Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

The Woman's Realm

A GLADNESS EVERY DAY

The primrose on the dreary moss
Was glad and fair
And the humble violet was
Contented there.
The daisy gazing at the sky,
Saw giant birds go roaring by
Rending the air,
Yet when the sunny day had sped
Her pink-tipped curtains round her head
She drew, and did not care.

To help brown a pot roast, mix a tablespoon of granulated sugar in with the fat or meat drippings used for searing the roast. The sugar give a brown color and very good flavor to the stock and gravy.

A little almond extract helps the flavor of peach, cherry and apricot pies. About a quarter teaspoon in the filling is enough.

RADIANT HEATING IDEA KNOWN TO ROMANS

Although radiant heating, employing concealed radiant, is fairly new to American home-building, it was employed with great success in the days of the Roman empire. The Roman method was crude but effective, consisting of a bonfire in the cellar passing heat up through hollow walls and out through a chimney in the middle of the roof. The modern system involves the more scientific use of hot water pipes embedded in floors or ceilings, doing away with radiators or registers.

By heating the surfaces of rooms in this manner, bodily heat loss is greatly reduced, thus making it possible for an occupant to be completely comfortable even when air temperatures are low.

LAYING OUT YOUR GARDEN BY RULE

If certain almost elementary rules are followed in laying out flower gardens, not only will results be enhanced but the maintenance of that garden made more simple.

The first rule is to allow sufficient space between each plant for full growth. With such things as cosmos or the large zinnias and marigolds this means at least 15 inches. A good rule to follow is to allow half as much space between as the plant is high at maturity. This yardstick, indeed, may be applied right through the full range of gardening. If this much space is allowed then vital cultivation and weeding can be carried out easily.

Smaller Plants

Another first rule is to place the smaller plants at the front of the bed, otherwise their growth and blooms will be hidden. Care must be exercised in doing this, however, to avoid straight lines. The appearance of such is to stiff and formal.

The beginner is advised to follow the clump planting rather than rows; that is, using groups of at least three of each flower. Here and there throughout a long bed of flowers an odd fair-sized clump will be brought forward a bit just to break any tendency towards even lines, but the general rule of planting small stuff in front will be followed.

In both flower and vegetable gardening, of course, an early and thorough cultivation when the ground is moist and the weeds small is worth three or four soil stirrings later on. With one thorough digging or plowing in the spring, followed by two or three light cultivations about 10 days apart afterwards, the average garden will practically look after itself.

Transplanting hurts

Success with transplanting can be assured by watering thoroughly after plant, shrub or tree is moved. Of next importance will be stimulant.

Moving a plant is somethiong like an operation for a human being, and the larger the specimen the more necessary the attention. With shrubbery and trees often main roots are cut and the shock is severe. Half a pail of water after setting out is not too much for such big things and the watering should be repeated two or three times a week, if a quick start is wanted.

With ordinary annuals and perennials liberal watering is also advisable and shelter from hot sun for the first few days. Some pick-up in the way of quickly available commercial fertilizer will help at this time, merely a pinch for small things like tomato plants or asters, and perhaps up to a couple of handfuls for shrubs and trees.

Care should be taken in the use of any chemical fertilizer that it does not actually touch roots or foliage. In the dry state it is liable to burn. Experts usually play safe and dissolve the fertilizer in water before applying.

The advantage of good seed cannot be overemphasized. Other factors may be beyond control but the gardener has absolute check over this foundation. Weather, soil and location may be ideal, but without good seed, specially selected to suit Canadian conditions, the garden is going to be a failure.

CARE OF BRUSHES

This is the time when we often discover that whoever used the paint brushes last had put them away, and the result is that they are stiff as boards. However, they can soon be brought into good condition again if you follow this method.

First of all have some hot soda water. Stand the brushes in this for a few minutes, then remove and dry on a piece of rag. Next have some turpentine in an old jar and put the brushes into this, make some holes in a piece of cardboard and push the handles of the brushes through them as this stops the bristles from touching the bottom of the jar. About an hour later rinse the brushes out in the turpentine until they are quite soft and clean. Dry them well and either use them as you need, or put a little paraffin in a jar or tin—don't forget the cardboard again—and leave the brushes in this until you want to use them—it keeps them soft. When knocking off work for a spell, if it is not finished, place your brushes in a jar of cold water, but never leave them to dry off and harden.

One last tip. Clean up all your old brushes—a new brush never gives the same results as a seasoned one, as any painter will tell you.

New under-arm Cream Deodorant safely Stops Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure, white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

Arrid is the LARGEST SELLING DEODORANT. Try a jar today!

ARRID

39¢ a jar — At all stores selling toilet goods (also in 15¢ and 59¢ jars)

SMART KNITTED JACKET IS SLEEVELESS

DESIGN NO. 397

Here is what might be called an "all-around sleeveless jacket." ... a quick and simple knitting job. Pattern No. 397 contains list of material needed, and complete instructions for making sizes 32 to 42.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department

DesiGn No. 397

NAME ——————————————

STREET ADDRESS ————— PROVINCE —————

CITY ——————————————

THE COOK'S CORNER

FISH CHOWDER PIE

- 1-4 cup butter
- 1-4 cup minced onion
- 1-4 cup flour
- 1 cup water drained from cooked vegetables
- 2 cups milk
- 3-4 teaspoon salt
- Dash of pepper
- 1 1-2 cup cooked, diced potatoes
- 1 cup cooked, sliced carrots
- 1 cup cooked peas
- 2 cups cooked or canned fish
- Baking powder biscuits

Method: Melt the butter in a pan and add the minced onion. Cook until the onion is tender. Add the flour and stir to a smooth paste. Now add the vegetable water and the milk slowly, and cook, stirring constantly until the mixture is thickened. Add the seasonings along with the cooked potatoes, carrots and peas. Bone the fish and remove any skin, then flake it. Add this to the creamed mixture also. Pour into a large greased baking dish, cover with unbaked baking powder biscuits and bake in a moderately hot oven (425 deg. F.) for about 20 minutes, or until the biscuits are done.

FISH SOUFFLE

- 4 tablespoons quick-cooking tapioca
- 1-2 teaspoon salt
- Dash of pepper
- 1 cup milk
- 1 teaspoon minced onion
- 2 cups canned or cooked fish
- 2 tablespoons chopped parsley
- 4 eggs, separated

Method: Combine the tapioca seasonings and milk in the top part of the double boiler. Place over rapidly-boiling water and cook 8 to 10 minutes, stirring often. Add the minced onion, the chopped parsley and most of the fish, which has been flaked, reserving some large pieces of this to garnish the top before baking. Remove from the fire.

Beat the egg yolks until thick and lemon-colored and stir these into the first mixture. Cool, then fold in the stiffly beaten egg whites and turn into buttered baking dish. Bake in a moderately slow oven (350 deg. F.) for about 1 hour, or until firm. Serve with cheese sauce.

INDOOR GARDENS

Cheery, indoor gardens at a sunny window take a new lease of life in the spring when azales, hyrangea, and daffodil plants and climbing roses are available to make them a riot of colour. Long-handled baskets filled with gladioli, snapdragon, carnations, and delphinium hung on brackeets will do much to turn your window garden into a bower of blooms.

FUSE REPLACEMENT

When electric fuses blow out, replace with a good quality fuse. Don't try makeshifts. They're often dangerous. Be sure, too, that your hands are perfectly dry. Avoid standing on the ground or a damp or cement floor. If the box is high, use a wooden ladder—if low, stand on wooden board.

TART MEAT GARNISHED

To serve as a tart-garnish with the meat course, dip juicy grapefruit sections in egg and milk, then in cracker crumbs and saute in butter until golden brown. Arrange around meat on hot platter. For colour, add a few spriks of crisp parsley or watercress.

CLEAN TEAKETTLE

To remove lime deposite from the inside of the teakettle, poor a little vinegar into the kettle and heat. Fairly frequent treatments of the kind should keep the inside of the kettle free of hard water deposits. Emptying and drying when not in use will help, too.

TASTY SANDWICH

Toasted sandwiches may be made with hot toasted bread and cold fillings; or you can make up the sandwich, spread the outside of the bread with butter and toast it quickly in a hot pre-heated oven or broiler, or on an electric grill at the table.

DAMP WALLS

Damp walls, if not dealt with, can result in an enormous amount of damage. It is not always easy to discover the cause. However, they should never be neglected. It is always wise to seek professional advice on this subject. Do not forget, however, that there are some very good damp-preventive solutions on the market which do afford real protection to the brick or stonework. Never allow either pictures, or books, to touch a wall which is damp or they will soon be ruined. Clean corks placed at the lower edges of the pictures will hold them away from the wall while books can be pulled away from it.

TAP INSPECTION

It is extremely important during war-time that water should not be wasted, yet there are many faulty washers to be found in almost every home, and, of course, these result in an alarming amount of water being wasted constantly. I have known a tap to be actually running night and day for as long as three months before anyone even thought of having anything done about it, so it is easily understood how much water can be wasted annually in this way.

A tap which will not turn off is maddening, and its incessant dripping is intensely irritating, so that I always make a point of having a tap inspection at regular intervals. Do not forget the stop-cock tap, which turns off the water off at night, just in be found under the stairs, in a cupboard or somewhere. It is always a safe precaution to turn the water off at night, just in case anything goes wrong. This tap should be in proper working order, otherwise it may easily let you down badly in an emergency.

Dorothy Dix Says—

GRANDMA'S SELFISH LOVE IS CAUSING UNHAPPINESS

A Woman Complains Because Husband's Mother Ruined Home Life

DEAR DOROTHY DIX—My husband's mother wants to come and live with us, although she is well-to-do and has her own home. She is a dear soul and I love her and would not object to having her, but the trouble is she insists on bringing a five-and-a-half--year-old grandson with her , who is the worst spoiled brat you ever saw in your life.

She paid us a visit last Summer, bringing this child with her, and he not only nearly ran us crazy, but thoroughly demoralized our little 3-year-old girl who copied all of his faults. The grandmother also interfered with all of my management of my child and spoiled her so badly that it took me two months to get her back to to normal when grandma went home.

A peculiar situation exists as regards the little grandson. His mother and father are both living and have two other children. They are fine people, have a nice home, are amply able to take care of this boy but the grandmother has just taken him away from them, insist on his living with her, and is so crazy about him that she denies him nothing and is ruining him.

I appreciate the grandmother not wanting to be separated from the child, but I cannot normal when grandma went home. stand to have my home life and my child ruined by him. What shall I do? My husband puts the situation up to me. BEWILDERED WIFE.

ANSWER—I think you will be doing a very wrong and foolish thing if you don't put your foot down good and flat on grandma's plan to come and bring the boy to live with you. Tell her that she will be welcome in your house, but that you absolutely refuse to let her bring her little pest along with her. For your whole family life to be disrupted and your quiet home made a scene of turmoil and strife, and for your own child to have all of her training in manners and morals interrupted at the most impressionable time of her life to gratify the whim of an old woman, doesn't add up. It doesn't make sense.

SHOULD BE RESTRAINED

If the grandmother can't live without her darling grandchild, let her stay in her own home. She certainly hasn't any right to inflict him on others.

A famous child-specialist said not long ago that grandmothers killed more children than dyphtheria and scarlet fever and measles and mumps and all the other infantile complaints put together. Be this as it may, it is undeniable that grandmothers can be, and often are, the most demoralizing influence a child can have in its early life. They send many a boy to the penitentiary and many a girl to the gutter; and it is much more important that a mother should protect her children from doting grandma than from playing with a bad boy around the corner who uses swear words and whistles through his teeth.

How many childrens digestions have been ruined by grandma stuffing them with sweets on the sly because she didn't hold with these foolish, new-fangled notions about diet? How many have been made quitters for life by grandma always pitying the mand consoling them with lollipops when they fell and bumped their noses? How many have grown up into being boors because grandma always interfered with their mothers' efforts to teach them good manners on the theory that if you let children eat like pigs when they are little, they will have the table manners of ladies and gentlemen when they grow up? How many men and women are failures in life because grandma coddled them and spoiled them and cultivated selfishness and egotism in them, no one knows. But their name is legion.

CHILD'S LIFE IS AT STAKE

In this particular case it seems strange that the little boy's parents have not intelligence enough to see that the grandmother is ruining him, and that he needs the discipline of a father and a mother, and in especial the discipline that children give each other. They are committing an unforgivable wrong against the child in not separating him from his grandmother. And they should not permit their dislike of hurting her and makin gher unhappy keep them from doing their duty. For the child's whole life is at stake, whereas grandma has only a few years to live.

So, Bewildered Wife, if your refusal to let grandmother bring the spoiled little boy to your house results in his being sent home to his parents, where he belongs, you will not only have saved your own home, but you will have done the boy the greatest kindness that one person can do another.

* * * * * * *

ADVICE ON COMMON LAW MARRIAGE

DEAR MISS DIX—Please give me some advice on common law marriage. My boy friend thinks it is best for us to try it for six months and then, if it turns out all right, we would get married. I told him if it didn't turn out all right I would be the one left holding the bag, and he said: "Oh, no. I just want to be certain that we suit each other." What do you think? A. B.

ANSWER—I think you have sized up the situation perfectly. In a trial marriage it is always the girl who gets the hot end of the bargain, for she takes all the chances while the man plays safe. Every marriage is more or less of a gamble as to how it turns out, and a man is a poor sport if he isn't willing to take as many risks as a woman does.

Figure it out for yourself and see what a phony proposition a man makes you when he asks you to enter into a trial marriage with him. In the first place, he shows he isn't sure that he loves you enough to want to spend the balance of his life with you. He doesn't want to bind himself to you or give you any legal hold upon him. He is leaving himself free to walk out on you when he gets tired of you without having to pay you any alimony. He can just simply kiss and ride away.

If there is a baby, well, it is just too bad, but the girl will have to go to work and support it. If it is hard for a girl, who has lost her good name and has an illegitimate child clinging to her skirts, to get a job, well, that is too bad, too. But there is nothing she can do about it. The trial marriage was a failure and she is left with the bag to hold.

* * * * * * *

MUCH OPPOSED TO KISSING

DEAR MISS DIX—I wish there was a law against kissing. I am a young widow and I like the company of men, but if I have to be kissed a dozen times during an evening I would much rather stay at home all by my lonesome, which is just what happens if a woman refuses her lips to a date. Do all women have to suffer from kissing bugs? ANN.

ANSWER—Perhaps your trouble is that you look too kissable or perhaps you even have a come-hither look in your eye that tempts men to osculation. Assume an austere lips-off attitude and cut out the cupid's bow effects and see how it works.

TAILORED SPRING GLOVES

A very practical and also smart, glove to wear with tailored spring ensembles is of English doeskin—in white or chamois—with pinked seams and cuffs. Leather thongs, for your convenience marked "open" and "shut", tighten or loosen the glove at the wrist. The same model is available in cape in bright red or green also lovely warm shades of tan.

BACK A FEW YEARS

With petrol rationing the four-in-hand horse vehicle has appeared on Australian roads.

Just POP your dishes into Rinso suds—they'll come out sparkling!

QUICK as lightning dishes are made spotless, gleaming—the new Rinso way. Yes! even the greasiest ones. And there's no undissolved grease left floating on the water, no dishpan scum to clean up afterwards. All you do is pop your china, silverware, glass into rich Rinso suds and out they'll come clean and shining! Rinso saves you hours of hard work every week—and saves your hands, too! Safe and gentle, Rinso helps to keep hands soft, smooth and white. Start using it today—get the GIANT package for extra economy.

A LEVER PRODUCT — Rinso gives the whitest wash

RINSO DISSOLVES GREASE

DAILY MENUS Sugar-Saving

(FOR TUESDAY, MAY 12)

BREAKFAST

Sliced Orange
Farina — Scrambled Eggs
Whole Wheat Toast
Beverage of Choice Milk for Children

LUNCH

Cream of Parsley Soup
Carrot Sticks
Vitamin B White Bread
(Canada Approved)
Crackers — Cottage Cheese
Jelly
Tea — Milk for Children

DINNER

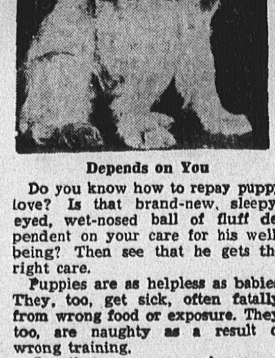
Roast Beef
Browned Potatoes Mashed Turnips
Vitamin B White Bread
(Canada Approved)
*Maple Mousse
Beverage of Choice Milk for Children

MAPLE MOUSSE

- 1 cup maple syrup
- 4 eggs
- 1 cup cream, whipped

Beat yolks. Boil syrup. Pour over the well-beaten egg yolks and beat together. Cool. Fold in well-beaten egg whites and the whipped cream. Freeze. Serves 6.)

Brand New Pup Needs Best of Care



Depends on You

Do you know how to repay puppy love? Is that brand-new, sleepy-eyed, wet-nosed ball of fluff dependent on your care for his well-being? Then see that he gets the right care.

Puppies are as helpless as babies. They, too, get sick, often fatally, from wrong food or exposure. They, too, are naughty as a result of wrong training.

See that your puppy has warm but well-ventilated quarters and warm (but not hot) food. Also give raw or cooked meat daily, as well as milk, from the time he's three weeks old.

In housebreaking, take him outside five minutes to an hour after he eats. But not in places where dogs with distemper have been!

Such simple care is about all a little dog needs to keep him happy. But at four months you'll want to start training him to obey commands.

Our 32-page booklet shows how to train a dog to be obedient and do clever tricks. Tells food dogs may eat; how to housebreak them, groom them. Gives symptoms and treatment of common dog ailments, including distemper; also how many ailments may be avoided.

Send 20c in coins for your copy of "How to Choose and Care for Your Dog" to the Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name

Street Address

City — Province

A Morning Smile

LUCKY

It was the firm's annual dance. The junior bookkeeper had chosen a very attractive partner.

By the way, he volunteered as they danced, I'm glad our manager isn't here tonight. He's about the biggest ass of a man one can meet, and not fit for intelligent company.

She stopped dancing and stared hard.

Young man, she snapped angrily, do you know who I am?

Not the faintest idea, he said, easily.

Well, I'm the manager's wife, she informed him.

Gee whiz, he exclaimed. Now do you know who I am?

No, said his partner.

Thank goodness for that he replied, as he backed hurriedly for the exit.

COUNTRY SCHOOL

A teacher was instructing her class in the use of antonyms "Now, children," she said, "what is the opposite of sorrow?"

"Joy,' shrieked the class in unison.

"And what is the opposite of woe?"

"Giddap!"

BELLS WILL RING FOR NORWAY PAIR

LONDON, May 11—(CP)— Wedding bells, silenced nearly three years by the war, will ring soon for Jan and Marie, Norwegian sweethearts re-united after separation at an Oslo airport a week before war broke out.

Jan left Norway that day for a job in Britain but joined the forces. Marie waited in Norway, stood Nazi rule as long as she could and then fled to Sweden on skis. She came to Britain aboard one of the Norwegian ships which broke through the Skagerrak from Gothenburg.

But Marie didn't know just where Jan was and feared publication of either her name or his might bring reprisals against relatives both have in Norway. She told her story to one newspaper. Under the heading "A Clue for a Lover," it told how a young Norwegian had printed "Jeg Elsker Aig (I Love You)" on the side of a dusty airport bus at Oslo Aug. 28, 1939.

The newspaper advised the Norwegian, if he read the story to call the telephone number of Marie's London hotel. "But he didn't phone me," says Marie, telling of a happy re-union and wedding plans. "He just walked into my hotel and asked for me and there I was."

Have your family a sugar-habit? Too rich desserts and too rich pastry have been determental to the health of many a family. Cut down gradually, making desserts lighter, with less sugar, and one day a week—perhaps the day they go to the movies or have some other extra—cut out dessert altogether.

Belong to a bridge or sewing club? Why not get together with the members and agree all around to serve sugarless teas or lunches? Fresh fruits, cheese dishes, delicious sandwiches all make people forget sweets.

Needlecrafts For The Home

She'll adore to flaunt the heart-shaped pockets, however, and she'll be the belle of the beach or playground when she wears this cunning playsuit.

Style No. 2527 is designed for sizes 2 to 8. Size 4 requires 1 1-4 yards of 35-inch fabric for pinafore, 5-8 yard 35-inch for shorts, and 3-4 yard 35-inch for blouse. Applique included in pattern.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlecraft Department
Style No. 2527 Size ....

Name

Street Address

City — Province

WARBIRDS "DOWN UNDER"

Since war began 250,000 Australians have applied for enlistment in the Royal Australian Air Force.

"MIDDLE-AGE" WOMEN (38-52 yrs. old) HEED THIS ADVICE!!

If you're cross, restless, NERVOUS—suffer hot flashes, dizziness, "irregularities," caused by this period in a woman's life—try Lydia E. Pinkham's Vegetable Compound. It's made especially for women. Thousands upon thousands report benefits. Made in Canada. Pinkham's Compound is worth trying.