot down and tell the girl that she is older than he is and should know better than to fall in love with a boy of 17.

MOTHER AND FATHER

ANSWER: When a kid of 17 is suffering from an acute attack of calf love, the only result of putting your foot down on the affair will be to make him snoop with the girl. At that age a boy many times effort of his parents to try to save him from his follies because he feels bound to show that, although he is a babe in years, he has the wisdom and the judgment and the sophistication of an old bachelor. So the more you tell him how foolish he would be to marry at his age, and especially to marry a girl older than he is, the more determined he will be to do it just to show you.

Your best move is just to play for time. To begin with, emphasize the point that if he is old enough to get married, he is old enough to support a family, and that he will have to do it. That you positively will not permit him to bring his bride home for you and his father to take care of. That is a knockdown argument that he can't get around. And if parents would have the nerve to stick to this proposition, it would save many a boy from committing matrimonial suicide.

You can add, as a rider to this, that if he will wait until he is able to support a family, you will raise no objections. Not much of love's young dream is time-proof.

"UM-M-M! WHAT A FLAVOR-LIFT"

MR. BRISK says "WHEN YOU'RE TIRED AS YOU CAN BE, DRINK A CUP OF LIPTON'S TEA"

"Cocoa or Chocolate ... I use Baker's"

A PROUD NAME to live up to—but Baker's Cocoa meets with ease the same high standards of quality and reliability that have made Baker's Chocolate famous for generations. Tantalizing, full-bodied aroma... a rich, brown color... satisfying, deep-chocolate flavor... all the characteristics of cocoa at its superb best—Baker's Cocoa. For smoother texture... truer flavor... use Baker's in all recipes calling for cocoa. And for new drinking pleasure, follow the instructions on the Baker's Cocoa package. It's thrifty, too, because it's all pure cocoa. Up to 90 servings from the 1-lb. package.

BAKER'S CHOCOLATE GIRL SAYS:
Baker's Cocoa is a good source of food energy and an enticing form in which to give children milk. For afternoon pick-ups, hot or in cool milk shakes... with Sunday night supper snacks... with cookies or sandwiches for party refreshments... you can serve Baker's Cocoa often.

REGISTERED TRADE-MARK

BAKER'S COCOA

A Product of General Foods