

THE CHARLOTTETOWN GUARDIAN

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TUESDAY, OCTOBER 30, 1928

AS TO ELECTIONS.

TO a large proportion of our people the main concern in an election campaign is to secure the return of their particular party, and consequently of their particular candidate. To such people the policy of the party and the fitness of the candidate count for little or nothing. To them the election is a game, and must be won by fair means or foul. This custom does not make for good citizenship. The man or woman who casts a ballot without realizing what that ballot means for the country is criminally negligent of their duty. Usually the issues in an election campaign are clear.

There are two main parties in Canada—Liberal and Conservative. The policy of the Conservative party since the days of Sir John A. Macdonald has been well defined and consistent. Mainly its purpose is to conserve and protect the interests of Canadians. This policy laid the foundation of the industrial and commercial development that we have today. It was followed by the Laurier Liberals and through successive regimes the country prospered. It was only when under the Mackenzie King regime bargaining began with groups and with sections that trouble arose. As a result we have had a mixture of free trade and protection, neither of them consistent with the other.

BACK TO CANADA

PREMIER W. L. Mackenzie King has returned to Canada after a visit to Geneva, where he attended the conference of the League of Nations. While in Europe he visited the grave of the Unknown Soldier and other scenes hallowed by the memories of the Great War. In which over one million men of the British Empire laid down their lives. The Halifax Herald, commenting on the fitness and propriety of the Premier's visit to these places, pertinently says:—

"One wonders, as the Prime Minister has stood in reverence before these shrines of valor and sacrifice, has he given serious thought to the men who came back from horrors past thinking about, broken in body, with scars upon their memories time can never heal? "It is fitting to ask this question, as it is fitting for the Prime Minister to make the visits and pay the tributes he has made and paid. Having stood upon ground hallowed by the blood and sufferings of millions of the finest men this Empire could produce, is he coming home to Canada with a determination to see to it that the broken comrades of the men who died are to receive honorable treatment from politicians? Is he going to right the wrongs inflicted upon many of these maimed heroes? Is he going to put politicians aside—and with it politicians who have done these things—and continue in the administration of Canadian affairs the sentiments which thrilled and inspired him overseas?"

EDITORIAL NOTES

The month of October is drawing to a close, and with but very few exceptions its days have been exceptionally fine. The farmers have had an excellent season for harvesting their crops, and for doing such other work as is necessary in preparation for winter.

It is regrettable that no definite figures have been available to indicate the extent of our tourist business this summer. Our sister provinces are boasting, with good reason, of the large increase in their tourist business and the revenue derived therefrom. Such statistics for this Province would be a valuable guide if they were available.

The frenzied efforts to whitewash the Saunders Government in its failure to carry out its prohibition pledges are becoming more and more absurd as the days go by. Last week the new patrol wagon and the increased efficiency of the police were said to account for the increased number of drunks gathered in. Now we are told that "repeaters"—that is, the drunks who appear regularly, perhaps weekly, should only be counted once in the aggregate of drunks for the month. If Sec. 53a of the Prohibition Act were enforced, there would be no planet in his etheric body, and, as "repeaters", at least, until after

Notes by the Way

THE flight of the Graf Zeppelin across the Atlantic has brought in its train much discussion of the possibilities and the limitations of airships compared with airplanes and water ships as competitors, and as commercial paying enterprises in transporting passengers and mails in comfort and safety. Experts in such matters, in both Great Britain and the United States have expressed their views in the press. Major Scott, commander of the British airship R34, in his trip from Scotland to New York, on return, has written the London Times that "if there are to be regular airship flights in the future across the Atlantic, we shall have to build still bigger and more powerful dirigibles." Commander Burney, an accomplished expert, in a letter to The Times, endorses this conclusion. "Even a ship as big as the Graf Zeppelin is not big enough for commercial purposes," he says. Such an airliner, he maintains, "should be capable of bucking headwinds at a hundred miles an hour."

The Brooklyn Eagle sums up the situation in part as follows:—

"A crew of forty manning a million-dollar airship has transported twenty passengers across the Atlantic in 111 hours. A crippled fin added one day to the journey."

The Mauretania has crossed the ocean in 107 hours.

It is evident that the greater speed of the Graf Zeppelin as compared with the older dirigibles is largely offset by greater wind resistance. She was obliged to cruise 2,000 miles out of her course to escape moderate head winds. Blowing with a force of 25 miles an hour they were such as would cut down the speed of an airplane by one-fourth, but they reduced the crippled Zeppelin's speed by one-half.

Passengers by the Graf Zeppelin saved no time by preferring the air route to the steamer route. They waited two days for the start, and spent the better part of five days en route. With all due credit to the Zeppelin and her able crew, their performance does not bring us appreciably nearer to a commercially profitable transatlantic air service.

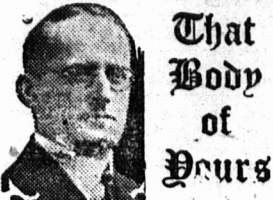
The experience of the passengers was not pleasant, apart from the first thrill of an air journey and the satisfaction of being the pioneer patrons of a transatlantic air route. Because of the extra day required for the journey, the dirigible ran short of water and supplies. The ventilation in the cabin was bad when the ship travelled at slow speed. The single steward was unable to meet the demands of those on board. The wireless facilities were inadequate. The ban on smoking was severely felt.

These are minor matters which may be remedied, but they are factors in determining the competitive power of airships in transatlantic trade.

Applications for divorce are already pouring into Ottawa to be dealt with at the next session of Parliament. The Senate bill providing that all divorce business shall be handed over to the courts, as it has been in all other provinces except Ontario and Quebec, has not yet passed the House of Commons. Until some action is taken upon this vexed question Conservative Senators have agreed not to sit on the Divorce Committee of that House. And, until something is done to straighten out the tangle, which is now more ensnarled than ever before, the Liberal members of the Senate and the mixed membership of the House of Commons must operate a Dominion divorce mill.

The Dominion Census Department does not yet recognize a Canadian race. A Canadian resident in the United States is recognized as a Canadian there. In 1921 the Canadian Parliament by a special Act recognized the existence of Canadians—outside of Canada. All Canadians in Canada are in the census classed according to the country of their paternal ancestors, British, French, German, or what not. An exchange tells that the Imperial Order of Daughters of the Empire this year declared for "a British citizen residing in Canada" as a title for Canadians. This would not be acceptable to all Canadians whether residing in or out of Canada.

Highly interesting is the complaint of George D. Schultz, of Providence, R.I., who joined the Canadian forces when he was 15 years of age, and served for four and a half years in the Canadian army. When he enlisted he swore allegiance to King George V. By the law of his own country he thereby divested himself of his United States citizenship but



By James W. Bayton, M.D.

THE WORK OF YOUR BODY

One of the words you come across in your reading sometimes is "Metabolism." This simply means the building up and the tearing or wearing down of the cells as they perform their work in the body.

In order to do this work, oxygen must be obtained, because it is really a "burning" that goes on as the cells work.

As you know the cells get this by means of the blood, which in turn gets it from the lungs as it circulates through them.

Now just how much work the cells of your body are actually doing can be measured exactly, because it will be in proportion to the amount of oxygen they consume in doing this work.

Accordingly, after a good night's rest, and no breakfast, no digestion going on, you lie down quietly and a machine measures the amount of oxygen you take in within a certain time, which oxygen is, as stated above, used by your cells to do the ordinary work in the body.

This is the "basal metabolism." If your body is using more than it should, it shows there is some trouble—

infection perhaps. If it uses less, then some of your ductless glands are not secreting enough juice, and thus fat gets stored in the body instead of being burned. But what is known as "total metabolism" is of interest to those of us who are well.

This is the total consumption of oxygen for the entire twenty-four hours, which means the losses of energy caused by work, emotional stress, and amount needed to burn up the food.

Foods stimulate the cells to take up more oxygen than when the body is at rest, and some foods have more of this stimulating action than others.

Meats and eggs have most, fats, less, and vegetables and bread least; the proportions being as 33% to 11 to 5.

Dr. Bois, the eminent physiologist, calls this the "cost of digestion."

What is this knowledge worth to you? Simply that if you are a meat eater you should be an outdoor man where you can get plenty of oxygen to help burn up this meat.

Exercise is another method of burning up foodstuffs in the body, thus taking the work off the liver and kidneys, which would be burdened with wastes.

Hence the value of exercise and the outdoors.

Household Scrapbook

By Roberta Lee

Disinfectant

A room can be thoroughly disinfected by burning sulphur. Close the windows and the doors and stop up the keyholes. Two pounds of sulphur is sufficient for a room twelve by twenty feet.

Curtain Rods

Cover the end of the curtain rod with an old glove finger and it will not catch when running in the hems of scrim or net curtains.

Butter

When it becomes difficult to cut cold butter merely dip the knife into hot water. This avoids breaking the butter.

Modern Etiquette

By Roberta Lee

Q. Is the hour always specified in sending invitations?

A. Yes, always.

Q. May a guest at an automobile party stand in the car?

A. No; to do so indicates one of two things, that he is ill-bred or intoxicated.

Q. When a man calls upon a woman at a hotel is it necessary to present his card to the clerk?

A. No, his name is sufficient.

Q. The virtually became "a man without a country," and it is said that many have suffered in the same way. Having returned to Providence he served two years in the police force there, but the other day he lost his position when it was found out that he was not legally an American citizen. He is quoted as saying, "They gave me the raw ends of deals in Canada, and practically threw me out of the country, after I fought for them. Now they don't want me here (in Providence). Personally I feel that I have a claim on Canada, and am going to appeal to the Governor General for decent justice."

It is claimed that Dorothy Dix whose contributions to the press are syndicated and appear in The Guardian, receives more money for her literary work than any woman in the world now receives or has ever received.

One week from today the people of the United States will elect a President. Forty-three millions of electors—one-third of the entire population, are already registered and qualified to vote in the national

That Body of Ours

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