Woman's Realm / Social and Personal / Fashions / Literature

Week Of Prayer

By Rev. John Baillie, D. D.

SEVENTH DAY

Morning

O Lord and Maker of all things, from whose creative power, the first light came forth, who didst look upon the world's first morning and see that it was good, I praise Thee for this light that now streams through my windows to rouse me to the life of another day.

I praise Thee for the life that stirs within me:

I praise Thee for the bright and beautiful world into which I go:

I praise Thee for earth and sea and sky, for scudding cloud and singing bird:

I praise Thee for the work Thou hast given me to do:

I praise Thee for all that Thou hast given me to fill my leisure hours:

I praise Thee for my friends:

I praise Thee for music and books and good company and all pure pleasures.

O Thou who Thyself art everlasting Mercy, give me a tender heart to-day towards all those to whom the morning light brings less joy than it brings to me:

Those in whom the pulse of life grows weak:

Those who must lie abed through all the sunny hours:

The blind, who are shut off from the light of day:

The overworked, who have no joy of leisure:

The unemployed, who have no joy of labour:

The bereaved, whose hearts and homes are desolate:

And grant Thy mercy on them all.

O Light that never fades, as the light of day now streams through these windows and floods this room, so let me open to Thee the windows of my heart, that all my life may be filled by the radiance of Thy presence. Let no corner of my being be unillumined by the light of Thy countenance. Let there be nothing within me to darken the brightness of the day. Let the Spirit of Him whose life was the light of men rule within my heart till evenide. Amen.

Evening

O Eternal Being, Thou livest in everlasting light; now, as the world's light fails, I seek the brightness of Thy presence.

Thou knowest no weariness; now, as my limbs grow heavy and my spirit begins to flag, I commit my soul to Thee.

Thou slumberest never; now, as I lie down to sleep, I cast myself upon Thy care.

Thou keepest watch eternally; now, when I lie helpless, I rely upon Thy love.

Before I sleep, O God, I would review this day's doings in the light of Thine eternity.

I remember with bitterness the duties I have shirked:

I remember with sorrow the hard words I have spoken:

I remember with shame the unworthy thoughts I have harboured.

Use these memories, O God, to save me, and then for ever blot them out.

I remember with gladness the beauties of the world to-day:

I remember with sweetness the deeds of kindness I have to-day seen done by others:

I remember with thankfulness the work Thou hast to-day enabled me to do and the truth Thou hast enabled me to learn.

Use these memories, O God, to humble me, and let them live for ever in my soul.

Before I sleep, I would for a moment rejoice in the loves and friendships wherewith Thou hast blessed my life. I rejoice in the dear memory of . . . and of . . . , knowing that, though they have passed into mystery, they have not passed beyond Thy love and care. I rejoice in my continued fellowship with . . . and . . . and . . . , whom now, with my own soul, I entrust to Thy keeping through the hours of darkness. And for all who this night have not where to lay their heads or who, though lying down, cannot sleep for pain or for anxiety, I crave Thy pity in the name of our Lord Christ. Amen.

Living & Leisure

The Woman's Realm

A NEW YEAR PRAYER

"Lord, make me a channel of Thy peace!
That where there is hatred
I may bring love;
That where there is wrong
I may bring the spirit of forgiveness;
That where there is discord
I may bring harmony;
That where there is error
I may bring truth;
That where there is doubt
I may bring hope;
That where there are shadows
I may bring Thy light;
That where there is sadness
I may bring joy."
"Lord, grant that I may seek
rather to comfort
Than to be comforted."

Spools for thread originated in China, and some were mother-of-pearl.

Shell pink is being much used for wedding gowns.

Pastel woollen suits are popular under fur coats.

DYE FOR BLACKOUT

If you are having trouble getting suitable material to make black-out curtains, perhaps a rummage in the attic trunk will yield old drapes, bedspreads, blankets or such that may be dyed to provide the right degree of opaqueness to fit regulations. Remember if you are using old material, it must be of sufficient thickness to be light-proof, and it must be whole and large enough to cover the entire window with plenty of room to spare on all sides. Use a reliable easy-method dye and follow directions exactly for the best results.

A CHAIR IN ITS PLACE

Goldilocks wasn't the only lady who was particular about chairs that were just right. But too many modern homemakers don't bother to try out their chairs to see which ones are too big or too hard, too little or too soft.

If they did take the trouble they'd discover that there is a chair for every place, purpose and person, and so they'd have more different sorts of chairs rather than a bunch of huge overstuffed pieces that crowd the room and don't really suit all its seating requirements. Not that heavy upholstered pieces aren't right—of course they are and nothing is quite so comfortable ... but they needn't be positively obese.

If it's a social room for instance where you entertain a lot at tea or cocktails—where the guests circulate and perch around — then a round-about seat for the middle of the room will have nostalgic charm. This has a round centre back, is upholstered and fringed around the bottom and will seat ever so many. Not so big and without the centre back rest is a large round hassock or pouf that you can get in any covering—a beige textural fabric is particularly pleasing.

For incidental sitting there is a low-backed low-armed upholstered chair that's really more of a hassock with back and arm rests. This is made to pull around for conversation. Square leather covered stools, with mahogany bases are reproduced today with tops that life up to reveal sewing compartments inside.

Small benches are fine to go in front of console tables, library tables, breakfronts, windows—they provide useful seats when needed, look graceful, yet take up little floor space. Side chairs with upholstered backs and seats are offered in unit construction so that they can be used singly or placed together to make a bench.

IF BABY HAS CONVULSIONS

When babies have convulsions the spasm itself is seldom serious. The greatest danger generally lies in the mistreatment the baby receives.

Most convulsions are of short duration, and they can be caused by so slight a condition as indigestion, a cold or constipation and do not necessarily indicate that there is anything serious the matter with the infant. However, they can indicate illness or the approach of a sickness, and a doctor must be summoned.

Until the physician arrives, treatment should be carried out quietly in this manner. Undress the baby as gently as possible, and if he is chewing his tongue place the end of a towel between his teeth. Meanwhile, a warm bath should be drawing just comfortably warm when tested with the elbow. One or two tablespoonfuls of dry mustard may be put into the water depending upon how much is in the tub. Towels and a blanket should be close at hand, warmed if possible.

Place the baby in the tub for five or ten minutes and apply cold, wet compresses to his head. Pat him dry and wrap him in the blanket, place him in his crib and put a warm hotwatter bottle at his feet.

In brief the treatment is warmth at the feet and coolness on the head. Even if the convulsion passes quickly away it is best to give the baby this care as it soothes his over-excited nerves, brings the blood to the surface and makes him relax.

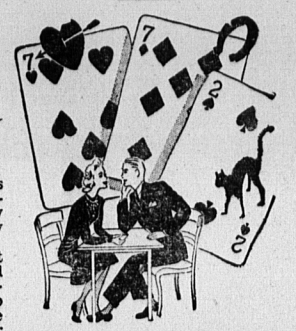
TO REMOVE SPLINTER

Wouldn't you like to know a way of, removing a nasty, deeply-imbedded splinter? Simply heat a wide-mouthed bottle and fill it two-thirds full with very hot water and place under the injured spot. The suction, and steam will, with a very little pressure completely remove the splinter. It's wise to guard against possible infection by washing hands thoroughly with health soap before and after the treatment.

WINTER WHITE

You'll certainly want to include one white wool in your winter wardrobe. They're very festive, young and gay. Nice dirndl styles, brightly appliqued with hearts and flowers and such in soft wools. Odd shaped berets, pill boxes and Dutch caps are designed to wear with them.

Charm Friends by Telling Fortunes



Exciting Meaning in Every Card

The oracle speaks! That's you, foretelling the three main events of your beau's life for 1942—and maybe weaving yourself in!

Three fateful cards hold the secret of his future, if you tell it the gipsy way, "Fortunes By Nines!" Seven of Diamonds? Lucky! He'll get money—where he least expects it! Two of Spades? Bad luck—a separation, maybe from you; but all's well, for the Seven of Hearts promises success in love!

Choosing these three fateful cards is part of the excitement and mystery. "Fortunes by Nines," like all card fortunes, has its special way to shuffle and cut.

You easily learn such tricks and the meanings of the cards, too. Most hearts are happy cards, telling of love; diamonds are the cards of worldly affairs, clubs of business. Spades are gloomy! Prize card to get is the Ten of Hearts—romance AND wealth!

In tea leaves and in the "crystal" you also can find fortune thrills!

Our 32-page booklet explains 85 tea-leaf meanings, has the meaning of every card in the deck, and some thrilling gipsy card - reading methods. Also has a horoscope for each month, fortunes in dice, the "magic crystal."

Send 20c in coins for your copy of "Fun With Fortune-Telling" to The Guardian Home Service Be sure to write plainly your Name, Address and the Name of booklet.

Name

Street Address

City Province

FOUR YEAR LEVEL

A new act controls rents in Washington, D.C., at the level of Jan. 1, 1941, and will remain in operation until Dec. 31, 1945.

THE COOK'S CORNER

COCONUT FINGERS

Cut bread into strips or cubes and dip in sweetened condensed milk as it comes from the can. Now roll the dipped bread in shredded coconut of finely chopped nuts. Place on a well-greased pan and brown in a moderate oven (375 deg. F.) Remove from the pan with a greased knife as soon as they are taken from the oven.

CHOCOLATE STRAWS

Prepare bread as for the coconut fingers and dip in the following syrup, then roll in coconut or finely chopped nuts.

Syrup

1 cup white sugar
5 tablespoons water
1 tablespoon butter
2 tablespoons cocoa
Pinch of salt

Method: Combine all these ingredients and place over moderate heat, stirring until the sugar is dissolved. Then cook without stirring until it forms a soft ball when tested in cold water, (238 deg. F.

The next are also chocolate flavored and made with shredded wheat crumbs. They might serve as either a cookie or confection.

CRUNCHY CHOCOLATE SQUARES

1-3 cup butter
1-2 pound marshmallows
1-4 teaspoon salt
1-2 teaspoon vanilla
2 squares (2 oz. unsweetened chocolate, melted
2 cups crumbled shredded wheat
1 cup raisins
1 cup salted nuts

Method: Place the butter in the top part of a double boiler along with the marshmallows that have been cut with kitchen scissors. Heat over boiling water, adding the salt, vanilla and chocolate. Blend thoroughly.

Place the crumbled shredded wheat, raisins and nuts in a bowl and pour the melted marshmallow mixture over them, mixing until all are thoroughly coated. Spread out in a buttered square pan about one inch in thickness. Place in the refrigerator to chill thoroughly and cut in squares to serve.

FIRM CURTAIN RODS

Curtain rods that are uncertain —that are not fastened securely at either side or dip in the middle — will spoil the effect of the most charming window curtains. It will pay to select rods that will suit the type of curtains you hang, rods that are firm and that have substantial fixtures.

To keep fresh the white braid with which a black frock is trimmed, make a little ball of cotton-wool, tie it in a linen hankie, saturate this with cleaning fluid and rub the braid with it after every wearing.

Cooked apricots put into regular bread stuffing for roast goose gives a delicious new flavor. Add about 2 cups of cooked diced to the regular stuffing recipe.

The leather seats of chairs may be brightened by rubbing them with a good furniture polish and a woolen cloth and polishing with a dry cloth.

It is easier to peel old, wrinkled [illegible] if you soak them half an hour in cold water to cover. This [illegible] of the moisture.

PALMOLIVE

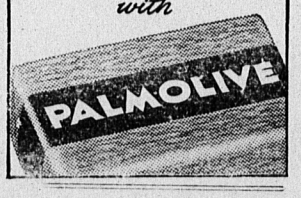
The only leading soap made with beauty-rich Olive and Palm oils.

...CLEANSES DEEPLY YET EVER SO GENTLY

SOOTHES AND TONES SENSITIVE SKIN

KEEPS YOU FRESH, DAINTILY SCENTED

Keep that Schoolgirl Complexion with



Dorothy Dix Says—

WOMEN MORE CONSISTENT THAN MEN AS LONG LOVERS

They Put Up With More Faults And Forgive More Quickly Than Do Their Mates When Wrong Is Done

A correspondent asks: Which loves the more, man or woman? Don't be silly. Woman, of course. Now and then there is a man who is a great lover, after the Clark Gable manner, who is capable of a sustained affection that lasts through 30 or 40 years of matrimony and who spends the balance of his life in nursing a broken heart if anything untoward happens to the object of his devotions. But these are among our rarer species of fauna. But practically all women are born with a gift for loving that amounts to positive genius. For it not only enables them to twine their affections about almost any member of the opposite sex, but to love the unlovable and to grieve for the husbands who have mistreated them when they die. Their theme song is the old Floradora chorus: "I must love somebody and it might as well be you." The old bachelor prides himself upon having been foxy enough to have escaped love and its responsibilities, but having missed love is a tragedy to the old maid. Truly, as the poet says, "man's love is of man's life a thing apart, 'tis woman's whole existence." But in trying to decide the question of which loves the more, man or woman, let us consider some of the proofs of love. What are these? Loyalty and faithfulness and endurance and self-sacrifice. These are the acid tests that we must apply to affection to find out whether it is pinchbeck or pure gold. Words are nothing. It is only deeds that count. If you measure love by what it is willing to bear and suffer, by its forgiveness and by the miracle by which it glorifies some commonplace object into the semblance of a god, then who can deny that woman's power of love is infinitely greater than man's?

ENDURANCE COUNTS

Whether at the time of marriage the bridegroom is more romantically in love with the bride than she is with him does not matter. The thing that counts is the endurance of love, its ability to survive the disillusions of matrimony and bloom like a green oasis in the arid desert of household bills, petty economies, sickness and nerves and crying babies, and finding out that the party of the other part is no angel or romantic hero, but a very ordinary and human man or woman.

Woman's love is strong enough to do this in millions of cases. Man's love seldom is. Woman's love lasts longer than man's, as a rule. It is men who lose their taste for their wives far oftener than wives do for their husbands. Three-fourths of the divorces are granted to women and most of these are for unfaithfulness on the husband's part, but it is comparatively seldom that a husband charges his wife with disloyalty. There are plenty of Other Women in husbands' lives, but few Other Men in wives' lives.

The women recognize that their love is stronger and more enduring than men's is proved by the fact that wives work themselves nearly to death trying to retain their husbands' love.

WHY WOMEN SACRIFICE

Daily we see the piteous spectacle of middle-aged women starving themselves in order to attain a string-bean figure and martyrizing themselves by affecting sprightliness and youthfulness in order to try to keep their middle-aged husbands in love with them. But you never see a fat bald-headed man of 50 cutting down on his food or putting himself to any trouble to try to look young and gay to keep his wife in love with him.

Then look at what a woman will do for love. She will get up and follow a man to the ends of the earth; she will forsake home and friends and kindred; she will endure poverty and want and hardships, and ask nothing in return but just a little affection. But do you know any man who would be willing to do these things for a woman? No, I don't either.

Woman's love is also great enough to forgive. Man's seldom is. The wife who drinks too much, or is even suspected of being unfaithful to her marriage vows, is, 99 times out of 100, cast out of a man's home, but the world is full of wives who get up, night after night, to let in drunken husbands, or who wait patiently, year after year, for the men who have betrayed them to come back to them. Taking them by and large, it is always women who love more than men. It is their blessing and their curse.

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FIRM HAND NEEDED

Dear Dorothy Dix—I am a married man with two small boys and earn $40 a week, but in two more years I am due for a substantial advancement in the bank in which I work. My wife is very dissatisfied. Does not believe in sacrificing her life further for her two babies and myself. I have to get my own breakfast and that of the children. I make a little money on investments and give her presents but the more I hand over the worse matters grow. She is high-tempered and goes off on brainstorms at times. Just now she wants me to leave my home and children because I get on her nerves too much. She wants me to get out of her sight and intends to go back to business, with the understanding that I will still support the family. I am at a loss to know what to do.

H. T. R.

ANSWER—The thing to do is to tell your wife in no uncertain language just where she gets off. Tell her that she can leave and go back to business if she wants to, but that if she does she certainly can't expect you to support her, and that as long as you are paying the freight for the house you have a right to live in it.

Brace up and assert yourself. Tell her that it will be good for her nerves to get up and get breakfast, and that if she expects you to support her as a wife she has to do a wife's duties. DOROTHY DIX.

A Morning Smile

A woman who is proud of her aristocratic ancestors showed her maid the silhouette of an aunt of hers. The girl had never seen anything of the kind before and gazed at the picture long and earnestly.

"Goodness, mum," she said, at length, "I always thought you had some relations like that; you're that dark in the face yourself."

An Irishman had been thrown over a fence by an enraged bull. He had just recovered when he noticed the bull pawing the ground and furiously tossing his head.

"If it wasn't for your bowing and scraping," said Mike, "I'd think yer threw me over on purpose."

ROYAL RAIMENT SETS PACE FOR BRITISH WOMEN IN CUTTING CLOTHES BUDGET

BY ROSETTE HARGROVE
NEA Service Staff Correspondent

LONDON—It is too early yet to see results of England's rather drastic clothes-rationing. The test will come a year from now when reserves will have been used up by both men and women. Meanwhile, make-and-mend schemes are making great progress.

Every department store has an expert to advise and also superintend transformation, if clients decide to entrust them to the store. They report good business.

The exclusive dress designers of the West End also alter, transform and otheriwse "pep up" clothes, but only those that originally came from their own workrooms. The charge is anything from three to five guineas, around 15 to 20 dollars, which is not considered excessive, especially in view of rising prices on all sides.

Most women have used up their clothes coupons for the year. The Queen is the one shining example of thrift. She is wearing prewar coats and dresses, hats more than two years old and shoes bought in the spring of 1939. The argument is, of course, that there was plenty to fall back on in her wardrobe and that her dressmaker is sufficiently clever to make done-over clothes look like new.

Rationing has meant a cut of at least 80 per cent in the clothes budget of Queen Elizabeth of England. She used to buy around 400 coupons worth of clothes a year from Norman Hartnell alone, apart from gloves and shoes.

PRICE CEILING ON CLOTHES LIKELY

"Utility clothes" are said to be scheduled to make their appearance in the shops. An idea of the Director of Civilian Clothing, this simply means that the average man or woman will be assured of buying value for their money. Prices will be set for various categories of clothing. Cloth and made-up garments will be classed into two groups: Utility and General.

It is a great scheme, because many people had soon realized that clothes coupons were going to be worse than useless if prices were to be uncontrolled. Now clothes will bear not only a Government guarantee of quality, but also of price.

In this way too, the bigger share of raw materials will go into making clothes for people of moderate incomes. There will always be sufficient luxury fabric and clothes for the wealthy.

The project covers suits, coats skirts and dresses and slacks as well as some types of underwear, corets and blouses. Fashion, it is averred, will still flourish, as competition among manufacturers will be very active to offer good style and fittings in "utility" clothes.

Those that come under the "general" heading will be uncontrolled so far as prices go, but both yardage fabrics and finished goods will be available in smaller quantities ing shortage, only the very young than at present. "Utility" clothes, on the other hand will offer a wide range of colors and styles, although quantities here too will necessarily be reduced.

To say that Englishwoman are beginning to look shabby is a misstatement. Despite the silk stock-

Government supervision of clothes production in England will not mean the end of fashion. British designers will still vie with one another. Good example of the things the British do best is Bianca Mosca's tailored suit, pictured above. It's of plaid wool, in deep rose, gray and black, with a pale blue line running through. Revers match the slender skirt, which is of iron-gray suiting.

DRESSMAKERS RE-DO QUEEN'S PREWAR GARMENTS TO PIECE OUT WARDROBE

This is one of the latest pictures of Queen Elizabeth, taken during a recent meeting with Free French General Charles de Gaulle. If Her Majesty's costume seems familiar, you probably HAVE seen it before. Because clothes rationing has meant an 80 per cent cut in her wardrobe budget, the Queen is leading England's woman in getting the most out of her prewar coats, dresses, hats and shoes.

ings office workers appear in ankle-socks or without stockings. Even though hats are unrationed as yet, many women go hatless through choice, and the ugly, bulky scarf turban (so suggestive and forth before or after the rush of a bandage) is disappearing from the scene.

TAILORED SUITS ARE THE DEPENDABLES

In the West End, women are wearing tailored suits—and here the English cannot go wrong. They are well made and of good fabric, while it is evident a decided attempt to follow fashions is being carried out in the more conventional coat-and-shirt combination.

Long hours of black-out are back again. People are being urged to stay at home. Women shoppers must now travel back hours, so as to give tired workers chances of seats in bus, train or trolley.

But even the black-out has been instrumental in launching a fashion —the light-colored topcoat and hat. While lamb—a British product—is very popular at the moment, and all fur fabrics, in light shades, which are warm and wear well.

Last winter knitting and patchwork quilts and covers were a craze developed in the long hours spent in shelters. This winter a new craze has developed—patchwork blouses and house-jackets and, for the more enterprising, patchwork housecoats.

Needlecrafts

For The Home

Now even the youngest member of your family can have a soft shoulder dress. This simple-to-make pattern includes two smart versions of the popular new style, and you'll want to make up both of them for your little girl. The easy cut allows plenty of freedom of action and ample room to grow in. The raglan sleeves are as comfortable as they are chic. Panties to match are also included in this pattern.

Style No. 3272 is designed for sizes 6 months, 1, 2 and 3 years. Size 2 requires 1 1-2 yards of 35-inch fabric for short sleeved dress; 1 5-8 yards with 1-4 yard contrasting for long sleeved dress; 3-4 yard of 35-inch fabric for panties.

Send twenty cents (20) coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish

Style No. 3272 Size .....

Name

Street Address

City Province

POOR MAN'S DAMAGES

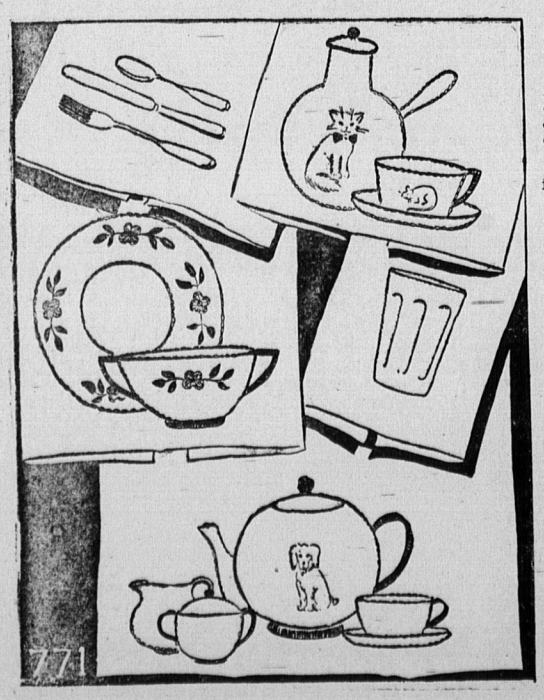
LONDON — (CP) — A voluntary service known as the Poor Man's Valuer Association has been formed to give free advice on war damage claims to poor persons in the London area.

COLDS.

Relieve misery as most wise mothers do. Rub throat, chest, back with

VICKS•VAPORUB

MOTIFS FOR TEA TOWELS



DESIGN NO. 771

These attractive motifs are surprisingly quick to embroider with easy stitches. They will do much to brighten your kitchen and make lovely gifts. Hot iron transfer pattern No. 771 contains 5 motifs measuring from 2 by 3½ to 5 by 9 inches each with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department

Design No. 771

NAME -

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CITY - - - - - - - - - - - PROVINCE - - - - - - - -