

Woman's Realm -- Social and Personal -- Fashions -- Literature

How To Make Marriage a Safe Bet

Dorothy Dix

Says Preparedness Does the Trick

Would You Sing in Grand Opera Without Having Your Voice Trained?—Then Why Enter the Difficult and Hazardous Profession of Marriage Without the Slightest Knowledge of How to Make it Successful?

A group of young girls asks me how they can fit themselves to make marriage a success. Well, my dear, I should say the first thing to do is to prepare yourself for it.

Learn your trade before you enter upon its practice. Don't practice amateur cooking on your bridegroom, for the chances are that by the time you have learned how to make bread that is not a menace to life you will have given him chronic dyspepsia and soured his disposition and turned him into a grouch. Don't

Don't expect to sing in grand opera without ever having had your voice trained. You wouldn't expect to be a stenographer if you didn't know how to spell or make pothooks. But you will rush into marriage, which is the most complicated and difficult calling on earth, and the one that requires the greatest diversity of knowledge and skill, without ever having learned a single thing that you will need to know, or acquired any deftness in the arts that you are about to practice.

That gets you off to a bad start in marriage, for you begin by disarranging your bridegroom and making him think that you are inefficient and no-account and that he got stung in the matrimonial bargain. What a man marries for is a home that is clean and comfortable to which he can return in the evening and be welcomed by a smiling wife who has a good dinner smoking on the table, and he gets the shock of his life when he finds out that his bride can't boil water without scorching it and is throwing his salary into the garbage can.

So begin right by making yourself a Class A housekeeper before you get married instead of learning how to do it afterward. "Read the books," is the best advice ever given for holding a husband. Many a man starts to roam because his bride did not keep the hearthstone swept, nor make pies like mother used to make.

Then go into marriage as a "work" instead of a temporary occupation. Don't marry with one eye on the altar and the other on the divorce court. Make up your mind that you are going to stick to it, not only on pleasant days but through hell and high water.

You know well enough that if you espoused any other career you would have to put years of hard work into it in order to make a success. You would have to meet up with all sorts of discouragements. You would have to make endless sacrifices. And you could only hope to win out in the end by having the strength and courage to stand the gaff and by refusing to quit.

Well, it is just that way about the career of marriage. No marriage is easy sledding. Not one is a picnic. No husband is perfect. Most wives have to go through child-bearing and do domestic drudgery. Every wife encounters in marriage things that hurt her, things that get on her nerves. She must face injustice and selfishness. She must often be "often get discouraged. You will meet up with this situation some day, but, when you do, don't turn yellow and be a quitter. Fight it out and save your marriage.

Regard marriage as a job. Courtship is a romantic dream, but marriage is a working partnership in which two people have pooled their all and in which one is just as much obligated to do his or her duty as the other. There is no more excuse for a lazy trifling wife than there is for a lazy trifling husband, and it is no more the husband's duty to bring back the bacon than it is the wife's to cook it to a turn.

Most of you modern girls have had the inestimable privilege of working in business houses before you married. There can be no better school for wives. Apply the training that you were given there to running your own home. Be as prompt with your husband as you were in punching the time clock and you will never have a grumbling husband and you will have a thunder dinner is always late. Watch your household accounts as closely as you did your sales tickets and you will never find yourself running short of money before the week is out. Be as accurate in your cooking as you were in your typing and your cakes will never be heavy, nor your roasts overdone. Be as proud of being a good wife and housekeeper as you were of being a good office woman and your husband will arise and call you blessed.

And use the same tactics in getting along with your husband that you did in getting along with your boss. You boss-yessed him and rubbed his fur into tears and get angry every time the boss criticized what you did. You meekly apologized and said that you would do better the next time. There isn't a husband who wouldn't kiss the wife who turned the other cheek. You tried in every way to please the boss because you wanted to keep your job.

Believe me, girls, the way to work a boss is just the way to work a husband and, if you will try it, you will never find yourselves buying a ticket to Reno. You will always have a pleasant, permanent, well-paying situation.

The HOUSEWIFE and HER ACTIVITIES

Over the sweet-smelling mountain-passes The cloud lies brightly curled; The wild-flowers cling to crags and swing With catarract-dews impregnated; And the way, the way that you choose this day, Is the way to the end of the world.

It rolls from the golden long ago To the land that wene'er sand find; And it's uphill here, but it's downhill there. For the road is wide and kind, And all rough places and obstacles smooth. Will soon be left behind. —Noyes.

GLAZED SWEET POTATOES
Boil the potatoes until done, but not soft. Remove skins and cut potatoes into strips; moisten with cream, sprinkle with sugar, dot over with butter and bake in a shallow pan. Fines served with roast meat.

IN A SPONGE
A huge sponge as big as a tub was brought up from the bed of the Gulf of Mexico. It was found to contain more than 17,000 creatures of various kinds, such as barnacles, shrimps, worms, and even a crab.

APHIDS ON HOUSE PLANTS
Dusting house plants with two per cent free-fluorine powder is the easiest way to kill aphids, or plant lice.
Dipping the plants in a solution of nicotine sulphate and soap gives 100 per cent control, but dusting is almost as effective and more convenient to do.
To apply the dust use a small duster from any dealer in garden supplies or a hand powder can.

THE COOK'S CORNER

Spicy Moulded Prune Pudding
1/2 pound uncooked prunes
1 1/2 cups cooked prune juice
1/4 cup sugar
1 stick cinnamon
3 tablespoons cornstarch
1 1/2 cups cold water
1 tablespoon lemon juice
1/2 cup whipping cream
Pick over and wash prunes. Let soak in cold water to cover for about 4 hours and simmer gently until tender in same water. There should be 1 1/2 cups of prune juice when fruit is cooked; add water if necessary. Drain prunes and remove pits. Cook prune juice, sugar and cinnamon for 10 minutes. Blend cornstarch smooth with cold water, stirring it in gradually and stir into hot prune juice. Stir and cook until mixture thickens, and until no raw starch flavor remains. Remove and cinnamon. Add lemon juice and prune pulp. Turn into wet mould and chill thoroughly. Serve with whipped cream, sweetened if desired; and garnish with toasted coconut, using 1/2 cup shredded coconut.

Mixed Fruit Whip
1/2 cup apricot juice
1/2 cup green grape plum juice
1/2 cup grapefruit juice
1 tablespoon gelatine
2 egg whites
1/2 tablespoon lemon juice
1/2 cup white grape juice
Sugar, if necessary.
Soak gelatine in grapefruit juice; add canned fruit juices which have been heated to boiling and stir until gelatine dissolves. Sweeten with powdered sugar, if necessary. Cool and add lemon juice. Chill with occasional stirring until as thick as strained honey, then beat frothy; stir in egg whites beaten until stiff. Turn into wet mould and chill until it becomes firm. Serve with cream, plain or whipped, or with a chilled custard sauce.
A cup of diced and drained canned fruits such as peaches, cherries, grapes and plums may be added if desired.

Apple Whip Parfait
2 cups sweetened apple sauce
2 egg whites
Juice and grated rind 1/2 lemon
1 tablespoon honey
1/2 cup whipping cream
Beat egg whites until very stiff but not dry. Fold lightly into apple sauce and add lemon. Turn into tray of mechanical refrigerator and freeze until firm.
Whip cream; add honey. Pile apple mixture and cream-honey mixture in alternate layers in parfait glasses. Garnish top with chopped nuts or candied fruit if desired. Serve at once.

Stuffed Apples
4 medium-sized apples
1 cup water
1 cup sugar
1/2 cup cooking cranberries, or loganberries
1/2 cup orange dice
1 cup apricot puree
2 teaspoons outer rind of orange, finely grated.
Peel and core apples and cook whole in syrup of sugar, water, and grated orange rind, until they are tender. Cook slowly to avoid breaking up apples and baste with syrup as necessary. Drain and chill apples. Then fill centres with cranberries or loganberries and orange dice. Serve very cold with sauce of apricot puree made as follows:
1/2 cup juice from apricots
1/2 cup cream or stewed dried apricots
1/2 cup sugar
Press apricots through coarse sieve, add sugar and apricot juice and cook for 10 minutes or until thickened. Keep this puree on hand in refrigerator to serve on ice cream, cottage pudding, or over a simple fruit whip.

Let stand over night. Drain and add, one pint, older vinegar, one pint water, three cups sugar, two tablespoon celery seed. Cook 5 minutes, can in hot jars. Makes three quarts.

TRANSATLANTIC PLANE
A new feature of a big airplane just built in France for transatlantic service is the provision of two classes of cabins, first and second class.

Twelve luxury cabins have been fitted with private baths!
This wonder airplane, which carries 64 passengers and has a cruising radius of 2,900 miles, is now undergoing its trials.

Women's greatest genius, so far as has been shown in the writing of remarkable novels and poetry.

Winter—and doughnuts. Younger members of the family as well as Dad and Mother respond instantly to these delicious palate provokers. And when the doughnuts are made with PURITY FLOUR—crisp and full flavored—there's a delicious, distinctive quality that makes them greater favorites than ever before. That is one outstanding fact in PURITY FLOUR, whether it is used in cakes, pastries, bread, rolls or biscuits. Always the quality is the same, high, appetite appealing kind. PURITY FLOUR is protected. Only the finest of Western Canada hard spring wheat—personally selected by our representatives—is used in its milling. That's why it is possible to state that a trial will convince you that PURITY FLOUR is best for all your baking.

PURITY FLOUR
BEST FOR ALL YOUR BAKING

IT OFTEN CAUSES THAT'S AN INSULT! "HARSH WORDS"

I'M TRYING TO HELP YOU!

Controversy always follows the introduction of any new scientific discovery. But no discovery in years, probably, has caused so much heated discussion and had so far-reaching effects as this one. See what happened to these two housewives.

NEXT DAY
OH, JANE, WHAT'S THE PARTY WONDERFUL LAST NIGHT! I HAD SUCH A GOOD TIME!
IT WAS DEADLY FOR ME. I WAS SO TERRIBLY TIRED—HAD TO WASH CLOTHES ALL DAY YESTERDAY.
WHY, I WASHED YESTERDAY, TOO, BUT IT WAS SO EASY, JANE, YOU DON'T MEAN TO TELL ME YOU RUB AND SCRUB CLOTHES?
OF COURSE I SCRUB MY CLOTHES! HOW DO YOU DO IT?
WHY, I JUST LET THEM SOAK IN OXYDOL SUBS—AND THEY COME OUT SPARKLING CLEAN.

15 MINUTES LATER
15 MINUTES! WHY, EDITH, THAT'S AN INSULT TO MY INTELLIGENCE—WHO EVER HEARD OF SUCH A THING!
I TELL YOU IT'S TRUE! I GOT DOWN TO MY BASEMENT AND I'LL PROVE IT!
WHY, THAT'S MARVELOUS! ONLY 15 MINUTES' SOAKING AND THOSE CLOTHES ARE WONDERFULLY WHITE. BUT, EDITH, ARE YOU POSITIVE THAT SOAP IS SAFE?
LOOK, HERE'S A LITTLE PRINT DRESS OF MARGORIE'S THAT I'VE WASHED AT LEAST 15 TIMES IN OXYDOL. DOESN'T IT LOOK LIKE NEW?
ONE WEEK LATER
JANE, YOU'RE JUST MARVELOUS TONIGHT! WHAT'S HAPPENED? DIDN'T YOU WASH TODAY?
OH, JOHN, I DISCOVERED THE MOST WONDERFUL NEW WAY TO WASH—NO BOILING OR SCRUBBING—JUST 15 MINUTES' SOAKING IN OXYDOL SUBS AND YOU SHOULD SEE HOW WHITE AND CLEAN THE CLOTHES ARE.

IT'S TRUE! THERE IS A NEW WAY IN WASHING READ THESE FACTS—TRY IT YOURSELF

New Million Dollar Granulated Soap Invention Combines Safety With Utmost Speed.
It's **Least A Safe Fast-Washing Soap**. The washing action of Oxydol loosens dirt off of clothes in 15 minutes' soaking—and gets them 4 to 5 shades whiter than other soaps without one bit of scrubbing or boiling.

—2 to 3 times faster than less modern soaps.

Second—sets up a unique, new "soak and flush" washing action. 15 minutes' soaking loosens dirt out so it flushes away—without scrubbing or boiling.

You cut washing time 25% to 40% in tub or machine. You save long hours of soaking, scrubbing and boiling—you get clothes clean and white without washboard wear and tear.

And yet, due to its special formula—its special protective combination of mild soap ingredients—OXYDOL is safe. Absolutely safe to hands, colors, and fabrics!

Millions of women are quitting old-fashioned soaps in favor of the new and improved OXYDOL. Whatever your present favorite, try OXYDOL next time you wash. Buy a package today. You'll never go back to slower soaps or harsher soaps again. The Procter & Gamble Company of Canada, Ltd.

Due to its patented process of making, Oxydol dissolves instantly and completely in hard or soft water, and does these things:

First—gives thick 3-inch suds, rich as whipped dairy cream. Suds that go to work on grease, dirt and stains—even in the hardest water and in the results it gets.

● New and Improved OXYDOL is different from any bar, flake, chip or ordinary granulated soap you ever used. Different in the way it's made and in the results it gets.

LOOK AT EDITH! MY WHAT! DID THAT GIRL HAS, ISN'T SHE LOVELY?
I'LL BET SHE DIDN'T HAVE TO WASH CLOTHES ALL DAY TODAY LIKE I DID.

I SIMPLY WON'T USE THOSE STROG GRANULATED SOAPS—TRIED ONE ONCE—AND IT PRACTICALLY RUINED MY COLORED THINGS!
BUT DON'T YOU KNOW? OXYDOL IS A NEW INVENTION THAT'S ABSOLUTELY SAFE—IT FLUSHES DIRT OUT IN 15 MINUTES' SOAKING.

MADE IN CANADA

SAYS OXYDOL SOAKS CLOTHES WHITE... YET DOESN'T FADE A THING

Mrs. O. R. Yeatts writes:
"Several years ago I tried a 'no-scrub' soap because certainly it could be a big help on washday if it would do all the advertisement said. But alas, it was so strong, it faded my colored things terribly. That experience was enough for me.
"But this fall my aunt came to visit me and offered to help with washday. The first thing she said was, 'Molly, I can't wash without Oxydol.' Well, the results of that washday certainly opened my eyes! We simply put the clothes to soak for 15 minutes in thick Oxydol suds—rubbing a few of the dirty spots. Then rinsed them and hung them out to dry. It was the whitest, sweetest-smelling wash I ever had! And my colored things were just as bright and fresh as new."



OXYDOL
THE NEW NO SCRUB NO BOIL LAUNDRY SOAP THAT'S Really Safe
Multiplies 2500 TIMES IN SUDS

A Morning Smile

CERTAINLY!
Traffic cop (to woman motorist in difficulties)—Hey! Don't you know that this is a safety zone?
Motorist—Of course! That's why I drove in here.
NOT UP TO MUCH
The prosecuting counsel was having a little trouble with a rather difficult witness.

Exasperated by the man's evasive answers, he asked him if he was acquainted with any of the jury.
"Yes, sir, more than half of them," replied the man in the box.
"Are you willing to swear that you know more than half of them?" asked counsel.
"If it comes to that, I'm willing to swear that I know more than all of 'em put together," came defiantly from the witness.

Grandmother's Quilt Patterns

VISCARIA
Cut out applique pieces and sew as indicated on small block. Applique patches may be either print or plain material. Arrange plain and applique blocks as suggested on quilt diagram. Finish edge of quilt with 6 inch border to match plain blocks.
Allow for all seams when cutting pattern.
Block finishes 12 inches square.
28 applique blocks.
14 plain blocks.
6 inch border around quilt.
Material required
3 1-3 yards material for applique blocks.
1 2-3 yards material for plain blocks.
2 1-3 yards carmine material.
2 yards green material.
1 piece yellow material 18x18 inches
9 1/2 yards 6 inch binding for border around quilt.
When ordering give Number 36-2. Send 15c for a book of quilt patterns containing 7 beautiful Grandmother quilt designs—every pattern different.

SMART FROCKS FOR FASHIONABLE PEOPLE

Exceedingly attractive is today's model and a style that will lend itself to a number of delightful color schemes.

The original in black pobby crepe silk, had for its softly falling rever collar and vestee, wide crepe, exceedingly smart combination.

Charming too, for this model! are novelty ravens that look like wool, crepe marocain, crepe back satin with both surfaces utilized, lightweight woollens, etc.

Style No. 637 is designed for sizes 36, 38, 40, 42, 44, 46 and 48 inches bust. Size 36 requires 8 1/2 yards or 38-inch material with 1/2 yard of 30-inch contrasting.

Price of PATTERN, 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 637. Size
Name
Street Address
City State

SCIENTIST FINED
LONDON, Jan. 30.—(G.P.)—Gustaf Holmquist, 24-year-old Swedish scientist, who experimented upon himself with dilaudid, a dangerous drug, because he could not get an opportunity of experimenting on other people, was fined \$75 for obtaining the drug as an "unauthorized" person.
Holmquist's great White Liniment



From the New PURITY COOK BOOK
Illustrated and Doughnuts, recipe number 59 in the new Purity Cook Book. Containing 743 tested recipes, with numerous household hints and special menus, this new Cook Book, costing \$10,000 and two years of research to prepare, is invaluable in the kitchen. Easy to keep clean and lying flat at the page at which it is opened, this great kitchen help is now sent to you postpaid for 50 cents. Write for your copy today, to Dept. 629, Western Canada Flour Mills Co., Limited, Toronto, Winnipeg or Calgary.