

HOW TO KEEP WATER PIPES FROM FREEZING

One of the most annoying and troublesome things to be met each winter in farm and country life is the question of frozen water pipes. This is especially so in districts where there is no gas line, and where plumbing is unprotected and open.

have tried it and found it saves many repair bills. Melt an equal quantity of petroleum—vaseline—and of paraffin wax together and, after wiping the pipes perfectly dry, apply with an old brush a thick coat of this mixture while it is hot. An old lamp or torch will easily keep it in a liquid state.

The Central Guardian

IT PAYS to buy in this province

TOMORROW'S LECTURE.—Rev. Dr. Campbell in Hertz Memorial Hall in aid of the Red Cross work of Church.

MONTHLY MEETING.—The monthly meeting of the Ladies Aid Society of the P. E. Island Hospital will be held at Mrs. Dr. Taylor's residence on Tuesday at 11 a. m.

TONIGHT'S MEETING AT TRACADIE CROSS.—A Patriotic meeting will be held at Tracadie Cross tonight to be addressed by Rev. R. G. Fulton, Rev. Father McIntyre, Major Leigh, Captain Hardy and others.

TONIGHT'S PATRIOTIC FUND MEETING.—The great Patriotic Fund Meeting to be addressed by the Rev. Dr. Campbell takes place tonight in the Prince of Wales College Hall, presided over by Sir. W. W. Sullivan, C. J. The Band of the 82nd Regiment will be in attendance as well as detachments from A and B Company of the 105th Highland Regiment.

INSTITUTE WORK.—The New Annan Women's Institute held their regular meeting on January 21st in the school. It was decided to spend part of the proceeds of the lecture for yarn, each member to knit a pair of socks. After an interesting discussion on knitting the meeting adjourned.

A NARROW ESCAPE.—An unfortunate accident befell Mr. Donald McIsaac, of West River, on Friday evening, when, losing his way in the storm while crossing on the ice from Charlottetown, his horse fell into the steamer-track. Mr. McIsaac escaped death by a hairs breadth, being soaked to the waist. After wandering about aimlessly for some time he saw the lights of Government House, and with much difficulty reached Mr. A. McCannell's house, here he was cared for until morning. The horse of course was lost. Mr. McIsaac is a teacher and is suffering from two very severe frozen feet.

CHURCH PARADE.—The 105th Battalion attended service yesterday morning in the First Methodist Church and St. Dunstons Cathedral. A pleasing feature of the service in the First Methodist Church was a solo selection from Eliza by Mr. R. A. Diplock, a member of the choir of St. Paul's Presbyterian Church, Montreal, and a soloist of rare talent. He also sang a solo in St. Paul's Church at the evening service which was much appreciated by the large audience present. Mr. Diplock will be favourably remembered by many who heard him in the First Methodist Church on a former visit, some four years ago.

TO RUN-DOWN WOMEN

DETROIT WOMAN TELLS HOW TO REGAIN STRENGTH.

Detroit, Mich. "I was in such a run-down condition I had no ambition to do anything, I had a chronic cough and cold and nothing seemed to give me any relief, and I was gradually getting worse, until a friend advised me to try Vinol, which I did. After the first day or two it seemed to put new life into me, the tired worn-out feeling began to disappear, I regained my appetite and was able to get a good night's rest. The cough gradually wore away, and I am now feeling like myself again, so that I can do all my housework and go about my duties as usual. Vinol is certainly a wonderful medicine." Mrs. W. E. Waters, Detroit, Mich.

Vinol restores health and strength in conditions like this, because in a natural manner it increases the appetite, tones up the digestive organs, enriches the blood and strengthens every organ in the body.

We guarantee that Vinol will do the same for any run-down person in Charlottetown, or give back their money.

Ex A. Foster, Druggist, Charlottetown. H. J. Mabon, Druggist, Souris.

"Saturday Special—Extra large Washington Naval Oranges 30c per dozen at Beer & Goff's 7075-1-29M31.

Semi Annual Sale of High-Grade Shoes

Now is your chance to secure a pair of high grade shoes at a low price.

We have about 300 pairs of Men's and Ladies' Shoes, all new shapes but in broken lots which we offer at

20 p. c. Discount

Table with 2 columns: Price and Discounted Price. Rows include \$6.00 Shoes for \$4.80, 5.50 for 4.40, 5.00 for 4.00, 4.50 for 3.60, 4.00 for 3.20, 3.50 for 2.80.

Morris--Smith--Beer

RESERVE TOMORROW NIGHT.—Hear the issues of the war discussed in the Hertz Memorial Hall tomorrow night. 7096.

PATRIOTIC SOCIETY.—The usual meeting of the Patriotic Society will be held in the Armouries this afternoon at four o'clock.

MT. HERBERT PATRIOTIC MEETING.—A Patriotic meeting will be held at Mt. Herbert tomorrow evening to be addressed by Rev. Dr. Fullerton Judge Stewart and others.

NEW RECRUITS.—The following young men have joined the 105th Battalion:—Sidney Brown, Mt. Albion; John Johnson, Charlottetown; Bradford Collett, Clyde River; Otto Campbell, Montague; Wm. Pierce, Elmira; Richard Rogerson, Canoe Cove.

THE CALL OF THE EMPIRE.—A grand opportunity to hear Dr. G. M. Campbell is offered you in the great patriotic meeting on Monday evening, 31st. (to-night). The address is on "The Call of the Empire." The place is the Prince of Wales College Hall. The time is eight o'clock—and admission is free. 7092

LAUGHTER A GOOD TONIC

By Dr. Frank Crane

I have a grand remedy which I wish to recommend to all suffering humanity.

I have tried it myself. A number of my acquaintances have tried it. All speak highly of the benefits received. It has helped others, why not you?

It is—Laughter. Not smiling, not mere good humor, but laughter, the kind that explodes, shakes you, and goes on exploding and shaking like a rapid fire gun, and the massed battalions of worry are shot to pieces.

To laugh is probably the best medicine ever discovered. One hearty laugh is better than a wagonload of roots and herbs, better than seven drug-stores full of dope.

"There is a note," says the London Health, "the remotest corner of the body that does not feel some wavelet from the great conclusion produced by the hearty shaking of the central man. The blood moves rapidly, and probably its chemical, electrical, or vital condition, is distinctly modified."

In other words, one good laugh, is equal to a dose of salts, two cocktails a bromoseltzer, and a spoonful of quinine.

If you have got into such a condition that nothing can make you have a fit of mirth, a regular whoopee, more's the pity. This is rather an oppressive world; there are so many burdens and perplexities that anyone is liable to be crushed. Laughter is nature's defense against the world burden. By laughter a man shakes off his pack, for a few minutes at least, and capers like a goose colt in the pasture. When he returns and is saddled again he is refreshed and stronger.

It doesn't make much difference what you laugh at. Children laugh at nothing at all, and are happier than we.

Goldsmith says of a happy group that "What they lacked in wit they made up in laughter." One of the best laugh-makers is the Good Story; not the pleasant little quip, but the "regular scream," the kind that makes you hold your sides, rock to and fro, and yell.

Pass it along. Save up two or three, and when you meet a friend hand them to him. Who can tell how much health and sanity are created by the good stories that are continually going the rounds?

Don't be afraid to laugh. Don't get out of practice. Laugh, and be human. Not that you should be ever giggling, or set out to be a professional humorist, but that you should learn the Lillian art of knowing and being able to tell a "good one" upon occasion.

God bless the laughers. Their roar goes up over all the earth, the brave protest of the live force within us against the glooms and scarecrows of this fearsome world.—The Lutheran Observer.

INCIDENTAL ETIQUETTE.

The New York Bureau of Health Education has sent out thousands of cards bearing the couplet:

Cover up each cough and sneeze; If you don't you'll spread disease;

the purpose being, of course, to safeguard the city's health during the prevalence of grip, which is reported to have the greater city in its grasp. But while the health educators doubtless had no such intention, they incidentally are serving a need of the day in the direction of inculcating one of the primary lessons of etiquette, that of consideration for others.

This democratic age has dispensed with many of the older formalities of life, on the assumption that they were mere social fixings, the hallmark of the blue-stocking and the stamp of the stickler for propriety for its own sake, that despicable heritage of class and caste systems. As a matter of fact common sense is the basis of common politeness, and etiquette is anchored in the bedrock of social convenience. The New York warning is an apt illustration.

If you sneeze or cough into another's face, it were well to examine first that other's character. If he or she be more polite than the sneezer or cougher, nothing may come of it but a damaged estimate of your private character in the victim's consciousness. If not, it need not be explained how trouble of an immediate and pressing nature can ensue. We know ladies and gentlemen who under such circumstances would simply register a mental label of the offender and go their ways, saying nothing and even mopping their injured persons surreptitiously, but there are also those, as rude as the offender, who immediately would resort to abuse, and in extreme cases, to physical violence. And after all, we do not know but that the latter resort would be the most effective grades for of a too common and very offensive lack of consideration.

The New York warning is, then, really, in two respects a contribution to the "safety first" crusade. We are for it.

People's Theatre

Matinee 3 p.m. Night 7 & 8 5 Adults 10c Children 5c

"For the Sake of a False Friend" Fifth Episode of the Diamond from the Sky TWO PARTS

Who gets the Diamond? Why does Arthur Flee? See the sensational fight on the fast moving train. Quabba and his trick Monkey are introduced in this number in a startling manner. If you are after the \$10,000 Prize we advise you to keep your eye on Quabba and his Monkey.

Beverly Bayne, Sydney Ainsworth IN The Counter Intrigue IN THREE ACTS A Gripping Story, full of tense Action

Rescue of The Brakesman's Children "Hazards of Helen" Athletic Ambitions Comedy

WEDNESDAY AND THURSDAY "The Strife Eternal" 5 REMARKABLE ACTS 5

BIRTHSTONES.

As far back as the days of Josephus and St. Jerome there was a belief in a mystic connection between the twelve stones of the High Priest's breastplate, the months of the year and the zodiacal signs, but the modern custom of wearing birthstones dates from the eighteenth century, and originated with the Jews of Poland. The stones assigned to the different months vary among the nations, but the following table represents the custom which prevails most widely:—

- January—Garnet. February—Amethyst. March—Jasper. April—Sapphire. May—Agate. June—Emerald. July—Onyx. August—Carmelian. September—Chrysolite. October—Beryl. November—Topaz. December—Ruby.

In the early part of the Christian era, many dream books were written, one of the most famous being that of Artemidorus, in the second century. According to him to dream of precious stones was favorable to women, but unfavorable to men. Later, each stone seen in a dream was given a significance and special meaning was attached to the grouping of dream gems.

In reference to the medieval belief that stones had a life of their own, and changed color according to the temperament of the wearer, one may remark that the neighborhood of radium is known to affect the color of certain stones, and when jewels were buried for safety's sake it is not impossible that they suffered a transformation, just in the same way that the wine bottles dating from Stuart days, which have recently been unearthed in London, have acquired rich and varied colors during the years that they have lain under the soil. It has probably taken many thousands of years to make a diamond or a sapphire, and there does not seem any reason for supposing that when once the jewel is taken from the earth that the process should end, or a loss or gain in color and brilliance should not take place after it has been through the cutter's hand.

COULD BE HAPPY WITH EITHER.

"What brought you here, my poor fellow?" the missionary asked a convict. "I married a new woman, sir," the prisoner groaned. "Aha!" said the missionary, "and she was so comely and extravagant that it drove you to desperate courses, eh?" "No," replied the prisoner; "but the old woman turned up."

MATE UP PENS NOW

Now is the time to mate up the breeding pens for hatching eggs in February. Make the final culling, retaining only the strongest, thriftiest individuals.

See that these layers are receiving a good laying ration, supplying plenty of protein, green feed and oyster shell. This is the time to feed the surplus vegetables that are stored away in the cellar. A cabbage head suspended by strings, a couple of feet from the floor will be relished by the hens. Be sure you are giving them plenty of exercise. Whole grain should be fed in a ten-inch litter.

Clean up the incubator and get it in running order. It might be advisable to run a trial batch before the season opens.

There is already some new equipment such as breeders and feed hoppers, and this is the time to order all such supplies.

Have you considered any addition to your poultry yard? A small trial with ducks, geese, turkeys, capons or pigeons may prove profitable.

DODD'S KIDNEY PILLS FOR ALL KIDNEY DISEASES. Includes text: RHEUMATISM, BRIGHT'S DISEASE, DIABETES, GRAVEL, NEURALGIA, MIGRAINE, BRUISES, SWELLINGS, PAINFUL URINATION, SAND IN URINE, URINARY CALCULI, URINARY OBSTRUCTION, URINARY STRICTURE, URINARY FISTULA, URINARY TUBERCLES, URINARY ABSCESS, URINARY CANCER, URINARY STONES, URINARY TUMORS, URINARY POLYPS, URINARY PAPILLOMATA, URINARY CARCINOMA, URINARY LEUKOMA, URINARY SARCOMA, URINARY MELANOMA, URINARY LYMPHOMA, URINARY MYELOMA, URINARY OSTEOID, URINARY CHONDROID, URINARY FIBROID, URINARY LIPOID, URINARY HEMANGIOMA, URINARY ANGIOMA, URINARY NEURINOMA, URINARY GLIOMA, URINARY EMBRYOMA, URINARY TERATOMA, URINARY TERATOCARCINOMA, URINARY TERATOCYSTOMA, URINARY TERATOCYSTOMA, URINARY TERATOCYSTOMA.

Prince Edward ALL THIS WEEK The Favorite W. S. Harkins Players In A Select Repertoire of Late English and American Successes ---TONIGHT--- "KICK-IN" The Greatest of all 'CROOK' Plays Tuesday Night "BABY MINE" A Play that has made the Whole World Laugh PRICES—50c, 35c, 25c Night Matinees Announced Tomorrow. Curtain at 8.15 Sharp. Secure Your Tickets Early. Seats on Sale at Theatre Office. PHONE 506

Wholesale and Retail Wrapping Papers Paper Bags Twines Twines 1 Carload Wrapping Papers, in Rolls 6 inch to 40 inch. Reams all sizes and weights. 1 Million Paper Bags. Manilla. "Kraft" and "Moorehide" sizes 1-4 lb to 25 lbs. One Ton Twines No. 1 and 2 Cotton in Balls and Cones, Hemp Twines, Hosiery Twine, Sea Island Twine. All at lowest prices. Carter & Co., Ltd.

Circular Saws Diameter Size Hole Price 8 3-4 1.10 8 7-8 1.35 10 1 1.85 12 1 2.45 20 15-16 55.25 24 1 3-8 7.35 26 1 3-8 9.00 28 1 1-2 9.65 30 1 1-2 11.00 32 1 1-2 12.50 All saws guaranteed. Rip and Cross-cut same price. Saw Spindles Our Standard Steel Wood Cutting Saw Spindle 1 3/4 inch diameter 4 feet long with 5 inch flanges, extra heavy babitted boxes and 8 inch pulley with 7 inch face. Right or left hand nut saw fit 1 1/2 inch \$ 9.00 100 lb Balance Wheel for above Spindle..... 5.00 1 1/2 x 4 ft. Saw Spindle, complete with Boxes, Flanges and Pulley 8.00 1 1/4 x 2 ft. Lath Saw Spindle complete..... 5.00 Rip and Cross Cut Saws at same prices. Bruce Stewart & Co., Ltd.

You Young Unmarried Men STOP!! LOOK!! LISTEN!! There's just one BEST Place, Just one BEST Job for the Young Unmarried Men of Prince Edward Island today. And that BEST Place, that BEST Job is with The 105th. Overseas Battalion, C. E. F. As soon as you join the Regiment you'll feel better all over--you'll be proud of Yourself--your friends will point at you with pride instead of pointing at you as a Possible Slacker. Remember it is the Infantly that are most needed to-day--the Infantry that are the most honoured to-day. And remember also that in the 105th Overseas Battalion you will have greater opportunity for promotion than in any other branch of the Military Service. Don't Continue to Hold Down A Job that a Woman could do when Your King Wants You to Work For Him.