

AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-TIVES" — The Wonderful Fruit Medicine — will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the Kidneys and Skin are overworked, in their efforts to rid the blood of this poisoning.

Poisoning of the blood in this way often causes Indigestion, Loss of Appetite and Disturbed Stomach. It may produce Headaches and Sleeplessness. It may irritate the Kidneys and bring on Pain in the Back, Rheumatism, Gout, and Rheumatic Pains. It is the chief cause of Eczema—and keeps the whole system unhealthy by the constant absorption into the blood of this refuse matter.

"Fruit-a-tives" will always cure Auto-intoxication or self-poisoning—as "Fruit-a-tives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system.

50¢ a box, 6 for \$2.50, trial size, 25¢. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

VIOLINS

FREE CATALOG Write today Say whether interested in Band Instruments, Violin or Bagpipes.

C.W. LINDSAY Limited 189 SPARKS ST. OTTAWA CANADA

Professional Cards

A.A. McLean, K.C., Donald McKinnon, McLean & McKinnon Barristers, etc., at Law Royal Bank Bldg., Charlottetown.

MORSON & DUFFY Barristers and Attorneys Solicitors for Royal Bank of Canada MONEY TO LOAN

WARBURTON & SHAW Barristers, Attorneys, Notary Public, etc., Solicitors for Canada Bankers Association, Bank of Montreal, Canada, Permanent Mortgage Corporation.

S. S. Hessian LAWYER Montagu, P. E. I. Money to Loan

Money to Loan Money to loan at reasonable rates of interest on good approved farms or city property. Applications will receive prompt attention.

McLEOD & BENTLEY W. E. Bentley, K. C. Barristers and Attorneys-at-Law Money to Loan.

Dr. J. E. BLANCHARD DENTIST PARLORS—125 Queen Street, Charlottetown, P. E. I. Phone 275-J. 3031-11-18Mimo.

J. D. Stewart Barrister, Solicitor and Notary Public Office NEWSON BLOCK Charlottetown Branch Office Georgetown Money to Loan on Real Estate

THURSDAY ISLANDER WOUNDED.—Mr. Chester R. McLaughlin, of St. Theresa's has received word that his brother, Gunner No. 92804 Walter P. McLaughlin, was wounded on November 18th. Gunner McLaughlin went away with the 98th Siege Battery, but was later put on reserve with the 165th Siege Battery. He afterwards rejoined the 98th, then at the front. It was while serving with that latter unit that he was wounded. Gunner McLaughlin was the youngest. Gunner in the 98th Siege Battery, and probably one of the youngest Canadian Gunners now at the front, being only 16 years of age when he enlisted.

REMEMBERING THE 5th SIEGE.—The Ladies' Committee representing the different churches in Charlottetown, and who superintended the receiving, packing and shipping of the Citizens' Christmas presents for the members of the Fifth Siege Battery are more than delighted with the response to their appeal for this worthy offering. They received in all 175 pounds of gifts, consisting of stockings and caps, the former varying from the humble cigarette to the costliest cigar and the most approved pipe with all kinds of tobacco in between; the latter from home-made candy to real Christmas cakes. The packages were all done up in Christmas colors and flags, and will certainly be appreciated by the boys who will receive them with a breath of the kindness of home and home friends. The packages were shipped yesterday and, it is hoped, will reach the boys in time for Christmas.

FRIDAY CAR FERRY STEAMER.—The Car Ferry Steamer arrived from Picou at 9:40 yesterday morning. She brought a half dozen passengers and thirty cardboards of freight. She took on 120 tons of coal before leaving Picou. She sails at 6:15 this morning.

POLICE NEWS.—One drunk was fined \$30 or ninety days at the Police Court yesterday. Another prohibition raid was made yesterday afternoon upon one of the places visited a couple of days previously, with the same result, "Nothing Doing."

THE LAST CALL.—The little rhyme says: "Every little bit added to what you got makes just a little bit more," and just a little bit which anyone can add towards the shipment for the 98th today, means something more than a "little bit," in cheering the boys at the front.

HORSES FOR REMOVALS.—Kent Street was a busy scene all day yesterday when the horses, offered for sale by the official buyers at the Reserve Hotel stables. During the past two days thirty-one horses were purchased in this City, while in Souris the buyers secured six and in Montague twenty-two.

INSTITUTE MEETING.—The regular meeting of the Souris West Women's Institute was held at the home of Mrs. Richard Kieckhafer, on November 10th. After the regular business was taken up, a discussion on Red Cross work followed. The institute is planning to put a new black board in the primary department of the school. The members meet every Friday evening for Red Cross work. The members enjoyed instrumental music by Miss Adeline Peters, and after refreshments had been served by the hostess, a pleasant evening was brought to a close by singing the National Anthem.

NOTE OF THANKS.—The manager of the P. E. I. Protestant Orphanage begs to thank the following ladies and gentlemen who have kindly donated to the Home: Summerside—Mrs. D. D. Crew, 1 quilt; Mrs. George Sudsberry, 1 quilt; Mrs. Albert Oakes, 1 quilt; Mrs. Hedley Brehaut, 1 coat; Mrs. Daniel Dunning and Mrs. Wm. J. Muttart, 1 quilt. City—Mrs. R. K. Findlayson, books and clothing; Mrs. G. D. Wright, parcel clothing value, ten dollars; Geo. Jenkins, Esq., clothing; G. A. Holbrook, Esq., clothing; Miss Crockett, clothing; Mrs. J. L. Thompson, gift of wire fencing to value of seven dollars, and Dr. Lackey for veterinary services, value of three dollars.

MEETING AT HOPE RIVER.—At a recent meeting of the Farmers' Institute of Hope River a large number had the pleasure of hearing a very interesting and instructive address by Mr. W. R. Shaw, B. S. A., District Representative. He spoke along the lines of co-operative marketing of wool, through the grading station, co-operative marketing of Lambs, spraying of potatoes, and the care and feeding of dairy cows and rearing of calves. A vote of thanks was moved by James Simpson, seconded by John Cullen. The annual meeting of the institute will be held on Dec. 5th at 7 o'clock sharp. Besides the reading of annual report and accounts and election of officers, there will be present a representative of the Associated Farmers Co-operative, Ltd., of Charlottetown to explain and discuss with the farmers the advisability of joining with the Co-operative Movement. All interested are welcome.

WEDDING BELLS.—St. Malachi's church, Kinkora, was the scene of a very pleasant event on Nov. 21st, when Edwin P. Sherry, one of Fernwood's most popular young farmers, led to the altar Mary Ada McCordie, one of Middleton's most popular young ladies. The bride looked charming in a navy blue silk with white velvet trim, and the groom in a dark suit. The bride was attended by her sister, Miss Margaret McCordie, while the groom was ably supported by Mr. Emanuel Ranahan, of Fernwood. The nuptial knot was tied by Rev. A. J. McIntyre. After the ceremony the bride party drove to the home of the bride, where dinner awaited them. In the evening a number of friends and relatives assembled to congratulate the happy couple. The number and value of the presents received testified to the popularity of the young couple. After spending a very enjoyable evening the guests dispersed wishing Mr. and Mrs. Sherry a long and happy wedded life.

PROFITABLE COWS.—Mr. William Ball of Union Corner, made a name for himself and his cows when during the short lapse of three months and twelve days he has three cows furnished milk for the Abram's Village cheese factory to the value of \$118.00. Mr. Ball is actually getting twenty pounds of butter per week and of the same cows. —R.

FURTHER PARTICULARS.—Miss Ruth M. Burns, Malmesbury, P. E. I., has received the following letter: Referring to your recent enquiry Cable received from England, states No. 442785 Pte. Robert Mc Gougan is at East Leeds War Hospital, England. Will send further particulars when received. Signed Officer in Charge, Record Office, Ottawa. —D.

DEPARTURE OF LT. CROKEN.—Lieut. I. E. Croken, V. S., and bride left yesterday for St. John, from which port Lieut. Croken will sail on the S. S. Corsican for England. He has been granted a commission in the Imperial Medical Corps. The members of the Knights of Columbus entertained Lieut. Croken to a farewell smoker at their Home Wednesday evening. A delightful evening was enjoyed by all.

PRODUCE LADEN.—The Schooner Minnie Dicks, Capt. Dicks, Master, which for several days has been taking a cargo of potatoes from Cuba, having fallen through, and many of the large dealers who bought heavily are in for large losses. On Friday the wholesale price for Green Mountains was \$2.25 per bag. Saturday dealers refused to pay more than \$1.50 per bag.

WEDDING BELLS.—A quiet but pretty marriage took place at the residence of the officiating clergyman, Rev. D. MacLean, Watermore, when Miss Nora Isabel Abbott, daughter of Henry Abbott, Union Road, became the bride of J. Brenton McMillan, Western Covehead. After the ceremony was performed the happy couple drove to the home of the bride's parents, where a reception was held by a few of the immediate relatives. The Guardian extends its heartiest congratulations.

REMAINS BROUGHT HOME.—The remains of Mrs. Gavin of Alberton who died in Boston after a brief illness, were brought home for interment. The deceased left Alberton a short time ago intending to pass the winter in Boston with her son and daughter, but death intervened and she was called to the great unknown. The funeral took place to the Sacred Heart Church on the 26th inst., and was attended by a large number of mourners. The sympathy of the community is extended to the children of the deceased in their sorrow.

Mr. Gerome G. Gallant, Maximville, has been somewhat unfortunate in being prevented from crossing to Shediac with a boat load of potatoes, by the sudden change of weather. Mr. Arsenault has made several trips this fall and was ready to make another, when it suddenly turned to cold weather. It is nearly a fortnight since he is kept back, and no doubt had he known that wintry weather would set in so severe as it is now, he would have ventured the cross, when the first cold snap came in. As ice has formed now for some distance from the shore, he will in all probability be compelled to lay back for the winter. He has about 100 bushels potatoes aboard.—M.

SHIPPING.—The barge King Malcolm, Owners Messrs Charles Brister and Sons, Halifax en route from Chatham, N. B., to Lunenburg, C. B., came into Summerside harbor on Thursday night's storm but on Sunday morning the cable chain part of the anchor and the barge was adrift on the flats, the tug Mulgrave in endeavoring to pull the barge off snapped her wheel chain and also drifted on the flats. The ferry boat Bedeque was called to the rescue and the general officers quickly dispatched in docking both the barge and the Tug to Railway Wharf. The Capt. of the Cruiser at Charlottetown was notified of the loss and came up to Summerside on Monday with another anchor and the craft left in the afternoon for their destination.—H.

There passed away very suddenly at Cambridge, on Wednesday, Nov. 15th, Patrick Farrell, in the 66th year of his age. Mr. Farrell had been enjoying his usual health up to the moment he was stricken down. His sudden passing was a terrible shock both to his family and friends, who found it hard to realize that their dear one had departed forever from this life. Mr. Farrell had lived all his life on the old homestead at Cambridge, and was well and favourably known to a wide circle of friends and acquaintances. He leaves to cherish his memory three daughters viz, Mrs. James Giddings of Cambridge and Misses Katie and Maria at home; also three brothers and five sisters. The brothers are Terence Farrell of Cambridge; James of Stungoet and Phillip at present residing at Ottawa. The sisters are Mrs. Michael McCarron, Mrs. Albin O'Connor and Mrs. John Creed of Stungoet, Mrs. James Doyle of Charlottetown and Mrs. John Smith, Blind River, Ontario. The funeral which took place on Saturday the 18th was largely attended, being held in the high esteem in which the deceased was held. The services were conducted by the Rev. Theo. Gallant, P. P., and all that was mortal of the deceased was laid in the last resting place. May his soul rest in Peace.

WEDDING BELLS AT HAMILTON.—On Wednesday evening Nov. 22nd the home of Mr. and Mrs. Edmund Phillips was the scene of a very interesting event when their daughter Harriet Louise was united in marriage to George M. Ramsay of New Annapolis promptly at the hour of seven o'clock the bridal party entered the parlor to the strains of the wedding march played by Miss Myrtle Phipps of Tyne Valley, cousin of the bride, and took the pieces under a beautiful arch. Rev. J. M. Murchison spoke the words which united the two young hearts for the remainder of life's journey in the presence of about eighty invited guests. The bride was attended by her sister Beatrice while the groom was supported by his brother James. After the ceremony and congratulations at the bride party and guests entered the dining room and partook of the wedding supper and a very enjoyable evening was spent. Special mention might be made of Mr. Ephraim Phillips in the able way in which he entertained the company. The bride received many beautiful and useful presents among them being a parlor clock a present from the members of the Presbyterian choir of which she was organist for a number of years. The happy couple left for their home in New Annapolis the next afternoon followed by the good wishes of their many friends.—D.

The many friends of the Misses Rosetta C. Holland and M. Josephine Pierce of Elmira are pleased to see them in their midst again after spending a pleasant vacation with Mr. William Petre, Lennox Island was in Summerside on Tuesday, his son Pte. Dan Peters of the 105th battalion who was accidentally wounded in England is now convalescent in one of the English hospitals.—H.

ISLANDER WOUNDED.—A telegram was received by Mr. J. W. Kinch, Tignish stating that his son J. G. Kinch was wounded on Nov. 13 with gun shot in the head and is reported again on duty.—Y.

Mr. Daniel A. Arsenault, Maximville, received the unpleasant news, that his daughter Leah, student at P. W. College was in the hospital for medical treatment. Mr. Arsenault left for Charlottetown Monday morning.—M.

Montreal advices tell of a market decline in the price of potatoes, owing to the export trade to Cuba, having fallen through, and many of the large dealers who bought heavily are in for large losses. On Friday the wholesale price for Green Mountains was \$2.25 per bag. Saturday dealers refused to pay more than \$1.50 per bag.

Private D. Bernard is at his home in Lennox Island, for a few days and Private H. Schurman has a few days' leave and is visiting his home in Searstown. Three more boys have joined the colors and will soon be seen in the ranks of the 105th draft. They are John David Smith, Alberton, Emanuel Gallant and Bazil Corrier both of Bedeque.

Gunner Herbert Rogers returned yesterday from his home at Alberton, where he has been for the last five days. Lieut. W. W. Rogers, of the Royal Flying Corps, a brother of G. Rogers, leaves for overseas duty next week.

SAD DEATH.—There passed peacefully away at her home in Norway, on Wednesday last, Miss Laura Doyle, youngest daughter of Mrs. Peter Doyle Norway. Funeral took place on Wednesday morning. Pallbearers were: Austin Handrahan, Bert Pheen, Nicholas Hearse, Leo Gavin, John Nelligan and Frank Gavin.—Y.

PRODUCE MOVING.—Although yesterday was not market day there was quite a large number of people in town and large quantities of produce moving. Pork brought as high as 14 cents per pound, oats sold at 65 cents for white and 68c for black, potatoes brought 65c, hay \$12.00 per ton and straw \$7.00; turnips sold at the rate of 20c for sixty pounds.

Two young men signed on with No. 5 Siege Artillery Draft yesterday. They are Earnest Wilbur Johnstone and Archibald Johnstone both of Long River. The former has a brother who is at the front with the 98th. These young men will report after a few days at their home. Only seventeen more men are needed for the Siege Draft.

Miss Bessie Luthrell who has been spending a few weeks vacation with friends in Lot 4 and Summerside crossed by the Northumberland Tuesday morning enroute to Boston where she will spend a week with friends after which she will leave for Jacksonville to Onond, the winter resort of Florida. Miss Luthrell has many friends in Boston as well as in the South where she has spent the last twelve winters.—H.

Mr. Von Clure Gay, whose son, G. Wilfred Gay is in No. 5 Siege Artillery Draft, gave the boys of the draft a pleasant surprise yesterday, when several bags and boxes of assorted vegetables were placed in the Quartermaster Sergeant's office. Mr. Gay's generosity will surely be appreciated when the extra vegetables appear on the tables. On Tuesday night, when the No. 5 boys were on guard some kindhearted ladies passed by two heaping boxes of delicious candy through the Armouries door after successfully passing the watchful guard. The long hours of the night seemed considerably shorter while the royal feast lasted. More reading matter is considerably coming in to the barracks recreation room for which the soldiers express their thanks most emphatically.

Private D. Bernard is at his home in Lennox Island, for a few days and Private H. Schurman has a few days' leave and is visiting his home in Searstown. Three more boys have joined the colors and will soon be seen in the ranks of the 105th draft. They are John David Smith, Alberton, Emanuel Gallant and Bazil Corrier both of Bedeque.

Gunner Herbert Rogers returned yesterday from his home at Alberton, where he has been for the last five days. Lieut. W. W. Rogers, of the Royal Flying Corps, a brother of G. Rogers, leaves for overseas duty next week.

SAD DEATH.—There passed peacefully away at her home in Norway, on Wednesday last, Miss Laura Doyle, youngest daughter of Mrs. Peter Doyle Norway. Funeral took place on Wednesday morning. Pallbearers were: Austin Handrahan, Bert Pheen, Nicholas Hearse, Leo Gavin, John Nelligan and Frank Gavin.—Y.

PRODUCE MOVING.—Although yesterday was not market day there was quite a large number of people in town and large quantities of produce moving. Pork brought as high as 14 cents per pound, oats sold at 65 cents for white and 68c for black, potatoes brought 65c, hay \$12.00 per ton and straw \$7.00; turnips sold at the rate of 20c for sixty pounds.

Two young men signed on with No. 5 Siege Artillery Draft yesterday. They are Earnest Wilbur Johnstone and Archibald Johnstone both of Long River. The former has a brother who is at the front with the 98th. These young men will report after a few days at their home. Only seventeen more men are needed for the Siege Draft.

Miss Bessie Luthrell who has been spending a few weeks vacation with friends in Lot 4 and Summerside crossed by the Northumberland Tuesday morning enroute to Boston where she will spend a week with friends after which she will leave for Jacksonville to Onond, the winter resort of Florida. Miss Luthrell has many friends in Boston as well as in the South where she has spent the last twelve winters.—H.

Mr. Von Clure Gay, whose son, G. Wilfred Gay is in No. 5 Siege Artillery Draft, gave the boys of the draft a pleasant surprise yesterday, when several bags and boxes of assorted vegetables were placed in the Quartermaster Sergeant's office. Mr. Gay's generosity will surely be appreciated when the extra vegetables appear on the tables. On Tuesday night, when the No. 5 boys were on guard some kindhearted ladies passed by two heaping boxes of delicious candy through the Armouries door after successfully passing the watchful guard. The long hours of the night seemed considerably shorter while the royal feast lasted. More reading matter is considerably coming in to the barracks recreation room for which the soldiers express their thanks most emphatically.

MAGIC BAKING POWDER. CONTAINS NO ALUM. The only well known medium priced baking powder made in Canada that does not contain alum and which has all its ingredients plainly stated on the label. E.W. GILLET COMPANY LIMITED TORONTO, ONT., MONTREAL.

More generosity on the part of the cake. Mr. McCannell, who lives at town's people was elected Wednesday the Armouries kindly gives the boys tonight when the ladies of Notre Dame on guard a cup of hot tea every evening. The 105th boys who ing for lunch. Acceptable reading were on guard two large boxes of matter is still coming in.

CROWN LIFE Almost the only money saved by many of the most prominent Canadians has been by means of Life Insurance Policies. Let us send you some fresh insurance facts CROWN LIFE INSURANCE CO., TORONTO Agents wanted in unrepresented districts

FREE FAIRY PALACE DOLL HOUSE AND "PRINCESS PAT" DOLL. Just think girls we will give you all these grand presents absolutely without cost. Write today and we will send you the big doll house, complete with furniture, and the lovely big "Princess Pat" doll, and the lovely big "Princess Pat" doll, and the lovely big "Princess Pat" doll. Write today and we will send you the big doll house, complete with furniture, and the lovely big "Princess Pat" doll, and the lovely big "Princess Pat" doll.

It is the Flavour that counts. You know, yourself, that 95% of what you buy to eat, is purchased rather for the flavour than its food value. In other words, we eat what we enjoy, and usually eat only what pleases our palate. There is nothing inviting or appetizing about a loaf of bread made of western spring wheat flour, with its coarse texture, and lack of flavour. But when the bread and rolls and biscuits are made of BEAVER FLOUR MILLED OF BLENDED WHEAT. Ah! that's another story altogether. While the food value of Bread, made of "Beaver" Flour is not to be belittled, it is the delightful flavour, the delicious nutlike "homey" taste, the fine, even texture, the creamy lightness, that make homemade "Beaver" Flour Bread such a treat for young and old alike. And when it comes to things like Apple and Mince Pies—Chocolate or Layer Cake—or a batch of Cookies or Gingerbread for the children—well—just try "Beaver" Flour once, that's all—and you'll see and taste the difference. "Beaver" Flour is a blend of the famous Ontario winter wheat and enough western spring wheat to give it strength. It has the flavour of the one and the strength of the other, and being milled of scientifically blended wheat, it is always the same in flavour, in quality and strength. Why miss so many of these good things, by using western wheat flour? Order a sack of "Beaver" Flour, at your dealer's, and begin to enjoy the delicious bread and pastry it makes. DEALERS—write us for prices on Feed, Coarse Grains and Cereals. THE T. H. TAYLOR CO. LIMITED, CHATHAM, Ont.