

Woman's Realm Social and Personal Fashions Literature

Love at first bite!

Buagies

Two separate bars wrapped as one! Crisp, crunchy, peanut-laden candy, richly coated with Moirs tongue-tempting XXX milk chocolate.

Moirs
Beyond question—the Best!

Living & Leisure THE WOMAN'S REALM

SLANDER

No 'tis slander; Whose edge is sharper than the sword; whose tongue Outvenoms all the worms of Nile; whose breath Rides on the posting winds, and doth belie All corners of the world; kings, queens and states, Maids, matrons, nay, the secrets of the grave This viperous slander enters.

—Shakespeare

NATURAL SPRING FAVORITE FOR SPRING HATS

Paris — While Paris lies under gray winter skies, early spring has come to her milliners' showrooms. It looks as though natural-color or once again the place of honor. Every shade of straw, from the palest creamy-white to the darker biscuit and burnt tones, is shown, with contrasting navy blue or black trimmings.

A few rough chip straws and other fancy weaves in pastel shades appear here and there, but more popular are the finer picot, bangkok, and exotic types such as Madame Suzy favors. These straws appear in shades of red; royal blue, pale pink, lime green, and of course black and navy blue.

Many hats are made from soft materials such as tulle and surah stretched smoothly over spartele shapes, while rich satin and taffeta ribbons in plain colors and fancy weaves often provide trimmings which are as important as the hats themselves. The outstanding feature of all the new styles is the way they fit the head.

PARAFFIN HELPS STEADY FLOWERS

If you have been annoyed by the slipping about of the flower holder when arranging flowers, here is an easy way to overcome such steadiness. Simply pour a little melted paraffin in the bottom of the container and press the flower holder firmly into it.

It is then possible to arrange even long-stemmed, heavy flowers, with the assurance that they will remain in place.

PARIS CHOOSES NATURAL LINES

Paris—Gone are the extravagant long and full skirts of the past summer, the nipped-in, wasp waists, and the exaggerated sloping shoulders. Instead fashion has settled upon a very natural line with gently curving shoulders (not squared, please), neat waists marked at the normal position, and skirts of mid-calf length.

Necklines are high for day, often very high. Collars appear everywhere, the most popular being a soft, turned-down collar of soft material for simple dresses. The most elaborate styles seen on deeply décolleté afternoon dresses are softly draped shawl collars or fichu-effects.

Sleeves include many kimono types, cut in one with the bodice. Others set in for more tailored styles are almost all of three-quarter length, often finished with turned-back cuffs.

TOO TEMPTING

It is wise to keep candy out of sight as a general rule. When it is in the candy jar the children and grown-ups, too, gravitate towards it unthinkingly and too much is eaten. Out of sight, out of mind, and therefore safe.

SHOULDERS DROP IN NEW STYLES

London — Canadian women can stop worrying about their hem-

FOR **BRONCHIAL COUGHS**

YOU CAN'T BEAT **BUCKLEY'S MIXTURE**



Suzanne Cloutier, daughter of Edmond Cloutier, the King's printer in Ottawa, Ont., will take the heroine's role in a new French film, "Au Revoir Des Cieux." She is seen here at her hotel in Paris, France. Miss Cloutier has played small parts in Hollywood.

That Body Of Yours

By James W. Barton, M. D.

TREATING THE WEAK MUSCULAR HEART

A few years ago there were not as many sudden deaths from coronary thrombosis, one reason being that men and women did not live as long. Today, because there are so many deaths from coronary thrombosis caused by a closed or broken blood vessel, we are forgetting the old-fashioned cases of heart disease, heart failure due to weakness of the heart muscle. The latter became so weak that it couldn't pump the blood with enough power to send it all over the body and back again.

The signs of a weak or failing heart are shortness of breath, swelling of the feet, and tiring early when doing the ordinary or usual amount of work. Fortunately, by the use of digitalis which regulates and strengthens the heart, and by resting its strength by mild but a definite amount of exercise, its rhythm and regularity by the electrocardiograph, and its size and shape by X-rays, just how much work the heart can do becomes known.

However, in every case of heart disease the first method of treatment is rest. Lying completely relaxed uses one unit of strength, sitting up two units, standing three units, walking five to ten units.

When a patient becomes short of breath easily and feet are swollen, the heart is said to be not compensated. It is unable to compensate or make up for leaking valves or other conditions which prevent it doing its work of sending blood throughout the body. So, in order to rest and catch up in the heart, the patient is given bed rest at first, as even standing on the feet means three times as much work for it to do as when the patient is lying down.

As complete rest may slow up the circulation, and thus cause congestion of blood in the heart, the patient while lying in bed moves his arms and legs freely or undergoes light massage or has his limbs moved by a nurse or attendant. Deep breathing also helps the movement of blood to and from the heart.

WHY WORRY ABOUT YOUR HEART

Do you get out of breath on slight exertion? Does your heart seem to skip beats or beat irregularly? Send for Dr. Barton's interesting booklet on this subject entitled "Why Worry About Your Heart?" To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

MODERN RANGLERS

Some cowpunchers are replacing their trusty rope lariats with a new nylon lariats now on the market.

A NATION OF LISTENERS STOCKHOLD (CP) —

The number of radio licenses in Sweden at the end of 1948 was 2,025,093. This means that every third Swede, or every family, has a radio. The increase in 1948 was 65,574.

DOROTHY DIX SAYS—

"Little Mary's Essay" Article Written 40 Years Ago Still Is Timely

DEAR DOROTHY DIX: The other day I accidentally came across a time-yellowed clipping in an old dictionary. It was an article that you must have written 40 years ago and that you have doubtless long forgotten; but it still hits the nail on the head, and I am wondering if you won't republish it just for the heck of it?

MRS. JOHN S.

ANSWER: Well, inasmuch as human life and human nature are always old and then, so here's the article which was entitled "Little Mary's Essay," and which ran as follows:

My teacher told me to write a composition on matrimony and I asked my Papa what matrimony was, and my Papa said that matrimony was an agreement that a man and woman signed up for a continuous scrapping bout in which every kind of a foul and strangle hold was allowed, and where the man gallantly went to the mat.

And my mother said it was a shame to tell a trusting, innocent little child such a thing as that. She said that matrimony was a guessing game in which the woman nearly always guessed wrong, because she thought she was getting a husband who was a grand, noble hero who would spend his life in cherishing her and buying her new gowns and automobiles and things.

MISERABLE SHRIMP

And what she got was a miserable, little human shrimp who was always rowing about the bills and thought that a woman ought to wear her year before last's furs, though, goodness knows, they weren't in style at all and anybody could see they were mangy.

Then I asked my Aunt Amanda, who is an old maid and who locks the door when she puts on her complexion, and she said that matrimony is one of the things that a woman is perfectly miserable about until she gets it and utterly wretched about after she does. And then she said: "Run away, child, and play."

I asked my Uncle Bob, who is an old bachelor with a funny bald spot on the top of his head and a bay-window and lots of money, what matrimony was, and he said it was what a man got for talking too much to a lady in the moonlight, and not being foxy enough to dodge the traps that were set for him, and that it served him jolly right for being such a mutt.

Then I asked Grandma what matrimony was, and she said: "Well, in my time it was a life job, but in your mother's time it seems to be a temporary engagement, and by the time you are grown up I suppose there won't be any." And then she sighed and said: "Matrimony is my child, it is sunshine and rain. It is tears and laughter. It is heartbreak and heart's delight. But only those who have really lived who have been married."

Then I asked Hilda, our maid, what matrimony was, and she said: "It is what gives a gentleman the right to talk to his wife the way he hasn't talk to the cook, who can give notice and quit, and which gives a woman the right to wear curl papers and a kimono at home, and sass her husband to his face." And Hilda said that when a man and woman, who have been sweeties, get tired of being polite and agreeable to each other they get married so they won't have to wear out their good manners no more.

Then I asked pretty little Miss Manly, who lives next door to us and who has a great, big, new diamond ring, what matrimony was, and she said, with her eyes shining like stars: "Oh, child, matrimony is the Land of Hearts' Desire and I've got a glory ticket to it."

When I'm grown I am going to try matrimony for myself.

DEAR DOROTHY DIX: I am a woman 33 years of age, in love with a man three and a half years younger than I am. We are both college graduates. Have the same religion. Like to do the same things together. Everything's all right, except the matter of age.

Do you think that this difference in our age would be a paramount problem now, or even in later life?

PUZZLED

The Stars Say—

By Genevieve Kemble

For Tuesday, March 15

IT is probable that a depressed mood, a gloomy outlook, or an indisposition to face squarely an important or burdensome situation may make major decisions difficult. They have reactions on physical conditions and good spirits. It takes time out to let things incubate. Rest and relaxation could prove good medicine.

Better English

D. C. Williams

Those whose birthday it is may be called upon to meet very important matters of far-reaching, lasting consequence. It may be difficult to reach a decision, since the spirits are depressed, energies lagging and the mental attitude one of hopelessness and gloom. There are possibilities for making wrong decisions, inviting slander, ill repute, unfriendly letters or communications, even forgeries. Grave anxieties of a personal nature make it advisable to seek diversion, or consolation, in the most practical and logical manner. Relax, enjoy, study seriously, but postpone major operations.

A child born on this day may have a naturally serious and studious tendency, disposed to see the dark side of things. The best remedy is directing its mentality to philosophic study with optimistic vision.

Decidedly Better!

RED ROSE COFFEE "is good coffee"

As good as RED ROSE TEA

Ellen's Diary

By an Island Farmer's Wife

Yesterday's Sabbath was lovely, we agreed when we started to speak of its weather, though we were careful to add "overhead," since the thaw which had accompanied the week-end had left all travelling by snowy roadway slow and even hazardous. "No footing for a horse today!" I overheard James say and grand-daughter, dis-appointed over a postponed outing which was to have taken her as far as Rob's, nodded and repeated words which her father had used: "No it's not fit for a horse, at all!"

—Along a frosted snowy crust however, Pard leading the way, we came easily, even lightly for the small this morning. But yesterday had been mild and pleasant, with a light wind of March whispering in the branches of the lawn-trees, and enjoying it we said "well, perhaps in spite of the sunshine of Candlemas Day, Spring will come early, not in days on a calendar, but in balmy breezes and sunlight, and bare fields, and the seed-time will not be delayed." "But it's a long way to a first robin," James commented, "there's not too much sign of one yet."

Legends Of P. E. Island

(By Uncle Joe)

STRANGE REUNION

In King's County there lived, during the closing years of the eighteenth century, a prosperous farmer named John Kellow. His household was under the capable management of a Mrs. Thomas Rickard, who had been in his employ for about five years. Mrs. Rickard was a widow. It seems that she had married a worthless wretch who lost his life while attempting to cross the strait in a small row-boat.

One day her employer had occasion to mention the sad circumstances attending her husband's death, and before closing the interview offered a few words of comfort.

Mrs. Rickard heard him in silence and to mention the sad circumstances attending her husband's death, and before closing the interview offered a few words of comfort.

"Really," said Mr. Kellow, "I had no idea that you had such a cold, callous heart. Your words certainly surprise me."

"If you were familiar with the history of our lives," went on the widow, "I am sure you would not have made such a statement. The miseries I endured while married to Thomas are known only to God and myself."

"Won't you tell me the story?" queried her employer.

"I'd rather not," replied the widow. "It always leaves a bad taste in my mouth."

"Pray do," said John Kellow. "We are both old and can view such things from the standpoint of stoics. I am most anxious to hear the tale."

The Narrative

"I was born at Clear Springs and was considered quite a beauty in those parts. When I was eighteen I met a tall, handsome man named Ernest Craig. Mr. Craig was from Malpeque, a visitor to our district. Before long we fell desperately in love and Ernest asked me to become his bride.

"But my parents objected to the match and ordered Ernest off our property, as well as forbade me to meet him. But, like all lovers, we met on the sly and our love grew the greater because it was forbidden.

"One day we were under a tree, holding each other's hands and enjoying the thrilling moment, when I am most anxious to hear the tale."

Cook's Corner

BUTTERSCOTCH RICE PUDDING

1-3 cup raw white rice, washed; ¼ teaspoon salt, 1¼ cups boiling water, 2 tablespoons butter, ¾ cup dark brown sugar, firmly packed; 1½ cups evaporated milk.

Cook the rice with the salt and the boiling water in a double boiler for 30 minutes. Meanwhile, combine butter and brown sugar in a skillet and cook over low heat, while stirring, for 3-5 minutes. Add together with the rice, and the rice, and cook for 30 minutes longer, or until rice is tender. Chill and serve with or without top milk or cream. Serves 6.

Until tomorrow . . . Diary . . . Good-night . . .

Needlecraft FOR THE HOME

NEAT AND TIDY

So practical—this pinafore providing the easy back-wrap styling big patch pockets that are handy. And so pretty, too, with the slimming princess lines, the lively rick rack trim.

No. 2908 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36, 5 ½ yards 35-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department, The Charlottetown Guardian.

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ROMAN CHRISTIANS 2908

SIZES 12-48

The Christian community at Rome is believed to have been founded sometime between the years 41 and 54.

BRIGHTER- LASTING

Alo LAMPS

INCANDESCENT and FLUORESCENT

Morning Smile

Two young men saw two pretty girls meet and embrace. Said one: "That's what's wrong with the country."

"What do you mean?" asked his friend.

"Women doing men's work."

"Does your husband always live up to his promise of his courtship days?"

"Always. In those days he said he was not good enough for me, and he has been proving it ever since."

Household Scrapbook

By Roberta Lee

Fire Resistant Fabric

Fabrics can be made resistant to fire by soaking the material in a solution of five parts of borax acid, six parts of borax, and 100 parts of water. After soaking, the fabric should be squeezed out and hung up to dry.

Hard Butter

When butter is too hard to spread easily, place a heated bowl upside down over the butter dish for a few minutes. Heat the bowl by putting boiling water into it. This will thoroughly soften the butter without melting it.

Glue

To remove glue use lukewarm water and it will dissolve. Spots of glue can be removed by soaking or sponging in vinegar.

RHEUMATIC? Fast Relief Is Assured

Georgetown—Those terrible pains that made life a burden to Mr. A. Duggan of 26 South Road, boiled him no more. All trace of rheumatic pain has left him, thanks to the soothing effect of Nerviline. No other liniment did for me what Nerviline did. My knee and ankle joints were swollen and ached. The analgesic powers of Nerviline penetrated and relieved the pain. Stiffness disappeared. Today I am well—thanks to Nerviline.—A. Duggan.

What Nerviline did for Mr. Duggan it may do for your muscular and rheumatic pains. Get a 35c bottle today from your druggist.

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